



Yorkshire

County Athletics Association

Road Relay Championships 2016



| Time | Race | Details |
|-------|---------------------|--|
| 11.15 | u13 Girls | 2580m Road Race (1 lap) |
| 11:20 | u13 Boys | 2580m Road Race (1 lap) |
| 11.45 | u15 Girls | 2580m Road Race (1 lap) |
| 11:50 | u15 Boys | 2580m Road Race (1 lap) |
| 12.15 | u17 Women & U17 men | Road Relay; 3 stages of 2580m (1 lap) |
| 1:00 | Jnr/Snr Women | Road Relay; 4 stages of 2580m (1 lap) |
| 2:00 | Jnr/Snr Men | Road Relay; 4 stages of 5160m (2 laps) |

IMPORTANT SAFETY NOTES REGARDING THE EVENT AND PARKING FOR THE EVENT

All competitors & officials must park in the college car park, **NOT** the parking area opposite the sports centre. Toilets and Changing are in the sports centre.

DO NOT UNDER ANY CIRCUMSTANCES PARK ON THE ROAD SIDE WITHIN THE PARK. Apart from the fact it is illegal it is also extremely dangerous.

Please follow all marshal instructions carefully at all times, to ensure your safety.

Ensure that ALL athletes keep to the left hand side of the road through the park. The park is a public place and the paths and road will be open throughout the duration of the races. The marshals are there to ensure your safety, please pay CAREFUL attention to their instructions.

If you have a problem when you are out on the course approach a Yorkshire Marshal, they will be wearing High Viz vests and will be positioned around the course. If you need First Aid Assistance a marshal will be able to make contact with our First Aid team. **PLEASE DO NOT APPROACH anyone else for assistance.**

Please keep dogs on leads.

All athletes should ensure they are at the venue at least 45 minutes before their event time. Registration and the collection of numbers can be done **ONLY** by your team manager, ensure you know who this is prior to the event.

Anyone wishing to take photographs or film the event must sign in at registration, which will be in the first green cabin to the right of the track.

Presentations will take place as soon as possible once the results are complete. Please bear in mind the results will only be completed when the last athlete finishes.