

Present the 2020

Under 15 & Under 17 5k ROAD CHAMPIONSHIPS

(Measured & certified by UKA RRC)

Under UKA Rules: (2020-39725.)

**Sunday 22nd March 2020
at Birkenhead Park Wirral
11.00 am start**

Medals will be awarded to the first three individuals and the first three club teams as well as the first B team in each race (Male & Female).

CLUB VESTS OF THE SAME COLOUR & DESIGN MUST BE WORN

Entry on line only - <http://www.race-results.co.uk>

ONLY N.A. affiliated clubs will be accepted for this Championship.

U15 - Aged 13 or 14 on 31st August 2019

U17 – Aged 15 or 16 on 31st August 2019

Closing date for entries –13th March 2020

Entry Fees - £7 per athlete

IMPORTANT NOTES

Athletes **MUST** be first claim members of an NA affiliated club AND registered with England Athletics for the current competition year. **EA Registration Numbers MUST be included. Athletes without registration numbers will not be entered.**

- Entries must be submitted via the online entry system and fees paid on entry
- Late & incorrectly submitted entries will not be accepted and will be returned
- Acknowledgement of entry will be by return email and final instructions will be emailed prior to the event.
- 3 athletes per team to count, no limit on the number of teams entered per club.
- Individual winners will receive free entry to the ERRA National 5K Championship event at Sutton Park.