

CUMBRIA AA CROSS COUNTRY CHAMPIONSHIPS 2020
 ASSISTED BY 'START FITNESS' RESULTS

AT HUNTER HALL PENRITH ON SATURDAY 4TH JANUARY 2020

POSN	UNDER 11 BOYS		APPROX 1400M	TIME
1	CHARLIE	EAGLING	CARLISLE ASP	05:39:00
2	LUKA	ROBERTS	CFR	05:55:00
3	HARVEY	SHAW	AMBLESIDE AC	00:06:00
4	PTOLEMY	EVANS	EDEN R	06:07:00
5	MATTHEW	HETHERINGTON	EDEN R	06:13:00
6	LUCA	HOLT-STOTT	EDEN R	06:19:00
7	FINLAY	HARPER	SEATON AC	06:20:00
8	DANIEL	DAVIES	EDEN R	06:21:00
9	TOBY	DAVIES	EDEN R	06:22:00
10	COOPER	WADSWORTH	HELM HILL	06:24:00
11	JAKE	GOURDIN-SMITH	KENDAL AAC	06:25:00
12	BLAKE	AIREY	HOWGILL H	06:31:00
13	TOM	ASHWORTH	AMBLESIDE AC	06:33:00
14	JACK	MIDDLETON	LEVEN VALLEY	06:35:00
15	GEORGE	JACHMAN	EDEN R	06:36:00
16	IVAN	WINDER	LEVEN VALLEY	06:40:00
17	ADAM	RALPH	EDEN R	06:42:00
18	KEIAN	McCOMBIE	EDEN R	06:59:00
19	JACOB	CARRUTHERS	EDEN R	07:00:00
20	BARNABY	PARKER	EDEN R	07:06:00
21	FINLEY	BINKS	EDEN R	07:09:00
22	REUBEN	TWEEDLE	EDEN R	07:10:00
23	OSCAR	TWEDDLE	EDEN R	07:17:00
24	LOUIS	SIMPSON	EDEN R	07:30:00
25	DEMITRI	KYRIACOU	LEVEN VALLEY	07:41:00
26	ELLIS	DURLIN	LEVEN VALLEY	08:15:00
27	CHARLIE	HALL	EDEN R	09:04:00

WINNING TEAM EDEN RUNNERS

POSN	UNDER 11 GIRLS		APPROXIMATELY 1400M	TIME
1	ZOE	BRANNON	KESWICK	06:04:00
2	DAISY	FIELDING	SEDBERGH SCH	06:05:00
3	LUCY	HETHERINGTON	EDEN R	06:19:00
4	RUBY-MAI	DUXBURY	KENDAL AAC	06:41:00
5	LUCY	BELL	LEVEN VALLEY	06:43:00
6	DAISY	WOODCOCK	SEATON	06:48:00

7	JULIA	FIELDING	SEDBERGH SCH	06:53:00
8	ANNA	COBLEY	KENDAL AAC	07:10:00
9	LILY	SALT	EDEN R	07:17:00
10	SOPHIA	SUGDEN	EDEN R	07:26:00

WINNING TEAM EDEN RUNNERS

UNDER 13 BOYS

POSN				TIME
1	ALFIE	LAMB	BORDER H	09:44:00
2	WILL	McNALLY	LEVEN VALEY	09:45:00
3	ADAM	VAREY	BORDER H	09:47:00
4	SEBASTIAN	MASON	BORDER H	09:54:00
5	TRENT	CHAPMAN	BORDER H	10:00:00
6	JACK	BARKER	KENDAL AAC	10:08:00
7	LEYTON	ROBERTS	CFR	10:13:00
8	LOUIS PG	BIGLAND	KENDAL AAC	10:21:00
9	OLIVER	WILLOUGHBY	KENDAL AAC	10:29:00
10	MYLO	JEWELL	CFR	10:30:00
11	NOAH	WADSDWORTH	KENDAL AAC	10:35:00
12	ROWAN	ASHWORTH	AMBLESIDE AC	10:39:00
13	ALFIE	ADDISON	KENDAL AAC	10:40:00
14	BEN	NUTTER	KESWICK AC	10:49:00
15	TOM	HAUGHAN	EDEN R	10:55:00
16	CAMPBELL	DONNELLY	EDEN R	10:56:00
17	ARCHIE	HARDING	EDEN R	10:57:00
18	ADAM	BORRADAILE	EDEN R	10:58:00
19	DAVID	AWDE	EDEN R	11:00:00
20	JOSHUA	TODD	KENDAL AAC	11:28:00
21	ALFIE	TODD	KENDAL AAC	12:24:00
22	JOHN	WILLIAMSON	LEVEN VALEY	12:54:00
23	DYLAN	SIMPSON	EDEN R	12:56:00
24	CALLUM	MITCHELL	EDEN R	14:14:00
25	NOAH	HEARN	NETHERHALL SCH	16:58:00

WINNING TEAM BORDER HARRIERS

UNDER 13 GIRLS

APPROXIMATELY 2500M

POSN				TIME
1	SOPHIE	COWIN	KENDAL AAC	10:37:00
2	KATE-ERIN	COLLIN	KENDAL AAC	10:52:00
3	FELICITY	EVANS	EDEN R	11:01:00
4	ROSE	GILLDALEY	EDEN R	11:02:00
5	RACHEL	CASSON	SEATON	11:03:00
6	LARA-MAY	SMITH	KENDAL AAC	11:34:00
7	GRACE	WELLS	SEDBERGH SCH	11:38:00
8	ELSIE	BARKER	KENDAL AAC	11:40:00

9	OLIVIA	SWARBRICK	CFR	11:52:00
10	MADELEIN	MARTINDALE	KENDAL AAC	12:06:00
11	SOPHIE	LEADBETTER	LEVEN VALLEY	12:27:00
12	AMELIE	THORBURN	EDEN R	12:35:00
13	GRACE	ERRINGTON	EDEN R	12:38:00
14	VICKY	WOOF	HOWGILL H	12:58:00
15	ROISIN	RUDDY	MILLOM	12:59:00
16	JENNIFER	THOMPSON	U/ATT	13:19:00
17	BROOKE	DURKIN	LEVEN VALLEY	13:27:00
18	KATE	COLLETT	NETHERHALL SCH	15:43:00

WINNING TEAM KENDAL AAC

UNDER 15 BOYS APPROXIMATELY 3900M

POSN				TIME
1	CHARLIE	ALLMOND	AMBLESIDE	14:33:00
2	THOMAS	BRAILSFORD	KENDAL AAC	14:49:00
3	JAMES	BOWEN	KENDAL AAC	15:00:00
4	THOMAS	RENWICK	EDEN R	15:13:00
5	DANNY	WELCH	EDEN R	15:14:00
6	ASHLEY	TODD	BORDER H	15:22:00
7	OLIVER	WILLETTS	EDEN R	15:33:00
8	HARRY	BOWEN	KENDAL AAC	15:44:00
9	DYLAN	OWENS	SEATON	15:47:00
10	KAI	HATCHER	BORDER H	15:53:00
11	WILLIAM	HARVEY	SEDBERGH SCH	15:54:00
12	JACOB	RANKIN	EDEN R	15:55:00
13	EDWARD	WALKER	EDEN R	16:42:00
13	FINLEY	CORKHILL	LEVEN VALLEY	16:59:00
14	OWAIN R	CLARK	LEVEN VALLEY	17:15:00
15	BOBBY	PEARS	EDEN R	17:16:00
16	EWAN	AUCHTERLONIE-ROSS	EDEN R	21:50:00

WINNING TEAM KENDAL AAC

UNDER 15 GIRLS APPROXIMATELY 3900M

POSN				TIME
1	JESSICA	BAILEY	LEVEN VALLEY	15:44:00
2	OLICIA	WINDER	LEVEN VALLEY	16:17:00
3	EVE	RILEY	BORDER H	16:24:00
4	NATALYA	CANNON	EDEN R	16:49:00
5	GEMMA	O'DOWD	EDEN R	17:10:00
6	SARAH	SMITH	KENDAL AAC	17:20:00
7	SOPHIE	RYLANCE	AMBLESIDE AC	17:57:00
8	ISOBEL	BARLEY	SEDBERGH SCH	18:08:00

9	ALEX	HOLMES	BORDER H	18:12:00
10	LAURA	BROWN	BARROW & F S	18:24:00
11	MIA	BRAYSHAW	LANCASTER & M	18:32:00
12	FAYTH	BOWNESS	COPELAND	19:06:00
13	PIPPA	GASKELL	EDEN R	20:35:00

WINNING TEAM EDEN RUNNERS

UNDER 17 MEN

APPROXIMATELY 5000M

POSN				TIME
1	FRASER	SPROUL	KENDAL AAC	18:13:00
2	ROBIN	REGAN	EDEN R	18:16:00
3	SCOTT	NUTTER	KESWICK AC	18:24:00
4	BEN	O'DOWD	EDEN R	18:47:00
5	SOL	JOHL	EDEN R	19:00:00
6	SAM	McSHERRY	LEVEN VALLEY	19:15:00
7	CHARLIE	HARDING	EDEN R	19:52:00
8	NATHAN	ORMANDY	BARROW & FS	20:31:00
9	NOAH	KIDD	LEVEN VALLEY	20:43:00
10	EDWARD	SALT	EDEN R	21:10:00
11	JAKOB	NELSON	LEVEN VALLEY	23:01:00
12	JAMIE	TAYLOR	EDEN R	24:49:00

WINNING TEAM EDEN RUNNERS

UNDER 17 WOMEN

APPROXIMATELY 5000M

POSN				TIME
1	ANNA	MASON	BORDER H	20:50:00
2	CHLOE	RYLANCE	AMBLESIDE AC	21:38:00
3	LILIAN	LEWIS	KENDAL AAC	21:53:00
4	ELLA	PARRY	EDEN R	22:12:00
5	ALICIA	NEWING	SEDBERGH SCH	23:07:00
6	EMILY	SWARBRICK	CFR	23:23:00
7	GEORGIA	HEATH	KENDAL AAC	23:40:00
8	KATE	WREN	CARLISLE ASP	25:27:00
9	DAISY	GILLON	EDEN R	25:43:00
10	ANNA	TAYLOR	SEATON	26:44:00

UNDER 20 MEN

APPROXIMATELY 10000M

POSN				TIME
1	JOSEPH	DUGDALE	CFR	34:54:00
2	REUBEN	COPLEY	KENDAL AAC	35:21:00
3	TOM	HUMPHRIES	LANC & MOREC	36:54:00

4	JAMES	SALT	EDEN R	37:30:00
4	JOSHUA	LIDDELL	EDEN R	38:10:00
5	HARRIS	STRICKLAND	BORDER H	43:24:00
6	JACK	RIGAL	SEDBERGH SCH	48:28:00

UNDER 20 WOMEN

APPROXIMATELY 7500M

POSN				TIME
1	EVE	PANNONE	EDEN R	31:06:00
2	ROSIE	WOODHAMS	KENDAL	33:08:00
3	ALEX	DUCKITT	SEDBERGH SCH	34:47:00
4	MOLLY	WREN	CARLISLE ASP	35:19:00
5	OLIVIA	GRAHAM	BORDER H	37:09:00

SENIOR MEN

APPROXIMATELY 10000M

POSN				TIME
1	JAMES	DOUGLAS	BORDER H	33:57:00
2	JOHN	BATTRICK	KESWICK AC	34:53:00
3	SAM	STEAD	KESWICK AC	34:56:00
4	ALASDAIR	RUSSELL	KENDAL AAC	35:20:00
5	ROSS	CAMPBELL	BARROW & FS	35:35:00
6	MATTHEW	ELKINGTON	HOAD HILL HARRIERS	36:06:00
7	CALUM	TINNION	KESWICK AC	36:20:00
8	TRISTAN	WINDLEY	KESWICK AC	36:33:00
9	PAUL	GRAVES	DH RUNNERS	37:43:00
10	STEVEN	BERRY	BORDER H	37:49:00
11	STEPHEN	WESTON	DH RUNNERS	37:59:00
12	CHRIS	ROBERTS	YORK KNAVESMERE	38:42:00
13	MICHAEL	HOLLIDAY	DH RUNNERS	38:57:00
14	ROB	FIELDING	SEDBERGH SCH	39:09:00
15	DAVID	THOMPSON	U/ATT	40:46:00
16	MATTHEW	WALL	LEVEN VALLEY	40:52:00
17	DAVE	McNALY	LEVEN VALLEY	41:04:00
18	MICHAEL	NATRASS	DH RUNNERS	41:10:00
19	RICHARD	WELLS	SEDBERGH SCH	41:24:00
20	WILL	SISSON	KENDAL AAC	42:20:00
21	JOSH	MURPHY	LEVEN VALLEY	42:46:00
22	JOE	TODD	KENDAL AAC	43:06:00
23	PHIL	COOPER	EDEN RUNNERS	43:14:00
24	JAMES	BAILEY	LEVENS VALLEY	43:37:00
25	JAMES	SILSON	U/ATT	43:52:00
26	JONATHAN	HEMMINGWAY	EDEN RUNNERS	44:30:00
27	ROB	DALEY	EDEN RUNNERS	44:45:00
28	DAVID	PARKER	LEVEN VALLEY	45:36:00
29	JESS	GILLON	EDEN RUNNERS	45:47:00
30	NEIL	SIDAWAY	CFR	46:40:00
31	JOHN	WILLIAMS	EDEN RUNNERS	47:03:00

32	JOHN	MILLS	DH RUNNERS	53:03:00
33	NICHOLAS	DOWNES	CUMBERLAND AC	54:55:00

WINNING TEAM KESWICK AC

SENIOR WOMEN

APPROXIMATELY 7500M

POSN				TIME
1	SCOUT	ADKIN	AMBLESIDE AC	30:11:00
2	NADIA	SHAW	CUMBERLAND AC	31:57:00
3	CLARE	McKEOWN	BORDER H	32:43:00
4	RACHEL	BROWN	BORDER H	33:38:00
5	NATALIE	McCARRON	CUMBERLAND AC	33:54:00
6	FIONA	TODD	BORDER H	34:28:00
7	EMMA	NIELSEN	EDEN R	35:22:00
8	CAROLYN	MILLICAN	BORDER H	35:34:00
9	TUDI	BEETHAM	KESWICK AC	36:15:00
10	TERESA	MEDLEY	BORDER H	36:21:00
11	JOANNE	HAZELL	DH RUNNERS	36:25:00
12	LINDSAY	WALKER	KESWICK	37:50:00
13	ROSIE	HOLLIDAY	DH RUNNERS	38:16:00
14	VANESSA	STRICKLAND	BORDER H	39:11:00
15	KATIE	MILBURN	EDEN R	39:55:00
16	CAROLYN	KEVAN	KENDAL AAC	40:31:00
17	HAZEL	CLARK	KENDAL AAC	40:42:00
18	KATE	STACY	U/ATT	41:19:00
19	JUSTINE	CARRUTHERS	EDEN R	41:38:00
20	SARAH	LORD	DH RUNNERS	41:58:00
21	ANGELA	WATSON	EDEN R	42:09:00
22	BEVERLEY	ARMSTRONG	DH RUNNERS	43:35:00
23	RHIANNON	JONES	CUMBERLAND AC	44:09:00
24	LINDSAY	GRAHAM	DH RUNNERS	49:16:00

WINNING TEAM BORDER HARRIERS