

Saturday –Order of Events

Please note this time table can be subject to change without notice.

REPORTING TIMES

Athletes **MUST** register in person on **each day, NO LATER than 45 MINUTES before the start of their event.**

If you are competing on both days, you **MUST** retain your vest numbers for **BOTH DAYS**

Track athletes must go to 'Call Up' **NO LATER than 20 minutes before their event.**

Field athletes must go to 'Call Up' **NO LATER than 30 minutes before their event.**

Failure to do so could result in you missing your event(s).

Track Events

If heats are not required, the FINAL will be run at heat time

1	10:00	300m Hurdles	U17 Women		FINAL
2	10:05	400m Hurdles	Senior Women		FINAL
		400m Hurdles	Junior Women		FINAL
3	10:10	400m Hurdles	U17 Men		FINAL
4	10:20	80m	U13 Girls	Heats	
5	10:30	100m	U13 Boys	Heats	
6	10:40	100m	U15 Girls	Heats	
7	10:50	100m	Senior Men	Heats	
8	11:05	100m	Junior Men		FINAL
9	11:15	100m	U17 Women	Heats	
10	11:30	1,500m	U17 Women		FINAL
11	11:40	1,500m	U15 Girls		FINAL
12	11:55	1,500m	Senior Men		FINAL
13	12:05	1,500m	Junior men		FINAL
14	12:15	800m	U15 Boys		FINAL
15	12:25	800m	U17 Men	Heats	
16	12:35	3,000m	U15/U17/Junior women		FINAL
17	12:50	80m Hurdles	U15 Boys		FINAL
18	12:55	5,000m	Senior Women		FINAL
19	13:15	100m Hurdles	Junior Women		FINAL
20	13:20	100m Hurdles	Senior Women		FINAL
21	13:25	100m Hurdles	U17 Men		FINAL
22	13:30	80m	U13 Girls		FINAL
23	13:35	100m	U17 Women		FINAL
24	13:40	100m	U15 Girls		FINAL
25	13:45	100m	Senior Men		FINAL
26	13:50	100m	U13 Boys		FINAL
27	13:55	400m	Senior Men	Heats	
28	14:05	400m	Junior Men		FINAL
29	14:10	800m	Junior Women		FINAL
30	14:15	800m	Senior Women		FINAL
31	14:20	800m	U13 Girls	Heats	
32	14:30	800m	U13 Boys	Heats	
33	14:40	300m	U15 Girls	Heats	
34	14:50	300m	U17 Women	Heats	

35	15:00	200m	U17 Men	Heats	
36	15:10	200m	U15 Boys	Heats	
37	15:20	200m	Senior Women	Heats	
38	15:30	200m	Junior Women		FINAL
39	15:35	3,000m S/Chase	Senior Men		FINAL
		1,500m S/Chase	U17 Men		FINAL
40	15:50	3,000m	U15 Boys/U17 Men		FINAL
41	16:05	800m	U17 Men		FINAL
42	16:10	300m	U15 Girls		FINAL
43	16:15	300m	U17 Women		FINAL
44	16:20	200m	U17 Men		FINAL
45	16:25	200m	U15 Boys		FINAL
46	16:30	200m	Senior Women		FINAL
47	16:35	400m	Senior Men		FINAL

Field Events

F1	10:00	Discus	U15 Girls & U17 Women
F2	10:00	Shot	U17 Men
F3	10:00	Hammer	Junior/Senior Women/U17 Men/U15 Men
F4	10:05	Triple Jump	U17 Women & Junior/Senior Men
F5	11:00	High Jump	U17 Men
F6	11:25	Shot	U13 Girls
F7	11:30	Javelin	U15 Girls
F8	11:40	Long Jump	Junior/Senior Women
F9	12:30	Pole Vault	U15B/U17M/Junior/Senior Men
F10	13:00	Discus	Junior/Senior Men
F11	13:00	High Jump	Junior/Senior Women
F12	13:15	Long Jump	U17 Men
F13	14:00	Shot	U15 Boys
F14	14:40	High Jump	U15 Girls
F15	14:40	Long Jump	U13 Boys
F16	14:45	Javelin	U17 Women
F17	15:05	Shot	Junior/Senior Women
F18	15:45	Javelin	Junior/Senior Men
F19	16:00	Long Jump	U15 boys

Please note:

The above are only approximate times and are subject to alteration depending on the number of actual competitors competing.