

5/Under 13 Girls 100m

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Under 13 Girls 100m

FINAL Wind Speed: -2.5

1	Hannah Buckton	Gateshead Harriers & AC	13.41
2	Naimh Le Gall	Wirral AC	13.51
3	Lily White	Chester Le Street & Dist Ac	13.86
4	Emily Owen	West Cheshire Athletic Club	13.94
5	Evie Kendrick	Louth AC	14.07
6	Lucy Salter	Stockport Harriers & AC	14.27
7	Freya Stokes	Carlisle Aspatria AC	14.42
8	Lily Watson	Wigan & District H & AC	15.12

Heat 01 Wind Speed: -1.6

1	Hannah Buckton	Gateshead Harriers & AC	13.63
2	Lucy Salter	Stockport Harriers & AC	14.21
3	Lily Watson	Wigan & District H & AC	14.48
4	Aphia Keenan	Southport Waterloo AC	15.16
5	Amelia Blakeley	Stockport Harriers & AC	15.25
6	Holly Bosworth	West Cheshire Athletic Club	15.49
7	Madhuvanti Guruprasad	West Cheshire Athletic Club	16.93

Heat 02 Wind Speed: -2.0

1	Naimh Le Gall	Wirral AC	13.66
2	Evie Kendrick	Louth AC	14.20
3	Freya Vidal	Kingston Upon Hull Ac	14.61
4	Alani Dumbuya	Leigh Harriers & AC	14.66
5	Jessica Brown	West Cheshire Athletic Club	14.79
6	Imogen Carew	Wirral AC	15.09
7	Zara Ogedengbe	Wirral AC	15.52

Heat 03 Wind Speed: -2.8

1	Lily White	Chester Le Street & Dist Ac	14.31
2	Freya Stokes	Carlisle Aspatria AC	14.46
3	Emily Owen	West Cheshire Athletic Club	14.47
4	Lola Unsworth	Stockport Track & Field	14.68
5	Lydia Wilson	Wirral AC	15.83
6	Amy Hewitt	Leigh Harriers & AC	16.21

Under 13 Girls 200m

FINAL Wind Speed: -4.8

1	Cerys Allen	Preston Harriers	28.11
2	Naimh Le Gall	Wirral AC	28.14
3	Seren Redfern	Stockport Track & Field	28.52
4	Hannah Buckton	Gateshead Harriers & AC	29.42
5	Emily Owen	West Cheshire Athletic Club	30.23
6	Alani Dumbuya	Leigh Harriers & AC	31.06

Heat 01 Wind Speed: +1.6

1	Naimh Le Gall	Wirral AC	27.61
2	Cerys Allen	Preston Harriers	27.61
3	Isla Fishwick	Derwentside AC	28.95
4	Alani Dumbuya	Leigh Harriers & AC	29.99
5	Evie Kendrick	Louth AC	30.21
6	Freya Stokes	Carlisle Aspatria AC	30.25

Heat 02 Wind Speed: -3.9

1	Seren Redfern	Stockport Track & Field	28.71
2	Hannah Buckton	Gateshead Harriers & AC	28.72
3	Emily Owen	West Cheshire Athletic Club	30.47
4	Freya Vidal	Kingston Upon Hull Ac	31.21
5	Mia Walker	Wirral AC	31.23
6	Imogen Carew	Wirral AC	31.25
7	Amy Hewitt	Leigh Harriers & AC	32.88

Under 13 Girls 800m

Heat 01

1	Nia Harrison Sargent	Halifax Harriers & AC	2:22.85
2	Freya Murdoch	Stockport Harriers & AC	2:23.26
3	Gabriella Brown	Hallamshire Harriers Sheffield	2:23.28
4	Sophie Ellwood	Stockport Harriers & Ac	2:25.58
5	Alice Tolley	Hallamshire Harriers Sheffield	2:30.70
6	Tink Longworth	Sedbergh School Running Club	2:49.00

Heat 02

1	Jessica Lark	West Cheshire Athletic Club	2:31.21
2	Katie Thwaytes	Copeland AC	2:36.10
3	Saffron Meade	Stockport Harriers & Ac	2:39.28
4	Aimee Phillips	West Cheshire Athletic Club	2:39.97
5	Jessica Watson	Wakefield District H & AC	2:40.10
6	Freya Lester	Hallamshire Harriers Sheffield	2:40.80
7	Hannah Culshaw	Wigan & District H & AC	2:49.27

Heat 03

1	Emma Bradley	Horwich R M I Harriers	2:39.12
2	Sophie Haslam	West Cheshire Athletic Club	2:40.80
3	Chloe-leigh Mark	St Helens Sutton AC	2:53.90
4	Amber Neal	Wirral AC	2:55.55
5	Lily Oldale	Sale Harriers Manchester	2:57.65
6	Erin Carney	Vale Royal AC	3:07.57
7	Amelia Blakeley	Stockport Harriers & AC	3:20.45

Under 13 Girls Long Jump

FINAL

1	Cerys Allen	Preston Harriers	4.54	+1.9
2	Lola Unsworth	Stockport Track & Field	4.51	+3.8
3	Lucy Salter	Stockport Harriers & AC	4.32	+3.5
4	Isla Fishwick	Derwentside AC	4.27	+5.9
5	Seren Redfern	Stockport Track & Field	4.27	+1.4
6	Tink Longworth	Sedbergh School Running Club	4.15	+0.3
7	Amy Hewitt	Leigh Harriers & AC	4.09	+2.3
8	Hannah Culshaw	Wigan & District H & AC	4.07	+3.1
9	Imogen Carew	Wirral AC	3.94	+3.4
10	Saffron Meade	Stockport Harriers & Ac	3.91	+3.2
11	Zara Ogedengbe	Wirral AC	3.87	+2.9
12	Evie Kendrick	Louth AC	3.86	+0.5
13	Laila Herstell	Sale Harriers Manchester	3.86	+1.3
14	Mia Walker	Wirral AC	3.80	+0.6
15	Lydia Wilson	Wirral AC	3.78	+1.5
16	Aphia Keenan	Southport Waterloo AC	3.77	+2.6
17	Emily Owen	West Cheshire Athletic Club	3.75	+1.5
18	Emma Bradley	Horwich R M I Harriers	3.72	+1.9
19	Sophie Haslam	West Cheshire Athletic Club	3.71	+2.4
20	Amelia Blakeley	Stockport Harriers & AC	3.60	+2.2
21	Jessica Brown	West Cheshire Athletic Club	3.56	+2.3
22	Holly Bosworth	West Cheshire Athletic Club	3.51	+1.1
23	Lily Oldale	Sale Harriers Manchester	3.49	+1.4
24	Amber Neal	Wirral AC	2.92	+3.2

Under 13 Girls Shot Putt

FINAL

1	Lola Unsworth	Stockport Track & Field	9.85
2	Tilly Pollard	Blackburn Harriers & AC	8.05
3	Leila Thompson	Alnwick Harriers	7.88
4	Lauren Byrne	Southport Waterloo AC	7.74

5	Alani Dumbuya	Leigh Harriers & AC	7.57
6	Zara Ogedengbe	Wirral AC	7.50
7	Madison Bontoft	Blackburn Harriers & AC	6.66
8	Saffron Meade	Stockport Harriers & Ac	6.34
9	Laila Herstell	Sale Harriers Manchester	6.25
10	Lily Oldale	Sale Harriers Manchester	6.12

Under 15 Boys 1500m

Heat 01

1	Finley Mayoh	Stockport Harriers & AC	4:24.81
2	Ethan Brady-Jones	Wirral AC	4:25.30
3	Jake Wilson	Vale Royal AC	4:27.70
4	James Knockton	Sale Harriers Manchester	4:31.07
5	Daniel Valentine	Preston Harriers	4:33.54
6	Tobias Swarbrick	Lancaster & Morecambe AC	4:36.60
7	Samuel Headley	Keighley & Craven AC	4:37.72
8	James Bowen	Kendal Amateur Athletic Club	4:40.01
9	Dylan Carney	Vale Royal AC	4:43.94
10	Freddie Meredith	Sale Harriers Manchester	4:47.71
11	Ryan Corrin	Manx Harriers	4:48.66
12	Cameron Oliver	Kirkby Milers AC	4:51.87
13	Charlie Stanway	Trafford Athletic Club	4:55.95

Under 15 Boys 800m

FINAL

1	Ben Sinclair	Manx Harriers	2:04.62
2	Michael Dobson	St Helens Sutton AC	2:06.59
3	William Stanway	Sale Harriers Manchester	2:07.39
4	Joshua Carter	Halifax Harriers & AC	2:08.17
5	Finlay Starkie	Copeland AC	2:08.57
6	Hayden Mercer	Blackburn Harriers & AC	2:11.59
7	Will Parker	Sale Harriers Manchester	2:12.96
8	Tj Jones	Wirral AC	2:14.99

Heat 01

1	Ben Sinclair	Manx Harriers	2:08.26
2	Michael Dobson	St Helens Sutton AC	2:08.77
3	Will Parker	Sale Harriers Manchester	2:09.31
4	Hayden Mercer	Blackburn Harriers & AC	2:09.37
5	Jamie Dumbarton	Wirral AC	2:16.49

Heat 02

1	Joshua Carter	Halifax Harriers & AC	2:07.09
2	William Stanway	Sale Harriers Manchester	2:07.54
3	Thomas Manton	Stockport Harriers & AC	2:10.40
4	Philip Goodfellow	Macclesfield Harriers & AC	2:13.85
5	Josh Swift	Leigh Harriers & AC	2:15.20
6	Oliver Lea	Wirral AC	2:27.90

Heat 03

1	Finlay Starkie	Copeland AC	2:09.60
2	Tj Jones	Wirral AC	2:11.97
3	Sean Collins	Stockport Harriers & AC	2:13.28
4	Jack Collett	Lancaster & Morecambe AC	2:15.20
5	Louis How	City of York AC	2:18.90
6	Saul Sharp	Blackburn Harriers & AC	2:24.95

Under 15 Boys High Jump

FINAL

1	Kresten Calvert	Wirral AC	1.73
2	Koffi Avornyo	Blyth Running Club	1.70
3	Jacob Garrity	Liverpool Pembroke & Sefton H AC	1.65
4	Harry Bowen	Kendal Amateur Athletic Club	1.60
5	Sebby Holt	Blackpool Wyre & Fylde AC	1.55
6	Regan Corrin	Manx Harriers	1.55
7	Ian Mahop	Leeds City Athletic Club	1.50
8	George Mackenzie	Blackpool Wyre & Fylde AC	1.45

	9	Lucas Smith	Southport Waterloo AC	1.45
	10	Alexander Bostwick	Wakefield District H & AC	1.40
	11	Ted Williams	West Cheshire Athletic Club	1.40
	12	Adam Byrne	Southport Waterloo AC	1.40
Under 15 Boys Pole Vault				
FINAL				
	1	William Lane	City Of Sheffield And Dearne Ac	3.35
	2	Alexander Bostwick	Wakefield District H & AC	2.85
	3	Ruari McDonald	Sale Harriers Manchester	2.65
	4	George Mackenzie	Blackpool Wyre & Fylde AC	2.65
Under 15 Girls 100m				
Heat 01		Wind Speed: -3.4		
	1	Trezequet Taylor	Trafford Athletic Club	12.54
	2	Natachi Nwosu	Sale Harriers Manchester	13.13
	3	Kelsey-lili Ogedengbe	Wirral AC	13.49
	4	Ruby Wisbey	West Cheshire Athletic Club	13.77
	5	Macy Preece	Crewe and Nantwich AC	13.79
	6	Daisie-mae Keane	Blackpool Wyre & Fylde AC	15.02
Heat 02		Wind Speed: -2.0		
	1	Darcey Garbutt	Gateshead Harriers & AC	13.08
	2	Esther Wilding	Crewe And Nantwich Ac	13.19
	3	Daphney Adebayo	City of Sheffield and Dearne AC	13.77
	4	Lauren Williams	West Cheshire Athletic Club	13.97
	5	Kate Elizabeth Horobin	Stockport Track & Field	14.02
	6	Deborah Onafuwa	Sale Harriers Manchester	14.31
	7	Aimee Clare	Kirkby Milers AC	15.35
Heat 03		Wind Speed: -4.8		
	1	Halle Ferguson	Trafford Athletic Club	13.25
	2	Sierra Jalloh	Southport Waterloo AC	13.39
	3	Isabella Robinson	Wirral AC	13.86
	4	Stephanie Jones	Stockport Track & Field	13.98
	5	Allanah-Grace OShea	Wirral AC	14.05
	6	Katie Potts	mber Valley And Erewash Athletic Club	14.15
	7	Iona Cossens	Blackpool Wyre & Fylde AC	14.25
Heat 01		Wind Speed: -2.7		
	1	Trezequet Taylor	Trafford Athletic Club	12.27
	2	Darcey Garbutt	Gateshead Harriers & AC	12.88
	3	Natachi Nwosu	Sale Harriers Manchester	13.03
	4	Esther Wilding	Crewe And Nantwich Ac	13.10
	5	Halle Ferguson	Trafford Athletic Club	13.18
	6	Sierra Jalloh	Southport Waterloo AC	13.53
	7	Daphney Adebayo	City of Sheffield and Dearne AC	13.64
	8	Kelsey-lili Ogedengbe	Wirral AC	13.74
	9	Ruby Wisbey	West Cheshire Athletic Club	14.11
Under 15 Girls 200m				
FINAL				
		Wind Speed: -5.1		
	1	Success Eduan	Sale Harriers Manchester	25.51
	2	Ruby Bowie	Crewe and Nantwich AC	27.33
	3	Esther Wilding	Crewe And Nantwich Ac	27.63
	4	Folarera Fasehun	Bolton United Harriers & AC	28.35
	5	Chloe Bagshaw	Hallamshire Harriers Sheffield	28.73
	6	Sierra Jalloh	Southport Waterloo AC	28.75
	7	Amber Hughes	Southport Waterloo AC	29.08
	8	Macy Preece	Crewe and Nantwich AC	29.77
Heat 01		Wind Speed: -3.6		
	1	Success Eduan	Sale Harriers Manchester	25.17
	2	Esther Wilding	Crewe And Nantwich Ac	27.16
	3	Amber Hughes	Southport Waterloo AC	27.45
	4	Chloe Bagshaw	Hallamshire Harriers Sheffield	27.79
	5	Folarera Fasehun	Bolton United Harriers & AC	27.85

	6	Iona Cossens	Blackpool Wyre & Fylde AC	29.68
	7	Ella Salih	Salford Metropolitan AC	31.00
Heat 02		Wind Speed: -4.4		
	1	Ruby Bowie	Crewe and Nantwich AC	27.73
	2	Sierra Jalloh	Southport Waterloo AC	28.68
	3	Macy Preece	Crewe and Nantwich AC	28.95
	4	Idowu Taiwo	Bolton United Harriers & AC	29.63
	5	Isabella Robinson	Wirral AC	29.79
	6	Ruby Wisbey	West Cheshire Athletic Club	30.25
	7	Daisie-mae Keane	Blackpool Wyre & Fylde AC	31.11
Under 15 Girls 300m				
FINAL				
	1	Nandy Kihuyu	Hallamshire Harriers Sheffield	40.89 CBP
	2	Imogen Pughe	West Cheshire Athletic Club	41.15
	3	Lucy Poole	Chorley Athletic and Triathlon Club	41.37
	4	Elsa Thompson	Kingston upon Hull AC	41.66
	5	Nieve Robinson	Leigh Harriers & AC	42.12
	6	Favour Joseph	Sale Harriers Manchester	42.51
	7	Isabel White	Longwood Harriers AC	42.56
	8	Charlotte Wilkinson	Stockport Track & Field	43.75
Heat 01				
	1	Nandy Kihuyu	Hallamshire Harriers Sheffield	41.76
	2	Elsa Thompson	Kingston upon Hull AC	43.12
	3	Isabella Merritt	Horwich R M I Harriers	44.47
	4	Lauren Williams	West Cheshire Athletic Club	45.88
	5	Idowu Taiwo	Bolton United Harriers & AC	47.67
	6	Katelyn Swift	Liverpool Pembroke & Sefton H AC	53.13
	7	Libby Martin	Stockport Harriers & AC	55.31
Heat 02				
	1	Imogen Pughe	West Cheshire Athletic Club	42.32
	2	Nieve Robinson	Leigh Harriers & AC	42.68
	3	Favour Joseph	Sale Harriers Manchester	42.78
	4	Charlotte Wilkinson	Stockport Track & Field	43.83
	5	Gabrielle Phelan	Wirral AC	47.76
	6	Paige Watson	Wakefield District H & AC	48.54
Heat 03				
	1	Lucy Poole	Chorley Athletic and Triathlon Club	42.66
	2	Isabel White	Longwood Harriers AC	44.12
	3	Keira Brady-Jones	Wirral AC	44.84
	4	Callie Coates	Doncaster Athletic Club	45.79
	5	Martha Willetts	West Cheshire Athletic Club	46.45
	6	Evie Brooks	Lincoln Wellington Athletic Club	47.25
Under 15 Girls 75m Hurdles				
FINAL				
		Wind Speed: -3.3		
	1	Hermione Mason	Sale Harriers Manchester	11.79
	2	Meg Corker	Warrington A C	11.79
	3	Emily Rankin	Preston Harriers	12.00
	4	Georgia Donald	Crewe and Nantwich AC	12.17
	5	Lara Battersby	West Cheshire Athletic Club	12.46
	6	Scarlet Ashton	Wirral AC	12.56
	7	Patricija NemanYTE	Derby Athletic Club	12.80
	8	Amber Hughes	Southport Waterloo AC	12.91
	9	Chloe Bagshaw	Hallamshire Harriers Sheffield	14.11
Heat 01		Wind Speed: -3.8		
	1	Meg Corker	Warrington A C	11.78
	2	Chloe Bagshaw	Hallamshire Harriers Sheffield	11.95
	3	Jodi Bemand	West Cheshire Athletic Club	13.21
	4	Ella Salih	Salford Metropolitan AC	13.78
	5	Eleanor Hopper	Wigan & District H & AC	15.94
	6	Millie Hardy	Wombwell Sporting AC	16.72
Heat 02		Wind Speed: -3.3		

1	Emily Rankin	Preston Harriers	11.83
2	Georgia Donald	Crewe and Nantwich AC	11.96
3	Scarlet Ashton	Wirral AC	12.31
4	Holly Stewart	Stockport Harriers & AC	12.85
5	Katie Piercy	Southport Waterloo AC	12.91

Heat 03 Wind Speed: -2.8

1	Hermione Mason	Sale Harriers Manchester	11.50
2	Amber Hughes	Southport Waterloo AC	12.02
3	Lara Battersby	West Cheshire Athletic Club	12.08
4	Patricija NemanYTE	Derby Athletic Club	12.31
5	Olivia Paddon	City Of Sheffield And Dearne Ac	13.29
6	Sophie Fletcher	Macclesfield Harriers & AC	13.47

Under 15 Girls Discus

FINAL

1	Grace McDonald	Middlesbrough Athletic Club (Mandale)	33.76
2	Emma Wright	Leeds City Athletic Club	30.94
3	Nicky Saunders	Blackburn Harriers & AC	30.29
4	Niamh Woodhouse	Halifax Harriers & AC	30.15
5	Isla Shillington	West Cheshire Athletic Club	25.89
6	Rebecca Fisher	Lytham St Annes RR Club	25.41
7	Lydia Moore	Kingston upon Hull AC	22.92
8	Blythe Cordwell	Chorley Athletic and Triathlon Club	22.34
9	Grace Scott	West Cheshire Athletic Club	21.51
10	Tilly Pollard	Blackburn Harriers & AC	21.46
11	Katelyn Swift	Liverpool Pembroke & Sefton H AC	18.23
12	Kara Stoll	West Cheshire Athletic Club	16.90
13	Libby Martin	Stockport Harriers & AC	14.30

Under 15 Girls Hammer

FINAL

1	Grace McDonald	Middlesbrough Athletic Club (Mandale)	43.14
2	Emma Harrison	Preston Harriers	39.55
3	Isla Shillington	West Cheshire Athletic Club	37.40
4	Grace Scott	West Cheshire Athletic Club	36.84
5	Nicky Saunders	Blackburn Harriers & AC	34.15
6	Niamh Rouse	Halifax Harriers & AC	32.21
7	Niamh Woodhouse	Halifax Harriers & AC	28.58
8	Grace Bontoft	Blackburn Harriers & AC	28.32
9	Izzy Watts	Kingston upon Hull AC	28.00
10	Blythe Cordwell	Chorley Athletic and Triathlon Club	26.11
11	Maya Lindridge	City of York AC	25.43
12	Rebecca Grace Leather	Stockport Track & Field	24.21

Under 15 Girls Long Jump A

Heat 01

1	Halle Ferguson	Trafford Athletic Club	5.60	+2.3
2	Julia Winogrodzka	Bolton United Harriers & AC	5.46	+3.1
3	Daphney Adebayo	City of Sheffield and Dearne AC	5.19	+1.9
4	Tilly Mycroft	City of Sheffield and Dearne AC	5.18	+3.8
5	Amy Hunt	Wakefield District H & AC	5.16	+1.9
6	Ruby Wisbey	West Cheshire Athletic Club	5.12	+1.8
7	Stephanie Jones	Stockport Track & Field	5.05	+4.2
8	Patricija NemanYTE	Derby Athletic Club	4.86	+3.8
9	Julia Winogrodzka	Bolton United Harriers & AC	4.74	+3.1
10	Larissa Pickering	Barnsley Athletic Club	4.71	+1.6
11	Rebecca Grace Leather	Stockport Track & Field	4.68	+2.4
12	Millie Hardy	Wombwell Sporting AC	4.41	+1.9
13	Katie Potts	mber Valley And Erewash Athletic Club	4.36	+2.0

Under 15 Girls Long Jump B

Heat 01

1	Freya Paddon	City Of Sheffield And Dearne Ac	4.75	+2.7
2	Kelsey-lili Ogedengbe	Wirral AC	4.71	+2.3
3	Georgia Donald	Crewe and Nantwich AC	4.66	+2.5
4	Callie Coates	Doncaster Athletic Club	4.64	+2.4
5	Olivia Paddon	City Of Sheffield And Dearne Ac	4.53	+1.0
6	Kate Elizabeth Horobin	Stockport Track & Field	4.36	+2.0
7	Millie Everett	Stockport Track & Field	4.36	+3.0
8	Libby Martin	Stockport Harriers & AC	4.30	+3.1
9	Aimee Clare	Kirkby Milers AC	4.20	+1.1
10	Rachel Murphy	Southport Waterloo AC	4.10	+1.1
11	Eleanor Hopper	Wigan & District H & AC	4.09	+1.9
12	Katelyn Swift	Liverpool Pembroke & Sefton H AC	3.89	+3.7
13	Daisie-mae Keane	Blackpool Wyre & Fylde AC	3.68	+4.5

Under 15 Girls Pole Vault

FINAL

1	Amy Hunt	Wakefield District H & AC	3.45	CBP
2	Erin Hunt	Wakefield District H & Ac	2.70	
3	Shona Wilkinson	Sale Harriers Manchester	2.60	
4	Grace Dunn	Blackpool Wyre & Fylde AC	2.50	
5	Lottie Hall	Chesterfield & District AC	2.30	
6	Talia Armstead	Blackpool Wyre & Fylde AC	2.20	

Under 15 Girls Shot Putt

FINAL

1	Daphney Adebayo	City of Sheffield and Dearne AC	11.78
2	Patricija Nemyante	Derby Athletic Club	10.80
3	Amber Hughes	Southport Waterloo AC	10.44
4	Lexie Ellis	Gateshead Harriers & AC	9.90
5	Talia Thompson	Alnwick Harriers	9.76
6	Ellise Fryer-Francis	Sale Harriers Manchester	9.24
7	Lydia Moore	Kingston upon Hull AC	8.54
8	Kelsey-lili Ogedengbe	Wirral AC	8.24
9	Blythe Cordwell	Chorley Athletic and Triathlon Club	8.20
10	Izzy Watts	Kingston upon Hull AC	7.90
11	Millie Hardy	Wombwell Sporting AC	8.08
12	Rebecca Grace Leather	Stockport Track & Field	7.97
13	Ella Salih	Salford Metropolitan AC	7.73
14	Nicky Saunders	Blackburn Harriers & AC	7.72
15	Grace Bontoft	Blackburn Harriers & AC	7.54
16	Millie Everett	Stockport Track & Field	7.22

Under 17 Men 100m

FINAL

Wind Speed: -3.6

1	Henry Nwoke	Liverpool Harriers & AC	11.17
2	Jerel Livingston	Trafford Athletic Club	11.49
3	Emmanuel Lawal	Hallamshire Harriers Sheffield	11.75
4	Tyrese Frederick-Jame:	Bolton United Harriers & AC	11.75
5	Matthew Houlden	Manchester Harriers & AC	11.95
6	Matthew Lumb	Gateshead Harriers & AC	11.96
7	Matthew Howkins	Leigh Harriers & AC	11.97
8	Damien Curtis	Doncaster Athletic Club	12.40

Heat 01

Wind Speed: -2.9

1	Henry Nwoke	Liverpool Harriers & AC	11.49
2	Matthew Howkins	Leigh Harriers & AC	11.83
3	Zac Blackwell	Wigan & District H & AC	11.99
4	James Nicholas	Blackpool Wyre & Fylde AC	12.14
5	Sam Danson	Macclesfield Harriers & Ac	12.20
6	Theo Danquah	Warrington A C	12.32

	7	Lewis Odonnell	Kirkby Milers AC	13.02
Heat 02		Wind Speed: -1.9		
	1	Matthew Lumb	Gateshead Harriers & AC	11.87
	2	Matthew Houlden	Manchester Harriers & AC	11.88
	3	Ryan Wilson	Barrow & Furness Striders AC	11.93
	4	Kyle Mashiter	Blackburn Harriers & AC	11.94
	5	Luke Suarez	Southport Waterloo Ac	12.03
	6	Harry Booth	Preston Harriers	12.22
	7	James Woods	Wirral AC	12.70
Heat 03		Wind Speed: -3.3		
	1	Jerel Livingston	Trafford Athletic Club	11.70
	2	Tyrese Frederick-James	Bolton United Harriers & AC	11.72
	3	Emmanuel Lawal	Hallamshire Harriers Sheffield	11.81
	4	Damien Curtis	Doncaster Athletic Club	11.87
	5	Benjamin Wallace	Wirral AC	11.94
	6	Will Forshaw	Lancaster & Morecambe AC	11.95
	7	Brandon Hall	City of Sheffield and Dearne AC	12.49
	8	Andrew Ogley	City Of Sheffield And Dearne Ac	12.78
Under 17 Men 100m Hurdles				
FINAL		Wind Speed: -2.9		
	1	Djavan Pedro	Sale Harriers Manchester	14.40
	2	Harry Burrow	Preston Harriers	14.98
	3	Aaron Lillistone	Gateshead Harriers & AC	15.03
	4	David Naylor	Crewe and Nantwich AC	15.46
	5	Sam Coupland	Southport Waterloo Ac	16.05
Under 17 Men 1500m				
FINAL				
	1	Elliott Morton	Rotherham Harriers and AC	4:07.86
	2	Joseph Bentasll	Trafford Athletic Club	4:08.74
	3	Raif Serif	Vale Royal AC	4:11.42
	4	Caleb Stephenson	Cleethorpes and District AC	4:11.49
	5	Max Cunningham	Preston Harriers	4:11.64
	6	Ethan McGlen	Gateshead Harriers & Ac	4:16.97
	7	Alex Durant	Hallamshire Harriers Sheffield	4:17.26
	8	Joseph Mangan	Trafford Athletic Club	4:18.82
	9	William Ashfield	Vale Royal AC	4:19.95
	10	Thomas Smales	Kingston upon Hull AC	4:21.68
	11	Charlie Daley	Tynedale Harriers & AC	4:21.83
	12	Henry Cullen	Doncaster Athletic Club	4:25.45
	13	Harry Ellwood	Stockport Harriers & Ac	4:30.43
	14	Connor James Anderson	Doncaster Athletic Club	4:33.31
Under 17 Men 3000m				
FINAL				
	1	Scott Nutter	Border Harriers & AC	9:17.94
	2	Matthew Ramsden	Blackburn Harriers & Ac	9:18.18
	3	Finley Proffitt	Macclesfield Harriers & Ac	9:19.66
	4	Adam Russell	Darlington H & AC	9:24.21
	5	Harvey Norden	Rothwell Harriers & AC	9:25.03
	6	John Russell	Darlington H & AC	9:25.24
	7	Joshua Wragg	Rotherham Harriers and AC	9:36.70
	8	Oliver Donkin	Barton & District AC	9:49.17
	9	Joe Roberts	Warrington A C	9:52.64
	10	Tommy Shaw	City of York AC	9:57.34
	11	Michael Brussels	St Helens Sutton AC	10:29.12
Under 17 Men 400m				
FINAL				
	1	Ethan Hussey	Leeds City Athletic Club	50.65
	2	William Lewis	Stockport Harriers & AC	50.75
	3	Nathaniel Dyas	Hallamshire Harriers Sheffield	52.24
	4	Liam Eastaugh	Gateshead Harriers & AC	52.47
	5	Matthew Webb	West Cheshire Athletic Club	52.84

	6	Benjamin Verbickas	Crewe and Nantwich AC	53.35	
	7	Jack Gilland	Liverpool Harriers & AC	53.37	
Heat 01	8	Eniola Adedotun	Bolton United Harriers & AC	54.23	
	1	Ethan Hussey	Leeds City Athletic Club	52.05	
	2	Liam Eastaugh	Gateshead Harriers & AC	52.82	
	3	Jack Gilland	Liverpool Harriers & AC	52.94	
	4	Eniola Adedotun	Bolton United Harriers & AC	53.39	
	5	Matthew Webb	West Cheshire Athletic Club	53.51	
Heat 02	6	Alexander Bostwick	Wakefield District H & AC	64.85	
	1	William Lewis	Stockport Harriers & AC	52.92	
	2	Nathaniel Dyas	Hallamshire Harriers Sheffield	53.57	
	3	Benjamin Verbickas	Crewe and Nantwich AC	54.01	
	4	Jacob Butterfield	Leeds City Athletic Club	54.53	
	5	Joe MacDonald	Halifax Harriers & AC	55.11	
	6	Riley Nagle	Blackpool Wyre & Fylde AC	56.11	
Under 17 Men Discus					
FINAL					
	1	Shay Tarbit	Derby Athletic Club	44.43	
	2	Lukas Bradshaw	City of York AC	41.64	
	3	Matthew Taylor	Liverpool Harriers & AC	42.12	
	4	Ryan Wilson	Barrow & Furness Striders AC	40.65	
	5	Dominic Brennan	Barnsley Athletic Club	34.74	
	6	Antony Mould	Kingston upon Hull AC	33.87	
	7	Toby Wilson	Barrow & Furness Striders Ac	32.72	
	8	Matthew Heywood	Blackburn Harriers & AC	26.68	
	9	Harry Miller-Reedman	Stockport Harriers & Ac	25.05	
	10	Daniel Hellewell	Scunthorpe & District AC	19.70	
Under 17 Men Hammer					
FINAL					
	1	Alex Bernstein	Preston Harriers	64.15	
	2	Antony Mould	Kingston upon Hull AC	50.43	
	3	Matthew Heywood	Blackburn Harriers & AC	45.72	
	4	Daniel Hellewell	Scunthorpe & District AC	34.58	
Under 17 Men Javelin					
FINAL					
	1	Luke Robinson	City of York AC	58.78	
	2	Jack Shingler	Wigan & District H & AC	50.05	
	3	Lukas Bradshaw	City of York AC	49.46	
	4	Dan Bradbury	Barnsley Athletic Club	46.71	
	5	Tom Whiteley	Wirral AC	41.74	
	6	Harry Miller-Reedman	Stockport Harriers & Ac	41.41	
Under 17 Men Long Jump					
FINAL					
	1	Jerel Livingston	Trafford Athletic Club	6.95	+3.1
	2	Sam Danson	Macclesfield Harriers & Ac	6.45	+2.4
	3	Niall Maloney	Horwich R M I Harriers	6.41	+2.8
	4	Callum Hay	City Of Sheffield And Dearne Ac	6.39	+2.6
	5	Sam Coupland	Southport Waterloo Ac	6.11	+1.7
	6	Alfie Edwards	Wakefield District H & AC	6.11	+4.4
	7	Alfie Bugg	City of York AC	6.07	+3.5
	8	Luke Suarez	Southport Waterloo Ac	6.06	+1.5
	9	Scott Sinclair	Blackpool Wyre & Fylde AC	5.67	+2.4
	10	Andrew Ogley	City Of Sheffield And Dearne Ac	5.66	+1.4
	11	Joel Moverley	Leeds City Athletic Club	5.51	+1.9
	12	Luke Ambrosioni	Chesterfield & District AC	5.28	+3.4

	13	Theo Danquah	Warrington A C	5.18	+2.7
	14	Daniel Cross	Wirral AC	4.67	+2.3
Under 17 Men Shot Putt					
FINAL					
	1	Jack Halpin	Gateshead Harriers & Ac	15.06	
	2	James Wordsworth	North Shields Polytechnic Club	13.66	
	3	Lukas Bradshaw	City of York AC	12.23	
	4	Dominic Brennan	Barnsley Athletic Club	10.00	
Under 17 Men Pole Vault					
	1	Alfie Edwards	Wakefield District H & AC	3.55	
	2	George Spain	Sale Harriers Manchester	3.45	
Under 17 Women 1500m Steeplechase					
FINAL					
	1	Ellen Mary Kearney	Wirral AC	5:07.09	CBP
	2	Charlotte Speakman-Fa	Bury Athletic Club	6:19.81	
Under 17 Women 200m					
FINAL					
			Wind Speed: -2.6		
	1	Neave McGhee	Liverpool Harriers & AC	25.56	
	2	Acacia Williams-Hewitt	Hallamshire Harriers Sheffield	25.72	
	3	Holly Murray	Stockport Track & Field	25.95	
	4	Praise Owoeye	Sale Harriers Manchester	26.58	
	5	Mia Morrisroe	Liverpool Harriers & Ac	26.60	
	6	Natalya Aspinall	City of York AC	26.98	
	7	Ashley Watson	Hartlepool Youth Athletics Club	28.04	
Heat 01					
			Wind Speed: -6.9		
	1	Neave McGhee	Liverpool Harriers & AC	25.85	
	2	Praise Owoeye	Sale Harriers Manchester	27.12	
	3	Natalya Aspinall	City of York AC	27.33	
	4	Anna Lashley	Northern (Isle of Man) AC	25.20	
	5	Amelia Proctor	Kingston upon Hull AC	28.92	
	6	Imogen Reader	Blackpool Wyre & Fylde AC	29.36	
	7	Lucy Fyffe	Chorley Athletic and Triathlon Club	29.63	
	8	Malaika Taylor	City of Sheffield and Dearne AC	30.35	
Heat 02					
			Wind Speed: -0.6		
	1	Acacia Williams-Hewitt	Hallamshire Harriers Sheffield	25.63	
	2	Holly Murray	Stockport Track & Field	25.83	
	3	Mia Morrisroe	Liverpool Harriers & Ac	26.31	
	4	Ashley Watson	Hartlepool Youth Athletics Club	27.46	
	5	Millie French-Harling	City Of Sheffield And Dearne Ac	27.55	
	6	Niamh Latibeaudiere	Doncaster Athletic Club	27.58	
	7	Mary-jayne Broomhead	Blackpool Wyre & Fylde AC	27.60	
Under 17 Women 800m					
FINAL					
	1	Zoe Hunter	Leeds City Athletic Club	2:18.35	
	2	Ruby Bell	Sale Harriers Manchester	2:19.74	
	3	Laure Kidikula	Sale Harriers Manchester	2:20.02	
	4	Jodie Martin	Kingston upon Hull AC	2:21.41	
	5	Kate Salthouse	Tynedale Harriers & AC	2:27.91	
	6	Claudia Turnell	Hallamshire Harriers Sheffield	2:32.89	
	7	Eleesha Charnley	Blackburn Harriers & Ac	2:36.35	
Heat 01					
	1	Zoe Hunter	Leeds City Athletic Club	2:25.58	
	2	Ruby Bell	Sale Harriers Manchester	2:26.34	
	3	Claudia Turnell	Hallamshire Harriers Sheffield	2:27.76	
	4	Abigail Earnshaw	Preston Harriers	2:29.43	
	5	Sophie McIlroy	Skyrac Athletic Club	2:32.46	

Heat 02

1	Jodie Martin	Kingston upon Hull AC	2:19.09
2	Laure Kidikula	Sale Harriers Manchester	2:19.44
3	Kate Salthouse	Tynedale Harriers & AC	2:21.68
4	Eleesha Charnley	Blackburn Harriers & Ac	2:29.45

Under 17 Women 80m Hurdles

FINAL

Wind Speed: -3.6

1	Abigail Pawlett	Stockport Track & Field	11.74
2	Emily Misantoni	Stockport Track & Field	12.24
3	Stephanie Robertson	Southport Waterloo AC	12.24
4	Julia Winogrodzka	Bolton United Harriers & Ac	12.27
5	Shayon Fryer-Francis	Sale Harriers Manchester	12.58
6	Lucy Robinson	Stockport Track & Field	12.77
7	Elle Grace Hinchliffe	City of Sheffield and Dearne AC	13.06
8	Ashley Watson	Hartlepool Youth Athletics Club	13.13

Heat 01

Wind Speed: -1.9

1	Abigail Pawlett	Stockport Track & Field	11.57
2	Emily Misantoni	Stockport Track & Field	12.44
3	Elle Grace Hinchliffe	City of Sheffield and Dearne AC	12.62
4	Shayon Fryer-Francis	Sale Harriers Manchester	12.71
5	Ashley Watson	Hartlepool Youth Athletics Club	12.92
6	Scarlett Whittaker	Sale Harriers Manchester	13.03
7	Leah Howard	Blackpool Wyre & Fylde AC	13.51

Heat 02

Wind Speed: -5.1

1	Julia Winogrodzka	Bolton United Harriers & Ac	12.46
2	Stephanie Robertson	Southport Waterloo AC	12.64
3	Lucy Robinson	Stockport Track & Field	12.80
4	Eniola Ajagbe	Hallamshire Harriers Sheffield	13.58
5	Lara Taylor	Liverpool Harriers & AC	13.70
6	Ella Wilson	Sale Harriers Manchester	13.91

Under 17 Women High Jump

FINAL

1	Zara Tyas	Holmfirth Harriers AC	1.70
2	Gabrielle O'Neil	Liverpool Harriers & AC	1.65
3	Abigail Pawlett	Stockport Track & Field	1.65
4	Isabel Matique	City of York AC	1.65
5	Leah Howard	Blackpool Wyre & Fylde AC	1.60
6	Lucy Fyffe	Chorley Athletic and Triathlon Club	1.50
7	Scarlett Whittaker	Sale Harriers Manchester	1.50
8	Lara Taylor	Liverpool Harriers & AC	1.45
9	Ella Wilson	Sale Harriers Manchester	1.45

Under 17 Women Javelin

FINAL

1	Millie Coy	Blackburn Harriers & AC	38.71
2	Megan Howarth	Southport Waterloo AC	38.04
3	Kacie Calvert	Blackpool Wyre & Fylde AC	31.55
4	Orla Carty	Gateshead Harriers & Ac	28.14
5	Bethany Swift	Liverpool Pembroke & Sefton H AC	16.55

Under 17 Women Pole Vault

FIN/ind Speed

1	Sophie Ashurst	Sale Harriers Manchester	3.80	CBP
2	Jasmine Carey	Blackpool Wyre & Fylde AC	3.70	
3	Lois Green	Chesterfield & District AC	3.10	
4	Chloe Parsons	Blackpool Wyre & Fylde AC	2.30	