

Division 3WC Match 3 - Carlisle

**Men's 100m A**

			Wind=	Perf	Recort	Wind	AW
1	2	Carlo Balsarno	Bury	11.3			<input checked="" type="checkbox"/>
2	4	Graham Parsons	Lancaster/Morecam	11.4			<input checked="" type="checkbox"/>
3	3	Stephen Sumner	Hyndburn	11.4			<input checked="" type="checkbox"/>
4	1	Nene Wildman	Burnley & Pendle	11.6			
5	5	Phil Richardson	Seaton	12.4			
6	6	Simon Bolland	Spendborough	16.1			
7							
8							

**Men's 100m B**

			Wind=	Perf	Recort	Wind	AW
1	44	James Wright	Lancaster/Morecam	11.4			<input checked="" type="checkbox"/>
2	22	Matt Elkin	Bury	11.6			
3	55	Jed Jones	Seaton	12.4			
4	11	Bryce Butterworth	Burnley & Pendle	13.5			
5	66	Dave Giblin	Spendborough	14.9			
6							
7							
8							

**Men's 200m A**

			Wind=	Perf	Recort	Wind	AW
1	2	Carlo Balsarno	Bury	22.8			<input checked="" type="checkbox"/>
2	3	Stephen Sumner	Hyndburn	22.8			<input checked="" type="checkbox"/>
3	4	James Wright	Lancaster/Morecam	23.1			<input checked="" type="checkbox"/>
4	1	Nene Wildman	Burnley & Pendle	23.4			<input checked="" type="checkbox"/>
5	5	Phil Richardson	Seaton	25.3			
6	6	James Anthony	Spendborough	25.8			
7							
8							

**Men's 200m B**

			Wind=	Perf	Recort	Wind	AW
1	22	Chris Marsh	Bury	23.7			
2	44	Tom Matthews	Lancaster/Morecam	24.1			
3	55	Chris Williams	Seaton	26.1			
4	11	Matthew Dutton	Burnley & Pendle	26.2			
5							
6							
7							
8							

**Men's 400m A**

			Wind=	Perf	Recort	Wind	AW
1	3	Jason Conchie	Hyndburn	51.9			<input checked="" type="checkbox"/>
2	4	Tom Matthews	Lancaster/Morecam	53.8			
3	2	Chris Marsh	Bury	55.2			
4	6	Josh Woodcock-Shaw	Spendborough	57.6			
5	1	John Linaker	Burnley & Pendle	60.9			
6							
7							
8							

**Men's 400m B**

			Wind=	Perf	Recort	Wind	AW
1	44	Robbie Ingham	Lancaster/Morecam	54.9			
2	22	Luke Harrel	Bury	55.3			
3	33	Noah Stevens	Hyndburn	56.1			
4	11	Bryce Butterworth	Burnley & Pendle	61.1			
5	66	Bradley Stansill- Todd	Spendborough	62.1			
6							
7							
8							

**Men's 800m A**

			Wind=	Perf	Recort	Wind	AW
1	5	Sam Nicholson	Seaton	02:01.3			<input checked="" type="checkbox"/>
2	4	Robbie Ingham	Lancaster/Morecam	02:02.5			<input checked="" type="checkbox"/>
3	3	Jason Conchie	Hyndburn	02:03.9			<input checked="" type="checkbox"/>
4	6	Josh Woodcock-Shaw	Spendborough	02:07.1			
5	1	Matthew Dutton	Burnley & Pendle	02:08.0			
6	2	Matt Jones	Bury	02:11.8			
7							
8							

**Men's 800m B**

			Wind=	Perf	Recort	Wind	AW
1	44	Matthew Burns	Lancaster/Morecam	02:11.8			
2	22	Josh Taylor	Bury	02:14.4			
3	66	James Anthony	Spendborough	02:15.7			
4	33	Albert Lawrenson	Hyndburn	02:20.3			
5							
6							
7							
8							

**Men's 1500m A**

			Wind=	Perf	Recort	Wind	AW
1	4	Alistar Russel	Lancaster/Morecam	04:14.8			<input checked="" type="checkbox"/>
2	55	Sam Nicholson	Seaton	04:29.3			<input checked="" type="checkbox"/>
3	6	Simon Bolland	Spendborough	04:36.9			<input checked="" type="checkbox"/>
4	22	James Colbeck	Bury	05:06.9			<input checked="" type="checkbox"/>
5							
6							
7							
8							

**Men's 1500m B**

			Wind=	Perf	Recort	Wind	AW
1	44	James Riach	Lancaster/Morecam	04:26.5			<input checked="" type="checkbox"/>
2	5	Steve Hebblethwaite	Seaton	04:32.1			<input checked="" type="checkbox"/>
3	66	Jason Newell	Spendborough	05:38.5			<input checked="" type="checkbox"/>
4	2	Josh Taylor	Bury	06:21.2			<input checked="" type="checkbox"/>
5							
6							
7							
8							

**Men's 3000m S/Chase A**

			Wind=	Perf	Recort	Wind	AW
1	44	Danny Parkinson	Lancaster/Morecam	09:40.8			<input checked="" type="checkbox"/>
2	1	Dave Grimshaw	Burnley & Pendle	14:16.5			<input checked="" type="checkbox"/>
3							
4							
5							
6							
7							

**Men's 3000m S/Chase B**

			Wind=	Perf	Recort	Wind	AW
1	4	Paul Hodgson	Lancaster/Morecam	10:27.5			<input checked="" type="checkbox"/>
2							
3							
4							
5							
6							
7							



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8

Perf	Recort	Wind	AW
			8

Perf	Wind	AW
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Division 3WC Match 3 - Carlisle

				Perf	Recort	Wind	AW					Perf	Wind	AW	
<b><u>Men's 5000m A</u></b>								<b><u>Men's 5000m B</u></b>							
1	4	Danny Parkinson	Lancaster/Morecaml	15:41.8			<input checked="" type="checkbox"/>	1	44	Phil Lee	Lancaster/Morecaml	17:48.4			
2	5	Steve Hebblethwaite	Seaton	15:58.4			<input checked="" type="checkbox"/>	2	22	Dave cole	Bury	18:01.9			
3	6	Kevin Odgen	Spendborough	16:09.9			<input checked="" type="checkbox"/>	3	66	Ian Odgen	Spendborough	19:22.6			
4	2	Mark Shakeshaft	Bury	16:16.0			<input checked="" type="checkbox"/>	4							
5								5							
6								6							
7								7							
8								8							
<b><u>Men's 400m Hurdles A</u></b>								<b><u>Men's 400m Hurdles B</u></b>							
1	2	Kevin Stout	Bury	60.9			<input checked="" type="checkbox"/>	1	11	John Linaker	Burnley & Pendle	68.7			
2	4	Sinclair Aranon	Lancaster/Morecaml	68.6				2	44	Hary sykes	Lancaster/Morecaml	72.1			
3	5	Chris Williams	Seaton	68.8				3	22	Matt Elkin	Bury	78.2			
4	1	Dave Grimshaw	Burnley & Pendle	70.8				4							
5								5							
6								6							
7								7							
8								8							
<b><u>Men's 110m Hurdles A</u></b>								<b><u>Men's 110m Hurdles B</u></b>							
1	2	Kevin Stout	Bury	18.4	Wind=			1	22	Matt Elkin	Bury	20.3	Wind=		
2	5	Jonny hirst	Seaton	18.7				2	44	Michele Fresenada	Lancaster/Morecaml	22.6			
3	4	Paul Hodgson	Lancaster/Morecaml	21.1				3							
4	1	Dave Grimshaw	Burnley & Pendle	25.9				4							
5								5							
6								6							
7								7							
8								8							
<b><u>Men's Hammer A</u></b>								<b><u>Men's Hammer B</u></b>							
1	6	Elliot griffin	Spendborough	41.58			<input checked="" type="checkbox"/>	1	11	zac Child	Burnley & Pendle	28.66		<input checked="" type="checkbox"/>	
2	5	Paul Simpson	Seaton	39.74			<input checked="" type="checkbox"/>	2	66	Dave Giblin	Spendborough	25.32			
3	1	Alan plumb	Burnley & Pendle	32.44			<input checked="" type="checkbox"/>	3	55	Dan Pearce	Seaton	16.90			
4	2	Paul Horrocks	Bury	31.54			<input checked="" type="checkbox"/>	4	44	Hary sykes	Lancaster/Morecaml	14.56			
5	4	Mark Gardner	Lancaster/Morecaml	18.75				5	33	Phil Sumner	Hyndburn	13.09			
6	3	Daniel cowgill	Hyndburn	16.12				6	22	Dave Little	Bury	9.41			
7								7							
8								8							
<b><u>Men's Discus A</u></b>								<b><u>Men's Discus B</u></b>							
1	5	Paul Simpson	Seaton	38.24			<input checked="" type="checkbox"/>	1	22	Carlo Balsarno	Bury	27.29			
2	1	Alan plumb	Burnley & Pendle	31.94			<input checked="" type="checkbox"/>	2	4	Michele Fresenada	Lancaster/Morecaml	17.26			
3	2	Paul Horrocks	Bury	28.50			<input checked="" type="checkbox"/>	3	11	zac Child	Burnley & Pendle	16.95			
4	6	Elliot griffin	Spendborough	26.95				4	33	Phil Sumner	Hyndburn	15.50			
5	44	Sinclair Aranon	Lancaster/Morecaml	23.68				5	55	Dan Pearce	Seaton	14.82			
6	3	Daniel cowgill	Hyndburn	16.81				6							
7								7							
8								8							
<b><u>Men's Javelin A</u></b>								<b><u>Men's Javelin B</u></b>							
1	1	zac Child	Burnley & Pendle	44.54			<input checked="" type="checkbox"/>	1	2	Paul Horrocks	Bury	34.58			
2	5	Phil Richardson	Seaton	37.83			<input checked="" type="checkbox"/>	2	11	Alan plumb	Burnley & Pendle	30.34			
3	4	Michele Fresenada	Lancaster/Morecaml	35.96				3	33	Phil Sumner	Hyndburn	28.61			
4	22	James Colbeck	Bury	35.25				4	55	Stephen hughes	Seaton	25.77			
5	6	James Anthoney	Spendborough	33.50				5	66	Josh Woodcock-Shaw	Spendborough	25.24			
6	3	Daniel cowgill	Hyndburn	29.92				6	44	Hary sykes	Lancaster/Morecaml	17.82			
7								7							
8								8							



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Perf    Recort  
          Wind  
          AW

Perf    Wind    AW

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				Perf	Recor	Wind	AW					Perf	Wind	AW
<b><u>Men's Shot Putt A</u></b>								<b><u>Men's Shot Putt B</u></b>						
1	5	Paul Simpson	Seaton	12.67			<input checked="" type="checkbox"/>	1	11	zac Child	Burnley & Pendle	9.16		
2	1	Alan plumb	Burnley & Pendle	12.43			<input checked="" type="checkbox"/>	2	55	Dan Pearce	Seaton	8.73		
3	2	Paul Horrocks	Bury	9.24				3	22	Chris Marsh	Bury	8.09		
4	6	Elliot griffin	Spendborough	8.39				4	33	Phil Sumner	Hyndburn	7.22		
5	4	Michele Fresenada	Lancaster/Morecaml	8.26				5	66	Jason Newell	Spendborough	7.09		
6	3	Daniel cowgill	Hyndburn	8.00				6						
7								7						
8								8						

**Men's Long Jump A**

1	4	James Wright	Lancaster/Morecaml	7.08			<input checked="" type="checkbox"/>
2	1	James Blackburn	Burnley & Pendle	6.20			<input checked="" type="checkbox"/>
3	5	Jonny hirst	Seaton	6.15			<input checked="" type="checkbox"/>
4	33	Noah Stevens	Hyndburn	5.45			
5	66	Jason Newell	Spendborough	4.86			
6	22	Chris Marsh	Bury	4.85			
7							
8							

**Men's Long Jump B**

1	44	Jacky Keung	Lancaster/Morecaml	5.42			
2	3	Stephen Sumner	Hyndburn	5.32			
3	55	Jed Jones	Seaton	5.00			
4	11	Matthew Dutton	Burnley & Pendle	4.53			
5	6	Bradley Stansill- Todd	Spendborough	3.74			
6							
7							
8							

**Men's Triple Jump A**

1	1	James Blackburn	Burnley & Pendle	13.49			<input checked="" type="checkbox"/>
2	4	Michele Fresenada	Lancaster/Morecaml	12.31			<input checked="" type="checkbox"/>
3	2	Kevin Stout	Bury	11.77			
4	5	Jonny hirst	Seaton	11.52			
5	3	Daniel cowgill	Hyndburn	11.52			
6							
7							
8							

**Men's Triple Jump B**

1	44	Jacky Keung	Lancaster/Morecaml	11.76			
2	22	John Ward	Bury	9.39			
3							
4							
5							
6							
7							
8							

**Men's High Jump A**

1	5	Jonny hirst	Seaton	1.72			
2	2	Carlo Balsarno	Bury	1.63			
3	44	Jacky Keung	Lancaster/Morecaml	1.63			
4	1	James Blackburn	Burnley & Pendle	1.60			
5	3	Noah Stevens	Hyndburn	1.45			

**Men's High Jump B**

1	22	Matt Elkin	Bury	1.55			
2	55	Chris Williams	Seaton	1.45			

**Men's Pole Vault A**

1	1	James Blackburn	Burnley & Pendle	3.00			<input checked="" type="checkbox"/>
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**Men's Pole Vault B**

**Men's 4x100m Relay**

1	2	Bury	M. Edwards	Matt Elkin	Kevin Stout	Carlo Balsarno	45.3
2	4	Lancaster/Morecambe/H	Jacky Keung	James Wright	Graham Parsons	Tom Matthews	47.3
3	3	Hyndburn	Albert Lawrenson	Stephen Sumner	Daniel cowgill	Jason Conchie	48.6
4	1	Burnley & Pendle	Nene Wildman	James Blackburn	John Linaker	zac Child	49.6
5	5	Seaton	Jed Jones	Jonny hirst	Chris Williams	Phil Richardson	49.6
6							
7							
8							

**Division 3WC Match 3 - Carlisle**

**Men's 4x400m Relay**

	Perf	Recor	Wind	AW		Perf	Wind	AW	
1	4	Lancaster/Morecambe/t	James Wright	Tom Matthews	Matthew Burns	James Riach			03:35.5
2	2	Bury	Kevin Stout	Matt Elkin	Luke Harreld	Carlo Balsarno			03:39.3
3	3	Hyndburn	Noah Stevens	Albert Lawrenson	Stephen Sumner	Jason Conchie			03:48.4
4	5	Seaton	Sam Nicholson	Steve Hebblethwaite	Jonny hirst	ben thompson			03:54.6
5	1	Burnley & Pendle	John Linaker	Matthew Dutton	Nene Wildman	dale grimshaw			04:00.0
6	6	Spendborough	Simon Bolland	James Anthony	Elliot griffin	Josh Woodcock-Sha			04:20.8
7									
8									

MATCH RESULT			League Points	Match	STANDINGS			League Points	Match
1	Bury		6	396.0	1	Bury	6	396.0	
2	Seaton		5	353.0	2	Seaton	5	353.0	
3	Lan/Mor/Ken		4	334.0	3	Lan/Mor/Ken	4	334.0	
4	Burn&Pen		3	299.0	4	Burn&Pen	3	299.0	
5	Spend		2	225.0	5	Spend	2	225.0	
6	Hynd		1	203.0	6	Hynd	1	203.0	

**Division 3WC Match 3 - Carlisle**

**Women's 100m A**

				Perf	Recor	Wind	AW
1	5	Lara Turner	Seaton	12.5			<input checked="" type="checkbox"/>
2	2	Tamara Jones	Bury	12.8			<input checked="" type="checkbox"/>
3	6	Sasha Craig	Spendborough	13.0			<input checked="" type="checkbox"/>
4	1	Katy Lord	Burnley & Pendle	13.3			
5	4	Zoe Barrat	Lancaster/Morecam	13.5			
6	3	Caroline Smithson	Hyndburn	14.6			
7							
8							

**Women's 100m B**

				Perf	Wind	AW
1	55	Kim Hawkins	Seaton	13.0		<input checked="" type="checkbox"/>
2	22	Sarah Lutkitch	Bury	13.6		
3	44	Alice Tidswell	Lancaster/Morecam	14.3		
4	33	Sarah Cowgill	Hyndburn	15.1		
5	11	Helen goodwill	Burnley & Pendle	15.8		
6	66	Sheila Bolland	Spendborough	24.8		
7						
8						

**Women's 200m A**

				Perf	Recor	Wind	AW
1	5	Lara Turner	Seaton	25.4			<input checked="" type="checkbox"/>
2	6	Sasha Craig	Spendborough	25.6			<input checked="" type="checkbox"/>
3	2	Tamara Jones	Bury	26.3			<input checked="" type="checkbox"/>
4	1	Katy Lord	Burnley & Pendle	26.8			<input checked="" type="checkbox"/>
5	4	Becci Mardel	Lancaster/Morecam	29.4			
6	3	Tara Procter-kinlin	Hyndburn	30.7			
7							
8							

**Women's 200m B**

				Perf	Wind	AW
1	66	Ciara Flannery	Spendborough	25.3		<input checked="" type="checkbox"/>
2	55	Kim Hawkins	Seaton	26.8		<input checked="" type="checkbox"/>
3	44	Zoe Barrat	Lancaster/Morecam	27.8		
4	22	Jenny Gibson	Bury	28.1		
5	33	Sarah Cowgill	Hyndburn	31.5		
6	11	Helen Goodwill	Burnley & Pendle	33.8		
7						
8						

**Women's 400m A**

				Perf	Recor	Wind	AW
1	6	Ciara Flannery	Spendborough	58.4			<input checked="" type="checkbox"/>
2	1	Helena Leatheley	Burnley & Pendle	62.7			<input checked="" type="checkbox"/>
3	5	Tania Wilson	Seaton	63.9			<input checked="" type="checkbox"/>
4	2	Caitlen cole	Bury	66.4			
5	4	Alice Tidswell	Lancaster/Morecam	66.9			
6							
7							
8							

**Women's 400m B**

				Perf	Wind	AW
1	11	Amy Moran	Burnley & Pendle	66.2		
2	55	Shelby Hawkins	Seaton	68.3		
3	22	Grace Conroy	Bury	68.7		
4	44	Kathy Winrow	Lancaster/Morecam	75.0		
5						
6						
7						
8						

**Women's 800m A**

				Perf	Recor	Wind	AW
1	6	Beth Ellis	Spendborough	02:23.8			<input checked="" type="checkbox"/>
2	2	Katie Buckley	Bury	02:26.3			<input checked="" type="checkbox"/>
3	1	Amy Moran	Burnley & Pendle	02:39.4			
4	4	Kathy Winrow	Lancaster/Morecam	02:49.9			
5							
6							
7							
8							

**Women's 800m B**

				Perf	Wind	AW
1	22	Grace Conroy	Bury	02:36.2		
2	44	Laura Gardner	Lancaster/Morecam	03:05.7		
3	11	Faye Holden	Burnley & Pendle	03:30.2		
4	66	Amanda Pearson	Spendborough	04:24.6		
5						
6						
7						
8						

**Women's 1500m A**

				Perf	Recor	Wind	AW
1	66	Katie Bryne	Spendborough	05:13.2			
2	2	Katie Geelan	Bury	05:20.4			
3	4	Laura Gardner	Lancaster/Morecam	05:41.4			
4	1	Anna Anderson	Burnley & Pendle	05:47.0			
5	55	Bev Folder	Seaton	06:15.8			
6							
7							
8							

**Women's 1500m B**

				Perf	Wind	AW
1	6	Emma Wilkinson	Spendborough	05:30.5		
2	22	Alarna Grundy	Bury	05:50.7		
3	11	Faye Holden	Burnley & Pendle	07:25.8		
4						
5						
6						
7						
8						

**Women's 3000m A**

				Perf	Recor	Wind	AW
1	2	Katie Buckley	Bury	11:09.6			<input checked="" type="checkbox"/>
2	4	Laura Gardner	Lancaster/Morecam	11:46.3			
3	1	Anna Anderson	Burnley & Pendle	11:55.2			
4	5	Bev Folder	Seaton	13:32.9			
5							
6							
7							

**Women's 3000m B**

				Perf	Wind	AW
1	22	Katie Geelan	Bury	11:15.8		<input checked="" type="checkbox"/>
2	11	Suzanne Blackburn	Burnley & Pendle	12:40.0		
3						
4						
5						
6						
7						



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Perf	Recor	Wind	AW
8			8

Perf	Wind	AW



**Division 3WC Match 3 - Carlisle**

**Women's 400m Hurdles A**

	Perf	Recor	Wind	AW	
1	1	Helena Leatheley	Burnley & Pendle	71.1	<input checked="" type="checkbox"/>
2	5	Tessa Stockdale	Seaton	73.9	<input checked="" type="checkbox"/>
3	4	Becci Mardel	Lancaster/Morecam	74.1	
4	6	Mollie flannery	Spendborough	78.0	
5	2	Katrina Conroy	Bury	82.9	
6					
7					
8					

**Women's 400m Hurdles B**

	Perf	Wind	AW	
1	44	Alice Tidswell	Lancaster/Morecam	76.3
2	55	Tania Wilson	Seaton	77.9
3	22	Vicky Nixon	Bury	87.2
4				
5				
6				
7				
8				

**Women's 100m Hurdles A**

	Wind=				
1	55	Tessa Stockdale	Seaton	17.1	<input checked="" type="checkbox"/>
2	2	Sarah Lutkitch	Bury	18.8	
3	4	Becci Mardel	Lancaster/Morecam	20.7	
4	3	Caroline Smithson	Hyndburn	20.8	
5	22	Katrina Conroy	Bury	22.3	
6					
7					
8					

**Women's 100m Hurdles B**

	Wind=			
1	5	Kerry hunton	Seaton	18.8
2				
3				
4				
5				
6				
7				
8				

**Women's Hammer A**

1	6	Chelsea Mitchell	Spendborough	28.45	<input checked="" type="checkbox"/>
2	4	Zoe Lynch	Lancaster/Morecam	22.92	
3	5	Karen Turner	Seaton	21.98	
4	3	Tara Procter-kinlin	Hyndburn	18.69	
5	1	Faye Holden	Burnley & Pendle	18.00	
6	2	Nicola Quick	Bury	15.38	
7					
8					

**Women's Hammer B**

1	33	Heidi Hamshere	Hyndburn	16.85
2	11	Karen Vaughan	Burnley & Pendle	15.65
3	66	Tracey mitchell	Spendborough	15.06
4	55	Bev Folder	Seaton	12.78
5	22	Jenny Gibson	Bury	10.57
6				
7				
8				

**Women's Discus A**

1	33	Sarah Cowgill	Hyndburn	23.80
2	4	Zoe Lynch	Lancaster/Morecam	23.00
3	22	Nicola Quick	Bury	20.94
4	1	Helen Goodwill	Burnley & Pendle	17.45
5	6	Mollie flannery	Spendborough	17.30
6	55	Bev Folder	Seaton	17.26
7				
8				

**Women's Discus B**

1	3	Eve Parkinson	Hyndburn	23.20
2	2	Lucy hodgson	Bury	18.80
3	5	Karen Turner	Seaton	16.73
4	66	Emma Wilkinson	Spendborough	13.00
5				
6	44	Kathy Winrow	Lancaster/Morecam	10.91
7				
8				

**Women's Javelin A**

1	5	Tessa Stockdale	Seaton	24.83
2	2	Nicola Quick	Bury	24.56
3	3	Sarah Cowgill	Hyndburn	24.44
4	6	Chelsea Mitchell	Spendborough	21.15
5	1	Helen Goodwill	Burnley & Pendle	18.53
6	4	Laura Gardner	Lancaster/Morecam	3.90
7				
8				

**Women's Javelin B**

1	22	Katie Buckley	Bury	21.75
2	55	Tania Hall	Seaton	17.36
3	33	Caroline Smithson	Hyndburn	17.22
4	11	Karen Vaughan	Burnley & Pendle	16.43
5	66	Tracey mitchell	Spendborough	12.55
6				
7				
8				

**Women's Shot Putt A**

1	6	Chelsea Mitchell	Spendborough	10.49	<input checked="" type="checkbox"/>
2	55	Bev Folder	Seaton	8.08	
3	3	Eve Parkinson	Hyndburn	7.78	
4	4	Zoe Lynch	Lancaster/Morecam	7.25	
5	1	Helen Goodwill	Burnley & Pendle	6.53	
6	2	Lucy hodgson	Bury	6.43	
7					
8					

**Women's Shot Putt B**

1	5	Karen Turner	Seaton	7.40
2	33	Heidi Hamshere	Hyndburn	7.23
3	22	Jenny Gibson	Bury	5.61
4				
5	11	Karen Vaughan	Burnley & Pendle	5.15
6	44	Kathy Winrow	Lancaster/Morecam	4.95
7				
8				

**Division 3WC Match 3 - Carlisle**

				Perf	Recor	Wind	AW					Perf	Wind	AW
<b><u>Women's Long Jump A</u></b>														
1	22	Tamara Jones	Bury	5.23			<input checked="" type="checkbox"/>	1	2	Sarah Lutkitch	Bury	4.98		<input checked="" type="checkbox"/>
2	5	Shelby Hawkins	Seaton	4.85			<input checked="" type="checkbox"/>	2	55	Tania Hall	Seaton	4.71		
3	11	Katy Lord	Burnley & Pendle	4.54				3	1	Helena Leatheley	Burnley & Pendle	4.38		
4	3	Caroline Smithson	Hyndburn	4.38				4	4	Zoe Barrat	Lancaster/Morecam	3.57		
5	44	Alice Tidswell	Lancaster/Morecam	4.21				5	33	Heidi Hamshere	Hyndburn	2.86		
6	6	Emma Wilkinson	Spendborough	3.30				6	66	Katie Bryne	Spendborough	1.84		
7								7						
8								8						

**Women's Triple Jump A**

1	5	Kerry hunton	Seaton	10.80			<input checked="" type="checkbox"/>
2	22	Tamara Jones	Bury	10.54			<input checked="" type="checkbox"/>
3	3	Tara Procter-kinlin	Hyndburn	8.62			
4	4	Becci Mardel	Lancaster/Morecam	8.24			
5							
6							
7							
8							

**Women's Triple Jump B**

1	2	Sarah Lutkitch	Bury	9.98		<input checked="" type="checkbox"/>
2	55	Kim Hawkins	Seaton	9.70		<input checked="" type="checkbox"/>
3						
4						
5						
6						
7						
8						

**Women's High Jump A**

1	5	Tessa Stockdale	Seaton	1.40			
2	1	Helena Leatheley	Burnley & Pendle	1.35			
3	3	Caroline Smithson	Hyndburn	1.30			
4	2	Caitlen cole	Bury	1.25			

**Women's High Jump B**

1	55	Kerry hunton	Seaton	1.40			
2	33	Tara Procter-kinlin	Hyndburn	1.20			
3	22	Katrina Conroy	Bury	1.15			
4	11	Faye Holden	Burnley & Pendle	1.10			

**Women's Pole Vault A**

1	2	Nicola Quick	Bury	2.00			
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**Women's Pole Vault B**

**Women's 4x100m Relay**

1	5	Seaton	Lara Turner	Kim Hawkins	Tania Wilson	Shelby Hawkins	52.5
2	2	Bury	Jenny Gibson	Tamara Jones	Nicola Quick	Sarah Lutkitch	53.9
3	1	Burnley & Pendle	Helen Goodwill	Katy Lord	Helena Leatheley	Amy Moran	58.4
4	3	Hyndburn	Caroline Smithson	Heidi Hamshere	Tara Procter-kinlin	Sarah Cowgill	61.6
5							
6							
7							
8							

**Women's 4x400m Relay**

1	55	Seaton	Tania Wilson	Kerry hunton	Shelby Hawkins	Lara Turner	04:19.9
2	66	Spendborough	Beth Ellis	Mollie flannery	Katie Bryne	Ciara Flannery	04:35.3
3	2	Bury	Grace Conroy	Vicky Nixon	Katie Buckley	Tamara Jones	04:43.4
4	1	Burnley & Pendle	Faye Holden	Helen Goodwill	Anna Anderson	Suzanne Blackburn	05:53.8

Division 3WC Match 3 - Carlisle

Events	Burn&Pen	Bury	Hynd	an/Mor/Ke	Seaton	Spend										UNUSED	TOTAL		
Men's 100m	5	3	9	5	6		7	7	4	4	3	2				1	34	22	
Men's 200m	5	3	9	7	7		6	5	4	4	3					3	34	22	
Men's 400m	4	3	6	5	9	4	7	7			5	2			3	1	34	22	
Men's 800m	4		3	5	6	3	7	7	9		5	4				3	34	22	
Men's 1500m			5	3			9	7	7	5	6	4				7	3	34	22
Men's 3000m S/Chase	7						9	7							18	15	34	22	
Men's 5000m			5	5			9	7	7		6	4				7	6	34	22
Men's 400m Hurdles	5	7	9	4			7	5	6							7	6	34	22
Men's 110m Hurdles	5		9	7			6	5	7							7	10	34	22
Men's Hammer	6	7	5	1	3	2	4	3	7	4	9	5						34	22
Men's Discus	7	4	6	7	3	3	4	5	9	2	5					1		34	22
Men's Javelin	9	5	5	7	3	4	6	1	7	3	4	2						34	22
Men's Shot Putt	7	7	6	4	3	3	4		9	5	5	2				1		34	22
Men's Long Jump	7	3	3		5	5	9	7	6	4	4	2				1		34	22
Men's Triple Jump	9		6	5	4		7	7	5							3	10	34	22
Men's High Jump	5		7	7	4		6		9	5						3	10	34	22
Men's Pole Vault	9															25	22	34	22
Men's 4x100m Relay	5		9		6		7		4							3	22	34	22
Men's 4x400m Relay	4		7		6		9		5		3						22	34	22
	103	42	109	72	65	24	123	80	105	36	58	27				83	137	646	418

Women's 100m	5	2	7	5	3	3	4	4	9	7	6	1						34	22
Women's 200m	5	1	6	3	3	2	4	4	9	5	7	7						34	22
Women's 400m	7	7	5	4			4	3	6	5	9					3	3	34	22
Women's 800m	6	4	7	7			5	5			9	3				7	3	34	22
Women's 1500m	5	4	7	5			6		4		9	7				3	6	34	22
Women's 1500m S/Ch																			
Women's 3000m	6	5	9	7			7		5							7	10	34	22
Women's 400m Hurdle	9		4	4			6	7	7	5	5					3	6	34	22
Women's 100m Hurdle			7		5		6		9	7						7	15	34	22
Women's Hammer	4	5	3	2	5	7	7		6	3	9	4				1		34	22
Women's Discus	5		6	5	9	7	7	1	3	4	4	3				2		34	22
Women's Javelin	4	3	7	7	6	4	3		9	5	5	2				1		34	22
Women's Shot Putt	4	2	3	4	6	5	5	1	7	7	9					3		34	22
Women's Long Jump	6	4	9	7	5	2	4	3	7	5	3	1						34	22
Women's Triple Jump			7	7	6		5		9	5						7	10	34	22
Women's High Jump	7	3	5	4	6	5			9	7						7	3	34	22
Women's Pole Vault			9													25	22	34	22
Women's 4x100m Relay	6		7		5				9							7	22	34	22
Women's 4x400m Relay	5		6						9		7					7	22	34	22
	84	40	114	71	59	35	73	28	117	65	82	28				83	129	612	396

Match Summary	Burn&Pen	Bury	Hynd	an/Mor/Ke	Seaton	Spend										UNUSED	TOTAL
Teams	269.0	366.0	183.0	304.0	323.0	195.0										432.0	2072.0
Officials Points	30.0	30.0	20.0	30.0	30.0	30.0										170.0	340.0
Total	299.0	396.0	203.0	334.0	353.0	225.0										602.0	2412.0
Match Position	4	1	6	3	2	5	7	7									
League Points	3	6	1	4	5	2											

Standings	Burn&Pen	Bury	Hynd	an/Mor/Ke	Seaton	Spend		
League Points	3.0	6.0	1.0	4.0	5.0	2.0		
Match Points	299.0	396.0	203.0	334.0	353.0	225.0		
League Positions	4	1	6	3	2	5	7	7