

M 100m A

1 Josh Cayenne	SPN	11.2
2 Jordon Toth U17	HFH	11.4
3 Matthew Stone	SHS	11.5
4 Walter Lombe	WGN	11.5
5 Simon Wells	BKP	11.8
6 Jake Littlehales U17	ECH	12.2

M 100m B

1 Andrew Hartshorne 20	ECH	12.0
2 Ryan Fahey U17	SHS	12.3
3 Dominic Arnold U20	BKP	12.5
4 Geoff Douglass	WGN	12.5
5 Russell Balmforth	HFH	13.4
6 Jack Bellwood U17	SPN	13.4

M 200m A

1 Tom O'Brien	WGN	22.6
2 Steve Moran	SHS	23.2
3 Craig Yates	SPN	23.6
4 Simon Wells	BKP	23.9
5 Jordon Toth U17	HFH	23.9
6 Jake Littlehales U17	ECH	24.9

M 200m B

1 Junior George U20	HFH	23.5
2 Ben Dawber-Axon U20	WGN	23.7
3 Andrew Hartshorne 20	ECH	24.2
4 Dominic Arnold U20	BKP	25.0
5 Ryan Fahey U17	SHS	28.9
6 Jake Rowlands	SPN	34.8

M 400m A

1 Josh Cayenne	SPN	49.1
2 Dave Forrester U20	SHS	50.4
3 Junior George U20	HFH	50.6
4 Danny Kevan	WGN	51.2
5 Ted Romney U20	BKP	51.7
6 David Barratt U20	ECH	59.6

M 400m B

1 Tom Knox	WGN	51.9
2 Matthew Stone	SHS	52.2
3 Alex Bale	BKP	52.4
4 Jake Rowlands	SPN	54.1
5 Tom Petit U20	HFH	57.2
6 Anthony Connally	ECH	58.1

M 800m A

1 Tom Cunningham	BKP	1.58.7
2 Danny Griffiths U20	SHS	2.00.1
3 Dave Watson	HFH	2.04.9
4 David Barratt U20	ECH	2.08.5
5 John Gallagher	SPN	2.26.2

M 800m B

1 Tom Petit U20	HFH	2.04.6
2 Brent Starkie U20	BKP	2.04.9
3 Ian Costello	SHS	2.10.1
4 Keith McGhie	SPN	2.14.7
5 Gary Mathews	ECH	2.31.0

M 1500m A

1 Jono Prowse	BKP	3.58.8
2 Dave Watson	HFH	4.12.2
3 Jake Healy U17	SHS	4.28.1
4 Gavin Browne	ECH	4.29.8
5 Mick Dransfield	SPN	4.36.8

M 1500m B

1 Ian Costello	SHS	4.34.1
2 Richard Smith U20	HFH	4.36.4
3 Keith McGhie	SPN	4.47.5
4 Gary Mathews	ECH	4.48.5
5 Luke Wood U20	BKP	5.00.8

M 5000m A

1 Mathew Pierson	HFH	15.13.9
2 James Shaw	ECH	16.09.0
3 Malcolm Eadie	BKP	16.10.8
4 B Graney	SHS	17.27.9
5 Kevin Ogden	SPN	18.22.9

M 5000m B

1 Dave Turnball	HFH	15.32.1
2 Luke Minns	BKP	16.31.3
3 Paul Blackhouse	ECH	16.45.2
4 Ray Vose	SHS	19.30.9
5 Mick Dransfield	SPN	20.24.5

M 110mH A

1 Phil Robinson	SHS	20.9
2 Jon Rutter	BKP	21.2
3 James Dewhirst U20	HFH	23.0

M 110mH B

1 Ray Vose	SHS	23.2
2 Tom Jennings	HFH	25.0

M 400mH A

1 Tom O'Brien WGN 54.8  
2 Steve Clague U20 SHS 65.4  
3 James Dewhirst U20 HFH 65.5  
4 Anthony Connally ECH 66.0  
5 Keith McGhie SPN 69.7

M 400mH B

1 John Gallagher SPN 69.6  
2 Gavin Browne ECH 73.0  
3 Ray Vose SHS 76.8  
4 Richard Smith U20 HFH 85.6

M 3000m SC A

1 Phil West WGN 10.13.1  
2 Richard Smith U20 HFH 10.34.5  
3 Steve Clague U20 SHS 11.30.6  
4 Stuart Heaton ECH 11.46.4  
5 Luke Wood U20 BKP 12.04.1

M 3000m SC B

1 Alistair Langron HFH 10.41.9  
2 Ian Hayburn SHS 11.49.1  
3 Edwin Shaw ECH 15.36.6

M Discus Throw A

1 Carl Fletcher WGN 46.35  
2 Dave Myerscough BKP 29.33  
3 Jason Hill ECH 28.74  
4 Richard Martin SPN 28.30  
5 Phil Robinson SHS 28.09  
6 Andrew Storr HFH 21.18

M Discus Throw B

1 Tom Smith U20 WGN 38.94  
2 Bob Wyper BKP 26.72  
3 Michael Donald ECH 25.19  
4 Tom Jennings HFH 20.82  
5 John Gallagher SPN 20.61  
6 Michael Hughes SHS 19.71

M Hammer Throw A

1 Richard Martin SPN 41.66  
2 Laurence Harwood BKP 41.53  
3 Tom Smith U20 WGN 37.14  
4 Phil Robinson SHS 30.42  
5 Andrew Storr HFH 26.98  
6 Jason Hill ECH 24.04

M Hammer Throw B

1 Steve Killen WGN 34.01  
2 Bob Wyper BKP 29.69  
3 Michael Hughes SHS 26.91  
4 Roy Bain SPN 23.84  
5 John McFadzean HFH 22.33  
6 Michael Donald ECH 21.43

M High Jump A

1 Tom O'Brien WGN 1.70  
2 Tom Jennings HFH 1.65  
3 John Gallagher SPN 1.60  
4 Phil Robinson SHS 1.60  
5 Jon Rutter BKP 1.55  
6 Anthony Connally ECH 1.55

M High Jump B

1 Richard Martin SPN 1.55  
2 Jason Hill ECH 1.55  
3 Laurence Harwood BKP 1.50  
4 Steve Moran SHS 1.45

M Javelin Throw A

1 Adrian Cawley WGN 44.97  
2 Jack Bellwood U17 SPN 42.17  
3 Andrew Hartshorne 20 ECH 38.19  
4 Phil Robinson SHS 35.56  
5 Dave Watson HFH 34.95  
6 Bob Wyper BKP 28.78

M Javelin Throw B

1 Steve Killen WGN 37.45  
2 Tom Jennings HFH 33.00  
3 Richard Martin SPN 31.65  
4 Ray Vose SHS 25.96  
5 Andrew Owen ECH 25.60  
6 Laurence Harwood BKP 19.63

M Long Jump A

1 Geoff Douglass WGN 5.73  
2 Jon Rutter BKP 5.60  
3 Anthony Connally ECH 5.22  
4 Steve Moran SHS 4.81  
5 Tom Jennings HFH 4.56  
6 Jake Rowlands SPN 4.33

M Long Jump B

1 Oliver Stringer U17 WGN 5.49  
2 Jason Hill ECH 4.94  
3 Laurence Harwood BKP 4.79  
4 Ryan Fahey U17 SHS 4.65  
5 Keith McGhie SPN 3.94  
6 Russell Balmforth HFH 3.56

M Pole Vault A

No competitors

M Pole Vault B

No competitors

M Shot Putt A

1 Carl Fletcher	WGN	15.47
2 Tom Jennings	HFH	11.28
3 Michael Donald	ECH	10.82
4 Dave Myerscough	BKP	10.14
5 Phil Robinson	SHS	10.00
6 John Gallagher	SPN	8.83

M Shot Putt B

1 Tom Smith U20	WGN	13.33
2 Andrew Storr	HFH	9.94
3 Bob Wyper	BKP	9.68
4 Jason Hill	ECH	8.83
5 Richard Martin	SPN	8.58
6 Michael Hughes	SHS	6.85

M Triple Jump A

1 Jon Rutter	BKP	12.20
2 Phil Robinson	SHS	11.93
3 John Gallagher	SPN	11.16
4 Oliver Stringer U17	WGN	11.16
5 Anthony Connally	ECH	10.62
6 James Dewhirst U20	HFH	10.29

M Triple Jump B

1 Alex Bale	BKP	10.64
2 Ben Dawber-Axon U20	WGN	9.42
3 Tom Jennings	HFH	9.38
4 Jason Hill	ECH	9.05
5 Jake Rowlands	SPN	9.00
6 Ian Hayburn	SHS	8.71

W 100m A

1 Laura Davies U20	BKP	12.3
2 Melissa Forrest U20	WGN	12.9
3 Beth Hurst U17	ECH	13.1
4 Lauren Storr U20	HFH	13.5
5 Natasha Ashong U17	SPN	13.6
6 Sue Lowrie	SHS	14.4

W 100m B

1 Katy Wyper U17	BKP	12.8
2 Wendy Andrews	ECH	13.8
3 Emma Szostak U20	HFH	14.2
4 L Bradshaw U17	SHS	14.4
5 Charlotte Byrne	SPN	16.5

W 200m A

1 Lucy Mansfield U17	BKP	25.3
2 Melissa Forrest U20	WGN	25.9
3 Sally Teague U20	ECH	26.2
4 Natasha Ashong U17	SPN	27.6
5 Sarah Simmons U20	HFH	28.4
6 Sue Lowrie	SHS	29.2

W 200m B

1 Robyn Starkey U17	BKP	28.2
2 Jemma Shaw U17	SHS	28.3
3 Zoe Storr	HFH	28.4
4 Emma Rawnsley U20	SPN	28.5
5 Beth Hurst U17	ECH	29.7

W 400m A

1 Sally Teague U20	ECH	58.4
2 Sarah Simmons U20	HFH	61.3
3 Amy Sharrad	SPN	62.6
4 Elizabeth Hodgson 17	BKP	64.1
5 Chris Dempsey	SHS	79.9

W 400m B

1 Leah Owen U17	ECH	62.4
2 Emma Rawnsley U20	SPN	63.1
3 Lauren Tyroll U20	HFH	63.7
4 Katy Holder U17	BKP	64.8
5 Lauren Bradshaw U17	SHS	67.0

W 800m A

1 Sarah Simmons U20	HFH	2.17.4
2 Kirsty Leybourne	BKP	2.18.0
3 Sarah Hudak U20	ECH	2.21.3
4 Amy Sharrad	SPN	2.24.0
5 Gemma Connolly	SHS	2.29.8

W 800m B

1 Jemma Shaw U17	SHS	2.19.4
2 Laura Deegan	BKP	2.24.7
3 Claire Leaver	HFH	2.32.3
4 Becky Rowlands U20	SPN	2.34.5
5 Pam Read	ECH	2.43.4

W 1500m A

1 Gemma Unsworth BKP 4.55.7  
2 Holly Teague ECH 5.01.2  
3 Gemma Connolly SHS 5.02.2  
4 Claire Leaver HFH 5.04.0  
5 Jenny Walsh U17 SPN 5.18.4

W 1500m B

1 Beth Petit HFH 5.12.9  
2 Amy Sharrad SPN 5.23.5  
3 Stacey Bligh BKP 5.27.8  
4 Pam Read ECH 5.50.3  
5 Chris Dempsey SHS 6.32.7

W 3000m A

1 Gemma Unsworth BKP 10.27.8  
2 Gemma Connolly SHS 10.45.8  
3 Kath Farquhar HFH 10.50.1  
4 Stella Boam ECH 11.10.8  
5 Sarah Peacock U17 SPN 12.12.2

W 3000m B

1 Carolyn Robbins BKP 11.05.0  
2 Katie Walshaw HFH 11.07.6  
3 Jackie Carter SPN 12.43.5  
4 Pam Appleton SHS 13.41.8

W 100mH A

1 Lauren Storr U20 HFH 16.0  
2 Nia Rutter BKP 17.6  
3 Danni Carroll ECH 22.6

W 100mH B

1 Emma Szostak U20 HFH 19.4  
2 Emma Fagan ECH 21.2

W 400mH A

1 Zoe Storr HFH 72.3  
2 Nia Rutter BKP 72.3  
3 Danni Carroll ECH 82.8  
4 Charlotte Byrne SPN 1.41.4

W 400mH B

1 Emma Szostak U20 HFH 75.7  
2 Emma Fagan ECH 80.5  
3 Sarah Goff BKP 85.3

W Discus Throw A

1 Jennifer Ibbitson SPN 29.50  
2 Vicky Dyer WGN 27.21  
3 Katie Zientek U20 HFH 25.04  
4 Lucy Croft U17 SHS 24.30  
5 Collette Donald ECH 17.15  
6 Laura Deegan BKP 14.85

W Discus Throw B

1 Carly Beanland SPN 23.90  
2 Charlotte Dillingham HFH 16.41  
3 Laura Davies U20 BKP 14.65  
4 Pam Read ECH 13.59  
5 Sue Clague SHS 12.05

W Hammer Throw A

1 Bethan Lishman WGN 41.83  
2 Jennifer Ibbitson SPN 38.20  
3 Lucy Croft U17 SHS 27.37  
4 Katie Zientek U20 HFH 20.70  
5 Katy Holder U17 BKP 15.92  
6 Pam Read ECH 12.43

W Hammer Throw B

1 Natalie Walsh WGN 33.89  
2 Sheila Bolland SPN 21.86  
3 Charlotte Dillingham HFH 16.21  
4 Robyn Starkey U17 BKP 14.22  
5 Chris Dempsey SHS 8.41  
6 Collette Donald ECH 5.55

W High Jump A

1 Natasha Butler U17 BKP 1.55  
2 Lauren Tyroll U20 HFH 1.55  
3 Holly Teague ECH 1.45  
4 Dijan Matheson U20 SPN 1.35  
5 Sharon Walls WGN 1.25  
6 Sue Lowrie SHS 1.15

W High Jump B

1 Laura Deegan BKP 1.50  
2 Athena Mellor HFH 1.25  
3 Sally Teague U20 ECH 1.25  
4 Jennifer Ibbitson SPN 1.15

W Javelin Throw A

1 Colette Doran	WGN	35.28
2 Katie Zientek U20	HFH	29.40
3 Jennifer Ibbitson	SPN	25.76
4 Leah Owen U17	ECH	25.50
5 Katy Holder U17	BKP	21.96
6 Lucy Croft U17	SHS	15.57

W Javelin Throw B

1 Collette Donald	ECH	22.63
2 Harley Green U17	BKP	21.45
3 Bethan Lishman	WGN	20.66
4 Charlotte Dillingham	HFH	17.94
5 Sheila Bolland	SPN	11.18
6 Sue Clague	SHS	10.39

W Long Jump A

1 Katy Wyper U17	BKP	5.26
2 Beth Hurst U17	ECH	5.12
3 Lauren Storr U20	HFH	4.72
4 Sharon Walls	WGN	4.43
5 Natasha Ashong U17	SPN	4.32
6 Sue Lowrie	SHS	3.96

W Long Jump B

1 Holly Teague	ECH	4.89
2 Athena Mellor	HFH	4.71
3 Nia Rutter	BKP	4.59
4 Jemma Shaw U17	SHS	3.89
5 Becky Rowlands U20	SPN	3.80

W Pole Vault A

No competitors

W Pole Vault B

No competitors

W Shot Putt A

1 Natalie Walsh	WGN	9.44
2 Jennifer Ibbitson	SPN	9.00
3 Nia Rutter	BKP	8.83
4 Katie Zientek U20	HFH	8.38
5 Collette Donald	ECH	5.94
6 Sue Lowrie	SHS	5.43

W Shot Putt B

1 Carly Beanland	SPN	8.83
2 Vicky Dyer	WGN	7.83
3 Natasha Butler U17	BKP	5.85
4 Wendy Andrews	ECH	5.52
5 Charlotte Dillingham	HFH	5.45
6 Sue Clague	SHS	4.49

W Triple Jump A

1 Dijan Matheson U20	SPN	11.09
2 Nia Rutter	BKP	11.05
3 Holly Teague	ECH	9.91
4 Sharon Walls	WGN	9.14
5 Athena Mellor	HFH	8.49
6 Sue Lowrie	SHS	8.06

W Triple Jump B

1 Katy Wyper U17	BKP	9.00
2 Danni Carroll	ECH	8.65
3 Zoe Storr	HFH	7.61
4 Jennifer Ibbitson	SPN	7.24

W 4x100m Relay

1 BKP 49.7	1 Katy Wyper U17	2 Leigh Newton
	3 Lucy Mansfield U17	4 Laura Davies U20
2 HFH 53.7	1 Sarah Simmons U20	2 Lauren Tyroll U20
	3 Emma Szostak U20	4 Lauren Storr U20
3 ECH 55.0	1 Wendy Andrews	2 Danni Carroll
	3 Beth Hurst U17	4 Sally Teague U20
4 SPN 57.2	1 Becky Rowlands U20	2 Emma Rawnsley U20
	3 Dijan Matheson U20	4 Amy Sharrad
5 SHS 60.0	1 Sue Lowrie	2 A Pilkinton U20
	3 Gemma Connolly	4 Lauren Bradshaw U17

W 4x400m Relay

1 ECH 4.06.3	1 Leah Owen U17	2 Sarah Hudak U20
	3 Holly Teague	4 Sally Teague U20
2 BKP 4.12.0	1 Kirsty Leybourne	2 Elizabeth Hodgson 17
	3 Leigh Newton	4 Laura Deegan
3 SPN 4.18.9	1 Natasha Ashong U17	2 Becky Rowlands U20
	3 Emma Rawnsley U20	4 Amy Sharrad
4 HFH 4.27.4	1 Sarah Simmons U20	2 Zoe Storr
	3 Beth Petit	4 Lauren Tyroll U20
5 SHS 4.42.6	1 Gemma Connolly	2 Jemma Shaw U17
	3 Chris Dempsey	4 Sue Clague

M 4x100m Relay

1 BKP 46.5	1 Dominic Arnold U20	2 Ted Romney U20
	3 Jon Rutter	4 Simon Wells
2 WGN 46.5	1 Tom Knox	2 Walter Lombe
	3 Ben Dawber-Axon U20	4 Geoff Douglass
3 HFH 48.2	1 Jordon Toth U17	2 Russell Balmforth
	3 Junior George U20	4 Tom Petit U20
4 SHS 48.2	1 Ryan Fahey U17	2 Steve Moran
	3 Matthew Stone	4 Steve Clague U20
5 SPN 52.1	1 Craig Yates	2 Richard Martin
	3 John Gallagher	4 Josh Cayenne
6 ECH 55.5	1 Andrew Hartshorne 20	2 Edwin Shaw
	3 Jake Littlehales U17	4 Gavin Browne

M 4x400m Relay

1 WGN 3.31.6	1 Tom Knox	2 Ben Dawber-Axon U20
	3 Danny Kevan	4 Tom O'Brien
2 BKP 3.38.1	1 Tom Cunningham	2 Alex Bale
	3 Brent Starkie U20	4 Ted Romney U20
3 SHS 3.43.5	1 Dave Forrester U20	2 Danny Griffiths U20
	3 Jake Healy U17	4 Matthew Stone
4 ECH 3.45.2	1 James Shaw	2 Anthony Connally
	3 David Barratt U20	4 Gavin Browne
5 HFH 3.51.3	1 Junior George U20	2 Tom Petit U20
	3 James Dewhirst U20	4 Mathew Pierson

PRIOR STANDINGS		MATCH RESULT		LEAGUE STANDINGS			
Event	Lge	Event	Lge	Event	Lge	Event	Lge
1 BKP 379	6	1 BKP 380	6	1 Blackpool & Fylde AC		759	12
2 ECH 342	5	2 HFH 371	5	2 Holmfirth Harriers AC		708.5	9
3 HFH 337.5	4	3 ECH 321	4	3 East Cheshire Harriers		663	9
4 SHS 337	3	4 SPN 298	3	4 St. Helens Sutton AC		623	5
5 SPN 308.5	2	5 SHS 286	2	5 Spenborough & District AC		606.5	5
6 WGN 226	1	6 WGN 272	1	6 Wigan/Horwich		498	2

General Comment

No competitors M Pole Vault A&B, No competitors W Pole Vault A&B,  
 Note(s)

BKP Includes + 30pts,  
 ECH Includes + 30pts,  
 HFH Includes + 30pts,  
 SPN Includes + 30pts,  
 SHS Includes + 30pts,  
 WGN Includes + 30pts,