

REGION	NORTH OF ENGLAND	Track Events Start in Lane
AREA	WEST	
DIVISION	Division ZWC	
MATCH	3	
P/FINISH	NO	1

Date Sunday, July 14 2019  
Venue @ Longford park, Trafford  
Host Club Sale Harriers Manchester

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Bingley H & AC	Bing	45	71.0	9.0	123.0	248.0
2	Holmfirth Harriers AC	Holm	45	202.0	27.0	123.0	397.0
3	Liverpool Pembroke AC & Sefton H	Lpem	45	95.0	19.0	142.0	301.0
4	Sale Harriers Manchester	Sale	45	221.0	36.0	208.0	510.0
5	Spensorough & District AC	Spem	45	110.0	8.0	112.0	275.0
6	Wirral AC	Wirr	45	72.0	14.0	62.0	193.0
-							
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Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Sale Harriers Manchester	510.0	6.0	820.00	11.00	1330.0	17.0	1
2	Holmfirth Harriers AC	397.0	5.0	826.00	11.00	1223.0	16.0	2
3	Liverpool Pembroke AC & Sefton H	301.0	4.0	735.00	8.00	1036.0	12.0	3
4	Spensorough & District AC	275.0	3.0	570.00	4.00	845.0	7.0	5
5	Bingley H & AC	248.0	2.0	621.00	6.00	869.0	8.0	4
6	Wirral AC	193.0	1.0	390.00	2.00	583.0	3.0	6

TOTAL EVENTS	39
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	39
REMAINING	-

**NORTH OF ENGLAND WEST Division 2WC @ Longford park, Trafford**

**14/07/2019**

**100m Men A**

Posn	No.	Athlete	Club	Perf
1	4	HORNBY Colin	Sale	11.5
2	2	LANDER William	Holm	11.5
3	1	LEACH Aidan	Bing	11.6
4	3	DORAN Harry	Lpem	11.7
5	6	ECCLESON Tom X	Wirr	11.7
6	5	POLLARD Jacob Y	Spem	12.2
7				
8				

**100m Men B**

Posn	No.	Athlete	Club	Perf
1	44	BASTEN Ben X	Sale	11.6
2	11	BERRY Sam Y	Bing	11.6
3	66	ELZEINY Rahim X	Wirr	11.7
4	22	SHEARD Craig	Holm	12.2
5	55	NEWELL Jason	Spem	13.9
6				
7				
8				

**200m Men A**

Posn	No.	Athlete	Club	Perf
1	4	NYAKU Taf	Sale	23.0
2	1	LEACH Aidan	Bing	23.2
3	3	MATTHEWS Billy Y	Lpem	23.3
4	2	LANDER William	Holm	23.3
5	6	WOODS James X	Wirr	24.7
6	5	POLLARD Jacob Y	Spem	25.3
7				
8				

**200m Men B**

Posn	No.	Athlete	Club	Perf
1	44	ASONG Clovis	Sale	22.8
2	11	BERRY Sam Y	Bing	23.4
3	22	SHEARD Craig	Holm	24.2
4	33	SOUTHERN Owen Y	Lpem	24.7
5	66	CROSS Dan X	Wirr	26.1
6	55	NEWELL Jason	Spem	30.9
7				
8				

**400m Men A**

Posn	No.	Athlete	Club	Perf
1	4	ASONG Clovis	Sale	49.0
2	3	DORAN Harry	Lpem	49.6
3	2	CHAMBERLAIN Ted Y	Holm	51.6
4	1	ROBINSON Oliver	Bing	54.1
5	5	NEWELL Jason	Spem	67.5
6				
7				
8				

**400m Men B**

Posn	No.	Athlete	Club	Perf
1	22	LANDER William	Holm	51.6
2	44	HOBSON Charlie X	Sale	51.7
3	33	SCROGGIE Ciaran Y	Lpem	55.6
4	11	SMITH James Y	Bing	59.2
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**800m Men A**

Posn	No.	Athlete	Club	Perf
1	2	CHAMBERLAIN Ted Y	Holm	01:52.8
2	4	GEE Shaun Y	Sale	01:52.9
3	3	FOSTER Fletcher X	Lpem	02:04.5
4	1	ROBINSON Oliver	Bing	02:05.4
5	6	IZQUIERDO-BERNARD Femand	Wirr	02:05.6
6	5	BOLLAND Simon	Spem	02:07.0
7				
8				

**800m Men B**

Posn	No.	Athlete	Club	Perf
1	44	MAGNER Patrick	Sale	01:56.8
2	22	HARMAN Jacob	Holm	02:06.1
3	11	REES Ben X	Bing	02:22.7
4	55	NEWELL Jason	Spem	02:43.5
5				
6				
7				
8				

**NORTH OF ENGLAND WEST Division 2WC @ Longford park, Trafford**

**14/07/2019**

**1500m Men A**

Posn	No.	Athlete	Club	Perf
1	4	SPILSBURY Jake	Sale	04:06.6
2	2	KETTLEWELL Aaron	Holm	04:07.4
3	3	HARRISON Ross Y	Lpem	04:10.4
4	5	BOLLAND Simon	Spem	04:20.6
5	6	HENSHAW Harley	Wirr	04:22.4
6				
7				
8				

**1500m Men B**

Posn	No.	Athlete	Club	Perf
1	33	BRIDE Jonathon	Lpem	04:16.0
2	44	HEYWORTH Samuel Y	Sale	04:21.1
3	22	PIERRE Lavell	Holm	04:33.7
4	55	DART Tom	Spem	05:27.5
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6				
7				
8				

**5000m Men A**

Posn	No.	Athlete	Club	Perf
1	4	MARTIN Nigel	Sale	14:35.1
2	3	MAHER Chris	Lpem	15:48.2
3	2	WATSON David	Holm	16:06.5
4	66	HALE Josh X	Wirr	17:53.8
5	5	OGDEN Kevin	Spem	18:15.3
6	1	CLEGG Paul	Bing	18:47.5
7				
8				

**5000m Men B**

Posn	No.	Athlete	Club	Perf
1	44	KASHI Daniel	Sale	15:36.9
2	33	O'BRIEN Anthony	Lpem	15:59.1
3	22	PIERRE Lavell	Holm	18:36.2
4	55	HUNT Stephen	Spem	22:59.9
5	6	HENSHAW Harley	Wirr	dnf
6				
7				
8				

**3000m S/Chase Men A**

Posn	No.	Athlete	Club	Perf
1	4	WIGNALL James	Sale	10:00.8
2	2	KERRY Fionn Y	Holm	10:31.7
3	5	DART Tom	Spem	10:42.6
4				
5				
6				
7				
8				

**3000m S/Chase Men B**

Posn	No.	Athlete	Club	Perf
1	22	HEWITT Philip	Holm	11:22.7
2	55	HUNT Stephen	Spem	13:35.6
3	44	CHINOY Hector	Sale	14:05.6
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7				
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**400m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	3	JONES Adam Y	Lpem	61.6
2	4	THOMAS Aron X	Sale	64.3
3	2	SHEARD Craig	Holm	69.9
4	5	DARBY Jake	Spem	78.5
5	1	CROSBY Daniel	Bing	87.7
6				
7				
8				

**400m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	44	WAKEFORD Christopher	Sale	57.9
2	22	HINCHLIFFE Eddie	Holm	63.8
3	55	NEWELL Jason	Spem	89.0
4				
5				
6				
7				
8				

**NORTH OF ENGLAND WEST Division 2WC @ Longford park, Trafford**

**14/07/2019**

**110m Hurdles Men A**

Posn	No.	Athlete	Club	Perf
1	4	WAKEFORD Christopher	Sale	16.2
2	5	ASPINDLE Glenn	Spem	17.0
3	2	HINCHLIFFE Eddie	Holm	19.2
4	1	LEACH Aidan	Bing	19.4
5	3	SOUTHERN Owen Y	Lpem	21.0
6				
7				
8				

**110m Hurdles Men B**

Posn	No.	Athlete	Club	Perf
1	11	CROSBY Daniel	Bing	20.6
2	33	KWISSA Tom Y	Lpem	21.4
3	55	DARBY Jake	Spem	22.3
4	22	SHEARD Craig	Holm	23.9
5				
6				
7				
8				

**100m N/S Men A**

Posn	No.	Athlete	Club	Perf
1	6	WOODS James X	Wirr	12.4
2				
3				
4				
5				
6				
7				
8				

**100m N/S Men B**

Posn	No.	Athlete	Club	Perf
1				
2				
3				
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6				
7				
8				

**Long Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	4	ADENUGA Caleb Y	Sale	6.31
2	5	ASPINDLE Glenn	Spem	5.91
3	3	HOPKINS Jamie X	Lpem	5.72
4	1	LEACH Aidan	Bing	5.60
5	6	CROSS Dan X	Wirr	5.31
6	2	HOBBS George Y	Holm	4.30
7				
8				

**Long Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	44	EBONINE Samuel Y	Sale	5.65
2	11	HUNT Ethan X	Bing	5.51
3	22	BURGESS Henry Y	Holm	4.19
4	33	SOUTHERN Owen Y	Lpem	2.83
5	55	RENDER Geoff	Spem	x
6				
7				
8				

**High Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	4	UJAHA Vizamuje	Sale	1.96
2	3	KWISSA Tom Y	Lpem	1.85
3	5	ASPINDLE Glenn	Spem	1.65
4	1	CROSBY Daniel	Bing	1.55
5	2	HOBBS George Y	Holm	1.40
6	6	SCANAVACCA Amedeo	Wirr	x

**High Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	44	THOMAS Aron X	Sale	1.90
2	33	CLARKSON Sandy X	Lpem	1.85
3	55	DARBY Jake	Spem	1.45
4	22	JENNINGS Thomas	Holm	x

**NORTH OF ENGLAND WEST Division 2WC @ Longford park, Trafford**

**14/07/2019**

**Triple Jump Men A**

Posn	Bib	Athlete	Club	Perf
1	4	METZGER Kevin	Sale	15.10
2	3	HOPKINS Jamie X	Lpem	12.41
3	1	CROSBY Daniel	Bing	10.82
4	2	HOBBS George Y	Holm	10.09
5				
6				
7				
8				

**Triple Jump Men B**

Posn	Bib	Athlete	Club	Perf
1	44	FERRYMAN Jonathon	Sale	12.07
2	33	KWISSA Tom Y	Lpem	11.20
3	11	HUNT Ethan X	Bing	10.51
4	22	PIERRE Lavell	Holm	9.19
5				
6				
7				
8				

**Pole Vault Men A**

Posn	Bib	Athlete	Club	Perf
1	4	SPAIN George X	Sale	3.70
2	5	ASPINDLE Glenn	Spem	3.40
3	3	HOPKINS Jamie X	Lpem	2.90
4	6	HALE Josh X	Wirr	2.80
5	2	HINCHLIFFE Eddie	Holm	2.40

**Pole Vault Men B**

Posn	Bib	Athlete	Club	Perf
1	44	WHYATT Brook X	Sale	3.50
2	22	BURGESS Henry Y	Holm	2.40
3	55	NEWELL Jason	Spem	2.30
4	33	CROMPTON Mark	Lpem	x

**Shot Men A**

Posn	Bib	Athlete	Club	Perf
1	4	YOUNG Nicholas Y	Sale	13.89
2	1	SAVAGE Mathew	Bing	11.20
3	3	DOYLE Lee	Lpem	10.69
4	2	JENNINGS Thomas	Holm	10.58
5	55	ASPINDLE Toby	Spem	9.33
6	6	PRICE Ronald	Wirr	6.12
7				
8				

**Shot Men B**

Posn	Bib	Athlete	Club	Perf
1	44	NICHOLLS John	Sale	13.39
2	11	BERRY Sam Y	Bing	11.17
3	33	BROWN David	Lpem	9.67
4	5	BELL Connor Y	Spem	7.94
5	22	CROFT Richard	Holm	6.21
6	66	WILKINSON Michael	Wirr	x
7				
8				

**Discus Men A**

Posn	Bib	Athlete	Club	Perf
1	4	YOUNG Nicholas Y	Sale	41.59
2	11	JONES Phillip	Bing	31.66
3	5	DARBY Jake	Spem	31.27
4	3	LINE Mark	Lpem	29.52
5	2	JENNINGS Thomas	Holm	23.22
6	66	WHITELEY Tom X	Wirr	x
7				
8				

**Discus Men B**

Posn	Bib	Athlete	Club	Perf
1	44	BENISSAD Kamel	Sale	35.32
2	33	BROWN David	Lpem	29.21
3	1	SAVAGE Mathew	Bing	26.64
4	55	ASPINDLE Toby	Spem	23.99
5	22	CROFT Richard	Holm	14.16
6	6	PRICE Ronald	Wirr	x
7				
8				

**NORTH OF ENGLAND WEST Division 2WC @ Longford park, Trafford**

**14/07/2019**

**Hammer Men A**

Posn	Bib	Athlete	Club	Perf
1	4	SCHOFIELD William	Sale	41.63
2	11	JONES Phillip	Bing	39.65
3	5	DARBY Jake	Spem	32.10
4	2	JENNINGS Thomas	Holm	29.19
5	3	LINE Mark	Lpem	28.81
6	6	MASOURAS Petros X	Wirr	x
7				
8				

**Hammer Men B**

Posn	Bib	Athlete	Club	Perf
1	1	SAVAGE Mathew	Bing	28.98
2	33	BROWN David	Lpem	28.55
3	55	BELL Connor Y	Spem	26.25
4	44	BOOTH Nathan Y	Sale	24.14
5	22	CROFT Richard	Holm	16.39
6				
7				
8				

**Javelin Men A**

Posn	Bib	Athlete	Club	Perf
1	2	HINCHLIFFE Eddie	Holm	53.36
2	5	ASPINDLE Glenn	Spem	51.52
3	11	YOUNG Thomas Y	Bing	46.14
4	6	WHITELEY Tom X	Wirr	44.64
5	4	SCHOFIELD William	Sale	40.66
6	3	LINE Mark	Lpem	38.11
7				
8				

**Javelin Men B**

Posn	Bib	Athlete	Club	Perf
1	66	MASOURAS Petros X	Wirr	38.16
2	1	SAVAGE Mathew	Bing	37.75
3	44	BOOTH Nathan Y	Sale	30.95
4	22	JENNINGS Thomas	Holm	28.45
5	33	CROMPTON Mark	Lpem	26.45
6	55	BELL Connor Y	Spem	16.00
7				
8				

**4 x 100m Men A**

Posn	No.	Club	Runners	Perf
1	4	Sale	FERRYMAN Jonathon BASTEN Ben X NYAKU Taf METZGER Kevin	44.5
2	3	Lpem	SOUTHERN Owen Y EDWARDS Luke MATTHEWS Billy Y DORAN Harry	45.1
3	2	Holm	LANDER William GEORGE Junior HARMAN Jacob SHEARD Craig	45.3
4	1	Bing	BERRY Sam Y ROBINSON Oliver LEACH Aidan HUNT Ethan X	45.7
5	6	Wirr	CROSS Dan X ECCLESON Tom X WOODS James X ELZEINY Rahim X	46.2
6	5	Spem	ASPINDLE Toby POLLARD Jacob Y ASPINDLE Glenn DARBY Jake	49.2
7				
8				

**4 x 400m Men A**

Posn	No.	Club	Runners	Perf
1	4	Sale	GEE Shaun Y ASONG Clovis UJAHA Vizamuje NYAKU Taf	03:24.3
2	2	Holm	HARMAN Jacob LANDER William GEORGE Junior CHAMBERLAIN Ted Y	03:27.5
3	3	Lpem	FOSTER Fletcher X EDWARDS Luke MATTHEWS Billy Y DORAN Harry	03:27.5
4	5	Spem	NEWELL Jason BOLLAND Simon ASPINDLE Glenn DARBY Jake	03:58.3
5	1	Bing	BERRY Sam Y ROBINSON Oliver LEACH Aidan HUNT Ethan X	04:06.6
6				
7				
8				

**NORTH OF ENGLAND WEST Division 2WC @ Longford park, Trafford**

**14/07/**

**100m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	4	SHONIBARE Rukayatu Y	Sale	13.0	644
2	5	WARING Molly Y	Spem	13.1	623
3	3	SIMMS Martha X	Lpem	13.6	527
4	2	THROSSELL Lydia X	Holm	13.7	509
5	6	JOHNSON Alice X	Wirr	14.2	424
6					
7					
8					

**100m Women B**

Posn	No.	Athlete	Club	Wind
1	44	MAIRS Charlotte Y	Sale	
2	22	MCFARLANE Ella X	Holm	
3				
4				
5				
6				
7				
8				

**200m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	5	WARING Molly Y	Spem	26.8	626
2	4	DARE Oyinkansola X	Sale	27.2	589
3	2	THROSSELL Lydia X	Holm	28.6	470
4	6	PHELAN Sarah	Wirr	29.2	424
5	3	SWIFT Bethany X	Lpem	37.9	47
6					
7					
8					

**200m Women B**

Posn	No.	Athlete	Club	Wind
1	44	HEWITT Ayla X	Sale	
2	22	MCFARLANE Ella X	Holm	
3	55	BUTLER Mia X	Spem	
4	66	IKPATT Uyai	Wirr	
5				
6				
7				
8				

**400m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	4	CLARKSON Kia-licia X	Sale	59.7	692
2	22	THROSSELL Lydia X	Holm	63.4	557
3	6	PHELAN Sarah	Wirr	64.9	507
4	3	LIVESLEY Isabelle X	Lpem	669.0	
5					
6					
7					
8					

**400m Women B**

Posn	No.	Athlete	Club	Wind
1	44	GIBBONS Mia Y	Sale	
2	2	HARVEY-FRANKLIN Naomi	Holm	
3				
4				
5				
6				
7				
8				

**800m Women A**

Posn	No.	Athlete	Club	Perf	Wind
1	2	TYAS Zara X	Holm	02:14.5	782
2	4	YOUNG Chiara Y	Sale	02:24.5	621
3	6	BAGUELEY Katie	Wirr	02:32.6	505
4					
5					
6					
7					
8					

**800m Women B**

Posn	No.	Athlete	Club	Wind
1	44	ARMITAGE Lucy X	Sale	
2	66	PHELAN Sarah	Wirr	
3	22	STORR Zoe	Holm	
4				
5				
6				
7				
8				

**NORTH OF ENGLAND WEST Division 2WC @ Longford park, Trafford**

**14/07/**

**1500m Women A**

Posn	No.	Athlete	Club	Perf
1	4	WOOD Sophie	Sale	04:46.5 <b>696</b>
2	2	JAGGER Julia	Holm	04:58.2 <b>610</b>
3	3	FOLEY Harriet Y	Lpem	05:33.6 <b>386</b>
4	6	BRADY-JONES Tallulah X	Wirr	05:49.9 <b>299</b>
5				
6				
7				
8				

**1500m Women B**

Posn	No.	Athlete	Club
1	22	SYKES Olivia	Holm
2	44	STOCKTON Jasmine X	Sale
3	66	HALE Felicity	Wirr
4			
5			
6			
7			
8			

**3000m Women A**

Posn	No.	Athlete	Club	Perf
1	4	WOOD Sophie	Sale	10:23.0 <b>688</b>
2	6	BAGUELEY Katie	Wirr	10:42.9 <b>620</b>
3	2	DYSON Olivia X	Holm	11:02.8 <b>555</b>
4	5	GEERE Natasha	Spem	12:58.9 <b>246</b>
5				
6				
7				
8				

**3000m Women B**

Posn	No.	Athlete	Club
1	44	ROZHDESTVENSKAYA Rachael	Sale
2	22	LEAVER-HEWITT Claire	Holm
3	55	BUTLER Mia X	Spem
4			
5			
6			
7			
8			

**400m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	5	WARING Molly Y	Spem	68.3 <b>652</b>
2	2	HARVEY-FRANKLIN Naomi	Holm	70.7 <b>591</b>
3	1	FRANCIS Olivia Y	Bing	80.6 <b>366</b>
4	4	MILLARD Madeleine X	Sale	dq
5				
6				
7				
8				

**400m Hurdles Women B**

Posn	No.	Athlete	Club
1	22	STORR Zoe	Holm
2	44	HOLLAND Elizabeth X	Sale
3			
4			
5			
6			
7			
8			

**100m Hurdles Women A**

Posn	No.	Athlete	Club	Perf
1	2	STORR Lauren	Holm	17.10 <b>575</b>
2	5	WARING Molly Y	Spem	18.80 <b>436</b>
3	1	FRANCIS Olivia Y	Bing	22.20 <b>211</b>
4				
5				
6				
7				
8				

**100m Hurdles Women B**

Posn	No.	Athlete	Club
1	22	HARVEY-FRANKLIN Naomi	Holm
2			
3			
4			
5			
6			
7			
8			



**NORTH OF ENGLAND WEST Division 2WC @ Longford park, Trafford**

**14/07/**

**1500m S/Chase Women A**

Posn	No.	Athlete	Club	Perf	AAA
1					
2					
3					
4					
5					
6					
7					
8					

**1500m S/Chase Women B**

Posn	No.	Athlete	Club
1			
2			
3			
4			
5			
6			
7			
8			

**100m N/S Women A**

Posn	No.	Athlete	Club	Perf	AAA
1	4			13.10	623
2	44			13.90	474
3					
4					
5					
6					
7					
8					

**100m N/S Women B**

Posn	No.	Athlete	Club
1			
2			
3			
4			
5			
6			
7			
8			

**Long Jump Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	4	WEYMONT Devon Y	Sale	5.08	678
2	3	SIMMS Martha X	Lpem	4.89	635
3	2	STORR Lauren	Holm	4.80	614
4	6	FLYNN Erin Y	Wirr	4.68	587
5	1	VANMARCKE Orlane X	Bing	3.77	384
6					
7					
8					

**Long Jump Women B**

Posn	Bib	Athlete	Club
1	44	DRAGISIC WOOD Sofija X	Sale
2	66	JOHNSON Alice X	Wirr
3	22	HINCHLIFFE Daisy	Holm
4			
5			
6			
7			
8			

**High Jump Women A**

Posn	Bib	Athlete	Club	Perf	AAA
1	2	TYAS Zara X	Holm	1.60	760
2	3	DOYLE Niamh X	Lpem	1.55	705
3	4	DA SILVA Yacine Y	Sale	1.50	651
4	5	WARING Molly Y	Spem	1.10	216

**High Jump Women B**

Posn	Bib	Athlete	Club
1	44	ROBINSON Helena X	Sale
2	33	AYRES Imogen X	Lpem
3	22	SCARAMUZZA Mollie X	Holm

**NORTH OF ENGLAND WEST Division 2WC @ Longford park, Trafford**

**14/07/**

**Triple Jump Women A**

Posn	Bib	Athlete	Club	Perf	
1	1	LAWLER-RHODES Joanna	Bing	11.05	721
2	4	WEYMONT Devon Y	Sale	10.69	684
3	3	SIMMS Martha X	Lpem	9.94	604
4	2	MCFARLANE Ella X	Holm	8.51	447
5	6	PHELAN Sarah	Wirr	x	
6					
7					
8					

**Triple Jump Women B**

Posn	Bib	Athlete	Club
1	44	GAVIN Ainne X	Sale
2	22	HINCHLIFFE Daisy	Holm
3	33	REILLY Tayla X	Lpem
4			
5			
6			
7			
8			

**Pole Vault Women A**

Posn	Bib	Athlete	Club	Perf	
1	2	TYAS Zara X	Holm	2.00	370
2	4	HASLAM Amy Y	Sale	x	

**Pole Vault Women B**

Posn	Bib	Athlete	Club
1	22	SCARAMUZZA Mollie X	Holm

**Shot Women A**

Posn	Bib	Athlete	Club	Perf	
1	3	PYATT Jenny	Lpem	9.70	701
2	55	THOMAS Bethany	Spem	9.50	687
3	4	BLOOD Hannah Y	Sale	9.41	680
4	1	CROSBY Janine	Bing	8.42	606
5	2	HARVEY-FRANKLIN Naomi	Holm	8.16	585
6	6	IKPATT Uyai	Wirr	6.58	449
7					
8					

**Shot Women B**

Posn	Bib	Athlete	Club
1	5	ASCOUGH Megan	Spem
2	44	TILLEY Sophie X	Sale
3	33	GROVES Jessica X	Lpem
4	66	JORDAN Karen	Wirr
5	11		Bing
6	22	HINCHLIFFE Daisy	Holm
7			
8			

**Discus Women A**

Posn	Bib	Athlete	Club	Perf	
1	3	PYATT Jenny	Lpem	39.31	865
2	1	CROSBY Janine	Bing	33.23	779
3	5	BELL Charlotte Y	Spem	27.69	691
4	4	LOWE Emma Y	Sale	23.49	615
5	66	JORDAN Karen	Wirr	20.60	556
6	22	HINCHLIFFE Daisy	Holm	15.92	444
7					
8					

**Discus Women B**

Posn	Bib	Athlete	Club
1	55	THOMAS Bethany	Spem
2	11	FRANCIS Olivia Y	Bing
3	6	IKPATT Uyai	Wirr
4	44	TILLEY Sophie X	Sale
5	2	SCARAMUZZA Mollie X	Holm
6	33	SWIFT Nicola	Lpem
7			
8			

**NORTH OF ENGLAND WEST Division 2WC @ Longford park, Trafford**

**14/07/**

**Hammer Women A**

Posn	Bib	Athlete	Club	Perf	
1	4	BLOOD Hannah Y	Sale	50.90	865
2	5	ASCOUGH Megan	Spem	42.05	765
3	3	HUTCHINSON Rachel	Lpem	33.03	651
4	1	CROSBY Janine	Bing	29.86	607
5	6	IKPATT Uyai	Wirr	18.76	430
6	22	HINCHLIFFE Daisy	Holm	14.56	346
7					
8					

**Hammer Women B**

Posn	Bib	Athlete	Club
1	55	THOMAS Bethany	Spem
2	44	WALKER Hollee	Sale
3	33	GROVES Jessica X	Lpem
4	66	JORDAN Karen	Wirr
5	11	VANMARCKE Orlane X	Bing
6	2	SMITH Ann	Holm
7			
8			

**Javelin Women A**

Posn	Bib	Athlete	Club	Perf	
1	4	SEMENTYSH Rosie	Sale	47.16	965
2	3	PYATT Jenny	Lpem	29.49	721
3	1	FRANCIS Olivia Y	Bing	22.95	608
4	22	SMITH Ann	Holm	18.17	510
5	66	JORDAN Karen	Wirr	16.11	463
6	5	BELL Charlotte Y	Spem	15.94	458
7					
8					

**Javelin Women B**

Posn	Bib	Athlete	Club
1	44	DRAGISIC WOOD Sofija X	Sale
2	11	CROSBY Janine	Bing
3	33	SWIFT Bethany X	Lpem
4	6	IKPATT Uyai	Wirr
5	2	HINCHLIFFE Daisy	Holm
6	55	BUTLER Mia X	Spem
7			
8			

**4 x 100m Women A**

Posn	No.	Club	Runners
1	4	Sale	ODEMWENGIE Fanny Osarumen X VANGU Joyce X NELSON Jessica X AKPAN Favour X
2	2	Holm	THROSSELL Lydia X SCARAMUZZA Mollie X MCFARLANE Ella X HARVEY-FRANKLIN Nac
3	3	Lpem	SWIFT Bethany X SIMMS Martha X LIVESLEY Isabelle X DOYLE Niamh X
4	6	Wirr	BAGUELEY Katie JOHNSON Alice X BRADY-JONES Tallulah X PHELAN Sarah
5			
6			
7			
8			

**4 x 400m Women A**

Posn	No.	Club	Runners
1	4	Sale	KEEN Rebecca Y CLARKSON Kia-lucia X GIBBONS Mia Y HEWITT Ayla X
2	2	Holm	JAGGER Julia STORR Zoe SYKES Olivia TYAS Zara X
3	3	Lpem	LIVESLEY Isabelle X DOYLE Niamh X SWIFT Bethany X FOLEY Harriet Y
4	6	Wirr	BAGUELEY Katie HALE Felicity BRADY-JONES Tallulah X IKPATT Uyai
5			
6			
7			
8			

'2019

Perf	
13.3	584
14.1	440

Perf	
27.7	544
29.7	388
36.3	82
37.5	54

Perf	
62.4	592
63.6	550

Perf	
02:26.4	593
02:34.1	485
02:42.8	376

'2019

Perf  
05:06.5 553  
05:07.0 549  
06:23.8 155

Perf  
10:56.6 575  
11:32.3 465  
13:44.9 157

Perf  
77.0 443  
86.0 262

Perf  
18.10 491

'2019

Perf AAA

Perf

Perf  
4.61 571  
3.97 429  
3.34 291

Perf  
1.45 596  
1.40 542  
1.40 542

'2019

Perf	
8.64	462
7.79	366
x	

Perf	
x	

Perf	
9.26	669
8.91	643
8.28	595
6.07	400
5.60	350
4.89	267

Perf	
24.57	635
23.85	622
20.03	544
16.29	454
15.48	432
13.23	363

'2019

Perf	
36.83	700
34.23	667
29.71	605
18.32	422
12.88	308
6.82	119

Perf	
24.91	644
21.31	576
15.16	439
11.27	325
7.91	178
4.76	

Perf	
52.70	
54.80	
dq	
59.80	

Perf	
04:11.9	
04:22.0	
05:07.1	
05:28.2	