

REGION	NORTH OF ENGLAND	Track Events Start in Lane
AREA	EAST	
DIVISION	Division 4EC	
MATCH	1	
P/FINISH	NO	2

Date Sunday, May 19 2019

Venue @ Grantham

Host Club Newark AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Barnsley AC	Barn	45	177.0	17.0	156.0	395.0
2	Cleethorpes & District AC	Clee	45	68.0	9.0	76.0	198.0
3	Longwood H & AC	Long	45	175.0	44.0	152.0	416.0
4	Newark AC	Newk	25	153.0	20.0	133.0	331.0
5	Penistone FP Runners	PFP	45	211.0	25.0	150.0	431.0
6	Pontefract AC	Pont	25	114.0	14.0	184.0	337.0
7	Rushcliffe AC	Rush	25	204.0	32.0	143.0	404.0
8	Workshop H & AC	Work	25	110.0	16.0	127.0	278.0

Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Penistone FP Runners	431.0	8.0			431.0	8.0	1
2	Longwood H & AC	416.0	7.0			416.0	7.0	2
3	Rushcliffe AC	404.0	6.0			404.0	6.0	3
4	Barnsley AC	395.0	5.0			395.0	5.0	4
5	Pontefract AC	337.0	4.0			337.0	4.0	5
6	Newark AC	331.0	3.0			331.0	3.0	6
7	Workshop H & AC	278.0	2.0			278.0	2.0	7
8	Cleethorpes & District AC	198.0	1.0			198.0	1.0	8

TOTAL EVENTS	39
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	37
REMAINING	<u>2</u>

**NORTH OF ENGLAND EAST Division 4EC @ Grantham**

**19/05/2019**

**100m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	CYRUS Dalvin Y	Long	11.4	636
2	2	VINES Kieran Y	Clee	11.6	579
3	1	BIRD Ryan	Barn	11.9	500
4	5	WADE Daniel X	PFP	12.4	384
5	8	FERIS Jack X	Work	12.5	362
6	7	QUILTY Nicholas	Rush	12.9	285
7	6	WILLIAMS Robert	Pont	13.3	219
8	4	OWENS Gareth	Newk	13.8	151

**100m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	33	MCGOWAN Michael	Long	11.7	552
2	44	CARRINGTON Oliver	Newk	12.7	322
3	11	GILLOTT Chris	Barn	12.7	322
4	22	SMITH Alfie X	Clee	13.0	268
5	66	KINNEAR Jack Y	Pont	13.9	139
6	88	CHARTERS Jake	Work	13.9	139
7	55	FRYERS James X	PFP	14.3	97
8	77	GALE Peter	Rush	16.5	1

**200m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	CYRUS Dalvin Y	Long	23.6	584
2	1	BIRD Ryan	Barn	24.4	482
3	2	PLAATJIES Jean-louis	Clee	24.6	458
4	5	WADE Daniel X	PFP	25.2	391
5	6	HOWES Cameron Y	Pont	25.7	340
6	4	CARRINGTON Oliver	Newk	26.2	293
7	8	FERIS Jack X	Work	27.0	226
8	7	HOOD Finlay Y	Rush	29.5	78

**200m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	33	STEEL Tiger X	Long	24.8	435
2	22	VINES Kieran Y	Clee	24.8	435
3	66	BOWYER Anthony	Pont	25.8	330
4	44	BAGGULEY Timothy	Newk	28.6	121
5	11	FIELDSEND Paul	Barn	31.7	15
6	55	FRYERS Tom Y	PFP	33.7	
7	77	GALE Peter	Rush	34.1	
8					

**400m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	DALBAL Hakan	Long	51.1	698
2	2	PLAATJIES Miguel	Clee	53.7	558
3	4	CARRINGTON Oliver	Newk	56.4	431
4	1	GILLOTT Chris	Barn	57.0	406
5	6	BOWYER Anthony	Pont	59.9	294
6	5	SKIPPER Charlie	PFP	61.0	258
7	7	MATHARU Oliver	Rush	62.2	221
8	8	CHARTERS Josh	Work	66.4	116

**400m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	22	PLAATJIES Jean-louis	Clee	55.5	471
2	33	STEEL Tiger X	Long	57.3	393
3	77	DICKINS Stephen	Rush	60.2	284
4	66	KINNEAR Jack Y	Pont	62.0	227
5	44	OWENS Gareth	Newk	62.6	209
6	88	MARRIOTT Paul	Work	62.8	203
7	55	FRYERS James X	PFP	70.4	51
8	11	FIELDSEND Paul	Barn	73.5	20

**800m Men A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	DALBAL Hakan Y	Long	02:04.1	
2	4	CARRINGTON Oliver	Newk	02:06.9	
3	1	GILLOTT Chris	Barn	02:07.5	
4	7	SCOTT Marc	Rush	02:10.2	
5	5	SKIPPER Charlie	PFP	02:16.2	
6	8	CHARTERS Josh	Work	02:26.2	
7	6	BOWYER Anthony	Pont	02:29.3	
8	2	PARKER William X	Clee	02:58.9	

**800m Men B**

Posn	No.	Athlete	Club	Perf	Wind
1	55	MACKIE Hugh X	PFP	02:11.9	
2	11	WILSON Stuart	Barn	02:13.0	
3	77	KIRKWOOD James	Rush	02:15.6	
4	66	LOWE Steve	Pont	02:21.5	
5	44	OWENS Gareth	Newk	02:32.8	
6	88	HARRISON John	Work	02:41.9	
7					
8					

**NORTH OF ENGLAND EAST Division 4EC @ Grantham**

**19/05/2019**

**1500m Men A**

Posn	No.	Athlete	Club	Perf
1	1	WILSON Stuart	Barn	04:35.8 <b>400</b>
2	5	REED Keiron	PFP	04:38.3 <b>380</b>
3	7	KIRKWOOD James	Rush	04:39.2 <b>373</b>
4	44	HUBBARD Thomas	Newk	04:43.5 <b>341</b>
5	66	KIDD David	Pont	04:44.5 <b>334</b>
6	8	CHARTERS Jake	Work	05:10.8 <b>177</b>
7	2	PARKER William X	Clee	05:43.0 <b>60</b>
8				

**1500m Men B**

Posn	No.	Athlete	Club	Perf
1	77	SQUIRE Ben X	Rush	04:42.6
2	6	LOWE Steve	Pont	04:49.6
3	4	CRAMPTON Oliver	Newk	04:53.2
4	88	HARRISON John	Work	05:38.0
5	55	FRYERS James X	PFP	05:46.6
6	11	SPENSLEY Lee	Barn	05:51.2
7				
8				

**5000m Men A**

Posn	No.	Athlete	Club	Perf
1	5	COOKE Gareth	PFP	16:37.9 <b>516</b>
2	7	SWEET David	Rush	16:48.9 <b>490</b>
3	1	WILSON Stuart	Barn	17:18.8 <b>422</b>
4	4	HUBBARD Thomas	Newk	17:37.1 <b>383</b>
5	66	KIDD David	Pont	17:37.8 <b>382</b>
6	88	DUNCAN Christopher	Work	18:30.3 <b>280</b>
7				
8				

**5000m Men B**

Posn	No.	Athlete	Club	Perf
1	6	LOWE Steve	Pont	18:21.8
2	11	GiLLOTT Chris	Barn	18:46.8
3	55	NEEDHAM Patrick	PFP	19:06.5
4	8	CARR Stephen	Work	20:40.5
5	77	WILLIAMS-DUNCAN Sam	Rush	21:37.2
6				
7				
8				

**3000m S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	6	LOWE Steve	Pont	11:10.2
2	7	MOFFATT Graham	Rush	11:29.9
3	4	BAGGULEY Timothy	Newk	11:53.1
4	5	BROOM John	PFP	13:29.8
5	8	CARR Stephen	Work	13:44.5
6	1	SPENSLEY Lee	Barn	13:58.3
7				
8				

**3000m S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1	55	FRYERS Paul	PFP	13:45.7
2	88	CHARTERS Josh	Work	13:46.9
3	11	ARCHER Ray	Barn	16:49.0
4				
5				
6				
7				
8				

**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	7	SCOTT James	Rush	62.9 <b>557</b>
2	1	WILSON Stuart	Barn	70.6 <b>358</b>
3	5	SKIPPER Charlie	PFP	70.9 <b>352</b>
4	4	BAGGULEY Timothy	Newk	71.0 <b>349</b>
5				
6				
7				
8				

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	55	NEEDHAM Patrick	PFP	68.3 <b>414</b>
2	77	MOFFATT Graham	Rush	75.4 <b>256</b>
3				
4				
5				
6				
7				
8				

**NORTH OF ENGLAND EAST Division 4EC @ Grantham**

**19/05/2019**

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf	
1	7	SCOTT James	Rush	20.4	328
2	6	CARTER William	Pont	20.9	293
3	5	NEEDHAM Patrick	PFP	24.1	115
4					
5					
6					
7					
8					

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf	
1	66	HOWES Cameron Y	Pont	19.1	426
2	77	FINDLAY Martin	Rush	24.7	90
3	55	FRYERS Tom Y	PFP	31.7	
4					
5					
6					
7					
8					

**100m N/S Men A**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**100m N/S Men B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	3	CYRUS Dalvin	Long	5.74	603
2	5	WADE Daniel X	PFP	5.49	554
3	2	VINES Kieran Y	Clee	5.23	503
4	6	HOWES Cameron Y	Pont	5.16	489
5	8	FERIS Jack X	Work	4.93	445
6	4	OWENS Gareth	Newk	4.67	394
7	11	GILLOTT Chris	Barn	4.35	333
8	7	HOOD Finlay Y	Rush	4.28	320

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	66	KINNEAR Jack Y	Pont	4.73	406
2	55	MACKIE Hugh X	PFP	4.67	394
3	33	MCGOWAN Michael	Long	3.92	252
4	77	SQUIRE Ben	Rush	3.78	226
5	22	PARKER William X	Clee	3.33	143
6	1	ARCHER Ray	Barn	3.30	137
7					
8					

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	6	HOWES Cameron Y	Pont	1.80	677
2	5	NEEDHAM Patrick	PFP	1.60	511
3	1	WILSON Stuart	Barn	1.50	427
4	8	CHARTERS Josh	Work	1.45	385
5	4	BAGGULEY Timothy	Newk	1.40	343
6	7	SCOTT Marc	Rush	x	
7					
8					

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	55	FRYERS Tom Y	PFP	1.50	427
2	44	CARRINGTON Oliver	Newk	1.40	343
3	66	LOWE Steve	Pont	1.40	343
4					
5					
6					
7					
8					

**NORTH OF ENGLAND EAST Division 4EC @ Grantham**

**19/05/2019**

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf	
1	7	SCOTT James	Rush	11.70	595
2	22	VINES Kieran	Clee	11.35	560
3	55	MAKIE Hugh	PFP	10.70	493
4	1	WILSON Stuart	Barn	10.20	440
5	6	LOWE Steve	Pont	10.20	440
6	8	CHARTERS Jake X	Work	8.76	275
7					
8					

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf	
1	5	FRYERS Tom	PFP	9.40	351
2	77	MOFFATT Graham	Rush	9.05	310
3	2	SMITH Alfie	Clee	8.98	301
4	66	BOWYER Anthony	Pont	8.64	260
5	11	ARCHER Ray	Barn	7.03	11
6					
7					
8					

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf	
1	4	BAGGULEY Timothy	Newk	3.40	569
2					
3					
4					
5					
6					
7					
8					

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					
7					
8					

**Shot Men A**

Posn	Bib	Athlete	Club	Perf	
1	6	CARTER William	Pont	9.92	574
2	4	RODWELL Craig	Newk	8.68	475
3	3	SAMPSON Christopher	Long	8.68	475
4	1	NOBLE Alan	Barn	6.63	278
5	7	FINDLAY Martin	Rush	6.44	257
6	8	CHARTERS James	Work	5.78	172
7	55	DICKINSON Steve	PFP	5.46	121
8					

**Shot Men B**

Posn	Bib	Athlete	Club	Perf	
1	66	TONKINSON Daniel	Pont	9.48	540
2	33	MCGOWAN Michael	Long	7.08	327
3	44	OWENS Gareth	Newk	6.48	261
4	11	ARCHER Ray	Barn	6.35	246
5	77	SWEET David	Rush	6.27	236
6	88	DUNCAN Christopher	Work	5.24	79
7	5	SUTCLIFFE Ian	PFP	4.71	
8					

**Discus Men A**

Posn	Bib	Athlete	Club	Perf	
1	6	CARTER William	Pont	32.49	635
2	2	PRECIOUS Reece	Clee	31.15	612
3	4	RODWELL Craig	Newk	31.11	611
4	3	SAMPSON Christopher	Long	22.93	448
5	1	NOBLE Alan	Barn	18.77	347
6	8	CHARTERS James	Work	16.40	279
7	77	MOFFATT Graham	Rush	15.88	263
8	55	DICKINSON Steve	PFP	14.09	200

**Discus Men B**

Posn	Bib	Athlete	Club	Perf	
1	66	TONKINSON Daniel	Pont	31.35	615
2	33	MCGOWAN Michael	Long	20.24	384
3	44	BAGGULEY Timothy	Newk	20.18	383
4	11	ARCHER Ray	Barn	16.49	282
5	88	DUNCAN Christopher	Work	15.55	252
6	7	FINDLAY Martin	Rush	15.11	237
7	5	SUTCLIFFE Ian	PFP	13.56	179
8					

**NORTH OF ENGLAND EAST Division 4EC @ Grantham**

**19/05/2019**

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf	
1	3	SAMPSON Christopher	Long	32.74	618
2	2	PRECIOUS Reece	Clee	31.04	595
3	4	RODWELL Craig	Newk	30.74	590
4	6	TONKINSON Daniel	Pont	21.47	444
5	7	SCOTT James	Rush	21.00	436
6	8	CHARTERS James	Work	18.53	390
7	11	ARCHER Ray	Barn	17.08	360
8	5	FRYERS Paul	PFP	15.18	318

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf	
1	66	HOWES Richard	Pont	16.09	339
2	44	OWENS Gareth	Newk	14.97	313
3	1	NOBLE Alan	Barn	11.95	235
4	88	CHARTERS Josh	Work	11.51	221
5	55	DICKINSON Steve	PFP	10.88	201
6	77	MOFFATT Graham	Rush	10.59	191
7					
8					

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf	
1	2	PRECIOUS Reece	Clee	42.59	652
2	6	CARTER William	Pont	37.76	582
3	7	SCOTT James	Rush	32.35	499
4	4	RODWELL Craig	Newk	25.00	376
5	11	ARCHER Ray	Barn	23.94	357
6	8	CHARTERS Josh	Work	22.32	327
7	3	SAMPSON Christopher	Long	20.35	289
8	5	COOKE Gareth	PFP	20.33	289

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf	
1	22	FRARY Ben	Clee	41.56	637
2	66	TONKINSON Daniel	Pont	36.13	557
3	77	HOOD Finlay Y	Rush	25.54	386
4	1	NOBLE Alan	Barn	21.93	320
5	88	DUNCAN Christopher	Work	19.95	281
6	55	FRYERS Paul	PFP	19.78	278
7	33	MCGOWAN Michael	Long	X	
8					

**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	3	Long	STEEL Tiger X DALBAL Hakan Y MCGOWAN Michael CYRUS Dalvin Y	45.8
2	2	Clee	PLAATJIES Jean-louis PLAATJIES Miguel VINES Kieran Y SMITH Alfie X	48.5
3	7	Rush	HOOD Finlay Y QUILTY Nicholas KIRKWOOD James SCOTT James	51.6
4	6	Pont	KINNEAR Jack Y WILLIAMS Robert BOWYER Anthony CARTER William	51.7
5	5	PFP	WADE Daniel X FRYERS James X MACKIE Hugh X FRYERS Tom Y	54.6
6	8	Work	CHARTERS Jake X CHARTERS Josh DUNCAN Christopher FERIS Jack X	57.2
7	4	Newk	CARRINGTON Oliver CRAMPTON Oliver HUBBARD Thomas RODWELL Craig	58.3
8	1	Barn	GILLOTT Chris SPENSLEY Lee NOBLE Alan FIELDSEND Paul	60.0

**4 x 400m Men A**

Posn	No.	Club	Runners	Perf
1	3	Long	URANO Kohsuke DALBAL Hakan Y STEEL Tiger X SEMB Henrik	03:59.0
2	7	Rush	DICKINS Stephen SQUIRE Ben X QUILTY Nicholas MATHARU Oliver	04:08.0
3	4	Newk	CARRINGTON Oliver BAGGULEY Timothy CRAMPTON Oliver OWENS Gareth	04:11.4
4	6	Pont	KINNEAR Jack Y BOWYER Anthony CARTER William HOWES Cameron Y	04:12.1
5	5	PFP	SKIPPER Charlie REED Keiron MACKIE Richard NEEDHAM Patrick	04:15.0
6	1	Barn	BIRD Ryan FIELDSEND Paul BIRD Ryan FIELDSEND Paul	04:18.6
7	8	Work	CARR Stephen HARRISON John DUNCAN Christopher MARRIOTT Paul	04:45.3
8				

**NORTH OF ENGLAND EAST Division 4EC @ Grantham**

**19/05/2019**

**100m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	CRODDEN Soraya X	Long	13.4	564
2	6	ANAMAN Tracy Y	Pont	13.9	474
3	2	FLYNN Rebecca	Clee	14.2	424
4	5	BRIGHTMORE Ellie	PFP	14.7	348
5	7	HOOD Helen	Rush	15.8	211
6	1	SPENSLEY Rebecca	Barn	15.8	211
7	8	DICKINSON Kerry	Work	20.2	
8					

**100m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	55	SINGLETON Brooke X	PFP	15.1	293
2	11	SPENSLEY Elizabeth	Barn	15.7	221
3	33	CASSON Debra	Long	16.0	190
4	77	DAVIS Jo	Rush	18.4	32
5					
6					
7					
8					

**200m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	CRODDEN Soraya X	Long	27.7	544
2	8	STOREY SAVANNAH X	Work	28.0	519
3	6	ANAMAN Tracy Y	Pont	29.6	395
4	5	BRIGHTMORE Ellie	PFP	30.2	354
5	2	FLYNN Rebecca	Clee	31.7	264
6	1	SPENSLEY Rebecca	Barn	32.8	208
7	4	OWENS Tilly Y	Newk	33.7	168
8	7	WYSZYNSKI Mellisa	Rush	33.8	164

**200m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	11	SPENSLEY Elizabeth	Barn	31.7	264
2	33	CASSON Debra	Long	33.6	173
3	55	MAYSTON Rachael	PFP	35.1	117
4	77	TODD MCINTYRE Cheralynne	Rush	35.4	107
5	88	DICKINSON Kerry	Work	44.7	
6					
7					
8					

**400m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	ROBERTSON Francesca	Long	64.9	507
2	1	LAKING Christina	Barn	71.1	326
3	5	BRIGHTMORE Ellie	PFP	71.1	326
4	7	VAN LOON Editha	Rush	77.2	190
5	8	DICKINSON Kerry	Work	102.0	
6					
7					
8					

**400m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	33	TURNER Heather	Long	79.9	142
2	77	MELLOR Kathryn	Rush	82.5	103
3	11	NOBLE Alison	Barn	88.0	42
4	55	MATTHEWS Judith	PFP	102.9	
5					
6					
7					
8					

**800m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	4	HUBBARD Cloe	Newk	02:29.8	
2	7	WYSZYNSKI Mellisa	Rush	02:50.4	
3	1	SPENSLEY Elizabeth	Barn	02:53.6	
4	3	ROBERTS Lindsay	Long	02:55.9	
5	5	BROOM Dawn	PFP	02:55.9	
6	8	MARRIOTT Samantha	Work	03:02.3	
7					
8					

**800m Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	44	OWENS Tilly Y	Newk	02:56.0	
2	77	BRANDON Ruth	Rush	02:58.5	
3	33	TURNER Heather	Long	02:58.6	
4	11	SPENSLEY Rebecca	Barn	03:11.7	
5	55	MATTHEWS Judith	PFP	03:31.6	
6					
7					
8					

**NORTH OF ENGLAND EAST Division 4EC @ Grantham**

**19/05/2019**

**1500m Women A**

Posn	No.	Athlete	Club	Perf
1	4	HUBBARD Cloe	Newk	04:56.5 <b>622</b>
2	1	LAKING Christina	Barn	05:25.1 <b>435</b>
3	7	BRANDON Ruth	Rush	05:58.2 <b>260</b>
4	3	ROBERTS Lindsay	Long	06:05.4 <b>228</b>
5	8	MCGINLEY Caroline	Work	06:43.2 <b>94</b>
6	55	LINDLEY Heather	PFP	06:54.9 <b>64</b>
7				
8				

**1500m Women B**

Posn	No.	Athlete	Club	Perf
1	77	DAVIS Jo	Rush	06:36.7
2	5	GODLEY Dawn	PFP	06:57.6
3	11	NOBLE Alison	Barn	07:00.7
4	33	MITCHELL Karen	Long	07:29.6
5				
6				
7				
8				

**3000m Women A**

Posn	No.	Athlete	Club	Perf
1	4	HUBBARD Cloe	Newk	10:10.7 <b>732</b>
2	1	LAKING Christina	Barn	11:13.3 <b>522</b>
3	3	ROBERTS Lindsay	Long	12:43.6 <b>280</b>
4	7	TODD MCINTYRE Cheralynne	Rush	12:45.5 <b>276</b>
5	5	BROOM Dawn	PFP	13:01.6 <b>240</b>
6	8	MCGINLEY Caroline	Work	13:46.4 <b>154</b>
7				
8				

**3000m Women B**

Posn	No.	Athlete	Club	Perf
1	55	MATTHEWS Judith	PFP	14:36.5
2	33	MITCHELL Karen	Long	15:12.2
3	77	WARD Niki	Rush	17:47.3
4				
5				
6				
7				
8				

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	3	ROBERTSON Francesca	Long	67.7 <b>668</b>	
2	4	OWENS Amber	Newk	82.6 <b>326</b>	
3	7	MELLOR Kathryn	Rush	94.5 <b>127</b>	
4	5	MAYSTON Rachael	PFP	109.0 <b>1</b>	
5					
6					
7					
8					

**400m Hurdles Women B**

Posn	No.	Athlete	Club	Perf	Wind
1	44	OWENS Lauren Y	Newk	87.7 <b>232</b>	
2	55	LINDLEY Heather	PFP	103.1 <b>33</b>	
3					
4					
5					
6					
7					
8					

**100m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	8	RACE Emily Y	Work	15.00 <b>770</b>
2	4	OWENS Lauren Y	Newk	20.90 <b>288</b>
3	7	MELLOR Kathryn	Rush	22.60 <b>189</b>
4				
5				
6				
7				
8				

**100m Hurdles Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				



**NORTH OF ENGLAND EAST Division 4EC @ Grantham**

**19/05/2019**

**1500m S/Chase Women A**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**1500m S/Chase Women B**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**100m N/S Women A**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**100m N/S Women B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	8	STOREY SAVANNAH X	Work	5.14	691
2	6	ANAMAN Tracy Y	Pont	4.84	623
3	1	BUCKINGHAM Toni	Barn	4.28	497
4	7	KAPPEN Millie Y	Rush	4.12	462
5	5	BRIGHTMORE Ellie	PFP	4.11	460
6	3	ROBERTSON Francesca	Long	4.05	446
7	2	FLYNN Rebecca	Clee	3.69	367
8					

**Long Jump Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	55	SINGLETON Brooke X	PFP	4.04	444
2	77	HOOD Helen	Rush	3.59	345
3	11	LAKING Christina	Barn	3.12	244
4	33	CASSON Debra	Long	2.96	210
5					
6					
7					
8					

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	88	MEIKLE May X	Work	1.45	596
2	5	BRIGHTMORE Ellie	PFP	1.40	542
3	3	ROBERTSON Francesca	Long	1.30	433
4	77	MELLOR Kathryn	Rush	1.15	270
5					
6					
7					
8					

**High Jump Women B**

Posn	Bib	Athlete	Club	Perf	AAA
1	55	LINDLEY Heather	PFP	1.15	270
2	33	SCHOLES Rachel	Long	1.15	270
3	7	WARD Niki	Rush	1.10	216
4	8	RACE Emily Y	Work	x	
5					
6					
7					
8					

**NORTH OF ENGLAND EAST Division 4EC @ Grantham**

**19/05/2019**

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	6	ANAMAN Tracy Y	Pont	10.36	649
2	8	STOREY SAVANNAH X	Work	9.72	580
3	7	KAPPEN Millie	Rush	8.93	494
4	3	ROBERTSON Francesca	Long	8.80	480
5	4	OWENS Lauren Y	Newk	8.74	473
6	5	SINGLETON Brooke X	PFP	8.23	416
7					
8					

**Triple Jump Women B**

Posn	Bib	Athlete	Club	Perf	
1	44	OWENS Tilly Y	Newk	7.90	378
2	77	HOOD Helen	Rush	x	
3					
4					
5					
6					
7					
8					

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf	
1	4	OWENS Lauren Y	Newk	2.40	476
2					
3					
4					
5					
6					
7					
8					

**Pole Vault Women B**

Posn	Bib	Athlete	Club	Perf	
1					
2					
3					
4					
5					
6					
7					
8					

**Shot Women A**

Posn	Bib	Athlete	Club	Perf	
1	1	BUCKINGHAM Toni	Barn	12.10	862
2	8	RACE Emily Y	Work	11.58	829
3	3	SCHOLES Rachel	Long	8.16	585
4	5	BRIGHTMORE Ellie	PFP	7.12	498
5	7	KAPPEN Millie Y	Rush	7.02	489
6	6	WAITE Julie	Pont	6.16	409
7	2	FLYNN Rebecca	Clee	5.72	363
8					

**Shot Women B**

Posn	Bib	Athlete	Club	Perf	
1	77	WARD Niki	Rush	6.44	436
2	11	NOBLE Alison	Barn	5.92	384
3	88	DICKINSON Kerry	Work	5.20	305
4	66	WILLIAMS Jane	Pont	5.20	305
5	33	PICKERSGILL Susanne	Long	4.74	247
6	55	DEAN Caroline	PFP	4.05	138
7					
8					

**Discus Women A**

Posn	Bib	Athlete	Club	Perf	
1	1	BUCKINGHAM Toni	Barn	34.75	802
2	3	SCHOLES Rachel	Long	20.74	559
3	77	VAN LOON Editha	Rush	18.22	502
4	6	WAITE Julie	Pont	14.68	408
5	55	LINDLEY Heather	PFP	11.78	310
6	8	DICKINSON Kerry	Work	11.71	307
7	4	ROWBERRY Chloe	Newk	10.99	276
8	2	FLYNN Rebecca	Clee	8.82	147

**Discus Women B**

Posn	Bib	Athlete	Club	Perf	
1	33	CRODDEN Soraya X	Long	20.64	557
2	11	NOBLE Alison	Barn	14.61	406
3	66	WILLIAMS Jane	Pont	14.39	400
4	7	DAVIS Jo	Rush	12.69	344
5	5	DEAN Caroline	PFP	11.52	299
6	88	MARRIOT Samantha	Work	10.06	230
7					
8					

**NORTH OF ENGLAND EAST Division 4EC @ Grantham**

**19/05/2019**

**Hammer Women A**

Posn	Bib	Athlete	Club	Perf	
1	3	SCHOLES Rachel	Long	27.98	580
2	1	BUCKINGHAM Toni	Barn	27.82	577
3	4	ROWBERRY Chloe	Newk	26.83	563
4	6	WAITE Julie	Pont	15.19	360
5	8	DICKINSON Kerry	Work	14.07	336
6	55	LINDLEY Heather	PFP	13.73	328
7					
8					

**Hammer Women B**

Posn	Bib	Athlete	Club	Perf	
1	11	NOBLE Alison	Barn	15.77	372
2	66	WILLIAMS Jane	Pont	15.12	358
3	44	OWENS Tilly Y	Newk	13.78	329
4	5	DEAN Caroline	PFP	11.42	272
5	33	CASSON Debra	Long	4.34	
6					
7					
8					

**Javelin Women A**

Posn	Bib	Athlete	Club	Perf	
1	8	RACE Emily Y	Work	30.41	736
2	1	BUCKINGHAM Toni	Barn	19.98	549
3	33	SCHOLES Rachel	Long	15.11	437
4	77	MELLOR Kathryn	Rush	12.42	362
5	66	WILLIAMS Jane	Pont	11.30	326
6	4	ROWBERRY Chloe	Newk	9.03	237
7	55	LINDLEY Heather	PFP	8.00	183
8					

**Javelin Women B**

Posn	Bib	Athlete	Club	Perf	
1	11	SPENSLEY Caroline	Barn	16.79	479
2	7	WARD Niki	Rush	12.40	361
3	3	PICKERSGILL Susanne	Long	11.32	326
4	6	WAITE Julie	Pont	9.16	243
5	44	OWENS Amber	Newk	7.64	161
6	5	DEAN Caroline	PFP	7.55	155
7	88	MARRIOT Samantha	Work	7.29	136
8					

**4 x 100m Women A**

Posn	No.	Club	Runners	REC
1	3	Long	SCHOLES Rachel ROBERTSON Francesca CASSON Debra CRODDEN Soraya X	58.70
2	1	Barn	SPENSLEY Rebecca SPENSLEY Elizabeth NOBLE Alison BUCKINGHAM Toni	62.80
3	4	Newk	OWENS Lauren Y OWENS Tilly Y ROWBERRY Chloe OWENS Amber	63.30
4	8	Work	RACE Emily Y STOREY SAVANNAH X MCGINLEY Caroline DICKINSON Kerry	63.30
5	7	Rush	MELLOR Kathryn BRANDON Ruth DAVIS Jo KAPPEN Millie	66.10
6	5	PFP	SINGLETON Brooke X GODLEY Dawn MAYSTON Rachael MATTHEWS Judith	70.80
7				
8				

**4 x 400m Women A**

Posn	No.	Club	Runners	REC
1	3	Long	CASSON Debra MITCHELL Karen ROBERTS Lindsay ROBERTSON Francesca	05:20.2
2	7	Rush	VAN LOON Editha TODD MCINTYRE Cheralyne VAN LOON Editha TODD MC	05:42.9
3	5	PFP	BRIGHTMORE Ellie MATTHEWS Judith GODLEY Dawn MAYSTON Rachael	05:51.8
4				
5				
6				
7				
8				