



All athletes should register at least 45 minutes before their event time, Pole Vaulters should register one and a half hours before. Equipment should be checked in and weighed one hour before your event.

Please ensure you keep your numbers if you are competing on both days, and also you must ensure that you register to compete on both days before you enter the stadium. If you wish to withdraw from an event please inform the team at registration.

Anyone wishing to take photographs or film the event must sign in at registration; there will be no access to the track or competition area to anyone other than competitors and Yorkshire Officials.

Sweatshirts and T Shirts will be available to purchase from the back of the stand, they will be printed with the complete entry list on the back, as usual, I believe the vendor only accepts cash.

The call up area is in the gym and can be accessed by the door from the reception area. There is access only for athletes and Yorkshire officials beyond this point. Please ensure all mobile phones, watches and other electrical items are not brought into the call up area.

The team at Cudworth do a fantastic job, please ensure you leave the stadium as you found it by clearing away all of your litter. Their catering unit will be open at the back of the stand where hot food, drinks and snacks will be available all day. NO DOGS ARE ALLOWED ON SITE

The entry fees for spectators are as follows,

Adults **£5** for each day or **£8** for the whole weekend including free programmes, while stocks are available.

OAP/Children at secondary school **£3** for

Primary school children and below Free

Coaches will be allowed free entry on production of their coaching credentials.

Any coaches or athletes wishing to buy a programme **£1**

The fees represent excellent value for money for two long days of high quality sport.

We receive no funding and it is the only championship that we charge an entrance fee for spectators. I would ask that you remain polite with the volunteers who collect the fee on the gate.

We aim to provide competition for all disciplines and for all abilities throughout the year and we are passionate about providing a progression pathway for athletes via the Yorkshire Team. The costs of competition continue to rise and are considerable over the course of the year. Without the dedication of the hundreds of volunteers who officiate at all of the events the costs would be even greater.

Please leave plenty of time to park as the car park at Cudworth isn't huge, there is an overspill car park, just 800m beyond the stadium. There is plenty of parking in the area surrounding the stadium, but please do not park over the drive of residents or block their access to their property.

If you have any further questions please don't hesitate to get in touch.

Pack your sun-cream along with the usual summer equipment of warm clothes and umbrellas! We have a fabulous weekend of athletics ahead and everyone from Yorkshire County Athletics Association hopes you really enjoy it.

Best wishes,

Fi Lancaster

Championship Secretary

YORKSHIRE COUNTY ATHLETICS ASSOCIATION