


Inter-Club Cup CUP FINAL - Longford Park, Traff
12 September 2009
Men's 100m
Wind=

 Perf Wind AW

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	2	Luke Evans U20	Blackburn Harriers	11.04	<input type="checkbox"/>		
2	1	Anthony Ashton	Bury AC	11.36	<input type="checkbox"/>		
3	6	Ricardo francis	Wakefield Harriers	11.57	<input type="checkbox"/>		
4	4	Stephen Richardson U	Kingston upon Hull	11.73	<input type="checkbox"/>		
5	5	Daniel Harmes U20	Scunthorpe & Distric	11.83	<input type="checkbox"/>		
6	3	Matthew Ward U17	City of Manchester	12.01	<input type="checkbox"/>		

Men's 400m

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	1	Carlos Balsamo	Bury AC	50.40	<input type="checkbox"/>		
2	3	Danny Kevin	City of Manchester	51.00	<input type="checkbox"/>		
3	6	Andrei Pobischan U20	Wakefield Harriers	51.60	<input type="checkbox"/>		
4	5	Leo Smith	Scunthorpe & Distric	51.80	<input type="checkbox"/>		
5	4	Lewis Stead	Kingston upon Hull	52.50	<input type="checkbox"/>		
6	2	Anthony Hauserman L	Blackburn Harriers	54.10	<input type="checkbox"/>		

Men's 1500m

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	2	Chris Matthews U17	Blackburn Harriers	04:17.33	<input type="checkbox"/>		
2	4	Josh Rowe U20	Kingston upon Hull	04:21.52	<input type="checkbox"/>		
3	5	Josh Reid U17	Scunthorpe & Distric	04:30.38	<input type="checkbox"/>		
4	6	Ryan Hartley	Wakefield Harriers	04:42.27	<input type="checkbox"/>		
5							
6							

Men's 10000m

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	2	Tom Cornthwaite	Blackburn Harriers	31:04.58	<input type="checkbox"/>		
2	4	Jarratt Perkins	Kingston upon Hull	34:43.39	<input type="checkbox"/>		
3	5	Sam O'Neil	Scunthorpe & Distric	35:17.98	<input type="checkbox"/>		
4							

Men's 400m Hurdles

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	4	Dan Holliday	Kingston upon Hull	56.72	<input type="checkbox"/>		
2	3	Tom O'Brien	City of Manchester	58.03	<input type="checkbox"/>		
3	5	Daniel Hughes U20	Scunthorpe & Distric	58.22	<input type="checkbox"/>		
4	6	Alistair Robinson	Wakefield Harriers	59.83	<input type="checkbox"/>		
5	2	Jordan Cowell U20	Blackburn Harriers	59.93	<input type="checkbox"/>		
6	1	Matt Elkin U20	Bury AC	63.96	<input type="checkbox"/>		

Men's Hammer

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	4	Peter Smith U20	Kingston upon Hull	63.32	<input type="checkbox"/>		
2	6	Richard Gayle	Wakefield Harriers	42.56	<input type="checkbox"/>		
3	3	John Nichols	City of Manchester	41.78	<input type="checkbox"/>		
4	5	Matt Hammond	Scunthorpe & Distric	39.25	<input type="checkbox"/>		
5	2	Lewis Taylor U20	Blackburn Harriers	37.43	<input type="checkbox"/>		
6	1	Paul Horrocks	Bury AC	29.42	<input type="checkbox"/>		

Men's Shot Putt

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	3	John Nichols	City of Manchester	14.71	<input type="checkbox"/>		
2	4	John Twiddle	Kingston upon Hull	12.45	<input type="checkbox"/>		
3	2	Stewart Maxwell	Blackburn Harriers	10.74	<input type="checkbox"/>		
4	5	John Shaw	Scunthorpe & Distric	10.40	<input type="checkbox"/>		
5	6	Richard Gayle	Wakefield Harriers	9.89	<input type="checkbox"/>		
6	1	Paul Horrocks	Bury AC	9.00	<input type="checkbox"/>		

Men's 200m
Wind=

 Perf Wind AW

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	2	Luke Evans U20	Blackburn Harriers	21.86	<input type="checkbox"/>		
2	6	Callum Whitham U20	Wakefield Harriers	23.20	<input type="checkbox"/>		
3	1	Mel Edwards	Bury AC	23.86	<input type="checkbox"/>		
4	4	Dan Holliday	Kingston upon Hull	24.38	<input type="checkbox"/>		
5	5	Ashley Wren U17	Scunthorpe & Distric	DNF	<input type="checkbox"/>		
6							

Men's 800m

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	3	Danny Kevin	City of Manchester	01:59.43	<input type="checkbox"/>		
2	2	Anthony Hauserman L	Blackburn Harriers	02:00.35	<input type="checkbox"/>		
3	6	Gareth Hepworth	Wakefield Harriers	02:06.62	<input type="checkbox"/>		
4	4	Howard Thompson U2	Kingston upon Hull	02:10.42	<input type="checkbox"/>		
5	5	Arlen Williams	Scunthorpe & Distric	03:03.06	<input type="checkbox"/>		
6							

Men's 5000m

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	2	Karl Billingtonb U20	Blackburn Harriers	15:47.84	<input type="checkbox"/>		
2	3	Gary Matthews	City of Manchester	16:25.92	<input type="checkbox"/>		
3	5	Gary Crompton	Scunthorpe & Distric	16:39.25	<input type="checkbox"/>		
4	4	Mike Day	Kingston upon Hull	19:19.36	<input type="checkbox"/>		
5	6	Freddy Flynn	Wakefield Harriers	DNF	<input type="checkbox"/>		
6							

Men's 110m Hurdles
Wind=

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	5	Matt Shaw	Scunthorpe & Distric	15.64	<input type="checkbox"/>		
2	2	Liam Monaghan U20	Blackburn Harriers	15.85	<input type="checkbox"/>		
3	4	Mark Cage U202	Kingston upon Hull	19.58	<input type="checkbox"/>		
4	6	Matthew Crawshaw U	Wakefield Harriers	21.73	<input type="checkbox"/>		

Men's 3000m S/Chase

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	2	Phil Hall	Blackburn Harriers	10:33.00	<input type="checkbox"/>		
2	5	Arlen Williams	Scunthorpe & Distric	11:58.28	<input type="checkbox"/>		
3	1	David Flood	Bury AC	13:15.00	<input type="checkbox"/>		
4							
5							
6							

Men's Discus

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	4	John Twiddle	Kingston upon Hull	37.41	<input type="checkbox"/>		
2	5	Matt Hammond	Scunthorpe & Distric	33.75	<input type="checkbox"/>		
3	3	John Nichols	City of Manchester	33.54	<input type="checkbox"/>		
4	2	Stewart Maxwell	Blackburn Harriers	28.55	<input type="checkbox"/>		
5	6	Richard Gayle	Wakefield Harriers	26.91	<input type="checkbox"/>		
6	1	Paul Horrocks	Bury AC	25.59	<input type="checkbox"/>		

Men's Javelin

Rank	Pos	Name	Club	Time	Perf	Wind	AW
1	4	Andy Mimmack U17	Kingston upon Hull	49.95	<input type="checkbox"/>		
2	2	Mark Birchall	Blackburn Harriers	49.15	<input type="checkbox"/>		
3	5	Kieran Burr U17	Scunthorpe & Distric	48.40	<input type="checkbox"/>		
4	1	Atique Mohammed	Bury AC	30.99	<input type="checkbox"/>		
5							
6							


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Men's Long Jump

	Perf	Recor	Wind	AW
1 3	Andrew Burgess	City of Manchester	6.72	<input checked="" type="checkbox"/>
2 5	Ashley Wren U17	Scunthorpe & Distric	6.63	<input checked="" type="checkbox"/>
3 2	Claude Peter Thomas	Blackburn Harriers	6.18	
4 4	Stephen Richardson U	Kingston upon Hull	5.74	
5 6	Callum Whitham U20	Wakefield Harriers	5.04	
6				

Men's Triple Jump

	Perf	Recor	Wind	AW
1 5	Josh Bones U17	Scunthorpe & Distric	13.32	<input checked="" type="checkbox"/>
2 2	Claude Peter Thomas	Blackburn Harriers	12.92	
3 6	Matthew Crawshaw U	Wakefield Harriers	10.77	
4 1	Joe Vaughan U20	Bury AC	10.59	
5				
6				

Men's High Jump

1 1	Carlos Balsamo	Bury AC	1.80
2 6	Alistair Robinson	Wakefield Harriers	1.75
3 2	Claude Peter Thomas	Blackburn Harriers	1.70
4= 4	Dan Holliday	Kingston upon Hull	1.60
4= 5	Daniel Hughes U20	Scunthorpe & Distric	1.60

Men's Pole Vault

1 3	Matt Cullen	City of Manchester	4.30	<input checked="" type="checkbox"/>
2 4	Liam Holliday U20	Kingston upon Hull	3.60	
3 2	Claude Peter Thomas	Blackburn Harriers	2.90	
4= 5	Daniel Harmes U20	Scunthorpe & Distric	2.60	
4= 1	Jamie Geehan U20	Bury AC	2.40	
6	Freddy Flynn	Wakefield Harriers	2.30	

Men's 4x100m Relay

1 2	Blackburn Harriers	Phil Vickers	Paul Whittle	Luke Evans U20	Claude Peter Thoma	44.41
2 6	Wakefield Harriers	Ricardo francis	Andrei Pobischan U20	Callum Whitham U20	Alistair Robinson	44.71
3 5	Scunthorpe & District	Tom Carylton U17	Daniel Harmes U20	Ashley Wren U17	Josh Bones U17	45.59
4 1	Bury AC	Anthony Ashton	Mel Edwards	Matt Elkin U20	Kebba	46.00
5 4	Kingston upon Hull	Andy Mimmack U17	Lewis Stead	Liam Holliday U20	Dan Holliday	47.26
6						

Men's 4x400m Relay

1 6	Wakefield Harriers	Andrei Pobischan U	Alistair Robinson	Gareth Hepworth	Callum Whitham U20	03:29.39
2 5	Scunthorpe & District	Leo Smith	Daniel Harmes U20	Daniel Hughes U20	Billy Crowther	03:33.22
3 2	Blackburn Harriers	Jordan Cowell U20	Anthony Hauserman U17	Jamie Vickery	Chris Matthews U20	03:36.90
4 4	Kingston upon Hull	Howard Jones U20	Josh Rowe U20	Mark Cage U202	Liam Holliday U20	03:48.29
5 1	Bury AC	Matt Elkin U20	Mel Edwards	Joe Vaughan U20	Carlos Balsamo	03:53.02
6						

MATCH POINTS

1	Blackburn	191.0	5	CoM	130.0
2	KuH	167.5	6	Bury	88.0
3	Scunthorpe	150.0	7		
4	Wakefield	143.0	8		


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Women's 100m

Wind= -0.9

	Perf	Record	Wind	AW	
1	4	Annabelle Lewis	Kingston upon Hull	12.33	<input type="checkbox"/>
2	2	Sophie Hitchen U20	Blackburn Harriers	12.44	<input type="checkbox"/>
3	5	Sophie Croft U17	Scunthorpe & Distric	12.67	<input type="checkbox"/>
4	6	Becky Watts U17	Wakefield Harriers	12.80	<input type="checkbox"/>
5	3	Nicola Cahill	City of Manchester	13.14	
6	1	Katy Megson U17	Bury AC	14.79	

Women's 400m

1	6	Mikaela Harrison U20	Wakefield Harriers	59.47	<input type="checkbox"/>
2	4	Sonia Santos U20	Kingston upon Hull	59.86	<input type="checkbox"/>
3	5	Rachel Fisk	Scunthorpe & Distric	60.43	<input type="checkbox"/>
4	2	Rachel Leech U17	Blackburn Harriers	63.52	
5	3	Katie Holt	City of Manchester	65.38	
6	1	Katy Megson U17	Bury AC	69.70	

Women's 1500m

1	2	Alison Leonard U20	Blackburn Harriers	04:29.09	<input type="checkbox"/>
2	4	Laura Jane Day U20	Kingston upon Hull	05:05.24	
3	1	Alison Walsh U17	Bury AC	05:48.94	
4	5	Bethany Hammond U17	Scunthorpe & Distric	06:10.70	
5	6	Emily Dent U20	Wakefield Harriers	06:42.58	
6					

Women's 400m Hurdles

1	6	Mikaela Harrison U20	Wakefield Harriers	65.27	<input type="checkbox"/>
2	2	Abby-Leigh Edmundsc	Blackburn Harriers	69.61	<input type="checkbox"/>
3	5	Rachel Fisk	Scunthorpe & Distric	70.35	
4	4	Zoe Garton U20	Kingston upon Hull	73.94	
5	3	Alison Pye	City of Manchester	79.88	
6					

Women's Hammer

1	3	Laura Douglas	City of Manchester	59.73	<input type="checkbox"/>
2	2	Sophie Hitchen U20	Blackburn Harriers	59.02	<input type="checkbox"/>
3	6	Sarah Drake	Wakefield Harriers	40.44	<input type="checkbox"/>
4	5	Emma Gilbert	Scunthorpe & Distric	39.10	<input type="checkbox"/>
5	4	Lisa kenney	Kingston upon Hull	36.78	<input type="checkbox"/>
6					

Women's Shot Putt

1	3	Laura Douglas	City of Manchester	11.71	<input type="checkbox"/>
2	2	Sarah Henton	Blackburn Harriers	11.03	<input type="checkbox"/>
3	4	Lois Earl U20	Kingston upon Hull	10.94	<input type="checkbox"/>
4	5	Edel Maegher	Scunthorpe & Distric	10.16	<input type="checkbox"/>
5	6	Amy Claxton	Wakefield Harriers	9.26	
6					

Women's 200m

Wind= -0.6

	Perf	Record	Wind	AW	
1	4	Annabelle Lewis	Kingston upon Hull	25.45	<input type="checkbox"/>
2	2	Sophie Hitchen U20	Blackburn Harriers	25.54	<input type="checkbox"/>
3	5	Alice Kaye U17	Scunthorpe & Distric	25.59	<input type="checkbox"/>
4	6	Reagan Wright	Wakefield Harriers	26.48	<input type="checkbox"/>
5	3	Katie Holt	City of Manchester	27.67	
6	1	Sarah Lutkevich U20	Bury AC	27.74	

Women's 800m

1	5	Sarah Kemshall	Scunthorpe & Distric	02:23.65	<input type="checkbox"/>
2	4	Emily Curry U20	Kingston upon Hull	02:26.62	
3	2	Charlotte Atkinson U17	Blackburn Harriers	02:31.10	
4	1	Grace Conroy U20	Bury AC	02:34.97	
5	6	Becky Lancaster U17	Wakefield Harriers	03:01.83	
6	3	Kathy Wellam	City of Manchester	03:06.39	

Women's 3000m

1	2	Pauline Powell	Blackburn Harriers	10:11.82	<input type="checkbox"/>
2	3	Hannah Griffiths	City of Manchester	10:33.22	<input type="checkbox"/>
3	4	Lauren Havercroft U20	Kingston upon Hull	11:21.19	
4	6	helen beck	Wakefield Harriers	11:37.81	
5	1	Katie Geelan	Bury AC	11:40.09	
6	5	Fiona Fisk	Scunthorpe & Distric	13:44.80	

Women's 100m Hurdles

Wind= -0.8

1	3	Katie Holt	City of Manchester	16.10	<input type="checkbox"/>
2	2	Abby-Leigh Edmundsc	Blackburn Harriers	17.72	
3	1	Sarah Lutkevich U20	Bury AC	20.33	
4	5	Aneleise Spindley U17	Scunthorpe & Distric	20.49	
5	6	Lynsie Whyke	Wakefield Harriers	26.77	
6					

Women's Discus

1	2	Sarah Henton	Blackburn Harriers	44.26	p	<input type="checkbox"/>
2	4	Lisa kenney	Kingston upon Hull	33.19		<input type="checkbox"/>
3	5	Edel Meagher	Scunthorpe & Distric	32.05		<input type="checkbox"/>
4	3	Laura Douglas	City of Manchester	28.80		
5	6	Amy Claxton	Wakefield Harriers	24.14		
6	1	Nicola Quick U20	Bury AC	17.52		

Women's Javelin

1	4	Lisa kenney	Kingston upon Hull	36.82	p	<input type="checkbox"/>
2	5	Julia Kulis	Scunthorpe & Distric	34.52		<input type="checkbox"/>
3	2	Sarah Henton	Blackburn Harriers	29.61		
4	3	Nicola Cahill	City of Manchester	27.30		
5	1	Nicola Quick U20	Bury AC	23.91		
6	6	Vikki Mills	Wakefield Harriers	21.72		


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Women's Long Jump

	Perf	Record	Wind	AW	
1	3	Jessica Taylor	City of Manchester	5.55	<input checked="" type="checkbox"/>
2	6	Kirby Akindeinde	Wakefield Harriers	5.09	<input checked="" type="checkbox"/>
3	2	Carmen Peter-Thomas	Blackburn Harriers	4.60	
4	4	Claire Blunt	Kingston upon Hull	4.09	
5	5	Becky Saxby U20	Scunthorpe & Distric	4.05	
6					

Women's Triple Jump

	Perf	Record	Wind	AW		
1	2	Carmen Peter-Thomas	Blackburn Harriers	10.97	p	<input checked="" type="checkbox"/>
2	3	Lauren Maccabee U17	City of Manchester	10.21		<input checked="" type="checkbox"/>
3	6	Lynsie Whyke	Wakefield Harriers	10.03		<input checked="" type="checkbox"/>
4	4	Claire Blunt	Kingston upon Hull	8.60		
5	5	jessica Garrod U20	Scunthorpe & Distric	8.37		
6						

Women's High Jump

	Perf	Record	Wind	AW	
1	3	Nicola Cahill	City of Manchester	1.60	<input checked="" type="checkbox"/>
2	4	Lois Earl U20	Kingston upon Hull	1.55	<input checked="" type="checkbox"/>
3	2	Abby-Leigh Edmunds	Blackburn Harriers	1.45	
4	6	Lynsie Whyke	Wakefield Harriers	1.35	
5	5	Becky Saxby U20	Scunthorpe & Distric	1.30	

Women's Pole Vault

	Perf	Record	Wind	AW		
1	6	Vikki Mills	Wakefield Harriers	2.40	p	<input checked="" type="checkbox"/>
2	4	Claire Blunt	Kingston upon Hull	2.40		<input checked="" type="checkbox"/>
3	3	Samantha Mohtashari	City of Manchester	2.30		<input checked="" type="checkbox"/>
4=	1	Nicola Quick U20	Bury AC	2.20		
4=						

Women's 4x100m Relay

	Perf	Record	Wind	AW	
1	6	Wakefield Harriers	Lois Brown U17 Reagan Wright Mikaela Harrison U20 Becky Watts U17	50.5	<input checked="" type="checkbox"/>
2	2	Blackburn Harriers	Jessica lewis U17 Carmen Peter-Thomas U20 Alison Leonard U20	51.1	<input checked="" type="checkbox"/>
3	4	Kingston upon Hull	Beth Taylor U17 Sonia Santos U20 Lois Earl U20	51.6	<input checked="" type="checkbox"/>
4	3	City of Manchester	Nicola Cahill Katie Holt Jessica Taylor	53.3	
5	1	Bury AC	Vicky Opara Katy Megson U17 Nicola Quick U20	57.3	
6	5	Scunthorpe & District	Sophie Croft U17 Becky Saxby U20 Aneise Spindley U17	57.9	

Women's 4x400m Relay

	Perf	Record	Wind	AW	
1	6	Wakefield Harriers	Lydia Brown U17 Lois Brown U17 Reagan Wright Mikaela Harrison U20	04:10.13	<input checked="" type="checkbox"/>
2	5	Scunthorpe & District	Alice Kaye U17 Becky Saxby U20 Bethany Hammond U17	04:15.23	
3	4	Kingston upon Hull	Laura Jane Day U20 Beth Taylor U17 Emily Curry U20	04:15.92	
4	2	Blackburn Harriers	Charlotte Atkinson U Rachel Leech U17 Pauline Powell	04:16.49	
5	1	Bury AC	- - -	-	
6					