

|          |                  |                               |
|----------|------------------|-------------------------------|
| REGION   | NORTH OF ENGLAND | Track Events<br>Start in Lane |
| AREA     | EAST             |                               |
| DIVISION | Division 4E      |                               |
| MATCH    | 3                |                               |
| P/FINISH | NO               | 1                             |

Date Sunday, July 14 2019

Venue @ Whitley Bay

Host Club Houghton Harriers

| Bib | Team Name                     | Abbrev. | Officials | Track1 | Relays | Field | Total |
|-----|-------------------------------|---------|-----------|--------|--------|-------|-------|
| 1   | Blaydon Harriers/Elswick ©    | Blay    | 45        | 196.0  | 31.0   | 136.0 | 408.0 |
| 2   | Darlington H & AC             | Darl    | 25        | 202.0  | 31.0   | 156.0 | 414.0 |
| 3   | Durham City H & AC            | Dur     | 45        | 109.0  | 20.0   | 85.0  | 259.0 |
| 4   | Heaton Harriers               | Heat    | 45        | 159.0  | 26.0   | 127.0 | 357.0 |
| 5   | Houghton H/Jarrow & Hebburn © | HJH     | 45        | 70.0   | 10.0   | 145.0 | 270.0 |
| 6   | Scarborough AC                | Scar    | 45        | 63.0   | 21.0   | 72.0  | 201.0 |
| 7   | Tyne Bridge Harriers          | TyneB   | 20        | 18.0   |        | 37.0  | 75.0  |
| -   |                               |         |           |        |        |       |       |

| Posn | Team Name                     | Points | League | B/fwd M | B/fwd L | Total M | Total L | Standings |
|------|-------------------------------|--------|--------|---------|---------|---------|---------|-----------|
| 1    | Darlington H & AC             | 414.0  | 7.0    | 333.00  | 4.00    | 747.0   | 11.0    | 5         |
| 2    | Blaydon Harriers/Elswick ©    | 408.0  | 6.0    | 572.00  | 5.00    | 980.0   | 11.0    | 4         |
| 3    | Heaton Harriers               | 357.0  | 5.0    | 600.50  | 3.00    | 957.5   | 8.0     | 6         |
| 4    | Houghton H/Jarrow & Hebburn © | 270.0  | 4.0    | 656.50  | 9.00    | 926.5   | 13.0    | 2         |
| 5    | Durham City H & AC            | 259.0  | 3.0    | 656.00  | 9.00    | 915.0   | 12.0    | 3         |
| 6    | Scarborough AC                | 201.0  | 2.0    | 731.00  | 12.00   | 932.0   | 14.0    | 1         |
| 7    | Tyne Bridge Harriers          | 75.0   | 1.0    |         |         | 75.0    | 1.0     | 7         |

|                                    |          |
|------------------------------------|----------|
| TOTAL EVENTS                       | 39       |
| NO COMPETITORS/EVENT CANCELLED/NMR | -        |
| EVENT SCORED                       | 34       |
| REMAINING                          | <u>5</u> |

**NORTH OF ENGLAND EAST Division 4E @ Whitley Bay**

**14/07/2019**

**100m Men A**

| Posn | No. | Athlete        | Club | Perf | Wind |
|------|-----|----------------|------|------|------|
| 1    | 2   | STACEY Ryan Y  | Darl | 11.6 |      |
| 2    | 3   | INGRAM Nick    | Dur  | 11.7 |      |
| 3    | 5   | MCCLUSKEY Phil | HJH  | 13.1 |      |
| 4    | 4   | CAIRNS Jordan  | Heat | 13.2 |      |
| 5    | 1   | LEWIS Fin X    | Blay | 13.2 |      |
| 6    |     |                |      |      |      |
| 7    |     |                |      |      |      |
| 8    |     |                |      |      |      |

**100m Men B**

| Posn | No. | Athlete          | Club | Perf | Wind |
|------|-----|------------------|------|------|------|
| 1    | 22  | BLOOR Michael    | Darl | 11.5 |      |
| 2    | 33  | THOMAS Tyler     | Dur  | 11.8 |      |
| 3    | 44  | KELLY Lewis Y    | Heat | 12.3 |      |
| 4    | 11  | HENDERSON Owen Y | Blay | 12.6 |      |
| 5    |     |                  |      |      |      |
| 6    |     |                  |      |      |      |
| 7    |     |                  |      |      |      |
| 8    |     |                  |      |      |      |

**200m Men A**

| Posn | No. | Athlete        | Club | Perf | Wind |
|------|-----|----------------|------|------|------|
| 1    | 1   | REVELEY Liam   | Blay | 23.2 |      |
| 2    | 2   | STACEY Ryan Y  | Darl | 23.7 |      |
| 3    | 3   | INGRAM Nick    | Dur  | 24.1 |      |
| 4    | 4   | KELLY Lewis Y  | Heat | 25.1 |      |
| 5    | 6   | CULLEN Sam     | Scar | 25.4 |      |
| 6    | 5   | MCCLUSKEY Phil | HJH  | 27.3 |      |
| 7    |     |                |      |      |      |
| 8    |     |                |      |      |      |

**200m Men B**

| Posn | No. | Athlete               | Club | Perf | Wind |
|------|-----|-----------------------|------|------|------|
| 1    | 22  | BLOOR Michael         | Darl | 23.8 |      |
| 2    | 33  | DE LOS REYES Maverick | Dur  | 24.7 |      |
| 3    | 66  | MUMMENT Christian Y   | Scar | 24.8 |      |
| 4    | 11  | HENDERSON Owen Y      | Blay | 25.1 |      |
| 5    | 44  | MOORE John            | Heat | 28.5 |      |
| 6    |     |                       |      |      |      |
| 7    |     |                       |      |      |      |
| 8    |     |                       |      |      |      |

**400m Men A**

| Posn | No. | Athlete         | Club | Perf | Wind |
|------|-----|-----------------|------|------|------|
| 1    | 3   | RUTHERFORD Tom  | Dur  | 55.9 |      |
| 2    | 2   | HARRISON Andrew | Darl | 57.4 |      |
| 3    | 4   | WOOD Daniel     | Heat | 60.4 |      |
| 4    | 1   | HALL Ben        | Blay | 60.8 |      |
| 5    | 5   | MCCLUSKEY Phil  | HJH  | 61.1 |      |
| 6    |     |                 |      |      |      |
| 7    |     |                 |      |      |      |
| 8    |     |                 |      |      |      |

**400m Men B**

| Posn | No. | Athlete           | Club | Perf | Wind |
|------|-----|-------------------|------|------|------|
| 1    | 11  | TRAINER Callum X  | Blay | 60.1 |      |
| 2    | 33  | MCLAUGHLIN Daniel | Dur  | 60.1 |      |
| 3    | 44  | DUGUID Andy       | Heat | 62.9 |      |
| 4    | 22  | MILLER Jeff       | Darl | 75.5 |      |
| 5    |     |                   |      |      |      |
| 6    |     |                   |      |      |      |
| 7    |     |                   |      |      |      |
| 8    |     |                   |      |      |      |

**800m Men A**

| Posn | No. | Athlete             | Club  | Perf    | Wind |
|------|-----|---------------------|-------|---------|------|
| 1    | 3   | ORD Adam            | Dur   | 02:03.5 |      |
| 2    | 1   | BOADEN Jack Y       | Blay  | 02:11.7 |      |
| 3    | 6   | MUMMENT Christian Y | Scar  | 02:13.9 |      |
| 4    | 2   | TARN Wesley         | Darl  | 02:14.5 |      |
| 5    | 4   | WOOD Daniel         | Heat  | 02:15.4 |      |
| 6    | 7   | GARTLAND John       | TyneB | 02:34.1 |      |
| 7    |     |                     |       |         |      |
| 8    |     |                     |       |         |      |

**800m Men B**

| Posn | No. | Athlete          | Club | Perf    | Wind |
|------|-----|------------------|------|---------|------|
| 1    | 33  | WILKINSON Jonny  | Dur  | 02:08.2 |      |
| 2    | 22  | MARSHALL Shaun   | Darl | 02:15.4 |      |
| 3    | 11  | TRAINER Callum X | Blay | 02:21.4 |      |
| 4    | 44  | MOORE John       | Heat | 02:21.5 |      |
| 5    | 66  | DOWSON Michael   | Scar | 02:23.2 |      |
| 6    |     |                  |      |         |      |
| 7    |     |                  |      |         |      |
| 8    |     |                  |      |         |      |

**NORTH OF ENGLAND EAST Division 4E @ Whitley Bay**

**14/07/2019**

**1500m Men A**

| Posn | No. | Athlete         | Club  | Perf    |
|------|-----|-----------------|-------|---------|
| 1    | 2   | MITCHELL Adam   | Darl  | 04:06.3 |
| 2    | 7   | MORLEY Sparrow  | TyneB | 04:12.4 |
| 3    | 3   | EVERSON Rob     | Dur   | 04:25.4 |
| 4    | 1   | ALDERSON Andrew | Blay  | 04:26.4 |
| 5    | 4   | MEADER James    | Heat  | 04:34.8 |
| 6    | 5   | SMITH Carl      | HJH   | 04:56.8 |
| 7    |     |                 |       |         |
| 8    |     |                 |       |         |

**1500m Men B**

| Posn | No. | Athlete            | Club  | Perf    |
|------|-----|--------------------|-------|---------|
| 1    | 22  | ALLAN Paul         | Darl  | 04:13.3 |
| 2    | 77  | BRAITHWAITE Connor | TyneB | 04:21.4 |
| 3    | 33  | WILKINSON Jonny    | Dur   | 04:40.7 |
| 4    | 11  | BRADY Scott        | Blay  | 04:45.3 |
| 5    | 44  | COLLINS Benjamin   | Heat  | 04:51.4 |
| 6    |     |                    |       |         |
| 7    |     |                    |       |         |
| 8    |     |                    |       |         |

**5000m Men A**

| Posn | No. | Athlete         | Club | Perf    |
|------|-----|-----------------|------|---------|
| 1    | 1   | RUDMAN George   | Blay | 15:46.4 |
| 2    | 5   | DOVER Lee james | HJH  | 15:54.3 |
| 3    | 4   | MEADER James    | Heat | 16:10.4 |
| 4    | 3   | EVERSON Rob     | Dur  | 16:46.5 |
| 5    | 2   | CLIFFORD John   | Darl | 16:54.5 |
| 6    | 66  | DOWSON Michael  | Scar | 17:20.7 |
| 7    |     |                 |      |         |
| 8    |     |                 |      |         |

**5000m Men B**

| Posn | No. | Athlete          | Club | Perf    |
|------|-----|------------------|------|---------|
| 1    | 44  | ROBINSON Ian     | Heat | 17:30.0 |
| 2    | 11  | BUFFHAM Daniel Y | Blay | 17:32.9 |
| 3    | 33  | HAMIL Stephen    | Dur  | 18:14.7 |
| 4    | 6   | CULLEN Sam       | Scar | 18:46.3 |
| 5    | 22  | ROGERS Steve     | Darl | 20:06.0 |
| 6    |     |                  |      |         |
| 7    |     |                  |      |         |
| 8    |     |                  |      |         |

**3000m S/Chase Men A**

| Posn | No. | Athlete        | Club | Perf    |
|------|-----|----------------|------|---------|
| 1    | 4   | ROBINSON Ian   | Heat | 10:56.2 |
| 2    | 2   | TAYLOR Colin   | Darl | 11:10.8 |
| 3    | 6   | DOWSON Michael | Scar | 11:34.0 |
| 4    | 11  | DIAS James     | Blay | 12:22.4 |
| 5    |     |                |      |         |
| 6    |     |                |      |         |
| 7    |     |                |      |         |
| 8    |     |                |      |         |

**3000m S/Chase Men B**

| Posn | No. | Athlete       | Club | Perf    |
|------|-----|---------------|------|---------|
| 1    | 44  | MILLS Calum   | Heat | 12:22.0 |
| 2    | 1   | SHEARS Luke Y | Blay | 12:31.0 |
| 3    |     |               |      |         |
| 4    |     |               |      |         |
| 5    |     |               |      |         |
| 6    |     |               |      |         |
| 7    |     |               |      |         |
| 8    |     |               |      |         |

**400m Hurdles Men A**

| Posn | No. | Athlete          | Club | Perf |
|------|-----|------------------|------|------|
| 1    | 2   | TARN Wesley      | Darl | 72.2 |
| 2    | 22  | TAYLOR Colin     | Darl | 73.5 |
| 3    | 4   | CAIRNS Jordon    | Heat | 74.2 |
| 4    | 1   | TRAINER Callum X | Blay | 74.7 |
| 5    | 11  | HALL Ben         | Blay | 81.2 |
| 6    |     |                  |      |      |
| 7    |     |                  |      |      |
| 8    |     |                  |      |      |

**400m Hurdles Men B**

| Posn | No. | Athlete      | Club | Perf |
|------|-----|--------------|------|------|
| 1    | 22  | TAYLOR Colin | Darl |      |
| 2    | 11  | HALL Ben     | Blay |      |
| 3    |     |              |      |      |
| 4    |     |              |      |      |
| 5    |     |              |      |      |
| 6    |     |              |      |      |
| 7    |     |              |      |      |
| 8    |     |              |      |      |

**NORTH OF ENGLAND EAST Division 4E @ Whitley Bay**

**14/07/2019**

**110m Hurdles Men A**

| Posn | No. | Athlete      | Club | Perf |
|------|-----|--------------|------|------|
| 1    | 1   | REVELEY Liam | Blay | 15.8 |
| 2    | 2   | TARN Wesley  | Darl | 22.4 |
| 3    | 22  | TAYLOR Colin | Darl | 24.5 |
| 4    |     |              |      |      |
| 5    |     |              |      |      |
| 6    |     |              |      |      |
| 7    |     |              |      |      |
| 8    |     |              |      |      |

Wind

**110m Hurdles Men B**

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------|------|------|
| 1    |     |         |      |      |
| 2    |     |         |      |      |
| 3    |     |         |      |      |
| 4    |     |         |      |      |
| 5    |     |         |      |      |
| 6    |     |         |      |      |
| 7    |     |         |      |      |
| 8    |     |         |      |      |

Wind

**100m N/S Men A**

| Posn | No. | Athlete               | Club | Perf |
|------|-----|-----------------------|------|------|
| 1    | 3   | DE LOS REYES Maverick | Dur  | 12.2 |
| 2    | 33  | MCLAUGHLIN Daniel     | Dur  | 12.7 |
| 3    | 2   | HARRISON Andrew       | Darl | 13.2 |
| 4    |     |                       |      |      |
| 5    |     |                       |      |      |
| 6    |     |                       |      |      |
| 7    |     |                       |      |      |
| 8    |     |                       |      |      |

Wind

**100m N/S Men B**

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------|------|------|
| 1    |     |         |      |      |
| 2    |     |         |      |      |
| 3    |     |         |      |      |
| 4    |     |         |      |      |
| 5    |     |         |      |      |
| 6    |     |         |      |      |
| 7    |     |         |      |      |
| 8    |     |         |      |      |

Wind

**Long Jump Men A**

| Posn | Bib | Athlete           | Club  | Perf |
|------|-----|-------------------|-------|------|
| 1    | 1   | REVELEY Liam      | Blay  | 6.68 |
| 2    | 5   | ANDREW James      | HJH   | 6.10 |
| 3    | 2   | HARRISON Andrew   | Darl  | 5.03 |
| 4    | 4   | CAIRNS Jordon     | Heat  | 4.59 |
| 5    | 3   | MCLAUGHLIN Daniel | Dur   | 4.56 |
| 6    | 7   | GARTLAND John     | TyneB | 4.24 |
| 7    |     |                   |       |      |
| 8    |     |                   |       |      |

Wind

**Long Jump Men B**

| Posn | Bib | Athlete        | Club | Perf |
|------|-----|----------------|------|------|
| 1    | 55  | BINGHAM Curtis | HJH  | 4.95 |
| 2    | 11  | HALL Ben       | Blay | 4.73 |
| 3    | 44  | COLLINS Ben    | Heat | 4.52 |
| 4    | 22  | TAYLOR Colin   | Darl | 4.39 |
| 5    | 33  | THOMAS Tyler   | Dur  | 3.56 |
| 6    |     |                |      |      |
| 7    |     |                |      |      |
| 8    |     |                |      |      |

Wind

**High Jump Men A**

| Posn | Bib | Athlete             | Club | Perf |
|------|-----|---------------------|------|------|
| 1=   | 4   | COLLINS Benjamin    | Heat |      |
| 3    | 1   | LEWIS Fin X         | Blay |      |
| 4    | 6   | MUMMENT Christian Y | Scar |      |
| 5    | 3   | THORNTON James      | Dur  |      |
| 6    | 2   | TARN Wesley         | Darl |      |

Wind

**High Jump Men B**

| Posn | Bib | Athlete       | Club | Perf |
|------|-----|---------------|------|------|
| 1    | 11  | HALL Ben      | Blay |      |
| 2    | 44  | CAIRNS Jordon | Heat |      |
| 3    | 33  | INGRAM Nick   | Dur  |      |

Wind

**NORTH OF ENGLAND EAST Division 4E @ Whitley Bay**

**14/07/2019**

**Triple Jump Men A**

| Posn | Bib | Athlete          | Club | Perf  |
|------|-----|------------------|------|-------|
| 1    | 1   | LEWIS Fin X      | Blay | 10.59 |
| 2    | 33  | RUTHERFORD Tom   | Dur  | 10.35 |
| 3    | 4   | COLLINS Benjamin | Heat | 9.87  |
| 4    | 2   | HARRISON Andrew  | Darl | 9.81  |
| 5    |     |                  |      |       |
| 6    |     |                  |      |       |
| 7    |     |                  |      |       |
| 8    |     |                  |      |       |

**Triple Jump Men B**

| Posn | Bib | Athlete        | Club | Perf |
|------|-----|----------------|------|------|
| 1    | 11  | HALL Ben       | Blay | 9.58 |
| 2    | 22  | MARSHALL Shaun | Darl | 9.05 |
| 3    | 44  | ROBINSON Ian   | Heat | 8.37 |
| 4    |     |                |      |      |
| 5    |     |                |      |      |
| 6    |     |                |      |      |
| 7    |     |                |      |      |
| 8    |     |                |      |      |

**Pole Vault Men A**

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|------|------|
|------|-----|---------|------|------|

**Pole Vault Men B**

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|------|------|
|------|-----|---------|------|------|

**Shot Men A**

| Posn | Bib | Athlete         | Club | Perf |
|------|-----|-----------------|------|------|
| 1    | 33  | THORNTON Paul   | Dur  | 8.06 |
| 2    | 4   | DUGUID Andy     | Heat | 7.89 |
| 3    | 22  | HARRISON Andrew | Darl | 7.41 |
| 4    | 55  | MCCLUSKEY Phil  | HJH  | 7.24 |
| 5    | 1   | LOWES John      | Blay | 6.79 |
| 6    | 6   | BURKE Matthew   | Scar | 6.79 |
| 7    |     |                 |      |      |
| 8    |     |                 |      |      |

**Shot Men B**

| Posn | Bib | Athlete          | Club | Perf |
|------|-----|------------------|------|------|
| 1    | 2   | THOMPSON Brian   | Darl | 7.27 |
| 2    | 5   | ROUSE Daniel     | HJH  | 6.88 |
| 3    | 11  | LEWIS Eric       | Blay | 6.62 |
| 4    | 3   | RUTHERFORD Tom   | Dur  | 5.41 |
| 5    | 44  | ROUTLEDGE George | Heat | 4.47 |
| 6    |     |                  |      |      |
| 7    |     |                  |      |      |
| 8    |     |                  |      |      |

**Discus Men A**

| Posn | Bib | Athlete         | Club | Perf  |
|------|-----|-----------------|------|-------|
| 1    | 5   | MITCHELL Ben    | HJH  | 38.14 |
| 2    | 6   | BURKE Matthew   | Scar | 25.64 |
| 3    | 4   | DUGUID Andy     | Heat | 20.11 |
| 4    | 2   | THOMPSON Brian  | Darl | 19.84 |
| 5    | 3   | DONAGHY Paul    | Dur  | 19.61 |
| 6    | 1   | SANDERSON James | Blay | 18.90 |
| 7    |     |                 |      |       |
| 8    |     |                 |      |       |

**Discus Men B**

| Posn | Bib | Athlete          | Club | Perf  |
|------|-----|------------------|------|-------|
| 1    | 55  | ROUSE Daniel     | HJH  | 23.38 |
| 2    | 11  | LEWIS Eric       | Blay | 14.33 |
| 3    | 22  | MILLER Jeff      | Darl | 12.39 |
| 4    | 44  | ROUTLEDGE George | Heat | 11.21 |
| 5    |     |                  |      |       |
| 6    |     |                  |      |       |
| 7    |     |                  |      |       |
| 8    |     |                  |      |       |

**NORTH OF ENGLAND EAST Division 4E @ Whitley Bay**

**14/07/2019**

**Hammer Men A**

| Posn | Bib | Athlete        | Club | Perf  |
|------|-----|----------------|------|-------|
| 1    | 22  | THOMPSON Brian | Darl | 20.71 |
| 2    | 5   | ROUSE Daniel   | HJH  | 19.27 |
| 3    | 6   | BURKE Matthew  | Scar | 17.94 |
| 4    | 3   | DONAGHY Paul   | Dur  | 16.84 |
| 5    | 4   | DUGUID Andy    | Heat | 15.67 |
| 6    | 1   | LOWES John     | Blay | 14.62 |
| 7    |     |                |      |       |
| 8    |     |                |      |       |

**Hammer Men B**

| Posn | Bib | Athlete          | Club | Perf  |
|------|-----|------------------|------|-------|
| 1    | 2   | STACEY Ryan Y    | Darl | 20.26 |
| 2    | 55  | MCCLUSKEY Phil   | HJH  | 18.52 |
| 3    | 11  | LEWIS Eric       | Blay | 13.46 |
| 4    | 44  | ROUTLEDGE George | Heat | 8.68  |
| 5    |     |                  |      |       |
| 6    |     |                  |      |       |
| 7    |     |                  |      |       |
| 8    |     |                  |      |       |

**Javelin Men A**

| Posn | Bib | Athlete         | Club | Perf  |
|------|-----|-----------------|------|-------|
| 1    | 6   | BURKE Matthew   | Scar | 40.02 |
| 2    | 5   | MITCHELL Ben    | HJH  | 35.69 |
| 3    | 3   | THORNTON James  | Dur  | 33.15 |
| 4    | 4   | CAIRNS Jordon   | Heat | 25.47 |
| 5    | 1   | LEWIS Eric      | Blay | 21.33 |
| 6    | 2   | HARRISON Andrew | Darl | 18.48 |
| 7    |     |                 |      |       |
| 8    |     |                 |      |       |

**Javelin Men B**

| Posn | Bib | Athlete        | Club | Perf  |
|------|-----|----------------|------|-------|
| 1    | 55  | MCCLUSKEY Phil | HJH  | 26.94 |
| 2    | 33  | INGRAM Nick    | Dur  | 25.35 |
| 3    | 44  | DUGUID Andy    | Heat | 23.11 |
| 4    | 11  | NAYLOR Steven  | Blay | 17.55 |
| 5    | 22  | MILLER Jeff    | Darl | 13.54 |
| 6    |     |                |      |       |
| 7    |     |                |      |       |
| 8    |     |                |      |       |

**4 x 100m Men A**

| Posn | No. | Club | Runners   | Perf |
|------|-----|------|---|------|
| 1    | 3   | Dur  | DE LOS REYES Maverick 0 DE LOS REYES Maverick 0         | 48.3 |
| 2    | 2   | Darl | STACEY Ryan Y BLOOR Michael TALLON Mark HARRISON Andrew | 48.4 |
| 3    | 1   | Blay | HENDERSON Owen Y HALL Ben LEWIS Fin X REVELEY Liam      | 49.7 |
| 4    | 4   | Heat | WOOD Daniel DUGUID Andy KELLY Lewis Y CAIRNS Jordon     | 53.0 |
| 5    | 6   | Scar | BURKE Matthew CULLEN Sam DOWSON Michael FIELD David     | 57.3 |
| 6    |     |      |   |      |
| 7    |     |      |   |      |
| 8    |     |      |   |      |

**4 x 400m Men A**

| Posn | No. | Club | Runners   | Perf    |
|------|-----|------|---|---------|
| 1    | 3   | Dur  | THOMAS Tyler 0 THOMAS Tyler 0                             | 03:51.2 |
| 2    | 2   | Darl | TARN Wesley HARRISON Andrew MARSHALL Shaun ALLAN Paul     | 03:53.1 |
| 3    | 1   | Blay | TRAINER Callum X RUDMAN George HALL Ben BOADEN Jack Y     | 03:56.6 |
| 4    | 4   | Heat | WOOD Daniel KELLY Lewis Y ROBINSON Ian CAIRNS Jordon      | 04:08.1 |
| 5    | 6   | Scar | CULLEN Sam FIELD David DOWSON Michael MUMMENT Christian Y | 04:30.9 |
| 6    |     |      |   |         |
| 7    |     |      |   |         |
| 8    |     |      |   |         |

**NORTH OF ENGLAND EAST Division 4E @ Whitley Bay**

**14/07/2019**

**100m Women A**

| Posn | No. | Athlete          | Club | Perf |
|------|-----|------------------|------|------|
| 1    | 5   | BARRON Amy       | HJH  | 13.4 |
| 2    | 2   | BOWER Kate Y     | Darl | 13.7 |
| 3    | 1   | ANDERSON Erin X  | Blay | 13.9 |
| 4    | 4   | MCNAUGHT Katie X | Heat | 14.9 |
| 5    |     |                  |      |      |
| 6    |     |                  |      |      |
| 7    |     |                  |      |      |
| 8    |     |                  |      |      |

**100m Women B**

| Posn | No. | Athlete        | Club | Perf |
|------|-----|----------------|------|------|
| 1    | 22  | LESTER Lindsey | Darl | 14.2 |
| 2    | 55  | ROBSON Megan Y | HJH  | 14.3 |
| 3    | 44  | BOYD Lisa      | Heat | 18.2 |
| 4    |     |                |      |      |
| 5    |     |                |      |      |
| 6    |     |                |      |      |
| 7    |     |                |      |      |
| 8    |     |                |      |      |

**200m Women A**

| Posn | No. | Athlete         | Club | Perf |
|------|-----|-----------------|------|------|
| 1    | 5   | BARRON Amy      | HJH  | 27.4 |
| 2    | 3   | HARRIS Ellie    | Dur  | 27.8 |
| 3    | 2   | BOWER Kate Y    | Darl | 29.6 |
| 4    | 1   | ANDERSON Erin X | Blay | 30.1 |
| 5    | 6   | CARR Nikola     | Scar | 34.1 |
| 6    |     |                 |      |      |
| 7    |     |                 |      |      |
| 8    |     |                 |      |      |

**200m Women B**

| Posn | No. | Athlete          | Club | Perf |
|------|-----|------------------|------|------|
| 1    | 55  | CLARK Courtney X | HJH  | 29.5 |
| 2    | 22  | LESTER Lindsey   | Darl | 30.4 |
| 3    | 4   | CLARK Ellie Y    | Heat | 33.4 |
| 4    | 11  | NAYLOR Robyn     | Blay | 34.0 |
| 5    | 66  | JONES Elizabeth  | Scar | 50.7 |
| 6    |     |                  |      |      |
| 7    |     |                  |      |      |
| 8    |     |                  |      |      |

**400m Women A**

| Posn | No. | Athlete         | Club | Perf |
|------|-----|-----------------|------|------|
| 1    | 3   | ETCHELLS Lauren | Dur  | 61.5 |
| 2    | 1   | REID Cecilia X  | Blay | 62.5 |
| 3    | 4   | NAGEL Hannah    | Heat | 63.9 |
| 4    | 6   | CARR Nikola     | Scar | 77.6 |
| 5    | 2   | TARN Nova       | Darl | 82.5 |
| 6    |     |                 |      |      |
| 7    |     |                 |      |      |
| 8    |     |                 |      |      |

**400m Women B**

| Posn | No. | Athlete               | Club | Perf  |
|------|-----|-----------------------|------|-------|
| 1    | 11  | BRADBURY Eleanor      | Blay | 74.0  |
| 2    | 44  | CLARK Ellie Y         | Heat | 79.8  |
| 3    | 22  | FLORIAN- TALLON Lucia | Darl | 99.6  |
| 4    | 66  | JONES Elizabeth       | Scar | 115.6 |
| 5    |     |                       |      |       |
| 6    |     |                       |      |       |
| 7    |     |                       |      |       |
| 8    |     |                       |      |       |

**800m Women A**

| Posn | No. | Athlete        | Club | Perf    |
|------|-----|----------------|------|---------|
| 1    | 1   | REID Cecilia X | Blay | 02:24.7 |
| 2    | 4   | NAGEL Hannah   | Heat | 02:26.7 |
| 3    | 3   | CARR Caitlin   | Dur  | 02:28.4 |
| 4    | 6   | CARR Nikola    | Scar | 03:10.9 |
| 5    | 22  | GORMAN Pauline | Darl | 03:24.2 |
| 6    |     |                |      |         |
| 7    |     |                |      |         |
| 8    |     |                |      |         |

**800m Women B**

| Posn | No. | Athlete               | Club | Perf    |
|------|-----|-----------------------|------|---------|
| 1    | 11  | BRADBURY Eleanor      | Blay | 02:44.3 |
| 2    | 44  | CLARK Ellie Y         | Heat | 03:21.0 |
| 3    | 2   | FLORIAN- TALLON Lucia | Darl | 03:31.9 |
| 4    | 66  | JONES Elizabeth       | Scar | 04:07.5 |
| 5    |     |                       |      |         |
| 6    |     |                       |      |         |
| 7    |     |                       |      |         |
| 8    |     |                       |      |         |

**NORTH OF ENGLAND EAST Division 4E @ Whitley Bay**

**14/07/2019**

**1500m Women A**

| Posn | No. | Athlete       | Club | Perf    |
|------|-----|---------------|------|---------|
| 1    | 1   | FULLER Amy    | Blay | 05:06.7 |
| 2    | 5   | KILLOCK Jenna | HJH  | 05:26.4 |
| 3    | 4   | ROBERTS Ellen | Heat | 05:43.5 |
| 4    | 2   | ROGERS Zoe    | Darl | 06:41.2 |
| 5    |     |               |      |         |
| 6    |     |               |      |         |
| 7    |     |               |      |         |
| 8    |     |               |      |         |

**1500m Women B**

| Posn | No. | Athlete        | Club | Perf    |
|------|-----|----------------|------|---------|
| 1    | 11  | LEWIS Abby X   | Blay | 05:25.6 |
| 2    | 44  | STOCK Nadia    | Heat | 06:26.2 |
| 3    | 22  | GORMAN Pauline | Darl | 07:14.5 |
| 4    |     |                |      |         |
| 5    |     |                |      |         |
| 6    |     |                |      |         |
| 7    |     |                |      |         |
| 8    |     |                |      |         |

**3000m Women A**

| Posn | No. | Athlete         | Club | Perf    |
|------|-----|-----------------|------|---------|
| 1    | 1   | LOWES Catherine | Blay | 11:37.1 |
| 2    | 4   | CAMERON Nina    | Heat | 12:23.7 |
| 3    | 2   | ROGERS Zoe      | Darl | 13:53.0 |
| 4    |     |                 |      |         |
| 5    |     |                 |      |         |
| 6    |     |                 |      |         |
| 7    |     |                 |      |         |
| 8    |     |                 |      |         |

**3000m Women B**

| Posn | No. | Athlete          | Club | Perf    |
|------|-----|------------------|------|---------|
| 1    | 11  | BRADBURY Eleanor | Blay | 11:55.8 |
| 2    | 44  | STOCK Nadia      | Heat | 13:02.2 |
| 3    |     |                  |      |         |
| 4    |     |                  |      |         |
| 5    |     |                  |      |         |
| 6    |     |                  |      |         |
| 7    |     |                  |      |         |
| 8    |     |                  |      |         |

**400m Hurdles Women A**

| Posn | No. | Athlete        | Club | Perf |
|------|-----|----------------|------|------|
| 1    | 2   | LESTER Lindsey | Darl | 97.3 |
| 2    |     |                |      |      |
| 3    |     |                |      |      |
| 4    |     |                |      |      |
| 5    |     |                |      |      |
| 6    |     |                |      |      |
| 7    |     |                |      |      |
| 8    |     |                |      |      |

**400m Hurdles Women B**

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------|------|------|
| 1    |     |         |      |      |
| 2    |     |         |      |      |
| 3    |     |         |      |      |
| 4    |     |         |      |      |
| 5    |     |         |      |      |
| 6    |     |         |      |      |
| 7    |     |         |      |      |
| 8    |     |         |      |      |

**100m Hurdles Women A**

| Posn | Athlete | Wind Club | Perf |
|------|---------|-----------|------|
| 1    |         |           |      |
| 2    |         |           |      |
| 3    |         |           |      |
| 4    |         |           |      |
| 5    |         |           |      |
| 6    |         |           |      |
| 7    |         |           |      |
| 8    |         |           |      |

**100m Hurdles Women B**

| Posn | No. | Athlete | Wind Club | Perf |
|------|-----|---------|-----------|------|
| 1    |     |         |           | X    |
| 2    |     |         |           |      |
| 3    |     |         |           |      |
| 4    |     |         |           |      |
| 5    |     |         |           |      |
| 6    |     |         |           |      |
| 7    |     |         |           |      |
| 8    |     |         |           |      |



**NORTH OF ENGLAND EAST Division 4E @ Whitley Bay**

**14/07/2019**

**1500m S/Chase Women A**

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------|------|------|
| 1    |     |         |      |      |
| 2    |     |         |      |      |
| 3    |     |         |      |      |
| 4    |     |         |      |      |
| 5    |     |         |      |      |
| 6    |     |         |      |      |
| 7    |     |         |      |      |
| 8    |     |         |      |      |

**1500m S/Chase Women B**

| Posn | No. | Athlete | Club | Perf |
|------|-----|---------|------|------|
| 1    |     |         |      |      |
| 2    |     |         |      |      |
| 3    |     |         |      |      |
| 4    |     |         |      |      |
| 5    |     |         |      |      |
| 6    |     |         |      |      |
| 7    |     |         |      |      |
| 8    |     |         |      |      |

**100m N/S Women A**

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------|------|------|------|
| 1    |     |         |      |      |      |
| 2    |     |         |      |      |      |
| 3    |     |         |      |      |      |
| 4    |     |         |      |      |      |
| 5    |     |         |      |      |      |
| 6    |     |         |      |      |      |
| 7    |     |         |      |      |      |
| 8    |     |         |      |      |      |

**100m N/S Women B**

| Posn | No. | Athlete | Club | Perf | Wind |
|------|-----|---------|------|------|------|
| 1    |     |         |      |      |      |
| 2    |     |         |      |      |      |
| 3    |     |         |      |      |      |
| 4    |     |         |      |      |      |
| 5    |     |         |      |      |      |
| 6    |     |         |      |      |      |
| 7    |     |         |      |      |      |
| 8    |     |         |      |      |      |

**Long Jump Women A**

| Posn | Bib | Athlete          | Club  | Perf |
|------|-----|------------------|-------|------|
| 1    | 5   | BARRON Amy       | HJH   | 5.29 |
| 2    | 3   | CARR Caitlin     | Dur   | 4.45 |
| 3    | 6   | WHEATMAN Jenna   | Scar  | 4.09 |
| 4    | 4   | MCNAUGHT Katie X | Heat  | 4.05 |
| 5    | 22  | LESTER Lindsey   | Darl  | 3.82 |
| 6    | 1   | FULLER Amy       | Blay  | 3.75 |
| 7    | 7   | KELLY Louise     | TyneB | 2.36 |
| 8    |     |                  |       |      |

**Long Jump Women B**

| Posn | Bib | Athlete        | Club | Perf |
|------|-----|----------------|------|------|
| 1    | 55  | ROBSON Megan Y | HJH  | 3.69 |
| 2    | 2   | BOWER Kate Y   | Darl | 3.23 |
| 3    |     |                |      |      |
| 4    |     |                |      |      |
| 5    |     |                |      |      |
| 6    |     |                |      |      |
| 7    |     |                |      |      |
| 8    |     |                |      |      |

**High Jump Women A**

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|------|------|
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |

**High Jump Women B**

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|------|------|
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |
|      |     |         |      |      |

**NORTH OF ENGLAND EAST Division 4E @ Whitley Bay**

**14/07/2019**

**Triple Jump Women A**

| Posn | Bib | Athlete      | Club | Perf |
|------|-----|--------------|------|------|
| 1    | 3   | CARR Caitlin | Dur  | 9.59 |
| 2    | 2   | BOWER Kate Y | Darl | 8.27 |
| 3    | 1   | LEWIS Abby X | Blay | X    |
| 4    | 5   | PAGE Liz     | HJH  | X    |
| 5    |     |              |      |      |
| 6    |     |              |      |      |
| 7    |     |              |      |      |
| 8    |     |              |      |      |

**Triple Jump Women B**

| Posn | Bib | Athlete         | Club | Perf |
|------|-----|-----------------|------|------|
| 1    | 33  | ETCHELLS Lauren | Dur  | 9.31 |
| 2    | 22  | LESTER Lindsey  | Darl | 7.0  |
| 3    |     |                 |      |      |
| 4    |     |                 |      |      |
| 5    |     |                 |      |      |
| 6    |     |                 |      |      |
| 7    |     |                 |      |      |
| 8    |     |                 |      |      |

**Pole Vault Women A**

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|------|------|
|------|-----|---------|------|------|

**Pole Vault Women B**

| Posn | Bib | Athlete | Club | Perf |
|------|-----|---------|------|------|
|------|-----|---------|------|------|

**Shot Women A**

| Posn | Bib | Athlete           | Club  | Perf |
|------|-----|-------------------|-------|------|
| 1    | 6   | WHEATMAN Jenna    | Scar  | 9.17 |
| 2    | 2   | THOMPSON Rosie X  | Darl  | 8.89 |
| 3    | 4   | WHITFIELD Colette | Heat  | 5.64 |
| 4    | 5   | ROUSE Nikita      | HJH   | 5.42 |
| 5    | 77  | JAMES Sara        | TyneB | 5.20 |
| 6    | 11  | LISLE Mary        | Blay  | 5.05 |
| 7    |     |                   |       |      |
| 8    |     |                   |       |      |

**Shot Women B**

| Posn | Bib | Athlete         | Club  | Perf |
|------|-----|-----------------|-------|------|
| 1    | 22  | MILLER Lesley   | Darl  | 5.09 |
| 2    | 1   | ORKNEY Sheena   | Blay  | 5.00 |
| 3    | 7   | KELLY Louise    | TyneB | 4.75 |
| 4    | 55  | SCOTT Janet     | HJH   | 3.04 |
| 5    | 44  | KILGOUR Janette | Heat  | 2.94 |
| 6    |     |                 |       |      |
| 7    |     |                 |       |      |
| 8    |     |                 |       |      |

**Discus Women A**

| Posn | Bib | Athlete          | Club  | Perf  |
|------|-----|------------------|-------|-------|
| 1    | 2   | THOMPSON Rosie X | Darl  | 26.17 |
| 2    | 11  | LEATH Julie      | Blay  | 14.80 |
| 3    | 4   | BOYD Lisa        | Heat  | 14.51 |
| 4    | 5   | ROUSE Nikita     | HJH   | 14.15 |
| 5    | 77  | JAMES Sara       | TyneB | 11.70 |
| 6    |     |                  |       |       |
| 7    |     |                  |       |       |
| 8    |     |                  |       |       |

**Discus Women B**

| Posn | Bib | Athlete            | Club  | Perf  |
|------|-----|--------------------|-------|-------|
| 1    | 1   | ORKNEY Sheena      | Blay  | 12.82 |
| 2    | 55  | O'HALLORAN Ellie X | HJH   | 12.58 |
| 3    | 22  | BOWER Kate Y       | Darl  | 12.13 |
| 4    | 44  | KILGOUR Janette    | Heat  | 11.61 |
| 5    | 7   | KELLY Louise       | TyneB | 10.36 |
| 6    |     |                    |       |       |
| 7    |     |                    |       |       |
| 8    |     |                    |       |       |

**NORTH OF ENGLAND EAST Division 4E @ Whitley Bay**

**14/07/2019**

**Hammer Women A**

| Posn | Bib | Athlete          | Club  | Perf  |
|------|-----|------------------|-------|-------|
| 1    | 6   | WHEATMAN Jenna   | Scar  | 44.46 |
| 2    | 2   | THOMPSON Rosie X | Darl  | 30.89 |
| 3    | 5   | SCOTT Janet      | HJH   | 15.15 |
| 4    | 77  | JAMES Sara       | TyneB | 13.20 |
| 5    | 4   | BOYD Lisa        | Heat  | 10.55 |
| 6    | 11  | FULLER Amy       | Blay  | 10.30 |
| 7    |     |                  |       |       |
| 8    |     |                  |       |       |

**Hammer Women B**

| Posn | Bib | Athlete         | Club  | Perf  |
|------|-----|-----------------|-------|-------|
| 1    | 55  | PAGE Liz        | HJH   | 13.44 |
| 2    | 7   | KELLY Louise    | TyneB | 12.03 |
| 3    | 22  | MILLER Lesley   | Darl  | 10.30 |
| 4    | 1   | LOWES Catherine | Blay  | 7.55  |
| 5    |     |                 |       |       |
| 6    |     |                 |       |       |
| 7    |     |                 |       |       |
| 8    |     |                 |       |       |

**Javelin Women A**

| Posn | Bib | Athlete          | Club | Perf  |
|------|-----|------------------|------|-------|
| 1    | 6   | WHEATMAN Jenna   | Scar | 27.27 |
| 2    | 55  | BARRON Amy       | HJH  | 23.88 |
| 3    | 4   | MCNAUGHT Katie X | Heat | 22.56 |
| 4    | 1   | NAYLOR Robyn     | Blay | 13.50 |
| 5    | 22  | MILLER Lesley    | Darl | 11.49 |
| 6    |     |                  |      |       |
| 7    |     |                  |      |       |
| 8    |     |                  |      |       |

**Javelin Women B**

| Posn | Bib | Athlete          | Club | Perf  |
|------|-----|------------------|------|-------|
| 1    | 44  | BOYD Lisa        | Heat | 18.39 |
| 2    | 5   | CLARK Courtney X | HJH  | 15.07 |
| 3    | 11  | LISLE Mary       | Blay | 13.39 |
| 4    | 2   | LESTER Lindsey   | Darl | 11.03 |
| 5    | 66  | JONES Elizabeth  | Scar | X     |
| 6    |     |                  |      |       |
| 7    |     |                  |      |       |
| 8    |     |                  |      |       |

**4 x 100m Women A**

| Posn | No. | Club | Runners   | Perf  |
|------|-----|------|---|-------|
| 1    | 5   | HJH  | ROBSON Megan Y GIBBS Kara BARRON Amy CLARK Courtney X       | 57.60 |
| 2    | 2   | Darl | LESTER Lindsey TARN Nova FLORIAN- TALLON Lucia BOWER Kate Y | 64.30 |
| 3    | 1   | Blay | LISLE Mary LOWES Catherine NAYLOR Robyn ANDERSON Erin X     | 65.70 |
| 4    | 4   | Heat | MCNAUGHT Katie X CLARK Ellie Y BOYD Lisa ROBERTS Ellen      | 66.00 |
| 5    | 6   | Scar | WHEATMAN Jenna TROWN Dawn TROWN Jennie JONES Elizabeth      | 76.80 |
| 6    |     |      |   |       |
| 7    |     |      |   |       |
| 8    |     |      |   |       |

**4 x 400m Women A**

| Posn | No. | Club | Runners   | Perf    |
|------|-----|------|---|---------|
| 1    | 1   | Blay | LEWIS Abby X REID Cecilia X BRADBURY Eleanor FULLER Amy | 04:43.7 |
| 2    | 4   | Heat | ROBERTS Ellen STOCK Nadia CLARK Ellie Y BOYD Lisa       | 05:39.2 |
| 3    | 2   | Darl | ROGERS Zoe GORMAN Pauline MILLER Lesley TARN Nova       | 06:16.3 |
| 4    | 6   | Scar | JONES Elizabeth TROWN Dawn TROWN Jennie CARR Nikola     | 06:37.2 |
| 5    |     |      |   |         |
| 6    |     |      |   |         |
| 7    |     |      |   |         |
| 8    |     |      |   |         |