

Division 2W Match 4 - Litherland

				Perf	Record	Wind	AW	3 August 2008						
				Perf	Record	Wind	AW							
<b>Men's 100m A</b>				Wind=				<b>Men's 100m B</b>						
1	3	Simon Woan	Preston Harriers	11.3			<input checked="" type="checkbox"/>	1	11	Frank Shepherd	Lancaster & Morecambe / K	11.5		
2	2	Harry Doran	Liverpool Pembroke & Sefton	11.5				2	22	Danny Wigham	Liverpool Pembroke & Sefton	11.7		
3	1	James Williams	Lancaster & Morecambe / K	11.7				3	33	Joseph Quartey	Preston Harriers	12.0		
4	6	Mike Downes	West Cheshire	11.7				4	55	Chris Honess	Southport Waterloo	13.4		
5	4	David Thompson	Seaton AC	11.9				5	66	Alan Littler	West Cheshire	13.5		
6	5	Robert Anderson	Southport Waterloo	12.1				6						
<b>Men's 200m A</b>				Wind=				<b>Men's 200m B</b>						
1	3	Simon Woan	Preston Harriers	22.6			<input checked="" type="checkbox"/>	1	33	Tom Batty	Preston Harriers	23.6		
2	5	Andrew Starkey	Southport Waterloo	22.9			<input checked="" type="checkbox"/>	2	22	Callum Burns	Liverpool Pembroke & Sefton	23.7		
3	2	Danny Wigham	Liverpool Pembroke & Sefton	23.2				3	11	Andy Muir	Lancaster & Morecambe / K	24.5		
4	1	James Williams	Lancaster & Morecambe / K	23.7				4	66	John Manning	West Cheshire	27.9		
5	6	Mike Downes	West Cheshire	24.2				5	55	Chris Honess	Southport Waterloo	29.7		
<b>Men's 400m A</b>								<b>Men's 400m B</b>						
1	2	Harry Doran	Liverpool Pembroke & Sefton	49.7			<input checked="" type="checkbox"/>	1	22	Nathan Hilton	Liverpool Pembroke & Sefton	49.8		<input checked="" type="checkbox"/>
2	4	Steven Fox	Seaton AC	52.5				2	33	Ben Aitkin	Preston Harriers	53.4		
3	6	Aamir Walwyn	West Cheshire	52.8				3	11	Matthew Burns	Lancaster & Morecambe / K	55.3		
4	5	Nathan Ouko	Southport Waterloo	53.9				4	66	Tom Booth	West Cheshire	56.4		
5	1	Tom Matthews	Lancaster & Morecambe / K	54.5				5	55	Robert Anderson	Southport Waterloo	58.9		
6	3	David Rigby	Preston Harriers	60.7				6	44	Richard Beck	Seaton AC	60.0		
<b>Men's 800m A</b>								<b>Men's 800m B</b>						
1	3	Adam Michel	Preston Harriers	02:00.0			<input checked="" type="checkbox"/>	1	33	Mat Lloyd	Preston Harriers	02:02.9		
2	2	Adam Clancey	Liverpool Pembroke & Sefton	02:01.6				2	11	Jordan Harris	Lancaster & Morecambe / K	02:04.6		
3	4	Steven Fox	Seaton AC	02:02.1				3	22	Shaun Dignam	Liverpool Pembroke & Sefton	02:05.1		
4	1	Mark Gardner	Lancaster & Morecambe / K	02:03.4				4	44	Richard Beck	Seaton AC	02:14.4		
5	6	Alex Haswell	West Cheshire	02:04.2				5	55	Greg Owen	Southport Waterloo	02:26.4		
6	5	Paul Gavin	Southport Waterloo	02:09.4				6	66	Danny Meadows	West Cheshire	dsq		
<b>Men's 1500m A</b>								<b>Men's 1500m B</b>						
1	3	Steven Bennett	Preston Harriers	04:11.0				1	33	Mat Davison	Preston Harriers	04:19.9		
2	5	Rob Berry	Southport Waterloo	04:11.9				2	1	Kieran Rowlands	Lancaster & Morecambe / K	04:27.0		
3	11	Jordan Harris	Lancaster & Morecambe / K	04:19.6				3	55	Stephen Wilkinson	Southport Waterloo	04:31.6		
4	6	Alex Beaney	West Cheshire	04:20.3				4	2	Steve Doneghan	Liverpool Pembroke & Sefton	04:45.8		
5	22	Chris Hatton	Liverpool Pembroke & Sefton	04:26.2				5	66	Alan Littler	West Cheshire	05:28.9		
6	4	Brian Thompson	Seaton AC	04:39.8				6						
<b>Men's 3000m S/Chase A</b>								<b>Men's 3000m S/Chase B</b>						
1	5	Rob Berry	Southport Waterloo	09:17.5			<input checked="" type="checkbox"/>	1	55	Stephen Wilkinson	Southport Waterloo	11:03.4		
2	1	Danny Parkinson	Lancaster & Morecambe / K	09:35.5			<input checked="" type="checkbox"/>	2	11	Allan Gordon	Lancaster & Morecambe / K	11:44.2		
3	2	Bernie Murphy	Liverpool Pembroke & Sefton	10:00.1				3	22	Paul Rudkin	Liverpool Pembroke & Sefton	12:45.3		
4	3	Ben Anthony	Preston Harriers	10:24.2				4						
5	6	Andrew Clague	West Cheshire	10:34.2				5						
<b>Men's 5000m A</b>								<b>Men's 5000m B</b>						
1	1	Danny Parkinson	Lancaster & Morecambe / K	15:55.5			<input checked="" type="checkbox"/>	1	33	Garry Pennington	Preston Harriers	16:08.4		<input checked="" type="checkbox"/>
2	3	Mat Livingstone	Preston Harriers	16:04.7			<input checked="" type="checkbox"/>	2	11	Kieran Rowlands	Lancaster & Morecambe / K	16:18.5		<input checked="" type="checkbox"/>
3	2	Bernie Murphy	Liverpool Pembroke & Sefton	16:40.4				3	55	Robert Ashworth	Southport Waterloo	17:02.1		
4	5	David Hamilton	Southport Waterloo	17:00.5				4	22	Clarke Roberts	Liverpool Pembroke & Sefton	17:57.1		
5	4	Brian Thompson	Seaton AC	17:27.2				5						
6	6	Andrew Clague	West Cheshire	17:30.4				6						

Division 2W Match 4 - Litherland

				Perf	Record	Wind	AW	3 August 2008				Perf	Wind	AW			
<b>Men's 400m Hurdles A</b>								<b>Men's 400m Hurdles B</b>									
1	2	John Rice	Liverpool Pembroke & Sefton	60.0				1	33	Tom Batty	Preston Harriers	63.7					
2	3	Adam Michel	Preston Harriers	61.2				2	55	Stephen Marshall	Southport Waterloo	64.5					
3	6	Tom Booth	West Cheshire	61.9				3	22	Paul Rudkin	Liverpool Pembroke & Sefton	65.7					
4	5	Stephen Wilkinson	Southport Waterloo	63.8				4	11	Sam Higginson	Lancaster & Morecambe / I	72.1					
5	1	James Crinlon	Lancaster & Morecambe / I	64.1				5	66	John Manning	West Cheshire	77.7					
<b>Men's 110m Hurdles A</b>								<b>Men's 110m Hurdles B</b>									
				Wind=									Wind=				
1	2	John Rice	Liverpool Pembroke & Sefton	16.6				1	66	Dave McKay	West Cheshire	18.8					
2	6	Carl Van Schie	West Cheshire	17.0				2	55	Nathan Ouko	Southport Waterloo	20.3					
3	5	Stephen Marshall	Southport Waterloo	18.9				3	22	Mark Line	Liverpool Pembroke & Sefton	20.4					
4	1	Chris Middlebrook	Lancaster & Morecambe / I	21.0				4	11	Allan Gordon	Lancaster & Morecambe / I	27.8					
<b>Men's Hammer A</b>								<b>Men's Hammer B</b>									
1	6	Dave McKay	West Cheshire	47.21			☑	1	66	Andrew McKay	West Cheshire	37.29					
2	2	Mark Line	Liverpool Pembroke & Sefton	38.24				2	22	Mark Hodge	Liverpool Pembroke & Sefton	25.34					
3	4	Paul Simpson	Seaton AC	34.52				3	44	Ian Palmer	Seaton AC	19.61					
4	1	Chris Middlebrook	Lancaster & Morecambe / I	34.12				4	11	Guy Heath	Lancaster & Morecambe / I	19.09					
5	5	Peter Mason	Southport Waterloo	25.15				5	33	Cameron Gore	Preston Harriers	15.45					
6	3	Rob Morley	Preston Harriers	16.36				6	55	Ryan Kearney	Southport Waterloo	11.61					
<b>Men's Discus A</b>								<b>Men's Discus B</b>									
1	66	Carl Van Schie	West Cheshire	37.91			☑	1	2	Mark Line	Liverpool Pembroke & Sefton	35.05			☑		
2	4	Paul Simpson	Seaton AC	37.67			☑	2	6	Dave McKay	West Cheshire	34.21					
3	22	Mark Hodge	Liverpool Pembroke & Sefton	36.82			☑	3	1	Chris Middlebrook	Lancaster & Morecambe / I	28.94					
4	3	Steven Porter	Preston Harriers	32.30				4	33	Andrew Robinson	Preston Harriers	28.50					
5	5	Stephen Wilkinson	Southport Waterloo	29.46				5	55	Peter Mason	Southport Waterloo	24.27					
6	11	Guy Heath	Lancaster & Morecambe / I	29.35				6	44	Ian Palmer	Seaton AC	18.39					
<b>Men's Javelin A</b>								<b>Men's Javelin B</b>									
1	6	Dave McKay	West Cheshire	62.01			☑	1	66	Andrew McKay	West Cheshire	41.26					
2	3	Steven Porter	Preston Harriers	57.33			☑	2	22	Mark Hodge	Liverpool Pembroke & Sefton	39.18					
3	2	Mark Line	Liverpool Pembroke & Sefton	46.72				3	33	Andy Robinson	Preston Harriers	38.93					
4	1	Chris Middlebrook	Lancaster & Morecambe / I	40.37				4	11	Mark Gardner	Lancaster & Morecambe / I	28.83					
5	4	Ian Palmer	Seaton AC	30.10				5	44	Gary Warwick	Seaton AC	26.58					
6	5	Peter Mason	Southport Waterloo	21.26				6	55	Stephen Marshall	Southport Waterloo	20.87					
<b>Men's Shot Putt A</b>								<b>Men's Shot Putt B</b>									
1	6	Dave McKay	West Cheshire	12.11				1	1	Chris Middlebrook	Lancaster & Morecambe / I	10.58					
2	11	Guy Heath	Lancaster & Morecambe / I	11.30				2	66	Richard Stocker	West Cheshire	9.89					
3	2	Mark Line	Liverpool Pembroke & Sefton	10.01				3	22	Mark Hodge	Liverpool Pembroke & Sefton	9.31					
4	55	Stephen Wilkinson	Southport Waterloo	9.27				4	5	Peter Mason	Southport Waterloo	9.07					
5	33	Adam Michel	Preston Harriers	8.71				5	3	Rob Morley	Preston Harriers	8.57					
6	44	Ian Palmer	Seaton AC	8.34				6									
<b>Men's Long Jump A</b>								<b>Men's Long Jump B</b>									
1	3	Andy Robinson	Preston Harriers	6.67			☑	1	33	Andy Leat	Preston Harriers	6.50			☑		
2	2	Mark Leicester	Liverpool Pembroke & Sefton	6.52			☑	2	22	Dean Matthews	Liverpool Pembroke & Sefton	5.58					
3	5	Robert Anderson	Southport Waterloo	5.47				3	55	Nathan Ouko	Southport Waterloo	5.28					
4	6	Dave McKay	West Cheshire	5.47				4	11	Matthew Burns	Lancaster & Morecambe / I	5.22					
5	1	Jonny Elliot	Lancaster & Morecambe / I	5.43				5	66	Andrew McKay	West Cheshire	5.12					
<b>Men's Triple Jump A</b>								<b>Men's Triple Jump B</b>									
1	3	Andy Leat	Preston Harriers	13.64			☑	1	2	David Street	Liverpool Pembroke & Sefton	11.92					
2	22	Dean Matthews	Liverpool Pembroke & Sefton	12.09				2	11	Tom Matthews	Lancaster & Morecambe / I	10.86					
3	6	Aamir Walwyn	West Cheshire	12.07				3	33	Ryan Sumner	Preston Harriers	10.79					
4	1	Jonny Elliot	Lancaster & Morecambe / I	12.03				4	66	John Manning	West Cheshire	10.08					
5	5	Ryan Kearney	Southport Waterloo	10.47				5	55	Nathan Ouko	Southport Waterloo	9.12					

Division 2W Match 4 - Litherland

				3 August 2008									
	Perf	Record	Wind	AW		Perf	Wind	AW					
<b><u>Men's High Jump A</u></b>				<b><u>Men's High Jump B</u></b>									
1	33	Andy Robinson	Preston Harriers	1.90									
2	2	John Rice	Liverpool Pembroke & Sefton	1.80		1	3	Cameron Gore	Preston Harriers	1.90			
3	11	Adam Higginson	Liverpool Pembroke & Sefton	1.75		2	1	Chris Middlebrook	Lancaster & Morecambe / Kendal	1.65			
4	=	55	Ryan Kearney	Southport Waterloo	1.65	3	22	Mark Leicester	Liverpool Pembroke & Sefton	1.55			
4=	6	Andrew McKay	West Cheshire	1.65	4	5	Nathan Ouko	Southport Waterloo	1.40				

**Men's Pole Vault A**

1	6	Carl Van Schie	West Cheshire	3.60									
2	3	Andrew Harrison	Preston Harriers	3.40		1	66	John Manning	West Cheshire	2.60			
3	2	Mark Line	Liverpool Pembroke & Sefton	3.20									
4	5	Greg Owen	Southport Waterloo	2.70									

**Men's Pole Vault B**

**Men's 4x100m Relay**

1	3	Preston Harriers	Simon Woan	Tom Batty	Joseph Quartey	Andy Leat	45.2
2	2	Liverpool Pembroke & Sefton	Danny Wigham	Callum Burns	Harry Doran	Nathan Hilton	45.3
3	1	Lancaster & Morecambe / Kendal	Andy Muir	Frank Shepherd	Matthew Burns	James Williams	46.6
4	6	West Cheshire	Mike Downes	Aamir Walwyn	Tom Booth	Dave McKay	50.0
5	5	Southport Waterloo	Robert Anderson	Paul Gavin	Andrew Starkey	Chris Honess	51.8

**Men's 4x400m Relay**

1	2	Liverpool Pembroke & Sefton	Callum Burns	Mark Grimshaw	Harry Doran	Nathan Hilton	03:25.5	
2	3	Preston Harriers	Adam Michel	Simon Woan	David Rigby	Mat Lloyd	03:32.3	
3	1	Lancaster & Morecambe / Kendal	Tom Matthews	Jordan Harris	Matthew Burns	Mark Gardner	03:39.4	
4	5	Southport Waterloo	Nathan Ouko	Stephen Wilkinson	Rob Berry	James Tartt	03:46.0	<input checked="" type="checkbox"/>

MATCH RESULT			League Points	Match	STANDINGS			
1	PH		6	418.0	1	PH	23	1566.5
2	LPS		5	373.0	2	WCAC	17	1430.5
3	SWAC		4	345.0	3	LPS	15	1328.5
4	L&M/K		3	335.0	4	SWAC	13	1290.0
5	WCAC		2	325.0	5	L&M/K	11	1268.5
6	SAC		1	183.0	6	SAC	5	971.0

**Division 2W Match 4 - Litherland**

				Perf	Record	Wind	AW	<b>3 August 2008</b>						
				Perf	Record	Wind	AW							
<b>Women's 100m A</b>				Wind=				<b>Women's 100m B</b>						
1	6	Sian Kelman	West Cheshire	12.5			☑	1	33	Louisa Hodgson	Preston Harriers	12.8		☑
2	3	Harriet James	Preston Harriers	12.6			☑	2	66	Rachel Stoakley	West Cheshire	13.1		
3	5	Lauren Brennan	Southport Waterloo	12.7			☑	3	55	Stephanie May	Southport Waterloo	13.1		
4	4	Michelle Warwick	Seaton AC	13.4				4	44	Amee Jefferson	Seaton AC	13.3		
5	2	Rebecca Lea	Liverpool Pembroke & Sefton	13.5				5	22	Abbey McComb	Liverpool Pembroke & Sefton	13.7		
6	1	Chloe Durrell	Lancaster & Morecambe / H	14.7				6	11	Melissa Birbeck	Lancaster & Morecambe / H	15.5		
<b>Women's 200m A</b>				Wind=				<b>Women's 200m B</b>						
1	5	Lauren Brennan	Southport Waterloo	26.2			☑	1	66	Bryony Potter	West Cheshire	26.8		☑
2	3	Sharon Trusch	Preston Harriers	26.5			☑	2	55	Stephanie May	Southport Waterloo	27.8		
3	6	Shona Valentine	West Cheshire	27.0			☑	3	33	Sally Thompson	Preston Harriers	29.1		
4	4	Michelle Warwick	Seaton AC	27.5				4	44	Amee Jefferson	Seaton AC	29.5		
5	2	Rebecca Lea	Liverpool Pembroke & Sefton	28.9				5	11	Melissa Birbeck	Lancaster & Morecambe / H	32.3		
6	1	Chloe Durrell	Lancaster & Morecambe / H	31.6				6						
<b>Women's 400m A</b>								<b>Women's 400m B</b>						
1	3	Sharon Trusch	Preston Harriers	58.6			☑	1	33	Kate Hindle	Preston Harriers	62.4		
2	4	Kerry Hunton	Seaton AC	59.8			☑	2	44	Sarah Hannabury	Seaton AC	65.7		
3	6	Bryony Potter	West Cheshire	60.1			☑	3	55	Lorna Graham	Southport Waterloo	67.2		
4	5	Stephanie May	Southport Waterloo	60.4			☑	4	22	Steph Swift	Liverpool Pembroke & Sefton	71.5		
5	1	Danielle Pye	Lancaster & Morecambe / H	64.8				5	11	Kathy Winrow	Lancaster & Morecambe / H	75.1		
6	2	Nicole Garner	Liverpool Pembroke & Sefton	70.7				6						
<b>Women's 800m A</b>								<b>Women's 800m B</b>						
1	3	Steph Roe	Preston Harriers	02:13.9			☑	1	33	Danni McCann	Preston Harriers	02:28.6		
2	2	Kirsty Longley	Liverpool Pembroke & Sefton	02:23.5			☑	2	22	Nicole Garner	Liverpool Pembroke & Sefton	02:40.2		
3	1	Danielle Pye	Lancaster & Morecambe / H	02:29.8				3	55	Sarah Doherty	Southport Waterloo	02:46.1		
4	4	Sarah Hannabury	Seaton AC	02:30.4				4	11	Kathy Winrow	Lancaster & Morecambe / H	02:48.8		
5	5	Tracy Peters	Southport Waterloo	02:47.2				5						
6	6	Olivia Beaney	West Cheshire	DSQ				6						
<b>Women's 1500m A</b>								<b>Women's 1500m B</b>						
1	2	Kirsty Longley	Liverpool Pembroke & Sefton	04:59.7			☑	1	33	Elena Dowthwaite	Preston Harriers	05:16.2		
2	1	Melissa Birbeck	Lancaster & Morecambe / H	05:03.8				2	55	Tracy Peters	Southport Waterloo	05:37.8		
3	3	Lucy Sumner	Preston Harriers	05:06.1				3	22	Toria Swift	Liverpool Pembroke & Sefton	05:53.9		
4	5	Angela Delaney	Southport Waterloo	05:33.1				4	11	Jayne Perry	Lancaster & Morecambe / H	06:00.4		
<b>Women's 3000m A</b>								<b>Women's 3000m B</b>						
1	6	Kate Titlow	West Cheshire	10:45.9			☑	1	33	Emma Deakon	Preston Harriers	11:48.9		
2	2	Kirsty Longley	Liverpool Pembroke & Sefton	10:46.6			☑	2	5	Tracy Peters	Southport Waterloo	11:52.2		
3	3	Nichola Jackson	Preston Harriers	11:13.5				3	22	Toria Swift	Liverpool Pembroke & Sefton	12:25.1		
4	55	Angela Delaney	Southport Waterloo	11:44.1				4	11	Laura Morris	Lancaster & Morecambe / H	12:43.4		
5	1	Jayne Perry	Lancaster & Morecambe / H	12:14.3				5						
6	4	Abbey Foy	Seaton AC	12:39.7				6						
<b>Women's 400m Hurdles A</b>								<b>Women's 400m Hurdles B</b>						
1	3	Jackie Noblet	Preston Harriers	66.4			☑	1	55	Rachel Flynn	Southport Waterloo	74.4		
2	5	Katie McHale	Southport Waterloo	75.0				2						
3	2	Grace Stewart	Liverpool Pembroke & Sefton	76.7				3						
4	1	Chloe Durrell	Lancaster & Morecambe / H	79.4				4						
5	6	Rebecca Grimes	West Cheshire	80.7				5						
6	4	Sally Ann Bushby	Seaton AC	91.7				6						

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<b><u>Women's 100m Hurdles A</u></b>				Wind=				<b><u>Women's 100m Hurdles B</u></b>						
1	5	Katie McHale	Southport Waterloo	15.3			<input checked="" type="checkbox"/>	1	11	Katie Huck	Lancaster & Morecambe / I	17.1		
2	3	Jackie Nobilet	Preston Harriers	15.5			<input checked="" type="checkbox"/>	2	33	Rebecca Ingham	Preston Harriers	18.2		
3	1	Claire Huck	Lancaster & Morecambe / I	16.5			<input checked="" type="checkbox"/>	3	55	Charlotte Buckingham	Southport Waterloo	19.5		
4	2	Rachael Hutchinson	Liverpool Pembroke & Sefton	19.1				4	44	Michelle Warwick	Seaton AC	23.2		
5	4	Sally Ann Bushby	Seaton AC	21.3				5						
<b><u>Women's Hammer A</u></b>								<b><u>Women's Hammer B</u></b>						
1	66	Stephanie Owens	West Cheshire	46.21			<input checked="" type="checkbox"/>	1	22	Rachael Hutchinson	Liverpool Pembroke & Sefton	32.75		<input checked="" type="checkbox"/>
2	2	Charlotte Christian	Liverpool Pembroke & Sefton	35.31			<input checked="" type="checkbox"/>	2	6	Nicola Gore	West Cheshire	30.92		<input checked="" type="checkbox"/>
3	3	Emma Pinkawicz	Preston Harriers	26.96				3	11	Katie Huck	Lancaster & Morecambe / I	15.34		
4	4	Laura Smith	Seaton AC	22.77				4	55	Ann Dignan	Southport Waterloo	13.77		
5	5	Rachel Everett	Southport Waterloo	20.98				5	44	Sally Ann Bushby	Seaton AC	13.61		
6	1	Claire Huck	Lancaster & Morecambe / I	17.46				6	33	Beth Goodwin	Preston Harriers	11.82		
<b><u>Women's Discus A</u></b>								<b><u>Women's Discus B</u></b>						
1	66	Stephanie Owens	West Cheshire	36.46			<input checked="" type="checkbox"/>	1	6	Nicola Gore	West Cheshire	27.83		
2	4	Laura Smith	Seaton AC	28.52				2	22	Abbey McComb	Liverpool Pembroke & Sefton	16.11		
3	3	Emma Pinkawicz	Preston Harriers	21.04				3	44	Sarah Hannabury	Seaton AC	15.41		
4	2	Charlotte Christian	Liverpool Pembroke & Sefton	20.73				4	55	Ann Dignan	Southport Waterloo	15.25		
5	5	Rachel Everett	Southport Waterloo	16.94				5	11	Kathy Winrow	Lancaster & Morecambe / I	12.86		
6	1	Jayne Perry	Lancaster & Morecambe / I	13.65				6	33	Emma McCann	Preston Harriers	12.27		
<b><u>Women's Javelin A</u></b>								<b><u>Women's Javelin B</u></b>						
1	4	Laura Smith	Seaton AC	36.53			<input checked="" type="checkbox"/>	1	11	Katie Huck	Lancaster & Morecambe / I	34.68		<input checked="" type="checkbox"/>
2	1	Claire Huck	Lancaster & Morecambe / I	35.83			<input checked="" type="checkbox"/>	2	6	Nicola Gore	West Cheshire	23.75		
3	2	Emma Carter	Liverpool Pembroke & Sefton	28.28				3	33	Alix Morley	Preston Harriers	18.88		
4	66	Rebecca Grimes	West Cheshire	25.08				4	55	Ann Dignan	Southport Waterloo	18.49		
5	3	Hannah Lupton	Preston Harriers	24.55				5	22	Charlotte Christian	Liverpool Pembroke & Sefton	15.00		
6	5	Rachel Everett	Southport Waterloo	18.71				6						
<b><u>Women's Shot Putt A</u></b>								<b><u>Women's Shot Putt B</u></b>						
1	6	Nicola Gore	West Cheshire	10.56			<input checked="" type="checkbox"/>	1	66	Stephanie Owens	West Cheshire	10.08		<input checked="" type="checkbox"/>
2	5	Rachel Everett	Southport Waterloo	10.10			<input checked="" type="checkbox"/>	2	1	Claire Huck	Lancaster & Morecambe / I	9.70		
3	11	Katie Huck	Lancaster & Morecambe / I	10.05			<input checked="" type="checkbox"/>	3	33	Catherine Cassidy	Preston Harriers	8.64		
4	4	Laura Smith	Seaton AC	9.40				4	55	Ann Dignan	Southport Waterloo	7.60		
5	3	Rebekah Ingham	Preston Harriers	8.67				5	22	Ashley McComb	Liverpool Pembroke & Sefton	5.54		
6	2	Charlotte Christian	Liverpool Pembroke & Sefton	8.00				6	44	Michelle Warwick	Seaton AC	5.49		
<b><u>Women's Long Jump A</u></b>								<b><u>Women's Long Jump B</u></b>						
1	6	Sian Kelman	West Cheshire	5.60			<input checked="" type="checkbox"/>	1	1	Claire Huck	Lancaster & Morecambe / I	4.87		
2	3	Harriet James	Preston Harriers	5.46			<input checked="" type="checkbox"/>	2	33	Alix Morley	Preston Harriers	4.53		
3	5	Katie McHale	Southport Waterloo	4.90				3	55	Charlotte Buckingham	Southport Waterloo	4.51		
4	11	Katie Huck	Lancaster & Morecambe / I	4.88				4	66	Shona Valentine	West Cheshire	4.08		
5	4	Michelle Warwick	Seaton AC	4.52				5	44	Amea Jefferson	Seaton AC	2.82		
<b><u>Women's Triple Jump A</u></b>								<b><u>Women's Triple Jump B</u></b>						
1	5	Katie McHale	Southport Waterloo	10.45			<input checked="" type="checkbox"/>	1	55	Charlotte Buckingham	Southport Waterloo	10.20		<input checked="" type="checkbox"/>
2	6	Sian Kelman	West Cheshire	10.07			<input checked="" type="checkbox"/>	2	33	Alix Morley	Preston Harriers	9.88		
3	3	Louisa Hodgson	Preston Harriers	10.07			<input checked="" type="checkbox"/>	3	66	Shona Valentine	West Cheshire	8.76		
4	1	Jenny Tynan	Lancaster & Morecambe / I	9.65				4	22	Toria Swift	Liverpool Pembroke & Sefton	8.08		
5	2	Grace Stewart	Liverpool Pembroke & Sefton	8.08				5						

Division 2W Match 4 - Litherland

				Perf	Record	Wind	AW	3 August 2008				Perf	Wind	AW	
<b><u>Women's High Jump A</u></b>								<b><u>Women's High Jump B</u></b>							
1	1	Claire Huck	Lancaster & Morecambe / I	1.60			<input checked="" type="checkbox"/>	1=	33	Catherine Cassidy	Preston Harriers	1.50			
2	3	Rebekah Ingham	Preston Harriers	1.55			<input checked="" type="checkbox"/>	1=	11	Katie Huck	Lancaster & Morecambe / I	1.50			
3	4	Kerry Hunton	Seaton AC	1.45				3	22	Ashley McComb	Liverpool Pembroke & Sefton	1.40			
4	2	Abbey McComb	Liverpool Pembroke & Sefton	1.45				4	5	Rachel Flynn	Southport Waterloo	1.25			
5=	55	Charlotte Buckingham	Southport Waterloo	1.35				5	66	Stephanie Owens	West Cheshire	1.20			
5=	6	Sian Kelman	West Cheshire	1.35											
<b><u>Women's Pole Vault A</u></b>								<b><u>Women's Pole Vault B</u></b>							
1	22	Abbey McComb	Liverpool Pembroke & Sefton	2.10											
2	5	Stephanie May	Southport Waterloo	2.00											
<b><u>Women's 4x100m Relay</u></b>															
1	3	Preston Harriers	Harriet James	Hannah Lupton	Louisa Hodgson	Sally Thompson	50.0	<input checked="" type="checkbox"/>							
2	4	Seaton AC	Michelle Warwick	Kerry Hunton	Amee Jefferson	Sally Ann Bushby	54.0								
3	5	Southport Waterloo	Lauren Brennan	Lorna Graham	Charlotte Buckingham	Rachel Flynn	54.1								
4	2	Liverpool Pembroke & Sefton	Abbey McComb	Rachael Hutchinson	Rebecca Lea	June	54.1								
5	1	Lancaster & Morecambe / Kend	Chloe Durrell	Katie Huck	Claire Huck	Jenny Tynan	54.6								
<b><u>Women's 4x400m Relay</u></b>															
1	3	Preston Harriers	Sharon Trusch	Steph Roe	Claire Kane	Kate Hindle	03:59.5	<input checked="" type="checkbox"/>							
2	5	Southport Waterloo	Stephanie May	Rachel Flynn	Katie McHale	Sarah Doherty	04:14.9	<input checked="" type="checkbox"/>							
3	2	Liverpool Pembroke & Sefton	Grace Stewart	Rachael Hutchinson	Kirsty Longley	June	04:31.9								
4	4	Seaton AC	Kerry Hunton	Sarah Hannabury	Sally Ann Bushby	Abbey Foy	04:45.2								
5	1	Lancaster & Morecambe / Kend	Melissa Birbeck	Chloe Durrell	Jayne Perry	Kathy Winrow	05:05.8								

Division 2W Match 4 - Litherland

03 August 2008

Events	L&M/K		LPS		PH		SAC		SWAC		WCAC		UNUSED		TOTAL		
Men's 100m	6	7	7	5	9	4	4		3	3	5	2		1	34	22	
Men's 200m	5	4	6	5	9	7			7	2	4	3		3	1	34	22
Men's 400m	4	4	9	7	3	5	7	1	5	2	6	3				34	22
Men's 800m	5	5	7	4	9	7	6	3	3	2	4				1	34	22
Men's 1500m	6	5	4	3	9	7	3		7	4	5	2			1	34	22
Men's 3000m S/Chase	7	5	6	4	5				9	7	4			3	6	34	22
Men's 5000m	9	5	6	3	7	7	4		5	4	3				3	34	22
Men's 400m Hurdles	4	3	9	4	7	7			5	5	6	2		3	1	34	22
Men's 110m Hurdles	5	3	9	4					6	5	7	7		7	3	34	22
Men's Hammer	5	3	7	5	3	2	6	4	4	1	9	7				34	22
Men's Discus	3	4	6	7	5	3	7	1	4	2	9	5				34	22
Men's Javelin	5	3	6	5	7	4	4	2	3	1	9	7				34	22
Men's Shot Putt	7	7	6	4	4	2	3		5	3	9	5			1	34	22
Men's Long Jump	4	3	7	5	9	7			6	4	5	2		3	1	34	22
Men's Triple Jump	5	5	7	7	9	4			4	2	6	3		3	1	34	22
Men's High Jump	6	5	7	4	9	7			4.5	3	4.5			3	3	34	22
Men's Pole Vault			6		7				5		9	7		7	15	34	22
Men's 4x100m Relay	6		7		9				4		5			3	22	34	22
Men's 4x400m Relay	6		9		7				5					7	22	34	22
	98	71	131	76	127	73	44	11	94.5	50	110	55		42	82	646	418

Women's 100m	3	1	4	2	7	7	5	3	6	4	9	5				34	22
Women's 200m	3	2	4		7	4	5	3	9	5	6	7			1	34	22
Women's 400m	4	2	3	3	9	7	7	5	5	4	6				1	34	22
Women's 800m	6	3	7	5	9	7	5		4	4				3	3	34	22
Women's 1500m	7	3	9	4	6	7			5	5				7	3	34	22
Women's 3000m S/Chase																	
Women's 3000m	4	3	7	4	6	7	3		5	5	9				3	34	22
Women's 400m Hurdles	5		6		9		3		7	7	4				15	34	22
Women's 100m Hurdles	6	7	5		7	5	4	3	9	4				3	3	34	22
Women's Hammer	3	4	7	7	6	1	5	2	4	3	9	5				34	22
Women's Discus	3	2	5	5	6	1	7	4	4	3	9	7				34	22
Women's Javelin	7	7	6	2	4	4	9		3	3	5	5			1	34	22
Women's Shot Putt	6	5	3	2	4	4	5	1	7	3	9	7				34	22
Women's Long Jump	5	7			7	5	4	2	6	4	9	3		3	1	34	22
Women's Triple Jump	5		4	3	6	5			9	7	7	4		3	3	34	22
Women's High Jump	9	6	5	4	7	6	6		3.5	3	3.5	2			1	34	22
Women's Pole Vault			9						7					18	22	34	22
Women's 4x100m Relay	4		5		9		7		6					3	22	34	22
Women's 4x400m Relay	4		6		9		5		7					3	22	34	22
	84	52	95	41	118	70	80	23	107	64	85.5	45		43	101	612	396

Match Summary	L&M/K		LPS		PH		SAC		SWAC		WCAC		UNUSED		TOTAL	
Teams	305.0		343.0		388.0		158.0		315.0		295.0		268.0		2072.0	
Officials Points	30.0		30.0		30.0		25.0		30.0		30.0		175.0		350.0	
Total	335.0		373.0		418.0		183.0		345.0		325.0		443.0		2422.0	
Match Position	4		2		1		6		3		5		7		7	
League Points	3		5		6		1		4		2					

Standings	L&M/K		LPS		PH		SAC		SWAC		WCAC			
League Points	11.0		15.0		23.0		5.0		13.0		17.0			
Match Points	1268.5		1328.5		1566.5		971.0		1290.0		1430.5			
League Positions	5		3		1		6		4		2		7	