

M 100m A

1	Joshua Cayenne U20	SPN	11.7
2	Kyle Jeffrey	LDS	12.1
3	Stephen Atherton	O&R	12.4
4	Alex Urmston	LGH	12.4
5	Matthew Donaldson U17	P&B	12.5
6	Danny Grahamslaw U17	RSD	13.3
7	James Shaw U20	ECH	15.2

M 100m B

1	Andrew Donaldson U20	P&B	12.3
2	Lee Broadbent	O&R	12.5
3	Sam Cundall U17	SPN	12.6
4	John Indriks	LGH	13.0
5	Nathan Wells	LDS	13.2
6	Paul Wadsworth	RSD	14.0
7	Edwin Shaw	ECH	17.3

M 200m A

1	Joshua Cayenne U20	SPN	22.7
2	Darren Gayle U20	O&R	22.9
3	Kyle Jeffrey	LDS	23.4
4	Alex Urmston	LGH	24.8
5	Andrew Donaldson U20	P&B	25.5
6	Antony Connally U20	ECH	26.1
7	Danny Grahamslaw U17	RSD	26.6

M 200m B

1	Danny Hermann	P&B	24.2
2	Eliot Maher U17	SPN	24.3
3	Mark Wittenbury U17	O&R	25.4
4	John Indriks	LGH	25.5
5	Josh Tighe	RSD	26.6
6	Nathan Wells	LDS	26.7
7	Edwin Shaw	ECH	33.0

M 400m A

1	Joshua Cayenne U20	SPN	49.8
2	Simon Wray	P&B	50.2
3	Richard Mather	O&R	54.1
4	Alex Urmston	LGH	54.7
5	Danny Grahamslaw U17	RSD	55.0
6	John Prideaux	LDS	55.9
7	David Barratt U17	ECH	58.7

M 400m B

1	Drew Graham	P&B	52.7
2	Darren Smith	LGH	53.1
3	Jake Rowlands U20	SPN	54.4
4	Reece Hendley U20	O&R	55.6
5	Andrew Cartwright	LDS	56.6
6	Stuart Laing	ECH	56.7
7	Joe Kelly U17	RSD	57.9

M 800m A

1	Simon Horsfield U20	ECH	1.56.3
2	Simon Wray	P&B	1.57.0
3	Jake Rowlands U20	SPN	2.00.6
4	Tom Henders	LGH	2.05.7
5	Reece Hendley U20	O&R	2.06.5
6	Andrew Cartwright	LDS	2.08.6
7	Tom Maden U20	RSD	2.14.8

M 800m B

1	Ryan Greaves U17	P&B	2.03.9
2	Joe Kelly U17	RSD	2.04.8
3	John Prideaux	LDS	2.06.1
4	Peter Hoyle U20	SPN	2.09.4
5	Neil Pendlebury	LGH	2.11.5
6	Mark Antill U17	ECH	2.11.5
7	Brian Schofield	O&R	2.39.5

M 1500m A

1	Tom Henders	LGH	4.21.3
2	Michael Mannings U20	O&R	4.24.0
3	Stuart Heaton	ECH	4.27.0
4	Peter Hoyle U20	SPN	4.31.0
5	Aaron Barker	RSD	4.36.6
6	David Derbyshire U20	P&B	4.38.0
7	Luke Atkin	LDS	4.41.3

M 1500m B

1	Gavin Browne U20	ECH	4.41.8
2	Mark Bryant	LDS	4.49.1
3	Tom Maden U20	RSD	4.49.2
4	John Taylor	LGH	5.05.2

M 5000m A

1	Andrew Martin	O&R	15.43.4
2	James Shaw U20	ECH	16.19.9
3	Neil Pendlebury	LGH	16.21.3
4	Martin Farran	LDS	16.53.4
5	Tom Maden U20	RSD	17.25.3
6	Chris Pawson	P&B	18.00.2
7	Tom Byrne	SPN	18.42.3

M 5000m B

1	Gary Matthews	ECH	17.15.3
2	Peter Steel	LDS	17.32.8
3	Ansy Gremfell	RSD	20.17.5
4	Roger Tolson	SPN	20.23.3

M 110mH A

1 Robert Ingham	O&R 16.9
2 Graham Bickerdike	SPN 16.9
3 Tom Lindsay U20	LDS 18.3
4 Duncan McCarrick	LGH 20.3
5 Phil Bolton U20	RSD 20.9

M 110mH B

1 Ian Graham	LGH 21.4
2 Aaron Kelly	RSD 22.5

M 400mH A

1 Robert Ingham	O&R 60.0
2 Alex Cooke U20	ECH 61.4
3 Aaron Barker	RSD 62.4
4 Tom Lindsay U20	LDS 62.7
5 Darren Smith	LGH 63.3
6 Keith McGhie	SPN 64.6
7 Nicky Millington	P&B 83.3

M 400mH B

1 Andy Cook	P&B 65.0
2 Duncan McCarrick	LGH 66.0
3 Phil Bolton U20	RSD 66.3
4 David Jewison	LDS 68.6
5 Gavin Brown U20	ECH 73.3

M 3000m SC A

1 Robert Ingham	O&R 10.07.4
2 Mark Bryant	LDS 10.28.8
3 Josh Tighe	RSD 11.02.3
4 Tom Byrne	SPN 11.10.0
5 David Derbyshire U20	P&B 11.14.9
6 Antony Connally U20	ECH 11.18.9

M 3000m SC B

1 Phil Bolton U20	RSD 11.16.4
2 Alex Cooke U20	ECH 11.21.5

M Discus Throw A

1 Graham Bickerdike	SPN 36.10
2 Paul Armstrong	LDS 33.92
3 Andrew Downes U20	ECH 31.42
4 Michael Rigby U20	O&R 31.25
5 Dave Smith	LGH 28.04
6 Chris Pawson	P&B 20.03
7 Phil Walton	RSD 19.74

M Discus Throw B

1 Jonathan Hepworthu20	SPN 33.28
2 Jason Hill	ECH 29.24
3 Colin Allen	O&R 27.27
4 Kevin Jewison	LDS 24.24
5 Ian Graham	LGH 24.10
6 Danny Hermann	P&B 19.03
7 George Corbishley	RSD 15.74

M Hammer Throw A

1 Jonathan Hepworthu20	SPN 46.30
2 Michael Rigby U20	O&R 38.94
3 Dave Smith	LGH 30.18
4 Michael Donald	ECH 22.85
5 Andy Cook	P&B 21.29
6 Kevin Jewison	LDS 20.54
7 Phil Walton	RSD 18.93

M Hammer Throw B

1 Graham Bickerdike	SPN 32.99
2 Ian Graham	LGH 29.94
3 Colin Allen	O&R 20.88
4 Jason Hill	ECH 19.14
5 Chris Pawson	P&B 15.48
6 George Corbishley	RSD 11.12

M High Jump A

1 Tom Lindsay	LDS 1.73
2 Chris Taylor U17	SPN 1.73
3 Ryan Greaves U17	P&B 1.60
4 John Indriks	LGH 1.55
5 Jason Hill	ECH 1.55
6=Thomas Milnes U17	O&R 1.50
6=Paul Wadsworth	RSD 1.50

M High Jump B

1 David Jewison	LDS 1.55
2 Gavin Browne U20	ECH 1.45
3 Duncan McCarrick	LGH 1.45
4 Aaron Barker	RSD 1.40

M Javelin Throw A

1 Graham Bickerdike	SPN	51.75
2 Dave Smith	LGH	49.62
3 Simon Wray	P&B	40.34
4 Steven Williams	O&R	38.09
5 Andrew Downes U20	ECH	37.87
6 Paul Armstrong	LDS	30.91
7 Phil Walton	RSD	27.29

M Javelin Throw B

1 Ian Graham	LGH	36.85
2 Andy Cook	P&B	31.86
3 Kevin Jewison	LDS	29.41
4 Michael Rigby U20	O&R	28.29
5 Andrew Owen	ECH	24.23
6 Sam Cundall U17	SPN	18.26
7 George Corbishley	RSD	13.61

M Long Jump A

1 Eliot Maher U17	SPN	5.95
2 Tom Lindsay	LDS	5.77
3 Thomas Milnes U17	O&R	5.42
4 Darren Smith	LGH	5.22
5 Matthew Donaldsonu17	P&B	5.19
6 Aaron Barker	RSD	5.09
7 Jason Hill	ECH	5.08

M Long Jump B

1 Chris Taylor U17	SPN	5.39
2 Andrew Donaldson U20	P&B	4.96
3 Antony Connally U20	ECH	4.93
4 Nathan Wells	LDS	4.90
5 Paul Wadsworth	RSD	4.87
6 Andrew Martin	O&R	4.47
7 John Taylor	LGH	4.07

M Pole Vault A

1 Graham Bickerdike	SPN	3.50
2 John Taylor	LGH	3.10

M Pole Vault B

1 Ian Graham	LGH	3.00
2 Chris Taylor U17	SPN	2.30

M Shot Putt A

1 Graham Bickerdike	SPN	11.61
2 Michael Donald	ECH	10.73
3 Michael Rigby U20	O&R	10.39
4 Dave Smith	LGH	9.39
5 Paul Armstrong	LDS	9.02
6 Phil Walton	RSD	8.93
7 Danny Hermann	P&B	8.44

M Shot Putt B

1 Jonathan Hepworthu20	SPN	11.01
2 Colin Allen	O&R	9.70
3 Andrew Downes U20	ECH	8.54
4 Kevin Jewison	LDS	8.43
5 Ian Graham	LGH	7.69
6 Chris Pawson	P&B	7.24
7 George Corbishley	RSD	5.61

M Triple Jump A

1 Graham Bickerdike	SPN	11.50
2 Antony Connally U20	ECH	10.88
3 Paul Wadsworth	RSD	10.57
4 Ryan Greaves U17	P&B	10.35
5 Ian Graham	LGH	10.08

M Triple Jump B

1 Eliot Maher U17	SPN	11.10
2 Aaron Barker	RSD	10.54
3 Andy Cook	P&B	10.28
4 Gavin Browne U20	ECH	9.80

W 100m A

1 Danielle Carr U20	LDS	13.1
2 Beth Hirst U17	ECH	13.4
3 Jade Stephenson U17	SPN	13.9
4 Bethan Walton U17	RSD	15.6
5 Emma Bilsbury	LGH	15.7
6 Heidi Ingle U17	P&B	16.3

W 100m B

1 Blaize Reynolds	LDS	13.9
2 Wendy Andrews	ECH	13.9
3 Becca Stansfield U17	RSD	15.4
4 Joanna Kitson U17	P&B	16.4
5 Carla Gregory	LGH	17.4
6 Amanda Pearson	SPN	20.0

W 200m A

1	Joanne Westerman	LDS	27.0
2	Jade Stephenson U17	SPN	27.8
3	Beth Hirst U17	ECH	28.4
4	Sarah Yeomans	RSD	29.0
5	Joanna Kitson U17	P&B	31.1
6	Emma Bilsbury	LGH	32.6

W 200m B

1	Blaize Reynolds U20	LDS	28.5
2	Wendy Andrews	ECH	29.2
3	Bethan Walton U17	RSD	31.9
4	Linda Jackett	LGH	42.2
5	Amanda Pearson	SPN	43.5

W 400m A

1	Amy Sharrad	SPN	60.0
2	Melanie Turner U20	O&R	60.7
3	Leah Owen U17	ECH	61.8
4	Sarah Yeomans	RSD	64.5
5	Sarah Holah	P&B	67.0
6	Amy Riley U17	LGH	72.6

W 400m B

1	Heather Corbishley	RSD	64.7
2	Becky Rowlands U17	SPN	68.3
3	Sally Corbin	P&B	69.5
4	Jen Read	ECH	70.2
5	Hannah Warburton U17	LGH	87.7

W 800m A

1	Amy Sharrad	SPN	2.22.3
2	Heather Corbishley	RSD	2.25.8
3	Sarah Holah	P&B	2.29.8
4	Josie Grecorcyk U20	LDS	2.32.4
5	Pam Read	ECH	2.39.7
6	Linda Jackett	LGH	2.58.5

W 800m B

1	Becky Rowlands U17	SPN	2.37.2
2	Kate Smith	ECH	3.04.9
3	Angela Pike	LGH	3.41.5

W 1500m A

1	Becky Rowlands U17	SPN	5.27.3
2	Pam Read	ECH	5.29.9
3	Sally Corbin	P&B	5.34.0
4	Julie Keys	RSD	5.54.7
5	Amy Riley U17	LGH	7.40.4

W 1500m B

1	Laura Johnston U20	RSD	5.58.8
2	Lindsey Ashworth	ECH	5.59.9
3	Heather Mitchell	SPN	6.32.0

W 3000m A

1	Hannah Warburton U17	LGH	11.37.9
2	Stella Boam	ECH	11.53.4
3	Jackie Carter	SPN	13.16.8
4	Julie Keys	RSD	13.20.6

W 3000m B

1	Amy Gorton U20	ECH	12.57.3
2	Michelle Shaw	LGH	13.22.3
3	Heather Mitchell	SPN	13.26.7

W 100mH A

1	Sarah Yeomans	RSD	19.9
2	Danni Carroll	ECH	20.5
3	Heidi Ingle U17	P&B	22.9

W 100mH B

1	Emma Fagan	ECH	21.7
2	Laura Johnston U20	RSD	24.1
3	Joanna Kitson U17	P&B	25.8

W 400mH A

1 Sarah Yeomans	RSD	76.6
2 Danni Carroll	ECH	79.3
3 Chrisi Nicholson	P&B	85.5

W 400mH B

1 Emma Fagan	ECH	81.5
2 Laura Johnston U20	RSD	88.1

W Discus Throw A

1 Jennifer Ibbitson	SPN	31.08
2 Carla Baines	LGH	21.50
3 Fiona McQue	P&B	18.59
4 Paula Booth	O&R	16.29
5 Heather Corbishley	RSD	16.01
6 Jen Read	ECH	12.31

W Discus Throw B

1 Catriona Gentleman	SPN	23.24
2 Carla Gregory	LGH	21.35
3 Bethan Walton U17	RSD	15.59
4 Kate Smith	ECH	12.28

W Hammer Throw A

1 Jennifer Ibbitson	SPN	38.49
2 Melaine Lee U20	O&R	35.04
3 Carla Gregory	LGH	30.05
4 Fiona McQue	P&B	18.04
5 Pam Read	ECH	16.55
6 Heather Corbishley	RSD	15.29

W Hammer Throw B

1 Catriona Gentleman	SPN	35.14
2 Natalie Fletcher U20	O&R	17.84
3 Amy Gorton U20	ECH	11.63
4 Carla Baines	LGH	9.20

W High Jump A

1 Dijan Matheson U20	SPN	1.40
2 Maria Grantham	ECH	1.35
3 Joanna Kitson U17	P&B	1.25
4 Emma Bilsbury	LGH	1.10

W High Jump B

1 Jennifer Ibbitson	SPN	1.25
2 Chrisi Nicholson	P&B	1.20
3 Danni Carroll	ECH	1.20

W Javelin Throw A

1 Carla Baines	LGH	31.14
2 Melaine Turner U20	O&R	26.35
3 Leah Owen U17	ECH	25.94
4 Jennifer Ibbitson	SPN	23.53
5 Sally Corbin	P&B	19.17
6 Heather Corbishley	RSD	14.77

W Javelin Throw B

1 Maria Grantham	ECH	22.70
2 Carla Gregory	LGH	20.59
3 Paula Booth	O&R	18.24
4 Catriona Gentleman	SPN	9.80
5 Becca Stansfield U17	RSD	9.50

W Long Jump A

1 Jade Stephenson U17	SPN	4.61
2 Chrisi Nicholson	P&B	4.48
3 Danni Carroll	ECH	4.06
4 Sarah Yeomans	RSD	4.02
5 Emma Bilsbury	LGH	3.91

W Long Jump B

1 Dijan Matheson U20	SPN	4.38
2 Beth Hirst U17	ECH	3.89
3 Heidi Ingle U17	P&B	3.16
4 Becca Stansfield U17	RSD	3.13
5 Angela Pike	LGH	2.07

W Pole Vault A

1 Jennifer Ibbitson SPN 2.80

W Pole Vault B

No competitors

W Shot Putt A

1 Carla Gregory LGH 9.93  
2 Jennifer Ibbitson SPN 9.71  
3 Heather Corbishley RSD 7.68  
4 Paula Booth O&R 7.20  
5 Maria Grantham ECH 6.94  
6 Fiona McQue P&B 6.73

W Shot Putt B

1 Carla Baines LGH 9.18  
2 Catriona Gentleman SPN 7.61  
3 Sally Corbin P&B 6.44  
4 Natalie Fletcher U20 O&R 6.32  
5 Becca Stansfield U17 RSD 4.76  
6 Lindsey Ashworthth ECH 4.67

W Triple Jump A

1 Dijan Matheson U20 SPN 9.80  
2 Maria Grantham ECH 9.48  
3 Sarah Yeomans RSD 8.40

W Triple Jump B

1 Danni Carroll ECH 9.05  
2 Jennifer Ibbitson SPN 7.70

W 4x100m Relay

1 ECH 55.7 1 Danni Carroll 2 Maria Grantham  
3 Beth Hirst U17 4 Wendy Andrews  
2 P&B 60.5 1 Heidi Ingle U17 2 Joanna Kitson U17  
3 Sally Corbin 4 Sarah Holah  
3 LGH 61.7 1 Emma Bilsbury 2 Carla Baines  
3 Hannah Warburton U17 4 Carla Gregory

W 4x400m Relay

1 SPN 4.24.4 1 Dijan Matheson U20 2 Becky Rowlands U17  
3 Jade Stephenson U17 4 Amy Sharrad  
2 RSD 4.27.7 1 Heather Corbishley 2 Laura Johnston U20  
3 Sarah Yeomans 4 Bethan Walton U17  
3 ECH 4.30.6 1 Pam Read 2 Amy Gorton U20  
3 Jen Read 4 Leah Owen U17  
4 LGH 6.23.4 1 Michelle Shaw 2 Linda Jackett  
3 Angela Pike 4 Gemma Lewis

M 4x100m Relay

1 P&B 45.9	1 Andy Cook	2 Matthew Donaldson U17
	3 Andrew Donaldson U20	4 Simon Wray
2 O&R 46.1	1 Richard Mather	2 Mark Wittenbury U17
	3 Lee Broadbent	4 Darren Gayle U20
3 SPN 47.4	1 Joshua Cayenne U20	2 Jake Rowlands U20
	3 Peter Hoyle U20	4 Sam Cundall U17
4 LGH 49.4	1 Alex Urmston	2 John Indriks
	3 Darren Smith	4 Duncan McCarrick
5 LDS 54.1	1 Tom Lindsay U20	2 Nathan Wells
	3 Peter Steel	4 Kyle Jeffrey
6 ECH 56.9	1 David Barratt U17	2 Mark Antill U17
	3 James Shaw U20	4 Edwin Shaw

M 4x400m Relay

1 P&B 3.28.2	1 Simon Wray	2 Ryan Greaves U17
	3 Drew Graham	4 Danny Hermann
2 O&R 3.38.0	1 Richard Mather	2 Robert Ingham
	3 Reece Hendley U20	4 Darren Gayle U20
3 ECH 3.40.8	1 Simon Horsfield U20	2 Antony Connally U20
	3 Alex Cooke U20	4 Stuart Heaton
4 LGH 3.47.8	1 Alex Urmston	2 Darren Smith
	3 John Indriks	4 Neil Pendlebury
5 SPN 3.48.8	1 Jake Rowlands U20	2 Eliot Maher U17
	3 Tom Byrne	4 Peter Hoyle U20
6 RSD 3.52.8	1 Aaron Barker	2 Aaron Kelly
	3 Josh Tighe	4 Joe Kelly U17

PRIOR STANDINGS		MATCH RESULT		LEAGUE STANDINGS	
Event	Lge	Event	Lge	Event	Lge
1 ECH 1266	21	1 SPN 469	7	1 East Cheshire & Tame. AC	1670 27
2 SPN 1140.5	17	2 ECH 404	6	2 Spenborough & District AC	1609.5 24
3 LGH 1053.5	13	3 LGH 353	5	3 Leigh Harriers	1406.5 18
4 RSD 986.5	11	4 P&B 310	4	4 Rossendale Harriers	1288 14
5 LDS 747.5	8	5 RSD 301.5	3	5 PUDSEY & BRAMLEY/L CARN	1122.5 11
6 O&R 863	7	6 O&R 242.5	2	6 Oldham & Royton H & AC	1105.5 9
7 P&B 812.5	7	7 LDS 203	1	7 Leeds City AC B	950.5 9

Note(s)

No competitors W Pole Vault B,  
 ECH Includes + 30pts,  
 LGH Includes + 30pts,  
 O&R Includes + 25pts,  
 LDS Includes + 10pts,  
 P&B Includes + 30pts,  
 RSD Includes + 15pts,  
 SPN Includes + 30pts,