

M 100m A

1 Adam Forrest U17	WGN	11.2
2 Thaddeus Anim-Somuah	SHS	11.2
3 Jordan Toft U17	HFH	11.3
4 Brent Starkie U20	BKP	11.4
5 Steve McNamara	SPN	11.7
6 Jake Littlehales U17	ECH	11.7

M 100m B

1 Rob Blake U17	WGN	11.5
2 Matthew Stone	SHS	11.5
3 Simon Wells	BKP	11.9
4 Lewis Hamilton U17	SPN	11.9
5 Andrew Hartshorne 20	ECH	11.9
6 Russell Balmforth	HFH	13.3

M 200m A

1 Ted Romney U20	BKP	22.3
2 Adam Forrest U17	WGN	22.4
3 Thaddeus Anim-Somuah	SHS	23.1
4 Jordan Toft U17	HFH	23.1
5 Steve McNamara	SPN	23.8
6 Jake Littlehales U17	ECH	24.2

M 200m B

1 Rob Blake U17	WGN	23.0
2 Junior George U20	HFH	23.1
3 Steve Moran	SHS	23.7
4 Simon Wells	BKP	23.9
5 Lewis Hamilton U17	SPN	24.5
6 Mark Antill U20	ECH	26.7

M 400m A

1 Brent Starkie U20	BKP	49.1
2 Junior George U20	HFH	51.1
3 Alex Cooke U20	ECH	51.1
4 Danny Kevan	WGN	51.2
5 Matthew Stone	SHS	52.0
6 Steve McNamara	SPN	54.2

M 400m B

1 Ted Romney U20	BKP	49.7
2 Andrew Hartshorne 20	ECH	53.3
3 Jake Rowlands	SPN	54.1
4 Steve Clague U20	SHS	56.1
5 Danny Hind	WGN	60.0
6 Russell Balmforth	HFH	63.9

M 800m A

1 David Forrester U20	SHS	1.53.7
2 Danny Kevan	WGN	1.57.9
3 Tom Cunningham U20	BKP	2.00.7
4 David Barratt U20	ECH	2.06.8
5 Dave Watson	HFH	2.07.8
6 Michael Dransfield	SPN	2.38.1

M 800m B

1 Antony Ford	BKP	2.00.6
2 Ian Costello	SHS	2.07.2
3 Mathew Johnson U20	HFH	2.08.2
4 John Evans	WGN	2.10.2
5 Gavin Browne	ECH	2.10.6

M 1500m A

1 David Forrester U20	SHS	3.53.7
2 Simon Horsfield U20	ECH	3.54.7
3 Antony Ford	BKP	3.56.8
4 Dave Watson	HFH	4.15.7
5 John Gallagher	SPN	5.03.4
6 Danny Kevan	WGN	5.26.6

M 1500m B

1 Jono Prowse	BKP	4.00.6
2 Mathew Johnson U20	HFH	4.31.0
3 Mark Antill U20	ECH	4.32.0
4 John Appleton	SHS	5.01.2
5 Micheal Dransfield	SPN	5.15.9

M 5000m A

1 Dave Watson	HFH	15.38.1
2 Luke Minns	BKP	15.48.2
3 Gary Mathews	ECH	16.57.5
4 Kevin Ogden	SPN	17.04.5
5 Mo Manir	WGN	17.07.7
6 Ian Costello	SHS	17.23.5

M 5000m B

1 Dave Turnbull	HFH	15.42.7
2 Malc Eadie	BKP	16.16.3
3 Niall Gould U20	ECH	17.06.6
4 Phil West	WGN	17.46.7
5 Barry Graney	SHS	17.49.7
6 Michael Dransfield	SPN	20.43.4

M 110mH A

1 Danny Hind	WGN	20.0
2 Phil Robinson	SHS	20.3
3 John Gallagher	SPN	21.4
4 Darrell Constantine	BKP	21.4
5 Anthony Connally	ECH	21.5
6 James Dewhirst U20	HFH	22.2

M 110mH B

1 Rob Brockelbank	SHS	21.8
2 William McFadzean	HFH	22.0
3 Gavin Browne	ECH	28.2

M 400mH A

1 Alex Cooke U20	ECH	57.5
2 Steve Clague U20	SHS	62.7
3 Danny Hind	WGN	65.5
4 Darrell Constantine	BKP	66.0
5 John Gallagher	SPN	66.7
6 James Dewhirst U20	HFH	70.1

M 400mH B

1 Anthony Connally	ECH	66.0
2 Trevor Painter	WGN	70.9
3 William McFadzean	HFH	73.8
4 Ray Vose	SHS	81.0

M 3000m SC A

1 Phil West	WGN	10.29.0
2 Anthony Connally	ECH	10.49.9
3 Stuart Robinson	BKP	11.26.9
4 John Appleton	SHS	11.43.8
5 Michael Dransfield	SPN	13.25.4
6 Robert Ellis	HFH	14.22.9

M 3000m SC B

1 James Shaw	ECH	11.16.5
2 Chris Lloyd	BKP	11.49.3
3 Ray Vose	SHS	12.43.3
4 Jon Sturdy	HFH	DNF

M Discus Throw A

1 Tom Smith	WGN	43.04
2 Grant Myerscough	BKP	39.43
3 Richard Martin	SPN	30.42
4 Phil Robinson	SHS	29.75
5 Michael Donald	ECH	25.06
6 Tom Jennings	HFH	24.95

M Discus Throw B

1 Carl Fletcher	WGN	39.01
2 Dave Myerscough	BKP	27.73
3 Michael Hughes	SHS	23.61
4 Jack Bellwood U17	SPN	21.16
5 Andy Storr	HFH	20.87
6 Jason Hill	ECH	20.37

M Hammer Throw A

1 Richard Martin	SPN	42.25
2 Michael Hughes	SHS	34.08
3 Tom Smith	WGN	32.92
4 Shane Ellershaw	BKP	30.80
5 Tom Jennings	HFH	27.51
6 Jason Hill	ECH	26.08

M Hammer Throw B

1 Bob Wyper	BKP	29.98
2 Michael Robinson	SHS	27.92
3 Steve Killen	WGN	25.62
4 Andy Storr	HFH	25.27
5 Michael Donald	ECH	24.55
6 Chris Mounsey	SPN	19.89

M High Jump A

1 Rob Brockelbank	SHS	1.90
2 John Gallagher	SPN	1.65
3 Matt Wright	BKP	1.60
4 Tom Jennings	HFH	1.55
5 Steve Killen	WGN	1.50
6 Jason Hill	ECH	1.45

M High Jump B

1 Phil Robinson	SHS	1.60
2 Richard Martin	SPN	1.45
3=Tom Smith	WGN	1.40
3=Andrew Hartshorne 20	ECH	1.40
3=Darrell Constantine	BKP	1.40

M Javelin Throw A

1 Jack Bellwood U17	SPN	47.58
2 Tom Smith	WGN	43.69
3 Phil Robinson	SHS	36.57
4 Andrew Hartshorne 20	ECH	35.96
5 Tom Jennings	HFH	34.14
6 Gareth Jones U17	BKP	28.51

M Javelin Throw B

1 Dave Watson	HFH	33.54
2 Aaron Flanagan	WGN	29.99
3 Richard Martin	SPN	28.76
4 Niall Gould U20	ECH	28.51
5 Laurie Needham U20	BKP	28.42
6 Ray Vose	SHS	27.97

M Long Jump A

1 Walter Lombe	WGN	6.45
2 James Davies U17	BKP	6.00
3 Rob Brockelbank	SHS	5.51
4 Jake Littlehales U17	ECH	5.29
5 Richard Scargill	SPN	4.91
6 Jon Sturdy	HFH	4.89

M Long Jump B

1 Jason Hill	ECH	4.79
2 Tom Jennings	HFH	4.64
3 Josiah Teepsoo U17	SHS	4.61
4 Jake Rowlands	SPN	4.43

M Pole Vault A

1 Phil Robinson SHS 3.20  
2 James Dewhirst U20 HFH 2.30  
3 John Gallagher SPN 2.20

M Pole Vault B

1 Steve Clague U20 SHS 2.30

M Shot Putt A

1 Carl Fletcher WGN 15.90  
2 Grant Myerscough BKP 12.38  
3 Tom Jennings HFH 10.49  
4 Michael Donald ECH 10.32  
5 Richard Martin SPN 10.31  
6 Phil Robinson SHS 9.56

M Shot Putt B

1 Tom Smith WGN 12.86  
2 Dave Myerscough BKP 9.59  
3 Andy Storr HFH 9.44  
4 Michael Hughes SHS 8.98  
5 Jason Hill ECH 8.33  
6 Jack Bellwood U17 SPN 8.18

M Triple Jump A

1 James Davies U17 BKP 13.11  
2 Walter Lombe WGN 12.54  
3 Josiah Teepsoo U17 SHS 10.74  
4 William McFadzean HFH 10.64  
5 John Gallagher SPN 10.62  
6 Anthony Connally ECH 10.52

M Triple Jump B

1 Jon Rutter BKP 11.77  
2 Rob Brockelbank SHS 10.38  
3 Gavin Browne ECH 9.98  
4 James Dewhirst U20 HFH 9.69  
5 Jake Rowlands SPN 8.12

W 100m A

1 Amy Freeman SPN 12.5  
2 Lucy Mansfield U17 BKP 12.6  
3 Beth Hurst U17 ECH 12.8  
4 Lauren Storr U20 HFH 13.1  
5 Heather Drillincourt SHS 13.3  
6 Becky Buchanan U17 WGN 13.7

W 100m B

1 Wendy Andrews ECH 13.4  
2 Claire Owen BKP 13.6  
3 Jade Stephenson U20 SPN 13.8  
4 Emma Szostak U20 HFH 13.9  
5 Michelle Moran SHS 16.3

W 200m A

1 Laura Davies U20 BKP 25.9  
2 Beth Hurst U17 ECH 27.0  
3 April Stevenson U17 WGN 27.3  
4 Sara Simmons U20 HFH 27.9  
5 Amy Sharrad SPN 28.5  
6 Lauren Bradshaw SHS 31.9

W 200m B

1 Katy Wyper U17 BKP 26.4  
2 Kerrell Walley U17 WGN 28.1  
3 Wendy Andrews ECH 28.4  
4 Emma Rawnsley U20 SPN 28.9  
5 Zoe Charlesworth HFH 35.2  
6 Natalie Mullineux SHS 38.6

W 400m A

1 Amy Freeman SPN 57.0  
2 Sally Teague U20 ECH 58.6  
3 April Stevenson U17 WGN 58.8  
4 Sara Simmons U20 HFH 61.4  
5 Laura Deegan BKP 63.4  
6 Heather Drillincourt SHS 65.9

W 400m B

1 Amy Sharrad SPN 61.8  
2 Kerrell Walley U17 WGN 62.9  
3 Leah Owen U17 ECH 63.6  
4 Lauren Tyrell U20 HFH 64.4  
5 Elizabeth Hodgson 20 BKP 64.7

W 800m A

1 April Stevenson U17 WGN 2.15.0  
2 Kirsty Leybourne BKP 2.23.3  
3 Sally Teague U20 ECH 2.29.3  
4 Emma Rawnsley U20 SPN 2.31.0  
5 Gemma Connolly SHS 2.31.5  
6 Jackie France HFH 2.53.1

W 800m B

1 Laura Deegan BKP 2.27.1  
2 Becky Rowlands U20 SPN 2.36.6  
3 Pam Read ECH 2.44.0  
4 Zoe Charlesworth HFH 2.47.7

W 1500m A

1 Holly Teague	ECH	5.04.2
2 Gemma Connolly	SHS	5.08.3
3 Rachel Maume U20	BKP	5.16.2
4 Beth Petit U17	HFH	5.28.9
5 Becky Rowlands U20	SPN	6.00.5
6 Kim Halliwell	WGN	8.51.4

W 1500m B

1 Carlyne Robbins	BKP	5.17.8
2 Helena Croft	HFH	5.32.7
3 Helen Whitley	SHS	5.40.9
4 Pam Read	ECH	5.52.7
5 Lauren Smith	SPN	6.01.3
6 Vicky Dyer	WGN	8.51.4

W 3000m A

1 Gemma Connolly	SHS	10.45.1
2 Carlyne Robbins	BKP	11.01.7
3 Stella Boam	ECH	11.04.9
4 Jackie France	HFH	11.26.9
5 Becky Rowlands U20	SPN	11.39.3

W 3000m B

1 Jade Flynn U17	ECH	11.18.4
2 Stacey Bligh	BKP	11.34.0
3 Helen Whitley	SHS	12.25.6
4 Lauren Smith	SPN	12.49.5
5 Zoe Charlesworth	HFH	12.58.8

W 100mH A

1 Lauren Storr U20	HFH	15.8
2 Sarah Goff	BKP	21.4
3 Josie Barrow U17	SHS	21.5
4 Danni Carroll	ECH	22.7

W 100mH B

1 Emma Szostak U20	HFH	20.0
2 Lauren Bradshaw	SHS	22.0

W 400mH A

1 Leah Owen U17	ECH	71.8
2 Emma Szostak U20	HFH	77.4
3 Lauren Bradshaw	SHS	80.4
4 Carlyne Robbins	BKP	84.7
5 Jade Newby U17	SPN	85.3

W 400mH B

1 Lauren Storr U20	HFH	73.9
2 Danni Carroll	ECH	85.2
3 Lauren Smith	SPN	98.7

W Discus Throw A

1 Laura Baker U17	WGN	33.96
2 Jennifer Ibbitson	SPN	31.82
3 Natalie Mullineux	SHS	28.22
4 Katie Zientek U20	HFH	27.61
5 Danni Carroll	ECH	18.23
6 Lucy Mansfield U17	BKP	13.89

W Discus Throw B

1 Carly Beanland	SPN	28.30
2 Vicky Dyer	WGN	28.07
3 Lucy Croft U17	SHS	24.23
4 Collette Donald	ECH	15.64
5 Robyn Starkey	BKP	13.82
6 Hilary Booth	HFH	12.85

W Hammer Throw A

1 Carly Beanland	SPN	34.44
2 Natalie Mullineux	SHS	27.28
3 Katie Zientek U20	HFH	18.45
4 Kim Halliwell	WGN	17.76
5 Dawn Gasgarth U20	BKP	16.40
6 Collette Donald	ECH	14.13

W Hammer Throw B

1 Jennifer Ibbitson	SPN	33.91
2 Lucy Croft U17	SHS	22.03
3 Vicky Dyer	WGN	17.47
4 Yasmin Ellis U17	HFH	14.49
5 Robyn Starkey	BKP	14.21
6 Pam Read	ECH	13.61

W High Jump A

1 Lauren Tyrell U20	HFH	1.58
2 Josie Barrow U17	SHS	1.53
3 Katie Holder U17	BKP	1.45
4 Holly Teague	ECH	1.40
5 Kerrell Walley U17	WGN	1.30
6 Dijan Matheson U20	SPN	1.25

W High Jump B

1 Laura Deegan	BKP	1.40
2 Rebecca Keating U17	WGN	1.25
3 Sally Teague U20	ECH	1.25
4 Jennifer Ibbitson	SPN	1.20
5 Helena Croft	HFH	1.15
6 Michelle Moran	SHS	1.10

W Javelin Throw A

1 Leah Owen U17	ECH	30.74
2 Katie Zientek U20	HFH	28.46
3 Jennifer Ibbitson	SPN	26.96
4 Katie Holder U17	BKP	22.74
5 Amy Morley U17	WGN	20.55
6 Natalie Mullineux	SHS	16.01

W Javelin Throw B

1 Collette Donald	ECH	19.12
2 Kim Halliwell	WGN	17.86
3 Helen Whitley	SHS	12.69
4 Hilary Booth	HFH	11.04
5 Carly Beanland	SPN	9.28
6 Elizabeth Hodgson	BKP	8.71

W Long Jump A

1 Katy Wyper U17	BKP	5.15
2 Beth Hurst U17	ECH	5.05
3 Dijan Matheson U20	SPN	4.52
4 Lauren Storr U20	HFH	4.43
5 Becky Buchanan U17	WGN	4.36
6 Lucy Mitchell	SHS	4.23

W Long Jump B

1 Nia Rutter	BKP	5.02
2 Holly Teague	ECH	4.77
3 Jade Stephenson U20	SPN	4.24
4 Rebecca Keating U17	WGN	3.80
5 Natalie Mullineux	SHS	3.60
6 Yasmin Ellis U17	HFH	3.52

W Pole Vault A

1 Jennifer Ibbitson	SPN	2.80
2 Dawn Gasgarth U20	BKP	2.10
3 Josie Barrow U17	SHS	2.00

W Pole Vault B

1 Katie Holder U17	BKP	2.00
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W Shot Putt A

1 Laura Baker U17	WGN	9.66
2 Carly Beanland	SPN	9.30
3 Natalie Mullineux	SHS	7.94
4 Katie Zientek U20	HFH	7.29
5 Danni Carroll	ECH	6.17

W Shot Putt B

1 Amy Morley U17	WGN	8.51
2 Jennifer Ibbitson	SPN	8.39
3 Lucy Croft U17	SHS	6.80
4 Collette Donald	ECH	5.74
5 Yasmin Ellis U17	HFH	4.47

W Triple Jump A

1 Nia Rutter	BKP	11.94
2 Dijan Matheson	SPN	9.90
3 Holly Teague	ECH	9.62
4 Heather Drillincourt	SHS	9.28
5 Emma Szostak U20	HFH	8.74
6 Becky Buchanan U17	WGN	8.68

W Triple Jump B

1 Megane Healey	BKP	9.78
2 Lucy Mitchell	SHS	8.88
3 Danni Carroll	ECH	8.74
4 Sara Simmons U20	HFH	8.26
5 Rebecca Keating U17	WGN	7.83
6 Jade Newby U17	SPN	7.76

W 4x100m Relay

1 BKP 50.7	1 Laura Davies U20	2 Lucy Mansfield U17
	3 Katy Wyper U17	4 Leigh Newton
2 SPN 53.4	1 Jade Stephenson U20	2 Amy Sharrad
	3 Emma Rawnsley U20	4 Amy Freeman
3 ECH 53.4	1 Wendy Andrews	2 Danni Carroll
	3 Beth Hurst U17	4 Sally Teague U20
4 HFH 54.0	1 Lauren Storr U20	2 Emma Szostak U20
	3 Sara Simmons U20	4 Lauren Tyrell U20
5 WGN 54.6	1 Becky Buchanan U17	2 April Stevenson U17
	3 Kerrell Walley U17	4 Rebecca Keating U17
6 SHS 66.5	1 Gemma Connolly	2 Natalie Mullineux
	3 Michelle Moran	4 Lucy Croft U17

W 4x400m Relay

1 ECH 4.07.7	1 Leah Owen U17	2 Holly Teague
	3 Jade Flynn U17	4 Sally Teague U20
2 SPN 4.08.4	1 Amy Freeman	2 Amy Sharrad
	3 Becky Rowlands U20	4 Emma Rawnsley U20
3 BKP 4.10.6	1 Kirsty Leybourne	2 Elizabeth Hodgson 20
	3 Leigh Newton	4 Laura Deegan
4 HFH 4.36.6	1 Beth Petit U17	2 Lauren Tyrell U20
	3 Sara Simmons U20	4 Helena Croft
5 SHS 4.46.0	1 Gemma Connolly	2 Lauren Bradshaw
	3 Heather Drillincourt	4 J Barrow

M 4x100m Relay

1 BKP 45.2	1 Simon Wells	2 Brent Starkie U20
	3 Jon Rutter	4 Ted Romney U20
2 SHS 45.6	1 Josiah Teepsoo U17	2 Thaddeus Anim-Somuah
	3 Steve Moran	4 Matthew Stone
3 SPN 47.5	1 Steve McNamara	2 Richard Martin
	3 Jake Rowlands	4 Lewis Hamilton U17
4 HFH 48.2	1 Jordan Toft U17	2 Junior George U20
	3 Russell Balmforth	4 William McFadzean
5 ECH 58.6	1 Gavin Browne	2 Mark Antill U20
	3 Niall Gould U20	4 Anthony Connally

M 4x400m Relay

1 SHS 3.36.1	1 Matthew Stone	2 David Forrester U20
	3 Steve Clague U20	4 Steve Moran
2 BKP 3.38.2	1 Tom Cunningham U20	2 Jono Prowse
	3 Luke Minns	4 Antony Ford
3 ECH 3.45.0	1 Andrew Hartshorne 20	2 David Barratt U20
	3 Alex Cooke U20	4 Jake Littlehales U17
4 SPN 3.48.6	1 Steve McNamara	2 John Gallagher
	3 Jake Rowlands	4 Richard Scargill
5 HFH 3.59.6	1 Russell Balmforth	2 Junior George U20
	3 James Dewhirst U20	4 William McFadzean

PRIOR STANDINGS			MATCH RESULT			LEAGUE STANDINGS		
	Event	Lge		Event	Lge		Event	Lge
1	BKP 1131	18	1	BKP 391	6	1	Blackpool Wyre & Fylde AC	1522 24
2	ECH 1009	13	2	SHS 359	5	2	East Cheshire & Tame. AC	1354 17
3	HFH 1018.5	11	3	ECH 345	4	3	Holmfirth Harriers AC	1337.5 13
4	SPN 943	8	4	SPN 322	3	4	St. Helens Sutton AC	1279.5 11
5	WGN 852	7	5	HFH 319	2	5	Spenborough & District AC	1265 11
6	SHS 920.5	6	6	WGN 294	1	6	Wigan & D. Harriers AC	1146 8