

North N3WC - Woodbank Park

Women's 100m A

			Perf	Recor	Wind	AW
1	4	Sidone Brough	Manchester Harriers	12.6		<input checked="" type="checkbox"/>
2	3	Heidi Hopwood	East Cheshire	13.0		<input checked="" type="checkbox"/>
3	5	Lara Turner	Seaton AC	13.0		<input checked="" type="checkbox"/>
4	1	Katy Lord	Burnley & Pendle	13.1		<input checked="" type="checkbox"/>
5	2	Laura Turner	Bury AC	13.3		

Women's 200m A

			Perf	Recor	Wind	AW
1	4	Sidone Brough	Manchester Harriers	26.1		<input checked="" type="checkbox"/>
2	3	Beth Hirst	East Cheshire	26.4		<input checked="" type="checkbox"/>
3	1	Katy Lord	Burnley & Pendle	27.1		
4	2	Laura Turner	Bury AC	27.4		
5	5	Lara Turner	Seaton AC	29.4		
6	6	Helen Walch	Stockport Harriers	30.1		

Women's 400m A

			Perf	Recor	Wind	AW
1	3	Katie Reynolds	East Cheshire	61.2		<input checked="" type="checkbox"/>
2	1	Jade Lord	Burnley & Pendle	61.5		<input checked="" type="checkbox"/>
3	5	Kerry Hunton	Seaton AC	62.9		<input checked="" type="checkbox"/>
4	4	Katie Higginbotham	Manchester Harriers	66.0		
5	2	Grace Conroy	Bury AC	67.8		
6	66	Vicky Barrett	Stockport Harriers	75.8		

Women's 800m A

			Perf	Recor	Wind	AW
1	3	Sarah Hudak	East Cheshire	2:22.3		
2	1	Jade Lord	Burnley & Pendle	2:25.5		
3	6	Helen Walch	Stockport Harriers	2:28.4		
4	2	Grace Conroy	Bury AC	2:38.2		
5	5	Sarah Hanabury	Seaton AC	2:47.9		
6	4	Sian Davies	Manchester Harriers	3:13.8		

Women's 1500m A

			Perf	Recor	Wind	AW
1	3	Sarah Hudak	East Cheshire	04:59.0		<input checked="" type="checkbox"/>
2	6	Sarah Tipping	Stockport Harriers	05:05.5		
3	2	Katie Geelan	Bury AC	05:24.5		
4	5	Tessa Stockdale	Seaton AC	05:27.6		
5	4	Stacey Benson	Manchester Harriers	06:46.8		

Women's 3000m A

			Perf	Recor	Wind	AW
1	6	Jenny Knass	Stockport Harriers	10:25.1		<input checked="" type="checkbox"/>
2	3	Stella Boam	East Cheshire	12:02.9		
3	4	Liz Stringer	Manchester Harriers	12:18.5		
4	1	Alexis Walker	Burnley & Pendle	13:41.0		

Women's 400m Hurdles A

			Perf	Recor	Wind	AW
1	1	Helena Leathley	Burnley & Pendle	67.7		<input checked="" type="checkbox"/>
2	5	Kerry Hunton	Seaton AC	67.8		<input checked="" type="checkbox"/>
3	2	Lizzi Cheshire	Bury AC	72.2		<input checked="" type="checkbox"/>
4	3	Leah Owen	East Cheshire	74.7		
5	6	Carla Stansfield	Stockport Harriers	79.6		

Women's 100m Hurdles A

			Perf	Recor	Wind	AW
1	1	Helena Leathley	Burnley & Pendle	19.8		
2	55	Kim Hawkins	Seaton AC	20.9		

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Women's 100m B

			Perf	Recor	Wind	AW
1	5	Lara Turner	Seaton AC	13.2		<input checked="" type="checkbox"/>
2	1	Katy Lord	Burnley & Pendle	13.7		
3	3	Heidi Hopwood	East Cheshire	13.8		
4	4	Sidone Brough	Manchester Harriers	14.8		
5	66	Amy Barter	Stockport Harriers	16.1		

Women's 200m B

			Perf	Recor	Wind	AW
1	33	Wendy Andrews	East Cheshire	28.3		
2	11	Laura Martin	Burnley & Pendle	28.6		
3	44	Katie Higginbotham	Manchester Harriers	29.0		
4	55	Kayleigh Longstaff	Seaton AC	31.1		
5	66	Vicky Barrett	Stockport Harriers	34.4		
6						

Women's 400m B

			Perf	Recor	Wind	AW
1	11	Katy Lord	Burnley & Pendle	60.3		<input checked="" type="checkbox"/>
2	33	Emma Peters	East Cheshire	60.7		<input checked="" type="checkbox"/>
3	55	Sarah Hanabury	Seaton AC	68.5		
4	22	Caitlin Cole	Bury AC	71.6		
5	6	Amy Barter	Stockport Harriers	73.8		
6	44	Caroline Baba	Manchester Harriers	74.2		

Women's 800m B

			Perf	Recor	Wind	AW
1	33	Emma Peters	East Cheshire	2:17.8		
2	55	Tessa Stockdale	Seaton AC	2:32.8		
3	66	Nicola Berry	Stockport Harriers	2:35.1		
4	22	Caitlin Cole	Bury AC	2:45.1		
5	11	Alex Walker	Burnley & Pendle	2:49.0		
6	44	Stacey Benson	Manchester Harriers	3:10.8		

Women's 1500m B

			Perf	Recor	Wind	AW
1	33	Holly Teague	East Cheshire	05:13.5		
2	22	Katie Taylor	Bury AC	05:32.1		
3	66	Imogen Nutter	Stockport Harriers	05:36.2		
4	44	Rachel Gorajala	Manchester Harriers	06:46.8		
5						

Women's 3000m B

			Perf	Recor	Wind	AW
1	66	Carla Stansfield	Stockport Harriers	10:42.7		<input checked="" type="checkbox"/>
2	33	Janine Ridgard	East Cheshire	12:01.2		
3	44	Rachel Gorajala	Manchester Harriers	13:47.2		
4						

Women's 400m Hurdles B

			Perf	Recor	Wind	AW
1	11	Laura Martin	Burnley & Pendle	71.7		<input checked="" type="checkbox"/>
2	33	Heidi Hopwood	East Cheshire	77.9		
3	55	Sally Busby	Seaton AC	94.3		
4						
5						

Women's 100m Hurdles B

			Perf	Recor	Wind	AW
1	5	Sally Busby	Seaton AC	21.3		
2						

Women's Hammer A

1	3	Angela Lockley	East Cheshire	40.86	<input checked="" type="checkbox"/>
2	11	Imogen Walters	Burnley & Pendle	24.43	
3	5	Karen Turner	Seaton AC	22.59	
4	6	Marie Kay	Stockport Harriers	15.95	
5	4	Karen Spilsbury	Manchester Harriers	12.68	

Women's Discus A

1	1	Charlotte Beech	Burnley & Pendle	32.87	<input checked="" type="checkbox"/>
2	3	Angela Lockley	East Cheshire	31.36	<input checked="" type="checkbox"/>
3	4	Philippa Holmes	Manchester Harriers	19.55	
4	5	Karen Turner	Seaton AC	18.06	
5	22	Lizzi Cheshire	Bury AC	15.28	
6	6	Marie Kay	Stockport Harriers	14.83	

Women's Javelin A

1	1	Alexis Walker	Burnley & Pendle	31.94	<input checked="" type="checkbox"/>
2	3	Leah Owen	East Cheshire	27.33	<input checked="" type="checkbox"/>
3	2	Vicky Opara	Bury AC	23.34	
4	4	Philippa Holmes	Manchester Harriers	20.89	
5	6	Marie Kay	Stockport Harriers	17.95	
6	5	Karen Turner	Seaton AC	16.41	

Women's Shot Putt A

1	1	Charlotte Beech	Burnley & Pendle	9.56	<input checked="" type="checkbox"/>
2	3	Angela Lockley	East Cheshire	9.10	<input checked="" type="checkbox"/>
3	4	Claire Welch	Manchester Harriers	8.77	<input checked="" type="checkbox"/>
4	2	Vicky Opara	Bury AC	8.70	<input checked="" type="checkbox"/>
5	5	Karen Turner	Seaton AC	7.19	
6	6	Marie Kay	Stockport Harriers	6.32	

Women's Long Jump A

1	3	Beth Hirst	East Cheshire	5.27	<input checked="" type="checkbox"/>
2	55	Lara Turner	Seaton AC	4.72	
3	4	Charlotte Holmes	Manchester Harriers	4.52	
4	1	Jade Lord	Burnley & Pendle	4.47	
5	6	Nicola Berry	Stockport Harriers	4.11	

Women's Triple Jump A

1	3	Beth Hirst	East Cheshire	10.65	<input checked="" type="checkbox"/>
2	5	Kerry Hunton	Seaton AC	10.39	<input checked="" type="checkbox"/>
3	2	Lizzi Cheshire	Bury AC	10.12	<input checked="" type="checkbox"/>
4	4	Charlotte Holmes	Manchester Harriers	9.19	
5	1	Alexis Walker	Burnley & Pendle	8.06	

Women's High Jump A

1	1	Helena Leathley	Burnley & Pendle	1.48	
2	5	Kerry Hunton	Seaton AC	1.48	
3	4	Charlotte Holmes	Manchester Harriers	1.40	
4	2	Lizzi Cheshire	Bury AC	1.35	
5	3	Heidi Hopwood	East Cheshire	1.35	
6	66	Carla Stansfield	Stockport Harriers	1.25	

Women's Pole Vault A

96 No Competitors

Women's Hammer B

1	1	Charlotte Beech	Burnley & Pendle	19.81	
2	33	Colette Donald	East Cheshire	15.87	
3	55	Sally Busby	Seaton AC	11.90	
4	44	Jean Skitt	Manchester Harriers	10.71	
5	66	Nicola Berry	Stockport Harriers	9.00	

Women's Discus B

1	11	Imogen Walters	Burnley & Pendle	20.23	
2	55	Kayleigh Longstaff	Seaton AC	16.63	
3	33	Colette Donald	East Cheshire	16.55	
4	2	Vicky Opara	Bury AC	14.31	
5	44	Karen Spilsbury	Manchester Harriers	12.85	
6	66	Nicola Berry	Stockport Harriers	10.96	

Women's Javelin B

1	55	Tania Hall	Seaton AC	16.28	
2	33	Colette Donald	East Cheshire	15.15	
3	11	Imogen Walters	Burnley & Pendle	14.46	
4	66	Nicola Berry	Stockport Harriers	11.94	
5	44	Karen Spilsbury	Manchester Harriers	11.34	
6	22	Laura Turner	Bury AC	8.20	

Women's Shot Putt B

1	11	Imogen Walters	Burnley & Pendle	8.30	<input checked="" type="checkbox"/>
2	44	Philippa Holmes	Manchester Harriers	7.26	
3	22	Etta Kessebah	Bury AC	7.13	
4	33	Colette Donald	East Cheshire	6.25	
5	55	Kayleigh Longstaff	Seaton AC	6.05	
6	66	Carla Stansfield	Stockport Harriers	5.08	

Women's Long Jump B

1	33	Sid Brough	East Cheshire	4.56	
2	5	Tania Hall	Seaton AC	4.35	
3	11	Katy Lord	Burnley & Pendle	4.33	
4	44	Sian Davies	Manchester Harriers	4.32	
5	66	Amy Barter	Stockport Harriers	3.43	

Women's Triple Jump B

1	33	Holly Teague	East Cheshire	9.68	<input checked="" type="checkbox"/>
2	44	Katie Higginbotham	Manchester Harriers	7.36	
3	0			0.00	
4	0			0.00	
5	0			0.00	

Women's High Jump B

1	44	Sian Davies	Manchester Harriers	1.30	
2	55	Kim Hawkins	Seaton AC	1.25	
3	22	Caitlin Cole	Bury AC	1.25	
4	6	Amy Barter	Stockport Harriers	1.20	
5	33	Holly Teague	East Cheshire	1.10	

Women's Pole Vault B

Women's 4x100m Relay

1	3	East Cheshire	Wendy Andrews	Beth Hirst	Gabbi Guarneri	Heidi Hopwood	52.8
2	5	Seaton AC	Lara Turner	Tania Hall	Kim Hawkins	Kayleigh Longstaff	55.4
3	4	Manchester Harriers	Katie Higginbotham	Charlotte Holmes	Liz Stringer	Sidone Brough	56.0
4	1	Burnley & Pendle	Katy Lord	Alexis Walker	Charlotte Beech	Laura Martin	57.6
5	2	Bury AC	Grace Conroy	Vicky Opara	Katie Taylor	Laura Turner	59.9
6	6	Stockport Harriers	Amy Barter	Mandy Hall	Helen Walch	Vicky Barrett	60.4

Women's 4x400m Relay

1	3	East Cheshire	Sarah Hudak	Holly Teague	Beth Hirst	Katie Reynolds	04:13.5	<input checked="" type="checkbox"/>
2	1	Burnley & Pendle	Helena Leathley	Katy Lord	Alexis Walker	Jade Lord	04:22.4	
3	6	Stockport Harriers	Helen Walch	Carla Stansfield	Claire McMurdoch	Vicky Barrett	04:30.2	
4	5	Seaton AC	Kerry Hunton	Lara Turner	Sarah Hanabury	Tessa Stockdale	04:43.2	
5	2	Bury AC	Katie Geelan	Caitlin Cole	Katie Taylor	Laura Turner	04:55.5	
6	4	Manchester Harriers	Sian Davies	Stacey Benson	Philippa Holmes	Rachel Gorajala	05:52.7	

North N3WC - Woodbank Park

		Perf	Recorc	Wind	AW
Men's 100m A		Wind=			
1	2 Sol Bah	Bury AC	11.3		<input checked="" type="checkbox"/>
2	4 Mikey Fennell	Manchester Harriers	11.4		<input checked="" type="checkbox"/>
5	5 Jamie Pattinson	Seaton AC	11.8		
3	3 Danny Matthews	East Cheshire	11.8		
5	1 James Blackburn	Burnley & Pendle	11.9		

		Perf	Recorc	Wind	AW
Men's 200m A		Wind=			
1	2 Sol Bah	Bury AC	22.6		<input checked="" type="checkbox"/>
2	4 Mikey Fennell	Manchester Harriers	23.0		<input checked="" type="checkbox"/>
3	3 Danny Matthews	East Cheshire	23.8		
4	5 Jamie Pattinson	Seaton AC	24.3		
5	1 David Wallace	Burnley & Pendle	24.7		
6	6 Rory Evans	Stockport Harriers	DQ		

		Perf	Recorc	Wind	AW
Men's 400m A					
1	2 Carlo Balsamo	Bury AC	50.0		<input checked="" type="checkbox"/>
2	3 Andrew Hartshorne	East Cheshire	51.0		<input checked="" type="checkbox"/>
3	5 Oliver Lithgow	Seaton AC	52.1		<input checked="" type="checkbox"/>
4	4 Aaron Rodger	Manchester Harriers	53.6		
5	1 David Wallace	Burnley & Pendle	54.1		
6	6 Jon Walch	Stockport Harriers	55.9		

		Perf	Recorc	Wind	AW
Men's 800m A					
1	2 Scott Evans	Bury AC	01:58.1		<input checked="" type="checkbox"/>
2	4 Liam Bartlett	Manchester Harriers	01:58.8		<input checked="" type="checkbox"/>
3	6 Jack Morris	Stockport Harriers	02:02.8		<input checked="" type="checkbox"/>
4	5 Chris Neil	Seaton AC	02:08.1		
5	3 Chris Middleton	East Cheshire	02:11.0		
6	1 Michael O'Reilly	Burnley & Pendle	02:15.9		

		Perf	Recorc	Wind	AW
Men's 1500m A					
1	6 Mike Cooke	Stockport Harriers	04:00.5		<input checked="" type="checkbox"/>
2	2 Scott Evans	Bury AC	04:01.2		<input checked="" type="checkbox"/>
3	1 Marc Hartley	Burnley & Pendle	04:04.4		<input checked="" type="checkbox"/>
4	3 Gavin Hill	East Cheshire	04:11.8		<input checked="" type="checkbox"/>
5	4 Liam Bartlett	Manchester Harriers	04:17.7		<input checked="" type="checkbox"/>
6	5 Chris Neil	Seaton AC	04:34.2		<input checked="" type="checkbox"/>

		Perf	Recorc	Wind	AW
Men's 3000m S/Chase A					
1	1 Marc Hartley	Burnley & Pendle	10:19.0		
2	6 Adi Nutter	Stockport Harriers	10:22.5		
3	3 James Shaw	East Cheshire	10:33.1		
4	4 Chris Sykes	Manchester Harriers	11:49.3		
5	2 Dave Flood	Bury AC	13:03.3		
6	5 Brian Thompson	Seaton AC	DNF		

		Perf	Recorc	Wind	AW
Men's 5000m A					
1	1 Marc Hartley	Burnley & Pendle	15:40.6		<input checked="" type="checkbox"/>
2	2 Josh Cole	Bury AC	15:41.5		<input checked="" type="checkbox"/>
3	3 Gavin Hill	East Cheshire	16:19.0		<input checked="" type="checkbox"/>
4	6 Mike Shaw	Stockport Harriers	16:50.3		
5	4 Ed Fazackerley	Manchester Harriers	16:53.2		
6	5 Chris Neil	Seaton AC	17:18.8		

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		Perf	Recorc	Wind	AW
Men's 100m B		Wind=			
1	22 Carlo Balsamo	Bury AC	11.7		
2	66 Tom Taylor	Stockport Harriers	11.9		
3	33 Jermaine Thompson	East Cheshire	12.0		
4	11 David Wallace	Burnley & Pendle	12.3		
5	44 Shereyaan Poonawala	Manchester Harriers	12.4		

		Perf	Recorc	Wind	AW
Men's 200m B		Wind=			
1	66 Jonny Regan	Stockport Harriers	23.1		<input checked="" type="checkbox"/>
2	22 Nik Dodd	Bury AC	24.0		
3	33 Jermaine Thompson	East Cheshire	24.4		
4	11 John Linaker	Burnley & Pendle	25.6		
5	44 Max Tiplady	Manchester Harriers	26.2		
6	55 Matthew Hilton	Seaton AC	28.0		

		Perf	Recorc	Wind	AW
Men's 400m B					
1	33 Jake Littlehales	East Cheshire	54.0		
2	22 Melvin Edwards	Bury AC	54.5		
3	66 Jack Morris	Stockport Harriers	55.0		
4	44 David Henshaw	Manchester Harriers	56.5		
5	11 John Linaker	Burnley & Pendle	57.0		
6	55 Ian Palmer	Seaton AC	64.1		

		Perf	Recorc	Wind	AW
Men's 800m B					
1	44 Andy Parsonage	Manchester Harriers	02:03.1		<input checked="" type="checkbox"/>
2	66 Jack Nixon	Stockport Harriers	02:04.5		
3	33 Jack Donnelly	East Cheshire	02:17.1		
4	11 Ryan Bradshaw	Burnley & Pendle	02:20.6		
5					
6					

		Perf	Recorc	Wind	AW
Men's 1500m B					
1	66 Stuart Cameron	Stockport Harriers	04:01.1		<input checked="" type="checkbox"/>
2	11 Gary Shaw	Burnley & Pendle	04:25.8		<input checked="" type="checkbox"/>
3	33 Joe Hudak	East Cheshire	04:35.8		<input checked="" type="checkbox"/>
4	55 Nathan Thompson	Seaton AC	04:51.7		<input checked="" type="checkbox"/>
5	44 Andy Parsonage	Manchester Harriers	04:54.0		<input checked="" type="checkbox"/>
6					

		Perf	Recorc	Wind	AW
Men's 3000m S/Chase B					
1	55 Nathan Thompson	Seaton AC	11:08.2		
2	33 Anthony Connally	East Cheshire	11:46.5		
3	11 Dale Grimshaw	Burnley & Pendle	12:29.2		
4	44 Steve McCall	Manchester Harriers	14:43.9		
5					
6					

		Perf	Recorc	Wind	AW
Men's 5000m B					
1	11 Gary Shaw	Burnley & Pendle	16:24.0		<input checked="" type="checkbox"/>
2	44 Dave Walmsley	Manchester Harriers	17:31.0		
3	33 Steve Robinson	East Cheshire	17:52.4		
4	66 Harry Long	Stockport Harriers	18:05.8		
5					
6					

Men's 400m Hurdles A

1	1	John Linaker	Burnley & Pendle	68.5
2	4	Chris Sykes	Manchester Harriers	70.3
3	3	Bikash Deb	East Cheshire	71.9
4	2	David Little	Bury AC	76.4
5	5	Ian Palmer	Seaton AC	76.6

Men's 400m Hurdles B

1	33	Anthony Connally	East Cheshire	77.9
2	11	-	Burnley & Pendle	79.1
3				
4				
5				

Men's 110m Hurdles A

			Wind=		
1	4	David Henshaw	Manchester Harriers	16.5	<input checked="" type="checkbox"/>
2	1	Martin Wall	Burnley & Pendle	19.6	
3	2	Carlo Balsamo	Bury AC	20.8	
4	3	Anthony Connally	East Cheshire	21.0	

Men's 110m Hurdles B

			Wind=		
1	22	Dave Little	Bury AC	21.3	
2	44	Chris Sykes	Manchester Harriers	32.2	
3					
4					

Men's Hammer A

1	1	Alan Plumb	Burnley & Pendle	34.53	<input checked="" type="checkbox"/>
2	5	Paul Simpson	Seaton AC	33.77	<input checked="" type="checkbox"/>
3	2	Paul Horrocks	Bury AC	32.33	<input checked="" type="checkbox"/>
4	3	James Hill	East Cheshire	24.00	
5	4	Kearon Bell	Manchester Harriers	23.63	

Men's Hammer B

1	11	John Edwards	Burnley & Pendle	33.42	<input checked="" type="checkbox"/>
2	33	Peter Ditchfield	East Cheshire	24.00	
3	55	Ian Palmer	Seaton AC	19.15	
4	44	Carl Summers	Manchester Harriers	17.88	
5	0			0.00	

Men's Discus A

1	5	Paul Simpson	Seaton AC	38.64	<input checked="" type="checkbox"/>
2	4	Kearon Bell	Manchester Harriers	36.16	<input checked="" type="checkbox"/>
3	1	Ryan Inglis	Burnley & Pendle	29.19	<input checked="" type="checkbox"/>
4	22	Carlo Balsamo	Bury AC	25.81	
5	33	Brian Lockley	East Cheshire	24.62	
6	0			0.00	
7	0			0.00	
8	0			0.00	

Men's Discus B

1	11	Leroy Golding	Burnley & Pendle	27.33	
2	2	Paul Horrocks	Bury AC	25.36	
3	3	Peter Ditchfield	East Cheshire	23.86	
4	55	Rob Grimwood	Seaton AC	21.60	
5	44	Mikey Fennell	Manchester Harriers	19.18	
6	0			0.00	
7	0			0.00	
8	0			0.00	

Men's Javelin A

1	1	Martin Wall	Burnley & Pendle	42.30	<input checked="" type="checkbox"/>
2	4	Liam Bartlett	Manchester Harriers	37.15	<input checked="" type="checkbox"/>
3	33	Peter Ditchfield	East Cheshire	36.30	
4	2	Paul Horrocks	Bury AC	34.00	
5	66	Adi Nutter	Stockport Harriers	33.60	
6	5	Rob Grimwood	Seaton AC	29.95	

Men's Javelin B

1	11	Zac Childs	Burnley & Pendle	36.41	
2	3	Andrew Hartshorne	East Cheshire	32.83	
3	55	Ian Palmer	Seaton AC	28.67	
4	44	Chis Parsonage	Manchester Harriers	23.90	
5	0			0.00	
6	0			0.00	

Men's Shot Putt A

1	5	Paul Simpson	Seaton AC	11.03	<input checked="" type="checkbox"/>
2	4	Kearon Bell	Manchester Harriers	10.84	<input checked="" type="checkbox"/>
3	11	Ryan Inglis	Burnley & Pendle	10.80	<input checked="" type="checkbox"/>
4	22	Nik Dodd	Bury AC	9.33	
5	3	Peter Ditchfield	East Cheshire	8.91	

Men's Shot Putt B

1	1	Alan Plumb	Burnley & Pendle	10.53	<input checked="" type="checkbox"/>
2	2	Paul Horrocks	Bury AC	9.00	
3	55	Dan Pearce	Seaton AC	8.50	
4	44	Mikey Fennell	Manchester Harriers	8.05	
5	33	Brian Lockley	East Cheshire	7.60	

Men's Long Jump A

1	1	James Blackburn	Burnley & Pendle	6.47	<input checked="" type="checkbox"/>
2	2	Sol Bah	Bury AC	6.36	<input checked="" type="checkbox"/>
3	4	Mikey Fennell	Manchester Harriers	6.10	<input checked="" type="checkbox"/>
4	5	Jonny Hirst	Seaton AC	5.90	<input checked="" type="checkbox"/>
5	33	Anthony Connally	East Cheshire	5.16	

Men's Long Jump B

1	44	Aaron Rodger	Manchester Harriers	5.93	<input checked="" type="checkbox"/>
2	55	Oliver Lithgow	Seaton AC	5.64	
3	11	-	Burnley & Pendle	5.06	
4	3	Liam Banks-Carr	East Cheshire	4.91	
5	0			0.00	

Men's Triple Jump A

1	1	James Blackburn	Burnley & Pendle	13.12	<input checked="" type="checkbox"/>
2	4	Aaron Rodger	Manchester Harriers	12.58	<input checked="" type="checkbox"/>
3	5	Jonny Hirst	Seaton AC	11.47	
4	3	Liam Banks-Carr	East Cheshire	11.34	
5	22	Nik Dodd	Bury AC	10.20	

Men's Triple Jump B

1	44	Mikey Fennell	Manchester Harriers	11.90	<input checked="" type="checkbox"/>
2	33	Anthony Connally	East Cheshire	10.49	
3	2	Oliver Lundergan	Bury AC	9.50	
4	55	Ian Palmer	Seaton AC	9.04	
5	11	Leroy Golding	Burnley & Pendle	8.93	

Men's High Jump A

1	5	Jonny Hirst	Seaton AC	1.85	<input checked="" type="checkbox"/>
2	4	David Henshaw	Manchester Harriers	1.80	<input checked="" type="checkbox"/>
3	2	Carlo Balsamo	Bury AC	1.70	
4	1	-	Burnley & Pendle	1.60	
5	3	James Hill	East Cheshire	1.55	

Men's High Jump B

1	55	Oliver Lithgow	Seaton AC	1.65
2	44	Aaron Rodger	Manchester Harriers	1.60

Men's Pole Vault A

96 No Competitors

Men's Pole Vault B**Men's 4x100m Relay**

1	2	Bury AC	Marvin Edwards	Carlo Balsamo	Nik Dodd	Sol Bah	45.3
2	6	Stockport Harriers	Tom Taylor	Jon Walch	Rory Evans	Jonny Regan	46.1
3	3	East Cheshire	Bikash Deb	Danny Matthews	Jermaine Thompson	Andrew Hartshorne	48.0
4	4	Manchester Harriers	Chris Sykes	Aaron Rodger	Shereyaan Poonawala	Max Tiplady	48.6
5	1	Burnley & Pendle	Michael O'Reilly	David Wallace	Martin Wall	John Linaker	49.2

Men's 4x400m Relay

1	6	Stockport Harriers	Jack Nixon	Stuart Cameron	Jack Morris	Mike Cooke	03:36.0
2	3	East Cheshire	Jermaine Thompson	Andrew Hartshorne	Jake Littlehales	Gavin Hill	03:36.3
3	2	Bury AC	Marvin Edwards	Scott Evans	Oliver Lundergan	Carlo Balsamo	03:41.0
4	1	Burnley & Pendle	James Blackburn	David Wallace	Bryce Butterworth	Martin Wall	03:41.5
5	4	Manchester Harriers	Liam Bartlett	Andy Parsonage	Aaron Rodger	Chris Sykes	03:44.5

	MATCH RESULT	League Points	Match
1	ECH	6	381.0
2	B&P	5	380.0
3	MAN	4	324.0
4	SEA	3	298.0
5	BURY	2	268.0
6	STOCK	1	192.0

	STANDINGS	League Points	Match
1	ECH	6	381.0
2	B&P	5	380.0
3	MAN	4	324.0
4	SEA	3	298.0
5	BURY	2	268.0
6	STOCK	1	192.0

Men's 100m Non Scoring

Wind=

1	A	Rory Evans	Stockport	10.8	<input checked="" type="checkbox"/>
2	C		Bury	11.5	<input checked="" type="checkbox"/>
3	B	Dan Regan	Stockport	12.1	
4	D		Bury	12.2	