

M 100m A

|                    |         |      |
|--------------------|---------|------|
| 1 Alan Selby       | MPT     | 11.7 |
| 2 Craig Birch      | WLS     | 12.5 |
| 3 Michael Whithead | U17 NMS | 12.7 |
| 4 Jeremy Goodall   | SCA     | 12.8 |
| 5 Daniel Harrison  | U20 SKY | 13.6 |

M 100m B

|                 |         |      |
|-----------------|---------|------|
| 1 Will Driver   | MPT     | 11.6 |
| 2 Alex Neeve    | U20 NMS | 12.4 |
| 3 Dave Swalwell | WLS     | 12.5 |
| 4 Phil Hunt     | U20 SKY | 14.4 |
| 5 Rod Millard   | SCA     | 16.2 |

M 200m A

|                    |         |      |
|--------------------|---------|------|
| 1 Alan Selby       | MPT     | 23.5 |
| 2 Chris Lillico    | U17 WLS | 23.6 |
| 3 Russell Best     | NMS     | 25.3 |
| 4 Joe Whitehurst   | U17 SKY | 27.3 |
| 5 Robbie Pickering | U20 SCA | 29.1 |

M 200m B

|                    |         |      |
|--------------------|---------|------|
| 1 Will Driver      | MPT     | 23.8 |
| 2 Dave Swalwell    | WLS     | 25.5 |
| 3 Michael Whithead | U17 NMS | 27.0 |
| 4 Phil Hunt        | U20 SKY | 31.3 |
| 5 Rod Millard      | SCA     | 33.1 |

M 400m A

|                  |         |      |
|------------------|---------|------|
| 1 Andy Wiles     | NMS     | 52.3 |
| 2 Adam Brooks    | U20 SKY | 54.4 |
| 3 Scott Povey    | U17 WLS | 56.1 |
| 4 Jeremy Goodall | SCA     | 60.4 |
| 5 Angus Wood     | MPT     | 64.0 |

M 400m B

|                    |         |      |
|--------------------|---------|------|
| 1 Alan Piggford    | NMS     | 53.9 |
| 2 Steve Volpe      | WLS     | 60.3 |
| 3 John Thompson    | MPT     | 61.7 |
| 4 Christopher Dove | U20 SKY | 64.3 |
| 5 Chris Wade       | SCA     | 68.7 |

M 800m A

|                   |     |        |
|-------------------|-----|--------|
| 1 Ricky Stevenson | NMS | 1.53.9 |
| 2 James Kraft     | SCA | 2.11.6 |
| 3 Dan Weatherill  | WLS | 2.16.4 |
| 4 Dave Swinburne  | MPT | 2.20.5 |
| 5 Andy McCue      | SKY | 2.31.4 |

M 800m B

|                     |         |        |
|---------------------|---------|--------|
| 1 Elliot Jackson    | NMS     | 2.03.4 |
| 2 Bobby Scarborough | U17 SCA | 2.17.3 |
| 3 John Thompson     | MPT     | 2.38.5 |
| 4 Calum Storey      | U17 WLS | 2.38.7 |
| 5 Stuart Inglis     | SKY     | 3.23.9 |

M 1500m A

|                  |         |        |
|------------------|---------|--------|
| 1 Chris Thornton | SKY     | 4.18.0 |
| 2 Jonnie Nesbitt | U17 MPT | 4.20.1 |
| 3 James Kraft    | SCA     | 4.25.1 |
| 4 Dan Weatherill | WLS     | 4.42.0 |
| 5 Drew Davison   | U17 NMS | 4.53.9 |

M 1500m B

|                  |         |        |
|------------------|---------|--------|
| 1 Ben Mukherjee  | SCA     | 4.25.6 |
| 2 Dave Swinburne | MPT     | 4.41.0 |
| 3 Damel Duffield | U17 NMS | 4.54.8 |
| 4 Mick Skeldon   | WLS     | 5.07.7 |
| 5 Andy McCue     | SKY     | 5.15.4 |

M 5000m A

|                    |         |         |
|--------------------|---------|---------|
| 1 Ian Harding      | MPT     | 15.26.6 |
| 2 Andy Person      | NMS     | 16.39.9 |
| 3 Ben Mukherjee    | SCA     | 17.22.0 |
| 4 Christopher Dove | U20 SKY | 19.01.9 |
| 5 Terry O'Gara     | WLS     | 19.05.8 |

M 5000m B

|                   |     |         |
|-------------------|-----|---------|
| 1 John Trelfa     | SCA | 17.41.4 |
| 2 Steve Volpe     | WLS | 21.23.4 |
| 3 Aliaster Parish | SKY | 21.44.8 |

M 110mH A

|               |     |      |
|---------------|-----|------|
| 1 Craig Birch | WLS | 20.7 |
| 2 Angus Wood  | MPT | 22.0 |
| 3 Andrew Hart | NMS | 23.6 |

M 110mH B

|                |     |      |
|----------------|-----|------|
| 1 Paul Appleby | MPT | 22.5 |
|----------------|-----|------|

M 400mH A

|                  |         |      |
|------------------|---------|------|
| 1 Adam Brooks    | U20 SKY | 60.9 |
| 2 Craig Birch    | WLS     | 66.1 |
| 3 Jeremy Goodall | SCA     | 70.3 |
| 4 Andrew Hart    | NMS     | 73.6 |
| 5 Angus Wood     | MPT     | 81.2 |

M 400mH B

|                       |         |      |
|-----------------------|---------|------|
| 1 Michael Hinchcliffe | U20 SKY | 66.9 |
| 2 Alex Neeve          | U20 NMS | 69.2 |
| 3 Oscar Guallar       | SCA     | 76.4 |
| 4 Iain Singer         | WLS     | 77.1 |
| 5 John Thompson       | MPT     | 79.0 |

M 3000m SC A

|                       |     |     |         |
|-----------------------|-----|-----|---------|
| 1 John Woods          |     | MPT | 11.30.8 |
| 2 Michael Hinchcliffe | U20 | SKY | 11.47.7 |
| 3 Oscar Guallar       |     | SCA | 12.12.5 |
| 4 Iain Singer         |     | WLS | 14.23.3 |

M 3000m SC B

No competitors

M Discus Throw A

|                 |  |     |       |
|-----------------|--|-----|-------|
| 1 Rob Russell   |  | SCA | 44.45 |
| 2 Paul Appleby  |  | MPT | 34.69 |
| 3 Darren Thomas |  | SKY | 31.38 |
| 4 Neil Rogers   |  | NMS | 21.77 |
| 5 Ken Turnbull  |  | WLS | 17.90 |

M Discus Throw B

|                    |     |     |       |
|--------------------|-----|-----|-------|
| 1 Robbie Pickering | U20 | SCA | 38.17 |
| 2 Steven Appleby   |     | MPT | 30.70 |
| 3 Adam Blowers     |     | NMS | 19.37 |
| 4 Terry Hart       |     | WLS | 17.80 |
| 5 Tim Agar         |     | SKY | 16.16 |

M Hammer Throw A

|                   |  |     |       |
|-------------------|--|-----|-------|
| 1 Rob Russell     |  | SCA | 36.42 |
| 2 Darren Thomas   |  | SKY | 32.03 |
| 3 Paul Appleby    |  | MPT | 30.10 |
| 4 Andrew Hart     |  | NMS | 21.23 |
| 5 Ralph Dickinson |  | WLS | 15.15 |

M Hammer Throw B

|                   |     |     |       |
|-------------------|-----|-----|-------|
| 1 Steven Appleby  |     | MPT | 20.18 |
| 2 Neil Rogers     |     | NMS | 19.15 |
| 3 Jeremy Goodall  |     | SCA | 16.73 |
| 4 Terry Hart      |     | WLS | 15.06 |
| 5 Daniel Harrison | U17 | SKY | 10.95 |

M High Jump A

|                     |     |     |      |
|---------------------|-----|-----|------|
| 1 Chris Lillico     | U17 | WLS | 1.75 |
| 2 Angus Wood        |     | MPT | 1.60 |
| 3 Bobby Scarborough | U17 | SCA | 1.55 |
| 4 Andrew Hart       |     | NMS | 1.45 |
| 5 Adam Brooks       | U20 | SKY | 1.45 |

M High Jump B

|                       |  |     |      |
|-----------------------|--|-----|------|
| 1 Dan Weatherill      |  | WLS | 1.45 |
| 2 Neil Rogers         |  | NMS | 1.45 |
| 3 Michael Hinchcliffe |  | SKY | 1.45 |
| 4 John Woods          |  | MPT | 1.40 |

M Javelin Throw A

|                    |     |     |       |
|--------------------|-----|-----|-------|
| 1 Darren Thomas    | U20 | SKY | 38.10 |
| 2 Adam Blowers     |     | NMS | 35.63 |
| 3 Robbie Pickering | U20 | SCA | 34.62 |
| 4 John Thompson    |     | MPT | 34.33 |
| 5 Terry Hart       |     | WLS | 24.88 |

M Javelin Throw B

|                   |     |     |       |
|-------------------|-----|-----|-------|
| 1 Daniel Harrison | U17 | SKY | 31.38 |
| 2 Craig Pickup    |     | MPT | 29.07 |
| 3 Chris Wade      |     | SCA | 27.20 |
| 4 Ken Turnbull    |     | WLS | 19.52 |
| 5 Neil Rogers     |     | NMS | 13.35 |

M Long Jump A

|                     |     |     |      |
|---------------------|-----|-----|------|
| 1 Chris Lillico     | U17 | WLS | 5.72 |
| 2 Ryan Simpson      | U17 | MPT | 5.50 |
| 3 Bobby Scarborough | U17 | SCA | 5.00 |
| 4 Daniel Harrison   | U17 | SKY | 4.75 |
| 5 Alex Neeve        | U20 | NMS | 4.72 |

M Long Jump B

|                |     |     |      |
|----------------|-----|-----|------|
| 1 Angus Wood   |     | MPT | 5.43 |
| 2 Calum Storey | U17 | WLS | 4.44 |
| 3 Chris Wade   |     | SCA | 4.42 |
| 4 Neil Rogers  |     | NMS | 4.05 |
| 5 Phil Hunt    | U20 | SKY | 3.94 |

M Pole Vault A

|                 |     |     |      |
|-----------------|-----|-----|------|
| 1 Darren Thomas | U20 | SKY | 2.60 |
| 2 Adam Blowers  |     | NMS | 2.50 |

M Pole Vault B

No competitors

M Shot Putt A

|                  |     |     |       |
|------------------|-----|-----|-------|
| 1 Rob Russell    |     | SCA | 13.47 |
| 2 Darren Thomas  | U20 | SKY | 10.82 |
| 3 Steven Appleby |     | MPT | 9.12  |
| 4 Dave Swalwell  |     | WLS | 8.33  |
| 5 Neil Rogers    |     | NMS | 6.54  |

M Shot Putt B

|                    |     |     |       |
|--------------------|-----|-----|-------|
| 1 Robbie Pickering | U20 | SCA | 11.17 |
| 2 Craig Pickup     |     | MPT | 8.88  |
| 3 Mick Skeldon     |     | WLS | 6.98  |
| 4 Andrew Hart      |     | NMS | 6.31  |
| 5 Tim Agar         |     | SKY | 6.08  |

M Triple Jump A

|   |                 |         |       |
|---|-----------------|---------|-------|
| 1 | Craig Birch     | WLS     | 11.60 |
| 2 | John Woods      | MPT     | 11.18 |
| 3 | Alex Neeve      | U20 NMS | 10.58 |
| 4 | Chris Wade      | SCA     | 9.15  |
| 5 | Daniel Harrison | U17 SKY | 9.02  |

M Triple Jump B

|   |                |         |       |
|---|----------------|---------|-------|
| 1 | Ryan Simpson   | U17 MPT | 10.90 |
| 2 | Calum Storey   | U17 WLS | 9.59  |
| 3 | Neil Rogers    | NMS     | 9.06  |
| 4 | Jeremy Goodall | SCA     | 8.78  |

W 100m A

|   |                  |         |      |
|---|------------------|---------|------|
| 1 | Elaine Telford   | MPT     | 13.1 |
| 2 | Nadia Ammor      | U17 NMS | 14.0 |
| 3 | Stephanie Ramsay | U20 WLS | 14.3 |
| 4 | Jenna Wheatman   | SCA     | 14.3 |
| 5 | Daisy Agar       | U17 SKY | 14.7 |

W 100m B

|   |                 |     |      |
|---|-----------------|-----|------|
| 1 | Lisa Ponter     | SCA | 13.9 |
| 2 | Fiona Thomas    | SKY | 14.9 |
| 3 | Gill Weatherill | WLS | 15.9 |
| 4 | Charlotte Ellis | NMS | 17.2 |

W 200m A

|   |                  |         |      |
|---|------------------|---------|------|
| 1 | Elaine Telford   | MPT     | 26.7 |
| 2 | Becky Mills      | U17 SCA | 27.2 |
| 3 | Nadia Ammor      | U17 NMS | 29.7 |
| 4 | Stephanie Ramsay | U20 WLS | 30.2 |
| 5 | Daisy Agar       | U17 SKY | 31.9 |

W 200m B

|   |              |         |      |
|---|--------------|---------|------|
| 1 | Lisa Ponter  | SCA     | 28.9 |
| 2 | Beth Bloor   | U20 SKY | 32.0 |
| 3 | Louise Danby | NMS     | 32.8 |
| 4 | Julie Hind   | WLS     | 36.1 |

W 400m A

|   |              |         |      |
|---|--------------|---------|------|
| 1 | Becky Mills  | U17 SCA | 59.4 |
| 2 | Daisy Agar   | U17 SKY | 69.2 |
| 3 | Louise Danby | NMS     | 72.1 |
| 4 | Laura Murphy | WLS     | 74.4 |

W 400m B

|   |                 |     |      |
|---|-----------------|-----|------|
| 1 | Lisa Ponter     | SCA | 64.7 |
| 2 | Emma Inglis     | SKY | 69.8 |
| 3 | Charlotte Ellis | NMS | 76.4 |
| 4 | Stacey Davidson | WLS | 80.2 |

W 800m A

|   |                 |     |        |
|---|-----------------|-----|--------|
| 1 | Louise Brown    | SCA | 2.25.8 |
| 2 | Emma Inglis     | SKY | 2.31.7 |
| 3 | Emma Walton     | WLS | 2.42.6 |
| 4 | Charlotte Ellis | NMS | 2.45.0 |

W 800m B

|   |                  |         |        |
|---|------------------|---------|--------|
| 1 | Beth Bloor       | U20 SKY | 2.43.8 |
| 2 | Louise Danby     | NMS     | 2.49.4 |
| 3 | Tori Wheatman    | SCA     | 2.50.8 |
| 4 | Hayley Masterman | WLS     | 3.00.4 |

W 1500m A

|   |              |         |        |
|---|--------------|---------|--------|
| 1 | Louise Brown | SCA     | 4.48.2 |
| 2 | Hannah Brown | U17 SKY | 4.57.6 |
| 3 | Tess Russen  | NMS     | 4.58.2 |
| 4 | Emma Walton  | WLS     | 5.43.6 |

W 1500m B

|   |                 |         |        |
|---|-----------------|---------|--------|
| 1 | Charlotte Edge  | U20 SCA | 5.08.6 |
| 2 | Molly Keefe     | U17 SKY | 5.37.3 |
| 3 | Charlotte Ellis | NMS     | 5.52.9 |
| 4 | Susane Hunter   | WLS     | 6.22.9 |

W 3000m A

|   |                  |         |         |
|---|------------------|---------|---------|
| 1 | Louise Brown     | SCA     | 10.37.2 |
| 2 | Rebecca Harrison | U20 SKY | 12.02.4 |
| 3 | Helen Morris     | WLS     | 12.32.7 |

W 3000m B

|   |                 |     |         |
|---|-----------------|-----|---------|
| 1 | Crystal Skeldon | WLS | 12.41.5 |
| 2 | Arifa Chakera   | SKY | 14.05.6 |

W 100mH A

|   |                 |     |      |
|---|-----------------|-----|------|
| 1 | Jenna Wheatman  | SCA | 18.8 |
| 2 | Phillipa Baxter | WLS | 26.6 |

W 100mH B

|   |             |         |      |
|---|-------------|---------|------|
| 1 | Rachel Gyte | U20 SCA | 24.5 |
|---|-------------|---------|------|

W 400mH A

1 Rachel Gyte U20 SCA 1.27.2  
2 Claire Shepherd U17 SKY 1.29.1  
3 Phillippa Baxter WLS 1.30.0

W 400mH B

1 Tori Wheatman SCA 1.22.2  
2 Laura Murphy WLS 1.33.7

W 1500m SC A

No competitors

W 1500m SC B

No competitors

W Discus Throw A

1 Fiona Thomas SKY 26.09  
2 Jess Rogers U17 NMS 18.60  
3 Tori Wheatman SCA 14.14  
4 Sharon Richardson WLS 14.12

W Discus Throw B

1 Sarah Cawthorn WLS 13.78  
2 Molly Keefe SKY 13.45  
3 Victoria Lockley SCA 12.84  
4 Charlotte Ellis NMS 5.85

W Hammer Throw A

1 Jenna Wheatman SCA 53.39  
2 Jess Rogers U17 NMS 28.63  
3 Fiona Thomas SKY 25.79  
4 Sharon Richardson WLS 19.03

W Hammer Throw B

1 Lisa Ponter SCA 17.92  
2 Emma Inglis SKY 15.22  
3 Emma Walton WLS 13.14

W High Jump A

1 Rebecca Nail U17 WLS 1.40  
2 Rachel Gyte U20 SCA 1.35  
3 Molly Keefe SKY 1.10

W High Jump B

1 Laura Murphy WLS 1.20  
2 Louise Brown SCA 1.10

W Javelin Throw A

1 Jenna Wheatman SCA 29.96  
2 Fiona Thomas SKY 20.62  
3 Emma Plumber WLS 17.34  
4 Louise Danby NMS 8.20

W Javelin Throw B

1 Victoria Lockley SCA 21.33  
2 Gill Weatherill WLS 17.28  
3 Rebbeca Harrison U20 SKY 9.43  
4 Charlotte Ellis NMS 3.85

W Long Jump A

1 Rebecca Nail U17 WLS 4.59  
2 Fiona Thomas SKY 3.97  
3 Rachel Gyte U20 SCA 3.94

W Long Jump B

1 Claire Shepherd U17 SKY 3.94  
2 Gill Weatherill WLS 3.86  
3 Louise Brown SCA 2.63

W Pole Vault A

No competitors

W Pole Vault B

No competitors

W Shot Putt A

1 Fiona Thomas SKY 11.24  
2 Jenna Wheatman SCA 9.37  
3 Jess Rogers U17 NMS 6.83  
4 Sharon Richardson WLS 6.06

W Shot Putt B

1 Victoria Lockley SCA 6.52  
2 Louise Danby NMS 6.07  
3 Emma Inglis SKY 6.00  
4 Sarah Cawthorn WLS 5.31

W Triple Jump A

1 Rebecca Nail U17 WLS 9.87  
2 Rachel Gyte U20 SCA 9.65  
3 Hannah Brown U17 SKY 8.93

W Triple Jump B

1 Claire Shepherd U17 SKY 8.91  
2 Stephanie Ramsay WLS 7.72

W 4x100m Relay

|            |                    |                   |
|------------|--------------------|-------------------|
| 1 SCA 57.8 | 1 Jenna Wheatman   | 2 Rachel Gyte     |
|            | 3 Lisa Ponter      | 4 Charlotte Edge  |
| 2 SKY 59.4 | 1 Daisy Agar       | U17 2 Beth Bloor  |
|            | 3 Fiona Thomas     | 4 Claire Shepherd |
| 3 WLS 61.4 | 1 Stephanie Ramsay | 2 Rebecca Nail    |
|            | 3 Gill Weatherill  | 4 Julie Hind      |
| 4 NMS 65.6 | 1 Charlotte Ellis  | 2 Louise Danby    |
|            | 3 Jess Rogers      | U17 4 Nadia Ammor |

W 4x400m Relay

|              |                   |                    |
|--------------|-------------------|--------------------|
| 1 SCA 4.26.0 | 1 Louise Brown    | 2 Charlotte Edge   |
|              | 3 Lisa Ponter     | 4 Becky Mills      |
| 2 WLS 5.18.0 | 1 Phillipa Baxter | 2 Hayley Masterman |
|              | 3 Crystal Skeldon | 4 Emma Walton      |
| 3 SKY DQ     |                   |                    |

M 4x100m Relay

|            |                     |                  |     |
|------------|---------------------|------------------|-----|
| 1 WLS 47.9 | 1 Craig Birch       | 2 Chris Lillico  | U17 |
|            | 3 Scott Povey       | 4 Dave Swalwell  |     |
| 2 NMS 51.5 | 1 Michael Whitehead | 2 Andrew Hart    |     |
|            | 3 Adam Blowers      | 4 Alex Neeve     | U20 |
| 3 SKY 51.9 | 1 Adam Brooks       | 2 Chris Thornton |     |
|            | 3 Joe Whitehurst    | 4 Sam Cole       |     |
| 4 MPT 52.0 | 1 John Thompson     | 2 Will Driver    |     |
|            | 3 Angus Wood        | 4 Alan Selby     |     |
| 5 SCA 52.3 | 1 Robbie Pickering  | 2 Ben Mukherjee  |     |
|            | 3 Jeremy Goodall    | 4 James Kraft    |     |

M 4x400m Relay

|              |                    |     |                         |
|--------------|--------------------|-----|-------------------------|
| 1 NMS 3.33.3 | 1 Ricky Stevenson  |     | 2 Alan Piggford         |
|              | 3 Russell Best     |     | 4 Andy Wiles            |
| 2 SKY 3.57.9 | 1 Adam Brooks      |     | 2 Nick Howard           |
|              | 3 Christopher Dove | U20 | 4 Chris Thornton        |
| 3 MPT 4.02.3 | 1 Ryan Simpson     | U17 | 2 John Woods            |
|              | 3 John Thompson    |     | 4 Jonnie Nesbitt U17    |
| 4 SCA 4.11.7 | 1 Oscar Guallar    |     | 2 Bobby Scarborough U17 |
|              | 3 Ben Mukherjee    |     | 4 James Kraft           |
| 5 WLS 4.12.9 | 1 Calum Storey     | U17 | 2 Steve Volpe           |
|              | 3 Dan Weatherill   |     | 4 Jordan Middlemist     |

MATCH RESULT

LEAGUE STANDINGS Not Available

|                          | Event | Lge |
|--------------------------|-------|-----|
| 1 Scarborough AC         | 347   | 5   |
| 2 Wallsend H & AC/Blyth  | 309   | 4   |
| 3 Skyrac AC              | 293   | 3   |
| 4 New Marske Harriers AC | 231   | 2   |
| 5 Morpeth Harriers & AC  | 208   | 1   |

General Comment: No competitors W 1500m SC A&B, No competitors M Pole Vault B, No competitors

Note(s)

MPT Includes + 30pts,  
NMS Includes + 20pts,  
SCA Includes + 30pts,  
SKY Includes + 30pts,  
WLS Includes + 30pts,