

Sunday –Order of Events

Please note this time table can be subject to change without notice.

REPORTING TIMES

Athletes **MUST** register in person on **each day, NO LATER than 45 MINUTES before the start of their event.**

If you are competing on both days, you **MUST** retain your vest numbers for **BOTH DAYS**

Track athletes must go to 'Call Up' **NO LATER than 20 minutes before their event.**

Field athletes must go to 'Call Up' **NO LATER than 30 minutes before their event.**

Failure to do so could result in you missing your event(s).

Track Events If heats are not required, the FINAL will be run at heat time

T48	10:45	400m Hurdles	Senior Men		FINAL
T49	10:50	100m	U17 Men	Heats	
T50	11:00	100m	U15 Boys	Heats	
T51	11:10	1500m	U20 Women & Senior Women		FINAL
T52	11:20	1500m	U17 Men		FINAL
T53	11:30	1500m	U15 Boys		FINAL
T54	11:40	800m	U15 Girls	Heats	
T55	11:50	800m	U17 Women	Heats	
T56	12:00	800m	U20 Men		FINAL
T57	12:05	800m	Senior Men		FINAL
T58	12:10	3000m	U20 Men		FINAL
T59	12:25	110m Hurdles	U20 Men & Senior Men		FINAL
T60	12:35	80m Hurdles	U17 Women		FINAL
T61	12:45	75m Hurdles	U15 Girls	Heats	
T62	12:55	100m	U20 Women		FINAL
T63	13:00	100m	Senior Women		FINAL
T64	13:05	100m	U17 Men		FINAL
T65	13:10	100m	U15 Boys		FINAL
T66	13:15	200m	U15 Girls	Heats	
T67	13:25	200m	U17 Women	Heats	
T68	13:35	200m	U20 Men	Heats	
T69	13:45	200m	Senior Men	Heats	
T70	13:55	400m	U20 Women		FINAL
T71	14:05	400m	U17 Men		FINAL
T72	14:15	400m	Senior Women	Heats	
T73	14:25	800m	U13 Girls		FINAL
T74	14:30	800m	U13 Boys		FINAL
T75	14:35	300m	U15 Boys		FINAL
T76	14:40	5000m	Senior Men		FINAL
T77	15:00	75m Hurdles	U15 Girls		FINAL
T78	15:10	2000m Steeplechase	U20 Women		FINAL
T79	15:25	800m	U15 Girls		FINAL
T80	15:30	800m	U17 Women		FINAL
T81	15:35	200m	U15 Girls		FINAL
T82	15:40	200m	U17 Women		FINAL
T83	15:45	200m	U20 Men		FINAL
T84	15:50	200m	Senior Men		FINAL
T85	15:55	400m	Senior Women		FINAL

Field Events

F19	10:00	Triple jump	U17 Men/U20 Women/Senior Women
F20	10:00	Shot	U13 Boys & U15 Girls
F21	10:00	Hammer	U17 Women
F22	10:15	High Jump	U20 Men & Senior Men
F23	10:35	Discus	U20 Women & Senior Women
F24	11:40	Long Jump	U15 Girls
F25	11:45	Hammer	Senior Men
F26	11:55	Shot	U17 Women
F27	12:30	High Jump	U13 Boys & U13 Girls
F28	12:30	Pole Vault	U17 Women/U20 Women/Senior Women
F29	12:40	Discus	U15 Boys/U17 Men
F30	12:50	Long Jump	U17 Women
F31	13:40	Shot	U20 Men & Senior Men
F32	13:50	Javelin	U20 Women & Senior Women
F33	14:05	High Jump	U15 Boys/U17 Women
F34	14:20	Long Jump	U13 Girls
F35	14:30	Long Jump	U20 Men & Senior Men
F36	14:50	Javelin	U15 Boys/U17 Men

Please note:

The above are only approximate times and are subject to alteration depending on the number of actual competitors competing.