



# Yorkshire



## County Athletics Association Road Relay Championships 2019

UKA Licence 2019 - 37317

### **Brownlee Centre**

Bodington Avenue, Adel, Leeds. LS16 8NA

## **Saturday 30<sup>th</sup> March 2019**

<b>Time</b>	<b>Race</b>	<b>Details</b>
<b>11.15</b>	u13 Girls	3200m (approx) Road Race (2 laps)
<b>11.20</b>	u13 Boys	3200m (approx) Road Race (2 laps)
<b>11.45</b>	u15 Girls	3200m (approx) Road Race (2 laps)
<b>11.50</b>	u15 Boys	3200m (approx) Road Race (2 laps)
<b>12.15</b>	u17 Women	3200m (approx) Road Race (2 laps)
<b>12.20</b>	u17 Men	3200m (approx) Road Race (2 laps)
<b>12.45</b>	Jnr/Snr Women	Road Relay; 4 stages of 4800m (approx) (3 laps)
<b>14.15</b>	Jnr/Snr Men	Road Relay; 4 stages of 4800m (approx) (3 laps)

### **IMPORTANT SAFETY NOTES REGARDING THE EVENT AND PARKING FOR THE EVENT**

There is extremely limited parking at the Brownlee Centre itself, **and there must be no parking on Bodington Avenue.**

**DO NOT OBSTRUCT ACCESS FOR EMERGENCY VEHICLES OR ANY ACCESS TO RESIDENTS OF BODINGTON MANOR.**

Additional parking is available close by at Weetwood Police Station, LS16 6RG which will be signposted.

There is also further carparking opposite Lawnswood Cemetery, LS16 8AA.

Wherever possible please carshare or use public transport if you can to avoid congestion at Bodington Cycle Centre and Brownlee Centre.

**Inconsiderate parking will result in complaints from local residents and this will put the future of the Yorkshire Road Relays at risk.**

**PLEASE LEAVE PLENTY OF TIME FOR PARKING AND PLEASE PARK SAFELY, SHOWING CONSIDERATION TO LOCAL RESIDENTS.**

If you take dogs, please keep them on a lead, and remove waste. NO DOGS ARE ALLOWED WITHIN THE FENCED AREA OF THE CYCLE TRACK

THERE IS TO BE NO WARMING UP ON THE GRASS FOOTBALL PITCHES OR IN THE CAR PARK OR ON THE ROADS AROUND THE CENTRE. A GRASSED AREA ABOVE THE PITCHES HAS BEEN ALLOCATED FOR WARMING UP. A PHOTO IS AVAILABLE ON THE YORKSHIRE FACEBOOK PAGE.

There are to be NO club tents, but there are plenty of changing facilities within the Brownlee Centre. Club flags can be used as long as they can be displayed safely with no damage to the cycling/running surface and not in a location that will impede athletes or officials. If in any doubt about the location of a flag please ask the referee.

All club marshals, please sign in at registration, and then report to the start/finish area at 10.50am

**All athletes should ensure they are at the venue at least 45 minutes before their event time. Registration and the collection of numbers can be done ONLY by your team manager, ensure you know who this is prior to the event.**

### **Team Declarations**

1. All teams must be declared 30 minutes before the start of a road relay and the stage order of the runners specified in the manner laid down by the Promoter. Declaration forms will be in the envelope with your vest numbers.
2. No changes may be made to the declared stage order of runners in a road relay without prior approval of the Race Referee and the Promoter.

Anyone wishing to take photographs or film the event must sign in at registration.

Presentations will take place as soon as possible once the results are complete. Please bear in mind the results will only be completed when the last athlete finishes.

The results will be posted online on Saturday evening, and will be on display throughout the day. There will be no results for sale but you're welcome to snap a picture on your phone.

There is a café upstairs at the Brownlee centre, this will be serving drinks and rocky roads, flapjacks and brownies.

This is will be our second time using the Brownlee Centre, the lack of parking is an issue but the facilities for the athletes are superb. We all need to work together to ensure everything goes smoothly!

Everyone at Yorkshire County Athletics Association has worked extremely hard to ensure athletes have a fabulous day of competition.

We're looking forward to seeing you all there!