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**Division 2W Match 1 - Stanney Oaks Ellesmere Po**

**03 May 2008**

Events	L&M/K		LPS		PH		SAC		SWAC		WCAC	
Men's 100m	5	3	9	7	7	5	4	2	3	1	6	4
Men's 200m	6	3	9	7	7	5	5	2	3	1	4	4
Men's 400m	4	1	9	4	5	3	7	7	3	2	6	5
Men's 800m	5	4	4	2	7	7	9	0	3	3	6	5
Men's 1500m	9	7	7	0	6	5	0	0	4	4	5	3
Men's 3000m S/Chase	9	7	5	0	0	0	0	0	6	4	7	5
Men's 5000m	4	3	5	0	9	7	0	0	6	4	7	5
Men's 400m Hurdles	4	4	9	5	7	0	3	0	5	7	6	0
Men's 110m Hurdles	5	0	6	0	0	0	0	0	9	7	7	0
Men's Hammer	4	2	7	5	3	0	6	4	5	3	9	7
Men's Discus	4	3	9	5	3	1	7	2	5	4	6	7
Men's Javelin	4	3	6	7	7	4	5	1	3	2	9	5
Men's Shot Putt	4	4	6	3	3	1	7	5	5	2	9	7
Men's Long Jump	6	4	5	3	9	7	0	0	4	2	7	5
Men's Triple Jump	6	3	0	0	9	7	0	0	5	4	7	5
Men's High Jump	0	0	0	0	9	7	6	0	5	4	7	5
Men's Pole Vault	0	0	9	7	7	5	0	0	0	0	6	4
Men's 4x100m Relay	5	0	9	0	7	0	4	0	3	0	6	0
Men's 4x400m Relay	5	0	9	0	6	0	0	0	4	0	7	0
	89	51	123	55	111	64	63	23	81	54	127	76

Women's 100m	6	2	0	0	4	5	5	3	9	4	7	7
Women's 200m	5	2	3	0	6	4	4	3	9	5	7	7
Women's 400m	5	3	4	2	9	7	6	5	7	4	0	0
Women's 800m	7	5	5	0	9	7	6	0	0	0	0	0
Women's 1500m	3	4	9	0	5	7	4	0	6	5	7	0
Women's 3000m S/Chase	0	0	0	0	0	0	0	0	0	0	0	0
Women's 3000m	5	5	9	0	0	0	4	0	6	7	7	4
Women's 400m Hurdle	0	0	4	0	9	5	5	4	7	7	6	0
Women's 100m Hurdle	0	0	5	0	7	0	6	5	9	7	4	0
Women's Hammer	0	0	9	7	5	2	6	4	4	3	7	5
Women's Discus	7	7	5	3	4	1	6	2	3	4	9	5
Women's Javelin	5	5	7	4	3	1	6	3	4	2	9	7
Women's Shot Putt	6	7	5	3	4	2	7	5	3	0	9	4
Women's Long Jump	5	1	3	2	6	3	4	5	7	4	9	7
Women's Triple Jump	6	5	3	2.5	4	2.5	5	0	9	4	7	7
Women's High Jump	8	7	5	0	8	0	6	4	3	0	4	5
Women's Pole Vault	0	0	9	0	0	0	0	0	7	0	0	0
Women's 4x100m Relay	6	0	4	0	7	0	5	0	3	0	9	0
Women's 4x400m Relay	5	0	4	0	9	0	6	0	7	0	0	0
	79	53	93	24	99	47	91	43	103	56	101	58

Match Summary	L&M/K		LPS		PH		SAC		SWAC		WCAC	
Teams	272.0		294.5		320.5		220.0		294.0		362.0	
Officials Points	30.0		30.0		25.0		25.0		30.0		30.0	
Total	302.0		324.5		345.5		245.0		324.0		392.0	
Match Position	5		3		2		6		4		1	
League Points	2		4		5		1		3		6	

Standings	L&M/K		LPS		PH		SAC		SWAC		WCAC	
League Points	2.0		4.0		5.0		1.0		3.0		6.0	
Match Points	302.0		324.5		345.5		245.0		324.0		392.0	
League Positions	5		3		2		6		4		1	

**Division 2W Match 1 - Stanney Oaks Ellesmere Port**

**3 May 2008**

**Men's 100m A**

			Perf	Record	Wind	AW
1	2	Mike Zaim	Liverpool Pembroke Sefton	11.1		<input checked="" type="checkbox"/>
2	3	Simon Woan	Preston Harriers	11.2		<input checked="" type="checkbox"/>
3	6	Tom Price	West Cheshire AC	11.4		
4	1	James Williams	Lancaster & Morecombe/Ke	11.4		
5	4	David Thompson	Seaton AC	12.2		
6	5	Josh Murphy	Southport Waterloo AC	13.1		

**Men's 100m B**

			Perf	Wind	AW
1	22	Danny Higham	Liverpool Pembroke Sefton	11.3	<input checked="" type="checkbox"/>
2	33	Tom Batty	Preston Harriers	11.5	
3	66	Mike Downes	West Cheshire AC	11.5	
4	11	Frank Shepperd	Lancaster & Morecombe/Ke	11.7	
5	44	Jamie Pattinson	Seaton AC	12.3	
6	55	Chris Honess	Southport Waterloo AC	13.4	

**Men's 200m A**

			Perf	Record	Wind	AW
1	2	Mike Zaim	Liverpool Pembroke Sefton	22.2		<input checked="" type="checkbox"/>
2	3	Simon Woan	Preston Harriers	22.6		<input checked="" type="checkbox"/>
3	1	James Williams	Lancaster & Morecombe/Ke	22.9		<input checked="" type="checkbox"/>
4	4	Steven Fox	Seaton AC	23.2		
5	6	Tom Price	West Cheshire AC	23.2		
6	5	John Cunningham	Southport Waterloo AC	25.1		

**Men's 200m B**

			Perf	Wind	AW
1	22	Danny Higham	Liverpool Pembroke Sefton	22.5	<input checked="" type="checkbox"/>
2	33	Tom Batty	Preston Harriers	23.3	
3	66	Lewis Emmit	West Cheshire AC	23.4	
4	11	Frank Shepperd	Lancaster & Morecombe/Ke	24.3	
5	44	Jamie Pattinson	Seaton AC	24.4	
6	55	Chris Honess	Southport Waterloo AC	28.0	

**Men's 400m A**

			Perf	Record	Wind	AW
1	2	Jack McGinn	Liverpool Pembroke Sefton	48.9		<input checked="" type="checkbox"/>
2	4	Steven Fox	Seaton AC	51.4		
3	6	Tom whalley	West Cheshire AC	51.6		
4	3	David Rigby	Preston Harriers	54.7		
5	1	Sam Higginson	Lancaster & Morecombe/Ke	56.7		
6	5	John Cunningham	Southport Waterloo AC	57.0		

**Men's 400m B**

			Perf	Wind	AW
1	44	Jamie Pattinson	Seaton AC	53.7	
2	66	Aamir Walwyn	West Cheshire AC	54.0	
3	22	Tom Danials	Liverpool Pembroke Sefton	54.7	
4	33	Mat Lloyd	Preston Harriers	55.0	
5	55	Nathan Oako	Southport Waterloo AC	55.8	
6	11	Matthew Burns	Lancaster & Morecombe/Ke	56.6	

**Men's 800m A**

			Perf	Record	Wind	AW
1	4	Steven Fox	Seaton AC	02:00.7		
2	3	David Rigby	Preston Harriers	02:01.4		
3	6	Alex Haswell	West Cheshire AC	02:02.4		
4	1	Mark Gardner	Lancaster & Morecombe/Ke	02:03.0		
5	2	Tom Hanton	Liverpool Pembroke Sefton	02:07.0		
6	5	Richard Shearer	Southport Waterloo AC	02:08.6		

**Men's 800m B**

			Perf	Record	Wind	AW
1	33	Mat Lloyd	Preston Harriers	02:01.9		
2	66	Alec Beaney	West Cheshire AC	02:06.1		
3	11	Kieran Alderson	Lancaster & Morecombe/Ke	02:06.6		
4	55	Gerard Lenehan	Southport Waterloo AC	02:08.9		
5	22	Paul Jamieson	Liverpool Pembroke Sefton	02:41.4		
6						

**Men's 1500m A**

			Perf	Record	Wind	AW
1	1	Danny Parkinson	Lancaster & Morecombe/Ke	04:07.8		<input checked="" type="checkbox"/>
2	2	Bernie Murphy	Liverpool Pembroke Sefton	04:22.7		
3	3	Ben Anthony	Preston Harriers	04:27.2		
4	6	Louis Humphreys	West Cheshire AC	04:31.6		
5	5	Gerard Lenehan	Southport Waterloo AC	04:33.7		

**Men's 1500m B**

			Perf	Record	Wind	AW
1	11	Russell Parrington	Lancaster & Morecombe/Ke	04:09.4		
2	33	Mat Davison	Preston Harriers	04:27.9		
3	55	Jai Vernon McGuigan	Southport Waterloo AC	04:41.8		
4	66	Max Woods	West Cheshire AC	05:13.4		
5						

**Men's 3000m S/Chase A**

			Perf	Record	Wind	AW
1	1	Rory McMahon	Lancaster & Morecombe/Ke	10:57.3		
2	6	Andrew Clague	West Cheshire AC	10:57.8		
3	55	David Gough	Southport Waterloo AC	11:32.4		
4	2	Paul Rudkin	Liverpool Pembroke Sefton	14:22.8		

**Men's 3000m S/Chase B**

			Perf	Record	Wind	AW
1	11	Allan Gordon	Lancaster & Morecombe/Ke	11:41.3		
2	66	Gray Withers	West Cheshire AC	11:42.7		
3	5	Carlos Irizar	Southport Waterloo AC	12:28.4		
4						

**Men's 5000m A**

			Perf	Record	Wind	AW
1	3	Mat Livingstone	Preston Harriers	15:43.6		<input checked="" type="checkbox"/>
2	6	Steve Crowe	West Cheshire AC	15:55.9		<input checked="" type="checkbox"/>
3	5	Richard Shearer	Southport Waterloo AC	16:10.0		<input checked="" type="checkbox"/>
4	2	Bernie Murphy	Liverpool Pembroke Sefton	16:47.5		
5	11	Joe Cox	Lancaster & Morecombe/Ke	17:10.5		

**Men's 5000m B**

			Perf	Record	Wind	AW
1	33	Steve Hallas	Preston Harriers	16:26.4		<input checked="" type="checkbox"/>
2	66	Dave Alexander	West Cheshire AC	16:52.0		
3	55	David Hamilton	Southport Waterloo AC	17:04.5		
4	1	Rory McMahon	Lancaster & Morecombe/Ke	18:30.7		
5						

**Men's 400m Hurdles A**

			Perf	Record	Wind	AW
1	2	Paul Milburn	Liverpool Pembroke Sefton	61.4		
2	3	Ben Anthony	Preston Harriers	61.8		
3	6	Tom Booth	West Cheshire AC	62.2		
4	5	Stephen Marshall	Southport Waterloo AC	67.7		
5	1	Sam Higginson	Lancaster & Morecombe/Ke	72.5		
6	4	Ian Palmer	Seaton AC	73.6		

**Men's 400m Hurdles B**

			Perf	Record	Wind	AW
1	55	Nathan Ouko	Southport Waterloo AC	66.5		
2	22	Paul Rudkin	Liverpool Pembroke Sefton	67.1		
3	11	Allan Gordon	Lancaster & Morecombe/Ke	70.1		
4						
5						
6						

**Men's 110m Hurdles A**

			Perf	Record	Wind	AW
1	5	Stephen Marshall	Southport Waterloo AC	18.7		
2	6	Dave McKay	West Cheshire AC	19.1		
3	22	Paul Rudkin	Liverpool Pembroke Sefton	22.3		
4	11	Allan Gordon	Lancaster & Morecombe/Ke	23.6		

**Men's 110m Hurdles B**

			Perf	Record	Wind	AW
1	55	Nathan Ouko	Southport Waterloo AC	22.2		
2						
3						
4						

**Men's Hammer A**

1	6	Dave McKay	West Cheshire AC	40.85
2	2	Mark Line	Liverpool Pembroke Sefton	37.00
3	4	Paul Simpson	Seaton AC	32.19
4	55	Peter Mason	Southport Waterloo AC	27.13
5	1	Steven Houghton	Lancaster & Morecombe/Ke	16.24
6	3	Andrew Bibby	Preston Harriers	11.50

**Men's Discus A**

1	2	Mark Line	Liverpool Pembroke Sefton	37.29
2	4	Paul Simpson	Seaton AC	36.53
3	6	Richard Stocker	West Cheshire AC	36.16
4	55	Peter Mason	Southport Waterloo AC	27.13
5	1	Steven Houghton	Lancaster & Morecombe/Ke	20.07
6	3	Cameron Gore	Preston Harriers	19.43

**Men's Javelin A**

1	6	Dave McKay	West Cheshire AC	65.06
2	3	Adam Lesbirel	Preston Harriers	44.63
3	2	Mark Line	Liverpool Pembroke Sefton	44.22
4	4	Ian Palmer	Seaton AC	32.65
5	11	Steven Houghton	Lancaster & Morecombe/Ke	32.06
6	5	Sam Moran	Southport Waterloo AC	29.09

**Men's Shot Putt A**

1	6	Dave McKay	West Cheshire AC	11.73
2	4	Paul Simpson	Seaton AC	11.72
3	2	Mark Hodge	Liverpool Pembroke Sefton	10.53
4	55	Peter Mason	Southport Waterloo AC	8.60
5	11	Martin Pilkington	Lancaster & Morecombe/Ke	8.35
6	33	Matt Lloyd	Preston Harriers	5.66

**Men's Long Jump A**

1	33	Andy Leat	Preston Harriers	6.33
2	66	Tom Price	West Cheshire AC	6.00
3	1	Jonny Elliot	Lancaster & Morecombe/Ke	5.64
4	2	Mark Line	Liverpool Pembroke Sefton	5.60
5	55	Nathan Ouko	Southport Waterloo AC	4.12

**Men's Triple Jump A**

1	3	Andy Leat	Preston Harriers	12.36
2	6	Andrew Whitton	West Cheshire AC	12.32
3	1	Jonny Elliot	Lancaster & Morecombe/Ke	11.29
4	55	Ryan Kearney	Southport Waterloo AC	9.60

**Men's High Jump A**

1	3	Cameron Gore	Preston Harriers	1.96
2	66	Andrew McKay	West Cheshire AC	1.70
3	4	Jamie Pattinson	Seaton AC	1.60
4	55	Ryan Kearney	Southport Waterloo AC	1.60

**Men's Pole Vault A**

1	2	Mark Line	Liverpool Pembroke Sefton	3.20
2	3	Andrew Harrison	Preston Harriers	3.20
3	6	Andrew Gore	West Cheshire AC	3.00

**Men's 4x100m Relay**

1	2	Liverpool Pembroke Sef	Mike Zaim	Danny Higham	Jack McGinn	Tom Danials	45.0
2	3	Preston Harriers	Tom Batty	Simon Woan	Cameron Gore	Andy Leat	45.2
3	6	West Cheshire AC	Tom Price	Lewis Emmit	Mike Downes	Gareth Preston	45.3
4	1	Lancaster & Morecombe	Jonny Elliot	James Williams	Allan Gordon	Frank Shepperd	48.7
5	4	Seaton AC	Paul Simpson	Steven Fox	Jamie Pattinson	David Thompson	52.3
6	5	Southport Waterloo AC	John Cunningham	Josh Murphy	Chris Honess	Gerard Lenehan	54.4

**Men's 4x400m Relay**

1	2	Liverpool Pembroke Sef	Mike Zaim	Danny Higham	Tom Danials	Jack McGinn	03:29.0
2	6	West Cheshire AC	Tom whalley	Aamir Walwyn	Adidan Stoakley	Alex Haswell	03:38.6
3	3	Preston Harriers	Mat Davison	Matt Lloyd	Ben Anthony	David Rigby	03:39.9
4	1	Lancaster & Morecombe	Luc Morgan	Danny Parkinson	Mark Gardner	Matthew Burns	03:46.6
5	5	Southport Waterloo AC	Nathan Oaks	John Cunningham	Jai Vernon McGuigan	Gerard Lenehan	03:59.8

**Men's Hammer B**

1	66	Andrew McKay	West Cheshire AC	38.67
2	22	Paul Jamieson	Liverpool Pembroke Sefton	23.00
3	44	Ian Palmer	Seaton AC	18.85
4	5	Sam Moran	Southport Waterloo AC	17.99
5	11	Martin Pilkington	Lancaster & Morecombe/Ke	15.29
6	0			0.00

**Men's Discus B**

1	66	Carl Van Schie	West Cheshire AC	36.13	<input checked="" type="checkbox"/>
2	22	Mark Hodge	Liverpool Pembroke Sefton	35.34	<input checked="" type="checkbox"/>
3	5	Sam Moran	Southport Waterloo AC	19.63	<input checked="" type="checkbox"/>
4	11	Martin Pilkington	Lancaster & Morecombe/Ke	18.96	
5	44	Ian Palmer	Seaton AC	17.29	
6	33	Ben Anthony	Preston Harriers	12.37	

**Men's Javelin B**

1	22	Mike Jones	Liverpool Pembroke Sefton	41.41
2	66	Carl Van Schie	West Cheshire AC	40.59
3	33	Andy Leat	Preston Harriers	37.72
4	1	Luc Morgan	Lancaster & Morecombe/Ke	29.76
5	55	Ryan Kearney	Southport Waterloo AC	26.77
6	44	Paul Simpson	Seaton AC	18.72

**Men's Shot Putt B**

1	66	Richard Stocker	West Cheshire AC	10.30
2	44	Ian Palmer	Seaton AC	8.28
3	1	Rory McMahon	Lancaster & Morecombe/Ke	7.65
4	22	David McComb	Liverpool Pembroke Sefton	7.65
5	5	Sam Moran	Southport Waterloo AC	7.58
6	3	David Rigby	Preston Harriers	5.32

**Men's Long Jump B**

1	3	Cameron Gore	Preston Harriers	6.20
2	6	Gareth Preston	West Cheshire AC	5.52
3	11	Luc Morgan	Lancaster & Morecombe/Ke	4.89
4	22	David McComb	Liverpool Pembroke Sefton	4.54
5	5	Carlos Irizar	Southport Waterloo AC	4.09

**Men's Triple Jump B**

1	33	Cameron Gore	Preston Harriers	11.55
2	66	Dave McKay	West Cheshire AC	10.91
3	5	Nathan Ouko	Southport Waterloo AC	9.18
4	11	Luc Morgan	Lancaster & Morecombe/Ke	7.99

**Men's High Jump B**

1	33	Andy Leat	Preston Harriers	1.65
2	6	Alan Littler	West Cheshire AC	1.55
3	5	Nathan Ouko	Southport Waterloo AC	1.40

**Men's Pole Vault B**

1	22	David McComb	Liverpool Pembroke Sefton	3.00
2	33	Ben Anthony	Preston Harriers	2.60
3	66	Tom Booth	West Cheshire AC	2.40

Division 2W Match 1 - Stanney Oaks Ellesmere Port

				Perf	Recor	Wind	AW	3 May 2008				Perf	Wind	AW	Prints
<b>Women's 100m A</b>				Wind=				<b>Women's 100m B</b>				Wind=			
1	5	Lauren Brennan	Southport Waterloo AC	12.6			<input checked="" type="checkbox"/>	1	66	Samantha Galley	West Cheshire AC	12.7			<input checked="" type="checkbox"/>
2	6	Rachel Stoakley	West Cheshire AC	12.9			<input checked="" type="checkbox"/>	2	33	Sarah Hancock	Preston Harriers	13.3			
3	1	Averil McClelland	Lancaster & Morecombe/Ke	13.1				3	55	Katie Hooton	Southport Waterloo AC	13.7			
4	4	Amee Jefferson	Seaton AC	13.1				4	44	Michelle Warwick	Seaton AC	13.9			
5	3	Sally Thompson	Preston Harriers	14.2				5	11	Jayne Perry	Lancaster & Morecombe/Ke	17.1			
<b>Women's 200m A</b>				Wind=				<b>Women's 200m B</b>				Wind=			
1	5	Lauren Brennan	Southport Waterloo AC	25.8			<input checked="" type="checkbox"/>	1	66	Shona Valentine	West Cheshire AC	26.3			<input checked="" type="checkbox"/>
2	6	Samantha Galley	West Cheshire AC	26.0			<input checked="" type="checkbox"/>	2	55	Stephanie May	Southport Waterloo AC	26.8			<input checked="" type="checkbox"/>
3	3	Jackie Noblet	Preston Harriers	26.6			<input checked="" type="checkbox"/>	3	33	Sally Thompson	Preston Harriers	29.9			
4	1	Averil McClelland	Lancaster & Morecombe/Ke	27.2				4	44	Angela Kelly	Seaton AC	30.0			
5	4	Amee Jefferson	Seaton AC	27.8				5	11	Kathy Winrow	Lancaster & Morecombe/Ke	33.4			
6	2	Grace Stewart	Liverpool Pembroke Sefton	30.3				6							
<b>Women's 400m A</b>								<b>Women's 400m B</b>							
1	3	Steph Roe	Preston Harriers	59.3			<input checked="" type="checkbox"/>	1	33	S Trush	Preston Harriers	64.0			
2	5	Stephanie May	Southport Waterloo AC	59.6			<input checked="" type="checkbox"/>	2	44	Sarah Hanabury	Seaton AC	69.3			
3	4	Kerry Hunton	Seaton AC	59.7			<input checked="" type="checkbox"/>	3	55	Katie Hooton	Southport Waterloo AC	71.1			
4	1	Joanne Perry	Lancaster & Morecombe/Ke	64.9				4	11	Kathy Winrow	Lancaster & Morecombe/Ke	74.7			
5	2	Kirsty Longley	Liverpool Pembroke Sefton	77.5				5	22	Rose Hutchinson	Liverpool Pembroke Sefton	94.9			
<b>Women's 800m A</b>								<b>Women's 800m B</b>							
1	3	Steph Roe	Preston Harriers	02:16.7			<input checked="" type="checkbox"/>	1	33	Sharon Trusch	Preston Harriers	02:27.3			
2	1	Joanne Perry	Lancaster & Morecombe/Ke	02:21.5			<input checked="" type="checkbox"/>	2	11	Kathy Winrow	Lancaster & Morecombe/Ke	02:51.9			
3	4	Sarah Hanabury	Seaton AC	02:34.8				3							
4	2	Becky Harrington	Liverpool Pembroke Sefton	02:44.7				4							
<b>Women's 1500m A</b>								<b>Women's 1500m B</b>							
1	2	Kirsty Longley	Liverpool Pembroke Sefton	05:07.2				1	33	Steph Roe	Preston Harriers	05:44.5			
2	6	Kate Titlow	West Cheshire AC	05:27.0				2	5	Sue Cooper	Southport Waterloo AC	05:46.2			
3	55	Angela Delaney	Southport Waterloo AC	05:34.5				3	11	Jayne Perry	Lancaster & Morecombe/Ke	06:16.5			
4	3	Hannah Watson	Preston Harriers	05:42.8				4							
5	4	Bev Fallder	Seaton AC	06:04.6				5							
6	1	Laura Morris	Lancaster & Morecombe/Ke	06:14.4				6							
<b>Women's 3000m A</b>								<b>Women's 3000m B</b>							
1	2	Kirsty Longley	Liverpool Pembroke Sefton	10:52.3			<input checked="" type="checkbox"/>	1	55	Angela Delaney	Southport Waterloo AC	12:06.4			
2	6	Kate Titlow	West Cheshire AC	11:18.1				2	1	Laura Morris	Lancaster & Morecombe/Ke	12:48.7			
3	5	Sue Cooper	Southport Waterloo AC	11:23.3				3	66	Sacha Kendall-Woods	West Cheshire AC	14:27.7			
4	11	Jayne Perry	Lancaster & Morecombe/Ke	12:44.3				4							
5	4	Bev Fallder	Seaton AC	13:48.2				5							
<b>Women's 400m Hurdles A</b>								<b>Women's 400m Hurdles B</b>							
1	3	Jackie Noblet	Preston Harriers	66.5			<input checked="" type="checkbox"/>	1	55	Stephanie May	Southport Waterloo AC	71.2			
2	5	Katie McHale	Southport Waterloo AC	69.9			<input checked="" type="checkbox"/>	2	33	Sarah Hancock	Preston Harriers	74.6			
3	6	Ruth Pritchard	West Cheshire AC	72.4				3	44	Sally Anne Busby	Seaton AC	90.5			
4	4	Bev Fallder	Seaton AC	75.9				4							
5	2	Grace Stewart	Liverpool Pembroke Sefton	78.5				5							
<b>Women's 100m Hurdles A</b>				Wind=				<b>Women's 100m Hurdles B</b>				Wind=			
1	5	Katie McHale	Southport Waterloo AC	15.0			<input checked="" type="checkbox"/>	1	55	Charlotte Buckingham	Southport Waterloo AC	19.3			
2	3	Jackie Noblet	Preston Harriers	15.5			<input checked="" type="checkbox"/>	2	44	Kerry Hunton	Seaton AC	20.2			
3	4	Bev Fallder	Seaton AC	17.3				3							
4	2	Rachel Hutchinson	Liverpool Pembroke Sefton	19.0				4							
5	6	Ruth Pritchard	West Cheshire AC	19.1				5							
<b>Women's Hammer A</b>								<b>Women's Hammer B</b>							
1	2	Charlotte Christian	Liverpool Pembroke Sefton	36.73			<input checked="" type="checkbox"/>	1	22	Rachel Hutchinson	Liverpool Pembroke Sefton	33.34			<input checked="" type="checkbox"/>
2	6	Nicola Gore	West Cheshire AC	30.32			<input checked="" type="checkbox"/>	2	66	Emily Fisher	West Cheshire AC	13.16			
3	4	Laura Smith	Seaton AC	18.92				3	44	Sally Anne Busby	Seaton AC	13.10			
4	3	Emma Pinkowicz	Preston Harriers	17.92				4	55	Stephanie May	Southport Waterloo AC	11.82			
5	5	Ann Dignan	Southport Waterloo AC	16.57				5	33	Hayley Billington	Preston Harriers	10.04			
<b>Women's Discus A</b>								<b>Women's Discus B</b>							
1	6	Nicola Gore	West Cheshire AC	37.84			<input checked="" type="checkbox"/>	1	1	Wendy Laing	Lancaster & Morecombe/Ke	15.83			
2	11	Mandy Laing	Lancaster & Morecombe/Ke	26.25				2	66	Emily Clarke	West Cheshire AC	15.29			
3	4	Laura Smith	Seaton AC	23.43				3	5	Ann Dignan	Southport Waterloo AC	14.38			
4	2	Charlotte Christian	Liverpool Pembroke Sefton	21.86				4	22	Rose Hutchinson	Liverpool Pembroke Sefton	13.16			
5	3	Emma Pinkowicz	Preston Harriers	21.32				5	44	Michelle Warwick	Seaton AC	12.08			
6	55	Katie Hooton	Southport Waterloo AC	18.31				6	33	Hayley Billington	Preston Harriers	11.33			

**Women's Javelin A**

1	66	Emily Fisher	West Cheshire AC	34.02
2	2	Emily Carr	Liverpool Pembroke Sefton	29.93
3	4	Laura Smith	Seaton AC	29.83
4	11	Mandy Laing	Lancaster & Morecombe/Kc	28.37
5	5	Ann Dignan	Southport Waterloo AC	19.79
6	3	Emma James	Preston Harriers	10.26

**Women's Shot Putt A**

1	6	Nicola Gore	West Cheshire AC	10.78
2	4	Laura Smith	Seaton AC	9.93
3	1	Wendy Laing	Lancaster & Morecombe/Kc	9.89
4	2	Charlotte Christian	Liverpool Pembroke Sefton	8.68
5	33	Jackie Noblet	Preston Harriers	7.92
6	5	Ann Dignan	Southport Waterloo AC	7.86

**Women's Long Jump A**

1	6	Sian Kelman	West Cheshire AC	5.08
2	5	Katie McHale	Southport Waterloo AC	4.88
3	3	Emma James	Preston Harriers	4.88
4	1	Mandy Laing	Lancaster & Morecombe/Kc	4.72
5	44	Tania Hall	Seaton AC	4.35
6	2	Charlotte Christian	Liverpool Pembroke Sefton	3.12

**Women's Triple Jump A**

1	5	Katie McHale	Southport Waterloo AC	10.39
2	6	Sian Kelman	West Cheshire AC	9.87
3	1	Mandy Laing	Lancaster & Morecombe/Kc	9.62
4	4	Bev Fallder	Seaton AC	8.16
5	3	Hannah Watson	Preston Harriers	7.89
6	2	Grace Stewart	Liverpool Pembroke Sefton	7.87

**Women's High Jump A**

1=	3	Emma James	Preston Harriers	1.55
1=	11	Wendy Laing	Lancaster & Morecombe/Kc	1.55
3	4	Kerry Hunton	Seaton AC	1.55
4	2	Rachel Hutchinson	Liverpool Pembroke Sefton	1.45
5	6	Ruth Pritchard	West Cheshire AC	1.40
6	5	Charlotte Buckingham	Southport Waterloo AC	1.35

**Women's Pole Vault A**

1	2	Rachel Hutchinson	Liverpool Pembroke Sefton	2.30
2	5	Stephanie May	Southport Waterloo AC	2.00

**Women's 4x100m Relay**

1	6	West Cheshire AC	Rachel Stoakley	Samantha Galley
2	3	Preston Harriers	Emma James	Sally Thompson
3	1	Lancaster & Morecombe	Averil McClelland	Wendy Laing
4	4	Seaton AC	Angela Kelly	Kerry Hunton
5	2	Liverpool Pembroke Sefton	Rose Hutchinson	Rachel Hutchinson
6	5	Southport Waterloo AC	Stephanie May	Katie Hooton

**Women's 4x400m Relay**

1	3	Preston Harriers	Sharon Trusch	Jackie Noblet
2	5	Southport Waterloo AC	Charlotte Buckingham	Stephanie May
3	4	Seaton AC	Angela Kelly	Bev Fallder
4	1	Lancaster & Morecombe	Joanne Perry	Kathy Winrow
5	2	Liverpool Pembroke Sefton	Grace Stewart	Kirsty Longley

**Women's Javelin B**

<input checked="" type="checkbox"/>	1	6	Nicola Gore	West Cheshire AC	26.94
	2	1	Wendy Laing	Lancaster & Morecombe/Kc	26.78
	3	22	Rose Hutchinson	Liverpool Pembroke Sefton	13.63
	4	44	Michelle Warwick	Seaton AC	8.12
	5	55	Barbara May	Southport Waterloo AC	6.72
	6	33	Steph Roe	Preston Harriers	4.72

**Women's Shot Putt B**

<input checked="" type="checkbox"/>	1	11	Mandy Laing	Lancaster & Morecombe/Kc	9.70
	2	44	Bev Fallder	Seaton AC	8.50
	3	66	Ruth Pritchard	West Cheshire AC	7.64
	4	22	Rachel Hutchinson	Liverpool Pembroke Sefton	7.48
	5	3	Emma Pinkowicz	Preston Harriers	6.71
	6	0			0.00

**Women's Long Jump B**

<input checked="" type="checkbox"/>	1	66	Emily Clarke	West Cheshire AC	4.74
	2	4	Michelle Warwick	Seaton AC	4.31
	3	55	Lauren Brennan	Southport Waterloo AC	4.20
	4	33	Sally Thompson	Preston Harriers	3.35
	5	22	Emily Carr	Liverpool Pembroke Sefton	2.72
	6	11	Jayne Perry	Lancaster & Morecombe/Kc	2.41

**Women's Triple Jump B**

<input checked="" type="checkbox"/>	1	66	Emily Clarke	West Cheshire AC	9.61
	2	11	Wendy Laing	Lancaster & Morecombe/Kc	9.35
	3	55	Charlotte Buckingham	Southport Waterloo AC	9.16
	4	33	Hayley Billington	Preston Harriers	7.04
	5	22	Emily Carr	Liverpool Pembroke Sefton	7.04
	6	0			0.00

**Women's High Jump B**

<input checked="" type="checkbox"/>	1	1	Mandy Laing	Lancaster & Morecombe/Kc	1.40
<input checked="" type="checkbox"/>	2	66	Sian Kelman	West Cheshire AC	1.30
<input checked="" type="checkbox"/>	3	44	Mandy Pattinson	Seaton AC	1.25

**Women's Pole Vault B**

<input checked="" type="checkbox"/>			Sian Kelman	Shona Valentine	51.6
			Sharon Trusch	Jackie Noblet	53.8
			Joanne Perry	Mandy Laing	54.6
			Michelle Warwick	Amee Jefferson	54.7
			Kirsty Longley	Emily Carr	61.4
			Barbara May	Ann Dignan	67.0

**Women's 4x400m Relay**

				Steph Roe	Hannah Watson	04:15.6
				Katie McHale	Lauren Brennan	04:21.9
				Sarah Hanabury	Kerry Hunton	04:48.3
				Jayne Perry	Laura Morris	05:13.5
				Rose Hutchinson	Charlotte Christian	05:45.8