

REGION	NORTH OF ENGLAND	Track Events Start in Lane
AREA	EAST	
DIVISION	Division 3E	
MATCH	4	
P/FINISH	NO	1

Date Saturday, August 10 2019

Venue @ Hexham

Host Club Tynedale Harriers

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Chester-le-Street AC	CleS		125.0	18.0	123.0	266.0
2	New Marske Harriers	NMH		112.0	12.0	176.0	300.0
3	North Shields Poly	NSP		137.0	16.0	128.0	281.0
4	Richmond & Zetland AC	RichZ					
5	South Shields AC/Birtley AC ©	SS&B		167.0	11.0	138.0	316.0
6	Tynedale Harriers	TyneD		167.0	32.0	164.0	363.0
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Posn	Team Name	Points	League	B/fwd M	B/fwd L	Total M	Total L	Standings
1	Tynedale Harriers	363.0	6.0	662.50	6.00	1025.5	12.0	4
2	South Shields AC/Birtley AC ©	316.0	5.0	834.00	11.00	1150.0	16.0	3
3	New Marske Harriers	300.0	4.0	1005.50	14.00	1305.5	18.0	2
4	North Shields Poly	281.0	3.0	1009.00	16.00	1290.0	19.0	1
5	Chester-le-Street AC	266.0	2.0	685.00	5.00	951.0	7.0	6
6	Richmond & Zetland AC		1.0	799.00	11.00	799.0	12.0	5

TOTAL EVENTS	39
NO COMPETITORS/EVENT CANCELLED/NMR	-
EVENT SCORED	38
REMAINING	<u>1</u>

NORTH OF ENGLAND EAST Division 3E @ Hexham

10/08/2019

100m Men A

Posn	No.	Athlete	Club	Perf
1	2	MCBRIDE Daniel	NMH	11.5
2	3	ROBINSON Oliver X	NSP	11.7
3	6	STEPHENSON Lea	TyneD	12.1
4	1	KULIK Mikolaj Y	CleS	12.5
5	5	BANKS Mark	SS&B	13.9
6				
7				
8				

100m Men B

Posn	No.	Athlete	Club	Perf
1	22	HADFIELD Kellen	NMH	12.3
2	66	FENWICK Gary	TyneD	12.4
3	33	MOLE James	NSP	12.5
4	11	ALDERSON Callum Y	CleS	12.8
5	55	YORSTON Neil	SS&B	15.3
6				
7				
8				

200m Men A

Posn	No.	Athlete	Club	Perf
1	2	MCBRIDE Daniel	NMH	23.8
2	3	ROBINSON Oliver X	NSP	24.2
3	1	RUSSELL Luke X	CleS	24.5
4	6	STEPHENSON Lea	TyneD	25.1
5	5	BULL George	SS&B	28.4
6				
7				
8				

200m Men B

Posn	No.	Athlete	Club	Perf
1	22	HADFIELD Kellen	NMH	24.8
2	33	COLLINSON Joshua X	NSP	24.9
3	66	FENWICK Gary	TyneD	25.4
4	11	ALEXANDER Ben X	CleS	26.5
5	55	YORSTON Neil	SS&B	33.2
6				
7				
8				

400m Men A

Posn	No.	Athlete	Club	Perf
1	6	STEPHENSON Lea	TyneD	53.9
2	3	COLLINSON Joshua X	NSP	54.0
3	2	HADFIELD Kellen	NMH	58.0
4	1	ALDERSON Callum Y	CleS	58.9
5	5	BULL George	SS&B	60.4
6				
7				
8				

400m Men B

Posn	No.	Athlete	Club	Perf
1	66	TOWART Darren	TyneD	56.9
2	11	BURDON Paul	CleS	60.6
3	55	TYRIE Max Y	SS&B	63.3
4	22	HART Stewart	NMH	82.4
5	33	RICHARDSON Ian	NSP	88.8
6				
7				
8				

800m Men A

Posn	No.	Athlete	Club	Perf
1	6	CUTLER Harrison X	TyneD	02:11.1
2	5	MOFFAT Kieran	SS&B	02:12.2
3	3	BRACKEN Guy	NSP	02:13.2
4	1	MCARDLE Owen	CleS	02:27.2
5	2	ALLEN Harry	NMH	
6				
7				
8				

800m Men B

Posn	No.	Athlete	Club	Perf
1	33	EWENS William	NSP	02:13.4
2	66	HEXTALL Magnus X	TyneD	02:28.4
3	11	MORRISON Jon	CleS	02:39.6
4	55	SWADDLE Graeme	SS&B	03:00.0
5				
6				
7				
8				

NORTH OF ENGLAND EAST Division 3E @ Hexham

10/08/2019

1500m Men A

Posn	No.	Athlete	Club	Perf
1	6	DALEY Charlie X	TyneD	04:17.3
2	3	EWENS William	NSP	04:34.9
3	5	TYRIE Max Y	SS&B	04:40.1
4	1	ALEXANDER Paul	CleS	06:07.2
5				
6				
7				
8				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	55	MOFFAT Kieran	SS&B	04:57.8
2	66	TANG Alex	TyneD	05:11.3
3	33	THORN Ivan	NSP	05:25.9
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5				
6				
7				
8				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	5	JOSEPHS Daniel	SS&B	16:48.3
2	6	GREY Cameron Y	TyneD	17:26.3
3	3	PENN Gregory	NSP	18:00.1
4	1	MCARDLE Owen	CleS	18:36.1
5				
6				
7				
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	55	TYRIE Max Y	SS&B	17:50.3
2	66	GREEN Joseph Y	TyneD	19:10.4
3	33	HEMY Vaughan	NSP	19:43.8
4				
5				
6				
7				
8				

3000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	5	MOFFAT Kieran	SS&B	13:16.4
2	3	BAKER Richard	NSP	13:57.4
3	6	LLOYD Will	TyneD	16:04.9
4				
5				
6				
7				
8				

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1	33	THORN Ivan	NSP	13:59.0
2	55	SWADDLE Graeme	SS&B	14:57.3
3				
4				
5				
6				
7				
8				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	6	TOWART Darren	TyneD	62.6
2	1	BURDON Paul	CleS	69.3
3	5	WELFORD Michael	SS&B	71.4
4	3	BAKER Richard	NSP	77.4
5				
6				
7				
8				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	66	STEPHENSON Lea	TyneD	66.4
2	33	RENNEY John	NSP	80.0
3	55	YORSTON Neil	SS&B	91.2
4				
5				
6				
7				
8				

NORTH OF ENGLAND EAST Division 3E @ Hexham

10/08/2019

110m Hurdles Men A

Posn	No.	Athlete	Club	Perf	Wind
1	1	WHELLANS Oliver	CleS	20.3	
2	5	WELFORD Michael	SS&B	21.4	
3					
4					
5					
6					
7					
8					

110m Hurdles Men B

Posn	No.	Athlete	Club	Perf	Wind
1	11	BURDON Paul	CleS	27.3	
2					
3					
4					
5					
6					
7					
8					

100m N/S Men A

Posn	No.	Athlete	Club	Perf	Wind
1	3	MOLE Robert Y	NSP	12.7	
2					
3					
4					
5					
6					
7					
8					

100m N/S Men B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump Men A

Posn	Bib	Athlete	Club	Perf	Wind
1	11	KULIK Mikolaj Y	CleS	6.09	
2	6	HILL Ethan Y	TyneD	5.59	
3	2	BRINING Matthew Y	NMH	5.17	
4	3	MOLE James	NSP	5.01	
5	5	HETHERINGTON Lee	SS&B	4.85	
6					
7					
8					

Long Jump Men B

Posn	Bib	Athlete	Club	Perf	Wind
1	1	RUSSELL Luke X	CleS	5.64	
2	66	HEXTALL Magnus X	TyneD	5.0	
3	22	HADFIELD Kellen	NMH	4.86	
4	55	BANKS Mark	SS&B	4.34	
5	33	RENNEY John	NSP	4.24	
6					
7					
8					

High Jump Men A

Posn	Bib	Athlete	Club	Perf	Wind
1	3	POWELL Lloyd	NSP	1.90	
2	6	STEPHENSON Lea	TyneD	1.65	
3	1	BURDON Paul	CleS	1.55	
4	5	BANKS Mark	SS&B	1.40	
5	2	BRINING Matthew Y	NMH	1.40	

High Jump Men B

Posn	Bib	Athlete	Club	Perf	Wind
1	11	MORRISON Jon	CleS	1.50	
2	66	TOWART Darren	TyneD	1.45	
3	33	BROWNRIGG Allan	NSP	1.40	

NORTH OF ENGLAND EAST Division 3E @ Hexham

10/08/2019

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	11	KULIK Mikolaj Y	CleS	11.24
2	33	MOLE Robert Y	NSP	10.61
3	6	HILL Ethan Y	TyneD	10.15
4	2	BRINING Matthew Y	NMH	9.94
5	55	HETHERINGTON Lee	SS&B	9.23
6				
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	1	RUSSELL Luke X	CleS	11.17
2	3	RENNEY John	NSP	10.11
3	5	BANKS Mark	SS&B	9.22
4	66	GREEN Andy	TyneD	8.42
5	22	HART Stewart	NMH	7.72
6				
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	2	BRINING Matthew Y	NMH	3.20
2	66	SCHROEDER Jonah X	TyneD	2.60
3	55	-	SS&B	2.30

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	6	HUNTER Richard	TyneD	2.50
2	22	HART Stewart	NMH	2.30

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	2	COWLEY Will	NMH	10.09
2	6	HUNTER Richard	TyneD	9.22
3	1	WHELLANS Oliver	CleS	8.87
4	3	RENNEY John	NSP	8.79
5	55	YORSTON Neil	SS&B	7.82
6				
7				
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	11	BURDON Paul	CleS	8.77
2	22	HART Stewart	NMH	8.77
3	33	WALKER Chris	NSP	8.53
4	5	HETHERINGTON Lee	SS&B	6.89
5	66	SMITH Chris	TyneD	6.48
6				
7				
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	2	RICHARDS Leslie	NMH	40.50
2	6	HUNTER Richard	TyneD	26.90
3	5	HETHERINGTON Lee	SS&B	23.93
4	33	RENNEY John	NSP	23.51
5	11	RUSSELL Scott	CleS	12.62
6				
7				
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	22	COWLEY Will	NMH	39.06
2	66	TOWART Darren	TyneD	26.61
3	3	WALKER Chris	NSP	22.85
4	55	YORSTON Neil	SS&B	19.79
5				
6				
7				
8				

NORTH OF ENGLAND EAST Division 3E @ Hexham

10/08/2019

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	2	STANDEN Mark	NMH	36.72
2	3	WALKER Chris	NSP	33.53
3	6	HUNTER Richard	TyneD	24.53
4	5	HETHERINGTON Lee	SS&B	21.08
5	11	MORRISON Jon	CleS	20.03
6				
7				
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	22	HART Stewart	NMH	28.29
2	66	TOWART Darren	TyneD	24.13
3	33	BROWNRIGG Allan	NSP	23.39
4	55	YORSTON Neil	SS&B	20.34
5	1	KULIK Mikolaj Y	CleS	18.13
6				
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	1	WHELLANS Oliver	CleS	34.56
2	6	TOWART Darren	TyneD	32.64
3	3	BROWNRIGG Allan	NSP	31.78
4	2	STANDEN Mark	NMH	30.71
5	5	HETHERINGTON Lee	SS&B	28.03
6				
7				
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	33	POWELL Lloyd	NSP	25.47
2	11	BURDON Paul	CleS	25.25
3	22	HART Stewart	NMH	23.85
4	66	SMITH Chris	TyneD	18.24
5	55	SWADDLE Graeme	SS&B	17.05
6				
7				
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	6	TyneD	TOWART Darren STEPHENSON Lea FENWICK Gary HILL Ethan Y	48.6
2	3	NSP	MOLE James MOLE Robert Y COLLINSON Joshua X ROBINSON Oliver X	49.4
3	2	NMH	MCBRIDE Daniel BRINING Matthew Y HART Stewart HADFIELD Kellen	50.4
4	1	CleS	WHELLANS Oliver ALEXANDER Ben X ALDERSON Callum Y RUSSELL Luke X	50.7
5	5	SS&B	YORSTON Neil WELFORD Michael MOFFAT Kieran BULL George	55.3
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	6	TyneD	GREY Cameron Y FENWICK Gary TOWART Darren STEPHENSON Lea	03:56.6
2	5	SS&B	TYRIE Max Y WELFORD Michael JOSEPHS Daniel MOFFAT Kieran	04:13.0
3	1	CleS	MCARDLE Owen BURDON Paul ALEXANDER Paul KULIK Mikolaj Y	04:45.5
4				
5				
6				
7				
8				

NORTH OF ENGLAND EAST Division 3E @ Hexham

10/08/2019

100m Women A

Posn	No.	Athlete	Club	Perf
1	3	MOLE Laura	NSP	13.2
2	2	BRINING Sophie X	NMH	14.8
3	1	BROWN Emma X	CleS	15.0
4	6	WESTLAKE Helen-ruth	TyneD	15.1
5	5	GATENS Summer	SS&B	16.0
6				
7				
8				

100m Women B

Posn	No.	Athlete	Club	Perf
1	33	ERRINGTON Lucy X	NSP	13.6
2	66	LAMB Megan	TyneD	16.2
3	22	SPEEDIE Patricia	NMH	17.9
4				
5				
6				
7				
8				

200m Women A

Posn	No.	Athlete	Club	Perf
1	3	BEVERLEY Alicia X	NSP	28.3
2	1	HOLMAN Abbey X	CleS	29.5
3	2	BENNETT Charlotte X	NMH	29.8
4	6	WESTLAKE Helen-ruth	TyneD	30.0
5	5	GATENS Summer	SS&B	34.8
6				
7				
8				

200m Women B

Posn	No.	Athlete	Club	Perf
1	33	TOPPING Martha X	NSP	29.6
2	11	BROWN Emma X	CleS	31.3
3	66	LAMB Megan	TyneD	35.0
4	22	SPEEDIE Patricia	NMH	36.7
5				
6				
7				
8				

400m Women A

Posn	No.	Athlete	Club	Perf
1	6	SALTHOUSE Kate X	TyneD	60.1
2	2	BENNETT Charlotte X	NMH	63.7
3	1	JONES Lauren X	CleS	73.6
4	5	DEMBELE Fran	SS&B	80.2
5	4		RichZ	
6				
7				
8				

400m Women B

Posn	No.	Athlete	Club	Perf
1	22	TYERMAN Jess	NMH	76.1
2	66	WESTLAKE Helen-ruth	TyneD	82.4
3	55	LANCASTER Kim	SS&B	84.9
4	11	JONES Suzanne	CleS	87.5
5				
6				
7				
8				

800m Women A

Posn	No.	Athlete	Club	Perf
1	2	BENNETT Charlotte X	NMH	02:26.8
2	6	WREN Rebecca X	TyneD	02:30.3
3	5	SOUTHERN Eve Y	SS&B	02:44.0
4	3	PAWSEY Wendy	NSP	02:47.6
5	1	JONES Lauren X	CleS	02:55.9
6				
7				
8				

800m Women B

Posn	No.	Athlete	Club	Perf
1	22	TYERMAN Jess	NMH	02:52.7
2	55	LANCASTER Kim	SS&B	03:14.4
3	11	JONES Suzanne	CleS	03:25.0
4				
5				
6				
7				
8				

NORTH OF ENGLAND EAST Division 3E @ Hexham

10/08/2019

1500m Women A

Posn	No.	Athlete	Club	Perf
1	6	SALTHOUSE Kate X	TyneD	05:13.2
2	5	DEMBELE Fran	SS&B	05:31.6
3	1	WHITLEY Eve X	CleS	05:40.2
4	2	BENNETT Lisa	NMH	05:46.7
5				
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	66	HAWKINS Jemima X	TyneD	06:08.4
2	55	LANCASTER Kim	SS&B	06:20.7
3				
4				
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	5	DEMBELE Fran	SS&B	11:34.3
2	2	BENNETT Lisa	NMH	12:03.6
3	6	SCOTT Steph	TyneD	12:55.8
4	3	DIXON Alison	NSP	13:21.9
5				
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	66	GRIFFIN Louise	TyneD	14:11.5
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	2	THROWER Jordan Y	NMH	71.1
2	5	POTTINGER Rebecca	SS&B	78.2
3	1	HOLMAN Abbey X	CleS	83.8
4	3	PAWSEY Wendy	NSP	86.8
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	55	DEMBELE Fran	SS&B	93.6
2				
3				
4				
5				
6				
7				
8				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	1 HOLMAN Abbey X	CleS	18.90	
2	5 POTTINGER Rebecca	SS&B	20.80	
3				
4				
5				
6				
7				
8				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1	55	GATENS Summer	SS&B	35.20	
2					
3					
4					
5					
6					
7					
8					

NORTH OF ENGLAND EAST Division 3E @ Hexham

10/08/2019

1500m S/Chase Women A

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

1500m S/Chase Women B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

100m N/S Women A

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

100m N/S Women B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	THROWER Jordan Y	NMH	4.94
2	55	SOUTHERN Eve Y	SS&B	4.90
3	3	DEVITT Charlotte X	NSP	4.23
4	1	BROWN Emma X	CleS	4.18
5	66	LAMB Megan	TyneD	3.42
6				
7				
8				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	5	POTTINGER Rebecca	SS&B	4.33
2	33	BEVERLEY Alicia X	NSP	4.08
3	6	COLMER Catherine	TyneD	3.33
4	22	SPEEDIE Patricia	NMH	3.11
5				
6				
7				
8				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	5	POTTINGER Rebecca	SS&B	1.45
2	2	THROWER Jordan Y	NMH	1.35
3	6	SMITH Louise Y	TyneD	1.30

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	66	HAWKINS Jemima X	TyneD	1.20
2	22	TYERMAN Jess	NMH	1.15

NORTH OF ENGLAND EAST Division 3E @ Hexham

10/08/2019

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	3	ERRINGTON Lucy X	NSP	10.03
2	2	BRINING Sophie X	NMH	8.78
3	5	POTTINGER Rebecca	SS&B	8.62
4	1	JONES Lauren X	CleS	8.09
5				
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	33	DEVITT Charlotte X	NSP	8.20
2				
3				
4				
5				
6				
7				
8				

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	2	BRINING Sophie X	NMH	2.40
2	6	HAWKINS Jemima X	TyneD	1.70

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	2	RIGBY Vicky	NMH	8.85
2	6	SMITH Louise Y	TyneD	7.62
3	5	PERKINS Lyndsey	SS&B	7.53
4	3	POWSEY Wendy	NSP	6.33
5	11	JONES Suzanne	CleS	5.79
6				
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	66	LAMB Megan	TyneD	7.30
2	55	HEPPLEWHITE Gillian	SS&B	5.73
3	1	RUSSELL Deborah	CleS	5.62
4	22	SPEEDIE Patricia	NMH	4.70
5				
6				
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	2	RIGBY Vicky	NMH	23.49
2	5	PERKINS Lyndsey	SS&B	22.86
3	3	TOPPING Martha X	NSP	22.02
4	66	LAMB Megan	TyneD	20.27
5	11	JONES Suzanne	CleS	15.30
6				
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	6	COLMER Catherine	TyneD	16.93
2	55	HEPPLEWHITE Gillian	SS&B	15.86
3	1	RUSSELL Deborah	CleS	11.89
4	33	DIXON Alison	NSP	10.85
5	22	SPEEDIE Patricia	NMH	10.66
6				
7				
8				

NORTH OF ENGLAND EAST Division 3E @ Hexham

10/08/2019

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	5	PERKINS Lyndsey	SS&B	25.63
2	2	THROWER Jordan Y	NMH	20.90
3	3	DEVITT Charlotte X	NSP	18.94
4	11	JONES Suzanne	CleS	17.15
5	6	COLMER Catherine	TyneD	15.25
6				
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	55	HEPPLEWHITE Gillian	SS&B	17.66
2	22	RIGBY Vicky	NMH	17.30
3	66	WHITE Steph	TyneD	14.77
4	1	RUSSELL Deborah	CleS	13.35
5	33	PAWSEY Wendy	NSP	5.59
6				
7				
8				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	5	PERKINS Lyndsey	SS&B	17.01
2	2	RIGBY Vicky	NMH	16.23
3	66	SMITH Kate X	TyneD	15.20
4	3	BEVERLEY Alicia X	NSP	12.82
5	1	WHITLEY Eve X	CleS	10.51
6				
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	6	SMITH Louise Y	TyneD	14.78
2	55	LANCASTER Kim	SS&B	13.34
3	22	SPEEDIE Patricia	NMH	10.37
4	11	RUSSELL Deborah	CleS	8.82
5				
6				
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	3	NSP	MOLE Laura ERRINGTON Lucy X BEVERLEY Alicia X DEVITT Charlotte X	54.60
2	1	CleS	BROWN Emma X HOLMAN Abbey X JONES Lauren X JONES Suzanne	60.01
3	2	NMH	THROWER Jordan Y TYERMAN Jess SPEEDIE Patricia BRINING Sophie X	63.60
4	6	TyneD	SCOTT Steph SALTHOUSE Kate X LAMB Megan WESTLAKE Helen-ruth	65.90
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	6	TyneD	SCOTT Steph MARSHALL Carol WESTLAKE Helen-ruth SALTHOUSE Kate X	05:34.1
2				
3				
4				
5				
6				
7				
8				