

PROVISIONAL TIMETABLE 7th DECEMBER 2019 (amended 22/11/19)

Times are subject to possible change dependant on numbers

FIELD

Event	Time	Event	Pools	Age Group
F1	10.15	Long Jump	Girls	U15/U13
F2	13:00	Shot	Girls	U15/U13
F3	12.30	Long Jump	Men	Snr/U20/U17
F4	14.00	Shot	Boys	U15/U13
F5	14.45	High Jump	Boys	U15/U13
F6	14.45	High Jump	Girls	U15/U13
F7	15.00	Long Jump	Women	Snr/U20/U17
F8	15.00	Shot	Men	Snr/U20/U17
F9	15.30	High Jump	Women	Snr/U20/U17
F10	16.00	High Jump	Men	Snr/U20/U17
F11	16.00	Long Jump	Boys	U15/U13
F12	16.00	Shot	Women	Snr/U20/U17

TRACK

Event	Time	Event	Age Group
T1	10.15	60mHu	Girls
T2		60mHu	Boys&Girls
T3		60mHu	Women
T4		60mHu	Boys
T5		60mHu	Women
T6		60mHu	Men
T7		60mHu	Men
T8		60mHu	Men
T9	11.30	60m	U15/U13
T10	12.30	60m	Snr/U20/U17
T11	14.30	600m	Snr/U20/U17
T12	15.30	150m	U15/U13
T13	16.30	3000m	Snr/U20
T14	17.15	300m	Snr/U2/U17