

M 100m

1	Joshua Cayenne U20	SPN	11.2
2	David Feeney	CHF	11.5
3	David Adamson	DCH	12.0
4	Zac Agar U17	COY	12.2
5	James Andrew U17	J&H	12.5
6	Matt Snell U17	DNC	12.6
7	Rizwan Khan	BDA	13.0
8	Don Green	SCU	13.7

M 200m

1	David Feeney	CHF	24.3
2	Zac Agar U17	COY	24.8
3	Eliot Maher U17	SPN	25.2
4	Jack Webb U20	J&H	25.5
5	Jonathan Todd U17	DCH	25.6
6	Matt Snell U17	DNC	25.7
7	Don Green	SCU	27.6

M 400m

1	Joshua Cayenne U20	SPN	50.0
2	Matthew Greenwood17	DCH	51.4
3	Jonny McGregor	COY	52.7
4	Joshua Abladey U20	J&H	53.6
5	Craig Bethell U20	CHF	55.8
6	Daniel Harmes U17	SCU	56.8
7	Pete Andrews	DNC	57.8
8	Rizwan Khan	BDA	62.9

M 800m

1	Jake Rowlands U20	SPN	2.01.3
2	Jonny McGregor	COY	2.05.4
3	Mitchell Robinson17	CHF	2.10.2
4	Stephen Clifford	DCH	2.13.0
5	Dean Watson U20	DNC	2.15.5
6	Phil McClusky	J&H	2.19.4
7	Don Green	SCU	2.20.2
8	Steve Wilcox	BDA	2.49.0

M 1500m

1	Andy Hilton	COY	4.06.1
2	Chris Moran	DNC	4.17.4
3	Steve Gascoyne	CHF	4.38.3
4	Matthew Greenwood17	DCH	5.13.5
5	Phil McClusky	J&H	5.28.6
6	Steve Wilcox	BDA	6.13.6

M 5000m

1	Eddie Lee	CHF	18.11.0
2	Neal Page	BDA	18.32.8
3	Francis Turner	DCH	20.19.3
4	Steve Kiszow	J&H	22.19.3

M 10,000m

1	Andy Hilton	COY	32.57.1
2	Pete Talent	DNC	34.04.0
3	Ian Monaghan	CHF	35.33.2
4	Neal Page	BDA	37.54.2

M 110mH

1	Matthew Shaw U20	SCU	18.0
2	Troy Kennedy	DNC	20.2
3	Morgan Bell U20	COY	20.4
4	David Adamson	DCH	21.3
5	Neal Page	BDA	21.5

M 400mH

1	Ben Moubey U20	CHF	59.7
2	Peter Coates	DCH	63.8
3	Daniel Harmes U17	SCU	67.3
4	Neal Page	BDA	71.1
5	Pete Andrews	DNC	71.9
6	Rich Wilcock U17	COY	77.4

M 3000m SC

1	Steve Gascoyne	CHF	10.41.6
2	Simon Forde	BDA	11.15.0
3	Francis Turner	DCH	12.47.2
4	Steve Kiszow	J&H	14.07.2

M Discus Throw

1	Ben Graham	CHF	38.94
2	Graham Bickerdike	SPN	35.18
3	Darren Askew	DNC	33.36
4	Chris Gill U20	COY	29.57
5	Chris Hainsworth	BDA	29.05
6	Peter Coates	DCH	27.67
7	John Shaw U20	SCU	21.80
8	James Andrew U17	J&H	17.76

M Hammer Throw

1	Morgan Bell U20	COY	46.23
2	Darren Otter	DNC	40.59
3	Graham Bickerdike	SPN	32.27
4	Peter Coates	DCH	28.96
5	Daniel Burdett U17	CHF	27.81
6	Chris Hainsworth	BDA	22.47

M High Jump

1 Ben Mourbey U20	CHF	1.85
2=Chris Taylor	SPN	1.70
2=Tom Lightwing U20	COY	1.70
4 David Adamson	DCH	1.60
5 Darren Otter	DNC	1.60
6 Daniel Harmes U17	SCU	1.55
7 James Andrew U17	J&H	1.50
8 Neal Page	BDA	1.45

M Javelin Throw

1 Graham Bickerdike	SPN	48.85
2 Troy Kennedy	DNC	38.59
3 David Feeney	CHF	38.10
4 Tom Lightwing U20	COY	36.60
5 Neal Page	BDA	32.75
6 Phil McClusky	J&H	24.33
7 Francis Turner	DCH	20.12

M Long Jump

1 Tom Lightwing U20	COY	6.26
2 Richard Szarkowski	CHF	6.22
3 David Adamson	DCH	6.09
4 Chris Taylor	SPN	5.58
5 Dave Long	DNC	5.43
6 Jack Webb U20	J&H	5.12

M Pole Vault

1 Graham Bickerdike	SPN	3.60
2 Daniel Possey U17	CHF	3.40
3 Troy Kennedy	DNC	3.00
4 Peter Coates	DCH	3.00
5 Rich Wilcock U17	COY	2.40

M Shot Putt

1 Ben Graham	CHF	11.64
2 Graham Bickerdike	SPN	11.28
3 Darren Askew	DNC	10.96
4 Paul Goacher	COY	9.90
5 Chris Hainsworth	BDA	8.57
6 John Shaw U20	SCU	8.27
7 Joshua Abladey U20	J&H	8.23
8 Jonathan Todd U17	DCH	7.89

M Triple Jump

1 Chris Gill U20	COY	12.40
2 Peter Coates	DCH	11.89
3 Daniel Burdett U17	CHF	11.76
4 Joshua Abladey U20	J&H	11.60
5 Matthew Shaw U20	SCU	11.37
6 Eliot Maher U17	SPN	11.29
7 Andy Lilley U17	DNC	11.16

W 100m

1 Rebekah Wilmshurst	DCH	12.9
2 Jess Foster U17	COY	13.3
3 Janet Abladey U17	J&H	13.4
4 Jade Stephenson U17	SPN	13.6
5 Kim Elliott U17	DNC	13.7
6 Laura Devorgori U20	CHF	14.5

W 200m

1 Rebekah Wilmshurst	DCH	26.4
2 Becky Holdsworth	DNC	27.4
3 Jess Taylor U20	COY	27.5
4 Jade Stephenson U17	SPN	28.4
5 Janet Abladey U17	J&H	28.5
6 Louise Feeney U20	CHF	28.7

W 400m

1 Samantha Coleby	DCH	59.9
2 Amy Sharrad	SPN	62.6
3 Hollie Aryes U17	DNC	63.1
4 Ruth Brandon U20	COY	66.4
5 Laura Devorgori U20	CHF	68.5
6 Vicky Thompson	J&H	79.7

W 800m

1 Emma Toogood U17	DCH	2.22.3
2 Amy Sharrad	SPN	2.27.2
3 Sophie Hunter U17	COY	2.51.1
4 Vicky Thompson	J&H	2.55.5

W 1500m

1 Emma Toogood U17	DCH	5.03.5
2 Emma Rawnsley U17	SPN	5.31.5
3 Vicky Thompson	J&H	6.06.6
4 Laura Hunter U20	COY	6.21.5

W 3000m

1 Jane Aryes	DNC	11.22.6
2 Katie Hunter U17	COY	12.32.4
3 Vicky Thompson	J&H	12.32.4
4 Rebecca Hendersonu17	DCH	14.11.8

W 100mH

1 Helen Goacher	COY 16.4
2 Becky Holdsworth	DNC 17.0
3 Louise Feeney U20	CHF 18.8

W 400mH

1 Samantha Coleby	DCH 65.1
2 Becky Holdsworth	DNC 66.5
3 Louise Feeney U20	CHF 72.0
4 Ruth Brandon U20	COY 74.7
5 Charlottte Byrne	SPN 1.41.0

W Discus Throw

1 Jennifer Ibbitson	SPN 30.80
2 Rachel Bashforth	DCH 27.00
3 Emma Gilbert U20	SCU 25.64
4 Chloe Smith U17	CHF 21.12
5 Stacy Bell	COY 18.12
6 Diana Stanger	DNC 13.61

W Hammer Throw

1 Emma Gilbert U20	SCU 40.29
2 Lucy Roberts U17	CHF 31.10
3 Catrion Gentleman	SPN 30.74
4 Rachel Bashforth	DCH 29.61
5 Laura Hunter U20	COY 19.47
6 Diana Stanger	DNC 19.08

W High Jump

1 Jennifer Baker U17	DCH 1.55
2 Jess Taylor U20	COY 1.45
3 Dijan Matheson U20	SPN 1.40
4 Laura Devorgori U20	CHF 1.35

W Javelin Throw

1 Becky Holdsworth	DNC 27.74
2 Amanda Blacker	COY 26.27
3 Jennifer Ibbitson	SPN 25.20
4 Sophie Wood	DCH 24.15
5 Emma Gilbert U20	SCU 22.89
6 Patryca Krawczyk U20	CHF 14.02

W Long Jump

1 Stacy Bell	COY 4.98
2 Sophie Wood	DCH 4.64
3 Jade Stephenson U17	SPN 4.59
4 Kimberley Harrison	CHF 4.43
5 Kat Wilson U17	DNC 3.61

W Pole Vault

1 Patryca Krawczyk U20	CHF 3.00
2 Jennifer Ibbitson	SPN 2.90
3 Kat Wilson U17	DNC 2.60
4 Sophie Hunter U17	COY 2.00

W Shot Putt

1 Jess Taylor U20	COY 10.00
2 Rachel Bashforth	DCH 9.81
3 Jennifer Ibbitson	SPN 9.16
4 Chloe Smith U17	CHF 8.60
5 Emma Gilbert U20	SCU 8.28
6 Diana Stanger	DNC 5.48

W Triple Jump

1 Kimberley Harrison	CHF 11.40
2 Laura Rigby	COY 9.83
3 Dijan Matheson U20	SPN 9.52
4 Janet Abladey U17	J&H 9.47
5 Becky Holdsworth	DNC 9.46
6 Rebecca Henderson U17	DCH 8.43
7 Emma Gilbert U20	SCU 8.20

W 4x100m Relay

1 COY 51.3	1 Jess Foster U17	2 Laura Rigby
	3 Jess Taylor U20	4 Helen Goacher
2 DCH 51.4	1 Sophie Wood	2 Jacqui Hodgson
	3 Samantha Coleby	4 Rebekah Wilmshurst
3 DNC 53.6	1 Kim Elliott U17	2 Kat Wilson U17
	3 Hollie Aryes U17	4 Becky Holdsworth
4 CHF 54.2	1 Louise Feeney U20	2 Kimberley Harrison
	3 Laura Devorgori U20	4 Chloe Smith U17

W 4x400m Relay

1 DCH 4.10.3	1 Emma Toogood U17	2 Sophie Wood
	3 Rebekah Wilmshurst	4 Samantha Coleby
2 SPN 4.22.1	1 Jade Stephenson U17	2 Amy Sharrad
	3 Emma Rawnsley U17	4 Dijan Matheson U20
3 DNC 4.31.2	1 Becky Holdsworth	2 Hollie Aryes U17
	3 Kat Wilson U17	4 Kim Elliott U17
4 COY 4.37.1	1 Ruth Brandon U20	2 Sophie Hunter U17
	3 Laura Hunter U20	4 Katie Hunter U17
5 CHF 4.42.0	1 Laura Devorgori U20	2 Louise Feeney U20
	3 Chloe Smith U17	4 Kimberley Harrison

M 4x100m Relay

1 CHF 46.0	1 David Feeney	2 Richard Szarkowski
	3 Ben Mourbey U20	4 Daniel Burdett U17
2 DCH 47.6	1 David Adamson	2 Matthew Greenwood17
	3 Stephen Clifford	4 Jonathan Todd U17
3 SPN 47.6	1 Eliot Maher U17	2 Graham Bickerdike
	3 Brendan Sykes	4 Chris Taylor
4 J&H 48.0	1 Joshua Abladey U20	2 Phil McClusky
	3 James Andrew U17	4 Jack Webb U20
5 SCU 48.8	1 Don Green	2 Matthew Shaw U20
	3 John Shaw U20	4 Daniel Harmes U17
6 DNC 49.8	1 Matt Snell U17	2 Andy Lilley U17
	3 Dave Long	4 Troy Kennedy

M 4x400m Relay

1 CHF 3.32.7	1 Daniel Burdett U17	2 Ben Moubey U20
	3 Craig Bethell U20	4 David Feeney
2 SPN 3.32.8	1 Joshua Cayenne U20	2 Jake Rowlands U20
	3 Brendan Sykes	4 Eliot Maher U17
3 DCH 3.37.1	1 Matthew Greenwood U17	2 Jonathan Todd U17
	3 Peter Coates	4 Stephen Clifford
4 DNC 3.55.7	1 Pete Andrews	2 Dean Watson U20
	3 Matt Snell U17	4 Chris Moran
5 COY 3.59.8	1 Jonny McGregor	2 Rich Wilcock U17
	3 Neil Hunter	4 Chris Gill U20

	Points
1 Durham City Harriers AC	228
2 City of York AC	225.5
3 Chesterfield & D. AC	223
4 Spenborough & District AC	206.5
5 Doncaster AC	189
6 Jarrow & Hebburn AC	97
7 Scunthorpe & D.AC	72
8 Bradford Airedale AC	66

Note(s)

CHF Includes + 15pts,
BDA Includes + 15pts,
SCU Includes + 10pts,
J&H Includes + 10pts,
DNC Includes + 20pts,
DCH Includes + 20pts,
SPN Includes + 20pts,
COY Includes + 10pts,