

| Div 2                      | 2 East match 3 - Gatshead   |   | Perf   | Record<br>Wind | AW | 6 June 2009   |   | Perf   | Wind | AW          |
|----------------------------|---|---|--|----------------|----|---|---|--|------|-------------|
| Men                        | n's 100m A  | Wind=   |  | 8              |    | <u>Men's 100m B</u>   | Wind=   |  |      |             |
| 1<br>2<br>3<br>4<br>5<br>6 | <ul> <li>3 A Kurkmas</li> <li>6 J Mitchell</li> <li>5 H Harris</li> <li>1 A Smith</li> <li>2 P Donaghy</li> <li>4 K Lott</li> </ul>           | GATESHEAD<br>WAKEFIELD<br>MIDDMAN<br>BORDER<br>DURHM CITY<br>HEATON | 11.16<br>11.44<br>11.53<br>12.09<br>12.13<br>15.24                   |                |    | 66R Francis233A Wilkinson311M Crawley422S Clifford555E Hills                                  | WAKEFIELD<br>GATESHEAD<br>BORDER<br>DURHM CITY<br>MIDDMAN<br>HEATON | 11.63<br>11.75<br>12.13<br>12.49<br>12.75<br>13.45       |      | [           |
| <u>Men</u>                 | n's 200m A  | Wind=   |  |                |    | <u>Men's 200m B</u>   | Wind=   |  |      |             |
| 1<br>2<br>3<br>4<br>5<br>6 | <ul> <li>5 B Stephenson</li> <li>3 A Wilkinson</li> <li>6 J Mitchell</li> <li>2 M Donaghy</li> <li>4 P Williams</li> <li>1 A Smith</li> </ul> | MIDDMAN<br>GATESHEAD<br>WAKEFIELD<br>DURHM CITY<br>HEATON<br>BORDER | 23.15<br>23.56<br>23.87<br>25.42<br>27.86<br>28.96                   |                |    | 2 66 R Francis<br>33 M Ferguson<br>4 22 S Clifford<br>5 44 G Zoppi                            | MIDDMAN<br>WAKEFIELD<br>GATESHEAD<br>DURHM CITY<br>HEATON           | 22.85<br>23.19<br>23.63<br>25.87<br>28.67                |      | ত<br>ত      |
| Men                        | 's 400m A   |   |  |                |    | Men's 400m B  |   |  |      |             |
| 1<br>2<br>3<br>4<br>5<br>6 | <ul> <li>A Robinson</li> <li>J Lowden</li> <li>T Murphy</li> <li>M Crawley</li> <li>O McArdle</li> <li>P Williams</li> </ul>                  | WAKEFIELD<br>GATESHEAD<br>MIDDMAN<br>BORDER<br>DURHM CITY<br>HEATON | 51.34<br>53.18<br>53.32<br>54.73<br>55.22<br>61.30                   |                |    | 33M Elliott266C Simpson322J Inkster455J Cox544D Robins  | GATESHEAD<br>WAKEFIELD<br>DURHM CITY<br>MIDDMAN<br>HEATON           | 51.18<br>51.42<br>51.89<br>54.17<br>68.80                |      | 5<br>5<br>7 |
| Men                        | 's 800m A   |   |  |                |    | Men's 800m B  |   |  |      |             |
| 1<br>2<br>3<br>4<br>5<br>6 | <ul> <li>3 C Parr</li> <li>5 A Morrell</li> <li>6 T Coney</li> <li>1 M Greave</li> <li>2 L Ayton</li> <li>4 W Roe</li> </ul>                  | GATESHEAD<br>MIDDMAN<br>WAKEFIELD<br>BORDER<br>DURHM CITY<br>HEATON | 1.53.80<br>1.58.11<br>1.59.05<br>2.01.07<br>2.06.76<br>2.32.75       |                |    | 33A Rowlands266L Tatt311H Earl444522F Hamlin  | GATESHEAD<br>WAKEFIELD<br>BORDER<br>HEATON<br>DURHM CITY            | 1.58.24<br>2.00.93<br>2.06.38<br>2.08.23<br>2.15.34      |      | I           |
| Men                        | a's 1500m A   |   |  |                |    | <u>Men's 1500m B</u>  |   |  |      |             |
| 1<br>2<br>3<br>4<br>5<br>6 | <ul> <li>6 N Elliott</li> <li>2 M Grimes</li> <li>3 A Teate</li> <li>4 I Robinson</li> <li>1 T Nicholson</li> </ul>                           | WAKEFIELD<br>DURHM CITY<br>GATESHEAD<br>HEATON<br>BORDER            | 4.05.75<br>4.15.0<br>4.20.06<br>4.26.65<br>4.30.60                   |                |    | 66 S Bucknall<br>22 L Ayton<br>311 P Harrison<br>44 D Robins                                  | WAKEFIELD<br>DURHM CITY<br>BORDER<br>HEATON                         | 4.06.77<br>4.31.70<br>4.33.34<br>5.40.14                 |      | I           |
| Men                        | 's 3000m S/Chase A  |   |  |                |    | <u>Men's 3000m S/Chase B</u>  |   |  |      |             |
| 1<br>2<br>3<br>4<br>5<br>6 | 1 C Stone<br>4 J Buis<br>2 M Grimes   | Border<br>Heaton<br>Durhm City                                      | 11.33.66<br>12.26.56<br>14.03.91                                     |                |    | 44 L Roe  | HEATON  | 12.37.68   |      | I           |
| <u>Men</u>                 | a' <u>s 5000m A</u>   |   |  |                |    | <u>Men's 5000m B</u>  |   |  |      |             |
| 1<br>2<br>3<br>4<br>5<br>6 | <ol> <li>J Fletcher</li> <li>G Hawkins</li> <li>R Hand</li> <li>I Robinson</li> <li>M Slater</li> <li>C Ward</li> </ol>                       | BORDER<br>MIDDMAN<br>DURHM CITY<br>HEATON<br>GATESHEAD<br>WAKEFIELD | 15.37.64<br>15.57.90<br>16.56.56<br>17.11.32<br>17.28.84<br>17.36.44 |                |    | <ul> <li>6 S Falkner</li> <li>5 P Kitson</li> <li>22 F Turner</li> <li>44 D Robins</li> </ul> | GATESHEAD<br>WAKEFIELD<br>MIDDMAN<br>DURHM CITY<br>HEATON           | 17.37.04<br>18.18.13<br>18.35.90<br>20.33.51<br>22.53.29 |      | [           |



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|            |        | Providing C.          | Inclusion to the Jer.D. |                | -      | _    |                   |        |                             |             |                | _    |                |
|------------|--------|-----------------------|-------------------------|----------------|--------|------|-------------------|--------|-----------------------------|-------------|----------------|------|----------------|
| Div 2      | 2 Eas  | st match 3 - Gatshead |                         | Perf           | Record | Wind | AW                |        | 6 June 2009                 |             | Perf           | Wind | AW             |
| <u>Men</u> | 's 40  | 00m Hurdles A         |                         |                |        |      |                   |        | <u>Men's 400m Hurdles B</u> |             |                |      |                |
| 1          | 5      | N Phelps              | MIDDMAN                 | 55.53          |        |      | $\square$         | 1      | 55 R Smith                  | MIDDMAN     | 53.77          |      | $\blacksquare$ |
| 2          | 3      | C Robson              | GATESHEAD               | 60.64          |        |      | $\checkmark$      | 2      | 33 R Kaufmann               | GATESHEAD   | 66.55          |      |                |
| 3          | 6      | A Robinson            | WAKEFIELD               | 60.99          |        |      | $\checkmark$      | 3      | 22 P Donaghy                | DURHM CITY  | 68.47          |      |                |
| 4          | 1      | K Williams            | BORDER                  | 65.18          |        |      |                   | 4      | 66 G Medworth               | WAKEFIELD   | 71.15          |      |                |
| 5          | 2      | M Grimes              | DURHM CITY              | 75.20          |        |      |                   | 5      | 11 M Greave                 | BORDER      | 73.32          |      |                |
| 6          | 4      | D Robins              | HEATON                  | 75.32          |        |      |                   | 6      |                             |             |                |      |                |
| <u>Men</u> | 's 11  | 10m Hurdles A         | Wind=                   |                |        |      |                   |        | <u>Men's 110m Hurdles B</u> | Wind=       | -              |      |                |
| 1          | 1      | A Smith               | BORDER                  | 18.43          |        |      |                   | 1      | 66 D Thomas                 | WAKEFIELD   | 22.03          |      |                |
| 2          | 3      | R Kaufmann            | GATESHEAD               | 18.93          |        |      |                   | 2      | 55 E Hills                  | MIDDMAN     | 22.15          |      |                |
| 3          |        | M McCarthy            | DURHM CITY              | 19.14          |        |      |                   | 3      | 44 L Roe                    | HEATON      | 22.25          |      |                |
| 4          |        | G Blenkinsop          | MIDDMAN                 | 19.17          |        |      |                   | 4      |                             |             |                |      |                |
| 5          |        | A Robinson            | WAKEFIELD               | 21.08          |        |      |                   | 5      |                             |             |                |      |                |
| 6          |        | D Robins              | HEATON                  | 25.00          |        |      |                   | 6      |                             |             |                |      |                |
| Men        | 's Ha  | ammer A               |                         |                |        |      |                   |        | Men's Hammer B              |             |                |      |                |
| 1          | 1      |                       | BORDER                  | 52.63          |        |      | $\checkmark$      | 1      | 66 D Thomas                 | WAKEFIELD   | 28.87          |      | $\square$      |
| 2          |        |                       | WAKEFIELD               | 42.47          |        |      | 1<br>I            | 2      | 33 N Ridgeon                | GATESHEAD   | 21.86          |      | Ŀ              |
| 2          |        | •                     | MIDDMAN                 | 38.58          |        |      | 1<br>I            | 3      | 55 E Hills                  | MIDDMAN     | 21.80          |      |                |
| 5<br>4     |        | B Daley<br>S Hudson   | GATESHEAD               |                |        |      | ⊻<br>∑            | 5<br>4 | 22 A Morrison               | DURHM CITY  | 21.20<br>19.84 |      |                |
| 4<br>5     |        | P Coates              | DURHM CITY              | 34.03<br>27.78 |        |      | ⊻<br>∑            | 4<br>5 | 44 S Harris                 | HEATON      | 19.84<br>16.98 |      |                |
| 5<br>6     |        | G Zoppi               | HEATON                  | 27.78          |        |      | M                 | 6      | 44 3 Hams                   | HEATON      | 10.90          |      | [              |
|            |        |                       |                         |                |        |      |                   |        |                             |             |                |      | _              |
| Men        |        | iscus A               |                         |                |        |      |                   |        | <u>Men's Discus B</u>       |             |                |      |                |
| 1          |        | C Ufodiama            | WAKEFIELD               | 38.66          |        |      |                   | 1      | 66 D Thomas                 | WAKEFIELD   | 29.68          |      | $\square$      |
| 2          |        | N Ridgeon             | GATESHEAD               | 35.37          |        |      | $\checkmark$      | 2      | 22 P Coates                 | DURHM CITY  | 26.20          |      |                |
| 3          |        | D Jiataganis          | DURHM CITY              | 31.02          |        |      | $\mathbf{\nabla}$ | 3      | 33 S Stanislaus             | GATESHEAD   | 24.89          |      |                |
| 4          |        | D Little              | BORDER                  | 28.57          |        |      | $\checkmark$      | 4      | 1 R Slack                   | BORDER      | 23.50          |      |                |
| 5          | 44     | S Harris              | HEATON                  | 21.85          |        |      |                   | 5      | 4 G Zoppi                   | HEATON      | 21.05          |      |                |
| 6          | 55     | C Dryden              | MIDDMAN                 | 18.36          |        |      |                   | 6      | 5 N Phelps                  | MIDDMAN     | 15.90          |      |                |
| <u>Men</u> | 's Ja  | <u>velin A</u>        |                         |                |        |      |                   |        | <u>Men's Javelin B</u>      |             |                |      |                |
| 1          | 2      | D Jiataganis          | DURHM CITY              | 45.41          |        |      | $\checkmark$      | 1      | 33 B Daley                  | GATESHEAD   | 42.00          |      | $\checkmark$   |
| 2          | 3      | S Stanislaus          | GATESHEAD               | 42.36          |        |      | $\checkmark$      | 2      | 22 M McCarthy               | DURHM CITY  | 35.51          |      |                |
| 3          | 66     | D Thomas              | WAKEFIELD               | 37.11          |        |      | $\checkmark$      | 3      | 55 C Dryden                 | MIDDMAN     | 34.51          |      |                |
| 4          | 5      | G Blenkinsop          | MIDDMAN                 | 35.81          |        |      |                   | 4      | 6 A Robinson                | WAKEFIELD   | 29.43          |      |                |
| 5          | 1      | A Smith               | BORDER                  | 33.58          |        |      |                   | 5      | 4 S Harris                  | HEATON      | 16.72          |      |                |
| 6          | 44     | G Zoppi               | HEATON                  | 30.43          |        |      |                   | 6      | 11 R Slack                  | BORDER      | 4.86           |      |                |
| <u>Men</u> | 's Sh  | hot Putt A            |                         |                |        |      |                   |        | Men's Shot Putt B           |             |                |      |                |
| 1          |        | N Ridgeon             | GATESHEAD               | 11.94          |        |      | V                 | 1      | 33 S Stanislaus             | GATESHEAD   | 10.48          |      | V              |
| 2          |        | -                     | WAKEFIELD               | 10.93          |        |      | 2<br>2            | 2      | 66 D Thomas                 | WAKEFIELD   | 9.77           |      | _              |
| 3          |        | B Daley               | MIDDMAN                 | 9.08           |        |      | -                 | 3      | 11 J Slack                  | BORDER      | 8.59           |      |                |
| 4          |        | D Little              | BORDER                  | 9.08           |        |      |                   | 4      | 4 G. Westgarth              | HEATON      | 5.78           |      |                |
| 5          |        | P Coates              | DURHM CITY              | 8.18           |        |      |                   | 5      | 22 A Morrison               | DURHM CITY  | 5.49           |      |                |
| 6          |        | S Harris              | HEATON                  | 7.70           |        |      |                   | 6      |                             | Domini citt | 5.15           |      |                |
| Ma-        | 'n 1 - | ang lump A            |                         |                |        |      |                   |        | Man's Long lum P            |             |                |      | •              |
| men        |        | ong Jump A            | MIDDIAN                 |                |        |      | -                 |        | <u>Men's Long Jump B</u>    |             | <b>.</b>       |      |                |
| 1          |        | A Babatunde           | MIDDMAN                 | 6.52           |        |      | V                 | 1      | 33 S Stanislaus             | GATESHEAD   | 5.60           |      |                |
| 2          |        | l Digbe               | GATESHEAD               | 5.95           |        |      | V                 | 2      | 2 M McCarthy                | DURHM CITY  | 5.28           |      |                |
| 3          |        | K Williams            | BORDER                  | 5.89           |        |      | $\checkmark$      | 3      | 66 Mulroy                   | WAKEFIELD   | 5.27           |      |                |
| 4          |        | C Simpson             | WAKEFIELD               | 5.60           |        |      |                   | 4      | 11 P Harrison               | BORDER      | 3.88           |      |                |
| 5          |        | D Adamson             |                         | 5.38           |        |      |                   | 5      |                             |             |                |      | r              |
| 6          | 4      | P Williams            | HEATON                  | 4.89           |        |      |                   | 6      |                             |             |                |      | I              |



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| Div 2 East match 3 - Ga  | tshead  | Perf 22   | Wind | AW                |                            | 6 June 2009   |   | Perf   | AW |
|--|---|---|------|-------------------|----------------------------|---|---|--|----|
| <u>Men's Triple Jump A</u>   |   |   |      |                   |                            | <u>Men's Triple Jump B</u>  |   |  |    |
| 155A Babatunde23S Stanislaus36A Robinson41K Williams52P Coates64P Williams   | MIDDMAN<br>GATESHEAD<br>WAKEFIELD<br>BORDER<br>DURHM CITY<br>HEATON         | 14.71<br>13.37<br>12.15<br>12.01<br>11.88<br>9.52                               |      | <u>ସ</u> ସ ସ<br>ସ | 1<br>2<br>3<br>4<br>5<br>6 | <ul> <li>33 I Digbe</li> <li>66 R Gayle</li> <li>5 J Gill</li> <li>22 D Adamson</li> <li>11 T Nicholson</li> <li>44 J Buis</li> </ul> | GATESHEAD<br>WAKEFIELD<br>MIDDMAN<br>DURHM CITY<br>BORDER<br>HEATON       | 12.05<br>11.02<br>10.71<br>10.44<br>8.91<br>8.51               |    |
| <u>Men's High Jump A</u>   |   |   |      |                   |                            | <u>Men's High Jump B</u>  |   |  |    |
| 1       1       N Williams         2       6       W Mulroy         3       5       B Daley         4       33       S Stanislaus         5       22       D Adamson         6 | BORDER<br>WAKEFIELD<br>MIDDMAN<br>GATESHEAD<br>DURHM CITY<br>MIDDMAN        | 1.85<br>1.85<br>1.80<br>1.65<br>1.55<br>3.20                                    |      | 2<br>2<br>2<br>2  | 1<br>2<br>3<br>4<br>5<br>6 | <ol> <li>K Williams</li> <li>A Babatunde</li> <li>J Mitchell</li> <li>R Kaufmann</li> <li>M McCarthy</li> </ol>                       | BORDER<br>MIDDMAN<br>WAKEFIELD<br>GATESHEAD<br>DURHM CITY<br>DURHM CITY   | 1.85<br>1.80<br>1.60<br>1.60<br>1.55<br>2.80                   |    |
| 2 2 P Coates<br>3 6 D Thomas<br>4 3 G Cryer<br>5<br>6<br>Men's 4x100m Relay  | DURHM CITY<br>WAKEFIELD<br>GATESHEAD  | 3.00<br>2.90<br>2.50  |      | Ŋ                 |                            |   |   |  | I  |
| 13GATESHEAD25MIDDMAN36WAKEFIELD41BORDER52DURHM CITY64HEATON  | M Ferguson<br>P Haye<br>J Mitchell<br>A Smith<br>P Donaghy<br>S Harris      | A Wilkinson<br>B Stephenson<br>R Francis<br>K Williams<br>S Clifford<br>J Zoppi |      |                   | M Cr<br>D Ac               | ,   | A Kurkmas<br>C Cardon<br>B Mitchell<br>C Stone<br>O McArdle<br>I Robinson | 44.37<br>44.39<br>45.04<br>47.07<br>47.76<br>55.12             | I  |
| Men's 4x400m Relay1325MIDDMAN364251BORDER64  | J Carmichael<br>A Morrell<br>A Robinson<br>S Clifford<br>M Greave<br>J Buis | J Lowden<br>J Cox<br>C Simpson<br>O McArdle<br>P Harrison<br>P Williams         |      |                   | R Sn<br>A Po<br>M Di       | bisches<br>xon<br>Iliams  | C Parr<br>N Phelps<br>G Hepworht<br>K Inkster<br>H Earl<br>S Harris       | 3.24.15<br>3.25.49<br>3.34.55<br>3.45.46<br>3.48.08<br>4.25.37 | I  |
| MATCH RESULT   | League Points   | Match   |      |                   |                            | STANDINGS   | League Points   | Match  |    |
| 1 WFD  | 6   | 420.0   |      |                   | 1                          | WFD   | 24  | 1656.0   |    |
| 2 GHD  | 5   | 390.0   |      |                   | 2                          | GHD   | 18  | 1434.0   |    |
| 3 MIDM   | 4   | 358.0   |      |                   | 3                          | MIDM  | 16  | 1334.0   |    |

4 DUR

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|        |         | Presiding Comparison | store the North     |       |                    | -      |      |                         |        |      |                        |            |       |          |      |           |
|--------|---------|----------------------|---------------------|-------|--------------------|--------|------|-------------------------|--------|------|------------------------|------------|-------|----------|------|-----------|
| Div 2  | 2 Eas   | t match 3 - Gatshead |                     |       | Perf               | Record | Wind | AW                      |        | 6 Ju | ne 2009                |            |       | Perf     | Wind | AW        |
| Won    | en's    | 100m A               |                     | Wind= |                    |        |      |                         |        | Won  | nen's 100m <u>B</u>    |            | Wind= |          |      |           |
| 1      | 3       | S Kay                | GATESHEAD           |       | 12.50              |        |      | $\checkmark$            | 1      | 66   | F Mitchell             | WAKEFIELD  |       | 13.22    |      |           |
| 2      | 5       | F Winspear           | MIDDMAN             |       | 12.67              |        |      | $\checkmark$            | 2      | 11   | F Laurie               | BORDER     |       | 13.23    |      |           |
| 3      | 6       | R Wright             | WAKEFIELD           |       | 12.68              |        |      | $\mathbf{\overline{A}}$ | 3      | 33   | J Ellis                | GATESHEAD  |       | 13.68    |      |           |
| 4      | 1       | M Morganella         | BORDER              |       | 12.81              |        |      | $\checkmark$            | 4      | 55   | F Hubbard              | MIDDMAN    |       | 13.72    |      |           |
| 5      | 2       | C Grey               | DURHM CITY          |       | 13.38              |        |      |                         | 5      | 22   | C Adamson              | DURHM CITY |       | 14.17    |      |           |
| 6      | 4       | J Zoppi              | HEATON              |       | 16.48              |        |      |                         | 6      | 44   | K Sloan                | HEATON     |       | 16.00    |      |           |
| Won    | nen's   | 200m A               |                     | Wind= |                    |        |      |                         |        | Won  | nen's 200m B           |            | Wind= |          |      |           |
| 1      |         | S Kay                | GATESHEAD           | mila  | 25.69              |        |      | $\checkmark$            | 1      |      | C Turnbull             | MIDDMAN    | mild  | 27.14    |      |           |
| 2      | 1       | M. Morganella        | BORDER              |       | 26.11              |        |      | 2                       | 2      |      | J Ellis                | GATESHEAD  |       | 27.60    |      |           |
| 3      | 6       |                      | WAKEFIELD           |       | 26.66              |        |      | 2<br>2                  | 3      |      | F Laurie               | BORDER     |       | 27.91    |      |           |
| 4      |         | F Winspear           | MIDDMAN             |       | 26.69              |        |      | 2<br>2                  | 4      |      | D Jones                | WAKEFIELD  |       | 28.04    |      |           |
| 5      |         |                      | DURHM CITY          |       | 28.13              |        |      |                         | 5      |      | C Adamson              | DURHM CITY |       | 29.24    |      |           |
| 6      |         | F Turley             | HEATON              |       | 39.90              |        |      |                         | 6      |      | e Addition             | bonnin chi |       | 23.21    |      | [         |
| Wan    |         | 400- 4               |                     |       |                    |        |      |                         |        | Wa   | nen's 400m <u>B</u>    |            |       |          |      | -         |
| won    |         | <u>400m A</u>        |                     |       | 50.75              |        |      |                         |        |      |                        |            |       | 65.70    |      |           |
| 1      |         | R Wright             | WAKEFIELD           |       | 59.75              |        |      | Ø                       | 1      |      | L Brown                | WAKEFIELD  |       | 65.72    |      |           |
| 2      | 5       | K Legg               | MIDDMAN             |       | 60.20              |        |      | V                       | 2      |      | P Smth                 | BORDER     |       | 67.49    |      |           |
| 3      | 1       |                      | BORDER              |       | 60.65              |        |      | M                       | 3      |      | R Wilson               | GATESHEAD  |       | 72.95    |      |           |
| 4      | 3       |                      | GATESHEAD           |       | 61.47              |        |      | V                       | 4      |      | F Hubbard              | MIDDMAN    |       | 74.55    |      |           |
| 5      | 2       | S Wood               | DURHM CITY          |       | 63.89              |        |      | $\square$               | 5      | 22   | 0 Tindale              | DURHM CITY |       | 75.38    |      |           |
| Won    | nen's   | 800m A               |                     |       |                    |        |      |                         |        | Won  | nen's 800m <u>B</u>    |            |       |          |      |           |
| 1      | 2       | E Toogood            | DURHM CITY          |       | 2.22.37            |        |      |                         | 1      | 11   | P Woods                | BORDER     |       | 2.47.58  |      |           |
| 2      | 1       | C McKeown            | BORDER              |       | 2.26.18            |        |      |                         | 2      | 22   | L Richardson           | DURHM CITY |       | 2.54.28  |      |           |
| 3      | 6       | L Long               | WAKEFIELD           |       | 2.30.63            |        |      |                         | 3      | 33   | J Wood                 | GATESHEAD  |       | 2.58.32  |      |           |
| 4      | 3       | J Chapman            | GATESHEAD           |       | 2.44.66            |        |      |                         | 4      | 66   | E Dent                 | WAKEFIELD  |       | 2.58.88  |      |           |
| 5      | 4       | L Spence             | HEATON              |       | 2.45.45            |        |      |                         | 5      | 44   | J Friend               | HEATON     |       | 3.03.07  |      |           |
| Won    | an'c    | 1500m A              |                     |       |                    |        |      |                         |        | Won  | nen's 1500m <u>B</u>   |            |       |          |      |           |
|        |         | M Ferrier            | GATESHEAD           |       | 5.00.46            |        |      |                         | 1      |      | A Watt                 | GATESHEAD  |       | 5.13.48  |      |           |
| 1<br>2 | 55<br>1 |                      |                     |       | 5.00.40            |        |      |                         | 1      |      |                        |            |       | 5.30.92  |      |           |
| 2      |         |                      | BORDER              |       | 5.09.39            |        |      |                         | 2<br>3 |      | L Spence<br>S Marshall | HEATON     |       | 5.39.10  |      |           |
|        |         | E Toogood            | DURHM CITY          |       |                    |        |      |                         |        |      |                        | WAKEFIELD  |       |          |      |           |
| 4<br>5 |         | J Zoppi<br>L Long    | HEATON<br>WAKEFIELD |       | 5.16.25<br>5.25.39 |        |      |                         | 4<br>5 | 22   | L Richardson           | DURHM CITY |       | 6.14.75  |      |           |
| 5      | 00      | L Long               | WARLFILLD           |       | 5.25.55            |        |      |                         | 5      |      |                        |            |       |          |      |           |
| Won    |         | <u>3000m A</u>       |                     |       |                    |        |      |                         |        |      | nen's 3000m <u>B</u>   |            |       |          |      |           |
| 1      |         | M Ferrier            | GATESHEAD           |       | 10.15.44           |        |      |                         | 1      |      | F Buckton              | MIDDMAN    |       | 11.25.91 |      |           |
| 2      | 5       | K Grant              | MIDDMAN             |       | 10.44.11           |        |      |                         | 2      | 66   | A Potter               | WAKEFIELD  |       | 12.17.00 |      |           |
| 3      | 6       | S Marshall           | WAKEFIELD           |       | 11.45.88           |        |      |                         | 3      | 33   | M Lorraine             | GATESHEAD  |       | 12.57.99 |      |           |
| 4      |         | F Turley             | HEATON              |       | 12.12.00           |        |      |                         | 4      |      | D Wood                 | DURHM CITY |       | 14.10.65 |      |           |
| 5      | 2       | S Coleby             | DURHM CITY          |       | 12.18.31           |        |      |                         | 5      | 44   | K Sloan                | HEATON     |       | 14.45.95 |      |           |
| Won    | nen's   | 400m Hurdles A       |                     |       |                    |        |      |                         |        | Won  | nen's 400m Hurdles B   |            |       |          |      |           |
| 1      | 2       | S Wood               | DURHM CITY          |       | 1.07.00            |        |      |                         | 1      | 22   | -                      | DURHM CITY |       | 1.20.17  |      |           |
| 2      | 6       | R Laybourne          | WAKEFIELD           |       | 1.08.47            |        |      |                         | 2      |      |                        |            |       |          |      |           |
| 3      | 5       | C Turnbull           | MIDDMAN             |       | 1.11.46            |        |      |                         | 3      |      |                        |            |       |          |      |           |
| 4      | 3       | J Wood               | GATESHEAD           |       | 1.20.63            |        |      |                         | 4      |      |                        |            |       |          |      |           |
| 5      | 4       | -                    | HEATON              |       | 1.40.03            |        |      |                         | 5      |      |                        |            |       |          |      |           |
| Wол    | nen's   | 100m Hurdles A       |                     | Wind= |                    |        |      |                         |        | Won  | nen's 100m Hurdles B   |            | Wind= |          |      |           |
| 1      |         | A Wood               | MIDDMAN             |       | 14.82              |        |      | $\checkmark$            | 1      |      | C Turnbull             | MIDDMAN    |       | 17.74    |      | $\square$ |
| 2      |         | J Baker              | DURHM CITY          |       | 14.82              |        |      | 1<br>I<br>I             | 2      |      | E Gatehous             | DURHM CITY |       | 19.89    |      | <u>ت</u>  |
| 2      |         | L Whyke              | WAKEFIELD           |       | 21.71              |        |      | ш                       | 2      | 22   |                        |            |       | 19.09    |      |           |
| 5      | 5       |                      |                     |       | E/ 1               |        |      |                         | 5      |      |                        |            |       |          |      |           |



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|     |      |      | Providing Comparis         | at its the North |       | -      |      |                   |   |                            |             |           |                                  |
|-----|------|------|----------------------------|------------------|-------|--------|------|-------------------|---|----------------------------|-------------|-----------|----------------------------------|
| Div | 2 Ea | ast  | match 3 - Gatshead         |                  | Perf  | Record | Wind | AW                |   | 6 June 2009                |             | Perf Perf | AW                               |
| Won | nen  | 's I | Hammer A                   |                  |       |        |      |                   |   | <u>Women's Hammer B</u>    |             |           |                                  |
| 1   | 6    | 6    | S Drake                    | WAKEFIELD        | 41.19 |        |      | $\checkmark$      | 1 | 66 L Teasdale              | WAKEFIELD   | 36.76     | $\checkmark$                     |
| 2   | 5    | 5    | H Johnson                  | MIDDMAN          | 33.68 |        |      | $\square$         | 2 | 55 C Maynell               | MIDDMAN     | 32.25     | $\checkmark$                     |
| 3   | 2    | 2    | R Bashforth                | DURHM CITY       | 30.34 |        |      | $\checkmark$      | 3 | 33 R McIntyre              | GATESHEAD   | 22.08     |                                  |
| 4   | 1    | 1    | S Hill                     | BORDER           | 29.67 |        |      | $\checkmark$      | 4 | 22 R Butler                | DURHM CITY  | 21.58     |                                  |
| 5   | 3    | 3    | N Terry                    | GATESHEAD        | 22.42 |        |      |                   | 5 | 44 L Spence                | HEATON      | 10.74     |                                  |
| 6   | 4    | 4    | J Friend                   | HEATON           | 14.42 |        |      |                   | 6 |                            |             |           |                                  |
|     |      |      | <b>D</b> <i>i</i> <b>i</b> |                  |       |        |      |                   |   | <i></i>                    |             |           |                                  |
|     |      |      | <u>Discus A</u>            | CATECHEAD        | 24 52 |        |      |                   |   | <u>Women's Discus B</u>    |             | 22.04     |                                  |
| 1   |      |      | K Burt                     | GATESHEAD        | 31.52 |        |      | Ø                 | 1 | 66 A Claxton               | WAKEFIELD   | 23.94     |                                  |
| 2   |      |      | F Thomas                   | WAKEFIELD        | 26.30 |        |      | Ø                 | 2 | 22 R Butler                | DURHM CITY  | 19.10     |                                  |
| 3   |      |      | R Bashforth                | DURHM CITY       | 26.20 |        |      | Ø                 | 3 | 3 V Young                  | GATESHEAD   | 18.49     |                                  |
| 4   |      |      | J Doyle                    | MIDDMAN          | 26.02 |        |      | $\checkmark$      | 4 | 5 H Johnson                | MIDDMAN     | 12.66     |                                  |
| 5   |      |      | S Hill                     | BORDER           | 22.08 |        |      |                   | 5 | 4 J Friend                 | HEATON      | 9.80      |                                  |
| 6   | 4    | 4    | L Spence                   | HEATON           | 10.59 |        |      |                   | 6 | 11 P Woods                 | BORDER      | 9.54      | l                                |
| Won | nen  | 's J | lavelin A                  |                  |       |        |      |                   |   | Women's Javelin B          |             |           |                                  |
| 1   |      |      | M Lonsdale                 | WAKEFIELD        | 30.78 |        |      | $\mathbf{\nabla}$ | 1 | 66 F Thomas                | WAKEFIELD   | 20.32     |                                  |
| 2   |      |      | R McIntyre                 | GATESHEAD        | 28.91 |        |      | ⊡<br>I            | 2 | 33 H Pringle               | GATESHEAD   | 14.65     |                                  |
|     |      |      | ,                          |                  |       |        |      |                   |   | J                          |             |           |                                  |
| 3   |      |      | S Wood                     | DURHM CITY       | 19.15 |        |      |                   | 3 | 22 J Hodgson               | DURHM CITY  | 11.43     |                                  |
| 4   |      |      | F Laurie                   | BORDER           | 12.08 |        |      |                   | 4 | 11 P Smth                  | BORDER      | 7.26      |                                  |
| 5   |      |      | L Kennedy                  | MIDDMAN          | 11.19 |        |      |                   | 5 |                            |             |           | I                                |
| 6   | 4    | 4    | K Sloan                    | HEATON           | 7.53  |        |      |                   | 6 |                            |             |           | I                                |
| Won | nen  | 's : | Shot Putt A                |                  |       |        |      |                   |   | <u>Women's Shot Putt B</u> |             |           |                                  |
| 1   | 6    | 6    | F Thomas                   | WAKEFIELD        | 11.18 |        |      | $\checkmark$      | 1 | 66 A Claxton               | WAKEFIELD   | 9.37      | $\checkmark$                     |
| 2   | 3    | 3    | V Young                    | GATESHEAD        | 10.98 |        |      | $\checkmark$      | 2 | 5 L Kennedy                | MIDDMAN     | 7.86      |                                  |
| 3   | 5    | 5    | R Goodyear                 | MIDDMAN          | 9.55  |        |      | $\checkmark$      | 3 | 33 N Terry                 | GATESHEAD   | 7.04      |                                  |
| 4   |      |      | R Bashforth                | DURHM CITY       | 7.92  |        |      |                   | 4 | 22 R Butler                | DURHM CITY  | 6.94      |                                  |
| 5   | 4    | 4    | J Friend                   | HEATON           | 4.99  |        |      |                   | 5 | 44 F Turley                | HEATON      | 4.32      |                                  |
| 6   | 1    | 1    | P Woods                    | BORDER           | 4.38  |        |      |                   | 6 | ,                          |             |           |                                  |
|     |      | ,    | 1 1 A                      |                  |       |        |      |                   |   | Ward Landard D             |             |           |                                  |
|     |      |      | Long Jump A                |                  |       |        |      | _                 |   | <u>Women's Long Jump B</u> |             |           | _                                |
| 1   |      |      | A Wood                     | MIDDMAN          | 5.34  |        |      | Ø                 | 1 | 55 A Stone                 | MIDDMAN     | 4.95      | $\mathbf{\overline{\mathbf{A}}}$ |
| 2   |      |      | K Akindeinde               | WAKEFIELD        | 4.98  |        |      | Ø                 | 2 | 22 A Allan                 | DURHM CITY  | 4.66      |                                  |
| 3   |      |      | J Baker                    | DURHM CITY       | 4.88  |        |      | $\checkmark$      | 3 | 66 F Mitchell              | WAKEFIELD   | 4.56      |                                  |
| 4   |      |      | H Pringle                  | GATESHEAD        | 4.74  |        |      |                   | 4 | 33 J Chapman               | GATESHEAD   | 3.88      |                                  |
| 5   |      |      | F Turley                   | HEATON           | 4.23  |        |      |                   | 5 |                            |             |           |                                  |
| 6   | 1    | 1    | P Smth                     | BORDER           | 3.95  |        |      |                   | 6 |                            |             |           | l                                |
| Won | nen  | 's   | Triple Jump A              |                  |       |        |      |                   |   | Women's Triple Jump B      |             |           |                                  |
| 1   |      |      | H Pringle                  | GATESHEAD        | 10.53 |        |      | $\square$         | 1 | 66 R Laybourne             | WAKEFIELD   | 10.13     |                                  |
| 2   |      |      | C O'Connor                 | MIDDMAN          | 10.33 |        |      | 1<br>I            | 2 | 55 J Phelps                | MIDDMAN     | 10.13     | 1<br>I                           |
| 3   |      |      | L Whyke                    | WAKEFIELD        | 10.31 |        |      | 1<br>I            | 3 |                            | ואויוסטוויו | 10.00     |                                  |
| 4   |      |      | A Allan                    | DURHM CITY       | 9.64  |        |      | ⊡<br>⊡            | 4 |                            |             |           |                                  |
| -   | 2    | _    | /// widin                  | Domini citt      | 5.04  |        |      |                   | т |                            |             |           | •                                |
| Won | nen  | 's I | High Jump A                |                  |       |        |      |                   |   | <u>Women's High Jump B</u> |             |           |                                  |
| 1   | 2    | 2    | J Baker                    | DURHM CITY       | 1.55  |        |      | $\checkmark$      | 1 | 55 R Fairless              | MIDDMAN     | 1.40      |                                  |
| 2   |      |      | L Kennedy                  | MIDDMAN          | 1.50  |        |      | $\checkmark$      | 2 | 66 L Whyke                 | WAKEFIELD   | 1.35      |                                  |
| 3   |      |      | A Potter                   | WAKEFIELD        | 1.40  |        |      |                   | 3 | 22 O Tindale               | DURHM CITY  | 1.35      |                                  |
| 4   |      |      | J Wood                     | GATESHEAD        | 1.35  |        |      |                   | 4 | 33 J Chapman               | GATESHEAD   | 1.25      |                                  |
|     |      |      | Pole Vault A               |                  |       |        |      |                   |   | Women's Pole Vault B       |             |           |                                  |
| 1   | 6    | 6    | L Teasdale                 | WAKEFIELD        | 3.00  |        |      | $\square$         | 1 |                            |             |           |                                  |
| 2   |      |      | R Fairless                 | MIDDMAN          | 1.75  |        |      |                   | 2 |                            |             |           |                                  |
| ۷   | 5    | 5    | n rancoo                   |                  | 1.70  |        |      |                   | 2 |                            |             |           |                                  |



| Div 2 | East | t match 3 - Gatshead |              | Perf & Perf | ξ 6 June 2009 |              | Perf    | Wind | AW           |
|-------|------|----------------------|--------------|-------------|---------------|--------------|---------|------|--------------|
| Wom   | en's | <u>4x100m Relay</u>  |              |             |               |              |         |      |              |
| 1     | 5    | MIDDMAN              | F Winspear   | F Hubbard   | C Turnbull    | H Richardson | 51.81   |      | $\checkmark$ |
| 2     | 6    | WAKEFIELD            | L Whyke      | L Brown     | D Jones       | R Wright     | 52.31   |      |              |
| 3     | 2    | DURHM CITY           | C Adamson    | E Gatehous  | A Allan       | C Grey       | 53.83   |      |              |
| 4     | 3    | GATESHEAD            | J Ellis      | R Wilson    | J Wood        | S Kay        | 54.26   |      |              |
| 5     | 1    | BORDER               | M Morganella | F Laurie    | P Smth        | P Woods      | 54.50   |      |              |
| 6     | 4    | HEATON               | J Friend     | F Turley    | C Buis        | L Spence     | 66.71   |      |              |
| Wom   | en's | 4x400m Relay         |              |             |               |              |         |      |              |
| 1     |      | MIDDMAN              | S Pela-Aliu  | K Legg      | C Turnbull    | J Phelps     | 4.15.64 |      |              |
| 2     |      | WAKEFIELD            | M Harrison   | L Brown     | L Whyke       | R Wright     | 4.15.77 |      |              |
| 3     | 3    | GATESHEAD            | J Chapman    | S Lorraine. | A Watt        | M Ferrier    | 4.26.80 |      |              |
| 4     | 4    | HEATON               | J Friend     | K Sloan     | C Buis        | L Spence     | 4.55.23 |      |              |
| 5     | 2    | DURHM CITY           | E Toogood    | 0 Tindale   | R Bashforth   | C Adamson    | 5.02.40 |      |              |
| 6     |      |                      |              |             |               |              |         |      |              |