

Present the

2019 NORTH OF ENGLAND 'START FITNESS' MEN'S SIX STAGE ROAD RELAY CHAMPIONSHIPS

Under UKA Rules: Licence No TBC

At Sport City Manchester

On Sunday 15th September 2019

Start time: 14.00 6 Stages of approximately 6.8K

Current Holders: Lincoln Wellington A.C

Qualifying event for the ERRA 6 Stage Championships

CLUB COLOURS & VEST/CROP TOP ALL OF THE SAME DESIGN MUST BE WORN

Medals will be awarded to the first three teams of six to finish

Bronze Medals will be awarded to the first 'B' team to finish

Minimum age: 17 and over at midnight 31st August / 1st September 2019

Entries

Entry is on line only at www.race-results.co.uk

Only N.A affiliated clubs will be accepted for this championship

Closing date for entries 06th September 2019

Team declarations and changes must be done ONLY on line by team managers

*Team declarations and changes are allowed up to 12.00 on the day of the race on line
ONLY via the personalised link which will be sent to team managers on the Wednesday
prior to the race*

***THERE WILL BE NO FACILITIES FOR TEAM DECLARATIONS OR TEAM CHANGES AT
REGISTRATION.***

Entry Fees - £48 per team

IMPORTANT NOTES

- Entries from Clubs will only be accepted if the Club is currently affiliated to England Athletics. Team members MUST be first claim members of the club AND registered with England Athletics. **EA Registration Numbers MUST be included. Athletes without registration numbers will not be entered.**

Any Foreign Athletes in the team MUST also be currently registered with UKA as Foreign Athletes. All team and athlete affiliation will be verified prior to the event. A club can enter as many foreign athletes as they wish but only 2 may run. This applies to both 'A' & 'B' teams

- Entries must be submitted via the online entry system and fees paid on entry
- Late & incorrectly submitted entries will not be accepted and will be returned
- Acknowledgement of entry will be by return email and final instructions will be emailed prior to the event.
- Clubs that run ineligible or unregistered runners will be disqualified and may have their entry refused for the 2020 event
- The first 25 Team finishers will be eligible to compete in the 2019 ERRA Championships but **no more than TWO Teams from the same Club.**
- Entry forms for ERRA Championships will be e mailed to successful clubs.