2020 INDOOR CHAMPIONSHIPS
ENTRY FORM (Senior/U20/U17)
11/12 January at English Institute of Sport, Sheffield
(Held Under UKA Rules)

Please enter me for the following events stating personal best performances achieved in 2019

1) …… …… 3) …… ……..

2) …… …..…..…. 4) …… ……..

Which Age category do you wish to enter? Please tick as appropriate

Senior Men	☐	Under 20 Men	☐	Under 17 Men	☐
Senior Women	☐	Under 20 Women	☐	Under 17 Women	☐

Age Groups

Senior Men & Women	Born	31/12/2000 or earlier		
Junior Men & Women	Born	01.01.2001	to	31.12.2003
Under 17 Men & Women	Born	01.09.2003	to	31.08.2005

Athletes may compete outside their age group as defined in Rule 107 (UKA Rules for Competition)

Surname*:	First Name:
EA Reg No.	Club:
Address:	
Postcode:	Telephone:
Email:	D.O.B
Age on 31st August 2020:	

(*Recently married women please give previous surname)

Entry Fees per event - All age groups £12.00 1st event - £8 per additional event.

Championship title holders from 2019 are entitled to free entry to the corresponding event in 2020 subject to the receipt of a completed entry form. Any refunds for free entries will be made on the day of the competition Defending Champions moving up an age group also qualify for free entry.

Entry Fee enclosed: £……. Please make cheques payable to Northern Athletics.

I declare that I am eligible to compete under UKA Rules and that I am eligible to compete in a Northern Athletics Championship on the grounds that I am a member of a club affiliated to Northern Athletics. I am aware that drug testing may take place and that Club (or representative) vests must be worn.

Signed.....If Under 16 to be signed by a Parent or Guardian)

By signing this entry form you agree to photographs taken at the event to be published on Social Media. If you have any queries regarding this, please contact info@northernathletics.co.uk

ONLINE ENTRY IS AVAILABLE AT www.race-results.co.uk/
All relevant information will be also be published on our website www.northernathletics.co.uk
Please return completed forms to: Northern Athletics, 9G Ponderosa Business Park, Smithies Lane, Heckmondwike, WF16 0PR
Tel: 01924 457922 e-mail: info@northernathletics.co.uk
Postal entries must enclose SAE to ensure confirmation, timetable etc.

EA Combined Events Championships – Incorporating Northern & Midland Championships)
Senior/U20 4/5h January 2020 at EIS Sheffield *U17/U15 14/15th March 2020 at EIS Sheffield*

For entry prospectus, entry costs, online entry details and other information about Combined Events Championships please go to: http://www.englandathletics.org/england-athletics/english-national-championships

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ENTRY FORM (Senior/U20/U17)
11/12 January at English Institute of Sport, Sheffield
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NORTH OF ENGLAND INDOOR CHAMPIONSHIPS 2020

(Promoted by Northern Athletics Under UKA Rules)

Saturday 11th January 2020	**Sunday 12th January 2020**
Snr Men 60m: 400m: 1500m: 60mH: Shot: Pole Vault: Long Jump **Snr Women** 60m: 400m: 1500m: 60mH: Shot: Pole Vault: Long Jump **U20 Men** 60m: 400m: 1500m: 60mH: Shot: Pole Vault: Triple Jump **U20 Women** 60m: 400m: 1500m: 60mH: Shot: Triple Jump **U17 Men** 60m: 400m: 1500m: 60mH: Long Jump: Triple Jump **U17 Women** 60m: 300m: 1500m: 60mH: Pole Vault: Long Jump	**Snr Men** 200m: 800m: 3000m: High Jump: Pole Vault: Long Jump **Snr Women** 200m: 800m: 3000m: High Jump: Triple Jump **U20 Men** 200m: 800m: 3000m: High Jump: Long Jump **U20 Women** 200m: 800m: 3000m: High Jump: Pole Vault: Long Jump. **U17 Men** 200m: 800m: High Jump: Shot: Pole Vault: **U17 Women** 200m: 800m: High Jump: Shot: Triple Jump **Non qualifiers in 60m events will be offered a second run subject to time constraints**

Closing Date – Monday 16th December 2019

ONLINE ENTRIES at www.race-results.co.uk or via the link on the NA website www.northernathletics.co.uk

2020 AGE GROUPS

Senior Men & Women	Born	31/12/2000 or earlier		
Junior Men & Women	Born	01.01.2001	to	31.12.2003
Under 17 Men & Women	Born	01.09.2003	to	31.08.2005
Under 15 Boys & Girls	Born	01.09.2005	to	31.08.2007
Under 13 Boys & Girls	Born	01.09.2007	to	31.08.2009

Juniors may compete as Seniors in these events without restriction.
Under 17 Men & Women may* compete as Juniors or Seniors.

REGULATIONS for ENTRY TO TERRITORIAL CHAMPIONSHIPS

1. UKA RULES : All events are subject to the current 'UKA Rules for Competition'.
2. ELIGIBILITY: All events are confined to athletes who ***are 1st claim members of a club affiliated to Northern Athletics for 2019/20***.
3**. NORTHERN ATHLETICS TERRITORY**: Consists of the Counties of Cheshire, Cleveland, Cumbria, Derbyshire, Durham, Gtr. Manchester, Humberside, Isle of Man, Lancashire, Lincolnshire, Merseyside, Northumberland, North Yorkshire, South Yorkshire, Tyne & Wear and West Yorkshire.
4. EVENT RESTRICTIONS: The Committee reserves the right to modify the number and timing of events and the heats for track events to take account of the size of entry.
5. CLUB MEMBERSHIP & CLOTHING: After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to the National Governing Body. Athletes who are club members must wear club vests or alternatively a County, Territorial or National vest. Other athletes must wear a plain vest approved by the Referee. All athletes are reminded that all clothing must be clean and so designed and worn as not to be objectionable, even if wet.
6. EQUIPMENT: The organisers will provide the implements for throwing events. Competitors must supply their own poles in the Pole Vault. Only stadium blocks will be used in track events. Automatic False start equipment will be in use for Senior, U20 & U17 events. Stadium blocks only may be used.
7. ENTRIES: The organisers reserve the right to refuse any entry. A minimum of three entries may be required for an event to be held. All online entries will be acknowledged automatically on receipt of entry and postal entries within ten days of the closing date if an SAE is provided. All information, start lists, timetables etc will be displayed on our website at www.northernathletics.co.uk. Late entries will not be accepted, and the organisers cannot be held responsible for items lost or delayed in the post. Athletes (or if under 16, their parent or guardian) should check the details on the Sportsoft entry receipt or entry form before signing it, since errors cannot be corrected after the closing date.
8. STARTING HEIGHTS:
Pole Vault: SM - 3.80m: SW-2.10m: U20M-3.40; U20W - 2.10m. U17M - 2.60m: U17W - 1.90: U15B - 2.20: U15G-1.60.
High Jump: SM - 1.80m: SW - 1.50m: U20M – 1.65: U20W – 1.40: U17M - 1.55m: U17W – 1.40.
Triple Jump: minimum Take off Board distances are: SnrM/U20M -11m. All other age groups – 9m.