



Yorkshire

County Athletics Association

Cross Country Championships 2020



Please check the entry list carefully, and contact me if there are any issues

fiona.lancaster@btinternet.com

If your name has been highlighted in blue it's important that you log into your live England Athletics portal and also speak to your club membership secretary to check your registration is up to date. Either your details are incorrect and you are not showing up in the licence check because of this, or you are not registered.

You still have time to sort it out, but it must be sorted or you will not be able to compete in the Yorkshire XC Championships

PLEASE CONTACT ME TO LET ME KNOW WHAT THE SITUATION IS, MY EMAIL IS LISTED ABOVE AND MY LANDLINE IS 01226 722442

IMPORTANT NOTE FROM THE REFEREE

CLUB VESTS

UKA Rule 143.1 requires Club Vests to be the same on both the front and the back.

Athletes wearing Club Vests that do not satisfy this requirement render themselves liable to disqualification.

If you are unsure whether your vest is correct then please drop me an email and I'll forward it to Terry Bailey, who is the referee.

It's much better to clear it before hand.

Under 13 Boys

Archie

Cann

Allerton Junior Athletics Club

Sam

Degazon

Allerton Junior Athletics Club

Douglas	Plant	Allerton Junior Athletics Club
Caleb	Stanley	Allerton Junior Athletics Club
Joe	Cox	Barnsley Athletic Club
Jonson	Hughes	Barnsley Athletic Club
Rocco	Hughes	Barnsley Athletic Club
Theo	Armitage	Bingley Harriers & AC
Zachary	Blyth	Bingley Harriers & AC
Elliot	English	City Of Sheffield And Dearne Ac
William	Platts	City Of Sheffield And Dearne Ac
Elliot	Reed	City Of Sheffield And Dearne Ac
George	Wallace	City Of Sheffield And Dearne Ac
Isaac	Bastow	City of York AC
William	Chalk	City of York AC
Ian	Gaskin	City of York AC
William	Keens	City of York AC
Isaac	Morris	City of York AC
Miles	Watson	City of York AC
Ethan	Baker	Doncaster Athletic Club
Adam	Jones	Doncaster Athletic Club
Daniel	Reeve	Doncaster Athletic Club
Will	Cattermole	Halifax Harriers & AC
Euan	Logue	Halifax Harriers & AC
Oliver	Norris	Halifax Harriers & AC
Evan	Copeland	Hallamshire Harriers Sheffield
Jem	Martin	Hallamshire Harriers Sheffield
Joe	Thake	Hallamshire Harriers Sheffield
Alfred	Couttie	Harrogate Harriers & AC
Samuel	Skaife-Clarke	Harrogate Harriers & AC
Alexander	Gilligan	Holmfirth Harriers AC
Harry	Gilligan	Holmfirth Harriers AC
Declan	Levay	Holmfirth Harriers AC
Jamie	Stewart	Holmfirth Harriers AC
Jack	Sunderland	Holmfirth Harriers AC

Archie	Budding	<i>Ilkley Harriers AC</i>
Charley	Catchpole	<i>Ilkley Harriers AC</i>
Caleb	Dix	<i>Ilkley Harriers AC</i>
Ethan	Doyle	<i>Ilkley Harriers AC</i>
Jake	Norris	<i>Ilkley Harriers AC</i>
Dylan	Shinn	<i>Ilkley Harriers AC</i>
Oscar	Shinn	<i>Ilkley Harriers AC</i>
Alexander	Wolfenden	<i>Ilkley Harriers AC</i>
Archie	Peaker	<i>Keighley & Craven AC</i>
James	Sadler-Townsend	<i>Keighley & Craven AC</i>
Robbie	Watmough	<i>Keighley & Craven AC</i>
Ewen	Wilkinson	<i>Keighley & Craven AC</i>
Ben	Nutter	<i>Keswick AC</i>
Joseph	Currie	<i>Leeds City Athletic Club</i>
Olly	Moore	<i>Leeds City Athletic Club</i>
Adam	Pow	<i>Leeds City Athletic Club</i>
Rowan	Baxter	<i>Longwood Harriers AC</i>
Tom	White	<i>Longwood Harriers AC</i>
Alexander	Whitehead	<i>Longwood Harriers AC</i>
Christy	O'Hare	<i>Middlesbrough & Cleveland Harriers</i>
Joshua	Bryer	<i>Nidd Valley Road Runners</i>
Denholm	Edwards	<i>Nidd Valley Road Runners</i>
Hugo	Edwards	<i>Nidd Valley Road Runners</i>
Asa	Howard	<i>Nidd Valley Road Runners</i>
James	Shaw	<i>Nidd Valley Road Runners</i>
Aston	Brogden	<i>Otley AC</i>
Ned	Gallagher-Thompsor	<i>Otley AC</i>
James	Greenlay	<i>Otley AC</i>
Charles	Fryer	<i>Pontefract AC</i>
Sam	Archer	<i>Richmond & Zetland Harriers</i>
Thomas	Carter	<i>Richmond & Zetland Harriers</i>
Riley	Deighton-Harrison	<i>Richmond & Zetland Harriers</i>
Ollie	Middleton	<i>Richmond & Zetland Harriers</i>
Rhys	Robinson	<i>Richmond & Zetland Harriers</i>

Ollie	Rogerson	<i>Richmond & Zetland Harriers</i>
Jack	Vasey	<i>Richmond & Zetland Harriers</i>
George	Curtis	<i>Ripon Runners</i>
Max	Michael	<i>Ripon Runners</i>
Finn	O'Cofaigh	<i>Ripon Runners</i>
James	Pollington-Clyne	<i>Ripon Runners</i>
George	Browne	<i>Rotherham Harriers and AC</i>
George	Ellis	<i>Rotherham Harriers and AC</i>
Owen	Haffner	<i>Rotherham Harriers and AC</i>
Reece	Levitt	<i>Rotherham Harriers and AC</i>
George	Mervill	<i>Rotherham Harriers and AC</i>
Jake	Parker	<i>Rotherham Harriers and AC</i>
Oliver	Picton	<i>Rotherham Harriers and AC</i>
Harry	Ryder	<i>Rotherham Harriers and AC</i>
Joshua	Wade	<i>Rotherham Harriers and AC</i>
Jack	Williams	<i>Rotherham Harriers and AC</i>
James	Harrison	<i>Rothwell Harriers & AC</i>
Noah	Lunn	<i>Rothwell Harriers & AC</i>
Charlie	Parker	<i>Rothwell Harriers & AC</i>
Lochie	Rickerby	<i>Rothwell Harriers & AC</i>
Leon	Jones	<i>Valley Striders AC</i>
Griff	Lippiatt	<i>Valley Striders AC</i>
Rafferty	Mirfin	<i>Valley Striders AC</i>
Toby	Walker	<i>Valley Striders AC</i>
Cole	McAndrew	<i>Wakefield District H & AC</i>
Ben	Shackleton	<i>Wakefield District H & AC</i>
Lewis	Wright	<i>Wakefield District H & AC</i>
Tom	Davey	<i>Wetherby Runners AC</i>
Otis	Brooks	<i>Wharfedale Harriers</i>
James	Rosser	<i>Wharfedale Harriers</i>

Under 15 Boys

Freddie	Roden	<i>Abbey Runners</i>
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Marley	Plant	Allerton Junior Athletics Club
Cian	Winter	Allerton Junior Athletics Club
Sonny Boy	Hughes	Barnsley Athletic Club
Theo	Clay	Bingley Harriers & AC
Samuel	Mantle	Bingley Harriers & AC
Joseph James	Collini	City of Sheffield and Dearne AC
Adam	Hirst	City Of Sheffield And Dearne Ac
Jamie	Rhodes	City of Sheffield and Dearne AC
Dan	Richardson	City of Sheffield and Dearne AC
Leni	Scott	City Of Sheffield And Dearne Ac
Edward	Brown	City of York AC
Edward	Hanley	City of York AC
Isaac	Henson	City of York AC
Gianluca	Mastrolonardo	City of York AC
Charlie	Wright	City of York AC
Edward	Phillips	Doncaster Athletic Club
Benjamin	Asquith	Gateshead Harriers & AC
Joshua	Carter	Halifax Harriers & AC
James	Howard	Halifax Harriers & AC
Ned	Hughes	Halifax Harriers & AC
Noah	Milbourn	Hallamshire Harriers Sheffield
George	Couttie	Harrogate Harriers & AC
Thomas	Midwood	Harrogate Harriers & AC
Jim	Midwood	Harrogate Harriers & AC
Rory	Bryant	Holmfirth Harriers AC
Joseph	Minchella	Holmfirth Harriers AC
Max	Ashelford	Ilkley Harriers AC
Josh	Beevers	Ilkley Harriers AC
Nathan	Caunt	Keighley & Craven AC
Sam	Conroy	Keighley & Craven Ac
Aryaan	Ghafoor	Keighley & Craven AC
William	Hall	Keighley & Craven AC
Samuel	Headley	Keighley & Craven AC

Donnabhan	Rudden	<i>Keighley & Craven AC</i>
Elliot	Prentice	<i>Pontefract AC</i>
Joshua	Hammett	<i>Richmond & Zetland Harriers</i>
Thomas	O'Mahoney	<i>Richmond & Zetland Harriers</i>
Joseph	Reeve	<i>Richmond & Zetland Harriers</i>
Dominic	Wilford	<i>Richmond & Zetland Harriers</i>
Liam	Costello	<i>Ripon Runners</i>
Will	Curtis	<i>Ripon Runners</i>
Charlie	Kyle	<i>Ripon Runners</i>
Jake	Phythian Lee	<i>Ripon Runners</i>
Thomas	Bowman	<i>Rotherham Harriers and AC</i>
Zak	Ferguson	<i>Rotherham Harriers and AC</i>
Joshua	Gilbert	<i>Rotherham Harriers and AC</i>
Luke	Parker	<i>Rotherham Harriers and AC</i>
James	Langdon	<i>Rothwell Harriers & AC</i>
Torin	Rickerby	<i>Rothwell Harriers & AC</i>
Isaac	Wilson	<i>Rothwell Harriers & AC</i>
Ozzy	Stringer	<i>Scarborough Athletic Club</i>
Douglas	Segger-Staveley	<i>Settle Harriers</i>
Liam	Beaumont	<i>Skyrac Athletic Club</i>
Adimojid	Darood	<i>Skyrac Athletic Club</i>
Ben	Hill	<i>Skyrac Athletic Club</i>
Taylor	Sebright-Pickard	<i>Skyrac Athletic Club</i>
Alfie	Jones	<i>Valley Striders AC</i>
Jamie	Walker	<i>Valley Striders AC</i>
Euan	Gaskin	<i>Wakefield District H & AC</i>
Daniel Harry	George	<i>Wakefield District H & AC</i>
Ben	Hall	<i>Wakefield District H & AC</i>
Zachary	Rayner	<i>Wakefield District H & AC</i>
Matthew	Wardell	<i>Wakefield District H & AC</i>
Tristan	Wright	<i>Wakefield District H & AC</i>
Max	Binner	<i>Wetherby Runners AC</i>
Jamie	Everett	<i>Wetherby Runners AC</i>

Daniel Linstrum *Wetherby Runners AC*

Under 17 Men

Joseph	Carnelley	<i>Bingley Harriers & AC</i>
Alex	Flaherty	<i>Bingley Harriers & AC</i>
Ben	Rees	<i>Bingley Harriers & AC</i>
Bryn	Squires	<i>City Of Sheffield And Dearne Ac</i>
Joseph	O'Brien	<i>City of York AC</i>
Tommy	Shaw	<i>City of York AC</i>
Adam	Allam	<i>Doncaster Athletic Club</i>
Conner James	Anderson	<i>Doncaster Athletic Club</i>
Alex	Moseley	<i>Doncaster Athletic Club</i>
Jack	Pell	<i>Doncaster Athletic Club</i>
Joe	Warren	<i>Doncaster Athletic Club</i>
James	Johnson	<i>Halifax Harriers & AC</i>
Ewan	Wheelwright	<i>Halifax Harriers & AC</i>
Alex	Durant	<i>Hallamshire Harriers Sheffield</i>
James	Hartley	<i>Hallamshire Harriers Sheffield</i>
Joe	McDadd	<i>Hallamshire Harriers Sheffield</i>
Jack	Briggs	<i>Harrogate Harriers & AC</i>
Keiron	Hannula	<i>Harrogate Harriers & AC</i>
Joseph	Harris	<i>Harrogate Harriers & AC</i>
Matthew	Harrison	<i>Harrogate Harriers & AC</i>
Archie	Hall	<i>Holmfirth Harriers</i>
Nathan	Coy	<i>Ilkley Harriers AC</i>
Louis	Hudson	<i>Keighley & Craven AC</i>
Fergus	Knappy	<i>Keighley & Craven AC</i>
Arthur	Peel	<i>Keighley & Craven AC</i>
Robbie	Watmough	<i>Keighley & Craven AC</i>
Scott	Nutter	<i>Keswick AC</i>
Sam	Akerman	<i>Leeds City Athletic Club</i>
Tommy	Dawson	<i>Leeds City Athletic Club</i>
Ethan	Hussey	<i>Leeds City Athletic Club</i>

Finnion	Hutchinson	Leeds City Athletic Club
George	Sutcliffe	Leeds City Athletic Club
Jack	White	Longwood Harriers AC
Jenson	Brogden	Otley AC
Hugh	Mackie	Penistone Footpath Runners & Athletic Club
Declan	Walker	Pudsey & Bramley AC
Daniel	Francis	Richmond & Zetland Harriers
Charlie	Stephenson	Richmond & Zetland Harriers
Elliott	Morton	Rotherham Harriers and AC
Joshua	Gilliard	Rothwell Harriers & AC
Harvey	Norden	Rothwell Harriers & AC
Louie	Parker	Rothwell Harriers & AC
William	Randall	Rothwell Harriers & AC
Sebastian	Segger-Steveley	Settle Harriers
Joseph	Boyle	Skyrac Athletic Club
Theo	Jacques	Skyrac Athletic Club
Joe	Sherman	Skyrac Athletic Club
Joshua	Dawson	Wakefield District H & AC
Callum	Gaunt	Wakefield District H & AC
Samuel	Langley	Wakefield District H & AC
Bailey	Mann	Wakefield District H & AC
Jack	Muir	Wharfedale Harriers
Sam	Smith	Wharfedale Harriers
Alexander	Thompson	Wharfedale Harriers

Under 20 Men

If you have ** next to your name this denotes the fact that you will become 20 by December 31st 2020. You can still compete in the Yorkshire XC Championships as an Under 20 but you will not be eligible for selection to the Yorkshire XC U20 Team. If you're happy with this then you need take no further action, if you have any further questions or wish to switch to the Senior race so that you can be eligible for selection to the Senior Yorkshire Team please get in touch with me

fiona.lancaster@btinternet.com

Reuben	Mantle	Bingley Harriers & AC
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	Josh	Spencer	<i>Bingley Harriers & AC</i>
**	David	Byrne	<i>City Of Sheffield And Dearne Ac</i>
**	Matthew	Fuller	<i>City Of Sheffield And Dearne Ac</i>
**	Alfie	Manthorpe	<i>City Of Sheffield And Dearne Ac</i>
**	Julian	Slater	<i>City Of Sheffield And Dearne Ac</i>
	Toby	Antcliff	<i>City of York AC</i>
	Kyle	McLeay	<i>City of York AC</i>
	Joseph Jack	Phillips	<i>Doncaster Athletic Club</i>
	Max	Burgin	<i>Halifax Harriers & AC</i>
	Harry	Johnson	<i>Halifax Harriers & AC</i>
	Jacques	Maurice	<i>Harrogate Harriers & AC</i>
	Euan	Brennan	<i>Ilkley Harriers AC</i>
	Dominic	Coy	<i>Ilkley Harriers AC</i>
	Cameron	Reilly	<i>Ilkley Harriers AC</i>
	Tom	Barrett	<i>Keighley & Craven AC</i>
	Joe	Hudson	<i>Keighley & Craven AC</i>
	Joshua	Dickinson	<i>Leeds City Athletic Club</i>
	Joseph	Leather	<i>Loftus & Whitby AC</i>
	Matthew	Rochester	<i>Nidd Valley Road Runners</i>
	Matthew	Lambert	<i>Richmond & Zetland Harriers</i>
	Jake	Stephenson	<i>Richmond & Zetland Harriers</i>
	Matthew	Hill	<i>Wakefield District H & Ac</i>
	Benn	Hobbs	<i>Wakefield District H & Ac</i>
	Daniel	Kesete	<i>Wakefield District H & AC</i>
	William	Thompson	<i>Wharfedale Harriers</i>
**	Kieron	Brown	<i>York Acorn Running Club</i>
	Cormac	Malone	<i>York Knavesmire Harriers</i>

Senior Men

	Matthew	Merrick	<i>Aldershot Farnham & District</i>
	Duncan	Marlow	<i>Askern & District RC</i>
	David	Pearce	<i>Askern & District RC</i>
	Michael	Pearce	<i>Askern & District RC</i>

Michael	Pearson	<i>Askern & District RC</i>
Raymond	Archer	<i>Barnsley Athletic Club</i>
Lee	Spensley	<i>Barnsley Athletic Club</i>
Neil	Armitage	<i>Barnsley Harriers</i>
Christian	Barton	<i>Barnsley Harriers</i>
Anthony	Bissell	<i>Barnsley Harriers</i>
Jon	Carr	<i>Barnsley Harriers</i>
David	Howes	<i>Barnsley Harriers</i>
Paul	Johnson	<i>Barnsley Harriers</i>
Nathan	Pallett	<i>Barnsley Harriers</i>
Jason	Shepherd	<i>Barnsley Harriers</i>
Richard	Singleton	<i>Barnsley Harriers</i>
Richard	Spooner	<i>Barnsley Harriers</i>
James	Askew	<i>Bingley Harriers & AC</i>
Bill	Belcher	<i>Bingley Harriers & AC</i>
Andy	Brown	<i>Bingley Harriers & AC</i>
Jonathan	Brownlee	<i>Bingley Harriers & AC</i>
Alistair	Brownlee	<i>Bingley Harriers & AC</i>
David	Jefferson	<i>Bingley Harriers & AC</i>
Paul	Lemmon	<i>Bingley Harriers & AC</i>
Ben	Marriott	<i>Bingley Harriers & AC</i>
Jonathan	Mullin	<i>Bingley Harriers & AC</i>
David	Potter	<i>Bingley Harriers & AC</i>
Emyr	Rees	<i>Bingley Harriers & AC</i>
James	Senior	<i>Bingley Harriers & AC</i>
Paul	Spencer	<i>Bingley Harriers & AC</i>
Robert	Williams	<i>Bingley Harriers & AC</i>
Mark	Cage	<i>Blackheath & Bromley Harriers AC</i>
James	Habergham	<i>Blackheath & Bromley Harriers AC</i>
Cameron	Cass	<i>City of Sheffield and Dearne AC</i>
Alex	Boynton	<i>City of York AC</i>
Robbie	Brown	<i>City Of York Ac</i>
Giles	Chalk	<i>City of York AC</i>

Nicholas	Dickinson	<i>City of York AC</i>
Samuel	Dickinson	<i>City of York AC</i>
Edward	Dunn	<i>City of York AC</i>
Ben	Francis	<i>City of York AC</i>
Peter	Hanson	<i>City of York AC</i>
Chris	Judge	<i>City of York AC</i>
Angus	McMillan	<i>City of York AC</i>
Ed	Mezzetti	<i>City of York AC</i>
Barry	O'Brien	<i>City of York AC</i>
George	Phillips	<i>City of York AC</i>
Michael	Raynes	<i>City of York AC</i>
Tim	Stratton	<i>City of York AC</i>
James	Tucker	<i>City of York AC</i>
Ian	Wilcock	<i>City of York AC</i>
Ralph	Barker	<i>Denby Dale Athletics Club</i>
Simon	Browne	<i>Denby Dale Athletics Club</i>
Keith	Jagger	<i>Denby Dale Athletics Club</i>
Ross	McClelland	<i>Denby Dale Athletics Club</i>
James	Mumford	<i>Denby Dale Athletics Club</i>
Stuart	Nutting	<i>Denby Dale Athletics Club</i>
Jonathan	Ridge	<i>Denby Dale Athletics Club</i>
Steven	Sharp	<i>Denby Dale Athletics Club</i>
Brett	Connelly	<i>Doncaster Athletic Club</i>
Martin	James	<i>Doncaster Athletic Club</i>
Glynn	Jones	<i>Doncaster Athletic Club</i>
Stuart	Lindsay	<i>Doncaster Athletic Club</i>
Simon	Parkin	<i>Doncaster Athletic Club</i>
George	Phillips	<i>Doncaster Athletic Club</i>
Andrew	Teasdale	<i>Doncaster Athletic Club</i>
Mark	Webster	<i>Doncaster Athletic Club</i>
Steven	Asquith	<i>Gateshead Harriers & AC</i>
Ryan	Barker	<i>Halifax Harriers & AC</i>
Lee	Cattermole	<i>Halifax Harriers & AC</i>

Ben	Crowther	<i>Halifax Harriers & AC</i>
Stephen	Fitz-Costa	<i>Halifax Harriers & AC</i>
Josh	Hall-Brown	<i>Halifax Harriers & Ac</i>
Michael	King	<i>Halifax Harriers & AC</i>
Heath	Reilly	<i>Halifax Harriers & AC</i>
Will	Smith	<i>Halifax Harriers & AC</i>
Jorge	Thomas	<i>Halifax Harriers & AC</i>
Tristan	Watson	<i>Halifax Harriers & AC</i>
Dave	Archer	<i>Hallamshire Harriers Sheffield</i>
Nicholas	Barber	<i>Hallamshire Harriers Sheffield</i>
Stuart	Barfield	<i>Hallamshire Harriers Sheffield</i>
Cameron	Bell	<i>Hallamshire Harriers Sheffield</i>
John	Birch	<i>Hallamshire Harriers Sheffield</i>
Matthew	Craig	<i>Hallamshire Harriers Sheffield</i>
Craig	Fishwick	<i>Hallamshire Harriers Sheffield</i>
James	Hartley	<i>Hallamshire Harriers Sheffield</i>
Andrew	Heyes	<i>Hallamshire Harriers Sheffield</i>
Pete	Hodges	<i>Hallamshire Harriers Sheffield</i>
David	Lewis	<i>Hallamshire Harriers Sheffield</i>
Connor	Milnes	<i>Hallamshire Harriers Sheffield</i>
Sam	Peters	<i>Hallamshire Harriers Sheffield</i>
Philip	Radford	<i>Hallamshire Harriers Sheffield</i>
Aidan	Smith	<i>Hallamshire Harriers Sheffield</i>
Robert	Wapshott	<i>Hallamshire Harriers Sheffield</i>
Andrew	Dobby	<i>Harrogate Harriers & AC</i>
Chris	Gibbins	<i>Harrogate Harriers & AC</i>
Andrew	Grant	<i>Harrogate Harriers & AC</i>
Ben	Holmes	<i>Harrogate Harriers & AC</i>
Geoff	King	<i>Harrogate Harriers & AC</i>
Chris	Miller	<i>Harrogate Harriers & AC</i>
Nathan	Smith	<i>Harrogate Harriers & AC</i>
Gareth	Somerville	<i>Harrogate Harriers & AC</i>
Paul	Stockburn	<i>Harrogate Harriers & AC</i>

Simon	Barrans	<i>Holmfirth Harriers Ac</i>
Christopher	Beadle	<i>Holmfirth Harriers Ac</i>
Steve	Berridge	<i>Holmfirth Harriers Ac</i>
Jonathan	Bray	<i>Holmfirth Harriers Ac</i>
Mark	Buckingham	<i>Holmfirth Harriers Ac</i>
Lewis	Byram	<i>Holmfirth Harriers Ac</i>
David	Cross	<i>Holmfirth Harriers Ac</i>
Karl	Dransfield	<i>Holmfirth Harriers Ac</i>
Gary	Graham	<i>Holmfirth Harriers Ac</i>
Jason	Haigh	<i>Holmfirth Harriers Ac</i>
Jonathan	Hotchkiss	<i>Holmfirth Harriers Ac</i>
Garreth	Humphries	<i>Holmfirth Harriers Ac</i>
Rob	Kersey	<i>Holmfirth Harriers Ac</i>
Aaron	Kettlewell	<i>Holmfirth Harriers Ac</i>
Christopher	Law	<i>Holmfirth Harriers Ac</i>
Joe	Law	<i>Holmfirth Harriers Ac</i>
Mark	Law	<i>Holmfirth Harriers Ac</i>
Sean	McCaffrey	<i>Holmfirth Harriers Ac</i>
Kenneth	McGuire	<i>Holmfirth Harriers Ac</i>
Damian	McQueen	<i>Holmfirth Harriers Ac</i>
David	Milton	<i>Holmfirth Harriers Ac</i>
Samuel	O Shea	<i>Holmfirth Harriers Ac</i>
Tim	Street	<i>Holmfirth Harriers Ac</i>
Kai	Sunman	<i>Holmfirth Harriers Ac</i>
John	Pratt	<i>Hyde Park Harriers</i>
Michael	Abrams-Cohen	<i>Ilkley Harriers AC</i>
Thomas	Adams	<i>Ilkley Harriers AC</i>
Tim	Ashelford	<i>Ilkley Harriers AC</i>
Robert	Budding	<i>Ilkley Harriers AC</i>
Stephen	Coy	<i>Ilkley Harriers Ac</i>
Nathan	Edmondson	<i>Ilkley Harriers AC</i>
Steven	Gott	<i>Ilkley Harriers AC</i>
Mark	Iley	<i>Ilkley Harriers AC</i>

Istvan	Jacso	<i>Ilkley Harriers AC</i>
Jaysson	Sawyer	<i>Ilkley Harriers AC</i>
Jack	Wood	<i>Ilkley Harriers AC</i>
Iain	Young	<i>Ilkley Harriers AC</i>
Scott	Bairstow	<i>Keighley & Craven Ac</i>
John	Conroy	<i>Keighley & Craven Ac</i>
Russell	Fairhurst	<i>Keighley & Craven AC</i>
Pete	Lloyd	<i>Keighley & Craven AC</i>
James	Lund	<i>Keighley & Craven Ac</i>
Sam	Overend	<i>Keighley & Craven AC</i>
Jeremy	Wilkinson	<i>Keighley & Craven AC</i>
Kevin	Doyle	<i>Kimberworth Striders</i>
Gavin	Edley	<i>Kimberworth Striders</i>
Paul	Greenwood	<i>Kimberworth Striders</i>
Neil	Grocutt	<i>Kimberworth Striders</i>
Martin	Hunt	<i>Kimberworth Striders</i>
Christopher	Keeler	<i>Kimberworth Striders</i>
Earl	Lever	<i>Kimberworth Striders</i>
Ben	Coldwell	<i>Kirkstall Harriers</i>
James	Wright	<i>Knaresborough Striders</i>
Mohamed	Abshir	<i>Leeds City Athletic Club</i>
Jack	Allison	<i>Leeds City Athletic Club</i>
Gordon	Benson	<i>Leeds City Athletic Club</i>
Mike	Burrett	<i>Leeds City Athletic Club</i>
Emile	Cairress	<i>Leeds City Athletic Club</i>
Jake	Callis	<i>Leeds City Athletic Club</i>
Jason	Cherriman	<i>Leeds City Athletic Club</i>
Joseph	Cook	<i>Leeds City Athletic Club</i>
Benjamin	Douglas	<i>Leeds City Athletic Club</i>
Thomas	Edwards	<i>Leeds City Athletic Club</i>
Martin	Farran	<i>Leeds City Athletic Club</i>
Ciaran	Forde	<i>Leeds City Athletic Club</i>
Adam	Grice	<i>Leeds City Athletic Club</i>

Myles	Holdsworth	<i>Leeds City Athletic Club</i>
Nick	Hooker	<i>Leeds City Athletic Club</i>
Gregory	Hull	<i>Leeds City Athletic Club</i>
Tyler	Hutchinson	<i>Leeds City Athletic Club</i>
John	Imrie	<i>Leeds City Athletic Club</i>
Matt	Lockyer	<i>Leeds City Athletic Club</i>
Ossama	Meslek	<i>Leeds City Athletic Club</i>
Simon	Newton	<i>Leeds City Athletic Club</i>
Liam	O'Brien	<i>Leeds City Athletic Club</i>
Adam	Osborne	<i>Leeds City Athletic Club</i>
Graham	Rush	<i>Leeds City Athletic Club</i>
Dan	Whittle	<i>Leeds City Athletic Club</i>
Trevor	Wilks	<i>Leeds City Athletic Club</i>
Joshua	Woodcock-Shaw	<i>Leeds City Athletic Club</i>
Joe	Wilkinson	<i>Lincoln Wellington Athletic Club</i>
Chris	Foster	<i>Loftus & Whitby AC</i>
Mikey	Garbutt	<i>Loftus & Whitby AC</i>
Thomas	Herbert	<i>Loftus & Whitby AC</i>
Craig	Ormerod	<i>Loftus & Whitby AC</i>
Graham	Palmer	<i>Loftus & Whitby AC</i>
David	Parkin	<i>Loftus & Whitby AC</i>
Philip	Peggs	<i>Loftus & Whitby AC</i>
Alan	Smitheman	<i>Loftus & Whitby AC</i>
Jonathan	Urban	<i>Loftus & Whitby AC</i>
James	Wilson	<i>Loftus & Whitby AC</i>
Simon	Crook	<i>Longwood Harriers Ac</i>
Dave	Martin	<i>Longwood Harriers Ac</i>
James	Scholes	<i>Longwood Harriers Ac</i>
James	Cook	<i>Nidd Valley Road Runners</i>
Nick	Crebbin	<i>Nidd Valley Road Runners</i>
Kevin	Dalton	<i>Nidd Valley Road Runners</i>
James	Forster	<i>Nidd Valley Road Runners</i>
Adam	Kirk	<i>Nidd Valley Road Runners</i>

Martin	Lofthouse	<i>Nidd Valley Road Runners</i>
Kevin	Nicholas	<i>Nidd Valley Road Runners</i>
Rob	Northfield	<i>Nidd Valley Road Runners</i>
Alex	Patrickson	<i>Nidd Valley Road Runners</i>
Philip	Robinson	<i>Nidd Valley Road Runners</i>
Alex	Robinson	<i>Nidd Valley Road Runners</i>
Nigel	Scaife	<i>Nidd Valley Road Runners</i>
Michael	Shaw	<i>Nidd Valley Road Runners</i>
Marcus	Shaw	<i>Nidd Valley Road Runners</i>
Chandra	Shekar	<i>Nidd Valley Road Runners</i>
Simon	Staiano	<i>Nidd Valley Road Runners</i>
Richard	Street	<i>Nidd Valley Road Runners</i>
Darren	Townend	<i>Nidd Valley Road Runners</i>
Steven	Turner	<i>Nidd Valley Road Runners</i>
Steven	Woods	<i>Northern Masters AC</i>
Antonio	Cardinale	<i>Otley AC</i>
David	Fox	<i>Otley AC</i>
Martin	Gaskin	<i>Otley AC</i>
Howard	Jeffrey	<i>Otley AC</i>
Graham	Lake	<i>Otley AC</i>
Andrew	Robertshaw	<i>Otley AC</i>
Richard	Mackie	<i>Penistone Footpath Runners & Athletic Club</i>
Oliver Simon	Pike	<i>Penistone Footpath Runners & Athletic Club</i>
Jon	Waller	<i>Penistone Footpath Runners & Athletic Club</i>
Anthony	Bowyer	<i>Pontefract AC</i>
Scott	Daly	<i>Pontefract AC</i>
Nathan	Doy	<i>Pontefract AC</i>
David	Jackson	<i>Pontefract AC</i>
David	Kidd	<i>Pontefract AC</i>
Peter	Reveley	<i>Pontefract AC</i>
Gregory	Skelton	<i>Pontefract AC</i>
Phil	Wardle	<i>Pontefract AC</i>
Joe	Baxter	<i>Pudsey & Bramley AC</i>

Niall	Bourke	<i>Pudsey & Bramley Ac</i>
John	Navis	<i>Pudsey & Bramley Ac</i>
Graham	Pilling	<i>Pudsey & Bramley AC</i>
Colin	Walker	<i>Pudsey & Bramley AC</i>
Simon	Brady	<i>Queensbury Running Club</i>
Richard	Brook	<i>Queensbury Running Club</i>
Tom	Collinge	<i>Queensbury Running Club</i>
Andrew	Dovernor	<i>Queensbury Running Club</i>
Paul	Greenwood	<i>Queensbury Running Club</i>
Carl	Heron	<i>Queensbury Running Club</i>
Christopher	Lane	<i>Queensbury Running Club</i>
Chris	Williams	<i>Queensbury Running Club</i>
Liam	Fletcher	<i>Richmond & Zetland Harriers</i>
John	Gray	<i>Richmond & Zetland Harriers</i>
Tony	Lambert	<i>Richmond & Zetland Harriers</i>
Leon	Reeve	<i>Richmond & Zetland Harriers</i>
Rob	Scott	<i>Richmond & Zetland Harriers</i>
Paul	Simpson	<i>Richmond & Zetland Harriers</i>
Jamie	Baker	<i>Ripon Runners</i>
James	Boddy	<i>Ripon Runners</i>
Simon	Cave	<i>Ripon Runners</i>
John	Chatwin	<i>Ripon Runners</i>
Mark	Ryder	<i>Ripon Runners</i>
Trevor	Schofield	<i>Ripon Runners</i>
Douglas	Scott	<i>Ripon Runners</i>
Ian	Harrison	<i>Rodillian Runners</i>
Robert	Hoban	<i>Rodillian Runners</i>
Richard	Mann	<i>Rodillian Runners</i>
Ben	Burton	<i>Rotherham Harriers And Ac</i>
Sam	Clegg	<i>Rotherham Harriers And Ac</i>
John	Comrie	<i>Rotherham Harriers And Ac</i>
Luke	Cotter	<i>Rotherham Harriers And Ac</i>
Kyle	Craib	<i>Rotherham Harriers And Ac</i>

Dean	Furniss	<i>Rotherham Harriers And Ac</i>
James	Gallacher	<i>Rotherham Harriers And Ac</i>
Chris	Griffiths	<i>Rotherham Harriers And Ac</i>
Philip	Hoole	<i>Rotherham Harriers And Ac</i>
Aidan	Johnson	<i>Rotherham Harriers And Ac</i>
Jonathan	Johnson	<i>Rotherham Harriers And Ac</i>
Daniel	Kestrel	<i>Rotherham Harriers And Ac</i>
Arron	Larkin	<i>Rotherham Harriers And Ac</i>
Joseph	Massingham	<i>Rotherham Harriers And Ac</i>
Lee	Milburn	<i>Rotherham Harriers And Ac</i>
Richard	Parker	<i>Rotherham Harriers And Ac</i>
Gareth	Sampson	<i>Rotherham Harriers And Ac</i>
Steven	Sims	<i>Rotherham Harriers And Ac</i>
Elliott	Smales	<i>Rotherham Harriers And Ac</i>
David	Tune	<i>Rotherham Harriers And Ac</i>
Damian	Worsdall	<i>Rotherham Harriers And Ac</i>
Ross	Blackburn	<i>Rothwell Harriers & AC</i>
Stephen	Firth	<i>Rothwell Harriers & AC</i>
Keith	Hale	<i>Rothwell Harriers & AC</i>
Richard	Hall	<i>Rothwell Harriers & AC</i>
Hadrian	Knight	<i>Rothwell Harriers & AC</i>
John	McCarthy	<i>Rothwell Harriers & AC</i>
Brian	Shaw	<i>Rothwell Harriers & AC</i>
Jason	Westmoreland	<i>Rothwell Harriers & AC</i>
Tekie Abraha	Beyene	<i>Roundhay Runners</i>
Joseph	Burke	<i>Roundhay Runners</i>
James	Carvello	<i>Roundhay Runners</i>
Christopher	Cobb	<i>Roundhay Runners</i>
Richard	Drake	<i>Roundhay Runners</i>
Callum	Elson	<i>Roundhay Runners</i>
Richard	Gibbs	<i>Roundhay Runners</i>
Lee	Hargadon	<i>Roundhay Runners</i>
Ben	Moakler	<i>Roundhay Runners</i>

Subi	Mwakasungura	<i>Roundhay Runners</i>
Matt	Newell	<i>Roundhay Runners</i>
Gareth	Sherratt	<i>Roundhay Runners</i>
Stu	Sklinar	<i>Roundhay Runners</i>
Jonathan	Smith	<i>Roundhay Runners</i>
Ryan	Tait	<i>Roundhay Runners</i>
Anthony	Toulson	<i>Roundhay Runners</i>
Marcos Angel	Valero Palacios	<i>Roundhay Runners</i>
John	Walker	<i>Roundhay Runners</i>
Ali	White	<i>Roundhay Runners</i>
Lee	Casson	<i>Saltaire Striders</i>
David	Addenbrooke	<i>Sheffield RC</i>
Robert	Addenbrooke	<i>Sheffield RC</i>
Aaron	Francis	<i>Sheffield RC</i>
Christopher	Heggs	<i>Sheffield RC</i>
David	Higginbottom	<i>Sheffield RC</i>
Chris	Ireland	<i>Sheffield RC</i>
Gareth	Irvine	<i>Sheffield RC</i>
Neal	Matthews	<i>Sheffield RC</i>
Paul	McWhirter	<i>Sheffield RC</i>
David	Millns	<i>Sheffield RC</i>
Chris	Moss	<i>Sheffield RC</i>
James	Thompson	<i>Sheffield RC</i>
Jed	Turner	<i>Sheffield RC</i>
Richard	Ward	<i>Sheffield RC</i>
Nicholas	Watson	<i>Sheffield RC</i>
Ben	Wilkinson	<i>Sheffield RC</i>
Matthew	Worthington	<i>Sheffield RC</i>
Pete	Osborne	<i>Sheffield Triathlon Club</i>
Mark	Beaumont	<i>Skyrac Athletic Club</i>
Nuno	Cesar De Sa	<i>Skyrac Athletic Club</i>
Andy	McCue	<i>Skyrac Athletic Club</i>
Steven	Porteous	<i>Skyrac Athletic Club</i>

David Alexander	Stewart	<i>Skyrac Athletic Club</i>
Todd	Stewart	<i>Skyrac Athletic Club</i>
Chris	Thornton	<i>Skyrac Athletic Club</i>
Christopher	Thornton	<i>Skyrac Athletic Club</i>
Joe	Woodley	<i>Skyrac Athletic Club</i>
Simon	Bolland	<i>Spensor & Dist AC</i>
Dave	Butler	<i>Spensor & Dist AC</i>
Henry	Carter	<i>Spensor & Dist AC</i>
Tom	Dart	<i>Spensor & Dist AC</i>
Kevin	Ogden	<i>Spensor & Dist AC</i>
Joe	Sagar	<i>Spensor & Dist AC</i>
Gerard	Skippins	<i>Spensor & Dist AC</i>
Malcolm	Baggaley	<i>Steel City Striders Rc</i>
Andy	Buck	<i>Steel City Striders Rc</i>
Nick	Burns	<i>Steel City Striders Rc</i>
Terence	Byrne	<i>Steel City Striders Rc</i>
Ashley	Crow	<i>Steel City Striders Rc</i>
Andrew	Davies	<i>Steel City Striders Rc</i>
Martin	Greenough	<i>Steel City Striders Rc</i>
Chris	Guy	<i>Steel City Striders Rc</i>
Tim	Holt	<i>Steel City Striders Rc</i>
Benjamin Lewis	Jones	<i>Steel City Striders Rc</i>
Stuart	Jones	<i>Steel City Striders Rc</i>
Chris	Lawson	<i>Steel City Striders Rc</i>
Robin	Lomax	<i>Steel City Striders Rc</i>
Alasdair	Menmuir	<i>Steel City Striders Rc</i>
Richard Adrian	Pegg	<i>Steel City Striders Rc</i>
Alex	Shepherd	<i>Steel City Striders Rc</i>
Joseph	Sweetnam-Powell	<i>Steel City Striders Rc</i>
Andrew	Woffindin	<i>Steel City Striders Rc</i>
Michael	Wu	<i>Steel City Striders Rc</i>
Thomas	Beaumont	<i>Totley AC</i>
Mark	Buskwood	<i>Totley AC</i>

Steve	Franklin	<i>Totley AC</i>
Rob	Owen	<i>Totley AC</i>
Jamie	Rutherford	<i>Totley AC</i>
Bartholomew	Shaw	<i>Totley AC</i>
Alistair	Wood	<i>Totley AC</i>
Sean	Cook	<i>Valley Striders AC</i>
Steve	Dixon	<i>Valley Striders AC</i>
Matthew	Hallam	<i>Valley Striders AC</i>
Daryl	Hibberd	<i>Valley Striders AC</i>
John	Hobbs	<i>Valley Striders AC</i>
Alan	Hutchinson	<i>Valley Striders AC</i>
Vernon	Long	<i>Valley Striders AC</i>
Gary	Mann	<i>Valley Striders AC</i>
Jon	Pownall	<i>Valley Striders AC</i>
John	Shanks	<i>Valley Striders AC</i>
Paul	Smith	<i>Valley Striders AC</i>
David	Song	<i>Valley Striders AC</i>
James	Tarran	<i>Valley Striders AC</i>
Tom	Van Rossum	<i>Valley Striders AC</i>
John	Wallace	<i>Valley Striders AC</i>
Daniel	Benjamin	<i>Wakefield District H & Ac</i>
Ben	Butler	<i>Wakefield District H & Ac</i>
Thomas	Coney	<i>Wakefield District H & Ac</i>
Craig	Davidson	<i>Wakefield District H & Ac</i>
Daniel	Franks	<i>Wakefield District H & Ac</i>
Paul	Gilbert	<i>Wakefield District H & Ac</i>
Benjamin	Khan	<i>Wakefield District H & Ac</i>
Joe	Maguire	<i>Wakefield District H & Ac</i>
Simon	Midwood	<i>Wakefield District H & Ac</i>
Mark	Mills	<i>Wakefield District H & Ac</i>
Liam	O'Flaherty	<i>Wakefield District H & Ac</i>
Ross	Penny	<i>Wakefield District H & Ac</i>
Ian	Shipley	<i>Wakefield District H & Ac</i>

Chris	Snowball	Wakefield District H & Ac
Stephen	Tilford	Wakefield District H & Ac
Philip	Whiteley	Wakefield District H & Ac
Richard	Bewell	Wetherby Runners AC
Mark	Holt	Wetherby Runners AC
Nils	Linstrum	Wetherby Runners AC
Alex	Matthewson	Wetherby Runners AC
Paul	Millgate	Wetherby Runners AC
Paul	Windle	Wetherby Runners AC
Sean	Wright	Wetherby Runners AC
Lee	Athersmith	Wharfedale Harriers
Alisdair	Burns	Wharfedale Harriers
Nick	Charlesworth	Wharfedale Harriers
Harry	Coates	Wharfedale Harriers
David	Driver	Wharfedale Harriers
Steve	Forster	Wharfedale Harriers
Robert	Furness	Wharfedale Harriers
Sam	Green	Wharfedale Harriers
Robin	Howie	Wharfedale Harriers
David	Kirkham	Wharfedale Harriers
Jason	Schofield	Wharfedale Harriers
Marc	Sennett	Wharfedale Harriers
Adam	Stirk	Wharfedale Harriers
Matthew	Brown	York Acorn Running Club
David	Lancaster	York Acorn Running Club
Terry	Bromfield	York Knavesmire Harriers
Duncan	Chambers	York Knavesmire Harriers
Calum	Cogan	York Knavesmire Harriers
Simon	Collins	York Knavesmire Harriers
Kim	Critchley	York Knavesmire Harriers
Pete	Downes	York Knavesmire Harriers
Phillip	Elliott	York Knavesmire Harriers
Glynn	Ellwood	York Knavesmire Harriers

Philip	Graves	<i>York Knavesmire Harriers</i>
Gareth	Green	<i>York Knavesmire Harriers</i>
Laurence	Griffin	<i>York Knavesmire Harriers</i>
Nick	Griffin	<i>York Knavesmire Harriers</i>
Giles	Hawking	<i>York Knavesmire Harriers</i>
Michael	Hemsworth	<i>York Knavesmire Harriers</i>
Rory	Henderson	<i>York Knavesmire Harriers</i>
Darren	Hendley	<i>York Knavesmire Harriers</i>
Andy	Holladay	<i>York Knavesmire Harriers</i>
Toby	Hone	<i>York Knavesmire Harriers</i>
Ian	Jenkinson	<i>York Knavesmire Harriers</i>
Alistair	McQueen	<i>York Knavesmire Harriers</i>
Chris	Murphy	<i>York Knavesmire Harriers</i>
John	Nodder	<i>York Knavesmire Harriers</i>
Luke	Osborn	<i>York Knavesmire Harriers</i>
Tom	Pavis	<i>York Knavesmire Harriers</i>
Philip	Richardson	<i>York Knavesmire Harriers</i>
Ewan	Sewell	<i>York Knavesmire Harriers</i>
Neil	Strange	<i>York Knavesmire Harriers</i>
Richard	Tarrega	<i>York Knavesmire Harriers</i>
Adrian	Turner	<i>York Knavesmire Harriers</i>
Alan	Wilkinson	<i>York Knavesmire Harriers</i>
Nick	Zissler	<i>York Knavesmire Harriers</i>
Sam	Lynn	<i>York Postal Harriers</i>