

**Division 2W Match 3 - Longford Stadium, Trafford**

**4 July 2010**

**Men's 100m A**

Wind=

Perf  
Recort  
Wind  
AW

			Perf	Recort	Wind	AW
1	4	Thaddeus Anim-Somua	St. Helens Sutton	11.7		
2	6	Aidan Stoakley	West Cheshire	11.8		
3	3	Nathan Hilton	Liverpool PS	11.9		
4	5	Dalo Okiemein	Trafford AC	12.0		
5	2	Ryan Murray	Liverpool Harriers	12.4		
6	1	Darren Smith	Leigh Harriers	12.9		

**Men's 100m B**

Wind=

Perf  
Wind  
AW

			Perf	Wind	AW
1	33	Harry Doran	Liverpool PS	11.7	
2	66	Stephen Jones	West Cheshire	11.7	
3	22	Colin Hornby	Liverpool Harriers	11.8	
4	55	Reece Ingley	Trafford AC	12.2	
5	44	Aaron Brooks	St. Helens Sutton	12.3	
6					

**Men's 200m A**

Wind=

1	3	Nathan Hilton	Liverpool PS	23.0		☑
2	6	Aidan Stoakley	West Cheshire	23.0		☑
3	2	Daniel Yip	Liverpool Harriers	23.3		☑
4	5	Scott Riley	Trafford AC	23.4		☑
5	4	Aaron Brooks	St. Helens Sutton	24.8		
6	1	Alex Urmston	Leigh Harriers	25.2		

**Men's 200m B**

Wind=

1	33	Harry Doran	Liverpool PS	22.9		☑
2	66	Stephen Jones	West Cheshire	23.5		
3	55	Reece Ingley	Trafford AC	23.8		
4	22	Colin Hornby	Liverpool Harriers	24.6		
5	11	Thomas Warden	Leigh Harriers	24.8		
6	44	Peter Johnson	St. Helens Sutton	37.3		

**Men's 400m A**

1	2	Alex Boyce	Liverpool Harriers	49.1		☑
2	4	Thaddeus Anim-Somua	St. Helens Sutton	50.4		☑
3	3	Danny Higham	Liverpool PS	50.5		☑
4	5	Scott Riley	Trafford AC	51.0		☑
5	1	Alex Urmston	Leigh Harriers	52.5		☑
6	6	Tom Booth	West Cheshire	60.0		

**Men's 400m B**

1	55	Isaac Baldwin	Trafford AC	51.5		☑
2	44	Dave Forrester	St. Helens Sutton	52.0		☑
3	22	James Blackburn	Liverpool Harriers	52.4		☑
4	66	Tom Gresty	West Cheshire	54.4		
5	11	John Indricks	Leigh Harriers	54.7		
6						

**Men's 800m A**

1	4	Dave Forrester	St. Helens Sutton	01:56.1		☑
2	5	Dave Horniman	Trafford AC	01:59.3		☑
3	2	James Blackburn	Liverpool Harriers	02:02.5		☑
4	3	Sean Kirkbride	Liverpool PS	02:03.9		☑
5	1	Liam Moore	Leigh Harriers	02:16.6		
6						

**Men's 800m B**

1	22	Stuart Morland	Liverpool Harriers	01:59.1		☑
2	55	Mike Hunt	Trafford AC	01:59.7		☑
3	44	John Ashcroft	St. Helens Sutton	01:59.8		☑
4	33	Rob Parkinson	Liverpool PS	02:12.5		
5	11	Adam Howarth	Leigh Harriers	02:19.8		
6						

**Men's 1500m A**

1	4	Matt Crehan	St. Helens Sutton	04:03.4		☑
2	5	Ben Martin	Trafford AC	04:03.6		☑
3	1	Tom Henders	Leigh Harriers	04:11.1		☑
4	3	Jai Vernon-McGuigan	Liverpool PS	04:15.5		☑
5	2	Nathan Vandasalem	Liverpool Harriers	04:38.8		☑
6	6	Michael Bailiff	West Cheshire	04:59.2		☑

**Men's 1500m B**

1	55	John Howe	Trafford AC	04:10.8		☑
2	11	Ryan Moore	Leigh Harriers	04:22.9		☑
3	33	Mike Wilson	Liverpool PS	04:29.4		☑
4	44	Jake Healy	St. Helens Sutton	04:34.5		☑
5	22	Ben Langley	Liverpool Harriers	05:16.2		☑
6	66	Alan Little	West Cheshire	05:38.9		☑

**Men's 3000m S/Chase A**

1	2	Stephen Nicholls	Liverpool Harriers	11:14.0		☑
2	55	Dave Barker	Trafford AC	11:20.6		☑
3	4	Steve Clague	St. Helens Sutton	11:29.2		☑
4	6	Tom Booth	West Cheshire	11:47.2		☑
5	1	John Indricks	Leigh Harriers	11:47.3		☑
6	3	Paul Milburn	Liverpool PS	14:41.3		☑

**Men's 3000m S/Chase B**

1	44	Steve Cooper	St. Helens Sutton	12:14.2		☑
2	5	Mark Evans	Trafford AC	12:34.4		☑
3	11	Mark Gormall	Leigh Harriers	13:00.3		☑
4						
5						
6						

**Division 2W Match 3 - Longford Stadium, Trafford**

**4 July 2010**

**Men's 5000m A**

	Perf	Record	Wind	AW	
1	2	Ian Lawton	Liverpool Harriers	16:01.8	<input checked="" type="checkbox"/>
2	3	Bernie Murray	Liverpool PS	16:08.9	<input checked="" type="checkbox"/>
3	6	Steve Crowe	West Cheshire	16:11.1	<input checked="" type="checkbox"/>
4	5	Jeff Prest	Trafford AC	16:49.4	
5	4	Ian Costello	St. Helens Sutton	17:19.6	
6	1	Jordan Orrell	Leigh Harriers	17:22.2	

**Men's 5000m B**

	Perf	Wind	AW		
1	22	Alan Ashton	Liverpool Harriers	16:35.1	<input checked="" type="checkbox"/>
2	33	Sammy Rashid	Liverpool PS	16:54.4	
3	55	Will Hardman	Trafford AC	17:54.4	
4	11	John Howarth	Leigh Harriers	18:22.3	
5	44	Peter Johnson	St. Helens Sutton	19:24.0	
6					

**Men's 400m Hurdles A**

	Perf	Record	Wind	AW	
1	6	Tom Booth	West Cheshire	58.5	<input checked="" type="checkbox"/>
2	3	Paul Milburn	Liverpool PS	59.8	<input checked="" type="checkbox"/>
3	5	Dalo Okiemen	Trafford AC	60.3	<input checked="" type="checkbox"/>
4	1	Alex Urmston	Leigh Harriers	62.8	<input checked="" type="checkbox"/>
5	4	Steve Clague	St. Helens Sutton	64.7	
6					

**Men's 400m Hurdles B**

	Perf	Record	Wind	AW	
1	55	Neil Bell	Trafford AC	65.9	
2	33	Dan Nutbrown	Liverpool PS	68.4	
3	11	Duncan McCarrick	Leigh Harriers	70.2	
4	66	John Manning	West Cheshire	73.9	
5	44	Ray Vose	St. Helens Sutton	84.3	
6					

**Men's 110m Hurdles A**

	Perf	Record	Wind=	AW	
1	5	Dalo Okiemen	Trafford AC	17.6	<input checked="" type="checkbox"/>
2	3	Paul Milburn	Liverpool PS	19.8	
3	6	Dave McKay	West Cheshire	19.8	
4	1	Duncan McCarrick	Leigh Harriers	20.9	
5	4	Ray Vose	St. Helens Sutton	26.1	
6					

**Men's 110m Hurdles B**

	Perf	Record	Wind=	AW	
1	55	Neil Bell	Trafford AC	18.9	
2	66	John Manning	West Cheshire	20.9	
3	11	Alex Urmston	Leigh Harriers	22.4	
4	33	Paul Rudkin	Liverpool PS	32.8	
5					
6					

**Men's Hammer A**

	Perf	Record	Wind	AW	
1	2	Adam Reynolds	Liverpool Harriers	47.45	<input checked="" type="checkbox"/>
2	6	Dave McKay	West Cheshire	42.13	<input checked="" type="checkbox"/>
3	4	Gary Ireland	St. Helens Sutton	37.38	<input checked="" type="checkbox"/>
4	3	Mark Lee	Liverpool PS	32.45	<input checked="" type="checkbox"/>
5	55	Derek Martin	Trafford AC	27.33	<input checked="" type="checkbox"/>
6	11	Mark Pendlebury	Leigh Harriers	22.79	

**Men's Hammer B**

	Perf	Record	Wind	AW	
1	66	Andrew McKay	West Cheshire	32.58	<input checked="" type="checkbox"/>
2	33	Mike Carmona-Jones	Liverpool PS	32.14	<input checked="" type="checkbox"/>
3	44	Michael Hughes	St. Helens Sutton	30.76	<input checked="" type="checkbox"/>
4	5	Pawlo Ostapowyc	Trafford AC	22.78	
5	1	John Taylor	Leigh Harriers	12.32	
6					

**Men's Discus A**

	Perf	Record	Wind	AW	
1	3	Mark Lee	Liverpool PS	36.74	<input checked="" type="checkbox"/>
2	1	Mark Pendlebury	Leigh Harriers	34.26	<input checked="" type="checkbox"/>
3	6	Dave McKay	West Cheshire	33.16	<input checked="" type="checkbox"/>
4	4	Gary Ireland	St. Helens Sutton	32.85	<input checked="" type="checkbox"/>
5	2	Dave McKown	Liverpool Harriers	27.27	
6	55	Derek Martin	Trafford AC	24.39	

**Men's Discus B**

	Perf	Record	Wind	AW	
1	33	Mike Carmona-Jones	Liverpool PS	32.39	<input checked="" type="checkbox"/>
2	66	Richard Stoakley	West Cheshire	31.94	<input checked="" type="checkbox"/>
3	22	Adam Reynolds	Liverpool Harriers	25.70	
4	5	Pawlo Ostapowyc	Trafford AC	23.60	
5	11	Peter Todd	Leigh Harriers	23.51	
6	44	Michael Hughes	St. Helens Sutton	23.12	

**Men's Javelin A**

	Perf	Record	Wind	AW	
1	6	Dave McKay	West Cheshire	61.18	<input checked="" type="checkbox"/>
2	22	Andrew Allen	Liverpool Harriers	53.08	<input checked="" type="checkbox"/>
3	11	Liam Moore	Leigh Harriers	45.23	<input checked="" type="checkbox"/>
4	5	Pawlo Ostapowyc	Trafford AC	43.49	<input checked="" type="checkbox"/>
5	3	Mark Lee	Liverpool PS	42.19	<input checked="" type="checkbox"/>
6	4	Gary Ireland	St. Helens Sutton	40.62	<input checked="" type="checkbox"/>

**Men's Javelin B**

	Perf	Record	Wind	AW	
1	2	Dave McKown	Liverpool Harriers	49.52	<input checked="" type="checkbox"/>
2	44	Phil Robinson	St. Helens Sutton	36.96	
3	66	Andrew Gore	West Cheshire	35.82	
4	1	Wayne Todd	Leigh Harriers	31.62	
5	33	Mike Carmona-Jones	Liverpool PS	26.95	
6					

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**Men's Shot Putt A**

	Perf	Record	Wind	AW	
1	6	Dave McKay	West Cheshire	12.23	<input checked="" type="checkbox"/>
2	4	Gary Ireland	St. Helens Sutton	11.70	<input checked="" type="checkbox"/>
3	1	Mark Pendlebury	Leigh Harriers	11.56	<input checked="" type="checkbox"/>
4	2	Dave McKown	Liverpool Harriers	11.11	<input checked="" type="checkbox"/>
5	5	Pawlo Ostapowycz	Trafford AC	9.58	
6	33	Mike Carmona-Jones	Liverpool PS	8.01	

**Men's Shot Putt B**

	Perf	Wind	AW		
1	11	Wayne Todd	Leigh Harriers	10.34	<input checked="" type="checkbox"/>
2	22	Adam Reynolds	Liverpool Harriers	9.30	
3	66	Richard Stoakley	West Cheshire	9.19	
4	55	Derek Martin	Trafford AC	7.43	
5	44	Ken Williams	St. Helens Sutton	7.33	
6	3	Daniel McComb	Liverpool PS	6.92	

**Men's Long Jump A**

	Perf	Record	Wind	AW	
1	5	Ioan Hughes	Trafford AC	6.18	<input checked="" type="checkbox"/>
2	4	Michael Causer	St. Helens Sutton	6.11	<input checked="" type="checkbox"/>
3	3	Dean Matthews	Liverpool PS	5.86	<input checked="" type="checkbox"/>
4	66	John Manning	West Cheshire	5.69	
5	2	Ryan Murray	Liverpool Harriers	5.26	
6	11	Thomas Warden	Leigh Harriers	4.78	

**Men's Long Jump B**

	Perf	Wind	AW		
1	6	Dave McKay	West Cheshire	5.52	
2	33	Dave Street	Liverpool PS	5.21	
3	55	Luke Anderson	Trafford AC	5.18	
4	22	Liam McCully	Liverpool Harriers	4.50	
5	1	Kevin Lawman	Leigh Harriers	4.46	
6	44	Jake Healy	St. Helens Sutton	4.14	

**Men's Triple Jump A**

	Perf	Record	Wind	AW	
1	3	Dean Matthews	Liverpool PS	12.78	<input checked="" type="checkbox"/>
2	5	Neil Bell	Trafford AC	11.83	<input checked="" type="checkbox"/>
3	22	Stuart Morland	Liverpool Harriers	11.41	
4	66	John Manning	West Cheshire	11.30	
5	1	Kevin Lawman	Leigh Harriers	9.62	
6	44	Phil Robinson	St. Helens Sutton	9.44	

**Men's Triple Jump B**

	Perf	Wind	AW		
1	33	Dave Street	Liverpool PS	11.38	
2	55	Luke Anderson	Trafford AC	11.37	
3	6	Dave McKay	West Cheshire	11.04	
4	2	Liam McCully	Liverpool Harriers	10.65	
5	11	Thomas Warden	Leigh Harriers	9.33	
6	4	Gary Ireland	St. Helens Sutton	9.28	

**Men's High Jump A**

	Perf	Record	Wind	AW	
1	5	Neil Bell	Trafford AC	1.83	<input checked="" type="checkbox"/>
2	3	Billy Williams	Liverpool PS	1.75	<input checked="" type="checkbox"/>
3	6	Michael Bailiff	West Cheshire	1.75	<input checked="" type="checkbox"/>
4	1	John Indricks	Leigh Harriers	1.70	
5	4	John Ashcroft	St. Helens Sutton	1.50	
6	2	Chris Roose	Liverpool Harriers	1.40	

**Men's High Jump B**

	Perf	Wind	AW		
1	55	Dalo Okiemein	Trafford AC	1.70	
2	66	Alan Little	West Cheshire	1.65	
3	11	Liam Moore	Leigh Harriers	1.50	
4	33	Don Nutbrown	Liverpool PS	1.50	
5	44	Phil Robinson	St. Helens Sutton	1.40	

**Men's Pole Vault A**

	Perf	Record	Wind	AW	
1	2	Chris Roose	Liverpool Harriers	3.70	<input checked="" type="checkbox"/>
2	11	John Taylor	Leigh Harriers	3.30	<input checked="" type="checkbox"/>
3	6	Andrew Gore	West Cheshire	3.20	<input checked="" type="checkbox"/>
4	5	Neil Bell	Trafford AC	3.00	<input checked="" type="checkbox"/>
5	33	Paul McComb	Liverpool PS	2.80	
6	44	Phil Robinson	St. Helens Sutton	2.70	

**Men's Pole Vault B**

	Perf	Wind	AW		
1	22	Ryan Murray	Liverpool Harriers	3.20	<input checked="" type="checkbox"/>
2	66	John Manning	West Cheshire	3.10	<input checked="" type="checkbox"/>
3	1	John Howarth	Leigh Harriers	2.60	
4	4	Steve Clague	St. Helens Sutton	2.40	

**Men's 4x100m Relay**

	Perf	Record	Wind	AW			
1	3	Liverpool PS	Danny Higham Wayne Ashall	Harry Doran	Nathan Hilton	44.0	<input checked="" type="checkbox"/>
2	5	Trafford AC	Scott Riley Neil Bell	Reece Ingley	Isaac Baldwin	44.9	
3	6	West Cheshire	Aidan Stoakley Stephen Jones	John Manning	Tom Gresty	45.0	
4	2	Liverpool Harriers	Ryan Murray James Blackburn	Colin Hornby	Daniel Yip	46.2	
5	1	Leigh Harriers	Alex Urmston Thomas Warden	Darren Smith	Jordan Orrell	48.1	
6	4	St. Helens Sutton	Thaddeus Anim-Son Michael Causer	Jake Healy	Phil Robinson	53.2	

**Division 2W Match 3 - Longford Stadium, Trafford**

Perf    **Recort**    Wind    AW    **4 July 2010**

Perf    Wind    AW

**Men's 4x400m Relay**

1	3	Liverpool PS	Danny Higham	Wayne Ashall	Harry Doran	Nathan Hilton	03:20.2	<input checked="" type="checkbox"/>
2	2	Liverpool Harriers	Stuart Morland	Daniel Yip	Liam McCully	Alex Boyce	03:21.7	<input checked="" type="checkbox"/>
3	5	Trafford AC	John Howe	Scott Riley	Reece Ingley	Dalo Okiemein	03:31.2	
4	1	Leigh Harriers	Alex Urmston	Jordan Orrell	Darren Smith	Tom Henders	03:40.5	
5	6	West Cheshire	Aidan Stoakley	Stephen Jones	Tom Booth	Tom Gresty	03:48.0	
6	4	St. Helens Sutton	Dave Forrester	Matt Crehan	Jake Healy	Aaron Brooks	03:56.6	

MATCH RESULT			STANDINGS				
	League Points	Match		League Points	Match		
1	Traff	6	393.0	1	W.Chesh	17	1231.0
2	W.Chesh	5	374.0	2	St.H	13	1024.0
3	LPS	4	330.0	3	LPS	11	967.0
4	St.H	3	322.0	4	Traff	10.5	981.0
5	Leigh	2	318.0	5	Leigh	8.5	940.0
6	Liv.H.	1	291.0	6	Liv.H.	3	779.0
7				7			
8				8	#N/A	#N/A	#N/A

**Men's 100m Non Scoring**

Wind=

1  
2  
3  
4  
5  
6  
7  
8

**Men's 100m Non Scoring**

Wind=

1  
2  
3  
4  
5  
6  
7  
8

**Division 2W Match 3 - Longford Stadium, Trafford**

**4 July 2010**

**Women's 100m A**

Wind=

Perf  
Recor  
Wind  
AW

1	4	Heather Drillingcourt	St. Helens Sutton	13.0		
2	6	Bryony Potter	West Cheshire	13.0		☑
3	2	Amy Forrester	Liverpool Harriers	13.5		☑
4	5	Sarah Jarett	Trafford AC	13.5		
5	3	Hannah Roberts	Liverpool PS	13.8		
6	1	Emma Bilsbury	Leigh Harriers	14.7		

**Women's 100m B**

Wind=

Perf  
Wind  
AW

1	22	Rebecca Preston	Liverpool Harriers	13.6		
2	55	Juanita Harrison	Trafford AC	13.7		
3	66	Shona Valentine	West Cheshire	13.9		
4	44	Jenny Lamb	St. Helens Sutton	14.4		
5	11	Tyler Colderley	Leigh Harriers	15.0		
6						

**Women's 200m A**

Wind=

1	6	Bryony Potter	West Cheshire	27.0		☑
2	5	Dionne Ellison	Trafford AC	27.1		
3	2	Amy Forrester	Liverpool Harriers	27.2		
4	4	Jenny Lamb	St. Helens Sutton	29.8		
5	3	Hannah Roberts	Liverpool PS	30.5		
6	1	Emma Bilsbury	Leigh Harriers	32.2		

**Women's 200m B**

Wind=

1	22	Rebecca Preston	Liverpool Harriers	27.6		
2	55	Sarah Jarett	Trafford AC	27.7		
3	11	Amy Riley	Leigh Harriers	29.0		
4	66	Shona Valentine	West Cheshire	29.1		
5	44	Helena McGoldrick	St. Helens Sutton	37.7		
6						

**Women's 400m A**

1	5	Anita Richardson	Trafford AC	61.7		☑
2	1	Bethany Jones	Leigh Harriers	62.9		☑
3	3	Hannah Roberts	Liverpool PS	72.1		
4	6	Niamh Reilly	West Cheshire	76.2		
5	4	Julia Eccleston	St. Helens Sutton	97.5		
6						

**Women's 400m B**

1	55	Emma Cullen	Trafford AC	61.3		☑
2	11	Amy Riley	Leigh Harriers	64.6		
3	33	Stephanie Swift	Liverpool PS	72.0		
4	66	Jenni Potter	West Cheshire	76.1		
5	44	Jane Ashcroft	St. Helens Sutton	96.5		
6						

**Women's 800m A**

1	3	Kirsty Longley	Liverpool PS	02:26.4		☑
2	4	Gemma Connolly	St. Helens Sutton	02:28.2		
3	1	Georgina Leck	Leigh Harriers	02:31.3		
4	5	Melissa Davis	Trafford AC	02:33.0		
5	6	Lisa Davies	West Cheshire	02:48.7		
6						

**Women's 800m B**

1	33	Stephanie Swift	Liverpool PS	02:36.3		
2	11	Elizabeth Lee	Leigh Harriers	02:37.6		
3	55	Nicky Ellis	Trafford AC	02:52.7		
4	66	Jane Phillips	West Cheshire	02:53.6		
5	44	Helena McGoldrick	St. Helens Sutton	03:20.3		
6						

**Women's 1500m A**

1	1	Rebecca Howarth	Leigh Harriers	04:48.2		☑
2	4	Gemma Connolly	St. Helens Sutton	04:52.9		☑
3	3	Kirsty Longley	Liverpool PS	04:59.7		☑
4	2	Hannah Whiteside	Liverpool Harriers	05:04.5		☑
5	55	Nicky Ellis	Trafford AC	05:23.8		
6	6	Charlotte Frazer-Cox	West Cheshire	06:29.4		

**Women's 1500m B**

1	11	Shannon Johnson	Leigh Harriers	05:00.3		☑
2	22	Laura Stanley	Liverpool Harriers	05:24.9		
3	33	Catherine Terry	Liverpool PS	05:30.7		
4	5	Melissa Davis	Trafford AC	06:10.6		
5	44	Helena McGoldrick	St. Helens Sutton	06:39.9		
6						

**Women's 3000m A**

1	4	Gemma Connolly	St. Helens Sutton	10:55.2		☑
2	22	Rebecca Donohue	Liverpool Harriers	11:20.4		☑
3	5	Anna Verges	Trafford AC	11:21.2		☑
4	1	Georgina Leck	Leigh Harriers	11:43.4		
5	3	Toria Swift	Liverpool PS	12:02.3		
6	6	Charlotte Frazer-Cox	West Cheshire	12:11.5		

**Women's 3000m B**

1	2	Charlotte Wilson	Liverpool Harriers	11:22.5		☑
2	11	Amy Riley	Leigh Harriers	11:52.1		
3	33	Lisa Gawthorne	Liverpool PS	12:11.5		
4	44	Julia Eccleston	St. Helens Sutton	13:24.1		
5						
6						

**Division 2W Match 3 - Longford Stadium, Trafford**

**4 July 2010**

**Women's 400m Hurdles A**

	Perf	Record	Wind	AW
1	5	Leanne Brown	Trafford AC	75.0
2	6	Danielle Erskine	West Cheshire	75.9
3	3	Alice Donnelly	Liverpool PS	77.6
4	1	Amy Riley	Leigh Harriers	94.7
5				
6				

**Women's 400m Hurdles B**

	Perf	Wind	AW	
1	66	Jenni Potter	West Cheshire	77.6
2	11	Rebecca Howarth	Leigh Harriers	78.6
3				
4				
5				
6				

**Women's 100m Hurdles A**

	Perf	Wind=	AW		
1	6	Victoria Anderson	West Cheshire	17.4	<input checked="" type="checkbox"/>
2	5	Leanne Brown	Trafford AC	19.0	
3	4	Sophie Rigby	St. Helens Sutton	19.0	
4	3	Rachel Hutchinson	Liverpool PS	20.2	
5	1	Emma Bilsbury	Leigh Harriers	20.9	
6					

**Women's 100m Hurdles B**

	Perf	Wind=	AW		
1	55	Sarah McKeever	Trafford AC	17.9	<input checked="" type="checkbox"/>
2	66	Danielle Erskine	West Cheshire	18.3	
3					
4					
5					
6					

**Women's Hammer A**

	Perf	AW			
1	2	Vicky Johnson	Liverpool Harriers	46.35	<input checked="" type="checkbox"/>
2	4	Kathry Sumner	St. Helens Sutton	34.19	<input checked="" type="checkbox"/>
3	3	Rachel Hutchinson	Liverpool PS	32.83	<input checked="" type="checkbox"/>
4	1	Carla Winstanley	Leigh Harriers	28.30	<input checked="" type="checkbox"/>
5	6	Nicola Gore	West Cheshire	22.16	
6					

**Women's Hammer B**

	Perf	AW			
1	44	Tricia Spark	St. Helens Sutton	31.20	<input checked="" type="checkbox"/>
2	66	Jenni Potter	West Cheshire	15.85	
3	11	Sarah Evans	Leigh Harriers	7.85	
4					
5					
6					

**Women's Discus A**

	Perf	AW			
1	5	Jemma Bate	Trafford AC	39.28	<input checked="" type="checkbox"/>
2	6	Nicola Gore	West Cheshire	31.53	<input checked="" type="checkbox"/>
3	2	Vicky Johnson	Liverpool Harriers	30.16	<input checked="" type="checkbox"/>
4	1	Carla Winstanley	Leigh Harriers	21.41	
5	33	Ruth Doran	Liverpool PS	18.14	
6	4	Amy Hughes	St. Helens Sutton	17.71	

**Women's Discus B**

	Perf	AW			
1	55	Chloe Beckett	Trafford AC	37.48	<input checked="" type="checkbox"/>
2	66	Niamh Reilly	West Cheshire	21.73	
3	11	Sarah Evans	Leigh Harriers	18.19	
4	3	Rachel Hutchinson	Liverpool PS	16.35	
5	22	Helen Croft	Liverpool Harriers	14.81	
6	44	Sue Clague	St. Helens Sutton	14.68	

**Women's Javelin A**

	Perf	AW			
1	55	Chloe Beckett	Trafford AC	38.40	<input checked="" type="checkbox"/>
2	6	Niamh Reilly	West Cheshire	33.66	<input checked="" type="checkbox"/>
3	4	Emma McClatchley	St. Helens Sutton	24.14	
4	22	Anne Murphy	Liverpool Harriers	20.74	
5	3	Ruth Doran	Liverpool PS	20.20	
6	1	Carla Winstanley	Leigh Harriers	19.28	

**Women's Javelin B**

	Perf	AW			
1	5	Jemma Bate	Trafford AC	28.53	<input checked="" type="checkbox"/>
2	2	Sarah McDonough	Liverpool Harriers	20.71	
3	66	Emily Clarke	West Cheshire	17.98	
4	33	Rose Hutchinson	Liverpool PS	13.79	
5	44	Julia Eccleston	St. Helens Sutton	12.97	
6	11	Sarah Evans	Leigh Harriers	11.08	

**Women's Shot Putt A**

	Perf	AW			
1	55	Chloe Beckett	Trafford AC	12.42	<input checked="" type="checkbox"/>
2	2	Vicky Johnson	Liverpool Harriers	10.77	<input checked="" type="checkbox"/>
3	1	Carla Winstanley	Leigh Harriers	10.16	<input checked="" type="checkbox"/>
4	6	Nicola Gore	West Cheshire	9.93	<input checked="" type="checkbox"/>
5	3	Ruth Doran	Liverpool PS	9.28	<input checked="" type="checkbox"/>
6	44	Tricia Spark	St. Helens Sutton	7.94	

**Women's Shot Putt B**

	Perf	AW			
1	5	Jemma Bate	Trafford AC	10.56	<input checked="" type="checkbox"/>
2	66	Niamh Reilly	West Cheshire	8.47	<input checked="" type="checkbox"/>
3	33	Rachel Hutchinson	Liverpool PS	7.98	
4	11	Sarah Evans	Leigh Harriers	7.89	
5	4	Kathry Sumner	St. Helens Sutton	5.26	
6					

**Division 2W Match 3 - Longford Stadium, Trafford**

**4 July 2010**

	Perf	Record	Wind	AW		Perf	Wind	AW		
<b><u>Women's Long Jump A</u></b>					<b><u>Women's Long Jump B</u></b>					
1	6	Emily Clarke	West Cheshire	5.04						
2	4	Sophie Rigby	St. Helens Sutton	4.80						
3	55	Emma Cullen	Trafford AC	4.37						
4	11	Sarah Evans	Leigh Harriers	4.01						
5	2	Anne Murphy	Liverpool Harriers	3.46						
6	3	Rachel Hutchinson	Liverpool PS	3.43						
					1	66	Danielle Erskine	West Cheshire	4.89	
					2	44	Amy Hughes	St. Helens Sutton	4.16	
					3	1	Bethany Jones	Leigh Harriers	4.00	
					4	5	Shanika Whight	Trafford AC	3.76	
					5					
					6					
<b><u>Women's Triple Jump A</u></b>					<b><u>Women's Triple Jump B</u></b>					
1	6	Emily Clarke	West Cheshire	10.54						
2	1	Amy Riley	Leigh Harriers	9.26						
3	44	Amy Hughes	St. Helens Sutton	9.17						
4	33	Grace Stewart	Liverpool PS	8.92						
5	55	Shanika Whight	Trafford AC	7.75						
6										
					1	66	Victoria Anderson	West Cheshire	10.42	
					2	11	Tyler Colderley	Leigh Harriers	8.32	
					3	4	Emma McClatchley	St. Helens Sutton	8.23	
					4	5	Leanne Brown	Trafford AC	6.96	
					5					
					6					
<b><u>Women's High Jump A</u></b>					<b><u>Women's High Jump B</u></b>					
1	6	Victoria Anderson	West Cheshire	1.55						
2	4	Sophie Rigby	St. Helens Sutton	1.52						
3	3	Alice Donnelly	Liverpool PS	1.50						
4	55	Juanita Harrison	Trafford AC	1.45						
5	1	Bethany Jones	Leigh Harriers	1.35						
					1	44	Amy Hughes	St. Helens Sutton	1.45	
					2	5	Sarah McKeever	Trafford AC	1.30	
					3	66	Niamh Reilly	West Cheshire	1.25	
					4	33	Rachel Hutchinson	Liverpool PS	1.25	
<b><u>Women's Pole Vault A</u></b>					<b><u>Women's Pole Vault B</u></b>					
1	4	Emma McClatchley	St. Helens Sutton	2.50						
2	1	Emma Bilsbury	Leigh Harriers	2.20						
3	5	Sarah McKeever	Trafford AC	2.20						
4	2	Rebecca Donohue	Liverpool Harriers	1.90						
5	6	Niamh Reilly	West Cheshire	1.70						
<b><u>Women's 4x100m Relay</u></b>					<b><u>Women's 4x100m Relay</u></b>					
1	6	West Cheshire	Shona Valentine	Danielle Erskine	Bryony Potter	Emily Clarke	51.2			
2	5	Trafford AC	Juanita Harrison	Dionne Ellison	Sarah Jarett	Anita Richardson	52.1			
3	4	St. Helens Sutton	Sophie Rigby	Heather Drillingcourt	Jenny Lamb	Tricia Spark	52.9			
4	2	Liverpool Harriers	Amy Forrester	Rebecca Preston	Rebecca Donohue	Anne Murphy	56.2			
5	1	Leigh Harriers	Sarah Evans	Tyler Colderley	Emma Bilsbury	Georgina Leck	57.2			
6	3	Liverpool PS	Kirsty Longley	Catherine Terry	Hannah Roberts	Rachel Hutchinson	57.8			
<b><u>Women's 4x400m Relay</u></b>					<b><u>Women's 4x400m Relay</u></b>					
1	5	Trafford AC	Anita Richardson	Emma Cullen	Leanne Brown	Kysha Ferguson	04:12.1			
2	1	Leigh Harriers	Bethany Jones	Amy Riley	Shannon Johnson	Rebecca Howarth	04:23.0			
3	2	Liverpool Harriers	Hannah Whiteside	Laura Stanley	Charlotte Wilson	Rebecca Donohue	04:33.3			
4	3	Liverpool PS	Alice Donnelly	Kirsty Longley	Hannah Roberts	Catherine Terry	04:52.7			
5	4	St. Helens Sutton	Gemma Connolly	Jenny Lamb	Tricia Spark	Helena McGoldrick	05:01.4			
6										





**North of England  
Track Field League**

<http://www.noaaa-athletics.org.uk>

**Division 2W Match 3 - Longford Stadium, Trafford**

**Women's 100m Non Scoring**

Wind=

Perf

Recor

Wind

AW

- 1
- 2
- 3
- 4
- 5
- 6

**4 July 2010**

**Women's 100m Non Scoring**

Wind=

Perf

Wind

AW

- 1
- 2
- 3
- 4
- 5
- 6



Division 2W Match 3 - Longford Stadium, Trafford

04 July 2010

Events	Leigh	Liv.H.	LPS	St.H	Traff	W.Chesh									UNUSED	TOTAL		
Men's 100m	3	4	4	6	7	9	2	5	3	7	5				1	34	22	
Men's 200m	3	2	6	3	9	7	4	1	5	4	7	5				34	22	
Men's 400m	4	2	9	4	6		7	5	5	7	3	3			1	34	22	
Men's 800m	4	2	6	7	5	3	9	4	7	5				3	1	34	22	
Men's 1500m	6	5	4	2	5	4	9	3	7	7	3	1				34	22	
Men's 3000m S/Chase	4	4	9		3		6	7	7	5	5				6	34	22	
Men's 5000m	3	3	9	7	7	5	4	2	5	4	6				1	34	22	
Men's 400m Hurdles	5	4			7	5	4	2	6	7	9	3		3	1	34	22	
Men's 110m Hurdles	5	4			7	3	4		9	7	6	5		3	3	34	22	
Men's Hammer	3	2	9		5	5	6	4	4	3	7	7			1	34	22	
Men's Discus	7	2	4	4	9	7	5	1	3	3	6	5				34	22	
Men's Javelin	6	3	7	7	4	2	3	5	5		9	4			1	34	22	
Men's Shot Putt	6	7	5	5	3	1	7	2	4	3	9	4				34	22	
Men's Long Jump	3	2	4	3	6	5	7	1	9	4	5	7				34	22	
Men's Triple Jump	4	2	6	3	9	7	3	1	7	5	5	4				34	22	
Men's High Jump	5	4	3		7	3	4	2	9	7	6	5			1	34	22	
Men's Pole Vault	7	4	9	7	4		3	3	5		6	5			3	34	22	
Men's 4x100m Relay	4		5		9		3		7		6				22	34	22	
Men's 4x400m Relay	5		7		9		3		6		4				22	34	22	
	87	52	106	56	120	64	100	45	115	74	109	63			9	64	646	418

Women's 100m	3	2	6	7	4		9	3	5	5	7	4				1	34	22
Women's 200m	3	4	6	7	4		5	2	7	5	9	3				1	34	22
Women's 400m	7	5			6	4	4	2	9	7	5	3		3	1	34	22	
Women's 800m	6	5			9	7	7	2	5	4	4	3		3	1	34	22	
Women's 1500m	9	7	5	5	6	4	7	2	4	3	3				1	34	22	
Women's 1500m S/Ch																		
Women's 3000m	5	5	7	7	4	4	9	3	6		3				3	34	22	
Women's 400m Hurdle	5	5			6				9		7	7		7	10	34	22	
Women's 100m Hurdle	4				5		6		7	7	9	5		3	10	34	22	
Women's Hammer	5	4	9		6		7	7			4	5		3	6	34	22	
Women's Discus	5	4	6	2	4	3	3	1	9	7	7	5				34	22	
Women's Javelin	3	1	5	5	4	3	6	2	9	7	7	4				34	22	
Women's Shot Putt	6	3	7		4	4	3	2	9	7	5	5			1	34	22	
Women's Long Jump	5	4	4		3		7	5	6	3	9	7			3	34	22	
Women's Triple Jump	7	5			5		6	4	4	3	9	7		3	3	34	22	
Women's High Jump	4				6	3	7	7	5	5	9	4		3	3	34	22	
Women's Pole Vault	7		5				9		6		4			3	22	34	22	
Women's 4x100m Rela	4		5		3		6		7		9				22	34	22	
Women's 4x400m Rela	7		6		5		4		9					3	22	34	22	
	95	54	71	33	84	32	105	42	116	63	110	62			31	110	612	396

Match Summary	Leigh	Liv.H.	LPS	St.H	Traff	W.Chesh									UNUSED	TOTAL
Teams	288.0	266.0	300.0	292.0	368.0	344.0									214.0	2072.0
Officials Points	30.0	25.0	30.0	30.0	25.0	30.0									170.0	340.0
Total	318.0	291.0	330.0	322.0	393.0	374.0									384.0	2412.0
Match Position	5	6	3	4	1	2	7	7								
League Points	2	1	4	3	6	5										

Standings	Leigh	Liv.H.	LPS	St.H	Traff	W.Chesh		
League Points	8.5	3.0	11.0	13.0	10.5	17.0		
Match Points	940.0	779.0	967.0	1024.0	981.0	1231.0		
League Positions	5	6	3	2	4	1	7	7