

cs Senior/U20 Outdoor		Manchester	June 2019				
Event	Text19	Text1	Cmp	CmpSurname	CmpClub	cmpDC	Text
Heat 01	W/S: +0.0			100m Ambulant Men			
		1	512	Ben Foulston T38	Charnwood A C	12.49	
		2	521	Kyle Keyworth T38	Manchester Harriers & AC	12.59	
		3	500	Henry Ackroyd T38	Bingley Harriers & AC	12.61	
		4	505	George Fox T37	Blackpool Wyre & Fylde AC	12.71	
		5	553	Jahziah Williams T38	Eastbourne AC	13.56	
Heat 02	W/S: +0.0						
		1	538	Matthew Whitehead T20	Doncaster Athletic Club	13.72	
		2	534	Connor Gillie T/F44	Barton & District AC	13.76	
		3	539	Thomas Stamp T35	South Gloucester AC	15.56	
		4	535	Kayden Roe T37	Doncaster Athletic Club	16.08	
Heat 01	W/S: +0.2			100m Ambulant Women			
		1	552	Victoria Baskett T44	University of Sheffield AC	14.45	
		2	515	Amy Carr T/F37	City of York AC	14.63	
		3	273	Emily Stewart T/F38	Gateshead Harriers & AC	15.36	
		4	536	Julie Rogers T44	Cardiff Met AC	17.24	
		5	507	Rachel Partington T38	Chester Le Street & Dist AC	17.57	
		6	427	Freya McGlone	Derwentside AC	31.19	
Heat 01	W/S: +2.3			Race Running 100m Men			
		1	517	Gavin Drysdale RR3	U/A	16.63	
		2	514	Rafeek Solaiman RR3	y Of Sheffield And Dearne Ac	17.30	
		3	528	Matt Humphries RR3	y Of Sheffield And Dearne Ac	19.94	
		4	527	Thomas Talbot RR2	icoln Wellington Athletic Club	24.54	
Heat 01	W/S: +2.0			Race Running 100m Women			
		1	518	Hannah Dines RR3	Stockport Harriers & AC	19.81	
		2	513	Ellie Simpson RR2	y Of Sheffield And Dearne Ac	20.51	
		3	529	Orla Conneely RR2	Chesterfield & District AC	22.39	
Heat 01	W/S: +1.0			200m Ambulant Men			
		1	532	Dylan Harris T38	Reading AC	24.93	
		2	521	Kyle Keyworth T38	Manchester Harriers & AC	26.17	
		3	553	Jahziah Williams T38	Eastbourne AC	27.39	
		4	539	Thomas Stamp T35	South Gloucester AC	33.16	
		5	535	Kayden Roe T37	Doncaster Athletic Club	33.35	
Heat 01	W/S: +4.4			200m Ambulant Women			
		1	273	Emily Stewart T/F38	Gateshead Harriers & AC	32.47	
		2	427	Freya McGlone	Derwentside AC	86.26	
Parallel Success 400m Ambulant FINAL							
		1	532	Dylan Harris T38	Reading AC	56.97	
		2	502	Alexander Thomson T/F38	Whitemoss AAC	57.69	
		3	500	Henry Ackroyd T38	Bingley Harriers & AC	58.28	
		4	538	Matthew Whitehead T20	Doncaster Athletic Club	69.37	
		5	507	Rachel Partington T38	Chester Le Street & Dist AC	85.90	
Heat 01							
		1	517	Gavin Drysdale RR3	U/A	1:13.31	
		2	514	Rafeek Solaiman RR3	y Of Sheffield And Dearne Ac	1:17.34	

		3	528	Matt Humphries RR3	y Of Sheffield And Dearne Ac	1:25.39	
		4	527	Thomas Talbot RR2	coln Wellington Athletic Club	1:39.08	
Heat 01							
		1	529	Orla Conneely RR2	Chesterfield & District AC	1:44.19	
		2	513	Ellie Simpson RR2	y Of Sheffield And Dearne Ac	1:49.28	
Parallel Success Seated Club Fl	W/S						
		1	504	Stephen Miller F32	Gateshead Harriers & AC	28.12	
		2	511	Robert Allerston F32	Liverpool Harriers & AC	21.61	
		3	508	Gemma Prescott F32	eelchair Athletics Association	19.62	
		4	537	Stewart Chappell F32	Gateshead Harriers & AC	16.29	
		5	506	Kirsty Soutar F32	Red Star AC	15.29	
Parallel Success Seated Discus	W/S						
		1	525	Mike Barker F55	Birchfield Harriers	29.82	
		2	524	Dave Watson F56	Birchfield Harriers	21.22	
		3	509	Samantha Gray F33	Gateshead Harriers & AC	8.79	
		4	506	Kirsty Soutar F32	Red Star AC	8.05	
		5	537	Stewart Chappell F32	Gateshead Harriers & AC	7.56	
		6	511	Robert Allerston F32	Liverpool Harriers & AC	7.53	
Parallel Success Seated Javelin	W/S						
		1	525	Mike Barker F55	Birchfield Harriers	26.45	
		2	524	Dave Watson F56	Birchfield Harriers	14.03	
		3	509	Samantha Gray F33	Gateshead Harriers & AC	6.63	
Parallel Success Seated Shot Pu	W/S						
		1	525	Mike Barker F55	Birchfield Harriers	9.34	
		2	524	Dave Watson F56	Birchfield Harriers	6.42	
		3	519	Sonia Pinheiro F57	Wigan & District H & Ac	4.97	
		4	509	Samantha Gray F33	Gateshead Harriers & AC	3.56	
		5	511	Robert Allerston F32	Liverpool Harriers & AC	2.92	
Senior Men 100m FINAL	W/S: +0.7						
	A Final;						
		1	128	Andrew Robertson	Sale Harriers Manchester	10.41	
		2	166	Connor Wood	Sale Harriers Manchester	10.64	
		3	165	James Williams	Liverpool Harriers & AC	10.70	
		4	112	Regan Oconnell	y Of Sheffield And Dearne Ac	10.87	
		5	82	Dominic Lamb	Spensorough & Dist AC	11.00	
		6	141	Ben Shields	Rotherham Harriers and AC	11.00	
		7	105	Andrew Morgan-Harrison	Kingston upon Hull AC	11.04	
		8	49	Ian Fennell	Manchester Harriers & AC	11.14	
	B Final	1	58	Ryan Hall	Oldham & Royton H & AC	11.01	
		2	100	Ciaran McGuire	Gateshead Harriers & AC	11.02	
		3	85	Jack Lemaire	ern Athletic Club (Isle of Man)	11.10	
		4	31	Joseph Cooper	Kingston Upon Hull Ac	11.18	

		5	20	Dominic Bradley	Crewe and Nantwich AC	11.31	
		6	71	Colin Hornby	Sale Harriers Manchester	11.36	
Heat 01	W/S: +1.9	1	128	Andrew Robertson	Sale Harriers Manchester	10.45	
		2	166	Connor Wood	Sale Harriers Manchester	10.61	
		3	21	Rivaldo Brown	Trafford Athletic Club	11.01	
		4	20	Dominic Bradley	Crewe and Nantwich AC	11.15	
		5	23	Jonathan Bull	Durham City Harriers & AC	11.46	
		6	106	Adam Murray	Wakefield District H & AC	11.49	
		7	86	Taavo Leon	Leeds City Athletic Club	12.00	
Heat 02	W/S: +1.9	1	165	James Williams	Liverpool Harriers & AC	10.55	
		2	82	Dominic Lamb	Spenborough & Dist AC	10.81	
		3	49	Ian Fennell	Manchester Harriers & AC	10.96	
		4	85	Jack Lemaire	ern Athletic Club (Isle of Man)	11.08	
		5	58	Ryan Hall	Oldham & Royton H & AC	11.11	
		6	71	Colin Hornby	Sale Harriers Manchester	11.28	
		7	144	Daniel Shuttleworth	Kendal Amateur Athletic Club	11.89	
		8	50	Jonathan Fields	Rotherham Harriers and AC	12.27	
Heat 03	W/S: +2.1	1	112	Regan Oconnell	y Of Sheffield And Dearne Ac	10.66	
		2	141	Ben Shields	Rotherham Harriers and AC	10.81	
		3	105	Andrew Morgan-Harrison	Kingston upon Hull AC	10.89	
		4	24	Charles Burke	Manchester Harriers & AC	11.15	
		5	31	Joseph Cooper	Kingston Upon Hull Ac	11.28	
		6	150	Michael Taubman	Manx Harriers	11.44	
		7	84	Aidan Leach	Bingley Harriers & AC	11.52	
		8	54	Tyler Fowles	y Of Sheffield And Dearne Ac	11.60	
Senior Men 110m Hurdles FINA	W/S: +2.2	1	104	Curtis Mitchell	Preston Harriers	14.78	
		2	33	Michael Copeland	y Of Sheffield And Dearne Ac	15.02	
		3	138	William Seed	Cleethorpes And District Ac	15.26	
		4	60	Matthew Harrison	Leeds City Athletic Club	21.07	
Senior Men 1500m FINAL		1	163	Matthew Wigelsworth	Preston Harriers	3:52.87	
		2	37	Tiarnan Crokken	Preston Harriers	3:54.00	
		3	10	Daniel Bebbington	Preston Harriers	3:54.55	
		4	99	Jethro McGraw	ey and Erewash Athletic Club	3:55.41	
		5	96	James McCrae	Hallamshire Harriers Sheffield	3:56.33	
		6	6	Grant Anderson	Stockport Harriers & Ac	3:59.27	
		7	59	Matthew Harris	Rossendale Harriers & Ac	4:00.94	
		8	11	Cameron Bell	Hallamshire Harriers Sheffield	4:05.55	
		9	125	Kieran Reay	Tyne Bridge Harriers	4:10.58	
		10	148	Kai Sunman	Holmfirth Harriers AC	4:13.10	
		11	134	Andy Salmon	Liverpool Harriers & AC	4:13.37	

		12	17	Simon Bolland	Spensorborough & Dist AC	4:17.02	
		13	15	Josh Betteley	Vale Royal AC	4:27.65	
Senior Men 200m FINAL	W/S: +2.8						
	A Final	1	166	Connor Wood	Sale Harriers Manchester	20.97	
		2	128	Andrew Robertson	Sale Harriers Manchester	21.12	
		3	105	Andrew Morgan-Harrison	Kingston upon Hull AC	21.28	
		4	112	Regan Oconnell	y Of Sheffield And Dearne Ac	21.33	
		5	82	Dominic Lamb	Spensorborough & Dist AC	21.75	
		6	543	Marcus Overend	Liverpool Harriers & AC	21.98	
		7	58	Ryan Hall	Oldham & Royton H & AC	22.08	
	B Final	1	38	Michael Damoah	of Sheffield Union of Students	22.13	
		2	100	Ciaran McGuire	Gateshead Harriers & AC	22.29	
		3	23	Jonathan Bull	Durham City Harriers & AC	22.48	
		4	20	Dominic Bradley	Crewe and Nantwich AC	22.59	
		5	73	Joshua Ingham	Preston Harriers	22.70	
		6	106	Adam Murray	Wakefield District H & AC	22.71	
Heat 01	W/S: +2.2	1	166	Connor Wood	Sale Harriers Manchester	21.29	
		2	128	Andrew Robertson	Sale Harriers Manchester	21.40	
		3	58	Ryan Hall	Oldham & Royton H & AC	22.04	
		4	23	Jonathan Bull	Durham City Harriers & AC	22.59	
		5	24	Charles Burke	Manchester Harriers & AC	22.67	
		6	106	Adam Murray	Wakefield District H & AC	22.81	
		7	31	Joseph Cooper	Kingston Upon Hull Ac	23.02	
Heat 02	W/S: +2.7	1	165	James Williams	Liverpool Harriers & AC	21.33	
		2	112	Regan Oconnell	y Of Sheffield And Dearne Ac	21.49	
		3	100	Ciaran McGuire	Gateshead Harriers & AC	22.38	
		4	20	Dominic Bradley	Crewe and Nantwich AC	22.48	
		5	85	Jack Lemaire	ern Athletic Club (Isle of Man)	22.56	
		6	73	Joshua Ingham	Preston Harriers	22.79	
		7	71	Colin Hornby	Sale Harriers Manchester	23.54	
		8	86	Taavo Leon	Leeds City Athletic Club	24.62	
Heat 03	W/S: +2.2	1	105	Andrew Morgan-Harrison	Kingston upon Hull AC	21.40	
		2	82	Dominic Lamb	Spensorborough & Dist AC	21.83	
		3	543	Marcus Overend	Liverpool Harriers & AC	22.04	
		4	38	Michael Damoah	of Sheffield Union of Students	22.23	
		5	138	William Seed	Cleethorpes And District Ac	22.83	
		6	84	Aidan Leach	Bingley Harriers & AC	23.38	
		7	54	Tyler Fowles	y Of Sheffield And Dearne Ac	23.55	
Senior Men 3000m Steeplechase FINAL		1	122	Adam Pratt	Morpeth Harriers & AC	9:35.42	

		2	2	Mohamed Abshir	Leeds City Athletic Club	9:36.77
		3	9	Lee Athersmith	Wharfedale Harriers	9:45.63
		4	88	George Lewis	shire Harriers & Tameside AC	10:55.59
		5	124	Benjamin Read	Preston Harriers	12:11.66
		6	60	Matthew Harrison	Leeds City Athletic Club	12:24.51
Senior Men 400m FINAL						
		1	153	Lee Thompson	y Of Sheffield And Dearne Ac	46.62
		2	158	Adam Walker-Khan	y of Sheffield and Dearne AC	47.77
		3	102	Reece Middleton	City of York AC	48.32
		4	119	Matthew Pagan	Sale Harriers Manchester	49.12
		5	51	Harry Flanagan	Southport Waterloo Ac	49.13
		6	44	Harry Doran	ool Pembroke & Sefton H AC	49.26
		7	95	Andrew McAslan	Sale Harriers Manchester	49.94
		8	30	Mark Collier	Gateshead Harriers & AC	50.40
Heat 01						
		1	51	Harry Flanagan	Southport Waterloo Ac	49.48
		2	44	Harry Doran	ool Pembroke & Sefton H AC	50.11
		3	28	Alexandre Chazel	f Sheffield Union Of Students	51.00
		4	161	Daniel Webb	Liverpool Harriers & AC	51.54
		5	35	Ryan Crawley	y of Sheffield and Dearne AC	51.97
		6	27	Jonathan Chan	llam University Athletics Club	54.48
Heat 02						
		1	153	Lee Thompson	y Of Sheffield And Dearne Ac	49.06
		2	102	Reece Middleton	City of York AC	49.75
		3	95	Andrew McAslan	Sale Harriers Manchester	50.48
		4	32	Justin Cooper	Gateshead Harriers & AC	50.96
		5	107	Daniel Neal	Preston Harriers	51.97
		6	126	Daniel Richardson	Warrington A C	53.22
Heat 03						
		1	158	Adam Walker-Khan	y of Sheffield and Dearne AC	49.86
		2	119	Matthew Pagan	Sale Harriers Manchester	49.92
		3	30	Mark Collier	Gateshead Harriers & AC	50.77
		4	110	Taf Nyaku	Leeds City Athletic Club	51.21
		5	57	Thomas Grantham	y Of Sheffield And Dearne Ac	51.78
Senior Men 400m Hurdles FINAL						
		1	42	Andrew Desmond	Liverpool Harriers & AC	55.31
		2	57	Thomas Grantham	y Of Sheffield And Dearne Ac	57.13
		3	60	Matthew Harrison	Leeds City Athletic Club	68.37
Senior Men 5000m FINAL						
		1	36	Matthew Crehan	St Helens Sutton AC	14:51.54
		2	14	Andy Benson	Preston Harriers	14:53.33
		3	4	Cameron Allan	Houghton Harriers & AC	14:54.12
		4	45	James Douglas	Border Harriers & Ac	14:57.67
		5	67	Gavin Hill	Sale Harriers Manchester	14:57.68
		6	12	Jordan Bell	Blackhill Bounders	15:10.73

		7	103	Lee Milburn	Rotherham Harriers and AC	15:11.16	
		8	2	Mohamed Abshir	Leeds City Athletic Club	15:13.08	
		9	13	Alexander Bellew	Leeds City Athletic Club	15:14.10	
		10	75	Greg Jayasuriya	Middlebrough & Cleveland AC	15:14.70	
		11	114	Simon OMeara	Trafford Athletic Club	15:14.93	
		12	491	Josh Rowe	Leeds City Athletic Club	15:21.35	
		13	133	Joe Sagar	Spenborough & Dist AC	15:21.79	
		14	81	Daniel Kestrel	Rotherham Harriers and AC	15:21.80	
		15	69	Nick Hooker	Leeds City Athletic Club	15:23.51	
		16	68	Mick Hill	Leeds City Athletic Club	15:23.62	
		17	129	Thomas Rogerson	Liverpool Harriers & Ac	15:36.55	
		18	83	Arron Larkin	Rotherham Harriers and AC	15:44.76	
		19	123	Jeff Prest	Trafford Athletic Club	15:53.83	
		20	91	Matthew Lockyer	Leeds City Athletic Club	16:04.11	
		21	111	Liam OBrien	Leeds City Athletic Club	16:08.12	
		22	62	Tim Hartley	Wigan & District H & Ac	16:19.29	
		23	53	Leon Foster	Leeds City Athletic Club	16:23.81	
		24	70	Philip Hoole	Rotherham Harriers and AC	16:55.09	
Senior Men 800m FINAL		1	163	Matthew Wigelsworth	Preston Harriers	1:52.55	
		2	167	James Young	Morpeth Harriers & Ac	1:52.66	
		3	10	Daniel Bebbington	Preston Harriers	1:53.57	
		4	39	Oliver Dane	y of Sheffield and Dearne AC	1:54.26	
		5	6	Grant Anderson	Stockport Harriers & Ac	1:54.36	
		6	96	James McCrae	Hallamshire Harriers Sheffield	1:57.48	
		7	8	Scott Armstrong	Durham City Harriers & AC	1:59.47	
		8	46	Alistair Douglass	Morpeth Harriers & AC	1:59.66	
Heat 01		1	163	Matthew Wigelsworth	Preston Harriers	1:57.06	
		2	167	James Young	Morpeth Harriers & Ac	1:57.18	
		3	39	Oliver Dane	y of Sheffield and Dearne AC	1:57.49	
		4	46	Alistair Douglass	Morpeth Harriers & AC	1:57.54	
Heat 02		1	10	Daniel Bebbington	Preston Harriers	1:56.67	
		2	6	Grant Anderson	Stockport Harriers & Ac	1:56.89	
		3	96	James McCrae	Hallamshire Harriers Sheffield	1:57.01	
		4	8	Scott Armstrong	Durham City Harriers & AC	1:57.42	
		5	99	Jethro McGraw	ey and Erewash Athletic Club	1:59.85	
		6	154	Jed Turner	Sheffield Rc	2:18.37	
Senior Men Discus FINAL		W/S	1	52	Daniel Fleming	City of York AC	49.30
			2	43	Tom Dobbs	Wigan & District H & AC	48.73
			3	477	Sergii Saraiev	Trafford Athletic Club	46.02
			4	547	Fraser Wright	Gateshead Harriers & AC	45.52

		5	93	Joe Martin	City of York AC	40.62	
		6	137	Will Schofield	Sale Harriers Manchester	37.41	
		7	149	Laurence Surman	y Of Sheffield And Dearne Ac	35.42	
		8	57	Thomas Grantham	y Of Sheffield And Dearne Ac	31.71	
		9	66	Matthew Hilditch	Oldham & Royton H & AC	28.44	
Senior Men Hammer FINAL	W/S	1	497	Osian Jones	Liverpool Harriers & AC	68.64	
		2	109	Daniel Nixon	ough Athletic Club (mandale)	54.50	
		3	80	Shaun Kerry	Kingston upon Hull AC	53.80	
		4	477	Sergii Saraiev	Trafford Athletic Club	50.12	
		5	137	Will Schofield	Sale Harriers Manchester	41.19	
		6	155	John Twiddle	Kingston upon Hull AC	41.07	
Senior Men High Jump FINAL	W/S	1	156	Vizamuje Ujaha	Sale Harriers Manchester	2.00	
		2	61	Michael Hartley	Liverpool Harriers & AC	1.90	
		3	78	Steven Jones	Liverpool Harriers & Ac	1.90	
Senior Men Javelin FINAL	W/S	1	40	George Davies	City of York AC	65.40	
		2	486	Sam Dean	Sale Harriers Manchester	62.06	
		3	5	Matthew Allison	Leeds City Athletic Club	51.29	
		4	152	Luke Thackray	Wakefield District H & AC	50.78	
Senior Men Long Jump FINAL	W/S	1	526	Joseph Gray F46	Gateshead Harriers & AC	6.07	
		2	480	Scott Ram	ey And Erewash Athletic Club	5.81	
		3	117	Faisal Othman	Manchester Harriers & AC	5.78	
		4	139	Daniel Sewell	City of York AC	5.34	
		5	510	Hafeez Ahmad F37	Sale Harriers Manchester	2.93	
Senior Men Pole Vault FINAL	W/S	1	76	Mark Johnson	Leeds City Athletic Club	4.20	
		2	146	Daniel Stanley	Blackpool Wyre & Fylde AC	3.90	
		3	57	Thomas Grantham	y Of Sheffield And Dearne Ac	3.90	
							+0.1
Senior Men Shot Putt FINAL	W/S	1	22	Daniel Brunt	y of Sheffield and Dearne AC	13.28	+0.6
		2	108	John Nicholls	Sale Harriers Manchester	13.16	+3.0
		3	489	Michael Martin	Trafford Athletic Club	12.22	+2.4
		4	155	John Twiddle	Kingston upon Hull AC	12.12	+1.6
		5	77	Scott Jones	Wigan & District H & Ac	11.76	
		6	66	Matthew Hilditch	Oldham & Royton H & AC	8.37	
Senior Men Triple Jump FINAL	W/S	1	495	Kevin Metzger	Sale Harriers Manchester	15.25	
		2	18	Joshua Bones	Scunthorpe & District AC	14.33	
		3	478	James Andrew	Jarrow & Hebburn Ac	13.06	
		4	544	Chris Harris	Wakefield District H & Ac	12.82	
		5	159	James Wardle	Kingston upon Hull AC	12.55	
Senior Women 100m FINAL	W/S: +0.0	1	224	Danielle McGifford	Wigan & District H & AC	11.78	
		2	272	Katy Wyper	Blackpool Wyre & Fylde AC	11.96	
		3	210	Megan Hault	Kingston Upon Hull Ac	12.20	

		4	241	Sophie Riley	Wigan & District H & AC	12.21	+0.1
		5	174	Ella Blakey	Derby Athletic Club	12.27	+0.6
		6	231	Sophie Money	Liverpool Harriers & AC	12.28	+0.0
		7	254	Amanda Shaw	Wakefield District H & AC	12.34	+0.0
		8	184	Emily Coope	Wigan & District H & AC	12.34	+0.0
Heat 01	N/S: +2.0	1	224	Danielle McGifford	Wigan & District H & AC	11.90	
		2	272	Katy Wyper	Blackpool Wyre & Fylde AC	11.97	
		3	254	Amanda Shaw	Wakefield District H & AC	12.13	
		4	184	Emily Coope	Wigan & District H & AC	12.15	
		5	183	Ash Colvin	Wigan & District H & AC	12.28	
		6	202	Lorna Gill	Halifax Harriers & AC	12.41	
		7	209	Emily Hornung	Wigan & District H & AC	12.79	
Heat 02	N/S: +2.3	1	241	Sophie Riley	Wigan & District H & AC	12.03	
		2	174	Ella Blakey	Derby Athletic Club	12.11	
		3	231	Sophie Money	Liverpool Harriers & AC	12.21	
		4	210	Megan Houlth	Kingston Upon Hull AC	12.22	
		5	168	Chidinma Agwu	Trafford Athletic Club	12.73	
		6	182	Louisa Cole	Preston Harriers	13.16	
		7	188	Emily Darroch	Liverpool Harriers & AC	13.32	
Senior Women 100m Hurdles FW/S: +2.9		1	224	Danielle McGifford	Wigan & District H & AC	13.66	
		2	263	Chelsea Walker	City of York AC	13.86	
		3	207	Amy Hodgson	Rotherham Harriers and AC	13.93	
		4	249	Nia Rutter	Blackpool Wyre & Fylde AC	14.89	
		5	244	Katy Robinson	Wigan & District H & AC	15.15	
		6	251	Sonia Santos	Kingston upon Hull AC	15.80	
		7	212	Lisa Marie Revitt Howarth	Doncaster Athletic Club	17.73	
Senior Women 1500m FINAL		1	194	Claire Duck	Leeds City Athletic Club	4:19.66	
		2	199	Rachael Franklin	Manx Harriers	4:20.50	
		3	266	Jennifer Walsh	Leeds City Athletic Club	4:25.59	
		4	201	Rachel Friend	Leeds City Athletic Club	4:30.07	
		5	179	Sophie Burnett	Birtley AC	4:30.75	
		6	203	Rochelle Harrison	Leeds City Athletic Club	4:31.08	
		7	211	Abigail Howarth	Leigh Harriers & AC	4:33.51	
		8	181	Molly Butterworth	Doncaster Athletic Club	4:35.98	
		9	259	Ruby Sykes	Holmfirth Harriers AC	4:36.99	
		10	180	Rachael Burns	Liverpool Harriers & AC	4:41.30	
		11	256	Jade Smith (T13)	St Helens Sutton AC	5:19.41	
Senior Women 2000m Steeplechase FIN		1	186	Vicki Cronin	Trafford Athletic Club	7:14.94	
		2	196	Jacqueline Etherington	Sunderland Harriers & AC	7:57.36	
Senior Women 200m FINAL	N/S: +2.3	1	272	Katy Wyper	Blackpool Wyre & Fylde AC	24.36	
		2	224	Danielle McGifford	Wigan & District H & AC	24.50	
		3	254	Amanda Shaw	Wakefield District H & AC	24.67	

		4	174	Ella Blakey	Derby Athletic Club	24.91
		5	231	Sophie Money	Liverpool Harriers & AC	25.02
		6	183	Ash Colvin	Wigan & District H & Ac	25.09
		7	257	Charlotte Stamp	City Of York Ac	25.35
		8	240	Eleanor Rawson	y Of Sheffield And Dearne Ac	25.45
Heat 01	W/S: +5.1	1	224	Danielle McGifford	Wigan & District H & AC	24.60
		2	272	Katy Wyper	Blackpool Wyre & Fylde AC	24.60
		3	174	Ella Blakey	Derby Athletic Club	24.90
		4	240	Eleanor Rawson	y Of Sheffield And Dearne Ac	25.39
		5	239	Becky Quirke	of Sheffield Union of Students	25.96
		6	222	Holly Martin	Spenborough & Dist AC	26.39
		7	182	Louisa Cole	Preston Harriers	26.83
Heat 02	W/S: +2.6	1	254	Amanda Shaw	Wakefield District H & AC	24.80
		2	231	Sophie Money	Liverpool Harriers & AC	25.14
		3	183	Ash Colvin	Wigan & District H & Ac	25.18
		4	257	Charlotte Stamp	City Of York Ac	25.34
		5	210	Megan Hoults	Kingston Upon Hull Ac	25.64
		6	217	Racheal Larkin	Wakefield District H & AC	26.12
Senior Women 400m FINAL		1	187	Rachel Crocken	Wakefield District H & AC	55.15
		2	172	Ella Barrett	Chesterfield & District AC	55.34
		3	247	Louise Royston	Halifax Harriers & AC	56.09
		4	190	Nisha Desai	Trafford Athletic Club	56.70
		5	235	Charlotte Paterson	Kingston upon Hull AC	56.82
		6	257	Charlotte Stamp	City Of York Ac	57.28
		7	217	Racheal Larkin	Wakefield District H & AC	58.68
		8	252	Rachael Scott	Wigan & District H & AC	59.38
Heat 01		1	172	Ella Barrett	Chesterfield & District AC	56.46
		2	247	Louise Royston	Halifax Harriers & AC	56.50
		3	235	Charlotte Paterson	Kingston upon Hull AC	57.57
		4	217	Racheal Larkin	Wakefield District H & AC	58.47
		5	223	Alison McCorry	Sale Harriers Manchester	60.57
		6	258	Abbey Stanley	y Of Sheffield And Dearne Ac	60.85
Heat 02		1	187	Rachel Crocken	Wakefield District H & AC	56.76
		2	190	Nisha Desai	Trafford Athletic Club	57.26
		3	257	Charlotte Stamp	City Of York Ac	57.59
		4	252	Rachael Scott	Wigan & District H & AC	59.53
		5	260	Beth Taylor	Rotherham Harriers and AC	59.54
		6	206	Chloe Hocking	Trafford Athletic Club	61.96
Senior Women 400m Hurdles FINAL		1	263	Chelsea Walker	City of York AC	59.19
		2	190	Nisha Desai	Trafford Athletic Club	61.82
		3	269	Sophie Warden	Preston Harriers	66.30

		4	229	Isobel Mills	of Sheffield Union of Students	69.30
		5	228	Mercedes Mercer	Bolton United Harriers & AC	69.38
Senior Women 5000m FINAL		1	199	Rachael Franklin	Manx Harriers	16:41.32
		2	551	Eleanor Bolton	Ribble Valley Harriers	16:43.38
		3	221	Georgia Malir	Leeds City Athletic Club	16:53.17
		4	191	Nicola Devine	Rotherham Harriers and AC	16:57.11
		5	185	Sophie Cowper	Rotherham Harriers and AC	17:01.40
		6	268	Charlotte Ward	Hallamshire Harriers Sheffield	17:33.74
		7	189	Carla Davies	Salford Harriers & AC	17:34.32
		8	197	Hannah May Fletcher	Hallamshire Harriers Sheffield	17:46.93
Senior Women 800m FINAL		1	200	Kirsty Fraser	Preston Harriers	2:09.33
		2	274	Georgia Yearby	Leeds City Athletic Club	2:09.47
		3	225	Tamsin Mcgraw	Leeds City Athletic Club and Erewash Athletic Club	2:11.04
		4	203	Rochelle Harrison	Leeds City Athletic Club and Erewash Athletic Club	2:13.50
		5	252	Rachael Scott	Wigan & District H & AC	2:19.50
		6	170	Rachel Atherton	Leeds City Athletic Club	2:20.70
Senior Women Discus FINAL	W/S	1	490	Jemma Ibbetson	Leeds City Athletic Club	47.69
		2	193	Freya Dooner	Wigan & District H & AC	45.05
		3	234	Sarah Parsons	City of York AC	44.77
		4	219	Sophie Littlemore	Gateshead Harriers & AC	43.08
		5	238	Jenny Pyatt	Wigan & District H & AC	39.43
		6	226	Kiona McLennon	Trafford Athletic Club	35.35
		7	503	Lydia Church T/F12	Nene Valley Harriers	26.58
		8	273	Emily Stewart T/F38	Gateshead Harriers & AC	23.45
		9	520	Millie Forrest T/F37	Wigan & District H & AC	21.98
Senior Women Hammer FINAL	W/S	1	246	Holly Rodgers	Rotherham Harriers And Ac	46.33
		2	265	Hollee Walker	Sale Harriers Manchester	32.42
Senior Women High Jump FINAL	W/S	1	267	Abby Ward	Wakefield District H & AC	1.75
		2	176	Emily Borthwick	Wigan & District H & AC	1.75
		3	264	Ellie Walker	Leeds City Athletic Club and Erewash Athletic Club	1.55
		3	487	Rebecca Pottinger	Birtley AC	1.55
		5	198	Emma Fowler	Crewe and Nantwich AC	1.55
		6	220	Miriam Luft	Preston Harriers	1.55
		7	168	Chidinma Agwu	Trafford Athletic Club	1.45
Senior Women Javelin FINAL	W/S	1	253	Rosie Semenytsk	Sale Harriers Manchester	46.33
		2	205	Leah Hillman	Pendle Athletic Club	45.39
		3	271	Natasha Wilson	Sale Harriers Manchester	40.67
		4	244	Katy Robinson	Leeds City Athletic Club and Erewash Athletic Club	35.62
		5	457	Rhea Southcott	Leeds City Athletic Club	29.35
		6	558	Katy Walton	University of Manchester AC	28.74
Senior Women Long Jump FINAL	W/S	1	207	Amy Hodgson	Rotherham Harriers and AC	5.85

		2	177	Micaela Brindle	Wigan & District H & Ac	5.83	
		3	237	Hayley Perrin	Trafford Athletic Club	5.64	
		4	474	Vikki Adams	Leeds City Athletic Club	5.36	
		5	198	Emma Fowler	Crewe and Nantwich AC	5.24	
		6	261	Shaya Van Houdt	Liverpool Harriers & AC	5.21	
		7	244	Katy Robinson	y Of Sheffield And Dearne Ac	4.64	
		8	515	Amy Carr T/F37	City of York AC	3.86	
Senior Women Pole Vault FINAL	W/S	1	175	Clare Blunt	Kingston upon Hull AC	3.70	+1.9
		2	243	Abigail Roberts	y Of Sheffield And Dearne Ac	3.60	+1.9
							+2.4
Senior Women Shot Putt FINAL	W/S	1	540	Sabrina Fortune F20	Deeside AC	13.70	+1.8
		2	219	Sophie Littlemore	Gateshead Harriers & AC	13.50	+1.7
		3	249	Nia Rutter	Blackpool Wyre & Fylde AC	12.03	+2.3
		4	503	Lydia Church T/F12	Nene Valley Harriers	11.79	+2.1
		5	226	Kiona McLennon	Trafford Athletic Club	11.59	+1.8
		6	195	Kaitlin Enderwick	ough Athletic Club (mandale)	11.38	
		7	273	Emily Stewart T/F38	Gateshead Harriers & AC	8.64	
		8	520	Millie Forrest T/F37	Wigan & District H & Ac	8.27	
		9	522	Anna Nicholson F35	Gateshead Harriers & AC	7.46	
							PS 1
Senior Women Triple Jump FINAL	W/S	1	242	Michelle Robbins-Hulse	Trafford Athletic Club	12.19	NA 1
		2	218	Joanna Lawler-Rhodes	Bingley Harriers & AC	11.34	NA 2
		3	230	Kelly Mitchell	Wigan & District H & Ac	11.24	PS 2
							NA 3
Under 20 Men 100m FINAL	W/S: +1.3	1	302	Joe Ferguson	Leeds City Athletic Club	10.57	NA 4
		2	337	Sagesse Nguie	Trafford Athletic Club	10.64	PS 3
		3	340	Henry Nwoke	Liverpool Harriers & AC	10.66	PS 4
		4	282	Blake Tiger-lee Brown	Sale Harriers Manchester	10.96	PS 5
		5	275	Daniel Afolabi	Sale Harriers Manchester	11.11	
		6	376	Harry Williams	Manchester Harriers & AC	11.13	+0.9
		7	313	Louie Hinchliffe	Wombwell SAC	11.14	+1.2
		8	488	Elijah Lewis	Hallamshire Harriers Sheffield	11.44	+0.8
Heat 01	W/S: +1.5	1	275	Daniel Afolabi	Sale Harriers Manchester	11.05	
		2	313	Louie Hinchliffe	Wombwell SAC	11.10	
		3	286	Elliott Callow	ern Athletic Club (Isle of Man)	11.27	
		4	314	Matthew Houlden	Manchester Harriers & AC	11.32	
		5	350	Jack Round-Schofield	Manchester Harriers & AC	11.32	
		6	277	James Barlow	Kendal Amateur Athletic Club	11.35	
Heat 02	W/S: +2.6	1	302	Joe Ferguson	Leeds City Athletic Club	10.49	
		2	337	Sagesse Nguie	Trafford Athletic Club	10.88	
		3	488	Elijah Lewis	Hallamshire Harriers Sheffield	11.19	
		4	344	Bradley Parsons	Blackpool Wyre & Fylde AC	11.42	
		5	339	Harvey Noble	Preston Harriers	11.43	
Heat 03	W/S: +2.3	1	340	Henry Nwoke	Liverpool Harriers & AC	10.61	

		2	282	Blake Tiger-lee Brown	Sale Harriers Manchester	10.90
		3	376	Harry Williams	Manchester Harriers & AC	11.14
		4	373	Kyle Walton	Gateshead Harriers & AC	11.31
		5	354	Reuben Singh	Leeds City Athletic Club	11.83
		6	557	Christ Mulumba	Sale Harriers Manchester	11.97
Under 20 Men 110m Hurdles FIN	W/S: +0.5	1	281	Ewan Bradley	West Cheshire Athletic Club	14.87
		2	288	Adam Coles	Kingston upon Hull AC	15.04
		3	289	Edward Coles	Preston Harriers	15.18
		4	294	Oliver Dakin	Chesterfield & District Ac	15.63
		5	332	Oliver Lewis	Gateshead Harriers & AC	16.29
Under 20 Men 1500m FINAL		1	346	Dan Preston	Liverpool Harriers & AC	3:55.28
		2	320	Henry Johnson	Houghton Harriers & AC	3:57.92
		3	301	Luke Farrant	Stockport Harriers & AC	3:59.78
		4	310	Ross Harrison	Liverpool Pembroke & Sefton H AC	4:05.18
		5	316	John Humphries	Vale Royal AC	4:06.09
		6	357	Robert Smyk	Salford Harriers & AC	4:06.95
		7	368	William Tighe	Chesterfield & District AC	4:10.63
		8	362	Karl Taylor	Stockport Harriers & AC	4:42.97
Under 20 Men 200m FINAL	W/S: +1.7	1	343	Reality Osuoha	Oldham & Royton H & AC	21.27
		2	302	Joe Ferguson	Leeds City Athletic Club	21.28
		3	337	Sagesse Nguie	Trafford Athletic Club	21.31
		4	340	Henry Nwoke	Liverpool Harriers & AC	21.69
		5	282	Blake Tiger-lee Brown	Sale Harriers Manchester	22.14
		6	327	Edward Lake	City Of York Ac	22.17
		7	370	John Trotman	West Cheshire Harriers & Tameside Ac	22.34
		8	476	Josh Errington	Gateshead Harriers & AC	22.67
Heat 01	W/S: +1.2	1	337	Sagesse Nguie	Trafford Athletic Club	21.84
		2	327	Edward Lake	City Of York Ac	22.28
		3	375	Ben Whittaker	City of York AC	22.41
		4	376	Harry Williams	Manchester Harriers & AC	22.53
		5	483	Joshua Ford	West Cheshire Athletic Club	22.77
		6	557	Christ Mulumba	Sale Harriers Manchester	24.24
		7	354	Reuben Singh	Leeds City Athletic Club	24.39
Heat 02	W/S: +1.6	1	343	Reality Osuoha	Oldham & Royton H & AC	21.51
		2	282	Blake Tiger-lee Brown	Sale Harriers Manchester	21.98
		3	476	Josh Errington	Gateshead Harriers & AC	22.10
		4	298	Cameron Duff	Sale Harriers Manchester	23.10
		5	277	James Barlow	Kendal Amateur Athletic Club	23.10
		6	323	Karran Kapur-Walton	Leigh Harriers & AC	23.19
Heat 03	W/S: +2.2	1	302	Joe Ferguson	Leeds City Athletic Club	21.47
		2	340	Henry Nwoke	Liverpool Harriers & AC	21.89
		3	370	John Trotman	West Cheshire Harriers & Tameside Ac	22.24
		4	351	Joshua Sampson	Kingston upon Hull AC	22.56
		5	371	Amari Turner	Manchester Harriers & AC	23.18

		6	345	Sam Picton	Rotherham Harriers and AC	23.21
Under 20 Men 3000m Steeplechase FINAL		1	322	Jordan Jones	Warrington A C	10:10.86
Under 20 Men 400m FINAL		1	546	Leon Stubbs	Preston Harriers	48.67
		2	276	Thomas Baines	Sale Harriers Manchester	49.11
		3	479	Matthew Waterfield	Morpeth Harriers & AC	49.39
		4	360	Will Stapleton	Ilam University Athletics Club	49.74
		5	287	Luke Chesters	Sale Harriers Manchester	50.25
		6	333	Ataba Mamman	Oldham & Royton H & Ac	50.40
		7	371	Amari Turner	Manchester Harriers & AC	51.07
		8	330	Amaha Lawrence	Leeds City Athletic Club	51.40
Heat 01		1	276	Thomas Baines	Sale Harriers Manchester	50.04
		2	479	Matthew Waterfield	Morpeth Harriers & AC	50.49
		3	330	Amaha Lawrence	Leeds City Athletic Club	51.54
		4	338	James Nicholas	Blackpool Wyre & Fylde AC	52.55
		5	336	Riley Nagle	Blackpool Wyre & Fylde AC	54.36
Heat 02		1	546	Leon Stubbs	Preston Harriers	49.92
		2	360	Will Stapleton	Ilam University Athletics Club	50.22
		3	333	Ataba Mamman	Oldham & Royton H & Ac	50.55
		4	287	Luke Chesters	Sale Harriers Manchester	50.63
		5	371	Amari Turner	Manchester Harriers & AC	51.44
Under 20 Men 400m Hurdles FINAL		1	324	Rory Keen	Sale Harriers Manchester	54.52
		2	319	Callum Inman	Hey and Erewash Athletic Club	56.05
		3	352	Benjamin Schofield	City of York AC	56.25
		4	355	Miles Sizer	Wakefield District H & AC	56.28
		5	284	Solomon Brown	Blackburn Harriers & AC	58.50
		6	321	Sam Johnson	Stockport Harriers & AC	61.43
Under 20 Men 5000m FINAL		1	285	Joseph Buckley	Warrington A C	15:17.83
		2	280	Luke Bowen	Kendal Amateur Athletic Club	16:18.89
Under 20 Men 800m FINAL		1	331	Ben Lee	Vale Royal AC	1:54.14
		2	494	Joe Wane	Leigh Harriers & AC	1:55.35
		3	304	Shaun Gee	Sale Harriers Manchester	1:55.43
		4	317	Eddie Hunter	Leeds City Athletic Club	1:56.71
		5	312	Kieran Hedley	Morpeth Harriers & AC	1:57.37
		6	348	Archie Richardson	Coln Wellington Athletic Club	1:58.90
		7	311	Harry Hayes	Preston Harriers	2:01.60
Under 20 Men Discus FINAL	W/S	1	363	Aran Thomas	Wakefield District H & AC	42.91
		2	329	Ruaridh Lang	Morpeth Harriers & AC	42.51
		3	325	Anthony Kent	Blackburn Harriers & AC	40.79
		4	326	Josh Knox	Leigh Harriers & AC	39.14
		5	347	Fletcher Reid	Wigan & District H & AC	35.19

		6	534	Connor Gillie T/F44	Barton & District AC	31.13	
		7	292	Joseph Connelly	Carlisle Aspatria Ac	30.71	
		8	523	Sam Dyson F41	Wigan & District H & Ac	17.29	
Under 20 Men Hammer FINAL	W/S	1	80	Shaun Kerry	Kingston upon Hull AC	63.49	
Under 20 Men High Jump FINAL	W/S	1	372	Kaya Walker	y Of Sheffield And Dearne Ac	2.05	
		2	279	Adam Berwick	ey And Erewash Athletic Club	2.00	
		3	364	Aron Thomas	Sale Harriers Manchester	1.80	
		4	366	Jacob Thompson	Sale Harriers Manchester	1.80	
		5	315	Cameron Howes	Pontefract Ac	1.80	
Under 20 Men Javelin FINAL	W/S	1	349	Luke Robinson	City of York AC	54.15	
		2	363	Aran Thomas	Wakefield District H & AC	51.91	
		3	283	Christopher Brown	Liverpool Harriers & AC	49.14	
		4	377	Oliver Wright	City of York AC	48.61	
		5	326	Josh Knox	Leigh Harriers & AC	43.06	
Under 20 Men Long Jump FINAL	W/S	1	378	Archie Yeo	Scunthorpe & District AC	7.45	
		2	309	Joe Halpin	Gateshead Harriers & AC	6.69	
		3	288	Adam Coles	Kingston upon Hull AC	6.40	
		4	339	Harvey Noble	Preston Harriers	6.38	
		5	295	Harvey Darroch	Wirral AC	6.34	
		6	353	Scott Sinclair	Blackpool Wyre & Fylde AC	6.11	
		7	361	Nathan Sykes	Oldham & Royton H & AC	5.29	
		8	502	Alexander Thomson T/F38	Witemoss AAC	5.09	
Under 20 Men Pole Vault FINAL	W/S	1	328	Christopher Lamb	Wigan & District H & AC	4.71	+1.7
		2	281	Ewan Bradley	West Cheshire Athletic Club	4.25	+3.1
		3	303	William Foot	Chesterfield & District AC	3.90	+1.1
		4	323	Karran Kapur-Walton	Leigh Harriers & AC	3.60	+1.4
							+0.6
Under 20 Men Shot Putt FINAL	W/S	1	369	David Todd	City of York AC	14.76	+0.0
		2	80	Shaun Kerry	Kingston upon Hull AC	14.07	+2.0
		3	325	Anthony Kent	Blackburn Harriers & AC	12.48	+1.0
		4	363	Aran Thomas	Wakefield District H & AC	12.42	
		5	534	Connor Gillie T/F44	Barton & District AC	10.61	
		6	339	Harvey Noble	Preston Harriers	9.67	
Under 20 Men Triple Jump FINA	W/S	1	374	Harrison Whitfield	Gateshead Harriers & AC	13.28	
		2	485	Finlay Campbell	Wigan & District H & Ac	13.19	
		3	307	Jonathan Gough	Blackburn Harriers & Ac	13.03	
		4	367	Ethan Tibbs	Preston Harriers	12.85	
Under 20 Women 100m FINAL	W/S: +1.0	1	380	Leonie Ashmeade	Wakefield District H & AC	11.79	
		2	417	Hannah Kelly	Bolton United Harriers & AC	11.79	
		3	396	Nicola Caygill	Jarrow & Hebburn AC	11.84	
		4	433	Jazmine Moss	Gateshead Harriers & AC	11.84	
		5	441	Trinity Powell	Manchester Harriers & AC	12.02	+1.8
		6	403	Grace Goodsell	Stockport Harriers & AC	12.40	+1.6
		7	453	Rukayatu Shonibare	Sale Harriers Manchester	12.59	+0.7
		8	464	Regan Walker	Sale Harriers Manchester	12.68	+1.6

Heat 01	W/S: +2.4	1	417	Hannah Kelly	Bolton United Harriers & AC	11.74
		2	441	Trinity Powell	Manchester Harriers & AC	11.91
		3	403	Grace Goodsell	Stockport Harriers & AC	12.35
		4	386	Florence Beedie	Derby Athletic Club	12.57
		5	388	Layla Bell	ough Athletic Club (Mandale)	12.90
		6	463	Harriet Vaughan	Bury Athletic Club	13.08
Heat 02	W/S: +2.4	1	380	Leonie Ashmeade	Wakefield District H & AC	11.71
		2	464	Regan Walker	Sale Harriers Manchester	12.53
		3	436	Temi Mustapha	Lancaster & Morecambe AC	12.57
		4	391	Bria Bullard	Sale Harriers Manchester	12.75
		5	397	Rachel Caygill	Jarrow & Hebburn Ac	12.80
		6	407	Taylor Harry	Liverpool Harriers & AC	12.88
Heat 03	W/S: +2.8	1	433	Jazmine Moss	Gateshead Harriers & AC	11.80
		2	396	Nicola Caygill	Jarrow & Hebburn AC	11.89
		3	453	Rukayatu Shonibare	Sale Harriers Manchester	12.51
		4	499	Eve Grant	Liverpool Harriers & AC	12.58
		5	381	Sophie Ashurst	Sale Harriers Manchester	12.86
		6	414	Emily Hulyer	ough Athletic Club (Mandale)	13.06
Under 20 Women 100m Hurdles	W/S: +0.0	1	439	Abigail Pawlett	Stockport Harriers & AC	14.39
		2	395	Amy Carter	ough Athletic Club (Mandale)	14.53
		3	432	Venus Morgan	Kingston Upon Hull Ac	15.14
Under 20 Women 1500m FINAL		1	434	Stephanie Moss	Sale Harriers Manchester	4:33.44
		2	409	Olivia Haveron	Harrogate Harriers & AC	4:34.92
		3	455	Holly Smith	Vale Royal AC	4:35.30
		4	426	Emily Lowery	Vale Royal AC	4:43.21
		5	443	Keiva Rennocks	Rotherham Harriers and AC	4:43.43
		6	442	Rhian Purves	Gosforth Harriers & AC	4:45.09
		7	447	Sophie Rotheram	Preston Harriers	4:48.77
		8	555	Catherine Hooper	Trafford Athletic Club	4:58.58
Under 20 Women 200m FINAL	W/S: +3.0	1	417	Hannah Kelly	Bolton United Harriers & AC	23.52
		2	433	Jazmine Moss	Gateshead Harriers & AC	23.64
		3	390	Ellie Booker	Rotherham Harriers And Ac	24.31
		4	406	Natasha Harrison	Stockport Harriers & AC	24.71
		5	435	Holly Murray	Stockport Harriers & AC	24.74
		6	468	Acacia Williams-Hewitt	Hallamshire Harriers Sheffield	25.21
		7	453	Rukayatu Shonibare	Sale Harriers Manchester	25.42
		8	440	Stella Perrett	orth Shields Polytechnic Club	25.56
Heat 01	W/S: +2.1	1	433	Jazmine Moss	Gateshead Harriers & AC	24.29
		2	453	Rukayatu Shonibare	Sale Harriers Manchester	25.28
		3	468	Acacia Williams-Hewitt	Hallamshire Harriers Sheffield	25.29
		4	421	Ashleigh Lachenicht	Northern (isle Of Man) Ac	25.64
		5	464	Regan Walker	Sale Harriers Manchester	26.05

		6	391	Bria Bullard	Sale Harriers Manchester	26.21
		7	463	Harriet Vaughan	Bury Athletic Club	26.99
Heat 02	W/S: +3.3	1	417	Hannah Kelly	Bolton United Harriers & AC	23.93
		2	390	Ellie Booker	Rotherham Harriers And Ac	24.43
		3	406	Natasha Harrison	Stockport Harriers & AC	24.58
		4	435	Holly Murray	Stockport Harriers & AC	24.77
		5	440	Stella Perrett	North Shields Polytechnic Club	25.49
		6	473	Lauren Blakey	Derby Athletic Club	26.74
Under 20 Women 400m FINAL	W/S: CBP	1	406	Natasha Harrison	Stockport Harriers & AC	55.00
		2	379	Emma Alderson	Liverpool Harriers & AC	56.40
		3	421	Ashleigh Lachenicht	Northern (isle Of Man) Ac	57.25
		4	420	Olivia Kimbowa	Bolton United Harriers & AC	58.15
		5	501	Natasha Cookson	Sedbergh School AC	61.03
		6	430	Lucy Mills	Halifax Harriers & AC	61.61
Under 20 Women 400m Hurdles FINAL		1	401	Steph Driscoll	Liverpool Harriers & AC	62.13
		2	398	Jasmine Clark	Widnes Athletic Club (mandale)	63.57
		3	431	Emily Misantoni	Stockport Harriers & AC	65.50
		4	462	Jordan Thrower	New Marske Harriers Club	65.77
		5	465	Molly Waring	Spenborough & Dist AC	67.22
		6	496	Alex Duckitt	Sedbergh School RC	67.99
Under 20 Women 800m FINAL		1	413	Molly Hudson	Derby Athletic Club	2:13.43
		2	411	Julia Hodder	Wirral AC	2:13.61
		3	409	Olivia Haveron	Harrogate Harriers & AC	2:14.73
		4	402	Emma Fulton	Preston Harriers	2:16.49
		5	383	Emma Ball	Rotherham Harriers and AC	2:18.59
		6	482	Alice Stiles	Manchester Harriers & AC	2:27.41
		7	399	Sophie Clark	Barton & District AC	2:30.92
		8	471	Chiara Young	Sale Harriers Manchester	2:34.60
Under 20 Women Discus FINAL	W/S	1	498	Caitlin Emerson	Sale Harriers Manchester	40.46
		2	460	Abigail Thompson	Border Harriers & AC	36.90
		3	425	Megan Lockwood	Manx Harriers	31.00
		4	384	Gemma Barnsdale	Scunthorpe & District AC	28.61
		5	387	Charlotte Bell	Spenborough & Dist AC	27.46
		6	469	Tegan Wilson	City of York AC	25.59
		7	412	Rebekah Hopper	Wigan & District H & Ac	23.72
		8	530	Amy Thompson F40	Liverpool Harriers & AC	13.97
Under 20 Women Hammer FINAL	W/S	1	454	Tara Simpson-Sullivan	Wigan & District H & AC	58.40
		2	549	Zoe Price	Liverpool Harriers & AC	52.00
		3	493	Maria Schofield	City of York AC	46.79
		4	389	Hannah Blood	Sale Harriers Manchester	44.71
		5	445	Sarah Robinson	Scunthorpe & District Ac	44.68
		6	425	Megan Lockwood	Manx Harriers	28.56

Under 20 Women High Jump Final	W/S	1	548	Hannah Moat	Scunthorpe & District AC	1.70	
		2	437	Gabrielle O'Neil	Liverpool Harriers & AC	1.65	
		3	457	Rhea Southcott	Leeds City Athletic Club	1.60	
		4	418	Charlotte Kerr	Rotherham Harriers And AC	1.55	
		5	424	Rebecca Lister	City of York AC	1.55	
Under 20 Women Javelin FINAL	W/S	1	419	Zoe Ellen Kidney	Pendle Athletic Club	41.02	
		2	404	Bobbie Griffiths	Morpeth Harriers & AC	39.90	
		3	423	Emily Lewtas	Leigh Harriers & AC	31.73	
		4	412	Rebekah Hopper	Wigan & District H & AC	31.57	
		5	425	Megan Lockwood	Manx Harriers	27.86	
		6	424	Rebecca Lister	City of York AC	26.96	
		7	384	Gemma Barnsdale	Scunthorpe & District AC	25.97	
		8	463	Harriet Vaughan	Bury Athletic Club	21.71	
		9	530	Amy Thompson F40	Liverpool Harriers & AC	13.51	
Under 20 Women Long Jump Final	W/S	1	439	Abigail Pawlett	Stockport Harriers & AC	5.77	
		2	446	Amy Rolfe	City Of York AC	5.62	
		3	403	Grace Goodsell	Stockport Harriers & AC	5.44	
		4	444	Lucy Robinson	Stockport Harriers & AC	5.33	
		5	467	Katie Waterworth	Stockport Harriers & AC	5.32	
		6	422	Megan Lasseter	Stockport Harriers & AC	5.19	
		7	463	Harriet Vaughan	Bury Athletic Club	5.18	
		8	424	Rebecca Lister	City of York AC	5.09	
		9	393	Megan Busby	City Of Sheffield And Dearne AC	5.01	
		10	392	Chloe Burgess	Wigan & District H & AC	4.98	+2.0
		11	412	Rebekah Hopper	Wigan & District H & AC	4.78	+0.7
		12	449	Emma Scarborough	Gateshead Harriers & AC	4.73	0.0
							+0.6
Under 20 Women Pole Vault Final	W/S	1	381	Sophie Ashurst	Sale Harriers Manchester	3.80	+0.1
		2	410	Elizabeth Henshall	Liverpool Harriers & AC	3.40	+1.6
		3	408	Amy Haslam	Sale Harriers Manchester	3.40	+2.2
		4	466	Jasmine Waters	City Of Sheffield And Dearne AC	3.00	+0.9
		5	470	Lucie Wolfenden	Sale Harriers Manchester	2.90	+0.0
							+1.3
Under 20 Women Shot Putt Final	W/S	1	457	Rhea Southcott	Leeds City Athletic Club	13.06	+1.0
		2	493	Maria Schofield	City of York AC	11.55	+1.5
		3	394	Kate Carmichael	Wigan & District H & AC (mandale)	10.84	
		4	384	Gemma Barnsdale	Scunthorpe & District AC	9.08	
		5	425	Megan Lockwood	Manx Harriers	8.14	
		6	463	Harriet Vaughan	Bury Athletic Club	8.10	
		7	424	Rebecca Lister	City of York AC	7.27	
		8	530	Amy Thompson F40	Liverpool Harriers & AC	5.25	
Under 20 Women Triple Jump Final	W/S	1	444	Lucy Robinson	Stockport Harriers & AC	11.70	
		2	422	Megan Lasseter	Stockport Harriers & AC	11.20	
		3	452	Katie Shingler	Wigan & District H & AC	11.05	
		4	450	Isobel Seed	Salford Harriers & AC	10.87	
		5	416	Emily Jarad	Stockport Harriers & AC	10.87	

							+0.1
							+5.4
							+1.8
							+1.8
							+1.9

