

SATURDAY 17TH AUGUST

EVENT No.	EVENT	AGE GROUP	STAGE	TIME
T1	300m H	U17 Women	Final	11.00
T2	400m H	U17 Men	Final	11.10
T3	100m	U17 Women	Heats	11.20
T4	100m	U15 Boys	Heats	11.45
T5	100m	U13 Boys	Heats	12.05
T6	1500m	U15 Girls	Time Trials	12.20
T7	1500m	U17 Women	Final	12.40
T8	800m	U17 Men	Heats	12.50
T9	800m	U15 Girls	Heats	13.00
T10	800m	U13 Boys	Time Trials	13.15
T11	200m	U17 Men	Heats	13.30
T12	100m	U17 Women	Semi-Finals	13.50
T13	100m	U15 Boys	Semi-Finals	14.05
T14	100m	U13 Boys	Final	14.15
T15	300m	U17 Women	Heats	14.20
T16	300m	U15 Boys	Heats	14.30
T17	1500m SC	U17 Men	Final	14.40
T18	200m	U17 Men	Semi-Finals	14.50
T19	200m	U15 Boys	Heats	15.00
T20	200m	U13 Boys	Heats	15.15
T21	100m	U17 Women	Final	15.25
T22	100m	U15 Boys	Final	15.30
T23	800m	U17 Men	Final	15.35
T24	800m	U15 Girls	Final	15.40
T25	3000m	U17 Women	Final	15.45
T26	80m H	U15 Boys	Final	16.00
T27	300m	U15 Boys	Final	16.05
T28	300m	U17 Women	Final	16.10
T29	200m	U17 Men	Final	16.15
T30	200m	U15 Boys	Final	16.20
T31	200m	U13 Boys	Final	16.25

EVENT No.	EVENT	AGE GROUP	STAGE	TIME
F1	Hammer	U17 Women	Final	9.30
F2	High Jump	U15 Girls	Final	9.30
F3	Long Jump	U17 Women	Pool A & Final	9.30
F3a	Long Jump	U17 Women	Pool B	9.30
F4	Hammer	U15 Boys	Final	10.40
F5	Long Jump	U13 Boys	Final	11.00
F6	Discus	U17 Women	Final	11.40
F7	High Jump	U17 Men	Final	12.00
F8	Triple Jump	U17Men	Final	12.40
F8a	Triple Jump	U15 Boys	Final	12.40
F9	Discus	U15 Boys	Final	12.50
F10	Shot	U13 Boys	Final	13.00
F11	Shot	U17 Women	Final	14.00
F12	Triple Jump	U17 Women	Final	14.10
F12a	Triple Jump	U15 Girls	Final	14.10
F13	Javelin	U15 Boys	Final	14.10
F14	Shot	U15 Boys	Final	15.20
F15	Long Jump	U15 Boys	Final	15.30
F16	Javelin	U15 Girls	Final	15.30

Numbers must be collected from the stewards at least 60 minutes before the start of your event.

Please ensure that you declare for each event in which you intend to compete - failure to do so may result in you being excluded from the event. Please inform the steward if you wish to withdraw from an event so that seeders may be informed .

Stadium Blocks only may be used

Timing of events may be adjusted dependant on numbers of athletes declaring for the event.

NB: If you qualify for a final (track or field) you must take part unless you have a valid reason which has been approved by the appropriate Referee - saving yourself for another event is not a valid reason and failure to take part is likely to result in your disqualification from all further events over the 2 days of THE CHAMPIONSHIPS