

| | | |
|----------|------------------|-------------------------------|
| REGION | NORTH OF ENGLAND | Track Events Start in Lane |
| AREA | EAST | |
| DIVISION | Division 3E | |
| MATCH | 2 | |
| P/FINISH | NO | 2 |

Date Sunday, June 16 2019

Venue @ Whitley Bay

Host Club North Shields Poly

| Bib | Team Name | Abbrev. | Officials | Track1 | Relays | Field | Total |
|-----|-------------------------------|---------|-----------|--------|--------|-------|-------|
| 1 | Chester-le-Street AC | CleS | 45 | 100.0 | 18.0 | 107.0 | 270.0 |
| 2 | New Marske Harriers | NMH | 45 | 139.0 | 14.0 | 114.0 | 312.0 |
| 3 | North Shields Poly | NSP | 45 | 181.0 | 26.0 | 163.0 | 415.0 |
| 4 | Richmond & Zetland AC | RichZ | 45 | 145.0 | 23.0 | 122.0 | 335.0 |
| 5 | South Shields AC/Birtley AC © | SS&B | 45 | 150.0 | 10.0 | 126.0 | 331.0 |
| 6 | Tynedale Harriers | TyneD | 25 | 111.0 | 23.0 | 96.0 | 255.0 |
| - | | | | | | | |
| - | | | | | | | |

| Posn | Team Name | Points | League | B/fwd M | B/fwd L | Total M | Total L | Standings |
|------|-------------------------------|--------|--------|---------|---------|---------|---------|-----------|
| 1 | North Shields Poly | 415.0 | 6.0 | | | 415.0 | 6.0 | 1 |
| 2 | Richmond & Zetland AC | 335.0 | 5.0 | | | 335.0 | 5.0 | 2 |
| 3 | South Shields AC/Birtley AC © | 331.0 | 4.0 | | | 331.0 | 4.0 | 3 |
| 4 | New Marske Harriers | 312.0 | 3.0 | | | 312.0 | 3.0 | 4 |
| 5 | Chester-le-Street AC | 270.0 | 2.0 | | | 270.0 | 2.0 | 5 |
| 6 | Tynedale Harriers | 255.0 | 1.0 | | | 255.0 | 1.0 | 6 |
| | | | | | | | | |
| | | | | | | | | |

| | |
|------------------------------------|----|
| TOTAL EVENTS | 39 |
| NO COMPETITORS/EVENT CANCELLED/NMR | 3 |
| EVENT SCORED | 36 |
| REMAINING | - |

NORTH OF ENGLAND EAST Division 3E @ Whitley Bay

16/06/2019

100m Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-------------------------|-------|------|------|
| 1 | 4 | ROSS RUSSELL Benjamin Y | RichZ | 11.6 | 579 |
| 2 | 1 | PALMER Reece | CleS | 12.0 | 475 |
| 3 | 6 | URWIN Greg | TyneD | 12.1 | 451 |
| 4 | 3 | COLLINSON Joshua X | NSP | 12.2 | 428 |
| 5 | 2 | HADFIELD Kellen | NMH | 12.3 | 405 |
| 6 | 5 | HALEY Michael | SS&B | 13.2 | 235 |
| 7 | | | | | |
| 8 | | | | | |

100m Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-----------------|-------|------|------|
| 1 | 44 | BARBER Liam | RichZ | 11.8 | 526 |
| 2 | 66 | FENWICK Gary | TyneD | 12.2 | 428 |
| 3 | 33 | MOLE James | NSP | 12.3 | 405 |
| 4 | 11 | KULIK Mikolaj Y | CleS | 12.5 | 362 |
| 5 | 55 | HENRY Lee | SS&B | 13.6 | 176 |
| 6 | 22 | NOBLE Phil | NMH | 14.2 | 107 |
| 7 | | | | | |
| 8 | | | | | |

200m Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-------------------------|-------|------|------|
| 1 | 4 | ROSS RUSSELL Benjamin Y | RichZ | 23.4 | 611 |
| 2 | 6 | STEPHENSON Lea | TyneD | 23.9 | 544 |
| 3 | 1 | PALMER Reece | CleS | 24.7 | 447 |
| 4 | 2 | HADFIELD Kellen | NMH | 24.7 | 447 |
| 5 | 3 | MOLE Robert Y | NSP | 25.2 | 391 |
| 6 | 5 | HALEY Michael | SS&B | 27.3 | 204 |
| 7 | | | | | |
| 8 | | | | | |

200m Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-------------------|-------|------|------|
| 1 | 44 | BARBER Liam | RichZ | 24.2 | 506 |
| 2 | 22 | WALKER Matthew | NMH | 24.7 | 447 |
| 3 | 66 | FENWICK Gary | TyneD | 25.3 | 381 |
| 4 | 33 | MOLE James | NSP | 25.8 | 330 |
| 5 | 11 | ALDERSON Callum Y | CleS | 26.3 | 284 |
| 6 | 55 | HENRY Lee | SS&B | 27.5 | 189 |
| 7 | | | | | |
| 8 | | | | | |

400m Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|--------------------|-------|------|------|
| 1 | 6 | STEPHENSON Lea | TyneD | 52.3 | 631 |
| 2 | 2 | WALKER Matthew | NMH | 52.6 | 615 |
| 3 | 3 | COLLINSON Joshua X | NSP | 55.9 | 453 |
| 4 | 5 | WELFORD Michael | SS&B | 61.6 | 239 |
| 5 | 1 | RUSSELL Scott | CleS | 66.4 | 116 |
| 6 | 4 | INGLIS Ryan | RichZ | 88.5 | |
| 7 | | | | | |
| 8 | | | | | |

400m Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-----------------|-------|------|------|
| 1 | 66 | URWIN Greg | TyneD | 53.6 | 563 |
| 2 | 22 | HADFIELD Kellen | NMH | 56.1 | 444 |
| 3 | 33 | RENNEY Mitchell | NSP | 56.5 | 427 |
| 4 | 44 | REEVE Leon | RichZ | 60.3 | 281 |
| 5 | 55 | BULL George | SS&B | 68.1 | 85 |
| 6 | 11 | MCGLONE Michael | CleS | 88.9 | |
| 7 | | | | | |
| 8 | | | | | |

800m Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-----------------|-------|---------|------|
| 1 | 6 | URWIN Greg | TyneD | 02:00.2 | 663 |
| 2 | 2 | NEWTON Dean | NMH | 02:00.8 | 649 |
| 3 | 5 | MULVANEY Gavin | SS&B | 02:14.4 | 367 |
| 4 | 4 | REEVE Leon | RichZ | 02:15.1 | 355 |
| 5 | 3 | DE BRUIN Norman | NSP | 02:16.0 | 340 |
| 6 | 1 | MCARDLE Owen | CleS | 02:20.5 | 271 |
| 7 | | | | | |
| 8 | | | | | |

800m Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-----------------|-------|---------|------|
| 1 | 22 | SHIPMAN Dominic | NMH | 02:15.3 | 352 |
| 2 | 66 | HEXTALL Magnus | TyneD | 02:17.4 | 318 |
| 3 | 55 | TYRIE Max Y | SS&B | 02:20.9 | 266 |
| 4 | 44 | HARKER Ken | RichZ | 02:30.8 | 148 |
| 5 | 33 | KEEGAN Alan | NSP | 02:32.9 | 128 |
| 6 | 11 | MORRISON Jon | CleS | 02:54.0 | 14 |
| 7 | | | | | |
| 8 | | | | | |

NORTH OF ENGLAND EAST Division 3E @ Whitley Bay

16/06/2019

1500m Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-----------------|-------|---------|-----|
| 1 | 2 | SHIPMAN Dominic | NMH | 04:41.6 | 355 |
| 2 | 5 | MULVANEY Gavin | SS&B | 04:41.9 | 353 |
| 3 | 4 | MIDDLETON Steve | RichZ | 04:44.1 | 337 |
| 4 | 3 | QUINN David | NSP | 05:08.7 | 187 |
| 5 | 1 | WARD Mark | CleS | 05:40.5 | 66 |
| 6 | 6 | SUTTON Jaycee | TyneD | 06:38.7 | |
| 7 | | | | | |
| 8 | | | | | |

1500m Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|---------------------|-------|---------|-----|
| 1 | 55 | MOFFAT Kieran | SS&B | 04:58.3 | 244 |
| 2 | 33 | THORN Ivan | NSP | 05:26.3 | 111 |
| 3 | 44 | ROSS RUSSELL Duncan | RichZ | 05:56.4 | 32 |
| 4 | 11 | WHITLEY Mark | CleS | 06:21.6 | 4 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

5000m Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-----------------|-------|---------|-----|
| 1 | 3 | GREEN David | NSP | 15:51.6 | 632 |
| 2 | 2 | NEWTON Dean | NMH | 16:18.0 | 565 |
| 3 | 5 | HODGSON Mark | SS&B | 16:58.5 | 468 |
| 4 | 4 | MIDDLETON Steve | RichZ | 18:26.2 | 287 |
| 5 | 1 | MCARDLE Owen | CleS | 19:01.2 | 226 |
| 6 | 6 | SUTTON Jaycee | TyneD | 19:07.0 | 217 |
| 7 | | | | | |
| 8 | | | | | |

5000m Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|----------------|-------|---------|-----|
| 1 | 33 | DAVIES Paul | NSP | 18:38.9 | 264 |
| 2 | 44 | HARKER Ken | RichZ | 19:14.7 | 205 |
| 3 | 55 | GOFF Ian | SS&B | 20:06.3 | 132 |
| 4 | 11 | ANDERSON Steve | CleS | 22:28.6 | 11 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m S/Chase Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-----------------|-------|---------|-----|
| 1 | 4 | MIDDLETON Steve | RichZ | 11:37.8 | 410 |
| 2 | 5 | MOFFAT Kieran | SS&B | 12:11.5 | 328 |
| 3 | 3 | RICHARDSON Paul | NSP | 12:46.1 | 255 |
| 4 | 2 | NOBLE Phil | NMH | 15:33.1 | 35 |
| 5 | 11 | WHITLEY Mark | CleS | 16:35.2 | 6 |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m S/Chase Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-------------|------|---------|----|
| 1 | 55 | BULL George | SS&B | 14:26.9 | 96 |
| 2 | 22 | HOWSE Ian | NMH | 21:16.2 | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m Hurdles Men A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-------------------|-------|------|-----|
| 1 | 1 | WHELLANS Oliver | CleS | 63.0 | 554 |
| 2 | 6 | TOWART Darren | TyneD | 63.6 | 537 |
| 3 | 3 | SPLEVINS Connor Y | NSP | 69.5 | 384 |
| 4 | 5 | WELFORD Michael | SS&B | 70.8 | 354 |
| 5 | 2 | HADFIELD Kellen | NMH | 88.9 | 56 |
| 6 | 4 | INGLIS Ryan | RichZ | 91.4 | 35 |
| 7 | | | | | |
| 8 | | | | | |

400m Hurdles Men B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|----------------|-------|------|-----|
| 1 | 66 | STEPHENSON Lea | TyneD | 72.9 | 307 |
| 2 | 33 | BAKER Paul | NSP | 74.0 | 284 |
| 3 | 55 | TYRIE Max Y | SS&B | 78.0 | 207 |
| 4 | 22 | NOBLE Phil | NMH | 87.2 | 74 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

NORTH OF ENGLAND EAST Division 3E @ Whitley Bay

16/06/2019

110m Hurdles Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-------------------|-------|------|------|
| 1 | 1 | WHELLANS Oliver | CleS | 20.1 | 349 |
| 2 | 3 | BAKER Paul | NSP | 21.1 | 279 |
| 3 | 5 | WELFORD Michael | SS&B | 21.8 | 235 |
| 4 | 6 | TOWART Darren | TyneD | 22.8 | 178 |
| 5 | 2 | BRINING Matthew Y | NMH | 22.8 | 178 |
| 6 | 4 | INGLIS Ryan | RichZ | 27.9 | 8 |
| 7 | | | | | |
| 8 | | | | | |

110m Hurdles Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------|------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m N/S Men A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------|------------|------|------|
| 1 | 98 | | No Competi | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m N/S Men B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------|------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump Men A

| Posn | Bib | Athlete | Club | Perf | Wind |
|------|-----|-------------------------|-------|------|------|
| 1 | 1 | RUSSELL Luke X | CleS | 5.68 | 591 |
| 2 | 2 | BRINING Matthew Y | NMH | 5.03 | 464 |
| 3 | 6 | HEXTALL Magnus | TyneD | 4.93 | 445 |
| 4 | 3 | MOLE James | NSP | 4.86 | 431 |
| 5 | 4 | ROSS RUSSELL Benjamin Y | RichZ | 4.77 | 414 |
| 6 | 5 | HETHERINGTON Lee | SS&B | 4.75 | 410 |
| 7 | | | | | |
| 8 | | | | | |

Long Jump Men B

| Posn | Bib | Athlete | Club | Perf | Wind |
|------|-----|-----------------|-------|------|------|
| 1 | 22 | NOBLE Phil | NMH | 4.24 | 312 |
| 2 | 33 | DODDS Paul | NSP | 4.12 | 290 |
| 3 | 55 | YORSTON Neil | SS&B | 3.99 | 265 |
| 4 | 11 | MCGLONE Michael | CleS | 3.22 | 123 |
| 5 | 44 | UPTON Daniel | RichZ | 1.89 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

High Jump Men A

| Posn | Bib | Athlete | Club | Perf | Wind |
|------|-----|----------------|-------|------|------|
| 1 | 3 | POWELL Lloyd | NSP | 1.80 | 677 |
| 2 | 66 | STEPHENSON Lea | TyneD | 1.65 | 553 |
| 3 | 2 | WALKER Matthew | NMH | 1.65 | 553 |
| 4 | 1 | MORRISON Jon | CleS | 1.50 | 427 |
| 5 | 5 | HODGSON Mark | SS&B | 1.40 | 343 |

High Jump Men B

| Posn | Bib | Athlete | Club | Perf | Wind |
|------|-----|-------------------|-------|------|------|
| 1 | 22 | BRINING Matthew Y | NMH | 1.50 | 427 |
| 2 | 33 | SPLIVINS Connor Y | NSP | 1.50 | 427 |
| 3 | 6 | TOWART Darren | TyneD | 1.50 | 427 |

NORTH OF ENGLAND EAST Division 3E @ Whitley Bay

16/06/2019

Triple Jump Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|------|-------|-----|
| 1 | 1 | RUSSELL Luke X | CleS | 11.67 | 592 |
| 2 | 33 | RENNEY Mitchell | NSP | 11.21 | 546 |
| 3 | 5 | HETHERINGTON Lee | SS&B | 9.92 | 409 |
| 4 | 2 | BRINING Matthew Y | NMH | 9.74 | 389 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Triple Jump Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|----------------|------|-------|-----|
| 1 | 11 | WELLANS Oliver | CleS | 11.04 | 529 |
| 2 | 3 | MOLE Robert Y | NSP | 10.82 | 506 |
| 3 | 55 | TYRIE Max Y | SS&B | 9.68 | 382 |
| 4 | 22 | NOBLE Phil | NMH | 9.09 | 314 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Pole Vault Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|------|------|-----|
| 1 | 2 | BRINING Matthew Y | NMH | 3.50 | 590 |
| 2 | 55 | TYRIE Max Y | SS&B | 2.30 | 325 |
| 3 | 3 | STRAKER Trevor | NSP | X | |

Pole Vault Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|------|------|-----|
| 1 | 5 | HETHERINGTON Lee | SS&B | 2.20 | 302 |
| 2 | 22 | HART Stewart | NMH | X | |

Shot Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|-------|-------|-----|
| 1 | 4 | UPTON Daniel | RichZ | 12.61 | 765 |
| 2 | 6 | TOWART Darren | TyneD | 8.99 | 501 |
| 3 | 2 | HART Stewart | NMH | 8.67 | 474 |
| 4 | 33 | WALKER Chris | NSP | 8.45 | 455 |
| 5 | 11 | MORRISON Jon | CleS | 8.10 | 424 |
| 6 | 5 | HETHERINGTON Lee | SS&B | 7.70 | 388 |
| 7 | | | | | |
| 8 | | | | | |

Shot Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|-------|-------|-----|
| 1 | 44 | INGLIS Ryan | RichZ | 12.29 | 743 |
| 2 | 3 | WORDSWORTH Graeme | NSP | 8.35 | 446 |
| 3 | 22 | HOWSE Ian | NMH | 7.44 | 363 |
| 4 | 1 | CORLESS Phillip | CleS | 7.25 | 344 |
| 5 | 55 | YORSTON Neil | SS&B | 6.04 | 207 |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Discus Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|-------|-------|-----|
| 1 | 4 | UPTON Daniel | RichZ | 36.85 | 709 |
| 2 | 2 | HART Stewart | NMH | 31.33 | 615 |
| 3 | 6 | TOWART Darren | TyneD | 28.08 | 554 |
| 4 | 3 | WALKER Chris | NSP | 24.10 | 473 |
| 5 | 5 | HETHERINGTON Lee | SS&B | 22.54 | 439 |
| 6 | 11 | CORLESS Phillip | CleS | 20.68 | 395 |
| 7 | | | | | |
| 8 | | | | | |

Discus Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------|-------|-------|-----|
| 1 | 44 | INGLIS Ryan | RichZ | 31.31 | 614 |
| 2 | 55 | AMIN Jalal | SS&B | 20.67 | 395 |
| 3 | 1 | KULIK Mikolaj Y | CleS | 20.30 | 386 |
| 4 | 66 | STEPHENSON Lea | TyneD | 19.97 | 378 |
| 5 | 22 | NOBLE Phil | NMH | 19.53 | 367 |
| 6 | 33 | THORN Ivan | NSP | 12.84 | 147 |
| 7 | | | | | |
| 8 | | | | | |

NORTH OF ENGLAND EAST Division 3E @ Whitley Bay

16/06/2019

Hammer Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|-------|-------|-----|
| 1 | 3 | THIRLWELL Daniel | NSP | 49.21 | 818 |
| 2 | 2 | STANDEN Mark | NMH | 36.40 | 667 |
| 3 | 44 | UPTON Daniel | RichZ | 35.61 | 657 |
| 4 | 5 | YORSTON Neil | SS&B | 19.85 | 415 |
| 5 | 1 | CORLESS Phillip | CleS | 19.76 | 413 |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Hammer Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------|-------|-------|-----|
| 1 | 4 | INGLIS Ryan | RichZ | 34.99 | 648 |
| 2 | 33 | WALKER Chris | NSP | 31.59 | 602 |
| 3 | 22 | HOWSE Ian | NMH | 29.23 | 569 |
| 4 | 11 | KULIK Mikolaj Y | CleS | 19.60 | 410 |
| 5 | 55 | AMIN Jalal | SS&B | 15.29 | 321 |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Javelin Men A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|-------|-------|-----|
| 1 | 6 | TOWART Darren | TyneD | 37.35 | 576 |
| 2 | 3 | WORDSWORTH Graeme | NSP | 33.55 | 518 |
| 3 | 1 | WHELLANS Oliver | CleS | 32.36 | 499 |
| 4 | 4 | UPTON Daniel | RichZ | 26.81 | 408 |
| 5 | 2 | HART Stewart | NMH | 26.57 | 404 |
| 6 | 55 | GOFF Ian | SS&B | 26.37 | 400 |
| 7 | | | | | |
| 8 | | | | | |

Javelin Men B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|-------|-------|-----|
| 1 | 33 | POWELL Lloyd | NSP | 26.61 | 404 |
| 2 | 44 | INGLIS Ryan | RichZ | 26.11 | 396 |
| 3 | 66 | HEXTALL Magnus | TyneD | 22.56 | 332 |
| 4 | 5 | HETHERINGTON Lee | SS&B | 19.73 | 277 |
| 5 | 22 | HOWSE Ian | NMH | 18.16 | 244 |
| 6 | 11 | CORLESS Phillip | CleS | 17.96 | 240 |
| 7 | | | | | |
| 8 | | | | | |

4 x 100m Men A

| Posn | No. | Club | Runners | Perf |
|------|-----|-------|--|------|
| 1 | 1 | CleS | RUSSELL Luke X KULIK Mikolaj Y ALDERSON Callum Y PALMER Reece | 47.9 |
| 2 | 6 | TyneD | URWIN Greg STEPHENSON Lea FENWICK Gary FENWICK Chrisopher | 48.4 |
| 3 | 3 | NSP | MOLE James MOLE Robert Y COLLINSON Joshua X SPLEVINS Connor Y | 48.8 |
| 4 | 4 | RichZ | ROSS RUSSELL Benjamin Y BARBER Liam REEVE Leon MIDDLETON Steve | 51.7 |
| 5 | 5 | SS&B | HENRY Lee GOFF Ian HALEY Michael BULL George | 52.2 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

4 x 400m Men A

| Posn | No. | Club | Runners | Perf |
|------|-----|-------|---|---------|
| 1 | 6 | TyneD | TOWART Darren STEPHENSON Lea FENWICK Gary URWIN Greg | 03:53.0 |
| 2 | 2 | NMH | HADFIELD Kellen SHIPMAN Dominic NOBLE Phil WALKER Matthew | 04:01.2 |
| 3 | 5 | SS&B | TYRIE Max Y WELFORD Michael MOFFAT Kieran HODGSON Mark | 04:03.4 |
| 4 | 3 | NSP | SPLEVINS Connor Y KEEGAN Alan COLLINSON Joshua X WILLIAMS David | 04:16.4 |
| 5 | 4 | RichZ | REEVE Leon MIDDLETON Steve HARKER Ken ROSS RUSSELL Benjamin Y | 04:19.8 |
| 6 | 1 | CleS | MCARDLE Owen WHELLANS Oliver ANDERSON Steve RUSSELL Scott | 04:34.7 |
| 7 | | | | |
| 8 | | | | |

NORTH OF ENGLAND
TRACK & FIELD LEAGUE 2019

NORTH OF ENGLAND EAST Division 3E @ Whitley Bay

16/06/2019

100m Women A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-------------------|-------|------|------|
| 1 | 3 | MOLE Laura | NSP | 13.2 | 603 |
| 2 | 6 | SMITH Kate X | TyneD | 13.3 | 584 |
| 3 | 1 | HOLMAN Abbey X | CleS | 14.8 | 334 |
| 4 | 5 | GATENS Summer | SS&B | 14.9 | 320 |
| 5 | 4 | WHITTAKER Pauline | RichZ | 16.1 | 180 |
| 6 | 2 | SPEEDIE Patricia | NMH | 17.3 | 85 |
| 7 | | | | | |
| 8 | | | | | |

100m Women B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|----------------|-------|------|------|
| 1 | 33 | HUNTER Nikitta | NSP | 13.8 | 491 |
| 2 | 55 | LANCASTER Kim | SS&B | 16.8 | 120 |
| 3 | 44 | MILLER Vicky | RichZ | 21.4 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

200m Women A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------------------|-------|------|------|
| 1 | 3 | PERRETT Stella Y | NSP | 26.8 | 626 |
| 2 | 2 | BENNETT Charlotte X | NMH | 30.1 | 361 |
| 3 | 1 | HOLMAN Abbey X | CleS | 32.1 | 243 |
| 4 | 4 | ADAMS Rosemary | RichZ | 34.6 | 134 |
| 5 | 5 | CURTIS Shannel | SS&B | 35.1 | 117 |
| 6 | 6 | BRADY Jeannie | TyneD | 35.6 | 101 |
| 7 | | | | | |
| 8 | | | | | |

200m Women B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-------------------|-------|------|------|
| 1 | 33 | GRAHAM Quisha X | NSP | 28.7 | 462 |
| 2 | 55 | POTTINGER Rebecca | SS&B | 31.1 | 298 |
| 3 | 66 | WHITE Steph | TyneD | 34.9 | 124 |
| 4 | 22 | SPEEDIE Patricia | NMH | 36.0 | 90 |
| 5 | 44 | MILLER Vicky | RichZ | 43.9 | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m Women A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------------------|-------|------|------|
| 1 | 2 | BENNETT Charlotte X | NMH | 63.3 | 560 |
| 2 | 4 | ADAMS Josephine | RichZ | 65.9 | 475 |
| 3 | 3 | BRADLEY Lourdes | NSP | 66.1 | 468 |
| 4 | 1 | JONES Lauren X | CleS | 71.8 | 308 |
| 5 | 6 | BRADY Jeannie | TyneD | 74.3 | 250 |
| 6 | 5 | DEMBELE Fran | SS&B | 78.3 | 169 |
| 7 | | | | | |
| 8 | | | | | |

400m Women B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-------------------|-------|------|------|
| 1 | 44 | WHITTAKER Pauline | RichZ | 76.7 | 199 |
| 2 | 22 | SPEEDIE Patricia | NMH | 78.8 | 160 |
| 3 | 55 | LANCASTER Kim | SS&B | 83.4 | 91 |
| 4 | 33 | DIXON Alison | NSP | 86.0 | 61 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

800m Women A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|-----------------|-------|---------|------|
| 1 | 4 | ADAMS Josephine | RichZ | 02:31.4 | 521 |
| 2 | 2 | BARNBROOK Eli Y | NMH | 02:34.1 | 485 |
| 3 | 1 | JONES Lauren X | CleS | 02:50.4 | 293 |
| 4 | 3 | BRADLEY Lucia X | NSP | 02:52.9 | 268 |
| 5 | 5 | CURTIS Shannel | SS&B | 02:58.3 | 218 |
| 6 | 6 | GRIFFEN Louise | TyneD | 03:28.4 | 35 |
| 7 | | | | | |
| 8 | | | | | |

800m Women B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|--------------------|-------|---------|------|
| 1 | 33 | PAWSEY Wendy | NSP | 02:51.1 | 286 |
| 2 | 22 | SPEEDIE Patricia | NMH | 02:54.1 | 256 |
| 3 | 44 | WHITTAKER Pauline | RichZ | 02:59.0 | 212 |
| 4 | 11 | ANDERSON Abigail Y | CleS | 03:02.4 | 183 |
| 5 | 55 | LANCASTER Kim | SS&B | 03:08.3 | 139 |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

NORTH OF ENGLAND
TRACK & FIELD LEAGUE 2019

NORTH OF ENGLAND EAST Division 3E @ Whitley Bay

16/06/2019

1500m Women A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|--------------------|-------|---------|-----|
| 1 | 2 | BARNBROOK Eli Y | NMH | 05:13.6 | 506 |
| 2 | 3 | NASH Kirsty X | NSP | 05:25.3 | 434 |
| 3 | 5 | DEMBELE Fran | SS&B | 05:40.2 | 349 |
| 4 | 44 | STARKEY Isabel | RichZ | 05:47.2 | 313 |
| 5 | 1 | ANDERSON Abigail Y | CleS | dnf | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

1500m Women B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|----------------|-------|---------|-----|
| 1 | 4 | ADAMS Rosemary | RichZ | 05:52.5 | 287 |
| 2 | 22 | BENNETT Lisa | NMH | 05:52.6 | 286 |
| 3 | 55 | GATENS Summer | SS&B | 08:03.0 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m Women A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|--------------------|-------|---------|-----|
| 1 | 33 | MCINTYRE Rachel | NSP | 11:21.2 | 498 |
| 2 | 5 | DEMBELE Fran | SS&B | 11:42.6 | 436 |
| 3 | 4 | STARKEY Isabel | RichZ | 11:51.9 | 410 |
| 4 | 2 | BENNETT Lisa | NMH | 12:15.4 | 348 |
| 5 | 1 | ANDERSON Abigail Y | CleS | 12:39.3 | 290 |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

3000m Women B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-------------------|-------|---------|-----|
| 1 | 3 | MALEY Carla | NSP | 11:22.5 | 494 |
| 2 | 55 | POTTINGER Rebecca | SS&B | 12:59.1 | 246 |
| 3 | 44 | REEVE Kimberley | RichZ | 13:09.5 | 224 |
| 4 | 22 | HOWSE Jen | NMH | 13:27.0 | 189 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m Hurdles Women A

| Posn | No. | Athlete | Club | Perf | |
|------|-----|-------------------|-------|------|-----|
| 1 | 6 | SMITH Kate | TyneD | 73.7 | 519 |
| 2 | 3 | ROWELL Jemma Y | NSP | 74.5 | 500 |
| 3 | 5 | POTTINGER Rebecca | SS&B | 77.3 | 437 |
| 4 | - | | | | |
| 5 | - | | | | |
| 6 | - | | | | |
| 7 | | | | | |
| 8 | | | | | |

400m Hurdles Women B

| Posn | No. | Athlete | Club | Perf | |
|------|-----|----------------|-------|-------|-----|
| 1 | 33 | PAWSEY Wendy | NSP | 81.2 | 354 |
| 2 | 55 | DRUMMOND Amy X | SS&B | 82.2 | 334 |
| 3 | 66 | GRIFFEN Louise | TyneD | 117.3 | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m Hurdles Women A

| Posn | Athlete | Club | Perf | Wind |
|------|---------------------|------|-------|------|
| 1 | 3 ROWELL Jemma Y | NSP | 18.30 | 475 |
| 2 | 1 HOLMAN Abbey X | CleS | 20.40 | 321 |
| 3 | 5 POTTINGER Rebecca | SS&B | 20.90 | 288 |
| 4 | 55 GATENS Summer | SS&B | DQ | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

100m Hurdles Women B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------|------|------|------|
| 1 | | | | | |
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NORTH OF ENGLAND
TRACK & FIELD LEAGUE 2019

NORTH OF ENGLAND EAST Division 3E @ Whitley Bay

16/06/2019

1500m S/Chase Women A

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
| 2 | | | | | |
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| 8 | | | | | |

1500m S/Chase Women B

| Posn | No. | Athlete | Club | Perf | AAA |
|------|-----|---------|------|------|-----|
| 1 | | | | | |
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| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m N/S Women A

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------|------|------|------|
| 1 | 98 | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

100m N/S Women B

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------|------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Long Jump Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|-------|------|-----|
| 1 | 6 | SMITH Louise Y | TyneD | 5.08 | 678 |
| 2 | 1 | MCGLONE Grace X | CleS | 4.22 | 484 |
| 3 | 5 | POTTINGER Rebecca | SS&B | 4.01 | 437 |
| 4 | 33 | BEVERLEY Alicia X | NSP | 3.97 | 429 |
| 5 | 4 | WILSON Fiona | RichZ | 3.39 | 302 |
| 6 | 2 | SPEEDIE Patricia | NMH | 3.07 | 233 |
| 7 | | | | | |
| 8 | | | | | |

Long Jump Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------|-------|------|-----|
| 1 | 3 | GRAHAM Quisha X | NSP | 3.96 | 426 |
| 2 | 66 | COLMER Katy | TyneD | 3.39 | 302 |
| 3 | 55 | GATENS Summer | SS&B | 3.37 | 297 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

High Jump Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|-------|------|-----|
| 1 | 3 | ROWELL Jemma Y | NSP | 1.55 | 705 |
| 2 | 5 | POTTINGER Rebecca | SS&B | 1.45 | 596 |
| 3 | 4 | STARKEY Isabel | RichZ | 1.15 | 270 |

High Jump Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|----------------|------|------|-----|
| 1 | 33 | PERRETT Evie X | NSP | 1.35 | 487 |

NORTH OF ENGLAND
TRACK & FIELD LEAGUE 2019

NORTH OF ENGLAND EAST Division 3E @ Whitley Bay

16/06/2019

Triple Jump Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|-------|------|-----|
| 1 | 1 | MCGLONE Grace X | CleS | 8.76 | 475 |
| 2 | 5 | POTTINGER Rebecca | SS&B | 8.68 | 466 |
| 3 | 33 | PERRETT Evie X | NSP | 8.36 | 430 |
| 4 | 6 | WHITE Steph | TyneD | 7.94 | 383 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Triple Jump Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-----------------|------|------|-----|
| 1 | 3 | GRAHAM Quisha X | NSP | 8.27 | 420 |
| 2 | 11 | JONES Lauren X | CleS | 7.79 | 366 |
| 3 | 55 | DRUMMOND Amy X | SS&B | 7.75 | 361 |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Pole Vault Women A

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|---------|------|
| 1 | 98 | | No Comp | |

Pole Vault Women B

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|------|------|
| | | | | |

Shot Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|---------------------|-------|------|-----|
| 1 | 1 | MCGLONE Grace X | CleS | 7.64 | 543 |
| 2 | 66 | SMITH Louise Y | TyneD | 7.00 | 488 |
| 3 | 22 | SPEEDIE Patricia | NMH | 6.68 | 458 |
| 4 | 44 | MILLER Vicky | RichZ | 6.55 | 446 |
| 5 | 55 | HEPPLEWHITE Gillian | SS&B | 5.87 | 379 |
| 6 | 33 | BARBOUR Laura | NSP | 5.74 | 366 |
| 7 | | | | | |
| 8 | | | | | |

Shot Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|------------------|-------|------|-----|
| 1 | 4 | ADAMS Josephine | RichZ | 6.09 | 402 |
| 2 | 11 | RUSSELL Deborah | CleS | 5.77 | 369 |
| 3 | 5 | WESTON Claire | SS&B | 5.29 | 316 |
| 4 | 3 | THORBURN Natalie | NSP | 4.92 | 271 |
| 5 | 2 | HOWSE Jen | NMH | 4.70 | 242 |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Discus Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|-------|-------|-----|
| 1 | 2 | RIGBY Vicky | NMH | 24.11 | 627 |
| 2 | 6 | COLMER Katy | TyneD | 19.27 | 527 |
| 3 | 3 | HARGREAVES Sylvie | NSP | 19.11 | 523 |
| 4 | 44 | MILLER Vicky | RichZ | 18.49 | 509 |
| 5 | 55 | WESTON Claire | SS&B | 13.63 | 376 |
| 6 | 1 | RUSSELL Deborah | CleS | 10.68 | 262 |
| 7 | | | | | |
| 8 | | | | | |

Discus Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|---------------------|-------|-------|-----|
| 1 | 4 | ADAMS Josephine | RichZ | 17.05 | 473 |
| 2 | 33 | THORBURN Natalie | NSP | 15.27 | 426 |
| 3 | 5 | HEPPLEWHITE Gillian | SS&B | 12.97 | 354 |
| 4 | 22 | SPEEDIE Patricia | NMH | 12.30 | 330 |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

NORTH OF ENGLAND
TRACK & FIELD LEAGUE 2019

NORTH OF ENGLAND EAST Division 3E @ Whitley Bay

16/06/2019

Hammer Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|-------------------|-------|-------|-----|
| 1 | 3 | HARGREAVES Sylvie | NSP | 24.56 | 528 |
| 2 | 2 | HOWSE Jen | NMH | 22.20 | 490 |
| 3 | 4 | MILLER Vicky | RichZ | 16.84 | 393 |
| 4 | 55 | WESTON Claire | SS&B | 16.61 | 389 |
| 5 | 66 | WHITE Steph | TyneD | 13.58 | 325 |
| 6 | 1 | RUSSELL Deborah | CleS | 12.92 | 309 |
| 7 | | | | | |
| 8 | | | | | |

Hammer Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|---------------------|-------|-------|-----|
| 1 | 33 | BARBOUR Laura | NSP | 14.98 | 355 |
| 2 | 44 | WILSON Fiona | RichZ | 12.88 | 308 |
| 3 | 5 | HEPPLEWHITE Gillian | SS&B | 12.64 | 303 |
| 4 | 6 | GRIFFIN Louise | TyneD | 5.65 | 44 |
| 5 | 22 | - | NMH | X | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

Javelin Women A

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|---------------------|-------|-------|-----|
| 1 | 44 | MILLER Vicky | RichZ | 19.81 | 546 |
| 2 | 5 | HEPPLEWHITE Gillian | SS&B | 15.85 | 456 |
| 3 | 3 | BISHOP Adrienne | NSP | 15.44 | 446 |
| 4 | 66 | SMITH Louise Y | TyneD | 15.38 | 444 |
| 5 | 2 | HOWSE Jen | NMH | 10.19 | 285 |
| 6 | 11 | RUSSELL Deborah | CleS | 9.78 | 269 |
| 7 | | | | | |
| 8 | | | | | |

Javelin Women B

| Posn | Bib | Athlete | Club | Perf | |
|------|-----|--------------------|-------|-------|-----|
| 1 | 4 | WHITTAKER Pauline | RichZ | 18.37 | 515 |
| 2 | 6 | SMITH Kate X | TyneD | 14.86 | 431 |
| 3 | 55 | GATENS Summer | SS&B | 14.65 | 425 |
| 4 | 33 | THORBURN Natalie | NSP | 10.28 | 289 |
| 5 | 1 | ANDERSON Abigail Y | CleS | 8.50 | 211 |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

4 x 100m Women A

| Posn | No. | Club | Runners | Perf |
|------|-----|-------|--|-------|
| 1 | 3 | NSP | MOLE Laura PERRETT Evie X HUNTER Nikitta PERRETT Stella Y | 53.10 |
| 2 | 6 | TyneD | WHITE Steph COLMER Katy SMITH Kate X SMITH Louise Y | 59.40 |
| 3 | 1 | CleS | ANDERSON Abigail Y JONES Lauren X MCGLONE Grace X HOLMAN Abbey X | 61.30 |
| 4 | 4 | RichZ | ADAMS Josephine STARKEY Isabel ADAMS Rosemary WHITTAKER Pauline | 64.00 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |

4 x 400m Women A

| Posn | No. | Club | Runners | Perf |
|------|-----|-------|---|---------|
| 1 | 4 | RichZ | ADAMS Josephine STARKEY Isabel ADAMS Rosemary WHITTAKER Pauline | 05:02.0 |
| 2 | 2 | NMH | BARNBROOK Eli Y HOWSE Jen BENNETT Lisa BENNETT Charlotte X | 05:14.6 |
| 3 | 3 | NSP | BRADLEY Lourdes BRADLEY Lucia X THORBURN Natalie MALEY Carla | 05:17.5 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |