

M 100m A

1	Thaddeus Anim-Somuan	SHS	11.4
2	Alex Bale	BKP	11.4
3	Jordan Toth U17	HFH	11.5
4	Walter Lombe	WGN	11.8
5	Andrew Hartshorne	ECH	11.9
6	Lewis Hamilton U17	SPN	11.9

M 100m B

1	Matthew Stone U17	SHS	11.5
2	Brent Starkie	BKP	11.6
3	Craig Yates	SPN	11.9
4	Geoff Douglass	WGN	12.7
5	Howard McGlashan	ECH	13.1
6	Russel Balmforth	HFH	13.3

M 200m A

1	Josh Cayenne	SPN	22.1
2	Tom O'Brien	WGN	22.7
3	Alex Bale	BKP	22.9
4	Thaddeus Anim-Somuan	SHS	23.2
5	Jordan Toth U17	HFH	23.4
6	Andrew Hartshorne	ECH	25.2

M 200m B

1	Ted Romney	BKP	23.1
2	Junior George U20	HFH	24.0
3	Ben Dawber-Axon U20	WGN	24.2
4	Steve Moran	SHS	24.5
5	Lewis Hamilton U17	SPN	24.8
6	Howard McGlashan	ECH	27.0

M 400m A

1	Josh Cayenne	SPN	48.7
2	Brent Starkie	BKP	49.6
3	Junior George U20	HFH	49.8
4	Danny Kevan	WGN	50.7
5	Alex Cooke	ECH	51.1
6	Matthew Stone U17	SHS	52.1

M 400m B

1	Ted Romney	BKP	50.8
2	Tom Knox	WGN	51.5
3	Christopher Kays U17	ECH	51.5
4	Tom Petit	HFH	56.2
5	John Ashcroft U17	SHS	57.4

M 800m A

1	Luke Minns	BKP	1.58.6
2	Danny Kevan	WGN	2.01.3
3	David Barratt	ECH	2.03.5
4	Ian Costello	SHS	2.04.0
5	Dave Watson	HFH	2.07.4
6	John Gallagher	SPN	2.11.4

M 800m B

1	Tom Petit	HFH	2.06.6
2	Anthony Connally	ECH	2.09.8
3	Carl Foulstone U17	SPN	2.10.0
4	Jake Healy U17	SHS	2.13.9
5	Luke Wood	BKP	2.18.0
6	Danny Hind	WGN	2.39.5

M 1500m A

1	Antony Ford	BKP	3.54.4
2	Dave Watson	HFH	4.15.1
3	Ian Costello	SHS	4.20.2
4	Gavin Browne	ECH	4.30.8
5	Danny Hind	WGN	5.29.6

M 1500m B

1	Tom Cunningham	BKP	4.02.7
2	Matthew Johnson U20	HFH	4.18.1
3	Stuart Heaton	ECH	4.33.8
4	Jake Healy U17	SHS	4.36.8
5	Trevor Painter	WGN	6.18.6

M 5000m A

1	Jono Prowse	BKP	15.02.8
2	Matthew Peirson	HFH	15.23.2
3	Simon Horsfield	ECH	15.32.6
4	Kevin Ogden	SPN	17.22.2
5	Maurice Collins	SHS	17.43.1

M 5000m B

1	Dave Turnball	HFH	15.42.4
2	Phil Leybourne	BKP	15.54.7
3	Gary Mathew	ECH	17.11.8
4	Barry Graney	SHS	17.43.3

M 110mH A

1	Danny Hind	WGN	20.0
2	Jon Rutter	BKP	21.8
3	James Dewhirst U20	HFH	22.0

M 110mH B

1	Trevor Painter	WGN	21.5
2	William McFadzean	HFH	22.9

M 400mH A

1 Tom O'Brien	WGN	55.4
2 Alex Cooke	ECH	56.3
3 Steve Clague	SHS	63.8
4 Richard Martin	SPN	64.3
5 Darrell Constantine7	BKP	66.4
6 James Dewhirst U20	HFH	66.9

M 400mH B

1 Danny Hind	WGN	64.1
2 John Ashcroft U17	SHS	66.2
3 Jon Rutter	BKP	69.1
4 Gavin Browne	ECH	72.1
5 William McFadzean	HFH	73.8

M 3000m SC A

1 James Shaw	ECH	10.20.8
2 Richard Smith	HFH	10.26.7
3 Luke Wood	BKP	11.56.9
4 Steve Clague	SHS	12.32.0
5 David Lane	SPN	12.41.7
6 Phil West	WGN	DNF

M 3000m SC B

1 Alistair Langron	HFH	10.31.0
2 Ryan Gould U17	ECH	10.51.7
3 Tony Raffle	SHS	15.24.1

M Discus Throw A

1 Jeff Clare	WGN	41.27
2 Phil Robinson	SHS	29.91
3 Jason Hill	ECH	28.35
4 Richard Martin	SPN	28.29
5 Tom Jennings	HFH	26.70
6 Bob Wyper	BKP	26.32

M Discus Throw B

1 Tom Smith U20	WGN	39.48
2 Michael Donald	ECH	26.33
3 Jack Bellwood U17	SPN	24.61
4 Michael Hughes	SHS	20.52
5 Alistair Langron	HFH	18.43
6 Darrell Constantine7	BKP	15.70

M Hammer Throw A

1 Richard Martin	SPN	42.58
2 Tom Smith U20	WGN	36.07
3 Shane Ellershaw	BKP	33.01
4 Phil Robinson	SHS	28.77
5 Jason Hill	ECH	27.05
6 Tom Jennings	HFH	25.26

M Hammer Throw B

1 Steve Killen	WGN	34.32
2 Michael Hughes	SHS	26.90
3 Michael Donald	ECH	23.68
4 Roy Bain	SPN	22.41
5 Bob Wyper	BKP	22.37
6 John McFadzean	HFH	17.68

M High Jump A

1 Tom O'Brien	WGN	1.75
2 John Gallagher	SPN	1.65
3 Tom Jennings	HFH	1.60
4 Alex Billington U17	BKP	1.60
5 Phil Robinson	SHS	1.55
6 Jason Hill	ECH	1.50

M High Jump B

1 Darrell Constantine7	BKP	1.55
2 Steve Killen	WGN	1.50
3=Steve Moran	SHS	1.45
3=Anthony Connally	ECH	1.45
5 Carl Foulstone U17	SPN	1.40

M Javelin Throw A

1 Adrien Cawley	WGN	49.11
2 Jack Bellwood U17	SPN	41.86
3 Tom Jennings	HFH	37.27
4 Howard McGlashan	ECH	35.51
5 Phil Robinson	SHS	33.89
6 Jon Rutter	BKP	29.33

M Javelin Throw B

1 Steve Killen	WGN	35.16
2 Richard Martin	SPN	30.38
3 Lee Doherty U17	ECH	30.33
4 Dave Watson	HFH	29.17
5 Bob Wyper	BKP	27.49
6 Tony Raffle	SHS	15.40

M Long Jump A

1 Walter Lonbe	WGN	6.26
2 Alex Billington U17	BKP	5.70
3 Eliot Maher U20	SPN	5.38
4 Anthony Connally	ECH	5.08
5 Steve Moran	SHS	4.83
6 Tom Greenhalgh U17	HFH	4.72

M Long Jump B

1 Geoff Douglass	WGN	5.35
2 Jon Rutter	BKP	5.30
3 Carl Foulstone U17	SPN	4.99
4 Howard McGlashan	ECH	4.98
5 Tom Jennings	HFH	4.53
6 Josiah Taipoo U17	SHS	4.07

M Pole Vault A

1 Matt Wright	BKP	3.80
2 Phil Robinson	SHS	3.00
3 Liam Martindale	HFH	2.70
4 Richard Martin	SPN	2.20

M Pole Vault B

1 Declan O'Hara U17	BKP	3.40
2 Steve Clague	SHS	2.20
3 John Gallagher	SPN	2.10

M Shot Putt A

1 Tom Smith	WGN	12.49
2 Tom Jennings	HFH	11.06
3 Michael Donald	ECH	10.79
4 Phil Robinson	SHS	10.10
5 Richard Martin	SPN	9.36
6 Bob Wyper	BKP	9.20

M Shot Putt B

1 Jeff Clare	WGN	12.28
2 Jason Hill	ECH	9.05
3 Liam Martindale	HFH	8.82
4 John Gallagher	SPN	8.64
5 Michael Hughes	SHS	8.56
6 Shane Ellershaw	BKP	8.04

M Triple Jump A

1 Alex Billington U17	BKP	12.40
2 Eliot Maher U20	SPN	11.35
3 Andrew Hartshorne	ECH	11.13
4 Phil Robinson	SHS	11.05
5 Tom Greenhalgh	HFH	10.45
6 Geoff Douglass	WGN	10.22

M Triple Jump B

1 Jon Rutter	BKP	11.87
2 Josiah Taipoo U17	SHS	10.54
3 Anthony Connally	ECH	10.43
4 James Dewhirst U20	HFH	9.97
5 Ben Dawber-Axon U20	WGN	9.67
6 Jake Rowlands	SPN	8.50

W 100m A

1 Amy Freeman	SPN	12.6
2 Beth Hurst U17	ECH	13.2
3 Claire Holmes	WGN	13.7
4 H Drillingcourt U17	SHS	13.8
5 Sarah Goff	BKP	14.5
6 Zoe Charlesworth	HFH	17.0

W 100m B

1 Sharon Walls	WGN	13.7
2 Wendy Andrews	ECH	13.8
3 Jade Stephenson U20	SPN	13.9
4 Josie Barrow U17	SHS	14.9
5 Rachael Maume	BKP	15.5
6 Linda Peirson	HFH	16.1

W 200m A

1 Amy Freeman	SPN	25.4
2 Beth Hurst U17	ECH	26.8
3 Leigh Newton	BKP	27.4
4 Sarah Simmons U20	HFH	27.9
5 Claire Holmes	WGN	28.0
6 H Drillingcourt U17	SHS	28.2

W 200m B

1 Amy Sharrad	SPN	28.0
2 Jemma Shaw U17	SHS	28.2
3 Wendy Andrews	ECH	28.5
4 Nia Rutter	BKP	28.6
5 Sharon Walls	WGN	31.7
6 Zoe Charlesworth	HFH	34.5

W 400m A

1 Sally Teague U20	ECH	58.8
2 Sarah Simmons U20	HFH	59.5
3 Amy Sharrad	SPN	61.3
4 Katy Holder U17	BKP	65.5
5 Christine Dempsey	SHS	76.5

W 400m B

1 Leah Owen U17	ECH	62.2
2 Emma Rawnsley U20	SPN	62.6
3 Lauren Tyrell U20	HFH	63.7
4 Stacia Bleigh	BKP	70.5
5 Susan Clague	SHS	96.8

W 800m A

1 Sarah Hudak U20	ECH	2.15.5
2 Jemma Shaw U17	SHS	2.25.7
3 Emma Rawnsley U20	SPN	2.28.9
4 Claire Leaver	HFH	2.33.0
5 Stacia Bleigh	BKP	2.37.8

W 800m B

1 Sally Teague U20	ECH	2.28.3
2 Becky Rowlands U20	SPN	2.32.4
3 Natalie Garrity U17	SHS	2.34.1
4 Beth Petit U17	HFH	2.35.9
5 Gail Ellershaw	BKP	2.45.6

W 1500m A

1 Holly Teague	ECH	4.54.1
2 Gemma Unsworth	BKP	4.56.8
3 Claire Leaver	HFH	5.03.9
4 Gemma Connally	SHS	5.05.0
5 Becky Rowlands U20	SPN	5.27.8
6 Claire Holmes	WGN	8.18.7

W 1500m B

1 Carolyn Robbins	BKP	5.07.9
2 Beth Petit U17	HFH	5.34.6
3 Lauren Smith	SPN	5.36.1
4 Lauren Bradshaw U17	SHS	5.42.9
5 Pam Read	ECH	5.47.7
6 Sharon Walls	WGN	8.18.7

W 3000m A

1 Gemma Unsworth	BKP	10.35.8
2 Gemma Connally	SHS	10.51.2
3 Katie Walshaw	HFH	10.56.6
4 Jade Flynn	ECH	11.03.7
5 Lauren Smith	SPN	12.29.0

W 3000m B

1 Stella Boam	ECH	11.04.6
2 Jackie France	HFH	11.22.6
3 Rachael Maume	BKP	11.45.9
4 Jackie Carter	SPN	13.02.6
5 Rosie O'Hagan	SHS	14.03.7

W 100mH A

1 Nia Rutter	BKP	17.7
2 Laura Bartell U17	HFH	21.8

W 100mH B

1 Sarah Goff	BKP	23.0
2 Zoe Charlesworth	HFH	32.9

W 400mH A

1 Claire Holmes	WGN	67.6
2 Leah Owen U17	ECH	72.0
3 Nia Rutter	BKP	79.7
4 Jade Newby U17	SPN	88.5
5 Linda Peirson	HFH	98.7

W 400mH B

1 Sharon Walls	WGN	76.3
2 Carolyn Robbins	BKP	80.5
3 Danni Carroll	ECH	87.8
4 Zoe Charlesworth	HFH	90.9
5 Charlotte Byrne	SPN	2.32.6

W Discus Throw A

1 Natalie Walsh	WGN	36.77
2 Jennifer Ibbitson	SPN	31.40
3 Natalie Mullineux	SHS	26.88
4 Katie Zientek U20	HFH	25.60
5 Danni Carroll	ECH	18.70
6 Gemma Unsworth	BKP	14.41

W Discus Throw B

1 Anna Griffiths	WGN	30.69
2 Carly Beanland	SPN	25.25
3 Lucy Croft U17	SHS	24.26
4 Collette Donald	ECH	17.85
5 Hillary Booth	HFH	13.33
6 Stacia Bleigh	BKP	11.20

W Hammer Throw A

1 Bethan Lishman	WGN	41.60
2 Jennifer Ibbitson	SPN	33.33
3 Kathryn Sumner U17	SHS	22.49
4 Katie Zientek U20	HFH	21.69
5 Pam Read	ECH	13.88
6 Gemma Unsworth	BKP	13.52

W Hammer Throw B

1 Carly Beanland	SPN	30.68
2 Lucy Croft U17	SHS	19.68
3 Katy Holder U17	BKP	12.37
4 Linda Peirson	HFH	11.90
5 Collette Donald	ECH	11.86

W High Jump A

1 Josie Barrow U17	SHS	1.55
2 Lauren Tyrell U20	HFH	1.50
3 Katy Holder U17	BKP	1.35
4 Holly Teague	ECH	1.35
5 Michelle Sharrock	WGN	1.35
6 Dijan Matheson U20	SPN	1.20

W High Jump B

1 Sharon Walls	WGN	1.30
2=Sally Teague U20	ECH	1.20
2=Jennifer Ibbitson	SPN	1.20
4 Linda Peirson	HFH	1.20
5 Sarah Goff	BKP	1.10

W Javelin Throw A

1 Leah Owen U17	ECH	29.89
2 Katie Zientek U20	HFH	28.23
3 Anna Griffiths	WGN	25.84
4 Jennifer Ibbitson	SPN	25.75
5 Gemma Unsworth	BKP	21.76
6 Natalie Mullineux	SHS	15.96

W Javelin Throw B

1 Collette Donald	ECH	21.00
2 Bethan Lishman	WGN	20.17
3 Rachael Maume	BKP	20.12
4 Carly Beanland	SPN	17.35
5 Lucy Croft U17	SHS	13.73
6 Hillary Booth	HFH	12.15

W Long Jump A

1 Nia Rutter	BKP	5.06
2 Beth Hurst U17	ECH	5.05
3 Sharon Walls	WGN	4.56
4 Katherine Davis U17	SPN	4.11
5 Jemma Shaw U17	SHS	3.80
6 Hannah Sunderland 17	HFH	3.73

W Long Jump B

1 Holly Teague	ECH	4.45
2 Jade Stephenson U20	SPN	4.01
3 Lauren Bradshaw U17	SHS	3.69
4 Sarah Goff	BKP	3.32
5 Linda Peirson	HFH	3.10

W Pole Vault A

1 Michelle Sharrock	WGN	3.30
2 Jennifer Ibbitson	SPN	2.90

W Pole Vault B

No competitors

W Shot Putt A

1 Anna Griffiths	WGN	10.48
2 Carly Beanland	SPN	9.27
3 Nia Rutter	BKP	8.87
4 Kathryn Sumner U17	SHS	7.93
5 Katie Zientek U20	HFH	7.14
6 Danni Carroll	ECH	6.74

W Shot Putt B

1 Natalie Walsh	WGN	9.08
2 Jennifer Ibbitson	SPN	8.66
3 Natalie Mullineux	SHS	7.87
4 Collette Donald	ECH	6.22
5 Stacia Bleigh	BKP	4.49
6 Hannah Sunderland 17	HFH	3.89

W Triple Jump A

1 Nia Rutter	BKP	11.15
2 Claire Holmes	WGN	10.13
3 Dijan Matheson U20	SPN	10.02
4 Holly Teague	ECH	9.88
5 Laura Bartell U17	HFH	9.23
6 H Drillingcourt U17	SHS	8.67

W Triple Jump B

1 Sharon Walls	WGN	9.82
2 Katherine Davis U17	SPN	8.88
3 Danni Carroll	ECH	8.62
4 Sarah Goff	BKP	8.42
5 Hannah Sunderland 17	HFH	8.13

W 4x100m Relay

1 ECH 53.9	1 Wendy Andrews	2 Danni Carroll
	3 Beth Hurst U17	4 Sally Teague U20
2 SPN 54.4	1 Jade Stephenson U20	2 Katherine Davis U17
	3 Emma Rawnsley U20	4 Amy Sharrad
3 BKP 54.5	1 Katy Holder U17	2 Nia Rutter
	3 Sarah Goff	4 Leigh Newton
4 WGN 55.2	1 Claire Holmes	2 Michelle Sharrock
	3 Natalie Walsh	4 Anna Griffiths
5 SHS 60.2	1 Josie Barrow U17	2 Natalie Garrity U17
	3 Lauren Bradshaw U17	4 Gemma Connally
6 HFH 62.1	1 Zoe Charlesworth	2 Katie Walshaw
	3 Linda Peirson	4 Emma Szostak

W 4x400m Relay

1	SPN 4.03.2	1 Amy Freeman	2 Emma Rawnsley U20
		3 Amy Sharrad	4 Katherine Davis U17
2	ECH 4.11.1	1 Leah Owen U17	2 Sally Teague U20
		3 Holly Teague	4 Sally Teague U20
3	SHS 4.23.9	1 Jemma Shaw U17	2 H Drillingcourt U17
		3 Natalie Garrity U17	4 Lauren Bradshaw U17
4	HFH 4.29.2	1 Sarah Simmons U20	2 Lauren Tyrell U20
		3 Hannah Sunderland 17	4 Claire Leaver
5	BKP 4.32.1	1 Stacia Bleigh	2 Rachael Meuime
		3 Gemma Unsworth	4 Leigh Newton

M 4x100m Relay

1	SHS 46.0	1 Matthew Stone U17	2 Josiah Taipoo U17
		3 Thaddeus Anim-Somuan	4 Steve Moran
2	WGN 47.3	1 Tom Knox	2 Geoff Douglass
		3 Ben Dawber-Axon U20	4 Trevor Painter
3	SPN 47.4	1 Lewis Hamilton U17	2 Craig Yates
		3 Steve McNamara	4 Eliot Maher U20
4	BKP 47.7	1 Darrell Constantine7	2 Jon Rutter
		3 Alex Billington U17	4 Declan O'Hara U17
5	HFH 48.0	1 Tom Greenhalgh U17	2 Jordan Toth U17
		3 Junior George U20	4 Russel Balmforth
6	ECH 50.9	1 Gavin Browne	2 David Barratt
		3 Anthony Connally	4 Edwin Shaw

M 4x400m Relay

1	WGN 3.26.0	1 Danny Kevan	2 Tom Knox
		3 Ben Dawber-Axon U20	4 Tom O'Brien
2	BKP 3.29.6	1 Tom Cunningham	2 Ted Romney
		3 Alex Bale	4 Brent Starkie
3	SPN 3.29.9	1 Josh Cayenne	2 Jake Rowlands
		3 Steve McNamara	4 Eliot Maher U20
4	ECH 3.38.1	1 Alex Cooke	2 Christopher Kays U17
		3 Andrew Hartshorne	4 Simon Horsfield
5	SHS 3.54.1	1 Matthew Stone U17	2 John Ashcroft U17
		3 Jake Healy U17	4 Steve Moran
6	HFH 3.54.2	1 Junior George U20	2 Tom Petit
		3 William McFadzean	4 Richard Smith

PRIOR STANDINGS		MATCH RESULT		LEAGUE STANDINGS			
	Event	Lge	Event	Lge		Event	Lge
1	BKP 759	12	1 BKP 372	6	1	Blackpool Wyre & Fylde AC	1131 18
2	HFH 708.5	9	2 WGN 354	5	2	East Cheshire & Tame. AC	1009 13
3	ECH 663	9	3 ECH 346	4	3	Holmfirth Harriers AC	1018.5 11
4	SHS 623	5	4 SPN 336.5	3	4	Spenborough & District AC	943 8
5	SPN 606.5	5	5 HFH 310	2	5	Wigan & D. Harriers AC	852 7
6	WGN 498	2	6 SHS 297.5	1	6	St. Helens Sutton AC	920.5 6

General Comment

No competitors W Pole Vault B,
Note(s)

BKP Includes + 30pts,
ECH Includes + 30pts,
HFH Includes + 30pts,
SPN Includes + 30pts,
SHS Includes + 30pts,
WGN Includes + 30pts,