

Division 4W Match 3 - Stretford



Events	ALT		MACC		MCR		WARR		WN		-		UNUSED		TOTAL	
Men's 100m	4	3	6	5	7	2	9	7	5	4			3	1	34	22
Men's 200m	6	4	7	2	5	3	9	7	4	5			3	1	34	22
Men's 400m	6	4	4		5	3	9	7	7	5			3	3	34	22
Men's 800m	6	5			5	4	9	7	7	3			7	3	34	22
Men's 1500m	7	5			6	4	9	7	5	3			7	3	34	22
Men's 3000m S/Chase	9	7			6	4			7	5			12	6	34	22
Men's 5000m	9	7			6	5	7	4	5	3			7	3	34	22
Men's 400m Hurdles	5	7			7	3	9	4	6	5			7	3	34	22
Men's 110m Hurdles	5	4	9	7	7	3			6	5			7	3	34	22
Men's Hammer	4	2	7	5	5	4	6	3	9	7			3	1	34	22
Men's Discus	4	2	7	7	5	3	6	4	9	5			3	1	34	22
Men's Javelin	4	4	9	7	7	3	5		6	5			3	3	34	22
Men's Shot Putt	4	3	5		7	5	6	4	9	7			3	3	34	22
Men's Long Jump	5	4	9	7	4	3	6	5	7	2			3	1	34	22
Men's Triple Jump	7	5	6		4	3	9	7	5	4			3	3	34	22
Men's High Jump	4	3	9	5	6		7	7	5	4			3	3	34	22
Men's Pole Vault			9		6		7						12	22	34	22
Men's 4x100m Relay	6				5		9		7				7	22	34	22
Men's 4x400m Relay	6				7		9		5				7	22	34	22
	101	69	87	45	110	52	131	73	114	72			103	107	646	418

Women's 100m	9	5			6	3	7	7	5	4					7	3	34	22
Women's 200m	7	4			6	5	9	7							12	6	34	22
Women's 400m	6	7	9		5	4	7	5							7	6	34	22
Women's 800m	6	5			7	4	9	7							12	6	34	22
Women's 1500m	7	5			6	4	9	7							12	6	34	22
Women's 3000m S/Chase																		
Women's 3000m	6	5			7	4	9	7							12	6	34	22
Women's 400m Hurdles					7		9	7							18	15	34	22
Women's 100m Hurdles							7	7	9	5					18	10	34	22
Women's Hammer	5	4			7	7	6	5	9						7	6	34	22
Women's Discus	5	3			6	4	7	5	9	7					7	3	34	22
Women's Javelin	4	4	6		5	5	9	7	7						3	6	34	22
Women's Shot Putt	6	7	7		4	4	5	5	9						3	6	34	22
Women's Long Jump	6	5	9		5	4	7	7							7	6	34	22
Women's Triple Jump	7	5			9	7	6	3	5	4					7	3	34	22
Women's High Jump	5	4			9	6	6	6	7						7	6	34	22
Women's Pole Vault															34	22	34	22
Women's 4x100m Relay	6				7		9		5						7	22	34	22
Women's 4x400m Relay	7				6		9								12	22	34	22
	92	63	31		102	61	130	92	65	20					192	160	612	396

Match Summary	ALT		MACC		MCR		WARR		WN		-		UNUSED		TOTAL	
Teams	325.0		163.0		325.0		426.0		271.0				562.0		2072.0	
Officials Points	30.0		30.0		30.0		30.0		25.0				145.0		290.0	
Total	355.0		193.0		355.0		456.0		296.0				707.0		2362.0	
Match Position	3		5		2		1		4		6		6		6	
League Points	4		2		5		6		3		1		1		1	

Standings	ALT		MACC		MCR		WARR		WN		-	
League Points	4.0		2.0		5.0		6.0		3.0		1.0	
Match Points	355.0		193.0		355.0		456.0		296.0			
League Positions	3		5		2		1		4		6	

Division 4W Match 3 - Stretford

Women's 100m A

			Perf	Record	Wind	AW
1	1	Helen Armishaw	Altrincham	13.0		<input checked="" type="checkbox"/>
2	4	Hayley Darbyshire	Warrington	13.3		
3	3	Jade Woofe	Manchester	13.6		
4	5	Erika Kelly	Western & Northern	14.4		
5						
6						
7						
8						

Women's 100m B

			Perf	Record	Wind	AW
1	44	Sarah Lewis	Warrington	13.4		
2	11	Amber Tarry	Altrincham	14.4		
3	55	Rachel Hudson	Western & Northern	15.2		
4	33	Debbie Beresford	Manchester	17.8		
5						
6						
7						
8						

Women's 200m A

			Perf	Record	Wind	AW
1	4	Hayley Darbyshire	Warrington	27.6		
2	1	Isobel Hainsworth	Altrincham	27.7		
3	3	Jade Woofe	Manchester	28.2		
4						
5						
6						
7						
8						

Women's 200m B

			Perf	Record	Wind	AW
1	44	Heather Roberts	Warrington	27.9		
2	33	Anousheh Majhoob	Manchester	29.5		
3	11	Lynn Nichol	Altrincham	41.1		
4						
5						
6						
7						
8						

Women's 400m A

			Perf	Record	Wind	AW
1	2	Steph Kleynhans	Macclesfield	59.3		<input checked="" type="checkbox"/>
2	4	Heather Roberts	Warrington	59.7		<input checked="" type="checkbox"/>
3	1	Helen Armishaw	Altrincham	61.5		<input checked="" type="checkbox"/>
4	3	Debbie Beresford	Manchester	88.9		
5						
6						
7						
8						

Women's 400m B

			Perf	Record	Wind	AW
1	11	Leanne Sigsworth	Altrincham	66.6		
2	44	Katie Vandewalle	Warrington	75.7		
3	33	Jean Bayley	Manchester	99.3		
4						
5						
6						
7						
8						

Women's 800m A

			Perf	Record	Wind	AW
1	4	Sarah Griffiths	Warrington	02:21.6		<input checked="" type="checkbox"/>
2	3	Cara Kavanagh	Manchester	02:32.7		
3	1	Leanne Sigsworth	Altrincham	02:35.3		
4						
5						
6						
7						
8						

Women's 800m B

			Perf	Record	Wind	AW
1	44	Jenny Smith	Warrington	02:21.6		<input checked="" type="checkbox"/>
2	11	Heather Johnson	Altrincham	03:06.8		
3	33	Debbie Beresford	Manchester	03:22.6		
4						
5						
6						
7						
8						

Women's 1500m A

			Perf	Record	Wind	AW
1	4	Louisa Tanner	Warrington	04:50.7		<input checked="" type="checkbox"/>
2	1	Charlotte Bent	Altrincham	06:11.6		
3	3	Jean Bayley	Manchester	07:41.5		
4						
5						
6						
7						
8						

Women's 1500m B

			Perf	Record	Wind	AW
1	44	Amy Talbot	Warrington	04:57.3		<input checked="" type="checkbox"/>
2	11	Lynn Nichol	Altrincham	06:13.4		
3	33	Jean Skitt	Manchester	08:05.7		
4						
5						
6						
7						
8						

Women's 3000m A

			Perf	Record	Wind	AW
1	44	Jenny Smith	Warrington	11:00.0		<input checked="" type="checkbox"/>
2	3	Cara Kavanagh	Manchester	12:14.5		
3	1	Alison Vesey	Altrincham	12:34.8		
4						
5						
6						
7						
8						

Women's 3000m B

			Perf	Record	Wind	AW
1	4	Karrie Howitt	Warrington	11:18.3		
2	11	Lynn Nichol	Altrincham	13:13.2		
3	33	Tracey Livesey	Manchester	13:30.1		
4						
5						
6						
7						
8						

Division 4W Match 3 - Stretford

				Perf	Record	Wind	AW					Perf	Wind	AW	
Women's 400m Hurdles A								Women's 400m Hurdles B							
1	4	Amy Talbot	Warrington	75.0				1	44	Jess Dorman	Warrington	80.4			
2	3	Charlotte Holmes	Manchester	78.4				2							
3								3							
4								4							
5								5							
6								6							
7								7							
8								8							
Women's 100m Hurdles A								Women's 100m Hurdles B							
				Wind=								Wind=			
1	5	Catherine Craine	Western & Northern	19.9				1	44	Rosie Froggatt	Warrington	20.2			
2	4	Jess Dorman	Warrington	20.0				2	55	Erica Kelly	Western & Northern	20.2			
3								3							
4								4							
5								5							
6								6							
7								7							
8								8							
Women's Hammer A								Women's Hammer B							
1	5	Louise Kneen	Western & Northern	30.50		<input checked="" type="checkbox"/>		1	33	Jean Skitt	Manchester	9.78			
2	3	Philippa Holmes	Manchester	18.28				2	4	Katie Vandewalle	Warrington	5.83			
3	44	Amy Talbot	Warrington	15.69				3	11	Lynn Nichol	Altrincham	5.63			
4	1	Heather Johnson	Altrincham	10.86				4							
5								5							
6								6							
7								7							
8								8							
Women's Discus A								Women's Discus B							
1	5	Louise Kneen	Western & Northern	29.44				1	55	Catherine Craine	Western & Northern	18.79			
2	4	Sammi Wilkinson	Warrington	19.81				2	44	Alyson Wilkinson	Warrington	14.32			
3	3	Philippa Holmes	Manchester	16.76				3	33	Jean Skitt	Manchester	12.64			
4	1	Leanne Sigsworth	Altrincham	13.26				4	11	Heather Johnson	Altrincham	10.22			
5								5							
6								6							
7								7							
8								8							
Women's Javelin A								Women's Javelin B							
1	4	Sammi Wilkinson	Warrington	29.60				1	44	Sarah Griffiths	Warrington	17.80			
2	5	Louise Kneen	Western & Northern	21.47				2	33	Jean Skitt	Manchester	12.75			
3	2	Steph Kleynhans	Macclesfield	21.24				3	11	Alison Vesey	Altrincham	5.50			
4	3	Philippa Holmes	Manchester	19.99				4							
5	1	Charlotte Bent	Altrincham	14.11				5							
6								6							
7								7							
8								8							
Women's Shot Putt A								Women's Shot Putt B							
1	5	Louise Kneen	Western & Northern	10.82		<input checked="" type="checkbox"/>		1	1	Heather Johnson	Altrincham	5.22			
2	2	Steph Kleynhans	Macclesfield	9.23				2	44	Alyson Wilkinson	Warrington	4.89			
3	11	Helen Armishaw	Altrincham	7.86				3	3	Jean Skitt	Manchester	4.36			
4	4	Sammi Wilkinson	Warrington	6.18				4							
5	33	Debbie Beresford	Manchester	4.62				5							
6								6							
7								7							
8								8							

Division 4W Match 3 - Stretford

				Perf	Record	Wind	AW					Perf	Wind	AW
<i>Women's Long Jump A</i>								<i>Women's Long Jump B</i>						
1	2	Steph Kleynhans	Macclesfield	5.42			<input checked="" type="checkbox"/>	1	44	Rosie Froggatt	Warrington	3.77		
2	4	Sarah Lewis	Warrington	4.69				2	1	Heather Johnson	Altrincham	2.92		
3	11	Isobel Hainsworth	Altrincham	4.01				3	33	Jean Skitt	Manchester	2.09		
4	3	Debbie Beresford	Manchester	2.50				4						
5								5						
6								6						
7								7						
8								8						

				Perf	Record	Wind	AW					Perf	Wind	AW
<i>Women's Triple Jump A</i>								<i>Women's Triple Jump B</i>						
1	3	Charlotte Holmes	Manchester	9.12				1	33	Anousheh Majhoob	Manchester	8.99		
2	11	Amber Tarry	Altrincham	9.02				2	1	Charlotte Bent	Altrincham	8.54		
3	4	Jess Dorman	Warrington	8.90				3	5	Rachel Hudson	Western & Northern	8.37		
4	55	Catherine Craine	Western & Northern	8.54				4	44	Katie Vandewalle	Warrington	6.70		
5								5						
6								6						
7								7						
8								8						

				Perf	Record	Wind	AW					Perf	Wind	AW
<i>Women's High Jump A</i>								<i>Women's High Jump B</i>						
1	3	Charlotte Holmes	Manchester	1.35				1=	44	Rosie Froggatt	Warrington	1.20		
2	55	Erika Kelly	Western & Northern	1.30				1=	33	Anousheh Majhoob	Manchester	1.20		
3	4	Sarah Lewis	Warrington	1.25				3	1	Isobel Hainsworth	Altrincham	1.15		
4	11	Amber Tarry	Altrincham	1.20										

				Perf	Record	Wind	AW					Perf	Wind	AW
<i>Women's Pole Vault A</i>								<i>Women's Pole Vault B</i>						
1	96	No Competitors Entered												

				Perf	Record	Wind	AW					Perf	Wind	AW
<i>Women's 4x100m Relay</i>														
1	4	Warrington	Jess Dorman	Hayley Darbyshire	Rosie Froggatt	Sarah Lewis	54.3							
2	3	Manchester	Jade Woofe	Charlotte Holmes	Cara Kavanagh	Philippa Holmes	57.8							
3	1	Altrincham	Amber Tarry	Isobel Hainsworth	Heather Johnson	Helen Armishaw	57.8							
4	5	Western & Northern	Rachel Hudson	Erika Kelly	Catherine Craine	Louise Kneen	62.5							
5														
6														
7														
8														

				Perf	Record	Wind	AW					Perf	Wind	AW
<i>Women's 4x400m Relay</i>														
1	4	Warrington	Heather Roberts	Hayley Darbyshire	Amy Talbot	Sarah Griffiths	04:23.9							
2	1	Altrincham	Leanne Sigsworth	Charlotte Bent	Alison Vesey	Helen Armishaw	04:44.3							
3	3	Manchester	Anousheh Majhoob	Cara Kavanagh	Jean Bayley	Tracy Livesey	05:27.3							
4														
5														
6														
7														
8														

Division 4W Match 3 - Stretford

Women's 100m Non Scoring

Wind=

Perf

Record

Wind

AW

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8

Women's 100m Non Scoring

Wind=

Perf

Wind

AW

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8

Division 4W Match 3 - Stretford

Men's 100m A

			Perf	Record	Wind	AW
1	4	Luke Miller-Briggs	Warrington	11.4		
2	3	Andy Bell	Manchester	12.2		
3	2	Reese Davies	Macclesfield	12.2		
4	5	Adam Henderson	Western & Northern	12.4		
5	1	Ryan Hessien	Altrincham	12.5		
6						
7						
8						

Men's 100m B

			Perf	Record	Wind	AW
1	44	Adam Nicholls	Warrington	11.9		
2	22	Ashley Pritchard	Macclesfield	12.3		
3	55	Matthew Cheeseman	Western & Northern	12.5		
4	11	Tom Sherrington	Altrincham	13.2		
5	33	Poul Martin Pederson	Manchester	13.3		
6						
7						
8						

Men's 200m A

			Perf	Record	Wind	AW
1	4	Luke Miller-Briggs	Warrington	23.2		
2	2	Ashley Pritchard	Macclesfield	25.1		
3	1	Ryan Hessien	Altrincham	25.5		
4	3	Andy Bell	Manchester	26.1		
5	5	Adam Henderson	Western & Northern	26.2		
6						
7						
8						

Men's 200m B

			Perf	Record	Wind	AW
1	44	Adam Nicholls	Warrington	24.1		
2	55	Sam Ingham	Western & Northern	25.5		
3	11	Dan Brooks	Altrincham	26.6		
4	33	Poul Martin Pederson	Manchester	28.0		
5	22	Tony Shenton	Macclesfield	29.9		
6						
7						
8						

Men's 400m A

			Perf	Record	Wind	AW
1	4	Matt Kindon	Warrington	52.9		
2	5	Peter Richardson	Western & Northern	54.0		
3	1	Dominic Scott	Altrincham	55.6		
4	3	Andy Bell	Manchester	62.2		
5	2	Tony Shenton	Macclesfield	66.8		
6						
7						
8						

Men's 400m B

			Perf	Record	Wind	AW
1	44	Steve Broadhurst	Warrington	52.3		
2	55	Ryan Fairclough	Western & Northern	54.4		
3	11	Adam Sims	Altrincham	58.0		
4	33	Matt Holmes	Manchester	60.5		
5						
6						
7						
8						

Men's 800m A

			Perf	Record	Wind	AW
1	4	Steve Broadhurst	Warrington	01:54.5	☑	
2	5	Ryan Fairclough	Western & Northern	01:58.0	☑	
3	1	Rob Nichol	Altrincham	02:03.9		
4	33	Ciaran Fitzpatrick	Manchester	02:04.5		
5						
6						
7						
8						

Men's 800m B

			Perf	Record	Wind	AW
1	44	Matt Jackson	Warrington	01:54.4	☑	
2	11	Andy Parker	Altrincham	02:08.2		
3	3	Andy Skitt	Manchester	02:08.6		
4	55	Ryan Kelly	Western & Northern	02:20.5		
5						
6						
7						
8						

Men's 1500m A

			Perf	Record	Wind	AW
1	4	Lawrence Walker	Warrington	03:59.0	☑	
2	11	Dave Norman	Altrincham	04:18.3		
3	33	Ciaran Fitzpatrick	Manchester	04:21.0		
4	55	Jason Orr	Western & Northern	05:35.7		
5						
6						
7						
8						

Men's 1500m B

			Perf	Record	Wind	AW
1	44	Danny Cliffe	Warrington	04:01.2	☑	
2	1	Rob Nichol	Altrincham	04:19.0		
3	3	Andy Skitt	Manchester	04:30.0		
4	5	Kaysee Craine	Western & Northern	06:01.6		
5						
6						
7						
8						

Men's 3000m S/Chase A

			Perf	Record	Wind	AW
1	1	Nick Leigh	Altrincham	10:27.2		
2	5	Sam Brand	Western & Northern	11:23.8		
3	3	Chris Sykes	Manchester	12:11.6		
4						
5						
6						
7						
8						

Men's 3000m S/Chase B

			Perf	Record	Wind	AW
1	11	Dave Livingstone	Altrincham	10:59.2		
2	55	Jason Orr	Western & Northern	13:12.9		
3	33	Steve McCall	Manchester	14:48.0		
4						
5						
6						
7						
8						

Division 4W Match 3 - Stretford

				Perf	Record	Wind	AW					Perf	Wind	AW
Men's 5000m A								Men's 5000m B						
1	11	Andy Norman	Altrincham	14:53.2			<input checked="" type="checkbox"/>	1	1	Dave Norman	Altrincham	14:56.2		<input checked="" type="checkbox"/>
2	4	Paul Doddsworth	Warrington	16:54.4				2	33	Phil Holmes	Manchester	18:21.4		
3	3	Andy Fitzpatrick	Manchester	17:57.4				3	44	Mervyn Ward	Warrington	18:43.8		
4	5	Jonathon Leece	Western & Northern	19:49.7				4	55	Jason Orr	Western & Northern	22:40.3		
5								5						
6								6						
7								7						
8								8						

Men's 400m Hurdles A				Men's 400m Hurdles B										
1	4	Matt Kindon	Warrington	59.5				1	11	John Aston	Altrincham	63.5		
2	3	David Henshaw	Manchester	62.0				2	55	Jonathon Leece	Western & Northern	66.7		
3	5	Peter Richardson	Western & Northern	63.2				3	44	Patrick Cook	Warrington	73.4		
4	1	Dan Brooks	Altrincham	71.6				4	33	Chris Sykes	Manchester	78.3		
5								5						
6								6						
7								7						
8								8						

Men's 110m Hurdles A				Wind=	Men's 110m Hurdles B				Wind=	
1	2	Simon Sloane	Macclesfield	16.3		1	22	Ashley Pritchard	Macclesfield	16.9
2	3	David Henshaw	Manchester	17.8		2	55	Kaysee Craine	Western & Northern	20.8
3	5	Jonathon Leece	Western & Northern	21.3		3	11	John Aston	Altrincham	22.2
4	1	Dan Brooks	Altrincham	21.4		4	33	Chris Sykes	Manchester	22.9
5						5				
6						6				
7						7				
8						8				

Men's Hammer A				Men's Hammer B						
1	5	Paul Skillan	Western & Northern	27.46		1	55	Lee Corlett	Western & Northern	20.70
2	2	Ashley Pritchard	Macclesfield	22.05		2	22	Simon Sloane	Macclesfield	17.34
3	4	Dave Spencer	Warrington	19.27		3	33	Kes Salmon	Manchester	15.74
4	3	Mike Davies	Manchester	17.76		4	44	Niv Jones	Warrington	6.89
5	1	Barry Chapman	Altrincham	12.74		5	11	David Bullock	Altrincham	5.71
6						6				
7						7				
8						8				

Men's Discus A				Men's Discus B						
1	5	Paul Skillan	Western & Northern	31.47		1	2	Adam Edgar	Macclesfield	29.13
2	22	Ashley Pritchard	Macclesfield	31.17		2	55	Dale Radcliffe	Western & Northern	26.51
3	4	Oliver Roberts	Warrington	20.71		3	44	Dave Spencer	Warrington	17.35
4	33	Mike Davies	Manchester	19.72		4	3	Kes Salmon	Manchester	17.29
5	1	Dan Brooks	Altrincham	18.23		5	11	Barry Chapman	Altrincham	12.79
6						6				
7						7				
8						8				

Men's Javelin A				Men's Javelin B						
1	2	Adam Edgar	Macclesfield	40.01		1	22	Simon Sloane	Macclesfield	33.92
2	3	Chris Shaw	Manchester	34.52		2	5	Paul Skillan	Western & Northern	30.80
3	55	Lee Corlett	Western & Northern	31.59		3	11	Barry Chapman	Altrincham	21.38
4	44	Dave Spencer	Warrington	23.35		4	33	Kes Salmon	Manchester	20.99
5	1	Andy Norman	Altrincham	22.69		5				
6						6				
7						7				
8						8				

Division 4W Match 3 - Stretford

				Perf	Record	Wind	AW					Perf	Wind	AW
<u>Men's Shot Putt A</u>								<u>Men's Shot Putt B</u>						
1	5	Paul Skillan	Western & Northern	10.97				1	55	Dale Radcliffe	Western & Northern	9.58		
2	3	Chris Shaw	Manchester	10.14				2	33	Andy Bell	Manchester	7.30		
3	4	Oliver Roberts	Warrington	9.16				3	44	Dave Spencer	Warrington	7.08		
4	2	Adam Edgar	Macclesfield	8.88				4	11	Barry Chapman	Altrincham	6.14		
5	1	Dave Livingstone	Altrincham	7.00				5						
6								6						
7								7						
8								8						
<u>Men's Long Jump A</u>								<u>Men's Long Jump B</u>						
1	22	Simon Sloane	Macclesfield	6.02				1	2	Reese Davies	Macclesfield	5.47		
2	5	Peter Richardson	Western & Northern	5.99				2	4	Patrick Cook	Warrington	5.44		
3	44	Adam Nicholls	Warrington	5.76				3	11	Adam Sims	Altrincham	5.05		
4	1	Dave Bullock	Altrincham	5.67				4	33	Andy Bell	Manchester	4.70		
5	3	David Henshaw	Manchester	5.12				5	55	Ryan Kelly	Western & Northern	4.43		
6								6						
7								7						
8								8						
<u>Men's Triple Jump A</u>								<u>Men's Triple Jump B</u>						
1	4	Wojciech Czasa	Warrington	12.71				1	44	Matt Kindon	Warrington	11.91		
2	1	Dave Bullock	Altrincham	11.62				2	11	Adam Sims	Altrincham	11.14		
3	2	Reese Davies	Macclesfield	11.31				3	55	Ryan Kelly	Western & Northern	10.07		
4	5	Sam Ingham	Western & Northern	11.23				4	33	Matt Holmes	Manchester	9.14		
5	3	David Henshaw	Manchester	11.18				5						
6								6						
7								7						
8								8						
<u>Men's High Jump A</u>								<u>Men's High Jump B</u>						
1	2	Simon Sloane	Macclesfield	1.80				1	44	Mike Roach	Warrington	1.70		
2	4	Patrick Cook	Warrington	1.80				2	22	Josh Edgar	Macclesfield	1.55		
3	3	David Henshaw	Manchester	1.70				3	55	Kaysee Craine	Western & Northern	1.45		
4	5	Sam Ingham	Western & Northern	1.60				4	11	Tom Sherrington	Altrincham	1.45		
5	1	Dave Bullock	Altrincham	1.60										
<u>Men's Pole Vault A</u>								<u>Men's Pole Vault B</u>						
1	2	Rod Grant-Smith	Macclesfield	3.55										
2	4	Patrick Cook	Warrington	2.90										
3	3	Chris Shaw	Manchester	2.40										
<u>Men's 4x100m Relay</u>														
1	4	Warrington	Patrick Cook	Adam Nicholls	Mark Kindon	Wojciech Czasa	46.6							
2	5	Western & Northern	Sam Ingham	Matthew Cheeseman	Peter Richardson	Adam Henderson	48.1							
3	1	Altrincham	Dan Brooks	Dave Bullock	Ryan Hessien	Tom Sherrington	49.9							
4	3	Manchester	Andy Bell	Matt Holmes	John Halliwell	Poul Martin Pederson	54.4							
5														
6														
7														
8														

Division 4W Match 3 - Stretford

Men's 4x400m Relay

	Perf	Record	Wind	AW		Perf	Wind	AW
1	4	Warrington	Lawrence Walker	Matt Jackson	Danny Cliffe	Matt Kindon	03:39.7	
2	3	Manchester	Ciaran Fitzpatrick	David Henshaw	Mike Hibbert	Andy Skitt	03:44.0	
3	1	Altrincham	Dominic Scott	Adam Sims	Nick Leigh	Rob Nichol	03:44.6	
4	5	Western & Northern	Sam Ingham	Ryan Fairclough	Peter Richardson	Sam Brand	03:47.3	
5								
6								
7								
8								

MATCH RESULT			League Points	Match	STANDINGS			League Points	Match
1	WARR		6	456.0	1	WARR	6	456.0	
2	MCR		5	355.0	2	MCR	5	355.0	
3	ALT		4	355.0	3	ALT	4	355.0	
4	WN		3	296.0	4	WN	3	296.0	
5	MACC		2	193.0	5	MACC	2	193.0	
6					6		1		
7					7	#N/A	#N/A	#N/A	
8					8	#N/A	#N/A	#N/A	

Men's 100m Non Scoring

Wind=

1
2
3
4
5
6
7
8

Men's 100m Non Scoring

Wind=

1
2
3
4
5
6
7
8