

M 100m A

1 Marcel Stevens	MNC	10.8
2 Symon Woan	PST	10.9
3 Will Rotherforth	U17 WKF	11.0
4 Daniel Gray	U17 KUH	11.2
5 Jamie Vickery	BBN	11.3
6 Junior George	HFH	11.3

M 100m B

1 Nathan Roach	MNC	11.0
2 Marcus Hastings	U20 WKF	11.6
3 Adam Preston	U17 KUH	11.7
4 Will Lander	U20 HFH	11.9
5 Liam Monaghan	BBN	11.9
6 David Rigby	PST	13.9

M 200m A

1 Nathan Selby	U20 MNC	21.5
2 Scott Atkinson	U20 WKF	22.2
3 Symon Woan	PST	22.2
4 Daniel Gray	U17 KUH	22.7
5 Jamie Vickery	BBN	23.3
6 Russell Bamforth	HFH	27.9

M 200m B

1 Umar Hameed	MNC	22.1
2 Ewan McKnight	U20 WKF	23.4
3 Ben Akin	U20 PST	23.7
4 Stephen Richardson	KUH	23.9
5 Liam Monaghan	BBN	24.2

M 400m A

1 Callum Rougheen	U20 MNC	49.2
2 Scott Atkinson	U20 WKF	49.6
3 Daniel Holiday	KUH	50.7
4 Junior George	HFH	51.6
5 Ben Akin	U20 PST	52.7
6 Michael Carr	BBN	61.0

M 400m B

1 David Blackstone	MNC	51.6
2 Adam Preston	U17 KUH	52.9
3 Jacob Henton	U20 HFH	54.1
4 Luke Penswick	U17 PST	55.5
5 Kieran Monaghan	U20 BBN	56.1
6 Gareth Hepworth	WKF	57.8

M 800m A

1 Ben Akin	U20 PST	1.56.8
2 Kris Lecher	KUH	1.58.0
3 Dominic Walton	U20 BBN	1.58.3
4 Max Kaye	U20 HFH	1.58.9
5 Iain Little	U20 WKF	2.01.8
6 Matt Holmes	MNC	2.03.7

M 800m B

1 James Lamswood	U20 KUH	1.59.9
2 James Little	HFH	2.01.8
3 Luke Penswick	U17 PST	2.02.0
4 Rob Warner	U20 BBN	2.03.5
5 Gareth Hepworth	WKF	2.12.7
6 Alex Bradford	U20 MNC	2.16.9

M 1500m A

1 James Lamswood	U20 KUH	4.00.9
2 Max Kaye	U20 HFH	4.06.7
3 Jamaine Coleman	U17 PST	4.08.8
4 Dominic Walton	U20 BBN	4.19.9
5 Mattholmes	MNC	4.23.9
6 Iain Little	U20 WKF	4.25.1

M 1500m B

1 Howard Thompson	KUH	4.11.1
2 Richard Smith	HFH	4.21.2
3 Rob Warner	U20 BBN	4.21.8
4 Elliott Roberts	U17 PST	4.22.1
5 Alex Bradford	U20 MNC	4.33.2
6 Cameron Dye	U17 WKF	4.44.1

M 5000m A

1 David Watson	HFH	15.43.9
2 David Rigby	PST	15.50.8
3 Jonny Pegg	KUH	16.19.3
4 Andy Cartwright	WKF	16.58.5
5 Colin Gell	MNC	17.32.3
6 John Chaplin	BBN	17.34.6

M 5000m B

1 David Turnbull	HFH	15.50.9
2 Philip Taylor	KUH	16.22.9
3 Steve Hallas	PST	16.29.2
4 Chris Price	WKF	17.30.3
5 Danny Maynard	U20 BBN	19.38.6

M 110mH A

1 Daniel Needham	MNC	14.8
2 Robert Henry	KUH	16.5
3 Liam Monaghan	BBN	16.6
4 Richard Smith	HFH	29.1

M 110mH B

1 Jonathan Ferryman	MNC	16.2
2 Jon Mattos	KUH	18.8
3 Jamie Vickery	BBN	19.7
4 Jake Richardson	U20 HFH	25.8

M 400mH A

1 Adam Rogers	MNC	55.0
2 Daniel Holiday	KUH	57.5
3 Kieran Monaghan	U20 BBN	61.9
4 Jamaine Coleman	U17 PST	64.9
5 Chris Price	WKF	65.1
6 Peter Franklin	U17 HFH	68.6

M 400mH B

1 Kristian Bibby	PST	62.7
2 Jon Mattos	KUH	63.1
3 Michael Carr	BBN	70.0
4 Jake Richardson	U20 HFH	73.7
5 Steve Thorpe	WKF	89.1

M 3000m SC A

1 Kristian Bibby	PST	9.59.0
2 Chris Price	WKF	9.59.8
3 Richard Smith	HFH	10.03.7
4 Gregan Clarkson	KUH	10.15.5
5 Rob Flannery	MNC	10.40.4
6 Alan McKeown	U20 BBN	11.26.5

M 3000m SC B

1 David Rigby	PST	10.48.5
2 Joshua Taylor-Brown	U17 KUH	11.04.8
3 Danny Maynard	U20 BBN	11.30.6
4 David Marsh	MNC	11.46.2
5 Jake Richardson	U20 HFH	12.08.0
6 Keith Jones	WKF	14.20.1

M Discus Throw A

1 Scott Wong	MNC	45.90
2 Chiedu Ufodiama	WKF	44.00
3 Anthony Norfolk	U20 KUH	39.32
4 Sam Johnson	U20 PST	33.04
5 Tony Balko	BBN	27.79
6 Andrew Storr	HFH	17.77

M Discus Throw B

1 Sergii Saraiev	MNC	37.16
2 Craig Westerman	WKF	35.77
3 John Twiddle	KUH	28.84
4 Jack Vickery	U20 BBN	26.67
5 Jake Richardson	U20 HFH	12.47
6 Elliott Roberts	U17 PST	12.33

M Hammer Throw A

1 Sergii Saraiev	MNC	39.49
2 Jack Vickery	U20 BBN	39.28
3 Darren Gibson	KUH	38.80
4 Kieran Thackray	U20 WKF	37.79
5 Sam Johnson	U20 PST	37.26
6 Andrew Storr	HFH	21.53

M Hammer Throw B

1 John Twiddle	KUH	38.72
2 Craig Westerman	WKF	32.21
3 Tony Balko	BBN	26.61
4 Tony Dowd	MNC	20.90
5 Jake Richardson	U20 HFH	6.26
6 Kristian Bibby	PST	4.99

M High Jump A

1 Sevn Okome	U20 MNC	1.95
2 Tom Horner	U20 KUH	1.80
3 Kieran Monaghan	U20 BBN	1.55
4 Kristian Bibby	PST	1.55
5 Peter Franklin	U17 HFH	1.50

M High Jump B

1 Chris Bradley	U17 MNC	1.75
2=Jamaine Coleman	U17 PST	1.50
2=Josh Harby	U17 KUH	1.50
4 Alan McKeown	U20 BBN	1.40

M Javelin Throw A

1 Andrew Mimmack	KUH	52.61
2 Mark Lindsey	WKF	51.98
3 Steven Porter	MNC	51.68
4 Sam Johnson	U20 PST	36.12
5 Tony Balko	BBN	29.42
6 David Watson	HFH	28.71

M Javelin Throw B

1 Daniel Needham	MNC	39.19
2 Daniel Koscian	U20 KUH	37.32
3 Kieran Thackray	U20 WKF	30.70
4 Liam Monaghan	BBN	29.12
5 Kristian Bibby	PST	20.89
6 Andrew Storr	HFH	18.23

M Long Jump A

1 Anthony Timms	MNC	7.25
2 Matthew Elvidge	U17 KUH	6.69
3 Will Rotherforth	U17 WKF	6.14
4 Jamie Vickery	BBN	5.57
5 Kristian Bibby	PST	4.70
6 Will Lander	U20 HFH	3.61

M Long Jump B

1 James Rob Davies	MNC	7.05
2 Chris Harris	U20 WKF	5.95
3 Stephen Richardson	KUH	5.64
4 Liam Monaghan	BBN	4.39
5 David Rigby	PST	3.83
6 Russell Bamforth	HFH	2.54

M Pole Vault A

1 Matt Cullen	MNC	4.80
2 Liam Holiday	KUH	3.60
3 Jamie Vickery	BBN	2.40
4 Andy Jones	U17 WKF	2.30
5 Peter Franklin	U17 HFH	2.20

M Pole Vault B

1 David Campbell	U17 MNC	3.80
2 Robert Henry	KUH	3.00
3 Michael Jones	U17 WKF	2.10

M Shot Putt A

1 Scott Wong	MNC	15.19
2 Anthony Norfolk	U20 KUH	13.26
3 Craig Westerman	WKF	10.28
4 Tony Balko	BBN	9.82
5 Sam Johnson	U20 PST	9.26
6 Andrew Storr	HFH	8.50

M Shot Putt B

1 John Twiddle	KUH	12.13
2 Sergii Saraiev	MNC	10.61
3 Kieran Thackray	U20 WKF	8.26
4 Jack Vickery	U20 BBN	8.07
5 Russell Bamforth	HFH	5.65
6 David Rigby	PST	3.97

M Triple Jump A

1 Jonathan Ferryman	MNC	13.82
2 Chris Harris	U20 WKF	12.66
3 Matthew Elvidge	U17 KUH	11.16
4 Jacob Henton	U20 HFH	11.10
5 Rob Warner	U20 BBN	11.04
6 Kristian Bibby	PST	9.36

M Triple Jump B

1 Alex Bellis	MNC	13.54
2 Stephen Richardson	KUH	10.05
3 James Little	HFH	10.00
4 Kieran Thackray	U20 WKF	9.93
5 Alan McKeown	U20 BBN	9.73
6 David Rigby	PST	7.49

W 100m A

1 Laura Robson	U20 WKF	12.1
2 Maegan Taylor	U20 KUH	12.3
3 Alyssia Carr	U17 MNC	12.5
4 Sasha Byrom	U20 PST	12.6
5 Lauren Storr	HFH	13.4
6 Natalie Sailor	U20 BBN	13.4

W 100m B

1 Rebecca Watts	U20 WKF	12.9
2 Rachael Scott	U17 PST	13.8
3 Harriet Goodison	HFH	14.1
4 Jacinta Davison	U20 BBN	14.6
5 Megan Hoult	KUH	DQ

W 200m A

1 Laura Robson	U20 WKF	24.7
2 Maegan Taylor	U20 KUH	25.3
3 Alyssia Carr	U17 MNC	25.4
4 Sasha Byrom	U20 PST	25.8
5 Natalie Sailor	U20 BBN	27.6
6 Harriet Goodison	HFH	28.8

W 200m B

1 Tyra Watson	U20 MNC	25.5
2 Molly Storey	U17 KUH	26.1
3 Kirsty Fraser	U17 PST	26.3
4 Zoe Kerins	U17 WKF	27.0
5 Jacinta Davison	U20 BBN	29.4
6 Emma Szostac	HFH	29.5

W 400m A

1 Jenny Simmons	MNC	56.8
2 Nikki Maddick	KUH	59.5
3 Lucy Sumner	PST	60.2
4 Bethany Sharp	U20 WKF	62.9
5 Harriet Goodison	HFH	65.1
6 Jacinta Davison	U20 BBN	66.1

W 400m B

1 Tyra Watson	U20 MNC	58.1
2 Kirsty Fraser	U17 PST	59.6
3 Sophie Wollin	U17 WKF	60.9
4 Emily Curry	KUH	67.1
5 Emily Fletcher	U20 BBN	68.4
6 Cara Penfold	HFH	69.2

W 800m A

1 Jess Lonsdale	U20 KUH	2.11.3
2 Stephanie Roe	PST	2.17.5
3 Emily Beedham	MNC	2.22.7
4 Rebecca Firth	U17 WKF	2.24.5
5 Ruby Sykes	U17 HFH	2.32.5
6 Beckie Taylor	U20 BBN	2.41.6

W 800m B

1 Nikki Maddick	KUH	2.12.5
2 Lucy Sumner	PST	2.15.6
3 Cara Penfold	HFH	2.32.8
4 Emily Fletcher	U20 BBN	2.37.0
5 Alison Pye	MNC	2.41.8

W 1500m A

1 Jess Lonsdale	U20	KUH	4.47.8
2 Stephanie Roe		PST	4.50.1
3 Emily Beedham		MNC	4.51.2
4 Beckie Taylor	U20	BBN	5.02.2
5 Claire Leaver		HFH	5.13.8
6 Helen Beck		WKF	5.21.6

W 1500m B

1 Rachael Scott	U17	PST	5.04.0
2 Katie Franklin	U20	HFH	5.17.9
3 Katie Trickett		BBN	5.22.4
4 Alison Pye		MNC	5.23.7
5 Nicole Peters	U20	KUH	5.26.5

W 3000m A

1 Claire Leaver		HFH	11.00.4
2 Helen Beck		WKF	11.09.6
3 Nicole Peters	U20	KUH	11.19.2
4 Katie Trickett		BBN	11.26.2
5 Laura Sullivan	U17	PST	11.52.4

W 3000m B

1 Margaret Sykes		HFH	11.12.4
2 Lauren Havercroft		KUH	11.21.1
3 Nichola Jackson		PST	12.11.5
4 Linda Clarkson		BBN	12.46.9

W 100mH A

1 Sonia Santos		KUH	15.5
2 Lauren Storr		HFH	15.6
3 Sophie Taylor	U17	BBN	16.6
4 Sophie Fletcher		PST	19.5
5 Bethany Porter		WKF	DQ

W 100mH B

1 Hannah Watson		PST	18.5
2 Emma Szostac		HFH	19.3
3 Katie Sears	U17	BBN	20.5

W 400mH A

1 Jenny Simmons		MNC	63.0
2 Sonia Santos		KUH	65.2
3 Bethany Sharp	U20	WKF	68.1
4 Lauren Storr		HFH	75.2
5 Sophie Fletcher		PST	75.8

W 400mH B

1 Hannah Watson		PST	72.9
2 Aideen Farrell		HFH	77.0

W Discus Throw A

1 Emma Carpenter		MNC	52.08
2 Sarah Henton		BBN	49.43
3 Abbi Carter	U20	KUH	38.09
4 Hannah Yates	U20	WKF	29.80
5 Harriet Goodison		HFH	14.53
6 Nichola Jackson		PST	13.80

W Discus Throw B

1 Lois Earl		KUH	33.22
2 Jasmine Burke	U20	MNC	25.44
3 Sarah Drake		WKF	21.91
4 Christina Carr		BBN	19.20
5 Lauren Storr		HFH	14.43
6 Laura Breakell		PST	13.07

W Hammer Throw A

1 Abbi Carter	U20	KUH	57.72
2 Jenna Wheatman		WKF	52.02
3 Sarah Henton		BBN	32.56
4 Jasmine Burke	U20	MNC	31.07
5 Lucy Sumner		PST	13.97
6 Emma Szostac		HFH	5.54

W Hammer Throw B

1 Sarah Drake		WKF	39.33
2 Diane Smith		KUH	27.42
3 Christina Carr		BBN	17.54
4 Laura Breakell		PST	7.78
5 Cara Penfold		HFH	4.81

W High Jump A

1 Alexandra Hastie	U17 MNC	1.60
2 Elizabeth Pickering	U17 KUH	1.50
3 Laura Breakell	PST	1.45
4 Bethany Porter	WKF	1.45
5 Aideen Farrell	HFH	1.35
6 Sophie Taylor	U17 BBN	1.20

W High Jump B

1 Abbie Swann	U20 KUH	1.40
2 Sophie Fletcher	PST	1.25
3=Katie Franklin	U20 HFH	1.10
3=Christina Carr	BBN	1.10

W Javelin Throw A

1 Sarah Henton	BBN	28.85
2 Lois Earl	KUH	28.37
3 Bethany Porter	WKF	26.98
4 Nichola Jackson	PST	21.77
5 Katie Franklin	U20 HFH	20.26

W Javelin Throw B

1 Jenna Wheatman	WKF	26.68
2 Lisa Boardman	KUH	25.90
3 Christina Carr	BBN	19.51
4 Stephanie Roe	PST	11.58
5 Cara Penfold	HFH	7.23

W Long Jump A

1 Lisa James	MNC	5.64
2 Abbie Swann	U20 KUH	5.53
3 Bethany Porter	WKF	4.95
4 Natalie Sailor	U20 BBN	4.61
5 Laura Breakell	PST	4.28
6 Emma Szostac	HFH	4.01

W Long Jump B

1 Rebecca Cope	U20 KUH	4.71
2 Rebecca Watts	U20 WKF	4.66
3 Katie Sears	U17 BBN	4.58
4 Rachael Scott	U17 PST	3.93
5 Aideen Farrell	HFH	3.75

W Pole Vault A

1 Clare Blunt	KUH	3.50
2 Samara Mohtasham	U20 MNC	2.60
3 Katie Franklin	U20 HFH	1.70

W Pole Vault B

W Shot Putt A

1 Emma Carpenter	MNC	12.16
2 Lois Earl	KUH	11.57
3 Sarah Henton	BBN	10.37
4 Jenna Wheatman	WKF	9.80
5 Hannah Watson	PST	6.84
6 Aideen Farrell	HFH	5.47

W Shot Putt B

1 Abbi Carter	U20 KUH	10.87
2 Jasmine Burke	U20 MNC	9.03
3 Christina Carr	BBN	8.49
4 Sarah Drake	WKF	7.27
5 Stephanie Roe	PST	3.59
6 Claire Leaver	HFH	2.84

W Triple Jump A

1 Lisa James	MNC	11.45
2 Rebecca Cope	U20 KUH	11.10
3 Rebecca Watts	U20 WKF	9.46
4 Sophie Taylor	U17 BBN	9.45
5 Hannah Watson	PST	9.10
6 Aideen Farrell	HFH	9.04

W Triple Jump B

1 Abbie Swann	U20 KUH	10.90
2 Katie Sears	U17 BBN	9.27
3 Laura Breakell	PST	8.96
4 Emma Szostac	HFH	8.85

W 4x100m Relay

1	KUH	49.7	1	Maegan Taylor	U20	2	Megan Hoult	
			3	Sonia Santos		4	Molly Storey	U17
2	PST	51.8	1	Sophie Fletcher		2	Lucy Sumner	
			3	Kirsty Fraser	U17	4	Sasha Byrom	U20
3	WKF	52.4	1	Laura Robson	U20	2	Rebecca Watts	U20
			3	Bethany Porter		4	Zoe Kerins	U17
4	MNC	52.4	1	Lisa James		2	Jenny Simmons	
			3	Alyssia Carr	U17	4	Alexandra Hastie	U17
5	HFH	55.5	1	Lauren Storr		2	Emma Szostac	
			3	Harriet Goodison		4	Aideen Farrell	
6	BBN	56.4	1	Sophie Taylor	U17	2	Katie Sears	U17
			3	Natalie Sailor	U20	4	Sarah Henton	

W 4x400m Relay

1	KUH	4.05.1	1	Jess Lonsdale	U20	2	Emily Curry	
			3	Sonia Santos		4	Nikki Maddick	
2	PST	4.17.0	1	Lucy Sumner		2	Stephanie Roe	
			3	Rachael Scott	U17	4	Sasha Byrom	U20
3	HFH	4.40.9	1	Katie Franklin	U20	2	Cara Penfold	
			3	Aideen Farrell		4	Ruby Sykes	U17
4	BBN	4.59.2	1	Jacinta Davison	U20	2	Emily Fletcher	U20
			3	Beckie Taylor	U20	4	Katie Trickett	

M 4x100m Relay

1	MNC	43.3	1	Marcel Stevens		2	Nathan Roach	
			3	Nathan Selby	U20	4	Umar Hameed	
2	KUH	45.7	1	Danielgray	U17	2	Adampreston	U17
			3	Josephcooper	U17	4	Matthewelvidge	U17
3	WKF	45.8	1	Will Rotherforth	U17	2	Marcus Hastings	U20
			3	Ewan McKnight	U20	4	Steve Thorpe	
4	PST	47.8	1	Symon Woan		2	Elliott Roberts	U17
			3	Ben Akin	U20	4	Luke Penswick	U17
5	BBN	47.9	1	Liam Monaghan		2	Jack Vickery	U20
			3	Jamie Vickery		4	Tony Balko	
6	HFH	49.9	1	Peter Franklin	U17	2	Russell Bamforth	
			3	Jacob Henton	U20	4	Will Lander	U20

M 4x400m Relay

1	WKF	3.29.0	1	Will Rotherforth	U17	2	Ewan McKnight	U20
			3	Scott Atkinson	U20	4	Iain Little	U20
2	MNC	3.30.3	1	Callum Rougheen	U20	2	David Blackstone	
			3	Alex Bradford	U20	4	Matt Holmes	
3	KUH	3.30.7	1	Danielgray	U17	2	Adampreston	U17
			3	Liamholiday		4	Danielholiday	
4	PST	3.37.3	1	Symon Woan		2	Jamaine Coleman	U17
			3	Ben Akin	U20	4	Luke Penswick	U17
5	BBN	3.43.6	1	Dominic Walton	U20	2	Rob Warner	U20
			3	Kieran Monaghan	U20	4	Jamie Vickery	
6	HFH	3.59.0	1	Richard Smith		2	James Little	
			3	Jacob Henton	U20	4	Max Kaye	U20

After 36.5 of 38 events

	Event	Lge
1	Kingston Upon Hull AC	447.5 6
2	City of Manchester	392 5
3	Preston Harriers	320.5 4
4	Wakefield D. H. & AC	311 3
5	Blackburn Harriers	293.5 2
6	Holmfirth Harriers AC	281.5 1

Note(s)

BBN Includes + 30pts,
MNC Includes + 30pts,
HFH Includes + 30pts,
KUH Includes + 30pts,
PST Includes + 30pts,
WKF Includes + 30pts,

M 100m	Wind +0.0 m/s	M 100m	Wind +0.0 m/s
1 Mattelvidge	U17 KUH 11.7	1 Nathanselby	COM 10.8
2 Joecooper	U17 KUH 11.9	2 Symonwoan	PRE 11.0
3 Chrisharris	WKF 11.9	3 Umarhameed	COM 11.2
4 Alexwoolgar	KUH 12.0	4 Charlesburke	COM 11.3
5 Meganhault	KUH 12.1	5 Anthonytimms	COM 11.5
6 Stevethorpe	WKF 12.7		
7 Mollystorey	U17 KUH 12.7		

M 100m	Wind +0.0 m/s
1 Marcelstevens	COM 10.9
2 Nathanroach	COM 11.0