



# Yorkshire

County Athletics Association

## Cross Country Championships 2020



Please check the entry list carefully, and contact me if there are any issues

[fiona.lancaster@btinternet.com](mailto:fiona.lancaster@btinternet.com)

If your name has been highlighted in blue it's important that you log into your live England Athletics portal and also speak to your club membership secretary to check your registration is up to date. Either your details are incorrect and you are not showing up in the licence check because of this, or you are not registered.

**You still have time to sort it out, but it must be sorted or you will not be able to compete in the Yorkshire XC Championships**

**PLEASE CONTACT ME TO LET ME KNOW WHAT THE SITUATION IS, MY EMAIL IS LISTED ABOVE AND MY LANDLINE IS 01226 722442**

### IMPORTANT NOTE FROM THE REFEREE

#### CLUB VESTS

UKA Rule 143.1 requires Club Vests to be the same on both the front and the back.

Athletes wearing Club Vests that do not satisfy this requirement render themselves liable to disqualification.

If you are unsure whether your vest is correct then please drop me an email and I'll forward it to Terry Bailey, who is the referee.

It's much better to clear it before hand.

#### Under 13 Girls

Grace	Derry	<i>Allerton Junior Athletics Club</i>
Islay	Wilson	<i>Allerton Junior Athletics Club</i>
Amelie	Winter	<i>Allerton Junior Athletics Club</i>

Rubie	Coulton	<b><i>Bingley Harriers &amp; AC</i></b>
Martha	Jackson	<b><i>Bingley Harriers &amp; AC</i></b>
Annabelle	Coxon	<b><i>City of York AC</i></b>
Elie	Johnson	<b><i>City of York AC</i></b>
Kaitlin	Keens	<b><i>City of York AC</i></b>
Amy	Kennedy	<b><i>City of York AC</i></b>
Lottie	Langan	<b><i>City of York AC</i></b>
Nancy	Marshall	<b><i>City of York AC</i></b>
Esme	Pounder	<b><i>City of York AC</i></b>
Martha	Sigsworth	<b><i>City of York AC</i></b>
Sylvie	Ellis	<b><i>Denby Dale Athletics Club</i></b>
Lilly	Auker	<b><i>Doncaster Athletic Club</i></b>
Elise	Hutchinson	<b><i>Doncaster Athletic Club</i></b>
Aalisa	Watson	<b><i>Doncaster Athletic Club</i></b>
Amelia	Hammond	<b><i>Halifax Harriers &amp; AC</i></b>
Nia	Harrison Sargent	<b><i>Halifax Harriers &amp; AC</i></b>
Lillia	Mazurke	<b><i>Halifax Harriers &amp; AC</i></b>
Sophie	Booker	<b><i>Hallamshire Harriers Sheffield</i></b>
Gabriella	Brown	<b><i>Hallamshire Harriers Sheffield</i></b>
Esme	Jones	<b><i>Hallamshire Harriers Sheffield</i></b>
Annabelle	Sibley	<b><i>Hallamshire Harriers Sheffield</i></b>
Issobelle	Smith	<b><i>Hallamshire Harriers Sheffield</i></b>
Isabella	Waugh	<b><i>Hallamshire Harriers Sheffield</i></b>
Izzy-mai	Wilson	<b><i>Hallamshire Harriers Sheffield</i></b>
Olivia	Barley	<b><i>Harrogate Harriers &amp; AC</i></b>
Hazel	Forrest	<b><i>Harrogate Harriers &amp; AC</i></b>
Seren	Melling	<b><i>Harrogate Harriers &amp; AC</i></b>
Niamh	Robinson	<b><i>Harrogate Harriers &amp; AC</i></b>
Jessica	Smith	<b><i>Harrogate Harriers &amp; AC</i></b>
Honor	Worrell	<b><i>Harrogate Harriers &amp; AC</i></b>
Florence	Jones	<b><i>Holmfirth Harriers AC</i></b>
Jessica	Trafford	<b><i>Holmfirth Harriers AC</i></b>
Helena	Coy	<b><i>Ilkley Harriers AC</i></b>

Elizabeth	Gibbins	<b><i>Ilkley Harriers AC</i></b>
Maisey	Bellwood	<b><i>Keighley &amp; Craven AC</i></b>
Lara	Brown	<b><i>Keighley &amp; Craven AC</i></b>
Katie	Buckley	<b><i>Keighley &amp; Craven AC</i></b>
Charlotte	Chambers	<b><i>Keighley &amp; Craven AC</i></b>
Phoebe	Midgley	<b><i>Keighley &amp; Craven AC</i></b>
Alice	O'Sullivan	<b><i>Keighley &amp; Craven AC</i></b>
Megan	Wilkinson	<b><i>Keighley &amp; Craven AC</i></b>
Jessica	Baxter	<b><i>Leeds City Athletic Club</i></b>
Mia	Camara-Kearton	<b><i>Leeds City Athletic Club</i></b>
Eden	Few-Finch	<b><i>Leeds City Athletic Club</i></b>
Abigail	Kingston	<b><i>Leeds City Athletic Club</i></b>
Isobel	Newman	<b><i>Leeds City Athletic Club</i></b>
Evie	Rose	<b><i>Leeds City Athletic Club</i></b>
Alice	Kaye	<b><i>Longwood Harriers AC</i></b>
Lucy	Kaye	<b><i>Longwood Harriers AC</i></b>
Sophie	Wood	<b><i>Longwood Harriers AC</i></b>
Katie	Kelly	<b><i>Pontefract AC</i></b>
Alana	Reveley	<b><i>Pontefract AC</i></b>
Julia	Rutkowska	<b><i>Pontefract AC</i></b>
Abigail	Teece	<b><i>Pontefract AC</i></b>
Phoebe	Haw	<b><i>Richmond &amp; Zetland Harriers</i></b>
Olivia	Jackson-Bowers	<b><i>Richmond &amp; Zetland Harriers</i></b>
Katie	Battle	<b><i>Rotherham Harriers and AC</i></b>
Heather	Berry	<b><i>Rotherham Harriers and AC</i></b>
Keira	Branagan	<b><i>Rotherham Harriers and AC</i></b>
Lilia	Harris	<b><i>Rotherham Harriers and AC</i></b>
Sophie	Leighton	<b><i>Rotherham Harriers and AC</i></b>
Layla	Roden	<b><i>Rotherham Harriers and AC</i></b>
Harper	Tompkin	<b><i>Rotherham Harriers and AC</i></b>
Mischa	Walsh	<b><i>Rotherham Harriers and AC</i></b>
Ruby	Willers	<b><i>Rotherham Harriers and AC</i></b>
Elsa	Lees	<b><i>Scarborough Athletic Club</i></b>

Matilda	Stringer	<b><i>Scarborough Athletic Club</i></b>
Sophie	Beaumont	<b><i>Skyrac Athletic Club</i></b>
Matilda	Jacques	<b><i>Skyrac Athletic Club</i></b>
Jessica	Rawston	<b><i>Skyrac Athletic Club</i></b>
Sophia	Foulger	<b><i>Spenborough &amp; Dist AC</i></b>
Poppy	Henson	<b><i>Spenborough &amp; Dist AC</i></b>
Libby	Cree	<b><i>Wakefield District H &amp; AC</i></b>
Rosie	Thistlewood	<b><i>Wakefield District H &amp; AC</i></b>
Jessica	Watson	<b><i>Wakefield District H &amp; AC</i></b>
Olivia	Aldham	<b><i>Wharfedale Harriers</i></b>
Layla	Kirkley	<b><i>Wharfedale Harriers</i></b>

## **Under 15 Girls**

Lana	Stroud	<b><i>Barnsley Athletic Club</i></b>
Georgia	Guttridge	<b><i>Doncaster Athletic Club</i></b>
Sophie Marie	James	<b><i>Doncaster Athletic Club</i></b>
Millie	Purchase	<b><i>Doncaster Athletic Club</i></b>
Scarlett	Smith	<b><i>Harrogate Harriers &amp; AC</i></b>
Elizabeth	Gilligan	<b><i>Holmfirth Harriers AC</i></b>
Elena	Inch	<b><i>Holmfirth Harriers AC</i></b>
Annie	McLean	<b><i>Holmfirth Harriers AC</i></b>
Libby	Pringle	<b><i>Holmfirth Harriers AC</i></b>
Isabel	Richardson	<b><i>Holmfirth Harriers AC</i></b>
Imogen	Wolff	<b><i>Holmfirth Harriers AC</i></b>
Evita	Bralite	<b><i>Leeds City Athletic Club</i></b>
Martha	Currie	<b><i>Leeds City Athletic Club</i></b>
Ceara	Sexton	<b><i>Leeds City Athletic Club</i></b>
Lucy	Fairburn	<b><i>Longwood Harriers AC</i></b>
Megan	Hughes	<b><i>Longwood Harriers AC</i></b>
Shannon	Robinson	<b><i>Richmond &amp; Zetland Harriers</i></b>
Alana	Teasdale	<b><i>Richmond &amp; Zetland Harriers</i></b>
Lulu	Bromiley	<b><i>Ripon Runners</i></b>
Olivia	Bell	<b><i>Rotherham Harriers and AC</i></b>

Hayley	Butcher	<b><i>Rotherham Harriers and AC</i></b>
Miya	Lambert	<b><i>Rotherham Harriers and AC</i></b>
Cadence	Taylor	<b><i>Rotherham Harriers and AC</i></b>
Evie	Thomson	<b><i>Rotherham Harriers and AC</i></b>
Amelia	Topliss	<b><i>Rotherham Harriers and AC</i></b>
Marci Leigh	Walsh	<b><i>Rotherham Harriers and AC</i></b>
Ellie	Harrison	<b><i>Rothwell Harriers &amp; AC</i></b>
Evie	Lees	<b><i>Scarborough Athletic Club</i></b>
Tally	Diamond	<b><i>Valley Striders AC</i></b>
Paige	Watson	<b><i>Wakefield District H &amp; AC</i></b>
Amelie	Lane	<b><i>Wharfedale Harriers</i></b>
Erin	Derry	<b><i>Allerton Junior Athletics Club</i></b>
Rebecca	Flaherty	<b><i>Bingley Harriers &amp; AC</i></b>
Rebecca	Evans	<b><i>City of Sheffield and Dearne AC</i></b>
Lucy	Gaskin	<b><i>City of York AC</i></b>
Inez	Khaddi	<b><i>City of York AC</i></b>
Clementine	Tighe	<b><i>City of York AC</i></b>
Elise	Horner	<b><i>Halifax Harriers &amp; AC</i></b>
Isabel	Causer	<b><i>Hallamshire Harriers Sheffield</i></b>
Ellen	Grindell	<b><i>Hallamshire Harriers Sheffield</i></b>
Annie	Naylor	<b><i>Hallamshire Harriers Sheffield</i></b>
Polly	Platts	<b><i>Hallamshire Harriers Sheffield</i></b>
Ruby	Styler	<b><i>Hallamshire Harriers Sheffield</i></b>
Ruby	Townsley	<b><i>Hallamshire Harriers Sheffield</i></b>
Bobbie	Waugh	<b><i>Hallamshire Harriers Sheffield</i></b>
Willow	Baker	<b><i>Harrogate Harriers &amp; AC</i></b>
Isabelle	Barley	<b><i>Harrogate Harriers &amp; AC</i></b>
Eleanor	Colbourn	<b><i>Harrogate Harriers &amp; AC</i></b>
Kaelin	McCooke	<b><i>Harrogate Harriers &amp; AC</i></b>
Mollie	Reynolds-Jones	<b><i>Harrogate Harriers &amp; AC</i></b>
Florence	Roberts	<b><i>Harrogate Harriers &amp; AC</i></b>
Eve	Whitaker	<b><i>Harrogate Harriers &amp; AC</i></b>
Erin	Doyle	<b><i>Ilkley Harriers AC</i></b>

Emily	Gibbins	<i>Ilkley Harriers AC</i>
Beth	Rogers	<i>Ilkley Harriers AC</i>
Lucia	Stoney	<i>Ilkley Harriers AC</i>
Sebastienna	Bairstow	<i>Keighley &amp; Craven AC</i>
Tui	Brooks	<i>Keighley &amp; Craven AC</i>
Katie	Bulmer	<i>Keighley &amp; Craven AC</i>
Harisah	Ghafoor	<i>Keighley &amp; Craven AC</i>
Emma	Hammond	<i>Keighley &amp; Craven AC</i>
Hannah	Jackson	<i>Keighley &amp; Craven AC</i>
Scarlett	Metcalfe	<i>Keighley &amp; Craven AC</i>
Emma	Peel	<i>Keighley &amp; Craven AC</i>
Beth	Roberts	<i>Keighley &amp; Craven AC</i>
Holly	Brewster	<i>Longwood Harriers AC</i>
Lucy	Hardcastle	<i>Longwood Harriers AC</i>
Zoe	Hill	<i>Middlesbrough Athletic Club (Mandale)</i>
Evie	Thomson	<i>Rotherham Harriers and AC</i>
Holly	Walker	<i>Wakefield District H &amp; AC</i>
Millie	Wroe	<i>Wakefield District H &amp; AC</i>
Harriet	Beaumont	<i>Skyrac Athletic Club</i>
Lottie	Philipson	<i>Skyrac Athletic Club</i>
Charlotte	Rawstron	<i>Skyrac Athletic Club</i>
Amelia	Stevens	<i>Skyrac Athletic Club</i>
Kaitlyn	Townend	<i>Skyrac Athletic Club</i>

## **Under 17 Ladies**

Ruby	Firth	<i>Bingley Harriers &amp; AC</i>
Esther	Rowe-Towle	<i>City of Sheffield and Dearne AC</i>
Katie	Brennan	<i>City of York AC</i>
Martha	Calton-Seal	<i>City of York AC</i>
Holly	Moss	<i>City of York AC</i>
Izzi	Obrien	<i>City of York AC</i>
Verity	Clements	<i>Halifax Harriers &amp; AC</i>
Ellie	Horrocks	<i>Halifax Harriers &amp; AC ? **</i>

Katie	Adams	<b>Hallamshire Harriers Sheffield</b>
Holly	Booker	<b>Hallamshire Harriers Sheffield</b>
Jodie	Hill	<b>Hallamshire Harriers Sheffield</b>
Mo	Martin	<b>Hallamshire Harriers Sheffield</b>
Hannah	Metherall	<b>Hallamshire Harriers Sheffield</b>
Shen	Wigfield-Turner	<b>Hallamshire Harriers Sheffield</b>
Rose	Forrest	<b>Harrogate Harriers &amp; AC</b>
Jessica	Jones	<b>Harrogate Harriers &amp; AC</b>
Alexandra	Whitaker	<b>Harrogate Harriers &amp; AC</b>
Olivia	Dyson	<b>Holmfirth Harriers AC</b>
Mollie	Scaramuzza	<b>Holmfirth Harriers AC</b>
Lydia	Throssell	<b>Holmfirth Harriers AC</b>
Poppy	Anderson	<b>Ilkley Harriers AC</b>
Lilli	Carr	<b>Keighley &amp; Craven AC</b>
Niamh	Conroy	<b>Keighley &amp; Craven Ac</b>
Eve	Crossley	<b>Keighley &amp; Craven AC</b>
Lavinia	Gavaghan	<b>Leeds City Athletic Club</b>
Zoe	Hunter	<b>Leeds City Athletic Club</b>
Anna	Basford	<b>Longwood Harriers AC</b>
Neve	Hardcastle	<b>Longwood Harriers AC</b>
Gina	Speakman	<b>Longwood Harriers AC</b>
Betty	Bergstrand	<b>Middlesbrough AC ( Mandale)</b>
Emily	Plimmer	<b>Pontefract Ac</b>
Mena	Scatchard	<b>Ripon Runners</b>
Charli	Frisby	<b>Rotherham Harriers and AC</b>
Romany	Tune	<b>Rotherham Harriers and AC</b>
Isla	Rickerby	<b>Rothwell Harriers &amp; AC</b>
Sophie	Mclroy	<b>Skyrac Athletic Club</b>
Suzanne	Brooke	<b>Wakefield District H &amp; AC</b>
Sophie	Hall	<b>Wakefield District H &amp; AC</b>
Millie	Hinchcliffe	<b>Wakefield District H &amp; AC</b>
Harriet	Metcalf	<b>Wakefield District H &amp; AC</b>
Jessika Elizabe	Pearson	<b>Wakefield District H &amp; AC</b>

Alice

Jones

*Wharfedale Harriers*

## **Under 20 Ladies**

If you have \*\* next to your name this denotes the fact that you will become 20 by December 31st 2020. You can still compete in the Yorkshire XC Championships as an Under 20 but you will not be eligible for selection to the Yorkshire XC U20 Team. If you're happy with this then you need take no further action, if you have any further questions or wish to switch to the Senior race so that you can be eligible for selection to the Senior Yorkshire Team please get in touch with me

[fiona.lancaster@btinternet.com](mailto:fiona.lancaster@btinternet.com)

Emily	Field	<i>Bingley Harriers &amp; AC</i>
** Maddalena	Mastrolonardo	<i>Blackheath &amp; Bromley Harriers AC</i>
Lisa	Fouweather	<i>Doncaster Athletic Club</i>
Isabel	Castelow	<i>Halifax Harriers &amp; AC</i>
Laura	Knowles	<i>Halifax Harriers &amp; AC</i>
Laura	Trask	<i>Hallamshire Harriers Sheffield</i>
** Cara	Inch	<i>Holmfirth Harriers Ac</i>
Katie	Atkinson	<i>Keighley &amp; Craven Ac</i>
Rachael	Smith	<i>Richmond &amp; Zetland Harriers</i>
Libby	Rickard	<i>Ripon Runners</i>
Emma Jane	Ball	<i>Rotherham Harriers And Ac</i>
Emily May	Holden	<i>Rotherham Harriers And Ac</i>
Mollie Louise	Platts	<i>Rotherham Harriers And Ac</i>
Keiva	Rennocks	<i>Rotherham Harriers And Ac</i>
Cyane	Robinson	<i>Rotherham Harriers And Ac</i>
Abbey	Brooke	<i>Wakefield District H &amp; AC</i>
Lucie	Hall	<i>Wakefield District H &amp; AC</i>
Poppy	Thorpe	<i>Wakefield District H &amp; AC</i>
Emily	Jones	<i>Wharfedale Harriers</i>

## **Senior Ladies**

Sophie	Bradbury	<i>Askern &amp; District RC</i>
Christina	Laking	<i>Barnsley Athletic Club</i>
Emily	Dodd	<i>Barnsley Harriers</i>



Emma	Jones	<b><i>Barnsley Harriers</i></b>
Emma	Moorhouse	<b><i>Barnsley Harriers</i></b>
Hayley	Poole	<b><i>Barnsley Harriers</i></b>
Kate	Pallett	<b><i>Barnsley Harriers</i></b>
Katie Marie	Roberts	<b><i>Barnsley Harriers</i></b>
Laura	Bennett	<b><i>Barnsley Harriers</i></b>
Marie	Hemingway	<b><i>Barnsley Harriers</i></b>
Ruth	Blackburn	<b><i>Barnsley Harriers</i></b>
Jo	Buckley	<b><i>Bingley Harriers &amp; AC</i></b>
Katherine	Farley	<b><i>Bingley Harriers &amp; AC</i></b>
Caroline	Francis	<b><i>Bingley Harriers &amp; AC</i></b>
Lesley	Watson	<b><i>Bingley Harriers &amp; AC</i></b>
Rebecca	Weight	<b><i>Bingley Harriers &amp; Ac</i></b>
Sally	Robinson	<b><i>Bingley Harriers &amp; AC</i></b>
Sarah	Flaherty	<b><i>Bingley Harriers &amp; AC</i></b>
Stephanie	Robson	<b><i>Bingley Harriers &amp; AC</i></b>
Beth	Ansell	<b><i>City Of Sheffield And Dearne Ac</i></b>
Caroline	Fuller	<b><i>City Of Sheffield And Dearne Ac</i></b>
Eleanor	Curran	<b><i>City Of Sheffield And Dearne Ac</i></b>
Charlotte	Mason	<b><i>City of York AC</i></b>
Ella	Eadon	<b><i>City of York AC</i></b>
Libby	Brown	<b><i>City Of York Ac</i></b>
Elizabeth	Willoughby	<b><i>Denby Dale Athletics Club</i></b>
Samara	Wood	<b><i>Denby Dale Athletics Club</i></b>
Amie-louise	Knott	<b><i>Doncaster Athletic Club</i></b>
Claire	Sayles	<b><i>Doncaster Athletic Club</i></b>
Joanne	Breeze	<b><i>Doncaster Athletic Club</i></b>
Julie	Cull	<b><i>Doncaster Athletic Club</i></b>
Molly	Butterworth	<b><i>Doncaster Athletic Club</i></b>
Rose	James	<b><i>Doncaster Athletic Club</i></b>
Tracy	Lane	<b><i>Doncaster Athletic Club</i></b>
Hazel	Berrett	<b><i>Halifax Harriers &amp; AC</i></b>
Katrina	Oddy	<b><i>Halifax Harriers &amp; AC</i></b>

Rachael	Beaumont	<b><i>Halifax Harriers &amp; AC</i></b>
Caitlin	Tevendale	<b><i>Hallamshire Harriers Sheffield</i></b>
Charlotte	Slack	<b><i>Hallamshire Harriers Sheffield</i></b>
Charlotte	Ward	<b><i>Hallamshire Harriers Sheffield</i></b>
Ellie	Crownshaw	<b><i>Hallamshire Harriers Sheffield</i></b>
Hannah May	Fletcher-Poole	<b><i>Hallamshire Harriers Sheffield</i></b>
Katie	Palfreeman	<b><i>Hallamshire Harriers Sheffield</i></b>
Lilly	Fletcher	<b><i>Hallamshire Harriers Sheffield</i></b>
Rachael	Lundgren	<b><i>Hallamshire Harriers Sheffield</i></b>
Rachel	Poole	<b><i>Hallamshire Harriers Sheffield</i></b>
Cathy	Wright	<b><i>Harrogate Harriers &amp; AC</i></b>
Emma	Robinson	<b><i>Harrogate Harriers &amp; AC</i></b>
Isabelle	Rowe	<b><i>Harrogate Harriers &amp; AC</i></b>
Lisa	Mawer	<b><i>Harrogate Harriers &amp; AC</i></b>
Louise	Roberts	<b><i>Harrogate Harriers &amp; AC</i></b>
Cara	Bintcliffe	<b><i>Holmfirth Harriers Ac</i></b>
Claire	Leaver-Hewitt	<b><i>Holmfirth Harriers Ac</i></b>
Erica	Byram	<b><i>Holmfirth Harriers Ac</i></b>
Helen	Berry	<b><i>Holmfirth Harriers Ac</i></b>
Helena Marie	Croft	<b><i>Holmfirth Harriers Ac</i></b>
Julia	Jagger	<b><i>Holmfirth Harriers Ac</i></b>
Katie	Walshaw	<b><i>Holmfirth Harriers Ac</i></b>
Lucy	Hall	<b><i>Holmfirth Harriers Ac</i></b>
Ruby	Sykes	<b><i>Holmfirth Harriers Ac</i></b>
Ruth	MacKenzie	<b><i>Holmfirth Harriers Ac</i></b>
Alison	Bennett	<b><i>Ilkley Harriers AC</i></b>
Anna	Pickering	<b><i>Ilkley Harriers AC</i></b>
Beth	Massey	<b><i>Ilkley Harriers AC</i></b>
Hilda	Coulsey	<b><i>Ilkley Harriers AC</i></b>
Joanne	Williamson	<b><i>Ilkley Harriers AC</i></b>
Petra	Bijsterveld	<b><i>Ilkley Harriers AC</i></b>
Rachel	Carter	<b><i>Ilkley Harriers AC</i></b>
Sally	Pickering	<b><i>Ilkley Harriers AC</i></b>

Sarah	Edwards	<b><i>Ilkley Harriers AC</i></b>
Sarah	Pickering	<b><i>Ilkley Harriers AC</i></b>
Hinda	Hardaker	<b><i>Keighley &amp; Craven AC</i></b>
Sarah	Bevan	<b><i>Keighley &amp; Craven AC</i></b>
Sarah	O'Sullivan	<b><i>Keighley &amp; Craven AC</i></b>
Sharon	Hudson	<b><i>Keighley &amp; Craven AC</i></b>
Adelle	Marsden	<b><i>Kimberworth Striders</i></b>
Claire	Chapman	<b><i>Kimberworth Striders</i></b>
Helen	Woodburn	<b><i>Kimberworth Striders</i></b>
Rebecca	Hunt	<b><i>Kimberworth Striders</i></b>
Sarah	Millns	<b><i>Kimberworth Striders</i></b>
Vicki	Beckitt	<b><i>Kimberworth Striders</i></b>
Fyn	Lees	<b><i>Knaresborough Striders</i></b>
Julie	Elmes	<b><i>Knaresborough Striders</i></b>
Sue	Morley	<b><i>Knaresborough Striders</i></b>
Alice	Leake	<b><i>Leeds City Athletic Club</i></b>
Bronwen	Owen	<b><i>Leeds City Athletic Club</i></b>
Claire	Duck	<b><i>Leeds City Athletic Club</i></b>
Emma	Clayton	<b><i>Leeds City Athletic Club</i></b>
Georgia	Malir	<b><i>Leeds City Athletic Club</i></b>
Jennifer	Walsh	<b><i>Leeds City Athletic Club</i></b>
Leila	Armoush	<b><i>Leeds City Athletic Club</i></b>
Lorna	Young	<b><i>Leeds City Athletic Club</i></b>
Lucy	Crookes	<b><i>Leeds City Athletic Club</i></b>
Victoria	Merrick	<b><i>Leeds City Athletic Club</i></b>
Abi	Thompson	<b><i>Loftus &amp; Whitby AC</i></b>
Carol	Palin	<b><i>Loftus &amp; Whitby AC</i></b>
Hope	Rodgers	<b><i>Loftus &amp; Whitby AC</i></b>
Izzy	Mastrolonardo	<b><i>Loftus &amp; Whitby AC</i></b>
Kyah	Hall	<b><i>Loftus &amp; Whitby AC</i></b>
Michaela	Welham	<b><i>Loftus &amp; Whitby AC</i></b>
Susan	Dick	<b><i>Loftus &amp; Whitby AC</i></b>
Christine	Jones	<b><i>Nidd Valley Road Runners</i></b>

Claire	Gibbs	<b><i>Nidd Valley Road Runners</i></b>
Lisa	Gibson	<b><i>Nidd Valley Road Runners</i></b>
Debbie	Gibson	<b><i>Nidd Valley Road Runners</i></b>
Rachel	Capstick	<b><i>Nidd Valley Road Runners</i></b>
Rebecca	Carman	<b><i>Nidd Valley Road Runners</i></b>
Sarah	Chalmers	<b><i>Nidd Valley Road Runners</i></b>
Sarah	Hughan	<b><i>Nidd Valley Road Runners</i></b>
Susan	Simpson	<b><i>Nidd Valley Road Runners</i></b>
Anna	Murgatroyd	<b><i>Oxford University AC</i></b>
Jude	Matthews	<b><i>Penistone Footpath Runners &amp; Athletic Club</i></b>
Julia	Johnson	<b><i>Penistone Footpath Runners &amp; Athletic Club</i></b>
Alice	Smith	<b><i>Pontefract AC</i></b>
Christine	McCarthy	<b><i>Pontefract AC</i></b>
Faye	Lightowler	<b><i>Pontefract AC</i></b>
Ruth	Simmons	<b><i>Pontefract AC</i></b>
Alexandra	Bell	<b><i>Pudsey &amp; Bramley AC</i></b>
Caroline	Harding	<b><i>Pudsey &amp; Bramley Ac</i></b>
Claire	Green	<b><i>Pudsey &amp; Bramley Ac</i></b>
Rachel	Pilling	<b><i>Pudsey &amp; Bramley AC</i></b>
Joanne	Horan	<b><i>Queensbury Running Club</i></b>
Lynne	Robinson	<b><i>Queensbury Running Club</i></b>
Terri Louise	Mason	<b><i>Queensbury Running Club</i></b>
Caroline	Lambert	<b><i>Ribble Valley Harriers</i></b>
Helen	Smith	<b><i>Ribble Valley Harriers</i></b>
Kirsty	Hall	<b><i>Ribble Valley Harriers</i></b>
Nicola	Squires	<b><i>Ribble Valley Harriers</i></b>
Donna	Riddler	<b><i>Richmond &amp; Zetland Harriers</i></b>
Elly	Robertson	<b><i>Richmond &amp; Zetland Harriers</i></b>
Fiona	Wilson	<b><i>Richmond &amp; Zetland Harriers</i></b>
Josephine	Adams	<b><i>Richmond &amp; Zetland Harriers</i></b>
Kimberley	Reeve	<b><i>Richmond &amp; Zetland Harriers</i></b>
Michelle	Sprent	<b><i>Richmond &amp; Zetland Harriers</i></b>
Nicola	Buckett	<b><i>Richmond &amp; Zetland Harriers</i></b>

Nicola	Simpson	<b><i>Richmond &amp; Zetland Harriers</i></b>
Pauline	Whittaker	<b><i>Richmond &amp; Zetland Harriers</i></b>
Rebecca	Smith	<b><i>Richmond &amp; Zetland Harriers</i></b>
Stephanie	Stephenson	<b><i>Richmond &amp; Zetland Harriers</i></b>
Suzanne	Rickard	<b><i>Ripon Runners</i></b>
Helen	Mann	<b><i>Rodillian Runners</i></b>
Jo-anne	Langley	<b><i>Rodillian Runners</i></b>
Abbie	Smith	<b><i>Rotherham Harriers And Ac</i></b>
Emma	Parkinson	<b><i>Rotherham Harriers And Ac</i></b>
Jenny	Blizard	<b><i>Rotherham Harriers And Ac</i></b>
Natasha	Hatswell	<b><i>Rotherham Harriers And Ac</i></b>
Nicola	Devine	<b><i>Rotherham Harriers And Ac</i></b>
Robyn	Lanceley	<b><i>Rotherham Harriers And Ac</i></b>
Zara	Knappy	<b><i>Rotherham Harriers And Ac</i></b>
Carole	Clifford	<b><i>Rothwell Harriers &amp; AC</i></b>
Denise	Ramsden	<b><i>Rothwell Harriers &amp; AC</i></b>
Jo	Heseltine	<b><i>Rothwell Harriers &amp; AC</i></b>
Karen	Head	<b><i>Rothwell Harriers &amp; AC</i></b>
Katie	Best	<b><i>Rothwell Harriers &amp; AC</i></b>
Rowena	Skelhorn	<b><i>Rothwell Harriers &amp; AC</i></b>
Sarah	Tolkin	<b><i>Rothwell Harriers &amp; AC</i></b>
Sarah	Waite	<b><i>Rothwell Harriers &amp; AC</i></b>
Ann	Chivers	<b><i>Roundhay Runners</i></b>
Gemma	Traviss-Turner	<b><i>Roundhay Runners</i></b>
Hannah	Parmley	<b><i>Roundhay Runners</i></b>
Helen	Underwood	<b><i>Roundhay Runners</i></b>
Julia	Say	<b><i>Roundhay Runners</i></b>
Kate	Downie	<b><i>Roundhay Runners</i></b>
Niamh	Jackson	<b><i>Roundhay Runners</i></b>
Nicola	Walmsley	<b><i>Roundhay Runners</i></b>
Susan	Lewis	<b><i>Roundhay Runners</i></b>
Alexa	Dale	<b><i>Sheffield RC</i></b>
Carolina	Scarton	<b><i>Sheffield RC</i></b>

Ellen	McLeod	<b>Sheffield RC</b>
Emma	Raine	<b>Sheffield RC</b>
Helen	Anayiotos	<b>Sheffield RC</b>
Jennifer	Elsegood	<b>Sheffield RC</b>
Jenny	Horne	<b>Sheffield RC</b>
Philippa	Williams	<b>Sheffield RC</b>
Rachel	Rose	<b>Sheffield RC</b>
Samya	Armoush	<b>Sheffield RC</b>
Amy	Francis	<b>Skyrac Athletic Club</b>
Amy	Hartley	<b>Skyrac Athletic Club</b>
Arifa	Chakera	<b>Skyrac Athletic Club</b>
Hattie	Griggs	<b>Skyrac Athletic Club</b>
Jane	Halloran	<b>Skyrac Athletic Club</b>
Jenny	Beaumont	<b>Skyrac Athletic Club</b>
Angela	Hall	<b>Spensorough &amp; Dist AC</b>
Jenni	Muston	<b>Spensorough &amp; Dist AC</b>
Laura	Thornton	<b>Spensorough &amp; Dist AC</b>
Natasha	Geere	<b>Spensorough &amp; Dist Ac</b>
Sara	Wallace	<b>Spensorough &amp; Dist AC</b>
Caroline	Brock	<b>Steel City Striders Rc</b>
Caroline	Greenough	<b>Steel City Striders Rc</b>
Claire	Grisdale	<b>Steel City Striders Rc</b>
Emma	Kingston	<b>Steel City Striders Rc</b>
Fran	Cummins	<b>Steel City Striders Rc</b>
Helen	Burgess	<b>Steel City Striders Rc</b>
Jacqui	Herring	<b>Steel City Striders Rc</b>
Julie	Meredith	<b>Steel City Striders Rc</b>
Kate	Scott	<b>Steel City Striders Rc</b>
Philippa	Rose	<b>Steel City Striders Rc</b>
Poppy	Tovey	<b>Steel City Striders Rc</b>
Jill	Libby	<b>Thirsk &amp; Sowerby Harriers</b>
Roz	Massey	<b>Totley AC</b>
Yvonne	Twelvetree	<b>Totley AC</b>

Jemima	Elgood	<b><i>Unattached</i></b>
Amanda	Spencer	<b><i>Valley Striders AC</i></b>
Angeline	Dresser	<b><i>Valley Striders AC</i></b>
Bethan	Bond	<b><i>Valley Striders AC</i></b>
Chloe	Hudson	<b><i>Valley Striders AC</i></b>
Jihanna	Bonilla-Allard	<b><i>Valley Striders AC</i></b>
Leila	Kara	<b><i>Valley Striders AC</i></b>
Liz	Adams	<b><i>Valley Striders AC</i></b>
Myra	Jones	<b><i>Valley Striders AC</i></b>
Pascale	Fotherby	<b><i>Valley Striders AC</i></b>
Sue	Sunderland	<b><i>Valley Striders AC</i></b>
Annabel	Mason	<b><i>Wakefield District H &amp; AC</i></b>
Hayley	Newbound	<b><i>Wakefield District H &amp; AC</i></b>
Helen	Beck	<b><i>Wakefield District H &amp; AC</i></b>
Joanne	Biltcliffe	<b><i>Wakefield District H &amp; AC</i></b>
Julie	Briscoe	<b><i>Wakefield District H &amp; AC</i></b>
Lauren	Proctor	<b><i>Wakefield District H &amp; AC</i></b> <b>??</b>
Rosie	Boughton	<b><i>Wakefield District H &amp; AC</i></b>
Emily	Legg	<b><i>Wetherby Runners AC</i></b>
Nicky	Andrews	<b><i>Wetherby Runners AC</i></b>
Stella	Cross	<b><i>Wetherby Runners Ac</i></b>
Ailish	Graham	<b><i>Wharfedale Harriers</i></b>
Katherine	Kirkham	<b><i>Wharfedale Harriers</i></b>
Sarah	Bright	<b><i>Wharfedale Harriers</i></b>
Sophie	Martin	<b><i>Wharfedale Harriers</i></b>
Sharon	Lynn	<b><i>York Acorn Running Club</i></b>
Andrea	Lancaster	<b><i>York Knavesmire Harriers</i></b>
Anna	Marshall	<b><i>York Knavesmire Harriers</i></b>
Becky	Penty	<b><i>York Knavesmire Harriers</i></b>
Claire	Antrobus	<b><i>York Knavesmire Harriers</i></b>
Clare	Rowntree	<b><i>York Knavesmire Harriers</i></b>
Edwina	Wilcox	<b><i>York Knavesmire Harriers</i></b>
Emily	Baines	<b><i>York Knavesmire Harriers</i></b>

Hannah	Strange	<b><i>York Knavesmire Harriers</i></b>
Jane	Morby	<b><i>York Knavesmire Harriers</i></b>
Jane	Nodder	<b><i>York Knavesmire Harriers</i></b>
Jessica	Green	<b><i>York Knavesmire Harriers</i></b>
Kate	Osborn	<b><i>York Knavesmire Harriers</i></b>
Kathryn	Dickinson	<b><i>York Knavesmire Harriers</i></b>
Kerry	Archer	<b><i>York Knavesmire Harriers</i></b>
Liz	Matthews	<b><i>York Knavesmire Harriers</i></b>
Lucy	Pinder	<b><i>York Knavesmire Harriers</i></b>
Madeleine	Foot	<b><i>York Knavesmire Harriers</i></b>
Maeve	Saunders	<b><i>York Knavesmire Harriers</i></b>
Mandy	Clarke	<b><i>York Knavesmire Harriers</i></b>
Nik	Tarrega	<b><i>York Knavesmire Harriers</i></b>
Qin	Zhou	<b><i>York Knavesmire Harriers</i></b>
Sarah	Thorne	<b><i>York Knavesmire Harriers</i></b>
Toni	Jenkinson	<b><i>York Knavesmire Harriers</i></b>
Nicola	Ross	<b><i>Steel City Striders Rc</i></b>



