

## Sunday –Order of Events

*Please note this time table can be subject to change without notice; please check the Northern Athletics website for an up to date timetable.*

### REPORTING TIMES

Athletes **MUST** register in person on **each day, NO LATER than 45 MINUTES before the start of their event.**

If you are competing on both days, you **MUST** retain your vest numbers for **BOTH DAYS**

Track athletes must go to 'Call Up' **NO LATER than 20 minutes before their event.**

Field athletes must go to 'Call Up' **NO LATER than 30 minutes before their event.**

**Failure to do so could result in you missing your event(s).**

### Track Events

If heats are not required, the FINAL will be run at heat time

48	10:30	400m Hurdles	Junior Men		FINAL
		400m Hurdles	Senior Men		FINAL
49	10:35	100m	Senior Women		FINAL
50	10:45	100m	Junior Women		FINAL
51	10:55	100m	U17 Men	Heats	
52	11:05	100m	U15 Boys	Heats	
53	11:15	1,500m	Junior/Senior Women		FINAL
54	11:25	1,500m	U17 Men		FINAL
55	11:35	1,500m	U15 Boys		FINAL
56	11:45	800m	U15 Girls	Heats	
57	11:55	800m	U17 Women	Heats	
58	12:05	800m	Junior Men	Heats	
59	12:15	800m	Senior Men		FINAL
60	12:20	3,000m	Junior Men		FINAL
61	12:35	110m Hurdles	Senior Men		FINAL
62	12:40	110m Hurdles	Junior Men		FINAL
63	12:45	80m Hurdles	U17 Women	Heats	
64	12:55	75m Hurdles	U15 Girls	Heats	
65	13:05	100m	U17 Men		FINAL
66	13:10	100m	U15 Boys		FINAL
67	13:15	200m	U15 Girls	Heats	
68	13:30	200m	Junior Men	Heats	
69	13:40	200m	Senior Men	Heats	
70	13:50	200m	U17 Women	Heats	
71	14:00	400m	Junior Women		FINAL
72	14:05	400m	U17 Men	-	FINAL
73	14:10	400m	Senior Women	-	FINAL
74	14:15	800m	U13 Girls		FINAL
75	14:20	800m	U13 Boys		FINAL
76	14:30	300m	U15 Boys	Heats	-
77	14:40	200m	U15 Girls	Semi-Final	
78	14:50	5000m	Senior Men		FINAL

<b>79</b>	15:10	75m Hurdles	U15 Girls		<b>FINAL</b>
<b>80</b>	15:20	80m Hurdles	U17 Women		<b>FINAL</b>
<b>81</b>	15:30	2,000m S/Chase	Junior/Senior Women		<b>FINAL</b>
<b>82</b>	15:45	800m	U15 Girls		<b>FINAL</b>
<b>83</b>	15:50	800m	U17 Women		<b>FINAL</b>
<b>84</b>	15:55	800m	Junior Men		<b>FINAL</b>
<b>85</b>	16:00	200m	Junior Men		<b>FINAL</b>
<b>86</b>	16:05	200m	Senior Men		<b>FINAL</b>
<b>87</b>	16:10	200m	U17 Women		<b>FINAL</b>
<b>88</b>	16:15	200m	U15 Girls		<b>FINAL</b>
<b>89</b>	16:25	300m	U15 Boys		<b>FINAL</b>

**Field  
Events**

F21	10:00	Triple jump	U17 Men & Junior/Senior Women		
F22	10:00	Shot	U13 Boys		
F23	10:05	High Jump	Junior/Senior Men		
F24	10:00	Hammer	U15 girls/U17 Women		
F25	10:10	Discus	Junior/Senior Women		
F26	11:15	Long Jump	U17 Women		
F27	11:40	Hammer	Junior/Senior Men		
F28	11:45	Shot	U15 Girls		
F29	12:05	High Jump	U13 Boys & U13 Girls		
F30	12:30	Pole Vault	U15G/U17W/Junior/Senior Women		
F31	12:55	Long Jump	Junior/Senior Men		
F32	13:00	Discus	U15 Boys/U17 Men		
F33	13:05	Shot	U17 Women		
F34	14:20	Long Jump	U15 Girls		
F35	14:30	Javelin	Junior/Senior Women		
F36	14:40	High Jump	U15 Boys/U17 Women		
F37	15:00	Shot	Junior/Senior Men		
F38	15:25	Long Jump	U13 Girls		
F39	15:45	Javelin	U15 Boys/U17 Men		

**Please note:**

The above are only approximate times and are subject to alteration depending on the number of actual competitors competing.