

Saturday –Order of Events

Please note this time table can be subject to change without notice.

REPORTING TIMES

Athletes **MUST** register in person on **each day, NO LATER than 45 MINUTES before the start of their event.**

If you are competing on both days, you **MUST** retain your vest numbers for **BOTH DAYS**

Track athletes must go to 'Call Up' **NO LATER than 20 minutes before their event.**

Field athletes must go to 'Call Up' **NO LATER than 30 minutes before their event.**

Failure to do so could result in you missing your event(s).

Track Events

If heats are not required, the FINAL will be run at heat time

1	10:00	2000 Race Walk	U13 Boys & Girls		FINAL
		3000 Race Walk	U15G/U17W/U20M/U20W/SW/SM		FINAL
2	10:30	300m Hurdles	U17 Women		FINAL
3	10:35	400m Hurdles	Senior Women		FINAL
		400m Hurdles	Junior Women		FINAL
4	10:40	400m Hurdles	U17 Men		FINAL
5	10:50	80m	U13 Girls	Heats	
6	11:00	100m	U17 Women	Heats	
7	11:10	100m	U15 Girls	Heats	
8	11:20	100m	Senior Men	Heats	
9	11:35	100m	Junior Men	Heats	
10	11:45	100m	U13 Boys	Heats	
11	12:00	1,500m	U17 Women		FINAL
12	12:10	1,500m	U15 Girls	Heats	
13	12:25	1,500m	Senior Men		FINAL
14	12:35	1,500m	Junior men		FINAL
15	12:45	800m	U15 Boys	Heats	
16	12:55	800m	U17 Men	Heats	
17	13:05	3,000m	U15/U17/Junior/Senior Women		FINAL
18	13:20	80m Hurdles	U15 Boys		FINAL
19	13:25	5,000m	Senior Women		FINAL
20	13:45	100m Hurdles	Junior Women		FINAL
21	13:50	100mH	Senior Women	Heats	
22	13:55	100mH	U17 Men		FINAL
23	14:00	80m	U13 Girls		FINAL
24	14:05	100m	U17 Women		FINAL
25	14:10	100m	U15 Girls		FINAL
26	14:15	100m	Senior Men		FINAL
27	14:20	100m	Junior Men		FINAL
28	14:25	100m	U13 Boys		FINAL
29	14:30	400m	Senior Men	Heats	
30	14:40	400m	Junior Men	Heats	
31	14:45	800m	Junior Women		FINAL
32	14:50	800m	Senior Women		FINAL
33	14:55	800m	U13 Girls	Heats	
34	15:05	800m	U13 Boys	Heats	
35	15:15	300m	U15 Girls	Heats	
36	15:25	300m	U17 Women		FINAL

37	15:35	200m	U17 Men	Heats	
38	15:45	200m	U15 Boys	Heats	
39	15:55	200m	Senior Women	Heats	
40	16:05	200m	Junior Women	Heats	
		3,000m S/Chase	Senior Men		FINAL
41	16:10	2,000m S/Chase	Junior men		FINAL
		1,500m S/Chase	U17 Men		FINAL
42	16:25	3,000m	U15 Boys/U17 Men		FINAL
43	16:40	100m Hurdles	Senior Women		FINAL
44	16:45	800m	U15 Boys		FINAL
45	16:50	800m	U17 Men		FINAL
46	16:55	1500m	U15 Girls		FINAL
47	17:00	300m	U15 Girls		FINAL
48	17:05	200m	U17 Men		FINAL
49	17:10	200m	U15 Boys		FINAL
50	17:15	200m	Senior Women		FINAL
51	17:20	200m	Junior Women		FINAL
52	17:25	400m	Senior Men		FINAL
53	17:30	400m	Junior Men		FINAL

Field Events

F1	10:00	Discus	U15 Girls
F2	10:00	Shot	U17 Men
F3	10:10	Hammer	Junior/Senior Women/U17 Men/U15 Men
F4	10:15	Triple Jump	U17 Women & Junior/Senior Men
F5	11:00	High Jump	Junior/Senior Women
F6	11:20	Discus	U17 Women
F7	11:25	Shot	U13 Girls
F8	11:45	Long Jump	Junior/Senior Women
F9	12:30	Pole Vault	U15B/U17M/Junior/Senior Men
F10	12:40	Discus	Junior/Senior Men
F11	12:50	Javelin	U15 Girls
F12	13:15	High Jump	U17 Men
F13	13:50	Long Jump	U17 Men
F14	14:00	Shot	U15 Boys
F15	14:35	Javelin	U17 Women
F16	14:55	High Jump	U15 Girls
F17	15:05	Long Jump	U13 Boys
F18	15:40	Shot	Junior/Senior Women
F19	16:05	Javelin	Junior/Senior Men
F20	16:25	Long Jump	U15 boys

Please note:

The above are only approximate times and are subject to alteration depending on the number of actual competitors competing.