

Division 3W Match 4 - Litherland

Men's 100m A

			Perf	Recort	Wind	AW
1	6	Cynan Evans	Wrexham AAC	11.3		<input checked="" type="checkbox"/>
2	3	Osho Taylor	Manchester Harriers	11.3		<input checked="" type="checkbox"/>
3	2	Ben Brand	Isle of Man	11.3		<input checked="" type="checkbox"/>
4	1	Adam Simms	Altrincham & Dist	11.8		
5	5	Brad Johnson	Warrington	11.9		
6	4	Chris Burgess	Southport Waterloo	11.9		

Men's 200m A

			Perf	Recort	Wind	AW
1	6	Cynan Evans	Wrexham AAC	23.0		<input checked="" type="checkbox"/>
2	2	Will Latta	Isle of Man	23.5		
3	1	Adam Simms	Altrincham & Dist	23.9		
4	5	Oliver Wells	Warrington	24.4		
5	3	Osho Taylor	Manchester Harriers	24.4		
6	4	Chris Burgess	Southport Waterloo	24.9		

Men's 400m A

			Perf	Recort	Wind	AW
1	3	Adam Scott	Manchester Harriers	51.0		<input checked="" type="checkbox"/>
2	1	Adam Simms	Altrincham & Dist	52.4		<input checked="" type="checkbox"/>
3	5	James Webster	Warrington	52.7		<input checked="" type="checkbox"/>
4	4	Niall Cullen	Southport Waterloo	54.2		
5	6	Ian Broadhurst	Wrexham AAC	58.5		
6	2	Ammon Yeardsley	Isle of Man	59.9		

Men's 800m A

			Perf	Recort	Wind	AW
1	4	Niall Cullen	Southport Waterloo	02:04.2		
2	33	Bernard Ward	Manchester Harriers	02:06.6		
3	2	Alan Corlett	Isle of Man	02:10.6		
4	6	David Blower	Wrexham AAC	02:11.0		

Men's 1500m A

			Perf	Recort	Wind	AW
1	1	Dave Norman	Altrincham & Dist	04:15.7		<input checked="" type="checkbox"/>
2	5	Dominic Mahon	Warrington	04:22.5		<input checked="" type="checkbox"/>
3	22	Stephen Garrett	Isle of Man	04:24.0		<input checked="" type="checkbox"/>
4	4	Gerry Lenehan	Southport Waterloo	04:26.6		<input checked="" type="checkbox"/>
5	6	David Blower	Wrexham AAC	04:30.1		<input checked="" type="checkbox"/>
6	3	Arnold Bradshaw	Manchester Harriers	05:37.6		<input checked="" type="checkbox"/>

Men's 3000m S/Chase A

			Perf	Recort	Wind	AW
1	2	Alan Corlett	Isle of Man	10:37.2		<input checked="" type="checkbox"/>
2	4	David Gough	Southport Waterloo	11:38.7		<input checked="" type="checkbox"/>
3	33	Chris Sykes	Manchester Harriers	12:26.5		<input checked="" type="checkbox"/>

Men's 5000m A

			Perf	Recort	Wind	AW
1	5	Dominic Mahon	Warrington	15:39.8		<input checked="" type="checkbox"/>
2	1	Dave Norman	Altrincham & Dist	15:52.2		<input checked="" type="checkbox"/>
3	2	Oliver Lockley	Isle of Man	15:53.4		<input checked="" type="checkbox"/>
4	44	Richard Shearer	Southport Waterloo	16:06.2		<input checked="" type="checkbox"/>
5	6	Darran Rowlands	Wrexham AAC	16:25.8		<input checked="" type="checkbox"/>
6	3	Chris Hibbert	Manchester Harriers	18:42.8		

Men's 400m Hurdles A

			Perf	Recort	Wind	AW
1	5	James Webster	Warrington	58.8		<input checked="" type="checkbox"/>
2	3	David Henshaw	Manchester Harriers	59.8		<input checked="" type="checkbox"/>
3	4	Stephen Marshall	Southport Waterloo	62.9		<input checked="" type="checkbox"/>
4	6	William Poole	Wrexham AAC	64.8		
5	2	Ammon Yeardsley	Isle of Man	65.0		
6	1	Matthew Kelly	Altrincham & Dist	65.3		

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Men's 100m B

			Perf	Recort	Wind	AW
1	22	Will Latta	Isle of Man	11.5		<input checked="" type="checkbox"/>
2	66	Nikitas Mesney	Wrexham AAC	11.5		<input checked="" type="checkbox"/>
3	55	Matt Berwick	Warrington	11.7		
4	33	Mike Carolam	Manchester Harriers	12.5		
5	44	David Gough	Southport Waterloo	19.1		
6						

Men's 200m B

			Perf	Recort	Wind	AW
1	22	Anand Patel	Isle of Man	24.2		
2	66	Dave Hoosan	Wrexham AAC	24.2		
3	55	Brad Johnson	Warrington	24.5		
4	44	Niall Cullen	Southport Waterloo	25.2		
5	33	Mike Carolam	Manchester Harriers	26.2		
6						

Men's 400m B

			Perf	Recort	Wind	AW
1	33	Bernard Ward	Manchester Harriers	52.9		<input checked="" type="checkbox"/>
2	44	Patrick Cullen	Southport Waterloo	57.0		
3	55	Oliver Wells	Warrington	62.1		
4	66	David James	Wrexham AAC	65.4		
5						
6						

Men's 800m B

			Perf	Recort	Wind	AW
1	44	Tom Peacock	Southport Waterloo	02:11.0		
2	22	Stephen Garrett	Isle of Man	02:13.1		
3	3	Andy Skitt	Manchester Harriers	02:14.2		
4						

Men's 1500m B

			Perf	Recort	Wind	AW
1	11	Matthew Kelly	Altrincham & Dist	04:23.3		<input checked="" type="checkbox"/>
2	2	Mike Garrett	Isle of Man	04:25.1		<input checked="" type="checkbox"/>
3	66	Mike Robbins	Wrexham AAC	04:49.6		<input checked="" type="checkbox"/>
4	44	Steve McLean	Southport Waterloo	04:50.4		<input checked="" type="checkbox"/>
5	33	Chris Sykes	Manchester Harriers	05:44.5		<input checked="" type="checkbox"/>
6						

Men's 3000m S/Chase B

			Perf	Recort	Wind	AW
1	3	Mike Nolan	Manchester Harriers	13:34.5		<input checked="" type="checkbox"/>
2						
3						

Men's 5000m B

			Perf	Recort	Wind	AW
1	11	Nick Leigh	Altrincham & Dist	15:55.7		<input checked="" type="checkbox"/>
2	4	Matthew Thompson	Southport Waterloo	16:28.8		<input checked="" type="checkbox"/>
3	22	Mike Garrett	Isle of Man	17:10.9		
4	66	Mike Robbins	Wrexham AAC	18:21.4		
5	33	Chris Sykes	Manchester Harriers	20:41.0		
6						

Men's 400m Hurdles B

			Perf	Recort	Wind	AW
1	44	Patrick Cullen	Southport Waterloo	69.7		
2	11	Toby Percival	Altrincham & Dist	71.7		
3	33	Chris Sykes	Manchester Harriers	74.8		
4	66	David James	Wrexham AAC	75.9		
5						
6						

Division 3W Match 4 - Litherland

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				Perf	Recort	Wind	AW					Perf	Wind	AW
<u>Men's 110m Hurdles A</u>					Wind=			<u>Men's 110m Hurdles B</u>					Wind=	
1	3	David Henshaw	Manchester Harriers	15.9			<input checked="" type="checkbox"/>	1	55	Chris Wells	Warrington	22.4		
2	4	Stephen Marshall	Southport Waterloo	19.0				2	33	Chris Sykes	Manchester Harriers	23.7		
3	2	Ammon Yeardsley	Isle of Man	20.8				3						
4	5	Neal Petley	Warrington	21.5				4						
<u>Men's Hammer A</u>								<u>Men's Hammer B</u>						
1	2	Richard Bell	Isle of Man	45.16			<input checked="" type="checkbox"/>	1	22	Lee Corlett	Isle of Man	25.24		
2	6	Ian Betson	Wrexham AAC	29.43			<input checked="" type="checkbox"/>	2	66	Steve Spires	Wrexham AAC	16.14		
3	4	Jon Hunter	Southport Waterloo	24.64				3	55	Dave Spencer	Warrington	15.99		
4	5	Chris Wells	Warrington	18.90				4	33	Chris Parsonage	Manchester Harriers	12.78		
5	3	Kes Salmon	Manchester Harriers	15.46				5	44	James Tartt	Southport Waterloo	11.96		
6	1	Barry Chapman	Altrincham & Dist	9.03				6						
<u>Men's Discus A</u>								<u>Men's Discus B</u>						
1	2	Lee Corlett	Isle of Man	40.07			<input checked="" type="checkbox"/>	1	22	Richard Bell	Isle of Man	33.73		<input checked="" type="checkbox"/>
2	6	Ian Beetson	Wrexham AAC	22.90				2	66	Will Scott	Wrexham AAC	20.68		
3	4	Jon Hunter	Southport Waterloo	22.50				3	55	Dave Spencer	Warrington	16.65		
4	5	Chris Wells	Warrington	19.70				4	3	Kes Salmon	Manchester Harriers	14.71		
5	33	Chris Parsonage	Manchester Harriers	16.08				5	44	James Tartt	Southport Waterloo	13.82		
6	11	Matthew Kelly	Altrincham & Dist	12.03				6	1	Barry Chapman	Altrincham & Dist	11.83		
<u>Men's Javelin A</u>								<u>Men's Javelin B</u>						
1	2	Harry Pugh	Isle of Man	50.20			<input checked="" type="checkbox"/>	1	22	Daniel Stewart Clague	Isle of Man	41.00		<input checked="" type="checkbox"/>
2	5	Tom McKeever	Warrington	42.90			<input checked="" type="checkbox"/>	2	55	Keith Lavelle	Warrington	37.10		<input checked="" type="checkbox"/>
3	1	Peter Rice	Altrincham & Dist	35.75				3	44	James Tartt	Southport Waterloo	27.25		
4	6	Will Scott	Wrexham AAC	30.85				4	3	Chris Parsonage	Manchester Harriers	26.30		
5	33	Adam Scott	Manchester Harriers	29.35				5	66	Steve Spires	Wrexham AAC	24.35		
6	4	Jon Hunter	Southport Waterloo	27.70				6	11	Toby Percival	Altrincham & Dist	20.75		
<u>Men's Shot Putt A</u>								<u>Men's Shot Putt B</u>						
1	2	Lee Corlett	Isle of Man	11.29			<input checked="" type="checkbox"/>	1	33	Mikey Fennell	Manchester Harriers	8.58		
2	3	Adam Scott	Manchester Harriers	9.65				2	22	Richard Bell	Isle of Man	7.75		
3	4	Jon Hunter	Southport Waterloo	8.94				3	66	Steve Spires	Wrexham AAC	6.93		
4	6	Ian Beetson	Wrexham AAC	8.59				4	44	James Tartt	Southport Waterloo	6.38		
5	5	Chris Wells	Warrington	7.86				5	55	Dave Spencer	Warrington	5.43		
6	11	Peter Rice	Altrincham & Dist	6.56				6	1	Barry Chapman	Altrincham & Dist	5.00		
<u>Men's Long Jump A</u>								<u>Men's Long Jump B</u>						
1	33	Mikey Fennell	Manchester Harriers	6.32			<input checked="" type="checkbox"/>	1	3	David Henshaw	Manchester Harriers	6.08		<input checked="" type="checkbox"/>
2	2	Anand Patel	Isle of Man	6.02			<input checked="" type="checkbox"/>	2	22	Daniel Stewart Clague	Isle of Man	5.73		
3	1	Adam Simms	Altrincham & Dist	5.86			<input checked="" type="checkbox"/>	3	6	Steve Spires	Wrexham AAC	4.96		
4	66	Gawain Rogers	Wrexham AAC	5.59				4	55	Neal Petley	Warrington	4.68		
5	5	Patrick Muirhead	Warrington	5.41				5	11	Barry Chapman	Altrincham & Dist	3.71		
6	44	Niall Cullen	Southport Waterloo	5.39				6						
<u>Men's Triple Jump A</u>								<u>Men's Triple Jump B</u>						
1	2	Anand Patel	Isle of Man	12.48			<input checked="" type="checkbox"/>	1	3	David Henshaw	Manchester Harriers	11.70		
2	33	Mikey Fennell	Manchester Harriers	12.34			<input checked="" type="checkbox"/>	2	6	William Poole	Wrexham AAC	10.14		
3	5	Patrick Muirhead	Warrington	11.46				3	55	James Allen	Warrington	9.59		
4	4	Patrick Cullen	Southport Waterloo	10.83				4	11	Peter Rice	Altrincham & Dist	9.52		
5	66	Gawain Rogers	Wrexham AAC	10.29				5	44	David Gough	Southport Waterloo	8.50		
6	1	Max Meakins	Altrincham & Dist	10.15				6						

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Men's High Jump A

	Perf	Recort	Wind	AW
1 22 Daniel Stewart Clague	1.80			<input checked="" type="checkbox"/>
2 66 Gawain Rogers	1.75			<input checked="" type="checkbox"/>
3 3 David Henshaw	1.70			
4 1 Max Meakins	1.65			
5 5 James Allen	1.65			

Men's Pole Vault A

1 2 Daniel Stewart Clague	2.50
2 5 Chris Wells	2.50
3 6 Will Scott	2.40

Men's 4x100m Relay

1 6 Wrexham AAC	David Hoosan	Nikitas Mesney	Will Poole	David Blower	45.9
2 2 Isle of Man	Richard Bell	Anand Patel	Daniel Stewart Clague	Will Latta	47.2
3 3 Manchester Harriers	Mike Carolam	David Henshaw	Adam Scott	Osho Taylor	47.7
4 5 Warrington	Oliver Wells	Patrick Muirhead	James Allen	Matt Berwick	48.8
5 1 Altrincham & Dist	Adam Simms	Peter Rice	Max Meakins	Matthew Kelly	50.6
6 4 Southport Waterloo	David Gough	Niall Cullen	Patrick Cullen	Chris Burgess	52.9

Men's 4x400m Relay

1 3 Manchester Harriers	David Henshaw	Andy Skitt	Adam Scott	Bernard Ward	03:37.8
2 6 Wrexham AAC	Will Page	Ian Broadhurst	Cynan Evans	David Blower	03:51.5
3 2 Isle of Man	Stephen Garrett	Ammon Yearsley	Oliver Lockley	Alan Corlett	03:59.3
4 4 Southport Waterloo	Tom Peacock	Matthew Thompson	Gerry Lenehan	Richard Shearer	04:00.8

MATCH RESULT

	League Points	Match
1 IoM	6	372.0
2 SWAC	5	340.0
3 ManH	4	336.0
4 Wrex	3	326.0
5 WAC	2	272.0
6 Alt	1	258.0

STANDINGS

	League Points	Match
1 IoM	1357	390.0
2 SWAC	1016	349.0
3 ManH	1015	349.0
4 Wrex	745	335.0
5 WAC	745	280.0
6 Alt	634	264.0

Men's 100m Non Scoring

Wind=

1 16 David Hooson	Wrexham AC	11.5	<input checked="" type="checkbox"/>
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Men's 100m Non Scoring

Wind=

1

Division 3W Match 4 - Litherland

				Perf	Recor	Wind	AW	5 August 2012					
				Perf	Recor	Wind	AW						
<u>Women's 100m A</u>				Wind=				<u>Women's 100m B</u>					
1	6	Beth Sargeant	Wrexham AAC	12.7			<input checked="" type="checkbox"/>	1	22	Bethan Pilley	Isle of Man	12.8	<input checked="" type="checkbox"/>
2	4	Beth McBride	Southport Waterloo	12.8			<input checked="" type="checkbox"/>	2	55	Lauren McDonnel	Warrington	13.3	
3	5	Molly Crewe	Warrington	12.9			<input checked="" type="checkbox"/>	3	44	Eleanor Newton	Southport Waterloo	13.4	
4	2	Charlotte Bawden	Isle of Man	12.9			<input checked="" type="checkbox"/>	4	66	Abi Rogers	Wrexham AAC	13.8	
5	1	Isabel Hainsworth	Altrincham & Dist	13.1			<input checked="" type="checkbox"/>	5	33	Lydia Kelly	Manchester Harriers	14.2	
6	3	Anousheh Mahjoob	Manchester Harriers	14.3				6	11	Rachel Meaney	Altrincham & Dist	14.2	
<u>Women's 200m A</u>				Wind=				<u>Women's 200m B</u>					
1	6	Beth Sargeant	Wrexham AAC	25.9			<input checked="" type="checkbox"/>	1	11	Rachel Lee	Altrincham & Dist	27.8	
2	1	Isabel Hainsworth	Altrincham & Dist	27.2				2	44	Stephanie May	Southport Waterloo	28.1	
3	2	Charlotte Bawden	Isle of Man	27.3				3	66	Abi Rogers	Wrexham AAC	28.7	
4	4	Beth McBride	Southport Waterloo	27.3				4	55	Emma Makin	Warrington	30.2	
5	5	Lauren McDonnel	Warrington	28.6				5	33	Ciara Green	Manchester Harriers	34.5	
6	3	Lydia Kelly	Manchester Harriers	30.4				6	22	Bridget Kaneen	Isle of Man	37.9	
<u>Women's 400m A</u>								<u>Women's 400m B</u>					
1	6	Chloe Jones	Wrexham AAC	59.2			<input checked="" type="checkbox"/>	1	66	Emily Rowlands	Wrexham AAC	63.9	<input checked="" type="checkbox"/>
2	2	Rachael Franklin	Isle of Man	62.5			<input checked="" type="checkbox"/>	2	44	Clare Constable	Southport Waterloo	68.5	
3	1	Rachel Lee	Altrincham & Dist	63.4			<input checked="" type="checkbox"/>	3	11	Rachel Meaney	Altrincham & Dist	70.4	
4	4	Stephanie May	Southport Waterloo	63.7			<input checked="" type="checkbox"/>	4	55	Heather Beeton	Warrington	71.3	
5	5	Emma Makin	Warrington	69.7				5	22	Gail Griffiths	Isle of Man	81.1	
6	3	Caroline Baba	Manchester Harriers	77.5				6	33	Charlotte Holmes	Manchester Harriers	85.1	
<u>Women's 800m A</u>								<u>Women's 800m B</u>					
1	2	Rachael Franklin	Isle of Man	02:15.9			<input checked="" type="checkbox"/>	1	44	Clare Constable	Southport Waterloo	02:35.6	
2	4	Stephanie May	Southport Waterloo	02:21.9			<input checked="" type="checkbox"/>	2	22	Caroline Mayers	Isle of Man	02:38.2	
3	6	Jessica Arnall	Wrexham AAC	02:45.7				3	33	Sarah Harrison	Manchester Harriers	03:04.5	
4	1	Louissa Bannister	Altrincham & Dist	02:59.2				4					
5	3	Ciara Green	Manchester Harriers	03:08.0				5					
<u>Women's 1500m A</u>								<u>Women's 1500m B</u>					
1	4	Tracey Peters	Southport Waterloo	05:07.8				1	22	Caroline Mayers	Isle of Man	05:31.7	
2	2	Gail Griffiths	Isle of Man	05:13.4				2	1	Sarah Mackness	Altrincham & Dist	05:39.0	
3	5	Alysha Goddard	Warrington	05:21.6				3	44	Sophie Lewis	Southport Waterloo	05:39.0	
4	11	Sandra Lewis	Altrincham & Dist	05:29.3				4	3	Fiona Green	Manchester Harriers	06:03.6	
5	6	Jessica Arnall	Wrexham AAC	05:40.7				5					
6	33	Sarah Harrison	Manchester Harriers	06:03.4				6					
<u>Women's 3000m A</u>								<u>Women's 3000m B</u>					
1	2	Gail Griffiths	Isle of Man	10:51.3			<input checked="" type="checkbox"/>	1	22	Caroline Mayers	Isle of Man	11:29.5	<input checked="" type="checkbox"/>
2	4	Tracey Peters	Southport Waterloo	10:56.7			<input checked="" type="checkbox"/>	2	1	Sarah Mackness	Altrincham & Dist	11:33.1	
3	11	Sandra Lewis	Altrincham & Dist	11:18.2			<input checked="" type="checkbox"/>	3	44	Sue Cooper	Southport Waterloo	11:59.7	
4	3	Fiona Green	Manchester Harriers	13:46.1				4	33	Sarah Harrison	Manchester Harriers	13:55.3	
<u>Women's 400m Hurdles A</u>								<u>Women's 400m Hurdles B</u>					
1	6	Megan Rogers	Wrexham AAC	62.8			<input checked="" type="checkbox"/>	1	55	Emma Makin	Warrington	79.6	
2	5	Molly Crewe	Warrington	68.2			<input checked="" type="checkbox"/>	2	3	Charlotte Holmes	Manchester Harriers	98.5	
3	4	Katie McHale	Southport Waterloo	87.0				3					
4	33	Caroline Baba	Manchester Harriers	91.1				4					
<u>Women's 100m Hurdles A</u>				Wind=				<u>Women's 100m Hurdles B</u>					
1	6	Megan Rogers	Wrexham AAC	14.8			<input checked="" type="checkbox"/>	1	44	Katie McHale	Southport Waterloo	19.1	
2	4	Eleanor Newton	Southport Waterloo	15.8			<input checked="" type="checkbox"/>	2					
3	3	Anousheh Mahjoob	Manchester Harriers	19.9				3					
4	5	Emma Makin	Warrington	20.9				4					

Division 3W Match 4 - Litherland

				Perf	Recor	Wind	AW	5 August 2012				Perf	Wind	AW	
<u>Women's Hammer A</u>								<u>Women's Hammer B</u>							
1	5	Heather Beeton	Warrington	25.05			☑	1	55	Sally Dempster	Warrington	20.03			
2	1	Sarah Wilkins	Altrincham & Dist	21.91				2	2	Hannah Riley	Isle of Man	16.17			
3	22	Bridget Kaneen	Isle of Man	18.75				3	44	Stephanie May	Southport Waterloo	13.88			
4	4	Ann Dignan	Southport Waterloo	17.56				4	33	Jean Skitt	Manchester Harriers	10.29			
5	3	Karen Splisbury	Manchester Harriers	16.39				5	11	Sandra Lewis	Altrincham & Dist	8.75			
<u>Women's Discus A</u>								<u>Women's Discus B</u>							
1	1	Sarah Wilkins	Altrincham & Dist	30.61			☑	1	11	Chloe Smith	Altrincham & Dist	23.75			
2	22	Rachael Franklin	Isle of Man	18.70				2	33	Karen Splisbury	Manchester Harriers	18.06			
3	3	Philippa Holmes	Manchester Harriers	18.39				3	5	Heather Beeton	Warrington	15.97			
4	55	Sally Dempster	Warrington	17.58				4	2	Hannah Riley	Isle of Man	14.67			
5	66	Abi Rogers	Wrexham AAC	16.60				5	6	Chloe Jones	Wrexham AAC	13.94			
6	44	Katherine Cave	Southport Waterloo	15.84				6	4	Ann Dignan	Southport Waterloo	13.56			
<u>Women's Javelin A</u>								<u>Women's Javelin B</u>							
1	1	Chloe Smith	Altrincham & Dist	25.20			☑	1	2	Hannah Riley	Isle of Man	20.70			
2	66	Amanda Wale	Wrexham AAC	24.49				2	11	Lucy Smith	Altrincham & Dist	18.40			
3	22	Rachael Franklin	Isle of Man	22.97				3	3	Philippa Holmes	Manchester Harriers	13.58			
4	4	Stephanie May	Southport Waterloo	19.24				4	44	Ann Dignan	Southport Waterloo	13.09			
5	5	Emma Makin	Warrington	15.58				5	6	Jessica Annull	Wrexham AAC	12.84			
6	33	Caroline Baba	Manchester Harriers	14.45				6	55	Helen Derbyshire	Warrington	6.54			
<u>Women's Shot Putt A</u>								<u>Women's Shot Putt B</u>							
1	66	Amanda Wale	Wrexham AAC	8.60			☑	1	6	Megan Rogers	Wrexham AAC	7.80			
2	2	Hannah Riley	Isle of Man	7.74				2	4	Ann Dignan	Southport Waterloo	6.45			
3	1	Sarah Wilkins	Altrincham & Dist	6.94				3	33	Karen Splisbury	Manchester Harriers	5.99			
4	44	Katherine Cave	Southport Waterloo	6.83				4	22	Bethan Pilley	Isle of Man	5.21			
5	3	Philippa Holmes	Manchester Harriers	6.48				5	55	Helen Derbyshire	Warrington	4.38			
6	5	Heather Beeton	Warrington	5.64				6	11	Sandra Lewis	Altrincham & Dist	3.68			
<u>Women's Long Jump A</u>								<u>Women's Long Jump B</u>							
1	66	Beth Sargeant	Wrexham AAC	5.28			☑	1	6	Chloe Jones	Wrexham AAC	5.20		☑	
2	2	Bethan Pilley	Isle of Man	5.03			☑	2	44	Katie McHale	Southport Waterloo	4.19			
3	3	Anousheh Mahjoob	Manchester Harriers	4.67				3	33	Nimah Caroll	Manchester Harriers	4.11			
4	4	Eleanor Newton	Southport Waterloo	4.46				4	11	Louissa Bannister	Altrincham & Dist	3.80			
5	55	Lauren McDonnel	Warrington	4.44				5	22	Charlotte Bawden	Isle of Man	3.42			
6	1	Isabel Hainsworth	Altrincham & Dist	4.12				6	5	Sally Dempster	Warrington	3.34			
<u>Women's Triple Jump A</u>								<u>Women's Triple Jump B</u>							
1	5	Molly Crewe	Warrington	10.46			☑	1	33	Charlotte Holmes	Manchester Harriers	8.38			
2	4	Katie McHale	Southport Waterloo	9.00				2	55	Emma Makin	Warrington	8.25			
3	3	Nimah Caroll	Manchester Harriers	8.62				3	11	Lucy Smith	Altrincham & Dist	7.30			
4	1	Chloe Smith	Altrincham & Dist	8.10				4	44	Sophie Lewis	Southport Waterloo	7.12			
<u>Women's High Jump A</u>								<u>Women's High Jump B</u>							
1	4	Eleanor Newton	Southport Waterloo	1.56			☑	1	44	Katie McHale	Southport Waterloo	1.45			
2	6	Megan Rogers	Wrexham AAC	1.53			☑	2	66	Emily Rowlands	Wrexham AAC	1.30			
3	1	Rachel Lee	Altrincham & Dist	1.40				3	33	Karen Splisbury	Manchester Harriers	1.25			
4	3	Charlotte Holmes	Manchester Harriers	1.35				4	11	Louissa Bannister	Altrincham & Dist	1.20			
5	2	Rachael Franklin	Isle of Man	1.30				5	22	Bridget Kaneen	Isle of Man	1.15			
<u>Women's Pole Vault A</u>								<u>Women's Pole Vault B</u>							
1	4	Stephanie May	Southport Waterloo	1.70											

Division 3W Match 4 - Litherland

	Perf	Recor	Wind	AW		Perf	Wind	AW
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5 August 2012

Women's 4x100m Relay

1	6	Wrexham AAC	Chloe Jones	Abi Rogers	Emily Rowlands	Beth Sargeant	53.4
2	11	Altrincham & Dist	Isabel Hainsworth	Rachel Lee	Louissa Bannister	Rachel Meaney	56.1
3	4	Southport Waterloo	Sophie Lewis	Beth McBride	Katie McHale	Eleanor Newton	56.8
4	5	Warrington	Heather Beeton	Emma Makin	Alysha Goddard	Lauren McDonnell	56.8
5	3	Manchester Harriers	Nimah Caroll	Charlotte Holmes	Lydia Kelly	Karen Splisbury	58.6
6	2	Isle of Man	Bridget Kaneen	Bethan Pilley	Charlotte Bawden	Rachael Franklin	61.7

Women's 4x400m Relay

1	6	Wrexham AAC	Emily Rowlands	Beth Sargeant	Chloe Jones	Megan Rogers	04:30.2
2	4	Southport Waterloo	Stephanie May	Clare Constable	Katie McHale	Tracey Peters	04:47.6
3	2	Isle of Man	Bridget Kaneen	Rachael Franklin	Gail Griffiths	Caroline Mayers	04:55.2
4	3	Manchester Harriers	Caroline Baba	Ciara Green	Sarah Harrison	Fiona Green	05:35.2
5	1	Altrincham & Dist	Lucy Smith	Isabel Hainsworth	Sarah Mackness	Sandra Lewis	DQ