

NORTHERN ATHLETICS
Presents the
2021 NORTH OF ENGLAND 'START FITNESS' TRACK AND FIELD CHAMPIONSHIPS
Held Under UKA Rules
ONLINE ENTRY FOR ALL EVENTS IS AVAILABLE AT WWW.RACE-RESULTS.CO.UK
(Online entry to Combined Events via www.englandathletics.org)

SENIOR/U20 CHAMPIONSHIP MEETING
- 12/13 JUNE

Saturday 12TH June

Senior Men	100m, 400m, 1500m, 5000m, 110m Hurdles, 3000m S'Chase, High Jump, Triple Jump, Shot, Hammer.
Senior Women	100m, 400m, 1500m, 100m Hurdles, High Jump, Triple Jump, Shot, Hammer.
U20 Men	100m, 400m, 1500m, 110m Hurdles, 3000m S'Chase, Long Jump, Discus, Javelin.
U20 Women	100m, 400m, 1500m, 100m Hurdles, Long Jump, Discus, Javelin,

Sunday 13TH June

Senior Men	200m, 800m, 400m Hurdles, Javelin, Long Jump, Discus.
Senior Women	200m, 800m, 5000m, 400mHu, 2000m S'Chase, Javelin, Long Jump, Discus.
U20 Men	200m, 800m, 5000m, 400m Hurdles, High Jump, Triple Jump, Shot, Hammer.
U20 Women	200m, 800m, 400m Hurdles, 2000m S'Chase, High Jump, Triple Jump, Shot, Hammer

Closing Date **28TH May**

ENTRY FEES: £12 FIRST EVENT. £8 FOR EACH ADDITIONAL EVENT.
DUE TO COVID RESTRICTIONS, NO SPECTATORS WILL BE ALLOWED TO ENTER THE STADIUM. THIS ADVICE IS UNDER REVIEW AND MAY BE UPDATED.

PLEASE READ THE FOLLOWING NOTES CAREFULLY

- **ENTRY NUMBERS FOR SOME EVENTS MAY BE SUBJECT TO RESTRICTIONS. IF THIS APPLIES THEN YOUR ENTRY WILL BE RETURNED AND NO CHARGE WILL BE MADE. ALL COMPETITORS MUST WEAR FACEMASKS WHEN INDOORS**
- **THE POLE VAULT CHAMPIONSHIPS (ALL AGE GROUPS) WILL BE HELD SEPARATELY FROM THE MAIN CHAMPIONSHIPS ENTRY WILL BE AVAILABLE ON THE SPORTSOFT ENTRY PLATFORM AS HIGHLIGHTED BELOW AND WILL BE NOTIFIED ON THE NA WEBSITE & FACEBOOK PAGES.**
- **COMPETITORS IN FIELD EVENTS SHOULD BRING THEIR OWN EQUIPMENT IF POSSIBLE AND REPORT TO THE EQUIPMENT OFFICER ON ARRIVAL.**
- **PLEASE ARRIVE NO EARLIER THAN 1 HOUR BEFORE YOUR EVENT. IF YOU ARE ONLY COMPETING IN 1 EVENT OR YOU DO NOT QUALIFY FOR FURTHER ROUNDS, PLEASE LEAVE THE STADIUM IMMEDIATELY AFTER THE END OF YOUR COMPETITION**

Senior Men & Women 10,000m Track Championships will be held in the
Midsummer 10,000m Classic at South Leeds Stadium on Wednesday 24th June. To
enter please email Dave Norman on MIDSUMMERNIGHT10000@GMAIL.COM

SENIOR/U20 COMBINED EVENTS CHAMPIONSHIPS – BEDFORD 29/30 May
(Incorporating North, Midlands & Wales Championships)

29-30 May: England Senior and U20 Combined Events Championships Open (Bedford)
Entry details for EA Combined Events are available at <https://www.englandathletics.org/athletics-and-running/england-competitions/national-championships/2021-championships-calendar-and->

REGULATIONS - RE: ENTRY TO AREA CHAMPIONSHIPS

1 UK ATHLETICS RULES

All events will be subject to UKA Rules for Competition (1st April 2020 edition)

2 ELIGIBILITY

NB: All events are confined to athletes who are 1st claim members of a club affiliated to Northern Athletics for 2019/20 and who have paid their 2019/20 affiliation fee to England Athletics. All registrations will be checked with EA.

Entrants must not have competed in any other area championship within the competition year.

3 NORTHERN ATHLETICS AREA

Consists of the Counties of Cheshire, Cleveland, Cumbria, Derbyshire, Durham, Gtr Manchester, Humberside, Isle of Man, Lancashire, Lincolnshire, Merseyside, Northumberland, North Yorkshire, South Yorkshire, Tyne & Wear and West Yorkshire.

4 EVENT RESTRICTIONS

The Committee reserves the right to cancel any event in which the entries are insufficient to justify the holding of a Championship competition or if numbers are in excess of applicable Covid-19 regulations. In the case of a very large entry, events of 3000m or more may be split into 'A' & 'B' races. If an event is cancelled and an athlete chooses to move into a higher age group, the athlete will only qualify for an award in the upper age category and any performance will be deemed as appropriate to that age category only.

5 CLUB MEMBERSHIP AND CLOTHING

After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to Northern Athletics and England Athletics. Athletes who are club members **must** wear club vests or alternatively a County, Territorial or National vest. University vests are also acceptable. Other athletes must wear a plain vest approved by the Referee. All athletes are reminded that all clothing must be clean, and so designed and worn as not to be objectionable, even if wet. Crop tops are acceptable as team colours if they are in the same colours as the club vest and as near in design as possible. A mix of crop tops and vests in the same team is acceptable. Bib numbers must not be cut or folded.

6 EQUIPMENT

Competitors must supply their own implements for the throwing events which must be booked in on arrival with the Equipment Officer a minimum of one hour prior to the scheduled start of the individual event and approved by him/her. Competitors must use stadium blocks wherever False Start Systems are in use, if not then personal starting blocks may be used if they conform to regulations and are approved by the Starter's Assistant. All age groups except U15/13 will be required to use false start systems.

7 ENTRIES

The organisers reserve the right to refuse any entry. Entries will be confirmed by return email.

IF YOU DO NOT RECEIVE AN E MAIL CONFIRMATION PLEASE TELEPHONE OR EMAIL THE NA OFFICE ASAP. Late entries will not be accepted and the organisers cannot be responsible for non-receipt of emails or wrongly completed entries. Athletes (or if under 16, their parent/guardian) should check the details on the entry form before submission, since errors cannot be corrected after the closing date.

8 STARTING HEIGHTS

High Jump: SM-1.70:U20M-1.70: U17M-1.60: U15B-1.40: SW-1.45: U20W-1.45: U17W-1.40: U15G-1.30

Triple Jump: SM/U20M:11m or 13m boards. All other age groups: 7m/9m/11m/13m boards may be used.

Discretion will be used for borderline standards in any event.



[Entry for all NA events is online only at www.race-results.co.uk](http://www.race-results.co.uk)

Northern Athletics would like to thank Sportsoft, Start Fitness, Leigh Harriers, Leigh Sports Village, Staff at Costello Stadium, Hull & Hull CC, Mick Hill and England Athletics for their support.

TRACK & FIELD AGE GROUPS
for competition year ending 30.9.2021

Senior Men & Women	Born 31.12.01 or earlier
Junior Men & Women	Born 1.1.02 to 31.8.04
Under 17 Men & Women	Born 1.9.04 to 31.8.06 (Maximum 4 events)

Under 20 athletes may compete in Senior events.
Under 17 Men may compete as Juniors or Seniors except in the 5000m and 10000m.
Under 17 Women may compete as Junior or Senior except in the 5000m and 10000m.

ENTRY FOR ALL EVENTS IS ONLINE AT WWW.RACE-RESULTS.CO.UK

PLEASE NOTE ENTRY STANDARDS WILL NOT BE APPLIED TO 2021 CHAMPIONSHIPS

CHAMPIONSHIP EVENT SUMMARY

** Northern Athletics shown as 'NA' ** **England Athletics shown as 'EA' **

<u>EVENT</u>	<u>DATE</u>	<u>VENUE</u>	<u>CLOSING DATE</u>	<u>FEES & Entry website</u>
NA 10,000m Track Championships	24 TH June	South Leeds Stadium		£15 Midsummernight10000@gmail.com (organized by Leeds City AC)
England Athletics Snr/U20 COMBINED EVENTS (inc. Northern CE Champs)	25 th May 26 th May	Bedford	TBC	https://www.englandathletics.org/athletics-and-running/england-competitions/
Northern Athletics SENIOR/U20 CHAMPIONSHIPS	12 th June 13 th June	Leigh Sports Village	28 th May	£12 first event £8 per additional event www.race-results.co.uk
England Athletics U17/U15 COMBINED EVENTS (inc. Northern CE Champs)	7 th August 8 th August	Sport City, Manchester	TBC	https://www.englandathletics.org/athletics-and-running/england-competitions/
Northern Athletics U17/U15/U13 CHAMPIONSHIPS (A SEPARATE PROSPECTUS WILL BE AVAILABLE FOR THIS EVENT)	14 th August 15 th August	Costello Stadium, Hull	26 th July	£12 first event £8 per additional event www.race-results.co.uk

DRUG TESTING

I hereby i) acknowledge that I am bound by UKA's Anti-Doping rules, ii) agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping rules (which may involve my providing a blood and/or urine sample and iii) confirm that I am either aged 18 years or older or that the person(s) having parental responsibility for me consent to the above testing.

By entering this championship you are confirming your eligibility to compete under UKA Rules and that you are eligible to compete in a Northern Athletics Championship on the grounds of Affiliated club membership.

You are also aware that drug testing may take place and that Club (or representative) vests must be worn.

Please check Championship Condition 2 (page 2) to ensure that you are eligible for this competition

ENTRY FOR NA EVENTS IS ONLINE AT WWW.RACE-RESULTS.CO.UK
COMBINED EVENTS ENTRIES VIA www.englandathletics.org

Entries will be acknowledged by return email – all relevant information eg timetables/ directions etc. will be posted on the NA website at www.northernathletics.co.uk Senior/U20 Age groups - £12 first event - £8 per additional event.