

Division 3W Match 4 - Longford Park Stretord

31 July 2010

**Men's 100m A**

**Men's 100m B**

	Perf	Record	Wind	AW
1	6 JAMES GLADMAN	Warrington AC	11.4	<input checked="" type="checkbox"/>
2	4 JOSH HUGHES	Southport & Waterloo	11.5	<input checked="" type="checkbox"/>
3	5 BERNARD WARD	Trafford AC	11.6	
4	2 ALEX RANSHAW	Macclesfield	11.7	
5	3 DANIEL CLAGUE	Manx Harriers	12.0	
6	1 RYAN HESSION	Altrincham	12.4	
7				
8				

	Perf	Wind	
1	55 REECE INGLEY	Trafford AC	11.9
2	66 ADAM NICHOLLS	Warrington AC	12.0
3	11 ANDY PARKER	Altrincham	12.1
4	44 DANNY DRIVER	Southport & Waterloo	12.2
5	22 ADAM EDGAR	Macclesfield	12.5
6	33 SHAUN CLEGEEN	Manx Harriers	14.1
7			
8			

**Men's 200m A**

**Men's 200m B**

	Perf	Record	Wind	AW
1	6 JAMES GLADMAN	Warrington AC	22.8	<input checked="" type="checkbox"/>
2	4 JOSH HUGHES	Southport & Waterloo	23.3	<input checked="" type="checkbox"/>
3	5 DANIEL BRAMAH	Trafford AC	25.0	
4	2 RYAN WALLIS	Macclesfield	26.2	
5	3 RICHARD BELL	Manx Harriers	26.4	
6	1 RYAN HESSION	Altrincham	35.5	
7				
8				

	Perf	Wind	
1	66 OLIVER WELLS	Warrington AC	23.9
2	44 DANNY DRIVER	Southport & Waterloo	24.7
3	11 ANDY PARKER	Altrincham	24.9
4	55 REECE INGLEY	Trafford AC	26.2
5	33 CONOR DELENBANQL	Manx Harriers	27.2
6	22 ALEX AIREY	Macclesfield	35.6
7			
8			

**Men's 400m A**

**Men's 400m B**

	Perf	Record	Wind	AW
1	5 BERNARD WARD	Trafford AC	50.6	<input checked="" type="checkbox"/>
2	6 DANIEL JACKSON	Warrington AC	52.1	<input checked="" type="checkbox"/>
3	1 ANDY PARKER	Altrincham	54.2	
4	3 CONOR DELENBANQL	Manx Harriers	55.2	
5	2 ALEX AIREY	Macclesfield	56.6	
6	4 CRAIG WILSON	Southport & Waterloo	59.5	
7				
8				

	Perf	Wind	
1	55 REECE INGLEY	Trafford AC	50.8
2	66 MATT JACKSON	Warrington AC	51.8
3	11 RYAN HESSION	Altrincham	56.8
4	44 STEVE WILKINSON	Southport & Waterloo	58.5
5	22 TONY SHENTON	Macclesfield	69.8
6			
7			
8			

**Men's 800m A**

**Men's 800m B**

	Perf	Record	Wind	AW
1	4 JAMES TARTT	Southport & Waterloo	01:59.2	<input checked="" type="checkbox"/>
2	6 JACK GLEAVE	Warrington AC	02:00.2	<input checked="" type="checkbox"/>
3	3 ANDY BARRON	Manx Harriers	02:00.6	<input checked="" type="checkbox"/>
4	1 SHOAI B GILL	Altrincham	02:04.2	
5	5 DAVID BOWERS	Trafford AC	02:07.8	
6	2 RYAN WALLIS	Macclesfield	02:15.5	
7				
8				

	Perf	Wind	
1	66 MATT JACKSON	Warrington AC	01:55.8
2	55 TOM POWELL	Trafford AC	02:14.3
3	44 RICHARD SHEARER	Southport & Waterloo	02:15.9
4	11 MARK NORTON	Altrincham	02:35.3
5	22 MARTIN WALLIS	Macclesfield	03:03.7
6			
7			
8			

**Men's 1500m A**

**Men's 1500m B**

	Perf	Record	Wind	AW
1	4 JAMES TARTT	Southport & Waterloo	03:56.6	<input checked="" type="checkbox"/>
2	6 STEVEN BROADHURS	Warrington AC	04:03.2	<input checked="" type="checkbox"/>
3	3 KEVIN LOUNDES	Manx Harriers	04:04.8	<input checked="" type="checkbox"/>
4	2 CALUM MURRAY	Macclesfield	04:30.1	<input checked="" type="checkbox"/>
5	11 RYAN GANOSE	Altrincham	04:32.1	<input checked="" type="checkbox"/>
6	5 GARETH WOODCOCK	Trafford AC	04:33.8	<input checked="" type="checkbox"/>
7				
8				

	Perf	Wind	
1	66 LUKE JOHNSTON	Warrington AC	04:13.4
2	44 PATRICK VIZ	Southport & Waterloo	04:30.9
3	55 ANDREW STEELE	Trafford AC	04:37.9
4	1 ADRIAN FULLER	Altrincham	04:53.1
5	22 RYAN WALLIS	Macclesfield	05:07.8
6			
7			
8			

**Men's 3000m S/Chase A**

**Men's 3000m S/Chase B**

	Perf	Record	Wind	AW
1	6 LAWRENCE WALKER	Warrington AC	10:09.4	<input checked="" type="checkbox"/>
2	4 STEVE WILKINSON	Southport & Waterloo	10:45.6	<input checked="" type="checkbox"/>
3	11 RYAN GANOSE	Altrincham	11:36.6	<input checked="" type="checkbox"/>
4	5 DICK BYRES	Trafford AC	11:46.9	<input checked="" type="checkbox"/>
5	2 TONY SHENTON	Macclesfield	13:54.5	<input checked="" type="checkbox"/>
6				
7				

	Perf	Wind	
1	66 OLIVER PARK	Warrington AC	10:17.8
2	44 PATRICK VIZ	Southport & Waterloo	11:31.3
3	55 KEV BRYDON	Trafford AC	12:13.7
4	1 TOBY PERCIVAL	Altrincham	12:49.1
5	22 MARTIN WALLIS	Macclesfield	15:03.2
6			
7			



Division 3W Match 4 - Longford Park Stretord

8

Perf    Recor  
          c  
Wind    AW

31 July 2010

8

Perf    Wind

**Division 3W Match 4 - Longford Park Stretord**

Perf    Recor    Wind    AW

**31 July 2010**

Perf    Wind

**Men's 5000m A**

1	66	LAWRENCE WALKER	Warrington AC	16:17.7	
2	44	DAVID HAMILTON	Southport & Waterlo	16:44.3	
3	1	NICK BURKE	Altrincham	17:45.2	
4	5	RONAN MCGONAGAL	Trafford AC	19:02.1	
5					
6					
7					
8					

**Men's 5000m B**

1	6	ADRIAN TIMMS	Warrington AC	16:39.6	
2	4	RICHARD SHEARER	Southport & Waterlo	16:55.8	
3	11	MARK NORTON	Altrincham	18:08.2	
4	55	PAUL MANNION	Trafford AC	19:06.7	
5					
6					
7					
8					

**Men's 400m Hurdles A**

1	2	SIMON SLOAN	Macclesfield	60.8	
2	6	JAMES WEBSTER	Warrington AC	61.6	
3	3	CONOR DELENBANQL	Manx Harriers	62.3	
4	4	STEVE WILKINSON	Southport & Waterlo	69.3	
5	5	CARL TIPTON	Trafford AC	69.8	
6	1	PETER RICE	Altrincham	70.5	
7					
8					

**Men's 400m Hurdles B**

1	66	NEIL PETLEY	Warrington AC	69.5	
2	22	TONY SHENTON	Macclesfield	75.4	
3	55	NEIL SLATER	Trafford AC	78.3	
4					
5					
6					
7					
8					

**Men's 110m Hurdles A**

Wind=

1	2	SIMON SLOAN	Macclesfield	16.4	
2	6	OLIVER PARK	Warrington AC	18.3	
3	4	STEVE WILKINSON	Southport & Waterlo	21.1	
4	3	SHAUN CLEGEEN	Manx Harriers	21.6	
5	5	CARL TIPTON	Trafford AC	25.6	
6					
7					
8					

**Men's 110m Hurdles B**

Wind=

1	22	ASHLEY PRITCHARD	Macclesfield	19.8	
2	55	DAVID MEYER	Trafford AC	28.2	
3					
4					
5					
6					
7					
8					

**Men's Hammer A**

1	3	TREVOR CHRISTIAN	Manx Harriers	36.62	
2	22	SIMON PRICE	Macclesfield	23.19	
3	1	JONATHAN MOSS	Altrincham	23.04	
4	5	NEIL SLATER	Trafford AC	23.01	
5	4	PETER MASON	Southport & Waterlo	20.88	
6	66	CHRIS WELLS	Warrington AC	18.86	
7					
8					

**Men's Hammer B**

1	33	RICHARD BELL	Manx Harriers	34.89	
2	2	ASHLEY PRITCHARD	Macclesfield	22.52	
3	55	GREGG HOONANIAN	Trafford AC	19.37	
4	44	STEVE WILKINSON	Southport & Waterlo	16.12	
5	6	DAVE SPENCER	Warrington AC	15.40	
6	11	BARRY CHAPMAN	Altrincham	11.23	
7					
8					

**Men's Discus A**

1	6	ADRIAN DODD	Warrington AC	33.03	
2	33	TREVOR CHRISTIAN	Manx Harriers	32.38	
3	44	STEVE WILKINSON	Southport & Waterlo	27.81	
4	55	GREGG HOONANIAN	Trafford AC	26.40	
5	22	ADAM EDGAR	Macclesfield	26.29	
6	1	JONATHAN MOSS	Altrincham	21.82	
7					
8					

**Men's Discus B**

1	4	PETER MASON	Southport & Waterlo	26.12	
2	3	PHIL REILY	Manx Harriers	25.15	
3	11	ANDY PARKER	Altrincham	17.93	
4	66	BEN STRINGER	Warrington AC	17.31	
5					
6					
7					
8					

**Men's Javelin A**

1	3	HARRY PUGH	Manx Harriers	49.13	
2	4	TOM LEYLAND	Southport & Waterlo	39.15	
3	22	ADAM EDGAR	Macclesfield	39.02	
4	1	PETER RICE	Altrincham	32.00	
5	6	CHRIS WELLS	Warrington AC	25.80	
6	55	GREGG HOONANIAN	Trafford AC	21.62	
7					
8					

**Men's Javelin B**

1	33	DANIEL CLAGUE	Manx Harriers	43.23	
2	2	ASHLEY PRITCHARD	Macclesfield	38.46	
3	44	RICHARD SHEARER	Southport & Waterlo	25.84	
4	66	DAVE SPENCER	Warrington AC	18.90	
5	11	BARRY CHAPMAN	Altrincham	18.84	
6	5	IAN SCHOLES	Trafford AC	16.58	
7					
8					



Division 3W Match 4 - Longford Park Stretord

Perf    Recor  
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          Wind  
          AW

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Perf    Wind

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**Men's Shot Putt A**

	Perf	Record	Wind	AW	
1	22	ADAM EDGAR	Macclesfield	10.38	<input type="checkbox"/>
2	3	TREVOR CHRISTIAN	Manx Harriers	10.15	<input type="checkbox"/>
3	6	ADRIAN DODD	Warrington AC	9.48	
4	44	TOM LEYLAND	Southport & Waterloo	8.93	
5	1	JONATHAN MOSS	Altrincham	8.60	
6	5	NEIL SLATER	Trafford AC	7.66	
7					
8					

**Men's Shot Putt B**

	Perf	Wind		
1	2	ASHLEY PRITCHARD	Macclesfield	9.37
2	4	PETER MASON	Southport & Waterloo	8.71
3	33	RICHARD BELL	Manx Harriers	7.42
4	55	STEVE CHAISTY	Trafford AC	6.82
5	66	BEN STRINGER	Warrington AC	5.72
6	11	BARRY CHAPMAN	Altrincham	5.45
7				
8				

**Men's Long Jump A**

	Perf	Record	Wind	AW	
1	4	JORDAN KELLY	Southport & Waterloo	6.21	<input type="checkbox"/>
2	22	ALEX AIREY	Macclesfield	5.77	
3	33	DANIEL CLAGUE	Manx Harriers	5.73	
3	6	ADAM NICHOLLS	Warrington AC	5.73	
5	1	BARRY CHAPMAN	Altrincham	3.63	
6	5	CHRIS HORNIMAN	Trafford AC	3.48	
7					
8					

**Men's Long Jump B**

	Perf			
1	2	ALEX RANSHAW	Macclesfield	5.67
2	3	PHIL REILY	Manx Harriers	5.40
3	66	NEIL PETLEY	Warrington AC	4.46
4	55	STEVE CHAISTY	Trafford AC	3.24
5	11	NICK BURKE	Altrincham	2.92
6				
7				
8				

**Men's Triple Jump A**

	Perf	Record	Wind	AW	
1	33	DANIEL CLAGUE	Manx Harriers	12.35	<input type="checkbox"/>
2	2	ALEX RANSHAW	Macclesfield	12.20	<input type="checkbox"/>
3	4	JORDAN KELLY	Southport & Waterloo	11.71	
4	6	ADAM NICHOLLS	Warrington AC	11.68	
5	5	CARL TIPTON	Trafford AC	9.74	
6					
7					
8					

**Men's Triple Jump B**

	Perf			
1	3	PHIL REILY	Manx Harriers	11.67
2	22	CALUM MURRAY	Macclesfield	9.65
3	44	PATRICK VIZ	Southport & Waterloo	9.36
4	66	OLIVER WELLS	Warrington AC	8.84
5	55	NEIL SLATER	Trafford AC	8.24
6				
7				
8				

**Men's High Jump A**

	Perf	Record	Wind	AW	
1	2	SIMON SLOAN	Macclesfield	1.89	<input type="checkbox"/>
2	3	DANIEL CLAGUE	Manx Harriers	1.86	<input type="checkbox"/>
3	4	JORDAN KELLY	Southport & Waterloo	1.75	<input type="checkbox"/>
4	6	ALAN DODD	Warrington AC	1.70	
5=	1	PETER RICE	Altrincham	1.40	
5=	55	CARL TIPTON	Trafford AC	1.40	

**Men's High Jump B**

	Perf			
1	33	SHAUN CLEGEEN	Manx Harriers	1.65
2	22	CALUM MURRAY	Macclesfield	1.55
3	44	STEVE WILKINSON	Southport & Waterloo	1.55
4	66	NEIL PETLEY	Warrington AC	1.50

**Men's Pole Vault A**

	Perf	Record	Wind	AW	
1	2	ROD GRANT SMITH	Macclesfield	3.65	<input type="checkbox"/>
2	3	DANIEL CLAGUE	Manx Harriers	2.80	
3	5	IAN SCHOLLES	Trafford AC	2.60	
4	66	CHRIS WELLS	Warrington AC	2.40	

**Men's Pole Vault B**

	Perf			
1	22	ASHLEY PRITCHARD	Macclesfield	2.80
2	55	DAVID MEYER	Trafford AC	2.50
3	6	ALAN DODD	Warrington AC	2.30
4	33	SHAUN CLEGEEN	Manx Harriers	2.10

**Men's 4x100m Relay**

1	6	Warrington AC	ADAM NICHOLLS	OLIVER WELLS	JAMES SUTTON	JAMES GLADMAN	45.4
2	5	Trafford AC	CHRIS HORNIMAN	DANIEL BRAMAH	REECE INGLE	BERNARD WARD	45.9
3	2	Macclesfield	SIMON SLOAN	ALEX AIREY	ADAM EDGAR	ALEX RANSHAW	46.2
4	4	Southport & Waterloo	JOSH HUGHES	JORDAN KELLY	DANNY DRIVER	MIKE McCLEAN	46.5
5	3	Manx Harriers	CONOR DELENBAI	ANDY BARRON	DANIEL CLAGUE	KEVIN LOUNDES	49.3
6	1	Altrincham	PETER RICE	ANDY PARKER	RYAN HESSION	TOBY PERCIVAL	53.2
7							
8							

Division 3W Match 4 - Longford Park Stretord

Perf Recor Wind AW

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Perf Wind

**Men's 4x400m Relay**

1	6	Warrington AC	DANNY JACKSON	JACK GLEAVE	MATT JACKSON	STEVEN BROADHURST	03:27.7
2	5	Trafford AC	-	-	-	-	03:33.2
3	3	Manx Harriers	ANDY BARRON	CONOR DELENBANQUE	DANIEL CLAGUE	KEVIN LOUNDES	03:43.7
4	2	Macclesfield	SIMON SLOAN	ADAM EDGAR	CALUM MURRAY	ALEX RANSHAW	03:45.8
5	4	Southport & Waterloo	PATRICK VIZ	CRAIG WILSON	STEVE WILKINSON	JAMES TARTT	04:03.6
6	1	Altrincham	ANDY PARKER	RYAN HESSION	RYAN GANOSE	TOBY PERCIVAL	04:05.1
7							
8							

MATCH RESULT			STANDINGS				
	League Points	Match		League Points	Match		
1	Warr	6	386.0	1	S&W	21	1435.5
2	Manx	5	351.0	2	Alt	16	1236.5
3	Macc	4	314.0	3	Warr	15	1264.5
4	S&W	3	310.0	4	Macc	12	1210.0
5	Trf	2	294.5	5	Trf	11	1162.5
6	Alt	1	224.5	6	Manx	9	887.0
7			26.0	7			26.0
8				8	#N/A	#N/A	#N/A

**Men's 100m Non Scoring**

Wind=

1	MIKE McCLEAN	SOUTHPORT	12.5
2	STEVEN CHAISTY	TRAFFORD	13.0
3	CRAIG WILSON	SOUTHPORT	13.2
4	IAN SCHOLES	TRAFFORD	13.3

**Men's 100m Non Scoring**

Wind=

1	66		11.9
2	JORDAN KELLY	SOUTHPORT	12.1
3	DANIEL BRAMAGH	TRAFFORD	12.2
4	6		12.4

Division 3W Match 4 - Longford Park Stretord

**Women's 100m A**

	Perf	Record	Wind	AW
1 6	ABI FITZPATRICK	Warrington AC	13.0	<input checked="" type="checkbox"/>
2 1	HELEN ARMISHAW	Altrincham	13.3	
3 4	LUCY WHITEHEAD	Southport & Waterloo	13.9	
4 3	SARAH ASTIN	Manx Harriers	14.2	
5 5	EMMA MAY	Trafford AC	14.3	
6 2	SALLY ANN PATTISON	Macclesfield	20.4	
7				
8				

**Women's 200m A**

	Perf	Record	Wind	AW
1 1	ISOBEL HAINSWORTH	Altrincham	26.5	<input checked="" type="checkbox"/>
2 3	CIARA MCDONNELL	Manx Harriers	27.8	
3 4	STEPHANIE MAY	Southport & Waterloo	28.7	
4 2	DANIELLE WALLIS	Macclesfield	28.8	
5 6	LIZZY HEAVEN	Warrington AC	29.4	
6 5	LINDA GABRIEL	Trafford AC	35.7	
7				
8				

**Women's 400m A**

	Perf	Record	Wind	AW
1 3	CIARA MCDONNELL	Manx Harriers	61.7	<input checked="" type="checkbox"/>
2 2	ALICE RICHARDSON	Macclesfield	61.9	<input checked="" type="checkbox"/>
3 4	STEPHANIE MAY	Southport & Waterloo	64.6	
4 6	SARAH GRIFFITHS	Warrington AC	65.1	
5 5	LINDA GABRIEL	Trafford AC	75.5	
6 1	LYNN NICHOL	Altrincham	99.8	
7				
8				

**Women's 800m A**

	Perf	Record	Wind	AW
1 3	SARAH ASTIN	Manx Harriers	02:16.6	<input checked="" type="checkbox"/>
2 2	DANIELLE WALLIS	Macclesfield	02:16.8	<input checked="" type="checkbox"/>
3 6	LOUISA WOOD	Warrington AC	02:19.0	<input checked="" type="checkbox"/>
4 4	ELLEN HART	Southport & Waterloo	02:24.1	<input checked="" type="checkbox"/>
5 5	MADDY NORMAN	Trafford AC	02:43.2	
6 1	LYNN NICHOL	Altrincham	03:26.0	
7				
8				

**Women's 1500m A**

	Perf	Record	Wind	AW
1 3	GEMMA ASTIN	Manx Harriers	04:39.4	<input checked="" type="checkbox"/>
2 66	AMY TALBOT	Warrington AC	04:47.8	<input checked="" type="checkbox"/>
3 2	JO SUTTON	Macclesfield	05:03.7	<input checked="" type="checkbox"/>
4 4	TRACY PETERS	Southport & Waterloo	05:22.4	
5 11	ALISON VESEY	Altrincham	05:32.1	
6 55	JILL LAWSON	Trafford AC	05:37.2	
7				
8				

**Women's 3000m A**

	Perf	Record	Wind	AW
1 11	SANDRA LEWIS	Altrincham	11:43.4	
2 6	LIZZY HEAVEN	Warrington AC	12:09.2	
3 2	SALLY ANN PATTISON	Macclesfield	12:20.0	
4 5	JILL LAWSON	Trafford AC	12:24.9	
5				
6				
7				

31 July 2010

**Women's 100m B**

	Perf	Record	Wind	AW
1 11	ISOBEL HAINSWORTH	Altrincham	13.1	<input checked="" type="checkbox"/>
2 66	KAREN LEWIS	Warrington AC	16.3	
3 55	LINDA GABRIEL	Trafford AC	16.3	
4				
5				
6				
7				
8				

**Women's 200m B**

	Perf	Record	Wind	AW
1 11	HELEN ARMISHAW	Altrincham	27.2	
2 33	GEMMA ASTIN	Manx Harriers	30.1	
3 22	JO SUTTON	Macclesfield	30.6	
4 55	LISA TIPTON	Trafford AC	34.4	
5 66	CLAIRE IRONS	Warrington AC	36.0	
6				
7				
8				

**Women's 400m B**

	Perf	Record	Wind	AW
1 22	STEPH KLEYNANS	Macclesfield	62.3	<input checked="" type="checkbox"/>
2 33	SARAH ASTIN	Manx Harriers	63.0	<input checked="" type="checkbox"/>
3 55	JOAN HOWE	Trafford AC	71.7	
4 66	KAREN LEWIS	Warrington AC	88.8	
5				
6				
7				
8				

**Women's 800m B**

	Perf	Record	Wind	AW
1 33	RACHAEL FRANKLIN	Manx Harriers	02:19.1	<input checked="" type="checkbox"/>
2 66	SARAH GRIFFITHS	Warrington AC	02:30.2	
3 44	TRACY PETERS	Southport & Waterloo	02:36.6	
4 55	JOAN HOWE	Trafford AC	02:38.9	
5 22		Macclesfield	02:56.4	
6				
7				
8				

**Women's 1500m B**

	Perf	Record	Wind	AW
1 6	LOUISA WOOD	Warrington AC	04:50.3	<input checked="" type="checkbox"/>
2 33	RACHAEL FRANKLIN	Manx Harriers	05:01.1	<input checked="" type="checkbox"/>
3 1	VANESSA MULHOLLAI	Altrincham	05:42.5	
4 22	SALLY ANN PATTISON	Macclesfield	06:18.0	
5 5	JOAN HOWE	Trafford AC	06:33.3	
6				
7				
8				

**Women's 3000m B**

	Perf	Record	Wind	AW
1 1	VANESSA MULHOLLAI	Altrincham	11:48.2	
2 66	SOPHIE BATES	Warrington AC	12:10.8	
3 22	ZOE CARTER	Macclesfield	12:39.2	
4 55	LUCY HICKEY	Trafford AC	12:55.6	
5				
6				
7				



North of England  
Track Field League

<http://www.noaaa-athletics.org.uk>

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Perf	Recor	Wind	AW	31 July 2010
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Perf	Wind	AW
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Division 3W Match 4 - Longford Park Stretord

				Perf	Recort	Wind	AW	31 July 2010				Perf	Wind	AW					
<b><u>Women's 400m Hurdles A</u></b>											<b><u>Women's 400m Hurdles B</u></b>								
1	6	ABI FITZPATRICK	Warrington AC	64.9			<input checked="" type="checkbox"/>	1											
2	3	HANNAH RILEY	Manx Harriers	68.1			<input checked="" type="checkbox"/>	2											
3								3											
4								4											
5								5											
6								6											
7								7											
8								8											
<b><u>Women's 100m Hurdles A</u></b>								Wind=			<b><u>Women's 100m Hurdles B</u></b>								Wind=
1	3	HANNAH RILEY	Manx Harriers	15.6			<input checked="" type="checkbox"/>	1											
2	4	STEPHANIE MAY	Southport & Waterloo	19.3				2											
3	5	EMMA MAY	Trafford AC	22.7				3											
4								4											
5								5											
6								6											
7								7											
8								8											
<b><u>Women's Hammer A</u></b>											<b><u>Women's Hammer B</u></b>								
1	5	LAURA WOOD	Trafford AC	33.23			<input checked="" type="checkbox"/>	1	66	HEATHER BEETON	Warrington AC	21.59							
2	6	CLAIRE IRONS	Warrington AC	23.02				2	55	LINDA GABRIEL	Trafford AC	18.47							
3	4	ANN DIGNAN	Southport & Waterloo	15.94				3	44	STEPHANIE MAY	Southport & Waterloo	12.72							
4	2	SANDRA SLOANE	Macclesfield	11.49				4											
5	1	LYNN NICHOL	Altrincham	5.26				5											
6								6											
7								7											
8								8											
<b><u>Women's Discus A</u></b>											<b><u>Women's Discus B</u></b>								
1	5	LAURA WOOD	Trafford AC	34.00			<input checked="" type="checkbox"/>	1	33	REGAN DEE	Manx Harriers	19.98							
2	3	ANDREA DE BRUIN	Manx Harriers	24.20				2	44	BARBARA MAY	Southport & Waterloo	12.79							
3	22	BARBARA MURRAY	Macclesfield	15.45				3	55	KATE SPARSHOTT	Trafford AC	12.02							
4	4	ANN DIGNAN	Southport & Waterloo	15.39				4	1	SANDRA LEWIS	Altrincham	9.82							
5	6	CLAIRE IRONS	Warrington AC	13.63				5	2	SANDRA SLOANE	Macclesfield	9.17							
6	11	LYNN NICHOL	Altrincham	10.15				6	66	LIZ DODSWORTH	Warrington AC	7.15							
7								7											
8								8											
<b><u>Women's Javelin A</u></b>											<b><u>Women's Javelin B</u></b>								
1	33	ANDREA DE BRUIN	Manx Harriers	24.92				1	4	ANN DIGNAN	Southport & Waterloo	18.75							
2	44	STEPHANIE MAY	Southport & Waterloo	20.36				2	3	HANNAH RILEY	Manx Harriers	15.79							
3	66	SARAH GRIFFITHS	Warrington AC	17.76				3	55	KATE SPARSHOTT	Trafford AC	12.92							
4	2	ALICE RICHARDSON	Macclesfield	17.59				4	6	AMY TALBOT	Warrington AC	12.61							
5	5	EMMA MAY	Trafford AC	16.52				5	22	ZOE CARTER	Macclesfield	6.54							
6	11	LYNN NICHOL	Altrincham	10.07				6	1	SANDRA LEWIS	Altrincham	4.72							
7								7											
8								8											
<b><u>Women's Shot Putt A</u></b>											<b><u>Women's Shot Putt B</u></b>								
1	2	STEPH KLEYNANS	Macclesfield	9.18			<input checked="" type="checkbox"/>	1	3	REGAN DEE	Manx Harriers	6.72							
2	4	ANN DIGNAN	Southport & Waterloo	7.33				2	11	ISOBEL HAINSWORTH	Altrincham	5.98							
3	1	HELEN ARMISHAW	Altrincham	7.22				3	44	BARBARA MAY	Southport & Waterloo	5.76							
4	33	RACHAEL FRANKLIN	Manx Harriers	6.83				4	6	CLAIRE IRONS	Warrington AC	5.50							
5	5	LINDA GABRIEL	Trafford AC	6.67				5	55	LISA TIPTON	Trafford AC	5.03							
6	66	HEATHER BEETON	Warrington AC	5.67				6	22	ZOE CARTER	Macclesfield	3.80							
7								7											
8								8											

**Division 3W Match 4 - Longford Park Stretord**

				Perf	Record	Wind	AW	31 July 2010				Perf	Wind	AW	
<b><u>Women's Long Jump A</u></b>								<b><u>Women's Long Jump B</u></b>							
1	3	BETHAN PILLEY	Manx Harriers	4.98			<input checked="" type="checkbox"/>	1	4	ELLEN HART	Southport & Waterloo	4.45			
2	44	LUCY WHITEHEAD	Southport & Waterloo	4.46				2	2	JO SUTTON	Macclesfield	3.77			
3	22	DANIELLE WALLIS	Macclesfield	3.81				3	55	LISA TIPTON	Trafford AC	3.27			
4	6	SOPHIE BATES	Warrington AC	3.78				4	66	LIZ DODSWORTH	Warrington AC	2.02			
5	5	EMMA MAY	Trafford AC	3.66				5							
6								6							
7								7							
8								8							
<b><u>Women's Triple Jump A</u></b>								<b><u>Women's Triple Jump B</u></b>							
1	6	MEGAN TYLER	Warrington AC	10.04			<input checked="" type="checkbox"/>	1	66	LOUISA WOOD	Warrington AC	6.97			
2	1	HELEN ARMISHAW	Altrincham	9.37				2							
3	3	HANNAH RILEY	Manx Harriers	9.10				3							
4	5	LISA TIPTON	Trafford AC	7.53				4							
5	4	LUCY WHITEHEAD	Southport & Waterloo	7.10				5							
6								6							
7								7							
8								8							
<b><u>Women's High Jump A</u></b>								<b><u>Women's High Jump B</u></b>							
1	3	REGAN DEE	Manx Harriers	1.65			<input checked="" type="checkbox"/>	1	33	RACHAEL FRANKLIN	Manx Harriers	1.40			
2	6	MEGAN TYLER	Warrington AC	1.50			<input checked="" type="checkbox"/>								
<b><u>Women's Pole Vault A</u></b>								<b><u>Women's Pole Vault B</u></b>							
1	4	STEPHANIE MAY	Southport & Waterloo	2.10											
<b><u>Women's 4x100m Relay</u></b>								<b><u>Women's 4x100m Relay</u></b>							
1	3	Manx Harriers	HANNAH RILEY	CIARA MCDONNELL	REGAN DEE	RACHAEL FRANKLIN	55.4								
2	6	Warrington AC	MEGAN TYLER	AMY TALBOT	CLAIRE IRONS	SARAH GRIFFITHS	58.7								
3	2	Macclesfield	BARBARA MURRAY	SALLY ANN PATTISON	ALICE RICHARDSON	STEPH KLEYNANS	63.5								
4	5	Trafford AC	EMMA MAY	JOAN HOWE	KATE SPARSHOTT	LISA TIPTON	65.5								
5															
6															
7															
8															
<b><u>Women's 4x400m Relay</u></b>								<b><u>Women's 4x400m Relay</u></b>							
1	3	Manx Harriers	CIARA MCDONNELL	GEMMA ASTIN	SARAH ASTIN	RACHAEL FRANKLIN	04:15.3								
2	6	Warrington AC	LOUISA WOOD	LIZZY HEAVEN	AMY TALBOT	SARAH GRIFFITHS	04:19.6								
3	2	Macclesfield	DANIELLE WALLIS	ZOE CARTER	JO SUTTON	STEPH KLEYNANS	04:24.2								
4	5	Trafford AC			-	-	05:35.9								