

# 2019 Northern XC Senior Ladies

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:27:36	286	Mhairi MacIannan	Morpeth Harriers & Ac	101	0:34:48	298	Emma Holt	North Derbyshire Rc
2	0:27:40	242	Lauren Heyes	Leigh Harriers & Ac	102	0:34:49	369	Julia Say	Roundhay Runners
3	0:27:48	37	Jessica Judd	Blackburn Harriers & Ac	103	0:34:53	226	Leila Amoush	Leeds City Athletic Club
4	0:28:04	329	Alexandra Bell	Pudsey & Bramley Ac	104	0:34:55	169	Nina Cameron	Heaton Harriers & Ac
5	0:28:06	231	Claire Duck	Leeds City Athletic Club	105	0:34:57	185	Rachel Carter	Ilkley Harriers Ac
6	0:28:27	229	Lucy Crookes	Leeds City Athletic Club	106	0:35:00	341	Anne Hindle	Rossendale Harriers & Ac
7	0:28:32	322	Eleonor Davis	Preston Harriers	107	0:35:00	401	Jane Halloran	Skyrac Athletic Club
8	0:28:51	240	Jennifer Walsh	Leeds City Athletic Club	108	0:35:00	296	Hannah Barnett	North Derbyshire Rc
9	0:28:54	249	Abbie Donnelly	Lincoln Wellington Athletic Cl	109	0:35:02	181	Janet Rasleigh	Horwich R M I Harriers
10	0:29:11	346	Nicola Devine	Rotherham Harriers And AC	110	0:35:05	284	Helen King	Morpeth Harriers & Ac
11	0:29:21	376	Katie Hewison	Sale Harriers Manchester	111	0:35:11	155	Julia Jagger	Hallamshire Harriers Sheffield
12	0:29:31	236	Georgia Malir	Leeds City Athletic Club	112	0:35:12	302	Michelle Thompson	North Shields Polytechnic Clu
13	0:29:34	347	Lori Handbury	Rotherham Harriers And AC	113	0:35:16	504	Claire Harris	West Cheshire Athletic Club
14	0:29:37	276	Rachael Franklin	Manx Harriers	114	0:35:17	255	Elizabeth Egan	Liverpool Harriers & Ac
15	0:29:50	348	Natasha Hatswell	Rotherham Harriers And AC	115	0:35:20	250	Amy Grocock	Lincoln Wellington Athletic Cl
16	0:29:51	373	Danielle Fegan	Sale Harriers Manchester	116	0:35:21	29	Lorna Graham	Birtley Ac
17	0:29:52	107	Lisa Palmer	Derby Athletic Club	117	0:35:23	491	Helen Beck	Wakefield District H & Ac
18	0:29:53	520	Helen Cross	York Knavesmire Harriers	118	0:35:25	148	Elaine McKechnie	Gosforth Harriers & Ac
19	0:29:57	260	Kirsty Longley	Liverpool Pembroke & Sefton	119	0:35:26	303	Natalie Thorburn	North Shields Polytechnic Clu
20	0:30:04	219	Rebecca Robinson	Kendal Amateur Athletic Club	120	0:35:28	521	Maddie Foot	York Knavesmire Harriers
21	0:30:12	269	Elizabeth Abbott	Lytham St Annes Rr Club	121	0:35:30	118	Amy Fuller	Elswick Harriers
22	0:30:16	244	Abigail Howarth	Leigh Harriers & Ac	122	0:35:31	305	Rebecca Harpur	Otley Ac
23	0:30:18	534	Nik Tarrega	York Knavesmire Harriers	123	0:35:33	25	Lesley Watson	Bingley Harriers & Ac
24	0:30:20	283	Emma Holt	Morpeth Harriers & Ac	124	0:35:36	397	De Sa Rebecca Cesar	Skyrac Athletic Club
25	0:30:25	246	Laura Riches	Leigh Harriers & Ac	125	0:35:40	480	Rachel Bentley	Valley Striders AC
26	0:30:33	458	Vicki Cronin	Trafford Athletic Club	126	0:35:42	151	Katrina Oddy	Halifax Harriers & Ac
27	0:30:35	154	Hannah Fletcher	Hallamshire Harriers Sheffield	127	0:35:44	222	Jess Cappleman	Kingston Upon Hull AC
28	0:30:40	472	Sarah Murphy	Vale Royal Ac	128	0:35:50	501	Helen Stansfield	Wallasey Athletic Club
29	0:30:43	343	Jenny Blizard	Rotherham Harriers And AC	129	0:35:54	143	Elizabeth Raven	Gateshead Harriers & Ac
30	0:30:48	174	Helen Berry	Holmfirth Harriers Ac	130	0:35:57	529	Clare Rowntree	York Knavesmire Harriers
31	0:30:49	193	Georgia Campbell	Jarrow & Hebburn Ac	131	0:36:01	53	Claire Collinson	Blaydon Harriers & Ac
32	0:30:53	160	Charlotte Ward	Hallamshire Harriers Sheffield	132	0:36:01	11	Kerry Storrar	Barnsley Athletic Club
33	0:31:01	350	Samantha Hughes	Rotherham Harriers And AC	133	0:36:02	145	Lucie Wilkinson	Gateshead Harriers & Ac
34	0:31:03	372	Ellen Downs	Sale Harriers Manchester	134	0:36:05	377	Clare McCarron	Sale Harriers Manchester
35	0:31:05	434	Elizabeth Apsley	Stockport Harriers & Ac	135	0:36:08	178	Zoe Storr	Holmfirth Harriers Ac
36	0:31:07	253	Rachael Burns	Liverpool Harriers & Ac	136	0:36:10	256	Hannah Hughes	Liverpool Harriers & Ac
37	0:31:09	381	Sinead Bent	Salford Harriers & AC	137	0:36:16	207	Lorna Hubbard	Keighley & Craven AC
38	0:31:10	156	Rachael Lundgren	Hallamshire Harriers Sheffield	138	0:36:19	43	Danielle Jackson	Dackhill Bounders
39	0:31:10	285	Catrina Macdonald	Morpeth Harriers & Ac	139	0:36:20	495	Hayley Newbound	Wakefield District H & Ac
40	0:31:18	173	Danielle Smythe	Heaton Harriers & Ac	140	0:36:25	266	Cheryl Parkin	Low Fell Rc
41	0:31:32	460	Beth Donnelly	Trafford Athletic Club	141	0:36:27	141	Charlotte Perkins	Gateshead Harriers & Ac
42	0:31:41	473	Amelia Pettitt	Vale Royal Ac	142	0:36:28	196	Heather Robinson	Jarrow & Hebburn Ac
43	0:31:43	39	Annabel Ralph	Blackburn Harriers & Ac	143	0:36:30	235	Amicia Lee	Leeds City Athletic Club
44	0:31:47	88	Charlotte Mason	City Of York Ac	144	0:36:31	422	Helen Burgess	Steel City Striders Rc
45	0:31:49	440	Alice Smith	Sunderland Harriers & Ac	145	0:36:32	411	Claire O'Callaghan	South Shields Harriers & Ac
46	0:31:51	190	Pauline Munro	Ilkley Harriers Ac	146	0:36:33	162	Lexie Willson	Hallamshire Harriers Sheffield
47	0:31:51	345	Sophie Cowper	Rotherham Harriers And AC	147	0:36:34	79	Amy Welch	Chorlton Runners
48	0:31:54	195	Stephanie Pattinson	Jarrow & Hebburn Ac	148	0:36:35	27	Denise Wright	Bingley Harriers & Ac
49	0:31:56	527	Becky Penty	York Knavesmire Harriers	149	0:36:36	21	Emma Green	Bingley Harriers & Ac
50	0:32:05	421	Caroline Brock	Steel City Striders Rc	150	0:36:38	436	Louise Geldart	Stockport Harriers & Ac
51	0:32:05	419	Gemma Connolly	St Helens Sutton Ac	151	0:36:38	506	Eleanor Robinson	West Cheshire Athletic Club
52	0:32:06	158	Charlotte Slack	Hallamshire Harriers Sheffield	152	0:36:41	404	Rachel Breheny	South Shields Harriers & Ac
53	0:32:10	352	Keri Pearson	Rotherham Harriers And AC	153	0:36:46	509	Diane Hill	Wigan & District H & Ac
54	0:32:21	257	Alex O'Brien	Liverpool Harriers & Ac	154	0:36:47	153	Ellie Crownshaw	Hallamshire Harriers Sheffield
55	0:32:22	227	Harriet Buswell	Leeds City Athletic Club	155	0:36:49	481	Claire Capper	Valley Striders AC
56	0:32:30	135	Brigid Dennehy	Gateshead Harriers & Ac	156	0:36:49	78	Rosalyn Webster	Chorlton Runners
57	0:32:31	254	Hannah Delaney	Liverpool Harriers & Ac	157	0:36:50	447	Jenna Maynard	Sunderland Strollers
58	0:32:33	417	Jenni Muston	Spenborough & Dist Ac	158	0:36:50	426	Claire Gridale	Steel City Striders Rc
59	0:32:33	121	Fiona Brannan	Elvet Striders	159	0:36:59	308	Julia Johnson	Penistone Footpath Runners
60	0:32:40	268	Hannah Wood	Low Fell Rc	160	0:37:01	40	Ellen Sagar-Hesketh	Blackburn Harriers & Ac
61	0:32:48	281	Gemma Floyd	Morpeth Harriers & Ac	161	0:37:06	32	Kirsty Walker	Birtley Ac
62	0:32:49	380	Amelia Beaman	Salford Harriers & AC	162	0:37:08	416	Natasha Geere	Spenborough & Dist Ac
63	0:32:52	428	Frances Roberts	Steel City Striders Rc	163	0:37:10	274	Melanie Barber	Manchester Harriers & Ac
64	0:32:54	137	Jane Giles	Gateshead Harriers & Ac	164	0:37:19	367	Sara Elson	Roundhay Runners
65	0:32:54	200	Laura Cheetham	Jesmond Joggers	165	0:37:20	451	Rebecca Mills	Swinton Running Club
66	0:32:58	19	Jo Buckley	Bingley Harriers & Ac	166	0:37:22	3	Danielle Beard	Altrincham & District Athletic
67	0:32:58	517	Emily Baines	York Knavesmire Harriers	167	0:37:23	489	Amanda Spencer	Valley Striders AC
68	0:33:09	306	Victoria Stainburn	Otley Ac	168	0:37:23	20	Sarah Dewhirst	Bingley Harriers & Ac
69	0:33:17	167	Zelst Charlotte	Harrogate Harriers & AC	169	0:37:24	272	Amy Carr	Manchester Fronrunners
70	0:33:19	518	Aoife Burke	York Knavesmire Harriers	170	0:37:26	410	Kim Lancaster	South Shields Harriers & Ac
71	0:33:23	514	Sarah Kearney	Wirral Ac	171	0:37:29	71	Traci Shipley	Chester Triathlon Club
72	0:33:26	66	Rhiannon Silson	Border Harriers & Ac	172	0:37:33	465	Charlotte Carpenter	Tyne Bridge Harriers
73	0:33:26	183	Kate Archer	Ilkley Harriers Ac	173	0:37:38	76	Jacqueline Perrot	Chorlton Runners
74	0:33:29	197	Gina Rutherford	Jarrow & Hebburn Ac	174	0:37:39	324	Emma Essex-Crosby	Preston Harriers
75	0:33:30	528	Lucy Pinder	York Knavesmire Harriers	175	0:37:42	277	Alaina Bond	Matlock Athletic Club
76	0:33:30	467	Sophie Marr	Tyne Bridge Harriers	176	0:37:45	492	Joanne Biltcliffe	Wakefield District H & Ac
77	0:33:32	392	Rachel Rose	Sheffield RC	177	0:37:49	15	Katie Roberts	Barnsley Harriers
78	0:33:33	486	Myra Jones	Valley Striders AC	178	0:37:50	127	Suzanne Crowther	Fitmums And Friends
79	0:33:34	438	Gemma Frost	Sunderland Harriers & Ac	179	0:37:51	157	Rachel Poole	Hallamshire Harriers Sheffield
80	0:33:37	24	Ruth Thackray	Bingley Harriers & Ac	180	0:37:53	537	Della Wilson	York Knavesmire Harriers
81	0:33:38	301	Carla Maley	North Shields Polytechnic Clu	181	0:37:54	340	Heather Dalgleish	Rossendale Harriers & Ac
82	0:33:45	33	Carmen Byrne	Blackburn Harriers & Ac	182	0:37:57	263	Kerry Stainton	Louth Ac
83	0:33:50	82	Siobhan Woods	Chorlton Runners	183	0:38:01	187	Caroline Howe	Ilkley Harriers Ac
84	0:33:52	445	Jenna Wilkinson	Sunderland Harriers & Ac	184	0:38:03	30	Rebecca Pottinger	Birtley Ac
85	0:33:55	258	Charlotte Wilson-Dewhurst	Liverpool Harriers & Ac	185	0:38:05	52	Eleanor Bradbury	Blaydon Harriers & Ac
86	0:33:57	9	Christina Laking	Barnsley Athletic Club	186	0:38:06	526	Jane Nodder	York Knavesmire Harriers
87	0:34:01	535	Megan Thomson	York Knavesmire Harriers	187	0:38:07	516	Bree Sutcliffe	Wirral Ac
88	0:34:02	399	Antonia Fan	Skyrac Athletic Club	188	0:38:09	287	Patricia Speedie	New Marske Harriers Club
89	0:34:03	139	Aife McSheffrey	Gateshead Harriers & Ac	189	0:38:09	77	Alison Wainwright	Chorlton Runners
90	0:34:07	332	Rachel Pilling	Pudsey & Bramley Ac	190	0:38:10	420	Jade Smith	St Helens Sutton Ac
91	0:34:09	177	Claire Leaver-Hewitt	Holmfirth Harriers Ac	191	0:38:12	84	Whitney Larkin	City Of Hull Ac
92	0:34:09	382	Sarah Carroll	Salford Harriers & AC	192	0:38:15	103	Katie Sharp	Denby Dale Athletics Club
93	0:34:17	259	Debra Campbell	Liverpool Pembroke & Sefton	193	0:38:16	2	Diana Weightman	Alnwick Harriers
94	0:34:24	328	Jenny Wren	Preston Harriers	194	0:38:17	375	Sarah Goulden	Sale Harriers Manchester
95	0:34:27	31	Lisa Short	Birtley Ac	195	0:38:17	199	Kate Black	Jesmond Joggers
96	0:34:32	469	Jeannie Brady	Tynedale Harriers & Ac	196	0:38:20	68	Anne Ferguson	Burnden Road Runners
97	0:34:34	86	Beth Ansell	City Of Sheffield And Dearne	197	0:38:21	483	Jenny Hall	Valley Striders AC
98	0:34:38	522	Natalie Greaves	York Knavesmire Harriers	198	0:38:23	396	Kirsty Bryan-Jones	Sheffield Triathlon Club
99	0:34:39	23	Stephanie Robson	Bingley Harriers & Ac	199	0:38:26	117	Charlotte Baston	Elswick Harriers
100	0:34:43	391	Sarah Kimpton	Sheffield RC	200	0:38:28	74	Samantha Hartley	Chorlton Runners

## 2019 Northern XC Senior Ladies

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:38:29	51	Michelle Tickle	Blackpool Wyre & Fylde Ac	301	0:43:43	292	Christine Jones	Nidd Valley Road Runners
202	0:38:31	454	Sarah Christian	Totley Ac	302	0:43:53	58	Helen Morris	Blyth Running Club
203	0:38:33	455	Claire Conway	Totley Ac	303	0:44:00	264	Vicki Halse	Low Fell Rc
204	0:38:36	452	Helen Nation	Swinton Running Club	304	0:44:03	482	Pascale Fotherby	Valley Striders AC
205	0:38:37	42	Kerry Anderson	Blackhill Bounders	305	0:44:04	210	Sue Booth	Kendal Amateur Athletic Clut
206	0:38:39	512	Kelly Towns	Wigan & District H & Ac	306	0:44:09	95	Lucy Scott	Clayton-Le-Moors Harriers
207	0:38:39	164	Sarah Gill	Harrogate Harriers & AC	307	0:44:15	466	J Carrion-Weiss	Tyne Bridge Harriers
208	0:38:39	90	Donna Airey	Clayton-Le-Moors Harriers	308	0:44:23	133	Lisa Seamark-Cooke	Fitmums And Friends
209	0:38:43	500	Katrin Ryan	Wallasey Athletic Club	309	0:44:24	186	Hilda Coulsey	Ilkley Harriers Ac
210	0:38:47	170	Es Cole	Heaton Harriers & Ac	310	0:44:34	523	Anna Marshall	York Knavesmire Harriers
211	0:38:48	363	Rowena Skelhorn	Rothwell Harriers & AC	311	0:44:36	87	Caroline Fuller	City Of Sheffield And Dearne
212	0:38:51	478	Elizabeth Adams	Valley Striders AC	312	0:44:37	191	Anna Pickering	Ilkley Harriers Ac
213	0:38:57	261	Lindsay Roberts	Longwood Harriers Ac	313	0:44:39	310	Helen Measures	Pensby Runners
214	0:38:58	251	Holly Haywood	Lincoln Wellington Athletic Cl	314	0:44:46	393	Carolina Scarton	Sheffield RC
215	0:38:59	46	Lauren Young	Blackhill Bounders	315	0:44:49	147	Sarah Gartside	Gosforth Harriers & Ac
216	0:39:00	28	Kelly Bentley	Birtley Ac	316	0:44:53	184	Petra Bijsterveld	Ilkley Harriers Ac
217	0:39:01	34	Lindsay Davies	Blackburn Harriers & Ac	317	0:45:02	73	Hannah Ahle	Chorlton Runners
218	0:39:05	203	Kate Langley	Jesmond Joggers	318	0:45:20	533	Hannah Strange	York Knavesmire Harriers
219	0:39:06	128	Allison English	Fitmums And Friends	319	0:45:29	390	Natasha Hinton	Sheffield RC
220	0:39:07	331	Caroline Harding	Pudsey & Bramley Ac	320	0:45:32	321	Julie Ruby	Pontefract Ac
221	0:39:09	400	Harriet Griggs	Skyrac Athletic Club	321	0:45:35	525	Jane Morby	York Knavesmire Harriers
222	0:39:09	138	Maggie Loraine	Gateshead Harriers & Ac	322	0:45:39	427	Naomi Rabin	Steel City Striders Rc
223	0:39:17	511	Jayne Salloum	Wigan & District H & Ac	323	0:45:40	387	Christine Hearmon	Sedgefield Harriers
224	0:39:20	17	Laura Emms	Beverley Athletic Club	324	0:45:44	204	Gemma Macmillan	Jesmond Joggers
225	0:39:27	113	Angela Oldham	East Cheshire Harriers & Tam	325	0:45:47	172	Michele O'Neill-Hall	North East Vets
226	0:39:37	123	Nina Mason	Elvet Striders	326	0:45:50	54	Anita Brabazon	Blyth Running Club
227	0:39:39	175	Cara Bintlcliffe	Holmfirth Harriers Ac	327	0:45:57	510	Denise Ryley	Wigan & District H & Ac
228	0:39:40	342	Sophie Howard	Rosendale Harriers & AC	328	0:45:59	125	Jan Young	Elvet Striders
229	0:39:41	105	Samara Wood	Denby Dale Athletics Club	329	0:46:01	446	Suzanne Davey	Sunderland Strollers
230	0:39:41	360	Stephanie Hall	Rothwell Harriers & AC	330	0:46:03	437	Rebekah Livsey	Stockport Harriers & Ac
231	0:39:44	463	Louise Mangan	Trafford Athletic Club	331	0:46:10	524	Liz Matthews	York Knavesmire Harriers
232	0:39:45	45	Amanda Phillips	Blackhill Bounders	332	0:46:17	513	Julie Valentine	Wigan & District H & Ac
233	0:39:46	503	Anne Mayers-Smith	Wesham Road Runners & Ac	333	0:46:20	126	Samantha Barlow	Fitmums And Friends
234	0:39:47	4	Carole Harrison	Altrincham & District Athletic	334	0:46:23	497	Sharon Lamont	Wallasey Athletic Club
235	0:39:48	26	Rebecca Weight	Bingley Harriers & Ac	335	0:46:24	358	Carole Clifford	Rothwell Harriers & AC
236	0:39:48	320	Christine McCarthy	Pontefract Ac	336	0:46:26	55	Anne Craddock	Blyth Running Club
237	0:39:49	291	Sarah Hughan	Nidd Valley Road Runners	337	0:46:27	317	Vicki Elliott	Pontefract Ac
238	0:39:54	371	Helen Underwood	Roundhay Runners	338	0:46:34	262	Jane Cope	Louth Ac
239	0:39:54	56	Gwen Forster	Blyth Running Club	339	0:46:42	192	Sally Pickering	Ilkley Harriers Ac
240	0:39:59	104	Sarah Stead	Denby Dale Athletics Club	340	0:46:43	362	Denise Ramsden	Rothwell Harriers & AC
241	0:40:05	194	Jenna Killock	Jarrow & Hebburn Ac	341	0:46:47	327	Olga Wiggins	Preston Harriers
242	0:40:06	425	Caroline Greenough	Steel City Striders Rc	342	0:47:14	337	Pauline Whittaker	Richmond & Zetland Harriers
243	0:40:12	47	Laura Lawler	Blackpool Wyre & Fylde Ac	343	0:47:34	75	Katie McInnes	Chorlton Runners
244	0:40:15	57	Gemma Harmon	Blyth Running Club	344	0:47:34	289	Debbie Gibson	Nidd Valley Road Runners
245	0:40:16	385	Jaymie Shenton	Salford Harriers & AC	345	0:47:49	70	Louise Wall	Burnden Road Runners
246	0:40:17	365	Sarah Waite	Rothwell Harriers & AC	346	0:48:05	435	Alexis Dinsmor	Stockport Harriers & Ac
247	0:40:24	370	Gemma Traviss-Turner	Roundhay Runners	347	0:48:10	356	Paula Brook	Rothwell Harriers & AC
248	0:40:28	59	Sandra Watson	Blyth Running Club	348	0:48:12	129	Fiona Griffiths	Fitmums And Friends
249	0:40:31	92	Lisa Ellis	Clayton-Le-Moors Harriers	349	0:48:13	217	Joanne Pennington	Kendal Amateur Athletic Clut
250	0:40:33	433	Sarah Ward	Steel City Striders Rc	350	0:48:36	131	Michelle Kilgarraiff	Fitmums And Friends
251	0:40:41	505	Ellen McMahon	West Cheshire Athletic Club	351	0:49:26	496	Catherine Cuthbert	Wallasey Athletic Club
252	0:40:43	273	Aleksandra Piekarska	Manchester Frontrunners	352	0:49:30	326	Sue Wickham	Preston Harriers
253	0:40:45	508	Lisa Heyes	Wigan & District H & Ac	353	0:49:31	354	Georgina Weston	Rotherham Harriers And AC
254	0:40:52	48	Basia Pawelczak	Blackpool Wyre & Fylde Ac	354	0:49:41	130	Gaye Hanson	Fitmums And Friends
255	0:40:55	209	Helen Barker	Kendal Amateur Athletic Clut	355	0:49:57	122	Zoe Dewdney	Elvet Striders
256	0:40:56	538	Qin Zhou	York Knavesmire Harriers	356	0:50:22	22	Sally Robinson	Bingley Harriers & Ac
257	0:41:00	225	Katie Pownell	Knowsley Harriers	357	0:50:52	288	Sarah Chalmers	Nidd Valley Road Runners
258	0:41:03	171	Jenny Friend	Heaton Harriers & Ac	358	0:51:50	109	Joanne Breeze	Doncaster Athletic Club
259	0:41:07	106	Emma Worsley	Denby Dale Athletics Club	359	0:51:55	318	Caroline Haigh	Pontefract Ac
260	0:41:11	124	Fiona Shenton	Elvet Striders	360	0:51:59	386	Jayne Freeman	Sedgefield Harriers
261	0:41:12	313	Alexandra Royden	Pensby Runners	361	0:52:22	477	Carole Williams	Vale Royal Ac
262	0:41:26	388	Jane Spink	Sedgefield Harriers	362	0:52:28	1	Susan Skirrow	Alnwick Harriers
263	0:41:27	325	Vicki Sherrington	Preston Harriers	363	0:52:39	364	June Stakes	Rothwell Harriers & AC
264	0:41:37	146	J Christie-De	Gosforth Harriers & Ac	364	0:52:40	315	Joanne Conroy	Pontefract Ac
265	0:41:41	110	Rose James	Doncaster Athletic Club	365	0:52:42	319	Emma Hayward	Pontefract Ac
266	0:41:44	212	Hazel Clark	Kendal Amateur Athletic Clut	366	0:54:46	241	Dianne Denney	Leigh Harriers & Ac
267	0:41:48	531	Abbie Spence	York Knavesmire Harriers	367	0:55:42	93	Christine Leathley	Clayton-Le-Moors Harriers
268	0:41:49	316	Jennifer Dews	Pontefract Ac	368	0:55:52	323	Judith Deakin	Preston Harriers
269	0:41:51	12	Emily Dodd	Barnsley Harriers	369	0:56:22	450	Kelly Rosborough	Sunderland Strollers
270	0:41:52	223	Jane Crossley	Kirkstall Harriers	370	0:56:33	487	Leila Kara	Valley Striders AC
271	0:41:55	398	Arifa Chakera	Skyrac Athletic Club	371	0:57:27	165	Coralin Harrison	Harrogate Harriers & AC
272	0:41:55	72	Rosemary Symms	Chester Triathlon Club	372	0:57:32	406	Summer Gatens	South Shields Harriers & Ac
273	0:41:59	479	Liz Ball	Valley Striders AC	373	0:58:39	357	Amanda Bryant	Rothwell Harriers & AC
274	0:42:04	150	Hazel Berrett	Halifax Harriers & Ac	374	0:59:14	394	G Williams-Mahoney	Sheffield RC
275	0:42:07	405	Melanie Cooke-Dunlop	South Shields Harriers & Ac	375	1:00:19	91	Susan Allen	Clayton-Le-Moors Harriers
276	0:42:12	457	Yvonne Twelvetree	Totley Ac	376	1:07:51	115	Mary Carrick	East Hull Harriers & Ac
277	0:42:18	224	Anja Pownell	Knowsley Harriers					
278	0:42:22	252	Donna Walters	Lincoln Wellington Athletic Cl					
279	0:42:23	293	Susan Simpson	Nidd Valley Road Runners					
280	0:42:24	507	Angela Tegg	West Cheshire Athletic Club					
281	0:42:30	336	Elly Robertson	Richmond & Zetland Harriers					
282	0:42:37	188	Diane Kitchen	Ilkley Harriers Ac					
283	0:42:37	275	Lindsey Farrelly	Manchester Harriers & Ac					
284	0:42:39	119	Stephanie Barlow	Elvet Striders					
285	0:42:42	335	Nicki Buckett	Richmond & Zetland Harriers					
286	0:42:44	448	Julie Pescod	Sunderland Strollers					
287	0:42:50	312	Claudia Pagoulatou	Pensby Runners					
288	0:42:51	215	Carolyn Kevan	Kendal Amateur Athletic Clut					
289	0:42:53	218	Dianne Priestley	Kendal Amateur Athletic Clut					
290	0:42:55	267	Cheryl Stanley	Low Fell Rc					
291	0:42:59	359	Sandra Edwards	Rothwell Harriers & AC					
292	0:43:07	14	Emma Moorhouse	Barnsley Harriers					
293	0:43:12	361	Lynne Metcalfe	Rothwell Harriers & AC					
294	0:43:17	498	Louise Marsden	Wallasey Athletic Club					
295	0:43:21	338	Fiona Wilson	Richmond & Zetland Harriers					
296	0:43:26	532	Jenny Steele	York Knavesmire Harriers					
297	0:43:29	461	Sue Exon	Trafford Athletic Club					
298	0:43:37	205	Emma Dooks	Keighley & Craven Ac					
299	0:43:39	94	Julia Rushton	Clayton-Le-Moors Harriers					
300	0:43:42	499	Jan McArđ	Wallasey Athletic Club					

## 2019 Northern XC Senior Ladies

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
<b>Team Results:</b>									
Pos	Points	Team / Club		Placings					
1	31	Leeds City Athletic Club		( 5 6 8 12 )					
2	67	Rotherham Harriers And AC		( 10 13 15 29 )					
3	125	Morpeth Harriers & Ac		( 1 24 39 61 )					
4	149	Hallamshire Harriers Sheffield		( 27 32 38 52 )					
5	157	York Knavesmire Harriers		( 18 23 49 67 )					
6	195	Sale Harriers Manchester		( 11 16 34 134 )					
7	232	Liverpool Harriers & Ac		( 36 54 57 85 )					
8	288	Blackburn Harriers & Ac		( 3 43 82 160 )					
9	295	Jarrow & Hebburn Ac		( 31 48 74 142 )					
10	338	Gateshead Harriers & Ac		( 56 64 89 129 )					
11	368	Bingley Harriers & Ac		( 66 80 99 123 )					
12	407	Ilkley Harriers Ac		( 46 73 105 183 )					
13	415	Steel City Striders Rc		( 50 63 144 158 )					
14	415	Leigh Harriers & Ac		( 2 22 25 366 )					
15	436	Salford Harriers & AC		( 37 62 92 245 )					
16	483	Holmfirth Harriers Ac		( 30 91 135 227 )					
17	525	Valley Striders AC		( 78 125 155 167 )					
18	538	Preston Harriers		( 7 94 174 263 )					
19	540	Skyrac Athletic Club		( 88 107 124 221 )					
20	556	Birtley Ac		( 95 116 161 184 )					
21	559	Chorlton Runners		( 83 147 156 173 )					
22	595	Trafford Athletic Club		( 26 41 231 297 )					
23	612	Heaton Harriers & Ac		( 40 104 210 258 )					
24	616	Lincoln Wellington Athletic Cl		( 9 115 214 278 )					
25	742	South Shields Harriers & Ac		( 145 152 170 275 )					
26	751	Roundhay Runners		( 102 164 238 247 )					
27	790	Blackhill Bounders		( 138 205 215 232 )					
28	793	Low Fell Rc		( 60 140 290 303 )					
29	795	West Cheshire Athletic Club		( 113 151 251 280 )					
30	802	Jesmond Joggers		( 65 195 218 324 )					
31	810	Sheffield RC		( 77 100 314 319 )					
32	829	Elvet Striders		( 59 226 260 284 )					
33	829	Kendal Amateur Athletic Club		( 20 255 266 288 )					
34	835	Wigan & District H & Ac		( 153 206 223 253 )					
35	861	Stockport Harriers & Ac		( 35 150 330 346 )					
36	920	Denby Dale Athletics Club		( 192 229 240 259 )					
37	931	Wallasey Athletic Club		( 128 209 294 300 )					
38	978	Rothwell Harriers & AC		( 211 230 246 291 )					
39	1033	Blyth Running Club		( 239 244 248 302 )					
40	1038	Fitmums And Friends		( 178 219 308 333 )					
41	1062	Clayton-Le-Moors Harriers		( 208 249 299 306 )					
42	1141	Sunderland Strollers		( 157 286 329 369 )					
43	1161	Pontefract Ac		( 236 268 320 337 )					
44	1161	Nidd Valley Road Runners		( 237 279 301 344 )					
45	1203	Richmond & Zetland Harriers		( 281 285 295 342 )					