

Saturday –Order of Events

Please note this time table can be subject to change without notice.

REPORTING TIMES

Athletes **MUST** register in person on **each day, NO LATER than 45 MINUTES before the start of their event.**

If you are competing on both days, you **MUST** retain your vest numbers for **BOTH DAYS**

Track athletes must go to 'Call Up' **NO LATER than 20 minutes before their event.**

Field athletes must go to 'Call Up' **NO LATER than 30 minutes before their event.**

Failure to do so could result in you missing your event(s).

Track Events

If heats are not required, the FINAL will be run at heat time

T01	10:00	300m Hurdles	U17 Women		FINAL
T02	10:05	400m Hurdles	Senior Women		FINAL
		400m Hurdles	U20 Women		FINAL
T03	10:10	400m Hurdles	U17 Men		FINAL
T04	10:20	80m	U13 Girls	Heats	
T05	10:30	100m	U13 Boys	Heats	
T06	10:40	100m	U15 Girls	Heats	
T07	10:50	100m	Senior Men	Heats	
T08	10:55	100m	U20 Men	Heats	
T09	11:05	1,500m	U17 Women		FINAL
T10	11:15	1,500m	U15 Girls		FINAL
T11	11:25	1,500m	Senior Men		FINAL
T12	11:35	1,500m	U20 Men		FINAL
T13	11:45	800m	U15 Boys	Heats	
T14	11:55	800m	U17 Men		FINAL
T15	12:05	3,000m	U15 Girls/U17 Women/U20 women		FINAL
T16	12:20	80m Hurdles	U15 Boys		FINAL
T17	12:25	5,000m	Senior Women		FINAL
T18	12:45	100m Hurdles	U20 Women & Senior Women		FINAL
T19	12:55	100m Hurdles	U17 Men		FINAL
T20	13:00	80m	U13 Girls		FINAL
T21	13:05	100m	U17 Women		FINAL
T22	13:10	100m	U15 Girls		FINAL
T23	13:15	100m	Senior Men		FINAL
T24	13:20	100m	U20 Men		FINAL
T25	13:25	100m	U13 Boys		FINAL
T26	13:30	400m	Senior Men	Heats	
T27	13:40	400m	U20 Men	Heats	
T28	13:45	800m	U20 Women		FINAL
T29	13:50	800m	Senior Women		FINAL
T30	13:55	800m	U13 Girls	Heats	
T31	14:05	800m	U13 Boys	Heats	
T32	14:15	800m	U15 Boys		FINAL
T33	14:20	300m	U15 Girls	Heats	
T34	14:30	300m	U17 Women		FINAL

T35	14:40	200m	U17 Men	Heats	
T36	14:50	200m	U15 Boys	Heats	
T37	15:00	200m	Senior Women		FINAL
T38	15:05	200m	U20 Women	Heats	
T39	15:10	3,000m S/Chase	Senior Men		FINAL
T40	15:25	2,000m S/C	U20 Men		FINAL
T41	15:40	3,000m	U15 Boys		FINAL
T42	15:55	3,000m	U17 Men		FINAL
T43	16:10	300m	U15 Girls		FINAL
T44	16:15	200m	U17 Men		FINAL
T45	16:20	200m	U15 Boys		FINAL
T46	16:25	400m	U20 Men		FINAL
T47	16:30	400m	Senior Men		FINAL

Field Events

F01	10:00	Discus	U15 Girls & U17 Women
F02	10:00	Shot	U17 Men
F03	10:10	Long Jump	U20 Women & Senior Women
F04	11:05	Hammer	U15 Men/U20 Women/Senior Women
F05	11:25	Shot	U13 Girls
F06	11:30	High Jump	U17 Men, U20 Women & Senior Women
F07	11:50	Triple Jump	U17 Women & U20 Men
F08	12:20	Javelin	U15 Girls
F09	12:30	Pole Vault	U15 Boys/U17 Men/U20 Men/Senior Men
F10	12:45	Long Jump	U17 Men
F11	13:15	Discus	U20 Men & Senior Men
F12	13:30	Shot	U15 Boys
F13	13:50	Long Jump	U13 Boys
F14	14:30	Javelin	U17 Women
F15	14:40	High Jump	U15 Girls
F16	15:05	Shot	U20 Women & Senior Women
F17	15:30	Javelin	U20 Men & Senior Men
F18	15:30	Long Jump	U15 boys

Please note:

The above are only approximate times and are subject to alteration depending on the number of actual competitors competing.