

Sunday 14th May 2017

All athletes should register at least 45 minutes before their event time, Pole Vaulters should register one and a half hours before. Equipment should be checked in and weighed one hour before your event.

Please ensure you keep your numbers if you are competing on both days, and also you must ensure that you register to compete on both days before you enter the stadium. If you wish to withdraw from an event please inform the team at registration.

50	10:30	400m Hurdles	Junior Men		FINAL
51	10:35	400m Hurdles	Senior Men		FINAL
52	10:40	100m	Senior Women	Heats	
53	10:50	100m	Junior Women	Heats	
54	11:00	100m	U17 Men	Heats	
55	11:10	100m	U15 Boys	Heats	
56	11:20	1,500m	Junior/Senior Women		FINAL
57	11:30	1,500m	U17 Men		FINAL
58	11:40	1,500m	U15 Boys		FINAL
59	11:50	800m	U15 Girls	Heats	
60	12:00	800m	U17 Women	Heats	
61	12:10	800m	Junior Men		FINAL
62	12:15	800m	Senior Men		FINAL
63	12:20	3,000m	Junior Men		FINAL
64	12:35	110m Hurdles	Senior Men		FINAL
65	12:40	110m Hurdles	Junior Men		FINAL
66	12:45	80m Hurdles	U17 Women	Heats	
67	12:55	75m Hurdles	U15 Girls	Heats	
68	13:05	100m	Senior Women		FINAL
69	13:10	100m	Junior Women		FINAL
70	13:15	100m	U17 Men		FINAL
71	13:20	100m	U15 Boys		FINAL
72	13:25	200m	U15 Girls	Heats	
73	13:40	200m	Junior Men		FINAL
74	13:45	200m	Senior Men	Heats	
75	13:55	200m	U17 Women	Heats	
76	14:05	400m	Junior Women	Heats	
77	14:15	400m	U17 Men	Heats	
78	14:25	400m	Senior Women	Heats	
79	14:35	800m	U13 Girls		FINAL
80	14:40	800m	U13 Boys		FINAL
81	14:45	300m	U15 Boys		FINAL
82	14:50	5000m	Senior Men		FINAL
83	15:10	75m Hurdles	U15 Girls		FINAL
84	15:20	80m Hurdles	U17 Women		FINAL
85	15:30	800m	U15 Girls		FINAL
86	15:35	800m	U17 Women		FINAL
87	15:40	200m	Senior Men		FINAL
88	15:45	200m	U17 Women		FINAL
89	15:50	200m	U15 Girls		FINAL
90	15:55	400m	Junior Women		FINAL
91	16:00	400m	U17 Men		FINAL
92	16:05	400m	Senior Women		FINAL

	Field Events			
F22	10:00	Triple jump	U17 Men & Junior/Senior Women	
F23	10:00	Shot	U13 Boys & U15 Girls	
F24	10:05	High Jump	Junior/Senior Men	
F25	10:10	Hammer	U15 girls/U17 Women	
F26	10:10	Discus	Junior/Senior Women	
F27	11:15	Long Jump	U17 Women	
F28	11:40	Hammer	Junior/Senior Men	
F29	12:05	High Jump	U13 Boys & U13 Girls	
F30	12:30	Pole Vault	U15G/U17W/Junior/Senior Women	
F31	12:55	Long Jump	Junior/Senior Men	
F32	13:00	Discus	U15 Boys/U17 Men	
F33	13:05	Shot	U17 Women	
F34	14:10	Long Jump	U15 Girls	
F35	14:20	Javelin	Junior/Senior Women	
F36	14:40	High Jump	U15 Boys/U17 Women	
F37	15:00	Shot	Junior/Senior Men	
F38	15:10	Long Jump	U13 Girls	
F39	15:40	Javelin	U15 Boys/U17 Men	

Please note:

The above are only approximate times and are subject to alteration depending on the number of actual competitors competing.