


Inter Club Cup ROUND 1 MATCH 2 - Sports City,
13 September 2008

| Events | Doncaster | York | Sheffield | Scunthorpe | Lincoln | Wakefield | | | | UNUSED | TOTAL |
|---------------------|-----------|------|-----------|------------|---------|-----------|----|--|---|--------|-------|
| | 11 | 12 | 13 | 14 | 15 | 16 | 17 | | | | |
| Men's 100m | 3 | 2 | 6 | 4 | 1 | 5 | | | | | 21 |
| Men's 200m | 2 | | 6 | 5 | 4 | 3 | | | 1 | | 21 |
| Men's 400m | 3 | 2 | 6 | 5 | 1 | 4 | | | | | 21 |
| Men's 800m | 3 | 1 | 4 | 2 | 6 | 5 | | | | | 21 |
| Men's 1500m | 1 | 4 | 5 | 2 | 6 | 3 | | | | | 21 |
| Men's 5000m | 3 | 4 | 5 | 2 | 6 | 1 | | | | | 21 |
| Men's 10000m | 5 | 6 | | 4 | | | | | 6 | | 21 |
| Men's 110m Hurdles | 2 | 3 | 6 | 5 | 4 | | | | 1 | | 21 |
| Men's 400m Hurdles | 3 | | 6 | 5 | 2 | 4 | | | 1 | | 21 |
| Men's 3000m S/Chase | 3 | | 6 | 4 | 5 | | | | 3 | | 21 |
| Men's Hammer | 2 | 5 | 1 | 4 | 3 | 6 | | | | | 21 |
| Men's Discus | 3 | 5 | 6 | 2 | 1 | 4 | | | | | 21 |
| Men's Shot Putt | 5 | 3 | 6 | 1 | 2 | 4 | | | | | 21 |
| Men's Javelin | 5 | 6 | 4 | 1 | 2 | 3 | | | | | 21 |
| Men's Long Jump | 4 | | 6 | 5 | 2 | 3 | | | 1 | | 21 |
| Men's Triple Jump | 2 | 3 | 6 | 5 | 1 | 4 | | | | | 21 |
| Men's High Jump | 3 | 6 | 4 | 1 | 2 | 5 | | | | | 21 |
| Men's Pole Vault | 5 | | 2 | 3 | 6 | 4 | | | 1 | | 21 |
| Men's 4x100m Relay | 2 | 3 | 4 | 5 | 1 | 6 | | | | | 21 |
| Men's 4x400m Relay | 2 | 1 | 6 | 5 | 3 | 4 | | | | | 21 |
| | 61 | 54 | 95 | 70 | 58 | 68 | | | | | 406 |

| | | | | | | | | | | | |
|----------------------|----|----|----|----|----|----|--|--|--|--|-----|
| Women's 100m | 4 | 2 | 1 | 6 | 3 | 5 | | | | | 21 |
| Women's 200m | 4 | 3 | | 6 | 2 | 5 | | | | | 20 |
| Women's 400m | 1 | 2 | 3 | 5 | 4 | 6 | | | | | 21 |
| Women's 800m | 3 | 4 | | 2 | 5 | 6 | | | | | 20 |
| Women's 1500m | | 4 | | 6 | 5 | 3 | | | | | 18 |
| Women's 3000m | | 5 | | 6 | 4 | 3 | | | | | 18 |
| Women's 400m Hurdle | | 4 | | 5 | | 6 | | | | | 15 |
| Women's 100m Hurdle | | 6 | | 4 | 5 | 3 | | | | | 18 |
| Women's Hammer | 1 | 6 | 2 | 5 | 3 | 4 | | | | | 21 |
| Women's Discus | 1 | 6 | 4 | 2 | 3 | 5 | | | | | 21 |
| Women's Shot Putt | 2 | 4 | | 5 | 3 | 6 | | | | | 20 |
| Women's Javelin | 6 | 3 | 2 | 5 | 1 | 4 | | | | | 21 |
| Women's Long Jump | 1 | 2 | 6 | 4 | 3 | 5 | | | | | 21 |
| Women's Triple Jump | | | 6 | 4 | 3 | 5 | | | | | 18 |
| Women's High Jump | 3 | 6 | | 4 | 5 | 2 | | | | | 20 |
| Women's Pole Vault | | | | | 5 | 6 | | | | | 11 |
| Women's 4x100m Relay | | 4 | | 5 | 3 | 6 | | | | | 18 |
| Women's 4x400m Relay | | 3 | | 4 | 5 | 6 | | | | | 18 |
| | 26 | 64 | 24 | 78 | 62 | 86 | | | | | 340 |

| | 6 | 4 | 5 | 2 | 3 | 1 | 7 | 7 | | |
|------------------|-----------|-------|-----------|------------|---------|-----------|----|----|--------|-------|
| Match Summary | Doncaster | York | Sheffield | Scunthorpe | Lincoln | Wakefield | | | UNUSED | TOTAL |
| Teams | 87.0 | 118.0 | 119.0 | 148.0 | 120.0 | 154.0 | | | | 746.0 |
| Officials Points | 20.0 | 20.0 | | 20.0 | 20.0 | 20.0 | | | 100.0 | 200.0 |
| Total | 107.0 | 138.0 | 119.0 | 168.0 | 140.0 | 174.0 | | | 100.0 | 946.0 |
| Match Position | 6 | 4 | 5 | 2 | 3 | 1 | 7 | 7 | | |
| League Points | -5 | -3 | -4 | -1 | -2 | | -6 | -6 | | |

Inter Club Cup ROUND 1 MATCH 2 - Sports City,

13 September 2008

| | Perf | Recor | Wind | AW | | Perf | Recor | Wind | AW | | |
|----------------------------------|------|-------------------|--------------------|---------|-------------------------------------|------|-----------------|--------------------|--------------------|-------------------------------------|-------------------------------------|
| <u>Men's 100m</u> | | | | | <u>Men's 200m</u> | | | | | | |
| | | | Wind= | | | | | Wind= | | | |
| 1 | 13 | Todd Marshall | City of Sheffield | 11.7 | 1 | 13 | Todd Marshall | City of Sheffield | 22.9 | <input checked="" type="checkbox"/> | |
| 2 | 16 | Ricardo Francis | Wakefield | 11.9 | 2 | 14 | Ash Wren | Scunthorpe | 23.4 | | |
| 3 | 14 | Dainel Harmes | Scunthorpe | 11.9 | 3 | 15 | Martin Bradbury | Lincoln Wellington | 23.5 | | |
| 4 | 11 | Liam Davies | Doncaster | 12.1 | 4 | 16 | Craig Simpson | Wakefield | 23.9 | | |
| 5 | 12 | Tom Bennington | City of York | 12.3 | 5 | 11 | Liam Davies | Doncaster | 25.4 | | |
| 6 | 15 | Chris Leslie | Lincoln Wellington | 12.4 | 6 | | | | | | |
| <u>Men's 400m</u> | | | | | <u>Men's 800m</u> | | | | | | |
| 1 | 13 | Chris Wright | City of Sheffield | 49.4 | <input checked="" type="checkbox"/> | 1 | 15 | Will Strangeway | Lincoln Wellington | 01:56.3 | <input checked="" type="checkbox"/> |
| 2 | 14 | Karl McDonagh | Scunthorpe | 51.1 | | 2 | 16 | Thomas Coney | Wakefield | 01:56.4 | <input checked="" type="checkbox"/> |
| 3 | 16 | Alistair Robinson | Wakefield | 51.6 | | 3 | 13 | Steve Garrett | City of Sheffield | 02:03.3 | |
| 4 | 11 | Miles St Clair | Doncaster | 54.0 | | 4 | 11 | Chris Moran | Doncaster | 02:06.5 | |
| 5 | 12 | Adam Collinson | City of York | 56.4 | | 5 | 14 | Simon Pope | Scunthorpe | 02:08.6 | |
| 6 | 15 | Beren Cross | Lincoln Wellington | 58.1 | | 6 | 12 | Gavin Bannister | City of York | 02:11.2 | |
| <u>Men's 1500m</u> | | | | | <u>Men's 5000m</u> | | | | | | |
| 1 | 15 | Will Strangeway | Lincoln Wellington | 04:11.3 | | 1 | 15 | Ian Kimpton | Lincoln Wellington | 15:15.6 | <input checked="" type="checkbox"/> |
| 2 | 13 | Mukhtar Mohammed | City of Sheffield | 04:16.3 | | 2 | 13 | Howard Wood | City of Sheffield | 16:17.1 | <input checked="" type="checkbox"/> |
| 3 | 12 | Ryan Buck | City of York | 04:23.4 | | 3 | 12 | Iain Lyn n | City of York | 16:20.0 | <input checked="" type="checkbox"/> |
| 4 | 16 | Gareth Hepworth | Wakefield | 04:25.7 | | 4 | 11 | Josh Lowe | Doncaster | 17:23.1 | |
| 5 | 14 | Josh Reid | Scunthorpe | 04:34.8 | | 5 | 14 | Steve Borrill | Scunthorpe | 18:05.5 | |
| 6 | 11 | Peter Andrews | Doncaster | 04:58.9 | | 6 | 16 | Steve Faulkner | Wakefield | 18:45.6 | |
| <u>Men's 10000m</u> | | | | | <u>Men's 110m Hurdles</u> | | | | | | |
| 1 | 12 | Tom Bean | City of York | 33:10.5 | | 1 | 13 | Steve Garrett | City of Sheffield | 16.2 | |
| 2 | 11 | Simon Wright | Doncaster | 33:33.4 | | 2 | 14 | Matt Shaw | Scunthorpe | 16.9 | |
| 3 | 14 | David Vickers | Scunthorpe | 37:35.7 | | 3 | 15 | Geoff Powley | Lincoln Wellington | 21.2 | |
| 4 | | | | | | 4 | 12 | Tom Bennington | City of York | 21.3 | |
| 5 | | | | | | 5 | 11 | Les Grant | Doncaster | 25.2 | |
| <u>Men's 400m Hurdles</u> | | | | | <u>Men's 3000m S/Chase</u> | | | | | | |
| 1 | 13 | Steve Garrett | City of Sheffield | 59.40 | | 1 | 13 | Yasin Muhamed | City of Sheffield | 09:59.2 | <input checked="" type="checkbox"/> |
| 2 | 14 | Daniel Hughes | Scunthorpe | 60.30 | | 2 | 15 | Shane Robinson | Lincoln Wellington | 09:59.3 | <input checked="" type="checkbox"/> |
| 3 | 16 | Alistair Robinson | Wakefield | 60.60 | | 3 | 14 | Gary Crompton | Scunthorpe | 10:42.6 | |
| 4 | 11 | Sandy Murray | Doncaster | 64.30 | | 4 | 11 | Les Grant | Doncaster | 13:27.0 | |
| 5 | 15 | Ian Maplethorpe | Lincoln Wellington | 67.80 | | 5 | | | | | |
| <u>Men's Hammer</u> | | | | | <u>Men's Discus</u> | | | | | | |
| 1 | 16 | Richard Gayle | Wakefield | 43.43 | <input checked="" type="checkbox"/> | 1 | 13 | Jamie Williamson | City of Sheffield | 48.72 | <input checked="" type="checkbox"/> |
| 2 | 12 | Luke Slater | City of York | 41.08 | <input checked="" type="checkbox"/> | 2 | 12 | Mark Wearing | City of York | 39.56 | <input checked="" type="checkbox"/> |
| 3 | 14 | Matt Hammond | Scunthorpe | 37.99 | | 3 | 16 | Chiedu Ufodiana | Wakefield | 38.23 | <input checked="" type="checkbox"/> |
| 4 | 15 | Adrian White | Lincoln Wellington | 27.53 | | 4 | 11 | Darran Askew | Doncaster | 36.54 | <input checked="" type="checkbox"/> |
| 5 | 11 | Dave Long | Doncaster | 25.43 | | 5 | 14 | Matt Hammond | Scunthorpe | 33.21 | |
| 6 | 13 | Tom Grantham | City of Sheffield | 18.26 | | 6 | 15 | Adrian White | Lincoln Wellington | 26.56 | |
| <u>Men's Shot Putt</u> | | | | | <u>Men's Javelin</u> | | | | | | |
| 1 | 13 | Jamie Williamson | City of Sheffield | 16.77 | <input checked="" type="checkbox"/> | 1 | 12 | Paul Allsopp | City of York | 63.55 | <input checked="" type="checkbox"/> |
| 2 | 11 | Darran Askew | Doncaster | 11.64 | | 2 | 11 | Dave Long | Doncaster | 45.32 | |
| 3 | 16 | Chiedu Ufodiana | Wakefield | 11.57 | | 3 | 13 | Jamie Williamson | City of Sheffield | 39.82 | |
| 4 | 12 | Mark Wearing | City of York | 9.41 | | 4 | 16 | Darren Thomas | Wakefield | 38.12 | |
| 5 | 15 | Adrian White | Lincoln Wellington | 9.33 | | 5 | 15 | Geoff Powley | Lincoln Wellington | 34.50 | |
| 6 | 14 | John Shaw | Scunthorpe | 9.16 | | 6 | 14 | Dainel Harmes | Scunthorpe | 21.18 | |

Inter Club Cup ROUND 1 MATCH 2 - Sports City,

13 September 2008

Men's Long Jump

| | Perf | Recor | Wind | AW |
|------------------------|------|-------|------|-------------------------------------|
| 1 13 Chris Wright | | | | |
| 2 14 Ash Wren | 6.63 | | | <input checked="" type="checkbox"/> |
| 3 11 Andy Lilley | 5.68 | | | |
| 4 16 Alistair Robinson | 5.64 | | | |
| 5 15 Ian Maplethorpe | 4.97 | | | |
| 6 | | | | |

Men's Triple Jump

| | Perf | Recor | Wind | AW |
|-----------------------|-------|-------|------|-------------------------------------|
| 1 13 Dave Budd | 14.81 | | | <input checked="" type="checkbox"/> |
| 2 14 Josh Bones | 13.79 | | | <input checked="" type="checkbox"/> |
| 3 16 Andrei Pobischen | 12.29 | | | |
| 4 12 Curtuis Culhane | 11.87 | | | |
| 5 11 Liam Davies | 11.79 | | | |
| 6 15 Geoff Powley | 10.05 | | | |

Men's High Jump

| | Perf | Recor | Wind | AW |
|---------------------|------|-------|------|-------------------------------------|
| 1 12 Paul Allsopp | 1.90 | | | <input checked="" type="checkbox"/> |
| 2 16 William Mulroy | 1.85 | | | |
| 3 13 Tom Grantham | 1.70 | | | |
| 4 11 Andy Lilley | 1.65 | | | |
| 5 15 Chris Leslie | 1.50 | | | |
| 6 14 Matthew Shaw | 1.45 | | | |

Men's Pole Vault

| | Perf | Recor | Wind | AW |
|--------------------|------|-------|------|----|
| 1 15 Adrian White | 3.40 | | | |
| 2 11 Lewis Wilson | 3.20 | | | |
| 3 16 Darren Thomas | 2.80 | | | |
| 4 14 Dainel Harmes | 2.70 | | | |
| 5 13 Tom Grantham | 2.50 | | | |
| 6 | | | | |

Men's 4x100m Relay

| Rank | Club | Perf | AW |
|------|--------------------|-------------------|-----------------|
| 1 | Wakefield | Alistair Robinson | - |
| 2 | Scunthorpe | Josh Bones | Ash Wren |
| 3 | City of Sheffield | Jamie Williamson | Todd Marshall |
| 4 | City of York | Curtuis Culhane | Mark Wearing |
| 5 | Doncaster | Miles St Clair | Liam Davies |
| 6 | Lincoln Wellington | Martin Bradbury | Will Strangeway |

Men's 4x400m Relay

| Rank | Club | Perf | AW |
|------|--------------------|-------------------|------------------|
| 1 | City of Sheffield | Yasin Muhamed | Tom Grantham |
| 2 | Scunthorpe | Matt Shaw | Dainel Harmes |
| 3 | Wakefield | Alistair Robinson | Andrei Pobischen |
| 4 | Lincoln Wellington | Shane Robinson | Will Strangeway |
| 5 | Doncaster | Sandy Murray | Andy Lilley |
| 6 | City of York | Ryan Buck | Curtuis Culhane |

MATCH POINTS

| Rank | Club | Points | Rank | Club | Points |
|------|------------|--------|------|-----------|--------|
| 1 | Wakefield | 174.0 | 5 | Sheffield | 119.0 |
| 2 | Scunthorpe | 168.0 | 6 | Doncaster | 107.0 |
| 3 | Lincoln | 140.0 | 7 | | |
| 4 | York | 138.0 | 8 | | |

Inter Club Cup ROUND 1 MATCH 2 - Sports City
13 September 2008

| | | | | Perf | Recor | Wind | AW | | | | | Perf | Recor | Wind | | |
|------------------------------------|----|-------------------|--------------------|--------------|-------|------|----|------------------------------------|----------------------------|-------------------|--------------------|--------------|--------------|------|---|--|
| <u>Women's 100m</u> | | | | <i>Wind=</i> | | | | | <u>Women's 200m</u> | | | | <i>Wind=</i> | | | |
| 1 | 14 | Sophie Croft | Scunthorpe | 13.0 | | | ☑ | 1 | 14 | Sophie Croft | Scunthorpe | 26.0 | | | | |
| 2 | 16 | Lois Brown | Wakefield | 13.4 | | | | 2 | 16 | Faye Mitchell | Wakefield | 27.2 | | | | |
| 3 | 11 | Jackie Cawthorne | Doncaster | 13.6 | | | | 3 | 11 | Jackie Cawthorne | Doncaster | 28.2 | | | | |
| 4 | 15 | Amy-May Sanders | Lincoln Wellington | 13.7 | | | | 4 | 12 | Vicky Seller | City of York | 28.8 | | | | |
| 5 | 12 | Vicky Seller | City of York | 14.0 | | | | 5 | 15 | Vicki Lawrence | Lincoln Wellington | 30.3 | | | | |
| 6 | 13 | Tina Chiadzwa | City of Sheffield | 14.1 | | | | 6 | | | | | | | | |
| <u>Women's 400m</u> | | | | | | | | <u>Women's 800m</u> | | | | | | | | |
| 1 | 16 | Mikaela Harrison | Wakefield | 58.9 | | | ☑ | 1 | 16 | Kelly Johnson | Wakefield | 02:15.5 | | | | |
| 2 | 14 | Rachel Fisk | Scunthorpe | 60.5 | | | ☑ | 2 | 15 | Hester Talbot | Lincoln Wellington | 02:22.6 | | | | |
| 3 | 15 | Rochelle Harrison | Lincoln Wellington | 62.0 | | | ☑ | 3 | 12 | Charlotte Mason | City of York | 02:32.3 | | | | |
| 4 | 13 | Jess Witton | City of Sheffield | 64.6 | | | | 4 | 11 | Kirstin Frost | Doncaster | 02:52.1 | | | | |
| 5 | 12 | Charlotte Gaughan | City of York | 65.2 | | | | 5 | 14 | Fiona Fisk | Scunthorpe | 02:55.1 | | | | |
| 6 | 11 | Kirstin Frost | Doncaster | 71.9 | | | | 6 | | | | | | | | |
| <u>Women's 1500m</u> | | | | | | | | <u>Women's 3000m</u> | | | | | | | | |
| 1 | 14 | Sarah Kemshall | Scunthorpe | 04:54.4 | | | ☑ | 1 | 14 | Rachel Robinson | Scunthorpe | 10:38.7 | | | | |
| 2 | 15 | Georgia Ball | Lincoln Wellington | 04:59.2 | | | ☑ | 2 | 12 | Emma Willits | City of York | 10:52.6 | | | | |
| 3 | 12 | Charlotte Mason | City of York | 05:04.5 | | | | 3 | 15 | Becky White | Lincoln Wellington | 10:59.9 | | | | |
| 4 | 16 | Emily Dent | Wakefield | 07:11.0 | | | | 4 | 16 | Emily Dent | Wakefield | 16:12.7 | | | | |
| <u>Women's 400m Hurdles</u> | | | | | | | | <u>Women's 100m Hurdles</u> | | | | <i>Wind=</i> | | | | |
| 1 | 16 | Mikaela Harrison | Wakefield | 65.8 | | | ☑ | 1 | 12 | Helen Goacher | City of York | 16.1 | | | | |
| 2 | 14 | Rachel Fisk | Scunthorpe | 70.6 | | | | 2 | 15 | Ellis Whyler | Lincoln Wellington | 16.1 | | | | |
| 3 | 12 | Helen Goacher | City of York | 73.4 | | | | 3 | 14 | Jessica Garrod | Scunthorpe | 19.7 | | | | |
| 4 | | | | | | | | 4 | 16 | Lynsie Whyke | Wakefield | 20.4 | | | | |
| <u>Women's Hammer</u> | | | | | | | | <u>Women's Discus</u> | | | | | | | | |
| 1 | 12 | Claire Lebond | City of York | 40.09 | LR | | ☑ | 1 | 12 | Chloe Smyrk | City of York | 37.09 | | | | |
| 2 | 14 | Emma Gilbert | Scunthorpe | 34.65 | | | ☑ | 2 | 16 | Amy Claxton | Wakefield | 24.56 | | | | |
| 3 | 16 | Laura Teasdale | Wakefield | 34.53 | | | ☑ | 3 | 13 | Leanne Spooner | City of Sheffield | 24.12 | | | | |
| 4 | 15 | Laura Maplethorpe | Lincoln Wellington | 28.67 | | | | 4 | 15 | Rebecca Sullivan | Lincoln Wellington | 22.62 | | | | |
| 5 | 13 | Jess Witton | City of Sheffield | 14.74 | | | | 5 | 14 | Anne Gilbert | Scunthorpe | 19.40 | | | | |
| 6 | 11 | Becky Holdsworth | Doncaster | 12.94 | | | | 6 | 11 | Becky Holdsworth | Doncaster | 16.37 | | | | |
| <u>Women's Shot Putt</u> | | | | | | | | <u>Women's Javelin</u> | | | | | | | | |
| 1 | 16 | Debbie Collinson | Wakefield | 10.83 | LR | | ☑ | 1 | 11 | Kelly Bramhald | Doncaster | 36.81 | | | p | |
| 2 | 14 | Edel Meagher | Scunthorpe | 10.04 | | | ☑ | 2 | 14 | Julia Kolis | Scunthorpe | 33.29 | | | | |
| 3 | 12 | Chloe Smyrk | City of York | 8.90 | | | | 3 | 16 | Michelle Lonsdale | Wakefield | 32.81 | | | | |
| 4 | 15 | Rebecca Sullivan | Lincoln Wellington | 8.71 | | | | 4 | 12 | Chloe Smyrk | City of York | 28.36 | | | | |
| 5 | 11 | Becky Holdsworth | Doncaster | 6.87 | | | | 5 | 13 | Leanne Spooner | City of Sheffield | 19.85 | | | | |
| 6 | | | | | | | | 6 | 15 | Laura Maplethorpe | Lincoln Wellington | 16.60 | | | | |
| <u>Women's Long Jump</u> | | | | | | | | <u>Women's Triple Jump</u> | | | | | | | | |
| 1 | 13 | Leanne Spooner | City of Sheffield | 5.47 | LR | | ☑ | 1 | 13 | Leanne Spooner | City of Sheffield | 10.44 | | | p | |
| 2 | 16 | Faye Mitchell | Wakefield | 4.79 | | | | 2 | 16 | Lynsie Whyke | Wakefield | 10.24 | | | | |
| 3 | 14 | Becky Saxby | Scunthorpe | 4.47 | | | | 3 | 14 | Rachel Robinson | Scunthorpe | 8.83 | | | | |
| 4 | 15 | Ellis Whyler | Lincoln Wellington | 4.46 | | | | 4 | 15 | Vicki Lawrence | Lincoln Wellington | 8.54 | | | | |
| 5 | 12 | Jess Elsworth | City of York | 4.39 | | | | 5 | | | | | | | | |
| 6 | 11 | Kelly Bramhald | Doncaster | 4.23 | | | | 6 | | | | | | | | |
| <u>Women's High Jump</u> | | | | | | | | <u>Women's Pole Vault</u> | | | | | | | | |
| 1 | 12 | Jess Elsworth | City of York | 1.55 | LR | | ☑ | 1 | 16 | Vikki Mills | Wakefield | 2.30 | | | | |
| 2 | 15 | Chris Leslie | Lincoln Wellington | 1.50 | | | | 2 | 15 | Hayley Fox | Lincoln Wellington | 2.10 | | | | |
| 3 | 14 | Becky Saxby | Scunthorpe | 1.40 | | | | 3 | | | | | | | | |
| 4 | 11 | Kelly Bramhald | Doncaster | 1.30 | | | | 4 | | | | | | | | |
| 5 | 16 | Vikki Mills | Wakefield | 1.20 | | | | 5 | | | | | | | | |

Inter Club Cup ROUND 1 MATCH 2 - Sports City

13 September 2008

Perf Recor
 Wind AW

Perf Recor
 Wind

Women's 4x100m Relay

| | | | | | |
|---|----|--------------------|-------------------|----------------|------|
| 1 | 16 | Wakefield | Faye Mitchell | Amy Wilson | 51.1 |
| 2 | 14 | Scunthorpe | Fiona Fisk | Jessica Garrod | 53.8 |
| 3 | 12 | City of York | Charlotte Gaughan | Helen Goacher | 54.8 |
| 4 | 15 | Lincoln Wellington | Amy-May Sanders | Megan Ball | 55.0 |

Women's 4x400m Relay

| | | | | | |
|---|----|--------------------|-----------------|-------------------|---------|
| 1 | 16 | Wakefield | Faye Mitchell | Mikaela Harrison | 04:05.8 |
| 2 | 15 | Lincoln Wellington | Amy-May Sanders | Megan Ball | 04:23.5 |
| 3 | 14 | Scunthorpe | Becky Saxby | Sarah Kemshall | 04:29.2 |
| 4 | 12 | City of York | Vicky Seller | Charlotte Gaughan | 04:33.5 |

AW

AW