

REGION	NORTH OF ENGLAND	Track Events Start in Lane
AREA	EAST	
DIVISION	East 1N	
MATCH	4	
P/FINISH	NO	1

Date 01/08/2021
Venue UNIVERSITY OF YORK
Host Club Harrogate Harriers & AC

Bib	Team Name	Abbrev.	Officials	Track1	Relays	Field	Total
1	Bingley Harriers & AC	Bing	10	38.0		72.0	120.0
2	Hallamshire Harriers Sheffield	Hallam	45	156.0	15.0	99.0	315.0
3	Harrogate Harriers & AC	H'ogate	35	177.0	32.0	138.0	382.0
4	Kingston upon Hull AC	KuH	55	172.0	35.0	252.0	514.0
5	Scarborough AC	Scar		41.0		79.0	120.0
6	Skyrac AC	Sky	40	61.0		23.0	124.0
7	Spenborough & District AC	Spn	55	121.0	24.0	122.0	322.0
-							

Posn	Team Name	Points	League	Match Pts	League Pts	Total M	Total L	Standings
1	Kingston upon Hull AC	514.0	7.0	1354	21	1868.0	28.0	1
2	Harrogate Harriers & AC	382.0	6.0	976	15	1358.0	21.0	2
3	Spenborough & District AC	322.0	5.0	971	15	1293.0	20.0	3
4	Hallamshire Harriers Sheffield	315.0	4.0	956	15	1271.0	19.0	4
5	Skyrac AC	124.0	3.0	730	9	854.0	12.0	5
6	Scarborough AC	120.0	1.5	387	5	507.0	6.5	6
6	Bingley Harriers & AC	120.0	1.5	418	4	538.0	5.5	7

TOTAL EVENTS	39
NO COMPETITORS/EVENT CANCELLED/NMR	2
EVENT SCORED	36
REMAINING	<u>1</u>

East 1N UNIVERSITY OF YORK

Match 4 01/08/2021

100m Men A

Posn	No.	Athlete	Club	Perf
1	4	Brody HINSON (U20)	KuH	11.2
2	3	Jacob HOCKIN (U17)	H'ogate	11.4
3	2	Jack WARD	Hallam	11.9
4	1	Henry ACKROYD	Bing	12.4
5	7	Tyler COSSINS (U20)	Spennithorne	12.6
6	5	Glenn SHELTON	Scarborough	17.1
7				
8				

100m Men B

Posn	No.	Athlete	Club	Perf
1	33	Simba OSCAR MADIMUTSA	H'ogate	11.4
2	44	Oliver ADNITT (U20)	KuH	11.6
3	22	Ben MORTON (U17)	Hallam	12.2
4	11	Edward CHAFER	Bing	12.9
5	77	Jaden MILLS	Spennithorne	13.5
6				
7				
8				

200m Men A

Posn	No.	Athlete	Club	Perf
1	4	Brody HINSON (U20)	KuH	22.5
2	3	Jacob HOCKIN (U17)	H'ogate	22.7
3	2	Ben MORTON (U17)	Hallam	24.6
4	7	Tyler COSSINS (U20)	Spennithorne	25.8
5	1	Henry ACKROYD	Bing	26.0
6	5	Glenn SHELTON	Scarborough	37.4
7				
8				

200m Men B

Posn	No.	Athlete	Club	Perf
1	33	Simba OSCAR MADIMUTSA	H'ogate	23.1
2	44	Joe COOPER	KuH	23.5
3	11	Joshua ROBINSON (U20)	Bing	24.1
4	22	Leo COSSHAM	Hallam	24.7
5	77	Jaden MILLS	Spennithorne	28.2
6	55	Mick THOMPSON	Scarborough	63.9
7				
8				

400m Men A

Posn	No.	Athlete	Club	Perf
1	4	Adam FOX (U20)	KuH	50.6
2	1	Joshua ROBINSON (U20)	Bing	53.4
3	2	Sebastian MUSCROFT (U20)	Hallam	54.0
4	3	Samuel ARTHUR (U17)	H'ogate	55.9
5	7	Jude BALDARO (U20)	Spennithorne	55.9
6	5	Dale HEPPLES	Scarborough	70.6
7				
8				

400m Men B

Posn	No.	Athlete	Club	Perf
1	22	Leo COSSHAM	Hallam	53.0
2	33	Andrew HALLIDAY	H'ogate	56.6
3	44	Harvey SOUTHCOAT (U20)	KuH	58.0
4	11	Edward CHAFER	Bing	60.1
5	55	Glenn SHELTON	Scarborough	83.7
6				
7				
8				

800m Men A

Posn	No.	Athlete	Club	Perf
1	2	James MCCRAE	Hallam	01:55.8
2	4	Adam FOX (U20)	KuH	02:02.4
3	5	Jackson SMITH (U17)	Scarborough	02:04.4
4	7	Kevin OGDEN	Spennithorne	02:44.2
5				
6				
7				
8				

800m Men B

Posn	No.	Athlete	Club	Perf
1	22	Sebastian MUSCROFT (U20)	Hallam	02:05.8
2	44	Finlay SOUTHCOAT (U17)	KuH	02:08.0
3	77	Jude BALDARO (U20)	Spennithorne	02:09.4
4	55	Dale HEPPLES	Scarborough	02:39.3
5				
6				
7				
8				

East 1N UNIVERSITY OF YORK

Match 4 01/08/2021

1500m Men A

Posn	No.	Athlete	Club	Perf
1	2	James MCCRAE	Hallam	04:08.6
2	6	Theo JACQUES (U20)	Sky	04:14.2
3	3	George COUTTIE (U17)	H'ogate	04:14.6
4	4	Jack DOCKERILL (U17)	KuH	04:15.4
5	5	Jackson SMITH (U17)	Scar	05:26.5
6	7	Kevin OGDEN	Spen	05:32.6
7				
8				

1500m Men B

Posn	No.	Athlete	Club	Perf
1	33	Matthew HARRISON (U20)	H'ogate	04:44.4
2	44	Jack ARNOLD	KuH	05:02.3
3				
4				
5				
6				
7				
8				

5000m Men A

Posn	No.	Athlete	Club	Perf
1	7	Joe SAGAR	Spen	14:50.3
2	2	Leo COSSHAM	Hallam	15:35.2
3	4	Gregan CLARKSON	KuH	17:24.3
4	1	Henry ACKROYD	Bing	17:44.4
5	6	Andy MCCUE	Sky	18:10.7
6	3	Geoff HIRST	H'ogate	19:39.3
7	5	Dale HEPPLES	Scar	19:56.2
8				

5000m Men B

Posn	No.	Athlete	Club	Perf
1	77	Henry CARTER	Spen	17:31.9
2				
3				
4				
5				
6				
7				
8				

3000m S/Chase Men A

Posn	No.	Athlete	Club	Perf
1	6	Theo JACQUES (U20)	Sky	10:16.3
2	4	Simon DOWNS	KuH	12:15.0
3				
4				
5				
6				
7				
8				

3000m S/Chase Men B

Posn	No.	Athlete	Club	Perf
1				
2				
3				
4				
5				
6				
7				
8				

400m Hurdles Men A

Posn	No.	Athlete	Club	Perf
1	2		Hallam	Hallam
2	3	Benjamin HAASE (U20)	H'ogate	H'ogate
3	4	Simon DOWNS	KuH	KuH
4				
5				
6				
7				
8				

400m Hurdles Men B

Posn	No.	Athlete	Club	Perf
1	44	Gregan CLARKSON	KuH	93.1
2				
3				
4				
5				
6				
7				
8				

East 1N UNIVERSITY OF YORK

Match 4 01/08/2021

110m Hurdles Men A

Posn	No.	Athlete
1	2	Thomas HUGHES
2	4	Simon DOWNS
3		
4		
5		
6		
7		
8		

Wind	Club	Perf
	Hallam	18.7
	KuH	23.1

110m Hurdles Men B

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind	Club	Perf

100m N/S Men A

Posn	No.	Athlete
1	4	
2	1	
3		
4		
5		
6		
7		
8		

Wind	Club	Perf
		11.8
		22.0

100m N/S Men B

Posn	No.	Athlete
1		
2		
3		
4		
5		
6		
7		
8		

Wind	Club	Perf

Long Jump Men A

Posn	Bib	Athlete	Club	Perf
1	4	Oliver ADNITT (U20)	KuH	6.45
2	2	Thomas HUGHES	Hallam	6.43
3	3	William REID (U17)	H'ogate	6.38
4	1	Edward CHAFER	Bing	5.27
5	7	Reuben BYFIELD (U17)	Spen	5.08
6				
7				
8				

Long Jump Men B

Posn	Bib	Athlete	Club	Perf
1	33	Simba OSCAR MADIMUTSA	H'ogate	5.90
2	44	Tim MAY (U17)	KuH	5.03
3	77	Tyler COSSINS (U20)	Spen	4.62
4	11	Henry ACKROYD	Bing	3.75
5				
6				
7				
8				

High Jump Men A

Posn	Bib	Athlete	Club	Perf
1	2	Thomas HUGHES	Hallam	1.80
2	3	William REID (U17)	H'ogate	1.75
3	4	Finlay SOUTHCOAT (U17)	KuH	1.70

High Jump Men B

Posn	Bib	Athlete	Club	Perf
1	44	Simon DOWNS	KuH	1.60

East 1N UNIVERSITY OF YORK

Match 4 01/08/2021

Triple Jump Men A

Posn	Bib	Athlete	Club	Perf
1	2	Thomas HUGHES	Hallam	11.77
2	44	Tim MAY (U17)	KuH	11.39
3	7	Reuben BYFIELD (U17)	Spen	10.99
4	3	Simba OSCAR MADIMUTSA	H'ogate	10.96
5	1	Matthew REYNARD (U20)	Bing	x
6				
7				
8				

Triple Jump Men B

Posn	Bib	Athlete	Club	Perf
1	4	Simon DOWNS	KuH	10.24
2				
3				
4				
5				
6				
7				
8				

Pole Vault Men A

Posn	Bib	Athlete	Club	Perf
1	4	Oliver ADNITT (U20)	KuH	3.90
2	3	William REID (U17)	H'ogate	X

Pole Vault Men B

Posn	Bib	Athlete	Club	Perf
1	44	Simon DOWNS	KuH	2.20

Shot Men A

Posn	Bib	Athlete	Club	Perf
1	4	Liam CLARKE	KuH	12.93
2	2	Jack WARD	Hallam	11.96
3	5	Robert RUSSELL	Scar	10.50
4	11	James TATE	Bing	9.35
5	7	Jake DARBY	Spen	8.84
6	6	Ian COTTON	Sky	8.32
7	3	Benjamin HAASE (U20)	H'ogate	7.06
8				

Shot Men B

Posn	Bib	Athlete	Club	Perf
1	44	John TWIDDLE	KuH	11.47
2	22	Oscar BRYCE	Hallam	10.47
3	77	Connor BELL (U20)	Spen	8.39
4	55	Matthew BURKE	Scar	7.44
5	1	Matthew REYNARD (U20)	Bing	6.46
6	66	Adam BROOKS	Sky	6.42
7	33	Jonathan IRELAND	H'ogate	5.92
8				

Discus Men A

Posn	Bib	Athlete	Club	Perf
1	4	Ebenezer ABARA (U20)	KuH	41.96
2	5	Robert RUSSELL	Scar	38.36
3	1	Mathew SAVAGE	Bing	35.50
4	22	Jack WARD	Hallam	35.01
5	7	Jake DARBY	Spen	23.55
6	6	Ian COTTON	Sky	22.52
7	3	Chris GUYLL	H'ogate	21.09
8				

Discus Men B

Posn	Bib	Athlete	Club	Perf
1	11	James TATE	Bing	33.76
2	44	John TWIDDLE	KuH	32.95
3	2	Oscar BRYCE	Hallam	29.66
4	55	Matthew BURKE	Scar	25.18
5	77	Connor BELL (U20)	Spen	21.19
6	66	Adam BROOKS	Sky	20.97
7	33	Jonathan IRELAND	H'ogate	16.93
8				

East 1N UNIVERSITY OF YORK

Match 4 01/08/2021

Hammer Men A

Posn	Bib	Athlete	Club	Perf
1	4	Antony MOULD (U20)	KuH	43.16
2	2	Oscar BRYCE	Hallam	41.11
3	1	Phillip JONES	Bing	37.24
4	5	Robert RUSSELL	Scar	31.80
5	7	Jake DARBY	Spennithorne	28.30
6	6	Ian COTTON	Sky	27.46
7	3	Chris GUYLL	H'ogate	23.82
8				

Hammer Men B

Posn	Bib	Athlete	Club	Perf
1	44	John TWIDDLE	KuH	37.57
2	11	James TATE	Bing	34.70
3	77	Connor BELL (U20)	Spennithorne	27.67
4	55	Matthew BURKE	Scar	20.91
5	33	Jonathan IRELAND	H'ogate	13.10
6	22	Craig WOLSTENHOLME	Hallam	12.02
7				
8				

Javelin Men A

Posn	Bib	Athlete	Club	Perf
1	1	Mathew SAVAGE	Bing	41.08
2	4	Oliver ADNITT (U20)	KuH	40.29
3	5	Matthew BURKE	Scar	35.14
4	2	Jack WARD	Hallam	32.37
5	3	Benjamin HAASE (U20)	H'ogate	24.20
6	6	Adam BROOKS	Sky	24.05
7	7	Connor BELL (U20)	Spennithorne	17.50
8				

Javelin Men B

Posn	Bib	Athlete	Club	Perf
1	44	Simon DOWNS	KuH	37.99
2	22	Thomas HUGHES	Hallam	32.01
3	11	Tom CLOUGH	Bing	27.26
4	33	Jonathan IRELAND	H'ogate	21.67
5	66	Ian COTTON	Sky	16.51
6				
7				
8				

4 x 100m Men A

Posn	No.	Club	Runners	Perf
1	4	KuH	Joe COOPER Brody HINSON (U20) Oliver ADNITT (U20) Adam FOX (U20)	45.3
2	3	H'ogate	Benjamin HAASE (U20) William REID (U17) Samuel ARTHUR (U17) Simba O	46.5
3	2	Hallam	Ben MORTON (U17) Jack WARD Thomas HUGHES Leo COSSHAM	48.6
4				
5				
6				
7				
8				

4 x 400m Men A

Posn	No.	Club	Runners	Perf
1	4	KuH	Harvey SOUTHCOAT (U20) Finlay SOUTHCOAT (U17) Adam FOX (U20) Brod	03:35.0
2	2	Hallam	Leo COSSHAM James MCCRAE Sebastian MUSCROFT (U20) Jack WARD	03:42.1
3	3	H'ogate	Matthew HARRISON (U20) George COUTTIE (U17) Jacob HOCKIN (U17) San	03:51.4
4	7	Spennithorne	Kevin OGDEN Jaden MILLS Tyler COSSINS (U20) Joe SAGAR	04:32.7
5				
6				
7				
8				

East 1N UNIVERSITY OF YORK

Match 4 01/08/2021

100m Women A

Posn	No.	Athlete	Club	Wind	Perf
1	4	Elsa THOMPSON (U17)	KuH		12.7 707
2	2	Millie HARDY (U17)	Hallam		12.8 686
3	7	Molly WARING	Spen		13.0 644
4	3	Florence ROBERTS (U17)	H'ogate		13.5 545
5	5	Julia HUBBARD	Scar		14.0 457
6					
7					
8					

100m Women B

Posn	No.	Athlete	Club	Wind	Perf
1	44	Lauren MCCLEAN (U20)	KuH		13.6 527
2	22	Viktoria JELONKIEWICZ (U17)	Hallam		13.7 509
3	33	Ellen DEWAR (U17)	H'ogate		13.9 474
4					
5					
6					
7					
8					

200m Women A

Posn	No.	Athlete	Club	Wind	Perf
1	2	Millie HARDY (U17)	Hallam		25.5 756
2	4	Elsa THOMPSON (U17)	KuH		26.3 674
3	7	Holly MARTIN	Spen		27.7 544
4	6	Sophie MCILROY (U20)	Sky		28.9 446
5	3	Eleanor COLBOURN (U17)	H'ogate		x
6					
7					
8					

200m Women B

Posn	No.	Athlete	Club	Wind	Perf
1	22	Saskia HUXHAM	Hallam		26.5 654
2	77	Soraya CRODDEN (U20)	Spen		27.5 562
3	33	Emma IBBOTSON (U17)	H'ogate		27.8 536
4	44	Lauren MCCLEAN (U20)	KuH		28.8 454
5					
6					
7					
8					

400m Women A

Posn	No.	Athlete	Club	Wind	Perf
1	3	Isabelle BLOEM (U20)	H'ogate		57.8 767
2	2	Saskia HUXHAM	Hallam		58.1 755
3	7	Holly MARTIN	Spen		63.2 564
4	6	Arifa CHAKERA	Sky		82.4 104
5					
6					
7					
8					

400m Women B

Posn	No.	Athlete	Club	Wind	Perf
1	22	Shen WIGFIELD-TURNER (U20)	Hallam		60.9 646
2	33	Florence ROBERTS (U17)	H'ogate		68.3 402
3					
4					
5					
6					
7					
8					

800m Women A

Posn	No.	Athlete	Club	Wind	Perf
1	6	Sophie MCILROY (U20)	Sky		02:21.7 691
2	3	Helena DA COSTA (U20)	H'ogate		02:28.9 579
3	4	Georgina NORTH (U17)	KuH		02:31.7 538
4	2	Kyla CHARLES (U17)	Hallam		02:48.1 330
5					
6					
7					
8					

800m Women B

Posn	No.	Athlete	Club	Wind	Perf
1	33	Claire JONES	H'ogate		02:32.4 528
2					
3					
4					
5					
6					
7					
8					

East 1N UNIVERSITY OF YORK

Match 4 01/08/2021

1500m Women A

Posn	No.	Athlete	Club	Perf
1	3	Rose FORREST (U20)	H'ogate	04:57.0 650
2	7	Ellie HOLDEN (U20)	Spen	05:35.4 394
3				
4				
5				
6				
7				
8				

1500m Women B

Posn	No.	Athlete	Club	Perf
1	33	Claire JONES	H'ogate	05:03.0 605
2				
3				
4				
5				
6				
7				
8				

3000m Women A

Posn	No.	Athlete	Club	Perf
1	6	Charlotte RAWSTRON (U17)	Sky	10:29.3 700
2	2	Lilly FLETCHER	Hallam	10:32.8 687
3	4	Tabitha FORD (U17)	KuH	10:48.9 630
4	3	Willow BAKER (U17)	H'ogate	11:06.5 571
5	7	Mia BUTLER (U20)	Spen	12:20.4 352
6				
7				
8				

3000m Women B

Posn	No.	Athlete	Club	Perf
1	33	Rachel FORREST	H'ogate	12:37.8 308
2	66	Arifa CHAKERA	Sky	13:39.6 174
3				
4				
5				
6				
7				
8				

East 1N UNIVERSITY OF YORK

Match 4 01/08/2021

400m Hurdles Women A

Posn	No.	Athlete	Club	Perf
1	7	Molly WARING	Spen	66.7 729
2	3	Samantha BAKER-JONES	H'ogate	68.8 671
3	4	Emelia RUSSELL (U20)	KuH	76.2 484
4				
5				
6				
7				
8				

400m Hurdles Women B

Posn	No.	Athlete	Club	Perf
1	77	Soraya CRODDEN (U20)	Spen	70.4 629
2	33	Lucy COWLEY (U17)	H'ogate	80.0 398
3				
4				
5				
6				
7				
8				

100m Hurdles Women A

Posn	Athlete	Club	Perf	Wind
1	4 Rosie SHEPHERD (U20)	KuH	16.3 679	
2	7 Molly WARING	Spen	18.4 490	
3	3 Scarlett SMITH (U17)	H'ogate	19.6 395	
4				
5				
6				
7				
8				

100m Hurdles Women B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

100m N/S Women A

Posn	No.	Athlete	Club	Perf	Wind
1	98				
2					
3					
4					
5					
6					
7					
8					

100m N/S Women B

Posn	No.	Athlete	Club	Perf	Wind
1					
2					
3					
4					
5					
6					
7					
8					

Long Jump Women A

Posn	Bib	Athlete	Club	Perf
1	2	Millie HARDY (U17)	Hallam	5.21 743
2	3	Samantha BAKER-JONES	H'ogate	4.94 678
3	4	Eve ANDERSON (U20)	KuH	4.53 581
4	7	Molly WARING	Spen	4.33 534
5				
6				
7				
8				

Long Jump Women B

Posn	Bib	Athlete	Club	Perf
1	33	Florence ROBERTS (U17)	H'ogate	4.37 543
2	44	Beth MOODIE (U17)	KuH	4.27 520
3	77	Ellie HOLDEN (U20)	Spen	4.03 464
4				
5				
6				
7				
8				

High Jump Women A

Posn	Bib	Athlete	Club	Perf
1	4	Rosie SHEPHERD (U20)	KuH	1.45 584
2	33	Scarlette SMITH (U17)	H'ogate	1.45 584
3	7	Molly WARING	Spen	1.35 477

High Jump Women B

Posn	Bib	Athlete	Club	Perf
1	44	Emelia RUSSELL (U20)	KuH	1.40 531
2	3	Helena DA COSTA (U20)	H'ogate	1.35 477

East 1N UNIVERSITY OF YORK

Match 4 01/08/2021

Triple Jump Women A

Posn	Bib	Athlete	Club	Perf
1	1	Joanna LAWLER-RHODES	Bing	11.14 767
2	4	Eve ANDERSON (U20)	KuH	10.03 644
3	3	Samantha BAKER-JONES	H'ogate	9.23 553
4	7	Soraya CRODDEN (U20)	Spen	8.70 492
5				
6				
7				
8				

Triple Jump Women B

Posn	Bib	Athlete	Club	Perf
1	44	Beth MOODIE (U17)	KuH	9.51 585
2	33	Victoria DABROWSKA (U17)	H'ogate	8.48 466
3				
4				
5				
6				
7				
8				

Pole Vault Women A

Posn	Bib	Athlete	Club	Perf
1	98		No Compet	

Pole Vault Women B

Posn	Bib	Athlete	Club	Perf

Shot Women A

Posn	Bib	Athlete	Club	Perf
1	4	Holly ADAMS (U20)	KuH	10.66 730
2	7	Megan ASCOUGH	Spen	9.40 646
3	5	Jenna WHEATMAN	Scar	8.57 587
4	3	Danika ATKINSON (U20)	H'ogate	7.30 489
5				
6				
7				
8				

Shot Women B

Posn	Bib	Athlete	Club	Perf
1	44	Emelia RUSSELL (U20)	KuH	9.51 654
2	77	Charlotte BELL	Spen	7.91 537
3	55	Victoria LOCKEY	Scar	6.18 391
4				
5				
6				
7				
8				

Discus Women A

Posn	Bib	Athlete	Club	Perf
1	4	Holly ADAMS (U20)	KuH	36.48 761
2	7	Megan ASCOUGH	Spen	27.91 639
3	3	Ellen DEWAR (U17)	H'ogate	17.49 446
4	2	Viktoria JELONKIEWICZ (U17)	Hallam	15.33 393
5	5	Julia HUBBARD	Scar	15.18 389
6				
7				
8				

Discus Women B

Posn	Bib	Athlete	Club	Perf
1	44	Sonia SANTOS	KuH	28.14 643
2	77	Charlotte BELL	Spen	24.32 581
3	33	Katy BLYTHE (U20)	H'ogate	13.89 354
4	55	Victoria LOCKEY	Scar	13.25 334
5				
6				
7				
8				

East 1N UNIVERSITY OF YORK

Match 4 01/08/2021

Hammer Women A

Posn	Bib	Athlete	Club	Perf
1	4	Alice BARNSDALE	KuH	58.28 933
2	5	Jenna WHEATMAN	Scar	47.33 817
3	7	Megan ASCOUGH	Spen	42.36 760
4	3	Danika ATKINSON (U20)	H'ogate	29.52 596
5				
6				
7				
8				

Hammer Women B

Posn	Bib	Athlete	Club	Perf
1	44	Izzy WATTS (U17)	KuH	31.56 624
2	33	Katy BLYTHE (U20)	H'ogate	26.46 552
3	77	Charlotte BELL	Spen	23.81 511
4	55	Victoria LOCKEY	Scar	22.73 493
5				
6				
7				
8				

Javelin Women A

Posn	Bib	Athlete	Club	Perf
1	4	Emelia RUSSELL (U20)	KuH	34.45 734
2	2	Saskia HUXHAM	Hallam	27.71 637
3	3	Samantha BAKER-JONES	H'ogate	26.66 621
4	5	Julia HUBBARD	Scar	14.11 378
5	7	Charlotte BELL	Spen	12.59 338
6				
7				
8				

Javelin Women B

Posn	Bib	Athlete	Club	Perf
1	44	Beth MOODIE (U17)	KuH	32.69 710
2	33	Scarlette SMITH (U17)	H'ogate	24.62 588
3	77	Mia BUTLER (U20)	Spen	11.70 312
4				
5				
6				
7				
8				

4 x 100m Women A

Posn	No.	Club	Runners	Perf
1	7	Spen	Soraya CRODDEN (U20) Molly WARING Ellie HOLDEN (U20) Holly MARTIN	53.0
2	4	KuH	Eve ANDERSON (U20) Lauren MCCLEAN (U20) Elsa THOMPSON (U17) Sonia SANTO	53.3
3	3	H'ogate	Florence ROBERTS (U17) Ellen DEWAR (U17) Isabelle BLOEM (U20) Victoria DABI	53.4
4				
5				
6				
7				
8				

4 x 400m Women A

Posn	No.	Club	Runners	Perf
1	3	H'ogate	Claire JONES Emma IBBOTSON (U17) Helena DA COSTA (U20) Eleanor COLBOURN	04:16.4
2	7	Spen	Molly WARING Ellie HOLDEN (U20) Holly MARTIN Soraya CRODDEN (U20)	04:25.0
3	4	KuH	Emelia RUSSELL (U20) Georgina NORTH (U17) Meabh BRANNIGAN (U17) Jess CAI	04:27.0
4				
5				
6				
7				
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