

**Men's 100m A**

			Wind=	
1	6	Nicky Lynch	Newark AC	11.7
2	2	Richard Mainprize	Goole Youth AC	11.7
3	3	Michael Culshaw	Grimsby Harriers & A	11.8
4	4	Anthony Tierney	Hallamshire Harriers	11.9
5	5	Nick Stock	Longwood Harriers & A	12.1
6	7	Ben Cook	Pudsey & Bramley A	12.2
7	1	Shane Langdale	Cleethorpes & District	12.8

**Men's 100m B**

			Wind=	
1	44	Joe Williamson	Hallamshire Harriers	12.2
2	55	Alex Stock	Longwood Harriers & A	12.2
3	33	Tom Cassidy	Grimsby Harriers & A	12.2
4	77	Ross Wilson	Pudsey & Bramley A	12.4
5	66	Nathan Johnson-Bark	Newark AC	12.5
6	22	Steve Walsh	Goole Youth AC	13.3
7	11	Alex Nicholson	Cleethorpes & District	13.4

**Men's 200m A**

			Wind=	
1	2	Richard Mainprize	Goole Youth AC	23.7
2	3	Michael Culshaw	Grimsby Harriers & A	23.8
3	4	Anthony Tierney	Hallamshire Harriers	24.0
4	6	John Jessop	Newark AC	24.5
5	7	Ben Cook	Pudsey & Bramley A	24.7
6	5	Nick Stock	Longwood Harriers & A	25.2
7	1	Shane Langdale	Cleethorpes & District	26.4

**Men's 200m B**

			Wind=	
1	11	Patrick Atkin	Cleethorpes & District	25.1
2	44	Joe Williamson	Hallamshire Harriers	25.3
3	77	Ross Wilson	Pudsey & Bramley A	25.4
4	33	Ryan Turgooze	Grimsby Harriers & A	25.6
5	55	Alex Stock	Longwood Harriers & A	25.8
6	66	Peter Beaumont	Newark AC	26.9
7	22	James Wardle	Goole Youth AC	27.0

**Men's 400m A**

1	5	Anthony Bowyer	Longwood Harriers & A	54.0
2	4	Joe Gratton	Hallamshire Harriers	54.0
3	6	John Jessop	Newark AC	54.9
4	7	Ben McKay	Pudsey & Bramley A	55.4
5	2	Richard Mainprize	Goole Youth AC	55.7
6	3	Tom Cassidy	Grimsby Harriers & A	58.3
7	1	Alex Nicholson	Cleethorpes & District	63.8

**Men's 400m B**

1	77	Andy Smith	Pudsey & Bramley A	55.2
2	11	Ben Fray	Cleethorpes & District	57.3
3	44	Josh Dyball	Hallamshire Harriers	58.2
4	55	Liam Slater	Longwood Harriers & A	58.5
5	66	Peter Beaumont	Newark AC	60.5
6	22	Steve Walsh	Goole Youth AC	63.0

**Men's 800m A**

1	7	Andy Smith	Pudsey & Bramley A	02:05.0
2	6	Aaron Burns	Newark AC	02:09.0
3	1	Patrick Atkin	Cleethorpes & District	02:09.6
4	2	Jordan Jones	Goole Youth AC	02:10.1
5	4	Josh Dyball	Hallamshire Harriers	02:10.2
6	3	Tom Charlesworth	Grimsby Harriers & A	02:25.4

**Men's 800m B**

1	66	Oli Carrington	Newark AC	02:13.3
2	77	Ben McKay	Pudsey & Bramley A	02:15.6
3	44	Martin Ward	Hallamshire Harriers	02:15.9
4	1	Nathan Duncan	Cleethorpes & District	02:18.8
5	22	Steve Walsh	Goole Youth AC	02:38.0

**Men's 1500m A**

1	4	Joe Gratton	Hallamshire Harriers	04:37.3	<input checked="" type="checkbox"/>
2	7	Olly Watson	Pudsey & Bramley A	04:42.2	<input checked="" type="checkbox"/>
3	3	Tom Charlesworth	Grimsby Harriers & A	05:06.2	<input checked="" type="checkbox"/>
4	1	Nathan Duncan	Cleethorpes & District	05:19.3	<input checked="" type="checkbox"/>
5	66	Alex Combie	Newark AC	05:20.2	<input checked="" type="checkbox"/>
6	2	Jeremy Price	Goole Youth AC	05:36.9	<input checked="" type="checkbox"/>
7	5	Paul Slater	Longwood Harriers & A	06:05.4	<input checked="" type="checkbox"/>

**Men's 1500m B**

1	44	Paul Faulkener	Hallamshire Harriers	04:44.1	<input checked="" type="checkbox"/>
2	6	Richard Peach	Newark AC	05:23.3	<input checked="" type="checkbox"/>
3	11	John Fowler	Cleethorpes & District	05:40.0	<input checked="" type="checkbox"/>
4	77	Ben McKay	Pudsey & Bramley A	05:54.0	<input checked="" type="checkbox"/>
5	33	James Subden	Grimsby Harriers & A	06:13.0	<input checked="" type="checkbox"/>

**Men's 3000m S/Chase A**

1	4	Joe Gratton	Hallamshire Harriers	10:05.7	<input checked="" type="checkbox"/>
2	7	Jerry Watson	Pudsey & Bramley A	11:36.9	<input checked="" type="checkbox"/>
3	6	Aaron Cain	Newark AC	12:20.9	<input checked="" type="checkbox"/>
4	1	John Fowler	Cleethorpes & District	13:36.5	<input checked="" type="checkbox"/>
5	5	Paul Slater	Longwood Harriers & A	15:58.7	<input checked="" type="checkbox"/>

**Men's 3000m S/Chase B**

1	44	Martin Ward	Hallamshire Harriers	12:10.3	<input checked="" type="checkbox"/>
2	66	Daniel Barrie	Newark AC	12:32.5	<input checked="" type="checkbox"/>

**Men's 5000m A**

1	4	Paul Faulkener	Hallamshire Harriers	16:29.2	<input checked="" type="checkbox"/>
2	7	Jerry Watson	Pudsey & Bramley A	17:48.7	
3	2	Jeremy Price	Goole Youth AC	19:54.4	
4	6	Darren Rowberry	Newark AC	21:21.2	

**Men's 5000m B**

1	44	Martin Ward	Hallamshire Harriers	19:48.8	
2	66	John Combie	Newark AC	21:56.6	
3	77	Steve Locking	Pudsey & Bramley A	25:30.1	

**Men's 400m Hurdles A**

1	6	Daniel Barrie	Newark AC	63.5
2	7	Olly Watson	Pudsey & Bramley A	64.0
3	4	Martin Ward	Hallamshire Harriers	64.5
4	5	Liam Slater	Longwood Harriers &	65.7
5	1	Shane Langdale	Cleethorpes & Distric	69.4
6	2	Jeremy Price	Goole Youth AC	80.7

**Men's 400m Hurdles B**

1	77	Ross Wilson	Pudsey & Bramley A	66.8
2	11	John Fowler	Cleethorpes & Distric	84.1

**Men's 110m Hurdles A**

			Wind=	
1	4	Martin Ward	Hallamshire Harriers	20.6
2	7	Ross Wilson	Pudsey & Bramley A	20.6
3	6	Daniel Barrie	Newark AC	22.2
4	1	John Fowler	Cleethorpes & Distric	25.3

**Men's 110m Hurdles B**

			Wind=	
1	66	Simon Langley	Newark AC	22.4
2	77	Adam Cook	Pudsey & Bramley A	31.7

**Men's Hammer A**

1	1	Karl Fitzgerald	Cleethorpes & Distric	43.96	<input checked="" type="checkbox"/>
2	5	Chris Sampson	Longwood Harriers &	32.05	<input checked="" type="checkbox"/>
3	66	Craig Rodwell	Newark AC	31.76	<input checked="" type="checkbox"/>
4	4	Mick Clift	Hallamshire Harriers	24.64	
5	2	Tim Mainprize	Goole Youth AC	23.39	
6	7	Andy Cook	Pudsey & Bramley A	21.25	
7	3	James Subden	Grimsby Harriers & A	15.43	

**Men's Hammer B**

1	6	Simon Langley	Newark AC	30.39	<input checked="" type="checkbox"/>
2	77	Adam Cook	Pudsey & Bramley A	18.84	
3	44	John Clift	Hallamshire Harriers	14.41	
4	22	Jeremy Price	Goole Youth AC	13.55	
5	33	Tom Cassidy	Grimsby Harriers & A	12.48	

**Men's Discus A**

1	1	Karl Fitzgerald	Cleethorpes & Distric	41.96	<input checked="" type="checkbox"/>
2	6	Simon Langley	Newark AC	30.83	<input checked="" type="checkbox"/>
3	4	Mick Clift	Hallamshire Harriers	29.59	<input checked="" type="checkbox"/>
4	2	Tim Mainprize	Goole Youth AC	25.97	
5	5	Chris Sampson	Longwood Harriers &	25.25	
6	7	Andy Cook	Pudsey & Bramley A	22.94	

**Men's Discus B**

1	66	Craig Rodwell	Newark AC	29.76	<input checked="" type="checkbox"/>
2	11	Reece Precious	Cleethorpes & Distric	29.15	<input checked="" type="checkbox"/>
3	44	John Clift	Hallamshire Harriers	24.03	
4	77	Adam Cook	Pudsey & Bramley A	20.43	
5	55	Paul Slater	Longwood Harriers &	17.30	
6	22	Jeremy Price	Goole Youth AC	12.77	

**Men's Javelin A**

1	6	Tom Beaumont	Newark AC	40.86	<input checked="" type="checkbox"/>
2	1	Reece Precious	Cleethorpes & Distric	40.10	<input checked="" type="checkbox"/>
3	7	Ben Cook	Pudsey & Bramley A	36.54	
4	2	Richard Mainprize	Goole Youth AC	33.25	
5	3	Ryan Turgooze	Grimsby Harriers & A	30.71	
6	4	Mick Clift	Hallamshire Harriers	28.09	
7	5	Chris Sampson	Longwood Harriers &	27.30	

**Men's Javelin B**

1	11	Ben Fray	Cleethorpes & Distric	37.90	<input checked="" type="checkbox"/>
2	66	Simon Langley	Newark AC	34.98	
3	77	Andy Cook	Pudsey & Bramley A	29.75	
4	22	Steve Neville	Goole Youth AC	27.40	
5	44	John Clift	Hallamshire Harriers	25.61	
6	55	Alex Stock	Longwood Harriers &	16.47	
7	33	Richard Burgess	Grimsby Harriers & A	12.31	

**Men's Shot Putt A**

1	1	Karl Fitzgerald	Cleethorpes & Distric	12.87	<input checked="" type="checkbox"/>
2	7	Andy Cook	Pudsey & Bramley A	9.54	
3	6	Craig Rodwell	Newark AC	9.43	
4	4	Mick Clift	Hallamshire Harriers	9.02	
5	3	Michael Culshaw	Grimsby Harriers & A	8.70	
6	5	Chris Sampson	Longwood Harriers &	8.67	
7	2	Tim Mainprize	Goole Youth AC	8.47	

**Men's Shot Putt B**

1	66	Paul Smith	Newark AC	9.06	
2	11	Reece Precious	Cleethorpes & Distric	9.06	
3	77	Adam Cook	Pudsey & Bramley A	8.48	
4	22	Richard Mainprize	Goole Youth AC	7.89	
5	33	Tom Cassidy	Grimsby Harriers & A	7.72	
6	44	John Clift	Hallamshire Harriers	6.83	
7	55	Liam Slater	Longwood Harriers &	6.73	

**Men's Long Jump A**

1	6	Tom Beaumont	Newark AC	5.89	<input checked="" type="checkbox"/>
2	4	Joe Williamson	Hallamshire Harriers	5.69	
3	1	Patrick Atkin	Cleethorpes & Distric	5.46	
4	7	Ben Cook	Pudsey & Bramley A	5.30	
5	5	Nick Stock	Longwood Harriers &	5.04	
6	2	Steve Neville	Goole Youth AC	4.95	
7	33	Tom Cassidy	Grimsby Harriers & A	4.69	

**Men's Long Jump B**

1	66	Peter Carrington	Newark AC	5.28	
2	11	Ben Fray	Cleethorpes & Distric	5.24	
3	22	James Wardle	Goole Youth AC	4.79	
4	77	Ben McKay	Pudsey & Bramley A	4.71	
5	44	Martin Ward	Hallamshire Harriers	4.39	
6	3	James Subden	Grimsby Harriers & A	4.21	
7	55	Joe Butcher	Longwood Harriers &	4.07	

**Men's Triple Jump A**

1	6	Tom Beaumont	Newark AC	11.89
2	1	Ben Fray	Cleethorpes & Distric	11.37
3	4	Joe Williamson	Hallamshire Harriers	10.95
4	2	Steve Neville	Goole Youth AC	9.94
5	7	Ben McKay	Pudsey & Bramley A	9.38
6	5	Paul Slater	Longwood Harriers 8	8.90

**Men's Triple Jump B**

1	66	Peter Carrington	Newark AC	11.20
2	77	Andy Cook	Pudsey & Bramley A	8.72
3	11	JohFowler	Cleethorpes & Distric	8.33
4	22	Tim Mainprie	Goole Youth AC	7.51

**Men's High Jump A**

1	6	Tom Beaumont	Newark AC	1.70
2	3	Aiden Turner	Grimsby Harriers & A	1.65
3	4	John Clift	Hallamshire Harriers	1.60
4	22	Jordan Jones	Goole Youth AC	1.55
5	1	Reece Precious	Cleethorpes & Distric	1.50
6	7	Olly Watson	Pudsey & Bramley A	1.45

**Men's High Jump B**

1	66	Simon Langley	Newark AC	1.55
2	2	Steve Neville	Goole Youth AC	1.55
3	77	Andy Smith	Pudsey & Bramley A	1.40

**Men's Pole Vault A**

1	6	Daniel Barrie	Newark AC
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**Men's Pole Vault B****Men's 4x100m Relay**

1	6	Newark AC	Nicky Lynch	Nathan Johnson-Bark	John Jessop	Tom Beaumont	47.8
2	5	Longwood Harriers & AC	Alex Stock	Joe Butcher	Anthony Bowyer	Nick Stock	48.1
3	7	Pudsey & Bramley AC	Ben Cook	Ben McKay	Adam Cook	Ross Wilson	48.4
4	2	Goole Youth AC	James Wardle	Richard Mainprize	Steven Neville	Jordan Jones	49.5
5	4	Hallamshire Harriers Sh	Joe Williamson	Craig Wolstenholme	Anthony Tierney	Josh Dyball	49.9
6	3	Grimsby Harriers & AC	Ryan Turgooze	James Subden	Aiden Turner	Tom Cassidy	49.9
7	1	Cleethorpes & District A	Shane Langdale	Nathan Duncan	John Fowler	Ben Fray	51.7

**Men's 4x400m Relay**

1	7	Pudsey & Bramley AC	Olly Watson	Ben McKay	Ben Cook	Andy Smith	03:49.2
2	1	Cleethorpes & District A	Nathan Duncan	John Fowler	Ben Fray	Patrick Atkin	03:58.2
3	6	Newark AC	Oli Carrington	Aaron Burns	Daniel Barrie	Aaron Cain	03:58.5
4	4	Hallamshire Harriers Sh	Joe Gratton	Paul Faulkener	John Clift	Martin Ward	04:04.6
5	2	Goole Youth AC	Steve Walsh	James Wardle	Richard Mainprize	Jordan Jones	04:08.3
6	3	Grimsby Harriers & AC	James Subden	Tom Cassidy	Aiden Turner	Tom Charlesworth	04:09.3
7	5	Longwood Harriers & AC	Nick Stock	Liam Slater	Joe Butcher	Anthony Bowyer	04:16.1

MATCH RESULT	League Points	Match
1 Newark	7	491.0
2 Hallam	6	409.0
3 Clee	5	373.0
4 Pudsey	4	292.0
5 Goole	3	221.0
6 Longwood	2	190.0
7 Grimsby	1	129.0

STANDINGS	League Points	Match
1 Newark	20	1335.5
2 Clee	17	1156.5
3 Pudsey	15	1047.0
4 Hallam	14	986.0
5 Goole	8	623.0
6 Longwood	7	629.0
7 Grimsby	3	324.0

**Women's 100m A**

Wind=

1	6	Eloise McQuaid	Newark AC	13.4
2	7	Leah Carter	Pudsey & Bramley A	13.5
3	2	Claire Dobson	Goole Youth AC	13.6
4	4	Nicole Norton	Hallamshire Harriers	13.9
5	1	Liseli Sumbwanyambe	Cleethorpes & Distric	13.9
6	5	Susanne Pickersgill	Longwood Harriers &	20.1

**Women's 100m B**

Wind=

1	66	Hannah Watson	Newark AC	14.0
2	22	Emily Rice	Goole Youth AC	14.5
3	44	Emily Fox	Hallamshire Harriers	14.6
4	11	Sally Forman	Cleethorpes & Distric	15.9
5	77	Rosie Dutton	Pudsey & Bramley A	16.6

**Women's 200m A**

Wind=

1	7	Leah Carter	Pudsey & Bramley A	28.2
2	4	Nicole Norton	Hallamshire Harriers	28.5
3	6	Lauren Rowberry	Newark AC	28.5
4	3	Elizabeth Lake	Grimsby Harriers & A	29.0
5	1	Liseli Sumbwanyambe	Cleethorpes & Distric	29.5
6	2	Emily Rice	Goole Youth AC	29.9
7	5	Bridgid Walsh	Longwood Harriers &	40.4

**Women's 200m B**

Wind=

1	66	Hannah Watson	Newark AC	29.2
2	44	Tabitha Howe	Hallamshire Harriers	30.0
3	11	Sally Forman	Cleethorpes & Distric	32.9
4	77	Sally Corbin	Pudsey & Bramley A	36.0
5	55	Susanne Pickersgill	Longwood Harriers &	42.3

**Women's 400m A**

1	6	Emma Jessop	Newark AC	64.1
2	4	Tabitha Howe	Hallamshire Harriers	66.0
3	1	Fushia Clayton	Cleethorpes & Distric	66.9
4	5	Kirsty Leih	Longwood Harriers &	72.5
5	7	Sally Corbin	Pudsey & Bramley A	74.7

**Women's 400m B**

1	44	Hannah Fletcher	Hallamshire Harriers	68.6
2	66	Eleanor Ripley	Newark AC	71.0
3	11	Katie Oliver	Cleethorpes & Distric	79.9
4	77	Holly Winn	Pudsey & Bramley A	84.6
5	55	Bridgid Walsh	Longwood Harriers &	89.2

**Women's 800m A**

1	6	Emma Jessop	Newark AC	02:26.0	<input checked="" type="checkbox"/>
2	1	Paige Cooper	Cleethorpes & Distric	02:26.6	<input checked="" type="checkbox"/>
3	2	Becky Wilkinson	Goole Youth AC	02:27.8	
4	4	Hannah Fletcher	Hallamshire Harriers	02:28.5	
5	5	Kirsty Leih	Longwood Harriers &	02:52.2	

**Women's 800m B**

1	11	Fushia Clayton	Cleethorpes & Distric	02:35.2	
2	44	Tabitha Howe	Hallamshire Harriers	02:43.1	
3	55	Bridgid Walsh	Longwood Harriers &	03:18.7	

**Women's 1500m A**

1	4	Nicola Squires	Hallamshire Harriers	04:52.5	<input checked="" type="checkbox"/>
2	6	Cloe Hubbard	Newark AC	05:14.4	
3	2	Becky Wilkinson	Goole Youth AC	05:28.9	
4	1	Paige Cooper	Cleethorpes & Distric	05:37.4	

**Women's 1500m B**

1	66	Becky Taylor	Newark AC	05:23.1	
2	44	Hannah Walker	Hallamshire Harriers	06:13.5	

**Women's 3000m A**

1	4	Nicola Squires	Hallamshire Harriers	10:46.1	<input checked="" type="checkbox"/>
2	6	Cloe Hubbard	Newark AC	11:23.3	<input checked="" type="checkbox"/>
3	1	Jo Evans	Cleethorpes & Distric	12:21.2	

**Women's 3000m B**

1	66	Becky Taylor	Newark AC	11:27.4	<input checked="" type="checkbox"/>
2	44	Hannah Walker	Hallamshire Harriers	13:18.9	
3	11	Katie Oliver	Cleethorpes & Distric	14:34.4	

**Women's 400m Hurdles A**

1	66	Amy Fendley	Newark AC	74.5
2	4	Nicola Squires	Hallamshire Harriers	80.2
3	1	Sally Forman	Cleethorpes & Distric	85.0

**Women's 400m Hurdles B**

1	6	Eleanor Ripley	Newark AC	77.8
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**Women's 100m Hurdles A**

Wind=

1	1	Sally Forman	Cleethorpes & Distric	21.5
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**Women's 100m Hurdles B**

Wind=

**Women's Hammer A**

1	44	Alex Shorey	Hallamshire Harriers	32.15	<input checked="" type="checkbox"/>
2	66	Trish Hill	Newark AC	17.25	
3	11	Jo Evans	Cleethorpes & Distric	14.32	
4	7	Rebecca Dutton	Pudsey & Bramley A	13.38	

**Women's Hammer B**

1	4	Trudi Clift	Hallamshire Harriers	17.25	
2	6	Ann Kitchen	Newark AC	17.03	
3	77	Rosie Dutton	Pudsey & Bramley A	7.43	

**Women's Discus A**

1	44	Emily Fox	Hallamshire Harriers	22.20
2	6	Lauren Rowberry	Newark AC	21.98
3	1	Heidi Bradley	Cleethorpes & Distric	20.62
4	77	Katie James	Pudsey & Bramley A	17.95
5	5	Susanne Pickersgill	Longwood Harriers &	12.17

**Women's Discus B**

1	4	Trudi Clift	Hallamshire Harriers	22.08
2	66	Trish Hill	Newark AC	20.52
3	7	Rebecca Dutton	Pudsey & Bramley A	14.14
4	11	Jo Evans	Cleethorpes & Distric	13.15
5	55	Dianne Leih	Longwood Harriers &	11.29

**Women's Javelin A**

1	1	Heidi Bradley	Cleethorpes & Distric	16.39
2	7	Rebecca Dutton	Pudsey & Bramley A	16.13
3	5	Susanne Pickersgill	Longwood Harriers &	14.75
4	44	Alex Shorey	Hallamshire Harriers	13.07
5	6	Ann Kitchen	Newark AC	13.00
6	2	Claire Dobson	Goole Youth AC	13.00

**Women's Shot Putt A**

1	6	Amy Fendley	Newark AC	8.33
2	4	Trudi Clift	Hallamshire Harriers	7.48
3	1	Heidi Bradley	Cleethorpes & Distric	6.89
4	2	Claire Dobson	Goole Youth AC	6.20
5	7	Rebecca Dutton	Pudsey & Bramley A	5.63
6	5	Susanne Pickersgill	Longwood Harriers &	5.47

**Women's Long Jump A**

1	6	Amy Fendley	Newark AC	5.05
2	2	Claire Dobson	Goole Youth AC	4.56
3	3	Elizabeth Lake	Grimsby Harriers & /	4.54
4	4	Nicole Norton	Hallamshire Harriers	4.39
5	77	Rosie Dutton	Pudsey & Bramley A	3.28
6	11	Heidi Bradley	Cleethorpes & Distric	3.02

**Women's Triple Jump A**

1	6	Amy Fendley	Newark AC	9.48
2	3	Elizabeth Lake	Grimsby Harriers & /	9.33

**Women's High Jump A**

1	1	Liseli Sumbwanyambe	Cleethorpes & Distric	1.35
2	66	Ann Kitchen	Newark AC	1.35
3	4	Hannah Fletcher	Hallamshire Harriers	1.35

**Women's Pole Vault A**

1	1	Sally Forman	Cleethorpes & Distric	2.10
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**Women's 4x100m Relay**

1	6	Newark AC	Emma Jessop	Lauren Rowberry
2	2	Goole Youth AC	Claire Dobson	Claire Walsh
3	7	Pudsey & Bramley AC	Leah Carter	Rosie Dutton
4	4	Hallamshire Harriers Sh	Hannah Walker	Emily Fox
5	1	Cleethorpes & District A	Paige Cooper	Sally Forman
6	5	Longwood Harriers & AC	Kirsty Leih	Bridgid Wash

**Women's 4x400m Relay**

1	4	Hallamshire Harriers Sh	Nicola Squires	Nicole Norton
2	6	Newark AC	Emma Jessop	Becky Taylor
3	1	Cleethorpes & District A	Paige Cooper	Fushia Clayton
4	5	Longwood Harriers & AC	Kirst Leih	Bridgid Walsh

**Women's Javelin B**

1	11	Jo Evans	Cleethorpes & Distric	15.96
2	55	Bridgid Wash	Longwood Harriers &	10.12

**Women's Shot Putt B**

1	44	Hannah Shorey	Hallamshire Harriers	7.47
2	66	Ann Kitchen	Newark AC	5.67
3	77	Katie James	Pudsey & Bramley A	5.06
4	11	Fushia Clayton	Cleethorpes & Distric	5.01
5	55	Dianne Leih	Longwood Harriers &	4.74

**Women's Long Jump B**

1	66	Hannah Watson	Newark AC	4.08
2	22	Emily Rice	Goole Youth AC	3.71
3	7	Rebecca Dutton	Pudsey & Bramley A	3.25
4	1	Jo Evans	Cleethorpes & Distric	2.99
5	44	Hannah Walker	Hallamshire Harriers	2.96

**Women's Triple Jump B**

1	6	Amy Fendley	Newark AC	1.30
2	44	Tabitha Howe	Hallamshire Harriers	1.25
3	11	Heidi Bradley	Cleethorpes & Distric	1.15

**Women's Pole Vault B**

Eleanor Ripley	Hannah Watson	55.4
Emily Rice	Becky Wilkinson	56.8
Rebecca Dutton	Katie James	59.6
Trudi Clift	Nicola Squires	59.9
Liseli Sumbwanyambe	Heidi Bradley	60.0
Susanne Pickersgill	Dianne Leih	74.4

Tabitha Howe	Hannah Fletcher	04:28.2
Cloe Hubbard	Eleanor Ripley	04:37.3
Katie Oliver	Sally Forman	04:56.2
Dianne Leih	Susanne Pickersgill	05:59.7