

**M 100m A**

1 Stephen Sumner	HYN	11.3
2 Matthew Donaldson U1	P&B	11.5
3 Michael Hough U17	CHL	11.5
4 Mark Gilmer	LDS	11.7
5 Darren Gayle	O&R	11.8
6 Oliver Clemo U17	SKY	11.9
7 Rizwan Khan	BDA	12.9

**M 100m B**

1 Lee Broadbent	O&R	11.6
2 Chris Clark	HYN	11.8
3 Adam Brooks U17	SKY	12.7
4 Nathan Wells	LDS	12.8
5 Steve Wilcox	BDA	14.7

**M 200m A**

1 Stephen Sumner	HYN	22.7
2 Darren Gayle	O&R	23.3
3 Matthew Donaldson U1	P&B	23.7
4 Mark Gilmer	LDS	23.9
5 Nic Howard	SKY	24.4

**M 200m B**

1 Reece Hendley	O&R	24.4
2 Cory Pounder	HYN	24.7
3 Adam Brooks U17	SKY	25.2
4 Nathan Wells	LDS	26.1
5 Steve Wilcox	BDA	DISQ

**M 400m A**

1 Mark Gilmer	LDS	51.5
2 Oliver Clemo U17	SKY	52.0
3 Ryan Greaves U17	P&B	53.0
4 Rick Mather	O&R	53.4
5 Declan Lyons	HYN	57.6
6 Rory Cunliffe	BDA	60.9

**M 400m B**

1 Nic Howard	SKY	53.6
2 Danny Brownbill U17	LDS	55.7
3 Mark Winterburn	O&R	57.0
4 Richard Bhola	P&B	59.2
5 Rizwan Khan	BDA	67.8

**M 800m A**

1 Ryan Greaves U17	P&B	2.00.4
2 Mike Mannings	O&R	2.03.2
3 Chris Thornton	SKY	2.04.3
4 Rob Torch	LDS	2.11.7
5 Rory Cunliife	BDA	2.19.9

**M 800m B**

1 Chris Bryan	SKY	2.07.1
2 Daniel Timperley	O&R	2.25.8
3 Martin Horbury	LDS	2.31.6
4 Gerard Mills	BDA	2.34.6

**M 1500m A**

1 Mike Mannings	O&R	4.19.0
2 Alex Davy	LDS	4.25.9
3 Chris Bryan	SKY	4.30.8
4 Simon Forde	BDA	5.18.9

**M 1500m B**

1 Rob Ingham	O&R	4.33.3
2 Trevor Wilks	LDS	4.37.3

**M 5000m A**

1 Martin Farran V45	LDS	16.41.4
2 Rob Ingham	O&R	17.21.7
3 Gerard Mills	BDA	17.43.7
4 Russell Turner	SKY	19.56.7
5 Richard Bhola	P&B	20.53.3

**M 5000m B**

1 Pete Steel	LDS	16.48.4
2 Rory Cunliife	BDA	18.42.4
3 Ian Clarke	SKY	20.21.5

**M 110mH A**

1 Adam Timms P&B 15.6

**M 400mH A**

1 Reece Hendley O&R 61.3  
2 Nick Millington P&B 67.6  
3 Andre Parker Laing LDS 80.1

**M 3000m SC A**

1 Chris Thornton SKY 11.14.1  
2 Simon Forde BDA 11.49.3

**M Discus Throw A**

1 Mike Rigby O&R 34.72  
2 Nick Millington P&B 26.04  
3 Andrew Tate SKY 24.87  
4 Chris Hainsworth BDA 21.69  
5 Mike Grime HYN 20.84  
6 Kevin Ritchie LDS 15.60

**M Hammer Throw A**

1 Mike Rigby O&R 41.89  
2 Sam Allan LDS 27.08  
3 Chris Hainsworth BDA 25.18  
4 Mike Grime HYN 20.97  
5 John Dutton P&B 20.78  
6 Andrew Tate SKY 15.63

**M High Jump A**

1 Rob Ingham O&R 1.60  
2 Elliott Dawson SKY 1.60  
3 Ryan Greaves U17 P&B 1.50  
4 Kevin Ritchie LDS 1.40

**M Javelin Throw A**

1 Adam Timms P&B 51.76  
2 Jamie Emblow BDA 41.79  
3 Andrew Mayes O&R 38.85  
4 Andrew Tate SKY 26.46  
5 Ivan Roberts LDS 16.63  
6 Wayne Edmundson HYN 15.14

**M 110mH B**

1 Nick Millington P&B 21.2

**M 400mH B**

1 Rob Ingham O&R 66.3  
2 Richard Bholá P&B 66.6  
3 Martin Horbury LDS 87.2

**M 3000m SC B**

1 Steve Wolstenholme BDA 12.17.9

**M Discus Throw B**

1 Colin Allen O&R 28.36  
2 Wayne Edmundson HYN 20.31  
3 John Dutton P&B 19.37  
4 Tim Agar SKY 17.30  
5 Steve Wolstenholme BDA 17.24

**M Hammer Throw B**

1 Colin Allen O&R 27.64  
2 Wayne Edmundson HYN 19.30  
3 Karl Evenden U17 LDS 16.10  
4 Andrew Medley SKY 15.11  
5 Mattherw Millington P&B 12.60

**M High Jump B**

1 Darren Howard O&R 1.55  
2 Nic Howard SKY 1.45

**M Javelin Throw B**

1 Steve Williams O&R 37.56  
2 Mick Twyman BDA 23.76  
3 Nic Howard SKY 21.98  
4 Nick Millington P&B 19.63  
5 Mike Grime HYN 14.55  
6 Karl Evenden U17 LDS 11.14

**M Long Jump A**

1 Adam Timms	P&B	6.47
2 Reece Hendley	O&R	5.33
3 Elliott Dawson	SKY	5.09
4 Nathan Wells	LDS	4.54

**M Long Jump B**

1 Andre Parker Laing	LDS	4.37
2 Daniel Timperley	O&R	4.21
3 Adam Brooks U17	SKY	3.91

**M Pole Vault A**

No competitors

**M Pole Vault B**

No competitors

**M Shot Putt A**

1 Mike Rigby	O&R	10.60
2 Andrew Tate	SKY	10.11
3 Jamie Emblow	BDA	8.46
4 John Dutton	P&B	8.36
5 Mike Grime	HYN	7.91
6 Karl Evenden U17	LDS	7.22

**M Shot Putt B**

1 Corin Allen	O&R	9.92
2 Chris Hainsworth	BDA	8.39
3 Mattherw Millington	P&B	7.81
4 Wayne Edmundson	HYN	7.75
5 Andrew Medley	SKY	6.43
6 Ivan Roberts	LDS	6.05

**M Triple Jump A**

1 Oliver Clemo U17	SKY	11.42
2 Rob Ingham	O&R	11.23
3 Kevin Ritchie	LDS	9.73

**M Triple Jump B**

1 Elliott Dawson	SKY	11.16
2 Reece Hendley	O&R	9.96
3 Simon Hill	LDS	8.82

**W 100m A**

1 Grace Christopher U17	P&B	12.9
2 Kelly Hilton	CHL	13.1
3 Danielle Carr	LDS	13.2
4 Sophie Hart	HYN	13.4
5 Charlotte Chapman	SKY	14.9
6 Angie Osbourne	O&R	15.6

**W 100m B**

1 Lauren Cahill U17	LDS	14.3
2 Jade Brown U17	CHL	14.5

**W 200m A**

1 Danielle Carr	LDS	27.2
2 Natalie Fletcher	O&R	28.5
3 Hannah Seddon	SKY	28.8
4 Jade Brown U17	CHL	30.3

**W 200m B**

1 Laura Kirk	SKY	27.8
2 Jo Westerman	LDS	28.8
3 Jeanette Murray	CHL	31.8

**W 400m A**

1 Hannah Seddon	SKY	63.5
2 Lucy Turner	LDS	67.0
3 Jeanette Murray	CHL	72.9

**W 400m B**

1 Laura Kirk	SKY	60.0
2 Fiona Maddocks	LDS	67.4
3 Charlotte Murray	CHL	81.1

**W 800m A**

1 Sarah Holah	P&B	2.30.3
2 Fiona Maddocks	LDS	2.33.4
3 Rebecca Harrison	SKY	2.53.5

**W 1500m A**

1 Rebecca Harrison	SKY	5.04.5
2 Fiona Maddocks	LDS	5.20.1
3 Sarah Holah	P&B	5.23.9
4 Jane Augsburg	O&R	5.32.8

**W 3000m A**

1 Rebecca Harrison	SKY	11.12.5
2 Sarah Holah	P&B	11.21.5
3 Emma Perrin	CHL	12.01.9
4 Jennie Harrison	LDS	12.56.5

**W 100mH A**

1 Kelly Hilton	CHL	14.9
2 Nicola Breaks	HYN	16.8

**W 400mH A**

No competitors

**W Discus Throw A**

1 Mel Turner	O&R	20.33
2 Vikki Grime	HYN	19.28
3 Eloise Manger	CHL	18.10
4 Jo Westerman	LDS	17.53
5 Laura Griggs	SKY	16.36
6 Sarah Holah	P&B	13.28

**W Hammer Throw A**

1 Vikki Grime	HYN	31.43
2 Eloise Manger	CHL	23.48
3 Ross Evenden	LDS	21.00
4 Natalie Fletcher	O&R	15.34
5 Laura Kirk	SKY	8.82

**W High Jump A**

1 Nicola Breaks	HYN	1.52
2 Laura Kirk	SKY	1.25
3 Lauren Cahill U17	LDS	1.15

**W 800m B**

1 Lucy Turner	LDS	2.39.8
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**W 1500m B**

1 Sally Entwistle	SKY	5.59.8
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**W 3000m B**

1 Sally Entwistle	SKY	11.25.0
2 Jan Naylor	CHL	14.21.7

**W 100mH B**

1 Caroline Smithson	HYN	22.4
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**W 400mH B**

No competitors

**W Discus Throw B**

1 Charlotte Chapman	SKY	15.63
2 Ross Evenden	LDS	15.62
3 Laura Mulligan	HYN	15.38
4 Natalie Fletcher	O&R	13.65

**W Hammer Throw B**

1 Stacey Evenden U17	LDS	19.72
2 Sue Grime	HYN	17.72
3 Laura Griggs	SKY	7.72

**W High Jump B**

1 Caroline Smithson	HYN	1.30
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**W Long Jump A**

1 Kelly Hilton	CHL	.32
2 Grace Christopher 17	P&B	4.78
3 Caroline Smithson	HYN	4.57
4 Lauren Cahill U17	LDS	4.45
5 Natalie Fletcher	O&R	3.66
6 Charlotte Chapman	SKY	3.04

**W Long Jump B**

1 Sophie Hart	HYN	4.32
2 Emma Perrin	CHL	3.40

**W Javelin Throw A**

1 Eloise Manger	CHL	33.62
2 Nicola Breaks	HYN	31.03
3 Mel Turner	O&R	22.52
4 Ross Evenden	LDS	13.58
5 Bethany Harrison	SKY	9.69

**W Javelin Throw B**

1 Claire Mitchell	HYN	30.47
2 Stacey Evenden U17	LDS	13.45
3 Charlotte Murray	CHL	10.15
4 Laura Griggs	SKY	4.90

**W Pole Vault A**

No competitors

**W Pole Vault B**

No competitors

**W Shot Putt A**

1 Nicola Breaks	HYN	9.41
2 Mel Turner	O&R	8.96
3 Eloise Manger	CHL	8.03
4 Ross Evenden	LDS	7.08
5 Laura Griggs	SKY	5.89

**W Shot Putt B**

1 Vikki Grime	HYN	8.45
2 Stacey Evenden U17	LDS	5.94
3 Bethany Harrison	SKY	3.96

**W Triple Jump A**

1 Kelly Hilton	CHL	11.27
2 Nicola Breaks	HYN	11.09
3 Charlotte Chapman	SKY	8.09

**W Triple Jump B**

1 Claire Mitchell	HYN	7.42
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**W 4x100m Relay**

1 HYN 56.8	1 Sophie Hart	2 Claire Mitchell
	3 Nicola Breaks	4 Caroline Smithson
2 O&R 57.1	1	2
	3	4
3 SKY 59.3	1 Laura Kirk	2 Rebecca Harrison
	3 Hannah Seddon	4 Bethany Harrison
4 LDS 61.9	1 Danielle Carr	2 Jo Westerman
	3 Lauren Cahill U17	4 Ross Evenden

**W 4x400m Relay**

1 SKY 4.31.3 1 Hannah Seddon 2 Laura Kirk  
 3 Bethany Harrison 4 Sally Entwistle

**M 4x100m Relay**

1 P&B 46. 1 1 Edam Cooper U17 2 Nick Millington  
 3 Adam Timms 4 Matthew Millington  
 2 O&R 46.6 1 Rick Mather 2 Lee Broadbent  
 3 Reece Hendley 4 Darren Gayle  
 3 HYN 47.1 1 Chris Clark 2 Cory Pounder  
 Declan Lyons 4 Stephen Sumner  
 4 SKY 49.6 1 Oliver Clemo U17 2 Andrew Medley  
 3 Nic Howard 4 Elliott Dawson  
 5 LDS 50.8 1 Andre Parker Laing 2 Danny Brownbill U17  
 3 Nathan Wells 4 Mark Gilmer

**M 4x400m Relay**

1 O&R 3.39.8 1 Rick Mather 2 Lee Broadbent  
 3 Mark Winterburn 4 Reece Hendley  
 2 SKY 3.43.8 1 Chris Thornton 2 Adam Brooks U17  
 3 Nic Howard 4 Chris Bryan  
 3 LDS 3.50.8 1 Mark Gilmer 2 Danny Brownbill U17  
 3 Andre Parker 4. Laing 4 Rob Torch  
 4 P&B 3.58.3 1 Matthew Millington 2 Nick Millington  
 3 Richard Bholá 4 Ryan Greaves U17

**PRIOR STANDINGS**

**MATCH RESULT**

**LEAGUE STANDINGS**

	Event	Lge	Event	Lge	Event	Lge		
1 P&B	788	14	1 SKY	356	7	1 Pudsey & Bramley	992	17
2 O&R	624.5	10	2 LDS	340	6	2 Skyrac AC	864.5	16
3 SKY	508.5	9	3 O&R	327	5	3 Oldham & Royton H &AC	951.5	15
4 LDS	594	8	4 HYN	257	4	4 Leeds City AC	934	14
5 CHL	397	6	5 P&B	204	3	5 Hyndburn AC	643	10
6 HYN	386	6	6 CHL	160	2	6 Chorley AC	557	8
7 BDA	207	3	7 BDA	135	1	7 Bradford Airedale AC	342	4

**General Comment**

No competitors W 400mH A, No competitors W 400mH B, No competitors M Pole Vau

**Note(s)**

BDA Includes + 30pts, CHL Includes + 30pts, HYN Includes + 30pts, LDS Includes + 30pts,  
 O&R Includes + 30pts, P&B Includes + 5pts, SKY Includes + 20pts,