



Hi everyone,

***If you or any of your household exhibit any Covid symptoms or have tested positive for Covid it's imperative that you do not attend. Please remember that while many people have been vaccinated now, there are still many vulnerable people within our community, and we have a duty to be careful for the sake of everyone. There will be hand sanitiser available, but I would also ask that you bring your own and use it regularly.***

All athletes should register at least 45 minutes before their event time, Pole Vaulters should register one and a half hours before. It's important that athletes register in person. It's good practise for athletes to be responsible for their own competition/championship schedule. Our officials are used to dealing with athletes from under 13 upwards.

Equipment should be checked in and weighed one hour before your event.

***Please ensure you keep your numbers if you are competing on both days, and also you must ensure that you register to compete on both days before you enter the stadium. If you wish to withdraw from an event please inform the team at registration.***

Anyone wishing to take photographs or film the event must sign in at registration; there will be no access to the track or competition area to anyone other than competitors and Yorkshire Officials. We do have an official photographer and he will make the photos available via the Yorkshire Facebook page, after the event.

Sweatshirts and T Shirts will be available to purchase online via [www.sportingprint.co.uk](http://www.sportingprint.co.uk) they will be printed with the complete entry list on the back, as usual. I'm afraid they will not be available to purchase on the day this year.

The call up area is in the sports hall, you will be directed to this from registration and via signs on the wall. There is access only for athletes and Yorkshire officials beyond this point.

You must registered to compete with England Athletics, I will be double checking this on Friday, so if there are any problems please sort it with your membership secretary. You must compete in either a club vest or a representative vest... representative vests include, GB, National, County vests.... English School County Vests are not counted as a representational vest and must not be worn.

Please ensure all watches, mobile phones and other electrical items are **not** taken into the call up area. No watches of any kind may be worn beyond call room or in the competition area. We cannot be held responsible for any items left in call room.

Shoes; up to, but not including 800m no heel exceeding 20mm is allowed; 800m and over no heel exceeding 25mm is allowed. All shoes will be checked with a gauge and the Track Referee's decision will be final.

***the rule regarding shoes is in the UKA rules for competition (from April 1st 2020) and is rule TR5.2 and TR5.5. The rule regarding technical devices such as smart watches is TR6 in particular 6.3.2.***

This is a link to the World athletics rules on shoes:

<https://www.worldathletics.org/download/download?filename=ec9244cd-fe16-4cb9-b267-1d7416714708.pdf&urlslug=World%20Athletics%20Shoe%20Compliance%20List%20>

***RULE G2 (21) S 4 UKA SUPPLEMENT COMPETITION CONDITIONS***

**(6) Additional Rules & Conditions: Any Competition Provider may apply additional rules and conditions to those required in UKA rules but must not relax any Rules**

The warmup area is the Tennis court area nearest the track. **NO SPIKES CAN BE WORN ON THE TENNIS COURTS OR IN THE SPORTS HALL. You should have your spikes/running shoes with you for call up.**

There are no stadium staff available to help on the day, so a team of volunteers from City of York AC will be on hand, please be respectful. Their help is invaluable, and we are really grateful, also please feel free to volunteer.

Please ensure you leave the stadium as you found it by clearing away all of your litter and taking it home with you. **NO DOGS ARE ALLOWED ON SITE, UNLESS THEY ARE ASSISTANCE DOGS.**

City of York AC will be running a tuck shop from their storage unit at the back on the stand. Tea, Coffee Hot chocolate, cold cans, water, cup a soup, pot noodles, various chocolate and sweets will be available for sale. Please try and have the right change or feel free to round it up! They really are doing a fabulous job in supporting the Yorkshire Championships and helping us to put this event on. All money raised will go to their club funds.

**The entry fees for spectators are as follows...**

Adults **£5** for each day or **£8** for the whole weekend including free programmes, while stocks are available.  
OAP/Children at secondary school **£3** for  
Primary school children and below Free  
Coaches will be allowed free entry on production of their coaching credentials.  
Any coaches or athletes wishing to buy a programme **£1**

The fees represent excellent value for money for two long days of high-quality sport. We don't accept car payment, sorry.

**It is the only championship that we charge an entrance fee for spectators. I would ask that you remain polite with the volunteers who collect the fee on the gate.**

We aim to provide competition for all disciplines and for all abilities throughout the year and we are passionate about providing a progression pathway for athletes via the Yorkshire Team. The costs of competition continue to rise and are considerable over the course of the year. Without the dedication of the hundreds of volunteers who officiate at all of the events the costs would be even greater.

## **YORK RACES ARE ON SATURDAY**

**Please leave plenty of time to get there, traffic will be very slow, there is plenty of parking in the area surrounding the stadium, but please park safely.**

Pack your sun-cream along with the usual summer equipment of warm clothes and umbrellas! We have a fabulous weekend of athletics ahead and everyone from Yorkshire County Athletics Association hopes you really enjoy it.

I know there seems to be a lot of information there, but hopefully I have answered most questions you may have. Please read everything carefully a couple of times before you fire any questions off, but if I have missed anything or you have any further questions, please don't hesitate to get in touch. My next few days are going to be ridiculously busy so please bear with me if you don't get an instant response,

Best wishes,

Fi  
Championship Secretary  
YORKSHIRE COUNTY ATHLETICS ASSOCIATION

PS Please be aware of ducks and geese, as well as pedestrians while parking, and drive with care.