

M 100m A

1 Ricardo Brown	U20	LDS	10.9
2 Demetric Nelson	U20	BNG	11.0
3 Matthew Osborne		BUH	11.3
4 Jermaine Thompson		ECH	11.8
5 Martin Wall		BNL	12.6
6 Carl Foulstone	U20	SPN	13.3

M 100m B

1 Harrison Foster		BNG	11.2
2 Simon Higgins		LDS	11.5
3 James Whitfield	U17	BUH	11.6
4 Danny Mathews	U20	ECH	11.8
5 Ryan Dransfield	U20	SPN	12.0
6 John Linekar		BNL	12.8

M 200m A

1 Ricardo Brown	U20	LDS	22.4
2 Matthew Osborne		BUH	22.7
3 Demetric Nelson	U20	BNG	22.7
4 Jermaine Thompson		ECH	24.1
5 John Linekar		BNL	25.8
6 Carl Foulstone	U20	SPN	30.0

M 200m B

1 Harrison Foster		BNG	22.7
2 James Whitfield	U17	BUH	23.9
3 Danny Mathews	U20	ECH	23.9
4 James Murzai		LDS	26.0
5 Christopher Hampson	U17	SPN	26.1
6 Bryce Butterworth		BNL	27.0

M 400m A

1 Oliver Robinson		BNG	50.8
2 Jake Littlehales		ECH	52.3
3 Frazer Jardine		BUH	54.4
4 Joshua Woodcock-Shaw	U20	SPN	57.8
5 Adam Butterworth		BNL	58.0
6 James Murzai		LDS	58.4

M 400m B

1 Matthew Walker	U20	BNG	53.4
2 Andy Hartshorne		ECH	54.1
3 Sam Gough		BUH	56.1
4 Simon Higgins		LDS	58.5
5 Bryce Butterworth		BNL	60.4
6 Christopher Hampson	U17	SPN	62.6

M 800m A

1 Nick Hooker		LDS	1.59.1
2 Frazer Jardine		BUH	2.01.6
3 Joe Hudak	U20	ECH	2.03.1
4 Josh Duffy	U20	BNL	2.05.7
5 Jack Thorp	U20	BNG	2.06.8
6 Joshua Woodcock-Shaw	U20	SPN	2.08.2

M 800m B

1 Micheal Wood	U20	LDS	2.03.3
2 Andy Hartshorne		ECH	2.08.4
3 Adam Butterworth		BNL	2.10.6
4 Sam Gough		BUH	2.11.4
5 Simon Bolland	U20	SPN	2.11.5

M 1500m A

1 Micheal Wood	U20	LDS	4.00.6
2 Tom Carson		BUH	4.11.2
3 Marc Hartley		BNL	4.12.7
4 Ben Marriott	U20	BNG	4.14.0
5 Joe Hudak	U20	ECH	4.27.4
6 Ryan Dransfield	U20	SPN	4.32.0

M 1500m B

1 Nick Hooker		LDS	4.05.3
2 James Hall	U17	BNG	4.24.2
3 Andy Parker		BUH	4.31.1
4 James Shaw		ECH	4.32.6
5 Gary Shaw		BNL	4.33.5
6 Simon Bolland	U20	SPN	4.44.0

M 5000m A

1 Martin Gostling		LDS	15.35.2
2 Tom Carson		BUH	15.51.6
3 Stephen Broadbent		BNG	15.59.4
4 Marc Hartley		BNL	16.25.1
5 Gary Mathews		ECH	16.56.5
6 Keith McGhie		SPN	18.07.0

M 5000m B

1 Mark Swannell		BUH	16.34.2
2 Chris Edwin		BNG	16.35.9
3 Gary Shaw		BNL	16.43.2
4 Trevor Wilks		LDS	16.45.4
5 Gavin Browne		ECH	17.19.5
6 Ian Ogden		SPN	20.15.8

M 110mH A

1 Oliver Robinson		BNG	16.9
2 Scott Whittle		BUH	18.6
3 Anthony Connally		ECH	21.7

M 110mH B

1 Ian Bowles		BUH	19.7
2 Danny Crosby		BNG	19.9

M 400mH A

1 Oliver Robinson	BNG	53.9
2 Tom Roberts	LDS	59.2
3 Scott Whittle	BUH	61.8
4 Carl Foulstone	U20 SPN	63.4
5 John Linekar	BNL	70.3
6 Gavin Browne	ECH	74.3

M 400mH B

1 Anthony Connally	ECH	67.1
2 Christian Eckersley	BUH	67.3
3 Christopher Hampson	U17 SPN	71.6

M 3000m SC A

1 Marc Hartley	BNL	9.43.6
2 Lee Athersmith	BNG	9.49.7
3 James Shaw	ECH	11.19.0
4 Keith McGhie	SPN	11.21.2

M 3000m SC B

1 Josh Duffy	U20 BNL	10.44.3
2 Anthony Connally	ECH	11.58.6
3 Dave Middleton	SPN	12.17.9

M Discus Throw A

1 John Nicholson	BUH	33.95
2 Ian Lindley	BNG	32.77
3 Leeroy Golding	BNL	31.26
4 Matt Barton	LDS	28.44
5 Toby Aspindle	U17 SPN	24.36
6 Pete Ditchfield	ECH	23.66

M Discus Throw B

1 Jason Scott	BNG	31.91
2 Alan Plumb	BNL	29.52
3 Robert Makin	BUH	26.85
4 Luke Heald	ECH	21.05
5 Dave Giblin	SPN	13.11

M Hammer Throw A

1 John Edwards	BNL	31.92
2 Michael O'Donnell	BUH	29.56
3 James Hill	U17 ECH	28.94
4 Ian Lindley	BNG	26.47
5 Dave Giblin	SPN	20.06
6 Ivan Roberts	LDS	14.90

M Hammer Throw B

1 Alan Plumb	BNL	31.70
2 Jason Scott	BNG	25.14
3 Pete Ditchfield	ECH	24.04
4 Roy Bain	SPN	20.02
5 Tom Roberts	LDS	11.57

M High Jump A

1 James Heaton	LDS	1.90
2 Larry Animshaun	BNG	1.80
3 James Blackburn	U20 BNL	1.70
4 James Hill	U17 ECH	1.65
5 Didi Nturo	BUH	1.60

M High Jump B

1 Tom Lindsay	LDS	1.75
2=Michael O'Donnell	BUH	1.60
2=Jack Thorp	U20 BNG	1.60
4 Marc Hartley	BNL	1.50
5 Gavin Browne	ECH	1.45

M Javelin Throw A

1 Martin Wall	BNL	47.63
2 Robert Makin	BUH	47.38
3 Andy Hartshorne	ECH	39.54
4 Danny Crosby	BNG	36.09
5 Joshua Woodcock-Shaw	U20 SPN	23.18

M Javelin Throw B

1 Michael O'Donnell	BUH	47.14
2 Pete Ditchfield	ECH	34.33
3 Jason Scott	BNG	30.19
4 Alan Plumb	BNL	29.57
5 Ryan Dransfield	U20 SPN	17.75

M Long Jump A

1 Matthew Osborne	BUH	6.72
2 James Blackburn	U20 BNL	6.21
3 Tom Lindsay	LDS	6.09
4 Anthony Connally	ECH	5.29
5 Simon Bolland	U20 SPN	4.16

M Long Jump B

1 Bradley Robinson	U20 LDS	5.44
2 Danny Mathews	U20 ECH	5.19
3 Scott Whittle	BUH	4.93
4 Josh Duffy	U20 BNL	4.89
5 Joshua Woodcock-Shaw	U20 SPN	3.49

M Pole Vault A		M Pole Vault B	
1 Michael O'Donnell	BUH 3.30	1 Didi Nturo	BUH 2.30
M Shot Putt A		M Shot Putt B	
1 Ian Lindley	BNG 12.85	1 Jason Scott	BNG 9.21
2 Alan Plumb	BNL 11.24	2 Robert Makin	BUH 8.87
3 John Nicholson	BUH 10.62	3 Pete Ditchfield	ECH 8.87
4 Luke Heald	ECH 9.88	4 Leeroy Golding	BNL 8.48
5 Matt Barton	LDS 8.62	5 Dave Giblin	SPN 6.27
6 Toby Aspindle	U17 SPN 7.72		
M Triple Jump A		M Triple Jump B	
1 Matt Barton	LDS 15.00	1 Didi Nturo	BUH 11.94
2 James Blackburn	U20 BNL 12.88	2 Bradley Robinson	U20 LDS 11.42
3 Matthew Osborne	BUH 12.02	3 Anthony Connally	ECH 10.64
4 Danny Crosby	BNG 11.55	4 Lee Athersmith	BNG 9.50
5 James Hill	U17 ECH 10.73		
W 100m A		W 100m B	
1 Kirsten McAslan	U20 ECH 12.2	1 Beth Hirst	ECH 13.2
2 Rebecca O'Keefe	BUH 12.5	2 Emily Ritchie	U20 BUH 13.3
3 Chloe Holden-Wilson	U17 BNG 12.7	3 Joanne Oates	BNG 13.6
4 Laura Martin	U20 BNL 12.9	4 Leanne Scott	BNL 14.9
5 Danielle Roach	U20 SPN 13.2	5 Hannah Johnson	U17 SPN 15.9
W 200m A		W 200m B	
1 Kirsten McAslan	U20 ECH 25.4	1 Amy Freeman	SPN 25.6
2 Sasha Craig	U20 SPN 25.9	2 Rachael Birchall	U17 ECH 26.6
3 Chloe Holden-Wilson	U17 BNG 26.4	3 Katie Eckersley	BUH 27.3
4 Rebecca O'Keefe	BUH 28.7	4 Emma Ogden	BNG 30.3
5 Leanne Scott	BNL 30.4	5 Faron Jones	U20 BNL 30.6
W 400m A		W 400m B	
1 Katie Eckersley	BUH 59.6	1 Beth Hirst	ECH 62.7
2 Katie Reynolds	U20 ECH 60.0	2 Amy Sharrad	SPN 64.5
3 Laura Martin	U20 BNL 60.1	3 Rebecca O'Keefe	BUH 64.9
4 Danielle Roach	U20 SPN 62.3	4 Faron Jones	U20 BNL 68.6
5 Lydia McQuiston	U17 BNG 69.1	5 Rebecca Holmes	BNG 70.9
W 800m A		W 800m B	
1 Amy Sharrad	SPN 2.28.5	1 Jade Flynn	U20 ECH 2.40.1
2 Sally Ratcliffe	U20 ECH 2.30.7	2 Becky Rowlands	SPN 2.40.7
3 Katie Smith	BUH 2.36.6		
4 Rebecca Holmes	BNG 2.41.3		
5 Emma Scott	U17 BNL 2.50.5		

W 1500m A

1 Carly Robinson	U20	BNG	4.55.9
2 Jodie Gregorczyk		LDS	5.17.3
3 Amy Sharrad		SPN	5.29.6
4 Sally Ratcliffe	U20	ECH	5.34.3
5 Katie Smith		BUH	5.50.1

W 1500m B

1 Jenna Killock	U17	BNG	5.22.4
2 Emma Rawnsley		SPN	5.40.0
3 Stella Boam		ECH	5.54.1

W 3000m A

1 Emma Raven		BNG	9.37.7
2 Jenny Walsh	U20	SPN	9.45.8
3 Jodie Gregorczyk		LDS	10.25.3
4 Katie Smith		BUH	12.05.1
5 Stella Boam		ECH	12.06.6

W 3000m B

1 Sarah Whitley		LDS	12.02.4
2 Victoria Hartshorne	U20	ECH	13.00.2
3 Katie Phillips		BNG	14.21.0

W 100mH A

1 Olivia McGreavy		BUH	19.5
2 Phillipa Medley	U20	BNG	DNF

W 100mH B

1 Emma Ogden		BNG	21.0
2 Ilse Hemming		BUH	23.1

W 400mH A

1 Olivia McGreavy		BUH	69.3
2 Helena Leathley	U17	BNL	69.8
3 Emma Rawnsley		SPN	76.1
4 Phillipa Medley	U20	BNG	84.3

W 400mH B

1 Mollie Flannery	U17	SPN	77.9
2 Emma Ogden		BNG	93.1
3 Ilse Hemming		BUH	94.9

W Discus Throw A

1 Janine Crosby		BNG	36.25
2 Angela Lockley		ECH	32.07
3 Mollie Flannery	U17	SPN	22.04
4 Eleanor Markendale		BNL	18.86
5 Olivia McGreavy		BUH	18.59
6 Ros Evenden		LDS	17.16

W Discus Throw B

1 Amy Howard		BNG	29.97
2 Collette Donald		ECH	17.26
3 Alana Walker	U20	LDS	16.67
4 Rebecca O'Keefe		BUH	15.84
5 Faye Holden		BNL	14.38
6 Sheila Bolland		SPN	13.28

W Hammer Throw A

1 Jessica Mayho	U20	BNG	48.54
2 Angela Lockley		ECH	39.30
3 Chelsea Mitchell	U17	SPN	26.67
4 Ros Evenden		LDS	19.61
5 Faye Holden		BNL	16.90
6 Lesley Harwood		BUH	10.37

W Hammer Throw B

1 Amy Howard		BNG	43.07
2 Sheila Bolland		SPN	16.73
3 Collette Donald		ECH	14.57
4 Ilse Hemming		BUH	10.24

W High Jump A

1 Sarah Roberts	U20	SPN	1.50
2 Kirsty Parr		LDS	1.50
3 Lauren Alford	U17	ECH	1.45
4 Harriet Pickles		BNG	1.40
5 Helena Leathley	U17	BNL	1.30
6 Hannah Scholes		BUH	1.25

W High Jump B

1 Emma Rawnsley		SPN	1.35
2 Emma Ogden		BNG	1.30
3 Ilse Hemming		BUH	1.20

W Javelin Throw A

1 Sarah Roberts	U20	SPN	41.31
2 Harriet Pickles		BNG	32.99
3 Eleanor Markendale		BNL	25.67
4 Leah Owen	U20	ECH	25.31
5 Ilse Hemming		BUH	14.64
6 Jodie Gregorczyk		LDS	11.09

W Javelin Throw B

1 Amy Howard		BNG	24.27
2 Collette Donald		ECH	20.24
3 Chelsea Mitchell	U17	SPN	19.35
4 Faye Holden		BNL	9.76
5 Katie Smith		BUH	9.51

W Long Jump A

1 Kirsty Parr		LDS	5.20
2 Harriet Pickles		BNG	5.14
3 Katie Reynolds	U20	ECH	5.04
4 Helena Leathley	U17	BNL	4.79
5 Hannah Scholes		BUH	4.70
6 Sarah Roberts	U20	SPN	4.63

W Long Jump B

1 Katie James		BNG	5.14
2 Beth Hirst		ECH	4.98
3 Emma Rawnsley		SPN	4.29
4 Chloe Clarkson	U20	BUH	4.23
5 Emma Scott	U17	BNL	3.91

W Pole Vault A

No competitors

W Pole Vault B

No competitors

W Shot Putt A

1 Chelsea Mitchell	U17	SPN	11.31
2 Kirsty Parr		LDS	11.03
3 Eleanor Markendale		BNL	9.58
4 Amy Howard		BNG	9.49
5 Angela Lockley		ECH	9.09
6 Ilse Hemming		BUH	6.53

W Shot Putt B

1 Janine Crosby		BNG	9.24
2 Lauren Alford	U17	ECH	7.50
3 Sasha Craig	U20	SPN	6.36
4 Chloe Clarkson	U20	BUH	6.34
5 Faye Holden		BNL	5.72
6 Alana Walker	U20	LDS	5.30

W Triple Jump A

1 Kirsty Parr		LDS	10.34
2 Lauren Alford	U17	ECH	9.84
3 Laura Martin	U20	BNL	9.78
4 Lydia McQuiston	U17	BNG	9.70
5 Chloe Clarkson	U20	BUH	8.84
6 Emma Rawnsley		SPN	8.27

W Triple Jump B

1 Beth Hirst		ECH	9.20
2 Amy Howard		BNG	9.03

W 4x100m Relay

1	BUH	52.2	1	Rebecca O'Keefe		2	Katie Eckersley
			3	Olivia McGreavy		4	Emily Ritchie
2	BNG	53.0	1	Joanne Oates		2	Chloe Holden-Wilson
			3	Emma Ogden		4	Harriet Pickles
3	ECH	53.3	1	Rachael Birchall	U17	2	Beth Hirst
			3	Lauren Alford	U17	4	Katie Reynolds
4	SPN	53.4	1	Danielle Roach	U20	2	Amy Sharrad
			3	Mollie Flannery	U17	4	Sasha Craig
5	BNL	55.8	1	Faron Jones	U20	2	Eleanor Markendale
			3	Emma Scott	U17	4	Laura Martin

W 4x400m Relay

1	SPN	4.10.3	1	Sarah Roberts	U20	2	Amy Freeman
			3	Jenny Walsh	U20	4	Becky Rowlands
2	ECH	4.11.8	1	Jade Flynn	U20	2	Kirsten McAslan
			3	Beth Hirst		4	Katie Reynolds
3	BUH	4.23.0	1	Olivia McGreavy		2	Chloe Clarkson
			3	Rebecca O'Keefe		4	Katie Eckersley
4	BNL	4.29.7	1	Faron Jones	U20	2	Eleanor Markendale
			3	Leanne Scott		4	Helena Leathley
5	BNG	4.33.5	1	Chloe Holden-Wilson	U17	2	Emma Raven
			3	Jenna Killock	U17	4	Lydia McQuiston

M 4x100m Relay

1	BNG	44.4	1	Demetric Nelson	U20	2	Oliver Robinson	
			3	Harrison Foster		4	Matthew Walker	U20
2	BUH	46.2	1	Sam Gough		2	Christian Eckersley	
			3	James Whitfield	U17	4	Matthew Osborne	
3	ECH	47.1	1	Jake Littlehales		2	Danny Mathews	U20
			3	Jermaine Thompson		4	Andy Hartshorne	
4	LDS	47.8	1	Bradley Robinson	U20	2	James Murzai	
			3	Simon Higgins		4	Ricardo Brown	U20
5	BNL	49.8	1	Martin Wall		2	John Linekar	
			3	Adam Butterworth		4	James Blackburn	U20
6	SPN	53.1	1	Toby Aspindle	U17	2	Christopher Hampson	U17
			3	Dave Giblin		4	Ryan Dransfield	U20

M 4x400m Relay

1	BUH	3.31.7	1	Sam Gough		2	Ian Bowles	
			3	Christian Eckersley		4	Frazer Jardine	
2	BNG	3.32.5	1	Oliver Robinson		2	Ben Marriott	U20
			3	Jack Thorp	U20	4	Demetric Nelson	U20
3	ECH	3.34.0	1	Jermaine Thompson		2	Andy Hartshorne	
			3	Joe Hudak	U20	4	Jake Littlehales	
4	BNL	3.43.6	1	Josh Duffy	U20	2	John Linekar	
			3	Bryce Butterworth		4	James Blackburn	U20
5	SPN	3.52.9	1	Carl Foulstone	U20	2	Joshua Woodcock-Shaw	U20
			3	Simon Bolland	U20	4	Ryan Dransfield	U20

PRIOR STANDINGS			MATCH RESULT			LEAGUE STANDINGS					
	Event	Lge		Event	Lge		Event	Lge			
1	LDS	391	6	1	BNG	391.5	6	1	Bingley Harriers & AC	746.5	11
2	BNG	355	5	2	BUH	367.5	5	2	Bolton United Harriers	707.5	9
3	BUH	340	4	3	ECH	345	4	3	East Cheshire Harriers	677.5	7
4	ECH	332.5	3	4	SPN	273	3	4	Leeds City AC	634	7
5	SPN	247	2	5	BNL	259	2	5	Spenborough & District AC	520	5
6	BNL	210.5	1	6	LDS	243	1	6	Burnley AC/Pendle	469.5	3

General Comment: No competitors W Pole Vault A&B,

Note(s)

BNG Includes + 30pts,  
 BUH Includes + 30pts,  
 BNL Includes + 25pts,  
 ECH Includes + 30pts,  
 LDS Includes + 30pts,  
 SPN Includes + 30pts,