

Division 3W Match1 - Warrington

**Men's 100m A**

			Wind=	Perf	Record	Wind	AW
1	4	James Armstrong	Southport Waterloo	11.3			<input checked="" type="checkbox"/>
2	6	James Gladman	Warrington AC	11.3			<input checked="" type="checkbox"/>
3	2	Alex Ranshaw	Macclesfield	11.4			<input checked="" type="checkbox"/>
4	3	Ben Brand	Manx Harriers	11.8			
5	1	Adam Simms	Altrincham	11.9			
6	5	Chris Horrigan	Trafford 'B'	12.6			

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**Men's 100m B**

			Wind=	Perf	Record	Wind	AW
1	22	James Carey	Macclesfield	11.9			
2	33	Daniel Stewart-Clague	Manx Harriers	12.2			
3	44	Robert Anderson	Southport Waterloo	12.2			
4	55	Rees Ingler	Trafford 'B'	12.2			
5	11	Ryan Hessien	Altrincham	12.4			
6	66	Lee Jepson	Warrington AC	13.6			

**Men's 200m A**

			Wind=	Perf	Record	Wind	AW
1	4	James Armstrong	Southport Waterloo	22.5			<input checked="" type="checkbox"/>
2	2	Alex Ranshaw	Macclesfield	22.7			<input checked="" type="checkbox"/>
3	3	Ben Brand	Manx Harriers	24.2			
4	5	Pete Hickey	Trafford 'B'	24.4			
5	6	John Woods	Warrington AC	25.9			
6	1	Andy Parker	Altrincham	dnf			

**Men's 200m B**

			Wind=	Perf	Record	Wind	AW
1	22	James Carey	Macclesfield	24.1			
2	11	Ryan Hessien	Altrincham	24.9			
3	55	Nathan Scholes	Trafford 'B'	25.5			
4	33	Trevor Christian	Manx Harriers	26.5			
5	44	Craig Wilson	Southport Waterloo	26.8			
6	66	Dave Bibby	Warrington AC	30.8			

**Men's 400m A**

			Wind=	Perf	Record	Wind	AW
1	2	Lloyd Hilton	Macclesfield	50.9			<input checked="" type="checkbox"/>
2	4	James Tartt	Southport Waterloo	51.7			<input checked="" type="checkbox"/>
3	6	Daniel Jackson	Warrington AC	52.5			<input checked="" type="checkbox"/>
4	1	Adam Simms	Altrincham	53.1			
5	5	Daniel Brammer	Trafford 'B'	55.2			
6	3	Tom Richmond	Manx Harriers	57.3			

**Men's 400m B**

			Wind=	Perf	Record	Wind	AW
1	22	Stuart Price	Macclesfield	54.2			
2	11	Andy Ford	Altrincham	57.1			
3	55	Nathan Scholes	Trafford 'B'	57.7			
4	44	John Cunningham	Southport Waterloo	58.5			
5	66	Paul Dodsworth	Warrington AC	62.3			
6							

**Men's 800m A**

			Wind=	Perf	Record	Wind	AW
1	4	James Tartt	Southport Waterloo	01:55.2			<input checked="" type="checkbox"/>
2	2	Stuart Price	Macclesfield	02:01.5			<input checked="" type="checkbox"/>
3	5	Bernard Ward	Trafford 'B'	02:01.9			<input checked="" type="checkbox"/>
4	6	Tom Jervis	Warrington AC	02:02.8			<input checked="" type="checkbox"/>
5	3	Tom Richmond	Manx Harriers	02:06.9			
6	1	Andy Ford	Altrincham	02:08.1			

**Men's 800m B**

			Wind=	Perf	Record	Wind	AW
1	44	Joe Viz	Southport Waterloo	02:02.1			<input checked="" type="checkbox"/>
2	55	Rees Ingler	Trafford 'B'	02:09.1			
3	66	Liam Thompson	Warrington AC	02:09.7			
4	22	Chris Rogers	Macclesfield	02:36.2			
5							
6							

**Men's 1500m A**

			Wind=	Perf	Record	Wind	AW
1	11	Ryan Ganose	Altrincham	04:16.1			<input checked="" type="checkbox"/>
2	4	Joe Viz	Southport Waterloo	04:16.7			<input checked="" type="checkbox"/>
3	66	Liam Thompson	Warrington AC	04:29.8			<input checked="" type="checkbox"/>
4	55	Carl Tipton	Trafford 'B'	04:52.8			<input checked="" type="checkbox"/>
5	22	Tony Shenton	Macclesfield	05:41.0			<input checked="" type="checkbox"/>

**Men's 1500m B**

			Wind=	Perf	Record	Wind	AW
1	1	Shoab Gill	Altrincham	04:21.8			<input checked="" type="checkbox"/>
2	44	Patrick Viz	Southport Waterloo	04:45.2			<input checked="" type="checkbox"/>
3	5	Kev Bryden	Trafford 'B'	04:57.5			<input checked="" type="checkbox"/>
4	2	Martin Wallis	Macclesfield	06:34.6			<input checked="" type="checkbox"/>
5							

**Men's 3000m S/Chase A**

			Wind=	Perf	Record	Wind	AW
1	4	Patrick Viz	Southport Waterloo	10:37.6			<input checked="" type="checkbox"/>
2	1	Dave Livingstone	Altrincham	10:46.2			<input checked="" type="checkbox"/>
3	6	Oliver Park	Warrington AC	10:54.2			<input checked="" type="checkbox"/>
4	5	Carl Tipton	Trafford 'B'	11:34.8			<input checked="" type="checkbox"/>
5	3	Tom Richmond	Manx Harriers	13:51.3			<input checked="" type="checkbox"/>

**Men's 3000m S/Chase B**

			Wind=	Perf	Record	Wind	AW
1	44	David Gough	Southport Waterloo	10:58.7			<input checked="" type="checkbox"/>
2	55	Kev Bryden	Trafford 'B'	12:04.1			<input checked="" type="checkbox"/>
3	11	Toby Percival	Altrincham	12:45.3			<input checked="" type="checkbox"/>
4							
5							

**Men's 5000m A**

			Wind=	Perf	Record	Wind	AW
1	1	Andy Norman	Altrincham	14:59.0			<input checked="" type="checkbox"/>
2	3	Kevin Loundes	Manx Harriers	15:10.9			<input checked="" type="checkbox"/>
3	4	Richard Shearer	Southport Waterloo	16:07.8			<input checked="" type="checkbox"/>
4	5	Jeff Prest	Trafford 'B'	16:44.5			<input checked="" type="checkbox"/>
5	6	Paul Dodsworth	Warrington AC	17:43.0			

**Men's 5000m B**

			Wind=	Perf	Record	Wind	AW
1	11	James Reed	Altrincham	15:34.3			<input checked="" type="checkbox"/>
2	33	Martin Malone	Manx Harriers	15:54.0			<input checked="" type="checkbox"/>
3	44	Steve Wilkinson	Southport Waterloo	18:58.7			
4	66	Mervyn Ward	Warrington AC	19:33.7			
5							

Division 3W Match1 - Warrington

**Men's 400m Hurdles A**

	Perf	Recort	Wind	AW
1 2 Lloyd Hilton	Macclesfield	59.6		<input checked="" type="checkbox"/>
2 4 Stephen Marshall	Southport Waterloo	65.1		
3 1 Dan Brooks	Altrincham	65.1		
4 5 Derek Fraser	Trafford 'B'	93.3		

**Men's 110m Hurdles A**

	Perf	Recort	Wind	AW
1 2 Simon Sloan	Macclesfield	15.9		<input checked="" type="checkbox"/>
2 4 Stephen Marshall	Southport Waterloo	19.1		
3 6 Oliver Park	Warrington AC	20.1		
4 1 Dan Brooks	Altrincham	23.3		
5 5 Derek Fraser	Trafford 'B'	dq		

**Men's Hammer A**

	Perf	Recort	Wind	AW
1 3 Trevor Christian	Manx Harriers	36.95		<input checked="" type="checkbox"/>
2 2 Chris Rogers	Macclesfield	33.25		<input checked="" type="checkbox"/>
3 4 Peter Mason	Southport Waterloo	26.84		<input checked="" type="checkbox"/>
4 5 Neil Slater	Trafford 'B'	23.24		
5 11 Adam Wareing	Altrincham	17.05		
6 6 Dave Spencer	Warrington AC	14.17		

**Men's Discus A**

	Perf	Recort	Wind	AW
1 22 Adam Edgar	Macclesfield	34.07		<input checked="" type="checkbox"/>
2 33 Phil Riley	Manx Harriers	31.46		<input checked="" type="checkbox"/>
3 4 Peter Mason	Southport Waterloo	27.15		
4 1 Jonathon Moss	Altrincham	22.41		
5 5 Neil Slater	Trafford 'B'	19.89		
6 66 Chris Wells	Warrington AC	19.82		

**Men's Javelin A**

	Perf	Recort	Wind	AW
1 3 Daniel Stewart-Clague	Manx Harriers	45.16		<input checked="" type="checkbox"/>
2 22 Adam Edgar	Macclesfield	39.90		<input checked="" type="checkbox"/>
3 4 Tom Leyland	Southport Waterloo	39.59		<input checked="" type="checkbox"/>
4 5 Ian Scholes	Trafford 'B'	26.12		
5 6 Chris Wells	Warrington AC	25.51		
6 11 Adam Wareing	Altrincham	24.38		

**Men's Shot Putt A**

	Perf	Recort	Wind	AW
1 3 Trevor Christian	Manx Harriers	11.16		<input checked="" type="checkbox"/>
2 2 Adam Edgar	Macclesfield	10.57		<input checked="" type="checkbox"/>
3 44 Steve Wilkinson	Southport Waterloo	9.63		
4 1 Jonathon Moss	Altrincham	8.95		
5 66 Chris Wells	Warrington AC	7.79		
6 5 Neil Slater	Trafford 'B'	7.29		

**Men's Long Jump A**

	Perf	Recort	Wind	AW
1 66 Adam Nicholls	Warrington AC	6.29		<input checked="" type="checkbox"/>
2 2 Alex Ranshaw	Macclesfield	6.24		<input checked="" type="checkbox"/>
3 4 Jordan Kelly	Southport Waterloo	6.18		<input checked="" type="checkbox"/>
4 1 Adam Simms	Altrincham	6.14		<input checked="" type="checkbox"/>
5 3 Phil Riley	Manx Harriers	5.62		
6 5 Quentin Kearns	Trafford 'B'	5.22		

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**Men's 400m Hurdles B**

	Perf	Wind	AW
1 44 Steve Wilkinson	Southport Waterloo	72.3	
2 22 Tony Shenton	Macclesfield	74.6	
3 11 Dave Livingstone	Altrincham	75.7	
4 55 Neil Slater	Trafford 'B'	88.2	

**Men's 110m Hurdles B**

	Perf	Wind	AW
1 22 Adam Edgar	Macclesfield	16.8	<input checked="" type="checkbox"/>
2 44 Steve Wilkinson	Southport Waterloo	20.5	
3 66 Chris Wells	Warrington AC	20.8	
4 55 Carl Tipton	Trafford 'B'	25.6	
5 11 Dave Livingstone	Altrincham	26.8	

**Men's Hammer B**

	Perf	Wind	AW
1 22 Simon Price	Macclesfield	23.49	
2 44 Steve Wilkinson	Southport Waterloo	19.86	
3 66 Phil Hicken	Warrington AC	13.34	
4 55 Kev Bryden	Trafford 'B'	12.99	
5 1 Barry Chapman	Altrincham	12.95	
6			

**Men's Discus B**

	Perf	Wind	AW
1 2 Ashley Pritchard	Macclesfield	33.14	<input checked="" type="checkbox"/>
2 3 Trevor Christian	Manx Harriers	27.90	
3 11 Adam Wareing	Altrincham	20.74	
4 44 Tom Leyland	Southport Waterloo	19.38	
5 55 Kev Bryden	Trafford 'B'	17.17	
6 6 Dave Spencer	Warrington AC	15.64	

**Men's Javelin B**

	Perf	Wind	AW
1 33 Ben Brand	Manx Harriers	38.27	<input checked="" type="checkbox"/>
2 2 Simon Sloan	Macclesfield	37.32	<input checked="" type="checkbox"/>
3 44 James Tartt	Southport Waterloo	26.36	
4 55 Neil Slater	Trafford 'B'	23.17	
5 66 Dave Spencer	Warrington AC	21.69	
6 1 Barry Chapman	Altrincham	20.71	

**Men's Shot Putt B**

	Perf	Wind	AW
1 22 Ashley Pritchard	Macclesfield	8.86	
2 33 Ben Brand	Manx Harriers	8.73	
3 4 Peter Mason	Southport Waterloo	8.30	
4 11 Ryan Hessien	Altrincham	8.29	
5 55 Chris Horriman	Trafford 'B'	6.37	
6 6 Dave Spencer	Warrington AC	6.29	

**Men's Long Jump B**

	Perf	Wind	AW
1 22 Simon Sloan	Macclesfield	6.12	<input checked="" type="checkbox"/>
2 6 Wojciech Czaja	Warrington AC	5.95	<input checked="" type="checkbox"/>
3 44 Robert Anderson	Southport Waterloo	5.73	
4 11 Dave Bullock	Altrincham	5.62	
5 55 Rees Ingler	Trafford 'B'	3.88	
6			

Division 3W Match1 - Warrington

				Perf	Recort	Wind	AW	1 May 2010				
				Perf	Recort	Wind	AW	Perf	Wind	AW		
<b><u>Men's Triple Jump A</u></b>												
1	6	Wojciech Czaja	Warrington AC	12.67			<input checked="" type="checkbox"/>	1	3	Phil Riley	Manx Harriers	11.78
2	1	Adam Simms	Altrincham	12.31			<input checked="" type="checkbox"/>	2	44	Robert Anderson	Southport Waterloo	11.61
3	4	Jordan Kelly	Southport Waterloo	12.29			<input checked="" type="checkbox"/>	3	11	Dave Bullock	Altrincham	11.55
4	33	Daniel Stewart-Clague	Manx Harriers	12.24			<input checked="" type="checkbox"/>	4	22	Lloyd Hilton	Macclesfield	11.45
5	2	Alex Ranshaw	Macclesfield	11.83			<input checked="" type="checkbox"/>	5	66	Adam Nicholls	Warrington AC	11.21
6	5	Rees Ingler	Trafford 'B'	9.43				6				

**Men's High Jump A**

1	2	Simon Sloan	Macclesfield	1.80			<input checked="" type="checkbox"/>
2	3	Daniel Stewart-Clague	Manx Harriers	1.75			<input checked="" type="checkbox"/>
3	4	Jordan Kelly	Southport Waterloo	1.70			
4=	6	Oliver Park	Warrington AC	1.65			
4=	1	Dave Bullock	Altrincham	1.65			
6	5	Daniel Brammer	Trafford 'B'	1.45			

**Men's High Jump B**

1	33	Josh Brand	Manx Harriers	1.65			
2	22	Adam Edgar	Macclesfield	1.60			
3	11	Andy Norman	Altrincham	1.45			

**Men's Pole Vault A**

1	22	Adam Edgar	Macclesfield	3.00			<input checked="" type="checkbox"/>
2	3	Daniel Stewart-Clague	Manx Harriers	2.70			
3	5	Ian Scholes	Trafford 'B'	2.60			
4	1	Dan Brooks	Altrincham	2.20			

**Men's Pole Vault B**

1	2	Simon Sloan	Macclesfield	3.10			<input checked="" type="checkbox"/>
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**Men's 4x100m Relay**

1	2	Macclesfield	Lloyd Hilton	James Carey	Stuart Price	Alex Ranshaw	44.9
2	4	Southport Waterloo	James Armstrong	Jordan Kelly	Robert Anderson	John Cunningham	46.3
3	5	Trafford 'B'	Pete Hickey	Chris Horrigan	Rees Ingler	Daniel Brammer	47.4
4	3	Manx Harriers	Phil Riley	Trevor Christian	Tom Richmond	Ben Brand	47.9
5	1	Altrincham	Liam Rutledge	Adam Simms	Ryan Hessien	Dave Bullock	48.0
6	6	Warrington AC	Adam Nicholls	Wojciech Czaja	John Woods	Oliver Park	48.5

**Men's 4x400m Relay**

1	2	Macclesfield	Adam Edgar	Simon Sloan	Stuart Price	Lloyd Hilton	03:36.8
2	5	Trafford 'B'	Bernard Ward	Rees Ingler	Nathan Scholes	Daniel Brammer	03:44.7
3	3	Manx Harriers	Kevin Loundes	Martin Malone	Daniel Stewart-Clague	Tom Richmond	03:47.7
4	1	Altrincham	Liam Rutledge	Dan Brooks	Josh Morsh	Andy Ford	03:49.1
5	4	Southport Waterloo	James Tartt	John Cunningham	Joe Viz	Craig Wilson	03:56.9
6	6	Warrington AC	Oliver Park	Chris Wells	Liam Thompson	Paul Dodsworth	04:08.4

MATCH RESULT			League Points	Match	STANDINGS			League Points	Match
1	Southport Waterloo	6	376.0	1	Southport Waterloo	6	376.0		
2	Altrincham & District	5	317.5	2	Altrincham & District	5	317.5		
3	Warrington AC	4	299.5	3	Warrington AC	4	299.5		
4	Macclesfield Harriers	3	294.0	4	Macclesfield Harriers	3	294.0		
5	Trafford "B"	2	292.0	5	Trafford "B"	2	292.0		
6	Manx Harriers	1	274.0	6	Manx Harriers	1	274.0		

Division 3W Match1 - Warrington

				Perf	Recor	Wind	AW	1 May 2010									
				Wind=													
				Perf													
<b><u>Women's 100m A</u></b>																	
1	1	Isabel Hainsworth	Altrincham	13.1			<input checked="" type="checkbox"/>	1	11	Rachel Meaney	Altrincham	14.0					
2	5	Dionne Ellison	Trafford 'B'	13.2			<input checked="" type="checkbox"/>	2	66	Hayley Derbyshire	Warrington AC	14.2					
3	6	Sarah Lewis	Warrington AC	13.3				3	55	Linda Gabriel	Trafford 'B'	16.2					
4	3	Danielle Ross	Manx Harriers	13.9				4									
5	4	Stephanie May	Southport Waterloo	14.6				5									
<b><u>Women's 200m A</u></b>																	
1	1	Isabel Hainsworth	Altrincham	26.8			<input checked="" type="checkbox"/>	1	44	Sophie Kelly	Southport Waterloo	30.0					
2	5	Dionne Ellison	Trafford 'B'	27.1				2	55	Linda Gabriel	Trafford 'B'	33.1					
3	6	Rachel Boardman	Warrington AC	28.5				3	22	Alison Hartopp	Macclesfield	34.7					
4	3	Danielle Ross	Manx Harriers	28.5				4	66	Claire Irons	Warrington AC	38.2					
5	2	Danielle Wallis	Macclesfield	28.6				5									
6	4	Stephanie May	Southport Waterloo	31.4				6									
<b><u>Women's 400m A</u></b>																	
1	6	Beth Hicken	Warrington AC	59.7			<input checked="" type="checkbox"/>	1	66	Vicki Hamilton	Warrington AC	63.1					<input checked="" type="checkbox"/>
2	4	Stephanie May	Southport Waterloo	66.2				2	55	Lisa Tipton	Trafford 'B'	80.5					
3	2	Alison Hartopp	Macclesfield	70.5				3									
4	5	Mel Davies	Trafford 'B'	72.7				4									
5	11	Heather Johnson	Altrincham	89.6				5									
<b><u>Women's 800m A</u></b>																	
1	2	Danielle Wallis	Macclesfield	02:17.2			<input checked="" type="checkbox"/>	1	44	Sophie Kelly	Southport Waterloo	02:32.0					
2	3	Gemma Astin	Manx Harriers	02:20.3			<input checked="" type="checkbox"/>	2	66	Kate Titlow	Warrington AC	02:33.2					
3	6	Louisa Wood	Warrington AC	02:22.5			<input checked="" type="checkbox"/>	3	55	Joan Howe	Trafford 'B'	02:42.7					
4	4	Ellen Hart	Southport Waterloo	02:28.2				4									
5	5	Mel Davies	Trafford 'B'	02:31.4				5									
6	1	Heather Johnson	Altrincham	03:14.0				6									
<b><u>Women's 1500m A</u></b>																	
1	3	Gemma Astin	Manx Harriers	04:59.3			<input checked="" type="checkbox"/>	1	66	Sarah Griffiths	Warrington AC	05:07.0					
2	6	Kate Titlow	Warrington AC	05:06.1				2	33	Gail Griffiths	Manx Harriers	05:14.9					
3	2	Alison Hartopp	Macclesfield	05:26.5				3	5	Mel Davies	Trafford 'B'	05:53.6					
4	4	Sophie Kelly	Southport Waterloo	05:30.1				4	44	Carole James	Southport Waterloo	06:11.6					
5	55	Joan Howe	Trafford 'B'	05:35.8				5									
6	1	Heather Johnson	Altrincham	06:31.6				6									
<b><u>Women's 3000m A</u></b>																	
1	6	Louisa Wood	Warrington AC	10:28.3			<input checked="" type="checkbox"/>	1	55	Lucy Hickey	Trafford 'B'	12:46.7					
2	3	Gail Griffiths	Manx Harriers	10:56.8			<input checked="" type="checkbox"/>	2	11	Heather Johnson	Altrincham	13:33.7					
3	1	Lucy Smith	Altrincham	11:39.4				3	66	Claire Irons	Warrington AC	15:52.5					
4	5	Joan Howe	Trafford 'B'	11:57.9				4									

Division 3W Match1 - Warrington

				Perf	Recor	Wind	AW	1 May 2010				
				Perf	Recor	Wind	AW	Perf	Wind	AW		
<b><u>Women's 400m Hurdles A</u></b>												
1	3	Hannah Riley	Manx Harriers	68.9			<input checked="" type="checkbox"/>	1	44	Stephanie May	Southport Waterloo	84.3
2	4	Rachel Flynn	Southport Waterloo	69.5			<input checked="" type="checkbox"/>	2				
<b><u>Women's 100m Hurdles A</u></b>												
				Wind=								
1	3	Hannah Riley	Manx Harriers	17.3			<input checked="" type="checkbox"/>	1	44	Stephanie May	Southport Waterloo	19.1
2	4	Rachel Flynn	Southport Waterloo	19.0				2				
3	5	Lisa Tipton	Trafford 'B'	39.0				3				
<b><u>Women's Hammer A</u></b>												
1	1	Sarah Wilkins	Altrincham	26.37			<input checked="" type="checkbox"/>	1	11	Chloe Smith	Altrincham	15.57
2	6	Claire Irons	Warrington AC	23.55				2	66	Julie Hicken	Warrington AC	14.85
3	4	Ann Dignan	Southport Waterloo	16.57				3	5	Lisa Tipton	Trafford 'B'	8.13
4	55	Linda Gabriel	Trafford 'B'	15.54				4	44	Rachel Flynn	Southport Waterloo	4.89
5	3	Gail Griffiths	Manx Harriers	10.16				5				
6	2	Pauline Lynch	Macclesfield	9.52				6				
<b><u>Women's Discus A</u></b>												
1	44	Katherine Farr	Southport Waterloo	31.75			<input checked="" type="checkbox"/>	1	11	Chloe Smith	Altrincham	21.88
2	1	Sarah Wilkins	Altrincham	30.14			<input checked="" type="checkbox"/>	2	4	Ann Dignan	Southport Waterloo	15.66
3	6	Julie Hicken	Warrington AC	17.06				3	55	Kate Sparshott	Trafford 'B'	12.17
4	5	Linda Gabriel	Trafford 'B'	16.20				4	66	Claire Irons	Warrington AC	12.16
5	2	Pauline Lynch	Macclesfield	11.90				5				
6	3	Gail Griffiths	Manx Harriers	10.42				6				
<b><u>Women's Javelin A</u></b>												
1	6	Sam Wilkinson	Warrington AC	30.81			<input checked="" type="checkbox"/>	1	44	Stephanie May	Southport Waterloo	17.31
2	1	Chloe Smith	Altrincham	26.74			<input checked="" type="checkbox"/>	2	66	Sarah Griffiths	Warrington AC	15.78
3	3	Hannah Riley	Manx Harriers	21.83				3	11	Sarah Wilkins	Altrincham	15.17
4	4	Ann Dignan	Southport Waterloo	18.32				4	33	Gemma Astin	Manx Harriers	5.55
5	55	Kate Sparshott	Trafford 'B'	12.33				5	5	Linda Gabriel	Trafford 'B'	3.70
6	2	Pauline Lynch	Macclesfield	6.47				6				
<b><u>Women's Shot Putt A</u></b>												
1	44	Katherine Farr	Southport Waterloo	10.08			<input checked="" type="checkbox"/>	1	4	Ann Dignan	Southport Waterloo	7.29
2	1	Sarah Wilkins	Altrincham	7.49				2	11	Isabel Hainsworth	Altrincham	6.50
3	33	Danielle Ross	Manx Harriers	7.22				3	66	Claire Irons	Warrington AC	5.75
4	6	Julie Hicken	Warrington AC	6.79				4	3	Gail Griffiths	Manx Harriers	5.15
5	5	Kate Sparshott	Trafford 'B'	5.22				5	55	Lisa Tipton	Trafford 'B'	4.52
6	2	Pauline Lynch	Macclesfield	2.68				6				
<b><u>Women's 400m Hurdles B</u></b>												
<b><u>Women's 100m Hurdles B</u></b>												
<b><u>Women's Hammer B</u></b>												
<b><u>Women's Discus B</u></b>												
<b><u>Women's Javelin B</u></b>												
<b><u>Women's Shot Putt B</u></b>												

Division 3W Match1 - Warrington

				Perf	Recor	Wind	AW	1 May 2010				Perf	Wind	AW
<b><u>Women's Long Jump A</u></b>								<b><u>Women's Long Jump B</u></b>						
1	1	Isabel Hainsworth	Altrincham	4.65				1	55	Joan Howe	Trafford 'B'	2.72		
2	4	Ellen Hart	Southport Waterloo	4.60				2	44	Ann Dignan	Southport Waterloo	1.44		
3	3	Reagan Dee	Manx Harriers	4.31				3						
4	2	Danielle Wallis	Macclesfield	3.84				4						
5	5	Lisa Tipton	Trafford 'B'	3.54				5						
6	6	Claire Irons	Warrington AC	2.30				6						

**Women's Triple Jump A**

1	4	Sophie Kelly	Southport Waterloo	9.47			
2	6	Vicki Hamilton	Warrington AC	9.02			
3	5	Lisa Tipton	Trafford 'B'	8.31			
4	11	Rachel Meaney	Altrincham	7.45			

**Women's Triple Jump B**

1	66	Sam Wilkinson	Warrington AC	8.15			
2	1		Altrincham	7.40			
3							
4							

**Women's High Jump A**

1	3	Reagan Dee	Manx Harriers	1.65		☑	
2	1	Isabel Hainsworth	Altrincham	1.30			
3	4	Rachel Flynn	Southport Waterloo	1.30			
4	5	Lisa Tipton	Trafford 'B'	1.10			

**Women's High Jump B**

1	55	Mel Davies	Trafford 'B'	1.20			
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**Women's Pole Vault A**

96 No Competitors Enterec

**Women's Pole Vault B**

**Women's 4x100m Relay**

1	6	Warrington AC	Karen Lewis	Beth Hicken	Vicki Hamilton	Rachel Boardman	56.2
2	3	Manx Harriers	Danielle Ross	Hannah Riley	Gemma Astin	Reagan Dee	56.3
3	5	Trafford 'B'	Mel Davies	Linda Gabriel	Joan Howe	Lucy Hickey	61.2
4	1	Altrincham	Lucy Smith	Barbara Watson	Sarah Wilkins	Heather Johnson	75.3

**Women's 4x400m Relay**

1	6	Warrington AC	Louisa Wood	Kate Titlow	Beth Hicken	Sarah Griffiths	04:29.5
2	4	Southport Waterloo	Stephanie May	Rachel Flynn	Sophie Kelly	Carole James	04:39.5
3	5	Trafford 'B'	Mel Davies	Dionne Ellison	Linda Gabriel	Joan Howe	05:17.4
4	1	Altrincham	Sarah Wilkins	Heather Johnson	Lucy Smith	Rachel Meaney	06:36.8



Division 3W Match1 - Warrington

Perf    **Recor**    Wind    AW            1 May 2010

Perf    Wind    AW



**Division 3W Match1 - Warrington**
**01 May 2010**

Events	Alt	Macc	Manx	SW	TraB	Warr									UNUSED	TOTAL		
Men's 100m	4	2	6	7	5	5	9	4	3	3	7	1				34	22	
Men's 200m		5	7	7	6	3	9	2	5	4	4	1			3	34	22	
Men's 400m	5	5	9	7	3		7	3	4	4	6	2			1	34	22	
Men's 800m	3		7	3	4		9	7	6	5	5	4			3	34	22	
Men's 1500m	9	7	4	3			7	5	5	4	6				3	3	34	22
Men's 3000m S/Chase	7	4			4		9	7	5	5	6				3	6	34	22
Men's 5000m	9	7			7	5	6	4	5		4	3			3	3	34	22
Men's 400m Hurdles	6	4	9	5			7	7	5	3					7	3	34	22
Men's 110m Hurdles	5	2	9	7			7	5		3	6	4			7	1	34	22
Men's Hammer	4	2	7	7	9		6	5	5	3	3	4			1		34	22
Men's Discus	5	4	9	7	7	5	6	3	4	2	3	1					34	22
Men's Javelin	3	1	7	5	9	7	6	4	5	3	4	2					34	22
Men's Shot Putt	5	3	7	7	9	5	6	4	3	2	4	1					34	22
Men's Long Jump	5	3	7	7	4		6	4	3	2	9	5			1		34	22
Men's Triple Jump	7	4	4	3	5	7	6	5	3		9	2			1		34	22
Men's High Jump	4.5	4	9	5	7	7	6		3		4.5				6		34	22
Men's Pole Vault	5		9	7	7				6						7	15	34	22
Men's 4x100m Relay	4		9		5		7		6		3				22		34	22
Men's 4x400m Relay	5		9		6		4		7		3				22		34	22
	96	57	128	87	97	44	123	69	83	43	87	30			33	88	646	418

Women's 100m	9	7			5		4		7	4	6	5			3	6	34	22
Women's 200m	9		4	4	5		3	7	7	5	6	3			3		34	22
Women's 400m	4		6				7		5	5	9	7			3	10	34	22
Women's 800m	3		9		7		5	7	4	4	6	5			6		34	22
Women's 1500m	3		6		9	5	5	3	4	4	7	7			3		34	22
Women's 1500m S/Ch																		
Women's 3000m	6	5			7				5	7	9	4			7	6	34	22
Women's 400m Hurdle					9		7	7							18	15	34	22
Women's 100m Hurdle					9		7	7	6						12	15	34	22
Women's Hammer	9	7	3		4		6	3	5	4	7	5			3		34	22
Women's Discus	7	7	4		3		9	5	5	4	6	3			3		34	22
Women's Javelin	7	4	3		6	3	5	7	4	2	9	5			1		34	22
Women's Shot Putt	7	5	3		6	3	9	7	4	2	5	4			1		34	22
Women's Long Jump	9		5		6		7	5	4	7	3				10		34	22
Women's Triple Jump	5	5					9		6		7	7			7	10	34	22
Women's High Jump	7				9		6		5	7					7	15	34	22
Women's Pole Vault															34	22	34	22
Women's 4x100m Relay	5				7				6		9				7	22	34	22
Women's 4x400m Relay	5						7		6		9				7	22	34	22
	95	40	43	4	92	11	96	58	83	55	98	55			105	173	612	396

Match Summary	Alt	Macc	Manx	SW	TraB	Warr									UNUSED	TOTAL
Teams	287.5	262.0	244.0	346.0	264.0	269.5									399.0	2072.0
Officials Points	30.0	30.0	30.0	30.0	30.0	30.0									180.0	360.0
Total	317.5	292.0	274.0	376.0	294.0	299.5									579.0	2432.0
Match Position	2	5	6	1	4	3	7	7								
League Points	5	2	1	6	3	4										

Standings	Alt	Macc	Manx	SW	TraB	Warr		
League Points	5.0	2.0	1.0	6.0	3.0	4.0		
Match Points	317.5	292.0	274.0	376.0	294.0	299.5		
League Positions	2	5	6	1	4	3	7	7